

# Gene Mutation Analysis in Papillary Thyroid Carcinoma Using a Multi-Gene Panel in China

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**Purpose:** To detect low-frequency mutation in the 57 genes of small panels that are associated with developing thyroid cancer in papillary thyroid carcinoma (PTC) patients and provide patients with precise-targeted therapy.

**Patients and Methods:** This study included 144 patients diagnosed with PTC who underwent total thyroidectomy and lymph node dissection in the central area of the neck between May 2017 and October 2018. We performed ultra-deep sequencing of 57 genes from 144 patients and detected the 57 genes mutations with bioinformatics.

**Results:** There were 698 mutations in 45 genes from 138 PTC patients. A high frequency of mutations was detected in the RBM10 gene (44%) and TERT (43%), and some hotspot mutations, such as RBM10:p.E119D and TERT:p.P112fs, were also found.

**Conclusion:** Ultra-deep sequencing of small gene panels can find some low-frequency mutation genes, which can provide targeted therapy for patients.

**Keywords:** papillary thyroid carcinoma, thyroid cancer, BRAF, gene panel

## Introduction

Thyroid tumors are the most common malignant tumors of the endocrine system, and their incidence has been increasing in the recent decades. Currently, there are some target drugs that can effectively treat PTC, and next-generation sequencing (NGS) can be used for targeted therapy. In order to make better informed treatment decisions for patients with thyroid cancer, we need to detect the gene mutations, especially those associated with potential metastasis. Additionally, it is necessary to identify the different characteristics of oncogenes and tumor suppressor genes related to thyroid tumorigenesis and potential targeting. In the past, due to cost and several other factors, whole-exome sequencing was rarely used to detect thyroid cancer-related genes. In recent years, there have been a variety of multi-gene panels for thyroid tissue examination.<sup>1</sup> Technological advances, including NGS methods, have made it possible to use tumor DNA to screen a large number of gene loci from existing clinical samples; the NGS panels can enhance the capture of gene information, and when detecting 2 or more genes, it is more cost-effective for first-generation sequencing. High-throughput massive parallel sequencing technology and bioinformatics can be used to screen for tumor activation and suppressor gene mutations, including point mutations, indels, and copy number aberrations.<sup>2</sup>

PTC mutations include the MAPK pathway elements, such as the BRAF, HRAS, KRAS, and NRAS genes, and the most important tumor suppressor TP53 gene.<sup>3</sup>



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Approximately one-third of the PTCs have the BRAF V600E mutation. In addition to BRAF mutations, PAX8/PPARG and RET/PTC gene rearrangements are also common in PTC mutations.<sup>4-7</sup> Thus, different treatment options would be needed for various mutations in the genes associated with PTC. Simultaneous detection of known driver genes and new driver genes, combined with histological findings, will provide more accurate clinical results. In addition, this method may have potential applications in the supplementary diagnosis of suspected thyroid disease.

In this study, we aimed to screen 57 genes mutations related to with developing thyroid cancer in 144 PTC patients in the Shanxi province, China.

## Materials and Methods

This is a prospective study. We evaluated 144 patients diagnosed with PTC who underwent total thyroidectomy and lymph node dissection in the central area of the neck between May 2017 and October 2018. A total of 144 patients with PTC were included in this study, including 59 men and 85 women within the age range of 21–56 years, with an average age of 48.5±3.5 years. We collect the patient's age, gender, lymph node metastasis status and BRAF V600E, TERT gene mutation status and other data to analyze the correlation between gene mutation and clinicopathological characteristics. This study was conducted in accordance with the Declaration of Helsinki.

We studied the genomic DNA of surgical samples of PTC. The samples were fresh tissues obtained from the operation. All surgically removed thyroid tissue samples were subjected to detailed histological examination. All patients were diagnosed with PTC. The study was approved by the Research Ethics Committee of Shanxi Provincial People's Hospital (NO.201992), and all patients provided written informed consent.

The freshly collected tissues were sent to Youxun for genetic testing, and the Illumina NextSeq 500 high-throughput sequencer (Beijing, China) was used for next-generation sequencing (NGS). The sequencing covered 57 genes (Table 1) closely related to thyroid cancer, including part of the exons and the relevant genes containing regions involving single base mutation, insertion or deletion of a small fragment, gene copy number variation, gene fusion, and other types of variation.

## Data Analysis

Using the FastQC software,<sup>8</sup> raw sequencing of data was done for quality control and low-quality sequences were removed to obtain high-quality sequences; the BWA software<sup>9</sup> was used to align high-quality sequences to the human reference genome (hg19), and Qualimap2<sup>10</sup> was used for QC (quality control) for alignment. The Mutect2 algorithm in GATK4<sup>11</sup> was used to identify raw somatic mutations. To filter germline mutation, we filter out raw somatic mutation with a population frequency >0.1, the mutations in dbSNP. To filter false somatic mutations, we filter raw somatic mutation with a sequencing depth <50, and the number of mutation reads <5. The Oncotator<sup>12</sup> software was used to annotate the mutations, and the mutual exclusion and co-mutation were analyzed with maftools.<sup>13</sup> Search the target drug for thyroid cancer in the Civic database,<sup>14</sup> and analyze the gene mutation in the Civic database.

## Results

Analysis of the correlation between gene mutation and patients' clinicopathology. According to the type of gene mutation, it is divided into non-BRAF V600E single-gene mutation group, BRAF V600E single-gene mutation group, non-TERT single-gene mutation group, and TERT single-gene mutation group. The results of univariate

**Table 1** List of Gene in the Panel

AKT1	AKT2	ALK	APC	ATM	AXINI	BRAF
CCDC6	CDKN1B	CDKN2A	CDKN2B	CDKN2C	CHEK2	CTNNB1
EGFR	EIF1AX	EML4	ERBB2	EZH1	FGFR2	GNAS
HRAS	IDH1	KIT	KRAS	MEDI2	MEN1	MET
NCOA4	NCOR2	NF1	NF2	NOTCH1	NRAS	NTRK1
OFD1	PAX8	PDGFRB	PIK3CA	PPARG	PRKAR1A	PDGFRA
PTEN	RAC1	RB1	RBM10	RET	SPOP	STK11
STRN	TERT	TFG	TG	TP53	TPM3	TSHR
ZNF148						

**Table 2** Correlation Between BRAF Mutation and Patients' Clinicopathology

Characteristics	No Gene Mutation (n=42)	BRAF V600E Mutation (n=102)	$\chi^2/IF$	P
Gender			3.191	0.074
Male	22	37		
Female	20	65		
Average age(years)			0.034	0.852
≤45	17	43		
>45	25	59		
Pathology(PTC)			2.024	0.154
Non-PTMC	18	57		
PTMC	24	45		
Lesion location			0.012	0.91
Unilateral	33	81		
Bilateral	9	21		
Lymph node metastasis			0.013	0.909
Yes	28	69		
No	14	33		

**Table 3** Correlation Between TERT Mutation and Patients' Clinicopathology

Characteristics	No Gene Mutation (n=75)	TERT Mutation (n=69)	$\chi^2/IF$	P
Gender			1.231	0.2672
Male	34	25		
Female	41	44		
Average age(years)			1.61	0.204
≤45	35	25		
>45	40	44		
Pathology(PTC)			24.87	0
Non-PTMC	54	21		
PTMC	21	48		
Lesion location			5.33	0.021
Unilateral	65	49		
Bilateral	10	20		
Lymph node metastasis			0.804	0.369
Yes	48	49		
No	27	20		

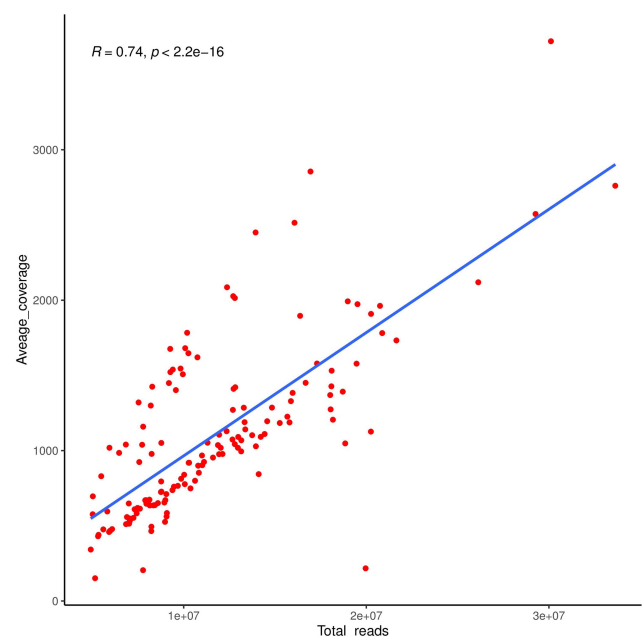
analysis showed that TERT mutation was related to Lesion location ( $p=0.021$ ), and it was related to Pathology ( $p=0$ ). See Tables 2 and 3.

## Sequencing Overview

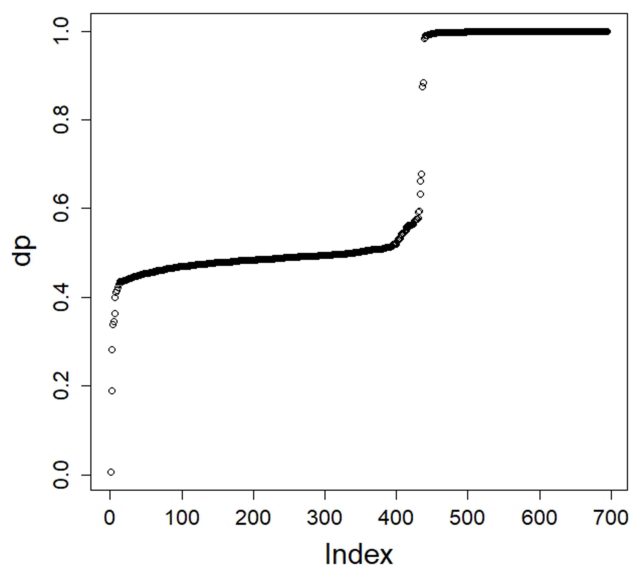
The reads number of 144 samples ranged from 4,915,148 to 33,632,576. The align rate of the samples reached more than 99%. As the reads increased, the average coverage also increased (151X-3721X). The reads number and coverage relationship are shown in Figure 1. As the reads number increased, the coverage also increased significantly.

## Mutation Frequency Analysis

The mutations identified by the Mutect2 software were filtered germline mutation and low-quality somatic mutation. Finally, a total of 114 exon regions of 57 genes were detected. Six hundred and eighty-nine mutations were detected at 314 position in 45 genes in 138 samples (6 samples were not detected mutation in 57 genes of this panel). The frequency of these mutations was unevenly distributed (0.11–99.84%), as shown in Figure 2. There were 372 mutations with a frequency of <1%, accounting for 53.99% of the mutations, and 439 with <5% frequency, accounting for 63.71%. Most of these mutations were low frequency. These low-frequency mutation sites are difficult to detect by whole-genome sequencing or low-depth whole-exome sequencing (<500X). Using ultra-high-depth panel sequencing can help identify these low-frequency sites. Since most mutations are of low



**Figure 1** The reads number and coverage relationship, The x-axis represents the reads number of samples, and the y-axis represents the average coverage of sample.



**Figure 2** Mutation frequency distribution, X-axis represents mutation, Y axis represents mutation frequency.

frequency, a Droplet Digital PCR (ddPCR) with high sensitivity is required for verification.

From the Civic database, it was found that 14 genes of thyroid cancer had relevant drug information, as shown in [Table 4](#). The targeted drug site BRAF.p.V600E was found in 102 patients, in which the variant allele frequency (VAF) ranged from 0.245% to 40.27%, among them there were 30 patients with a mutation frequency of <0.5%. For other targeted drug sites, we found that one patient was found to have an NRAS.p.Q61R mutation (11.81%), and another patient was found to have an HRAS.p.G12C (3.2%) mutation, which two patients can benefit from targeted drugs from the Civic database.

## Overview of Gene Mutations in the PTC Patients

An overview of all mutations in 144 patients is shown in [Figure 3](#). There were 138 samples mutated in the 57 genes of this panel. Mutations in the BRAF gene were detected in many samples. Mutations were found in up to 74% of the samples, see [Figure 4](#), and all of these were V600E mutations. The mutation frequency of these mutation sites is generally biased. The low-frequency mutations need further verification along with the RBM10 gene mutation, which was observed as a mutation hotspot RBM10: p.E119D (41.13%) in this study, as shown in [Figure 5](#). Finally, the TERT gene also showed mutations in 50% of the samples and was also observed as

a mutation hotspot TERT: p.P112fs (37.59%). [Figure 6](#) shows the TERT mutation distribution.

## Mutually Exclusive and Co-Mutation Analysis

We observed three pairs of mutually exclusive mutations in BRAF-CDKN2C ( $p = 0.01273$ ), MED12-BRAF ( $p = 0.0356$ ), and BRAF-BRAF ( $p = 0.0372$ ). There were many co-mutated genes, with the most significant being the STK11 and AXIN1 genes ( $p=6.81e^{-06}$ ). See [Figure 7](#).

## Discussion

Although most PTCs can be successfully treated with radioiodide and levothyroxine suppression after complete surgical intervention, there is still a certain proportion of PTCs that are resistant to treatment and cause comorbidities and death. From an analysis at the molecular level, it has been further clarified that the pathogenesis of PTC is significantly related to thyroid invasion, advanced disease, lymph node metastasis, and tumor recurrence. A multi-gene panel can be used for gene analysis to understand the changes in tumor suppressor genes.<sup>15</sup>

Now, liquid biopsy can non-invasively reflect the status of tumors in the body, and provide a strong basis for early diagnosis of tumors, individualized treatment monitoring and prognostic judgment. According to the types of tumor-related substances, liquid biopsy covers circulating tumor cells (CTCs), circulating tumor DNA (ctDNA), extracellular vesicles (EVs) and circulating tumor RNA (ctRNA) and other detection targets.<sup>16</sup> The detection of thyroid cancer indicators through liquid biopsy technology can effectively assess the risk of thyroid cancer in the subject, so that they can receive more timely and effective treatment, so as to reduce the risk of thyroid cancer. At the same time, after routine examination and diagnosis, the patient can be diagnosed by liquid biopsy technology, and the tumor cell growth and development status and metastasis in the body can be evaluated and diagnosed to further confirm the specific condition of the patient. At the same time, the doctor can perform the diagnosis on the patient's body and understanding in many aspects, adjusting the diagnosis and treatment plan, and making relevant preventive diagnosis and treatment measures, so that the patient's condition can be effectively controlled.

At present, droplet digital PCR (ddPCR) is considered to be the preferred technique for detecting rare mutations in liquid biopsy samples.<sup>17</sup> Recent studies have shown that ddPCR can

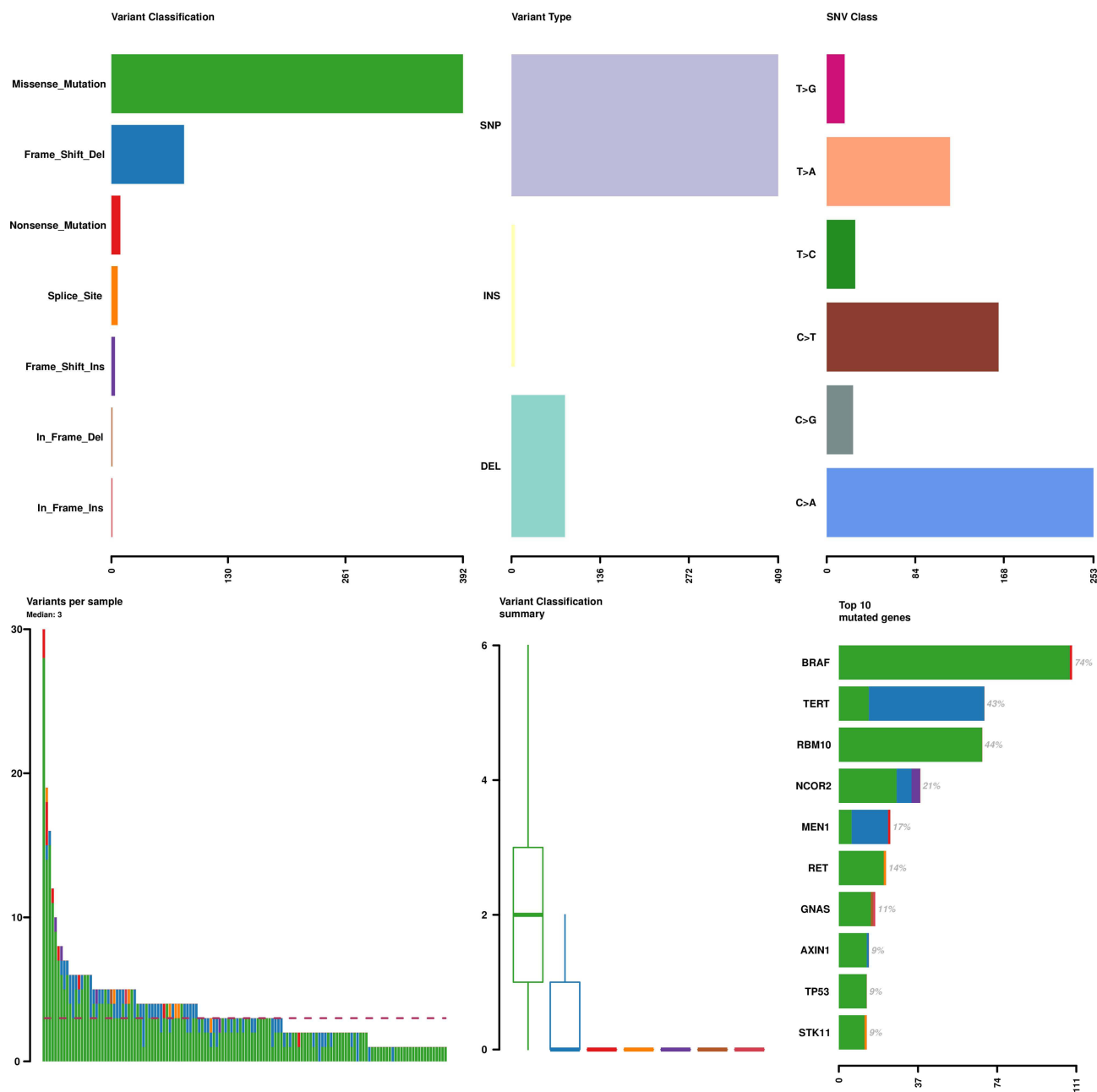
**Table 4** Thyroid Cancer-Related Targeted Drug Sites in the CIVIC Database

Gene	Variant	Disease	Drugs	Evidence_Level
RET	M918T	Thyroid Gland Medullary Carcinoma		B
RET	C634W	Thyroid Gland Medullary Carcinoma	Motesanib	D
RET	M918T	Thyroid Gland Medullary Carcinoma	Motesanib	D
RET	M918T	Thyroid Gland Medullary Carcinoma	JAK2 Inhibitor AZD1480	D
RET	M918T	Thyroid Gland Medullary Carcinoma		B
BRAF	V600E	Thyroid Gland Cancer		B
BRAF	V600E	Thyroid Gland Papillary Carcinoma		B
BRAF	V600E	Thyroid Gland Papillary Carcinoma		B
BRAF	V600E	Thyroid Gland Papillary Carcinoma		B
BRAF	V600E	Thyroid Gland Papillary Carcinoma		B
BRAF	V600E	Thyroid Gland Papillary Carcinoma		B
BRAF	AKAP9-BRAF	Thyroid Gland Papillary Carcinoma		B
NRAS	Q61	Thyroid Gland Follicular Carcinoma		B
PAX8	PAX8-PPARG	Thyroid Gland Follicular Carcinoma		B
TERT	C228T	Thyroid Gland Papillary Carcinoma		B
BRAF	V600E	Thyroid Gland Papillary Carcinoma		B
TERT	Promoter Mutation	Thyroid Gland Cancer		B
TERT	Promoter Mutation	Thyroid Gland Cancer		B
TSC2	Q1178*	Thyroid Gland Carcinoma	Everolimus	C
MTOR	F2108L	Thyroid Gland Carcinoma	Everolimus	C
CD274	Expression	Thyroid Gland Papillary Carcinoma		B
RET	M918T	Thyroid Gland Medullary Carcinoma	Sorafenib	B
BRAF	V600E	Thyroid Gland Papillary Carcinoma	Vemurafenib	C
BRAF	V600E	Thyroid Gland Papillary Carcinoma	Vemurafenib	B
PIK3CA	H1047R	Thyroid Gland Cancer	Perifosine, Temsirolimus	D
PIK3CA	E542K	Thyroid Gland Cancer	Perifosine, Temsirolimus	D
PTEN	R130*	Thyroid Gland Cancer	Perifosine, Temsirolimus	D
TERT	C228T	Thyroid Gland Cancer		B
MEN1	FRAMESHIFT TRUNCATION	Thyroid Gland Hurthle Cell Carcinoma		C
NF2	Loss	Thyroid Gland Carcinoma	Selumetinib	D
BRAF	V600E	Thyroid Gland Papillary Carcinoma		B
BRAF	V600E	Thyroid Gland Papillary Carcinoma		B
RET	C609Y	Thyroid Gland Medullary Carcinoma		B
GNAS	R201H	Thyroid Gland Follicular Carcinoma	Radioactive Iodine	C
ALK	Fusion	Thyroid Gland Anaplastic Carcinoma	Crizotinib	C
BRAF	V600E	Thyroid Gland Anaplastic Carcinoma	Pertuzumab, Vemurafenib	C
BRAF	V600E	Thyroid Gland Anaplastic Carcinoma	Vemurafenib	B
NTRK3	ETV6-NTRK3	Thyroid Gland Papillary Carcinoma		B
NRAS	Q61	Thyroid Gland Follicular Carcinoma		B
HRAS	Q61	Thyroid Gland Follicular Carcinoma		B
BRAF	V600E	Thyroid Gland Anaplastic Carcinoma	Trametinib, Dabrafenib	B
RET	M918T	Thyroid Gland Medullary Carcinoma	Cabozantinib	B
BRAF	V600E	Thyroid Gland Papillary Carcinoma	Vemurafenib	B
BRAF	V600E	Thyroid Gland Papillary Carcinoma		B

be successfully used to monitor treatment response by quantifying BRAF and RAS mutants in cancer patient samples.

On the other hand, Co-amplification PCR (COLD-PCR) based on lower denaturation temperature is an improved PCR method that allows the preferential amplification of rare mutant alleles within the target amplicon.

Recent studies have shown that the sensitivity of cold PCR to detect mutant variants is 10–100 times higher than that of standard PCR.<sup>18</sup> At present, various versions of cold PCR have been developed and successfully used to detect mutant genes, including KRAS, HRAS, NRAS, EGFR, TP53 and BRAF.

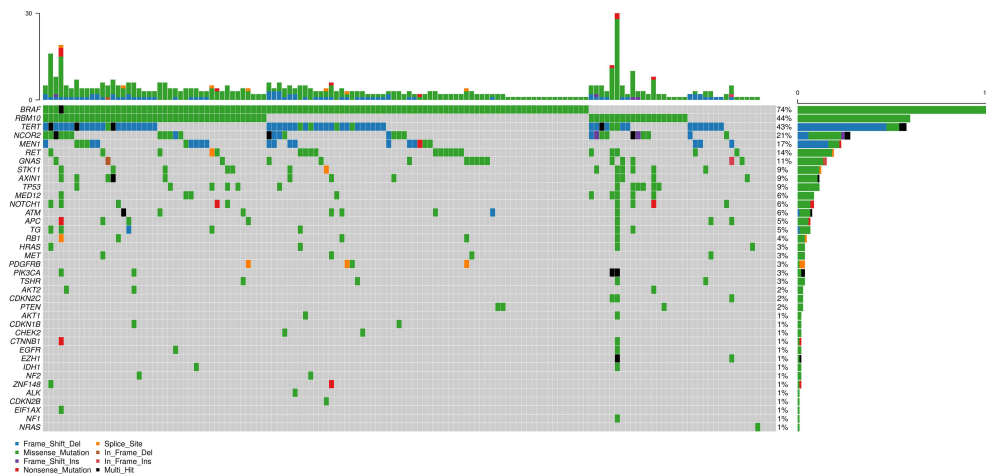


**Figure 3** Mutation profile information. Upper Left: the number distribution of mutation classification; Upper Middle: the number distribution of mutation types and the number; Upper Right: distribution of SNV base mutations; Bottom Left: the distribution of mutation number of each sample; Bottom Middle: the number distribution of mutation classification; Bottom Right: the distribution of top 10 mutated genes.

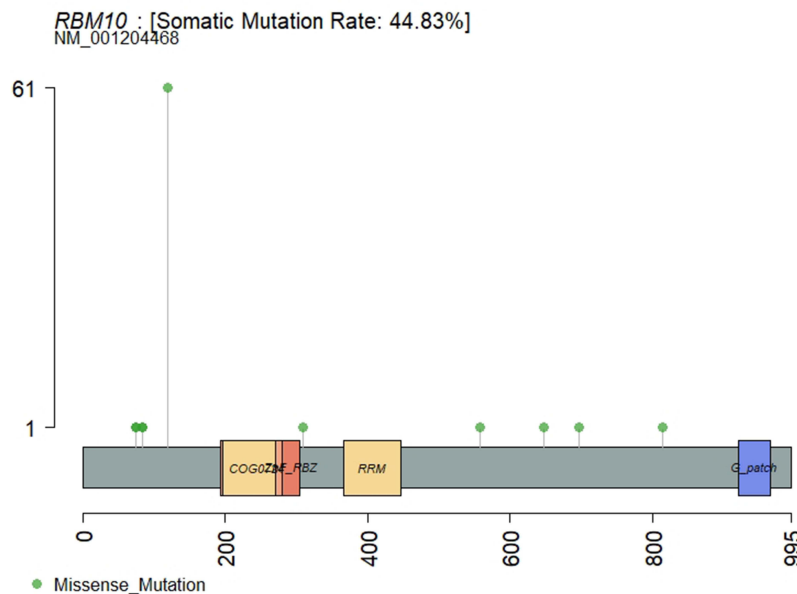
The discovered mutations may have diagnostic and prognostic implications and help develop therapies for these potential molecular drivers. BRAF mutations are present in 45% to 80.8%<sup>19–23</sup> of PTCs and are related to regional metastasis and extrathyroidal expansion. Once thyroid cancer is highly suspected or diagnosed, risk factors must be considered, such as the clinical risk factors and tumor invasion behavior, patient's age and sex, initial size and location of the tumor, presence or absence of lymph nodes and/or distant metastasis, cytology

and mutations data, and patient preferences.<sup>24</sup> A positive BRAF mutation test indicates that the probability of malignancy is close to 100%. This may help guide the scope of thyroidectomy.

Co-mutation has a synergistic effect on the occurrence and development of PTC and malignant biological behaviors, which can lead to increased tumor invasiveness, and can promote tumor progression to a certain extent, leading to poor prognosis. Co-mutation can be compared with mutations



**Figure 4** Mutation profile of 45 genes. The left side is the gene name, the right side is the gene mutation frequency, and the upper side is the number of gene mutations in the sample. Different colors indicate different mutation types.



**Figure 5** RBM10 mutation distribution.

in a single gene. Make PTC more aggressive (prone to extra-thyroid invasion, lymph node metastasis and distant metastasis), worse prognosis, recurrence and death. Co-mutation and exclusion analysis in human tumors are very important for cancer biology studies and treatment design.

In short, using small panel sequencing, genes can be ultra-deeply sequenced. In this study, the mutation coverage depth was 1000X on an average, and many ultra-low-frequency mutations could be detected. Some low-frequency mutations can provide clinicians with important targeted drug medication information. The most important

BRAF.p.V600E locus analyzed in this study had multiple mutations, all with very low frequency. Through sequencing of the small panel, we found that the frequency of many gene mutations is much higher than that reported in the previous studies. In previous studies of thyroid cancer, BRAF was the most significant mutation, with a mutation frequency of 56.9% in previous studies, which is higher in this study. It is possible that the use of ultra-deep sequencing may also be a characteristic of the Chinese population. In previous studies, the NRAS gene ranked second, with a mutation frequency of only 9.3%.<sup>25</sup> In this study, its

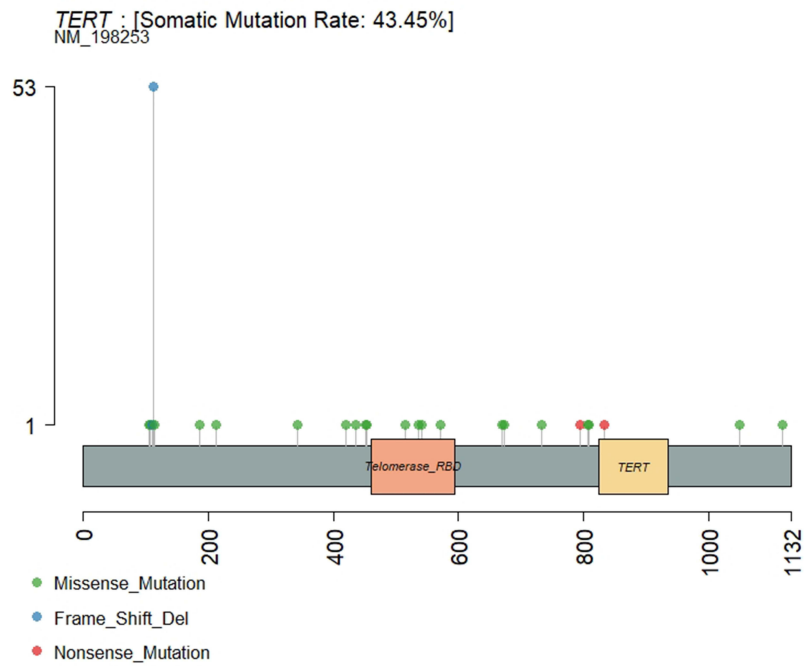


Figure 6 TERT mutation distribution.

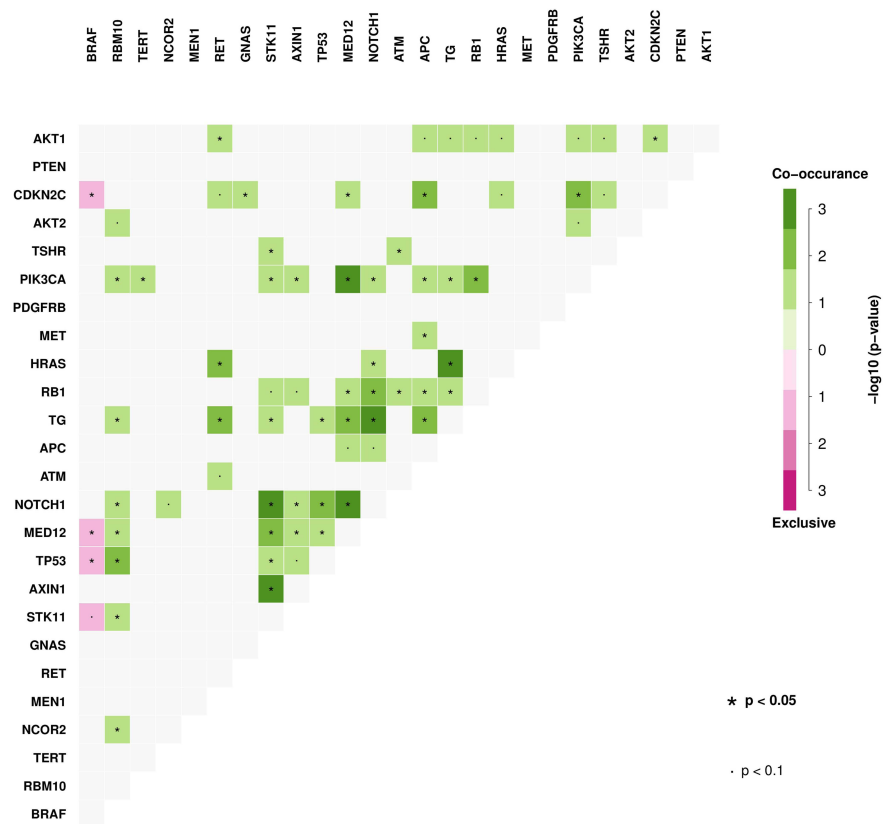


Figure 7 Overview of mutational mutual exclusion and co-mutation. \*Means  $p < 0.05$ , Means  $P < 0.1$ .

mutation frequency was only 1%. However, the frequency of the second most mutated gene, RBM10, was as high as 44%, which was reported as 0.3% in the previous studies.<sup>26</sup> Moreover, some hotspot mutations, such as the RBM10: p.E119D (41.3%), were found at low frequencies, and the highest mutation frequency of this locus was only 1.721%. For mutations in this type of locus, verification needs to be done by ddPCR in a large number of samples. If this locus is a true positive site, it must be an important target for thyroid cancer, similar to the BRAF.p.V600E locus.

## Conclusion

The diagnosis of uncertain thyroid lesions is a challenge in cytopathological practice. Some molecular markers, including the most studied BRAF and TERT promoter mutations, have been shown to have prognostic value. Panel sequencing can identify low-frequency mutations and detect additional mutations. In the era of targeted therapy, understanding the molecular characteristics of tumors is crucial for selecting the most appropriate anti-tumor drugs.

Panel sequencing can not only provide clinicians with more detailed references for targeted drug therapy but can also be very helpful for the investigation of driver genes in thyroid cancer.

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## Disclosure

The authors declare that they have no competing interests.

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