


Boston Type I Keratoprosthesis: Updated Perspectives

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Abstract: The use of Boston type 1 keratoprosthesis (BKPro) has significantly increased worldwide. It is no longer considered a procedure of last resort but a reasonable option for patients with otherwise poor prognosis for a traditional penetrating keratoplasty. BKPro was approved by the Food and Drug Administration in 1992 for bilateral severe corneal blindness due to multiple corneal transplant failure. Over the years, indications have extended beyond recurrent immunologic rejection to include other conditions such as chemical injury and other causes of bilateral limbal stem cell deficiency, extensive corneal neovascularization, neurotrophic corneas and hypotony, among others. Numerous advances in the design of the BKPro, improvement of preoperative, intraoperative and postoperative management have resulted in favorable outcomes and a reduction in post-operative complications. Accordingly, many studies have shown that implantation of this device is highly effective in restoring vision with very good short-term outcomes. However, due to the lifetime risk of sight-threatening complications after BKPro implantation, a longer follow-up period should provide outcomes that are more realistic. In this review, the authors examined only the results of publications with an average of at least 2 years of follow-up. The overall intermediate to long-term visual outcomes and retention rate in BKPro seem to be favorable. However, autoimmune diseases and cicatrizing conditions continue to show a higher incidence of postoperative complications that require further management.

Keywords: Boston keratoprosthesis, corneal transplantation, limbal stem cell deficiency

Introduction

There are approximately 36 million individuals who are blind worldwide, and corneal disease is the fifth leading cause of blindness following cataract, uncorrected refractive error, glaucoma and age-related macular degeneration.¹ Corneal transplantations including penetrating keratoplasty (PKP), anterior lamellar keratoplasty or endothelial keratoplasty are excellent procedures for restoring vision. According to the 2018 EBAA (Eye Bank Association of America) statistical report, the most common indication for any corneal transplantation in the United States is endothelial failure while keratoconus and keratitis are the most common indications in other regions.^{2,3} Although corneal graft survival rates are quite high in these conditions, the survival rates in eyes with high-risk characteristics are significantly lower and in some cases so poor that traditional keratoplasty is not even indicated, underscoring the need for other forms of treatment. In addition, the scarcity of donor corneas in many regions of the world prevents traditional keratoplasty to have a significant impact on corneal blindness where the prevalence is the highest.

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With the goal to bring an answer to this unmet need, Prof. Claes Dohlman developed the Boston keratoprosthesis type 1 (BKPro) at the Massachusetts Eye and Ear Infirmary. Since its initial FDA approval in 1992, its use has increased continuously for the last two decades not only in the USA but also in other countries. As of January 2019, over 19,000 devices were implanted worldwide making it the most commonly used artificial cornea in the history of the field.⁴ The focus of this review is to examine current indications and management of the BKPro with a focus on intermediate to long-term outcomes.

Design Development: Evolution of the Boston KPro Type I

The BKPro was first introduced by Dr. Dohlman in the 1970s. It is a collar button design, consisting of a front plate with an optical stem, a corneal allograft button and a back plate (Figure 1). The front plate is made of medical-grade polymethylmethacrylate (PMMA). The radius of curvature of the optical surface, which is 3.5–3.7 mm in central diameter and 5 mm including the front plate, determines the power of the BKPro. The BKPro is available in single standard pseudophakic power and customized aphakic for various axial lengths (range 16–31 mm in increments of 1 mm).⁵ The edge of the front plate is carefully refined in the manufacturing process to prevent foreign body sensation and ensure a smooth blend between the PMMA and donor cornea. The central stem consists of an intraocular portion

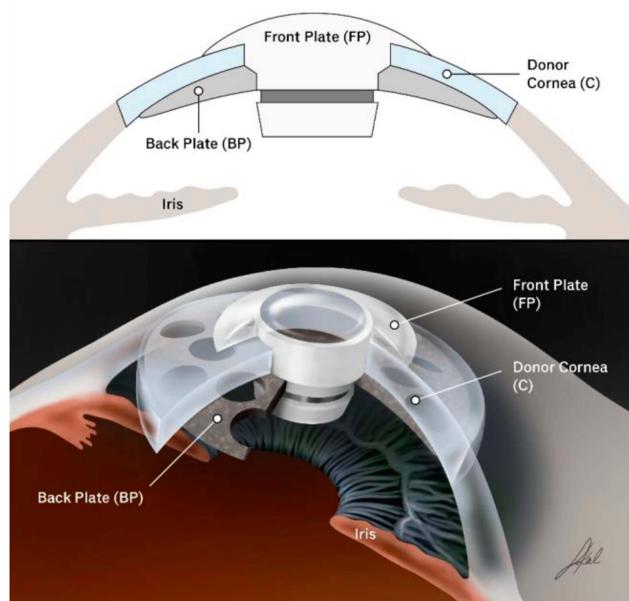


Figure 1 Type I Boston keratoprosthesis.

and a locking interface. The intraocular portion has a flat interface to allow the passage of light rays without bending. The locking interface is the area where back plate is secured. The original design had two and a half turn threads for screwing the back plate in place. However, in 2003, a titanium locking ring was added to secure the back plate in position and prevent later intraocular unscrewing of the plate.⁶ In 2007, the newer stem with threadless design was introduced. It was expected to eliminate corneal graft damage during screwing, be easier to use by surgeons and make inexpensive manufacture of the device possible by molding rather than machining.⁷

The back plate continued to evolve over the past two decades. Early iterations of the back plate consisted of a solid 8 mm PMMA. However, the high incidence (over 50%) of sterile keratolysis observed with this model was thought to be secondary to decreased nutritional support from the aqueous humor to the donor cornea. This observation led to the development of a fenestrated back plate. Sixteen round holes (1.17 mm diameter each) in an 8.5 mm sized back plate and eight round holes (1.3 mm diameter each) in a 7.0 mm sized back plate were added to the design allowing aqueous to reach the graft. This modification resulted in a decrease in keratolysis to approximately 10% of cases.^{6,8} Currently, the back plate is available in two materials, the original PMMA and a newer titanium model. PMMA is an inert and well-tolerated material with long-term safe intraocular use. Titanium also provides excellent tissue tolerance in biological implants and has many special properties, including high resistance to corrosion, lightness and strength.^{9,10} These characteristics allow the titanium back plate to be thinner (titanium back plate has an edge thickness of 0.25 mm compared to 0.8 mm central and 0.6 mm peripheral thickness in the PMMA back plate). Titanium is non-magnetic, therefore patients can be subjected to magnetic resonance imaging. Moreover, the titanium back plate can be colored via electrochemical anodization to improve cosmesis.¹¹ In 2014, the click-on version was introduced including a titanium backplate that clicks onto the stem without the need for a locking ring. Initially, the main advantage of the titanium back plate was thought to be a reduction in retroprosthetic membrane (RPM) formation. Todani and colleagues reported a decreased frequency in RPM formation from 31.2% with the PMMA back plate to 13% with titanium at 6-month follow-up.¹² However, a case-matched control study by Talati and colleagues reported no statistically significant difference in the

frequency of visually significant RPM in titanium and PMMA back plate groups at 12 months (35% and 30%, respectively).¹³ Additionally, Taniguchi and colleagues recently reported that neither the material nor the size of the BKPro back plate had a significant impact on angle anatomy.¹⁴

A low-cost model of artificial cornea, the Auro KPro, based on the same design as the Boston KPro type is currently manufactured by Aurolab in India. Although evidence is still relatively limited, outcomes appear comparable to those of the BKPro.¹⁵ In 2019, the FDA approved a new BKPro model: the Lucia keratoprosthesis. This design reduced manufacturing costs and offers a single titanium back plate 7.75 mm in diameter. In addition, the radial petaloid shape of the back plate holes and anodization to a brown color help improve cosmetic appearance.¹⁶

Indications

Nowadays, indications for the BKPro have been expanded beyond its initial indication of multiple graft failure to include primary implantation in patients that are not candidates for PKP such as those with bilateral limbal stem cell deficiency, hypotony and silicon oil-filled eyes, extensive corneal neovascularization and neurotrophic keratitis. Several studies over the past decade clearly highlight the importance of the underlying condition and ocular comorbidities in postoperative BKPro outcomes.¹⁷ In general, better visual outcomes were common in non-cicatrizing conditions, while patients with autoimmune disease and preexisting glaucoma presented a less favorable prognosis.

Multiple graft failure remains the most common indication for the BKPro in many long-term studies with 50–65% of eyes achieving a visual acuity of 20/200 or better at 3 years follow-up and a device retention rate of 80–87.8% at the last follow-up.^{18–22} When to repeat a graft or move to BKPro is a decision that varies from surgeon to surgeon. In a meta-analysis including 26 studies Ahmad and colleagues concluded that the likelihood of maintaining 20/200 or better at 2 years was significantly higher after BKPro implantation (80% of eyes) compared with repeat PKP (42% of eyes).²³ Additionally, the probability of maintaining a clear graft was 47% compared with a BKPro retention rate of 75% at 5 years. The rate of glaucoma progression at 3 years was not significantly different between the groups (25% after repeat PK and 30% in BKPro).

Recent evidence suggests that results of BKPro implantation may be more favorable when performed as a primary corneal procedure. Several studies have shown that eyes receiving a primary BKPro achieve better best-corrected visual acuity outcomes when compared with eyes implanted with BKPro after multiple graft failure.^{18,24,25} Retention rates of BKPro devices were not statistically significant in primary and secondary implantation.

Boston keratoprosthesis has been considered as an option in selected cases of pediatric corneal disease given the suboptimal postoperative visual outcomes and low percentage of clear grafts achieved after pediatric keratoplasty. The more intense immune response leads to much higher rejection rates in children than adults and the challenges of amblyopia treatment and visual rehabilitation after keratoplasty in young children cannot be understated.²⁶ In theory, the BKPro has the potential advantages of quickly restoring visual acuity due to lack of postoperative astigmatism and aphakia compensation as well as eliminating the risk of allograft rejection. However, the data in this patient population is limited with one study by Fung and colleagues showing poor visual results in pediatric BKPro and high rate of postoperative complications including low device retention.²⁷ As a result, BKPro is not generally recommended for pediatric use. It is possible that age of implantation is an important predictor of outcomes and that older children may fair better than infants but evidence is reduced to a few successful cases and more data is needed to confirm this observation.

The use of BKPro in patients with unilateral disease or good vision in the contralateral eye is still controversial for some surgeons. Kosker and colleagues reported almost 50% of patients receiving the device achieved the minimum visual acuity required for binocular functioning.²⁸ Similarly, two other studies demonstrated improvement of vision-related quality of life after BKPro implantation in patients with good preoperative visual acuity in the contralateral eye.^{29,30} The authors, therefore, propose that BKPro implantation is reasonable for patients with good vision in the fellow eye. In contrast, due to the indefinite risk of postoperative complications associated with BKPro devices, some surgeons recommend that patients with good vision in one eye should not undergo BKPro implantation. Supporting this argument, one study showed that patients with good vision in the contralateral eye were more likely to have postoperative complications in the BKPro eye than patients that were blind in the contralateral eye.³¹

Intermediate to Long-Term Outcomes

Many studies have reported favorable short-term outcomes of BKPro type-I implantation with an average of 80% retention and more than 70% of eyes achieving a visual acuity of 20/200 or better at 2 years of follow-up.^{32–34} However, the long-term risk of complications can cause an attrition of vision over time; therefore, longer follow-up periods should provide us with a more realistic perspective of keratoprosthesis outcomes. Table 1 summarizes the most relevant studies with intermediate (2–5 years) and long-term (>5 years) outcomes. Results by specific indications are summarized in Table 2.

Visual Outcomes

An improvement in visual acuity was observed in the majority of eyes after BKPro implantation (Table 1). Postoperative BCVA \geq 20/200 ranged between 44% and 85% at last follow-up.^{19–21,35,37} Two studies reported 46–54.8% of the eyes achieving visual acuity improvement at the last follow-up visit.^{21,36} Specific indications tended to have a significant impact on outcomes. In patients with LSCD, Aravena and colleagues reported 76% of the eyes achieving postoperative BCVA of 20/200 or better at 3-year follow-up.³⁹ Similarly, several publications showed that BCVA improved to \geq 20/200 in 64–67% and \geq 20/60 in 55% of eyes implanted with BKPro for chemical injury.^{46,49} However, in autoimmune associated-LSCD, including SJS and MMP, less than 50% of eyes maintained BCVA \geq 20/200.^{41,42} For patients with aniridia, two studies reported that 43.5–65% of eyes improved vision from baseline.^{44,50} Finally, Fry and colleagues reported 60% of the eyes with BCVA of 20/200 or better at 3 years in patients with herpes simplex keratitis.⁴⁸ In contrast, patients with herpes zoster infection achieved BCVA \geq 20/200 only in 25% of eyes.⁴⁷

Anatomical Retention

Overall the intermediate to long-term retention rates of BKPro implantation are favorable, ranging from 80% to 94.8% at last follow-up visit (range 24.1–82.8 months; Table 1). Understanding the definition of retention for each study is important, as some of the highest retention rates do not consider replacement as failure while other studies do. One of the largest multicenter studies including 139 eyes demonstrated a retention rate to 67% at 7 years of

follow-up.³⁷ Similarly, a meta-analysis reported a combined retention rate of 88% and 74% at 2 and 5 years, respectively.⁵¹

Retention rates also seemed to be affected by the primary indication for BKPro implantation. In agreement with short-term studies, better retention rates were observed in non-cicatrizing conditions, ranging from 77% to 97.3%.^{19,28,35,38,40,44,50} In contrast, in autoimmune-associated cicatrizing conditions such as SJS or MMP, retention rates were significantly lower (range 37.5–55%).^{42,43} Alexander and colleagues reported that most retention failures in SJS were due to sterile corneal necrosis (78%; 14/18 eyes). In comparison, retention in eyes with nonautoimmune forms of LSCD was better, ranging from 64% to 100% at last follow-up.^{39,40,48,49,52} Of note, the two studies reporting 100% retention in chemical injury, had an incidence of KPro replacement of 10% and 22%. Interestingly, more than 70% of eyes had previous surface surgery, including limbal stem cell transplantation or mucous membrane grafting highlighting that preparation of the ocular surface in severely compromised eyes is an important step that increases keratoprosthesis success.^{49,52}

Postoperative Complications

Retroprosthetic Membrane

Retroprosthetic membrane (RPM) is the most common complication after BKPro implantation. The incidence of RPM in the studies included in this review varied between 18% and 55%. (Table 1). Incidence of RPM seems to be higher in the eyes with infectious keratitis or aniridia.⁵³ Besides interfering with vision, some studies postulate that RPM is associated with corneal melt, chronic hypotony and retinal detachment.^{54,55} Almost 50% of eyes with RPM required some form of treatment. Seventy percent of RPMs requiring treatment are successfully treated with Nd:YAG laser, whereas 30% of residual eyes require surgical intervention (either KPro replacement or pars plana membranectomy).³⁷

Sterile Keratolysis

Sterile keratolysis or corneal melting can lead to exposure of the back plate, leakage of aqueous and frank extrusion of the device. Overall, our report found an incidence of corneal melting of 11% to 25.9%. (Table 1). The highest incidence was found in eyes with autoimmune disease (25–62.5%).^{41–43} and chemical injury (22–40%).^{46,49,52} Persistent epithelial defect (PED) is also associated with a higher risk of sterile corneal necrosis and infectious

Table 1 Intermediate to Long-Term Results of BKPro Implantation from Single and Multicenter Case Series Studies

Author /Year /Origin	Cohort	N=eyes	Mean Follow-Up Time [Range] (Months)	Primary BKPro	Indication	Preoperative BCVA \geq 20/200	Postoperative BCVA \geq 20/200	Anatomical Retention at Last Follow-Up	Complications
Chang ³⁵ 2015 USA	1° BKPro in nonimmune disease	43	39 [12–72]	100%	Aniridia 25.58%, Neurotrophic-keratopathy 13.9%, Infectious keratitis 11.6%	12%	72% at 2 yrs, 66% at last follow-up	81%	RPM 51.2%, Worsened glaucoma 32.6%, De novo glaucoma 1.4%, Corneal melt 18.6%, Endophthalmitis 4.7%, CME 9.3%, Sterile vitritis 14%
Driver ¹⁸ 2018 USA	1° BKPro vs previous PKP (2° BKPro)	67 vs 183	42±24.5 [1.9–92.8] vs 38.4 ± 28.3 [0.2–119.2]	28.6%	Corneal vascularization 43.3%, SJS 22.4%, Chemical burn 22.4%	3% vs 6.7%	78–87% vs 56–67% at 6 yrs [†]	89.6% vs 87.8%	RPM 40.3% vs 51.2%, PED 37.3% vs 27.4%, Elevated IOP 31.3% vs 17.7% [‡]
Kang ²⁵ 2017 USA	1° BKPro vs previous PKP (2° BKPro)	28 vs 28	60±25.2 vs 60 ±34.8	50%	Chemical injury 29%, Aniridia 25%, Autoimmune 18%	4% vs 0%	64–71% vs 29–44% at 5 yrs [†]	0.032 vs 0.034 per eye-year	RPM 46% vs 35%, New onset glaucoma 36% vs 14%, Post op-glaucoma surgery 29% vs 14%, Endophthalmitis 11% vs 14%
Greiner ²⁰ 2011 USA	N/A	40	33.6±16.5 [5–72]	N/A	Graft failure 47.5%, Chemical injury 25%, Aniridia 12.5%	5%	29% at 4 yrs, 50% at last follow-up	80%	RPM 55%, Elevated IOP 40%, De novo glaucoma 27.5%, Worsened glaucoma 22.5%, Endophthalmitis 12.5%, Corneal melt 15%
Lekhanont ²¹ 2014 Thailand	≥4-year follow-up	47	64.9±15.2 [48–88]	40.5%	PBK 21.4%, Chemical injury 19.1%, SJS 19.1%	0%	42.9% at 6 yrs, 42.9% at last follow-up	80.9%	RPM 52.4%, New glaucoma 30.9%, Worsen glaucoma 30.9%, Corneal melt 23.8%, Infectious keratitis 21.4%, Endophthalmitis 11.9%, RD 4.7%
Samarawickrama ³⁶ 2017 UK	≥1-year follow-up	43	28.4±12.9 [12–56]	5%	Bullous keratopathy 56%, LSCD 15%, Corneal ectasia 10%	LogMAR 2.22±0.36	N/A (Improved 46%, same 31%)	92%	Worsened glaucoma 33%, RPM 21%, Removal BKPro 10%, CME 8%, RD 8%, Infectious keratitis 8%, Endophthalmitis 5%, Hypotony 8%
Aravena ¹⁹ 2018 USA	≥5-year follow-up	58	82.8±20.5 [57–145]	2.4%	Graft failure 56.9%, Chemical injury 13.8%, Aniridia 6.9%	5%	82% at 8 yrs, 85% at last follow-up	94.8%	RPM 51.3%, PED 43.1%, Sterile corneal melt 25.9%, Increase IOP 24.1%, CME 20.7%, RD 15.5%, Sterile vitritis 12.1%, Endophthalmitis 0%
Srikumaran ³⁷ 2014 Multicenter	Multicenter	139	46.7±26 [6 wk –8.7 yrs]	27.3%	OSD 23%, Congenital corneal abnormalities 12.9%, Bullous keratopathy and KCN 35.3%	10.8%	44% at last follow-up	67% at 7 yrs	RPM 49.7%, Glaucoma requiring surgery 21.6%, Sterile corneal necrosis 19.5%, RD 18.6%, Endophthalmitis 15.5%, PED 8.2%, Corneal infiltrate 3.4%

Notes: †Statistically significant difference. N/A: Not available-either the respective values were not reported or reported in other formats.
Abbreviations: BCVA, best corrected distance visual acuity; BKPro, Boston keratoprosthesis; PKP, penetrating keratoplasty; SJS, Steven’s Johnson syndrome; LSCD, limbal stem cell deficiency; OSD, ocular surface diseases; PBK, pseudophakic bullous keratopathy; KCN, keratoconus; RPM, retroprosthetic membrane; PED, persistent epithelial defect; IOP, intraocular pressure; CME, chronic macular edema; RD, retinal detachment.

Table 2 Results of Boston Keratoprosthesis Case Series for Specific Indications

Author /Year /Country	Cohort	N=Eyes	Mean Follow-Up Time [Range] (Months)	Primary BKPro	Indication	Preoperative BCVA $\geq 20/200$	Postoperative BCVA $\geq 20/200$	Anatomical Retention Rate at Last Follow-Up	Complications
Homayounfar ³⁸ 2017, USA	Age ≥ 75 years	44	27.12 [0.8–72]	47.7%	Graft failure 52.3%, Corneal scar 18.2%, LSCD 18.2%	0%	45.45% at last follow-up	89%	RPM 45.5%, CME 13.6%, Elevated IOP 9.1%, Kpro-replacement 11.4%, Microbial keratitis 9.1%, Endophthalmitis 6.8%, Sterile vitritis 6.8%
Fung ²⁷ 2018 Canada	Children ≥ 16 years	11	26.7 [6.5–85]	55%	Aniridia 45%, Peters type II 45%	0%	N/A (worse 55%, same 27%)	36%	RPM 82%, Corneal melt 45%, RD 45%, Infectious keratitis with endophthalmitis 27%
Aravena ³⁹ 2016 USA	LSCD vs non-LSCD	54 vs 95	37.1 \pm 26.4 vs 38.2 \pm 28.9	40.7% vs 2.1%	Graft failure 25.9%, Chemical injury 20.4%, SJS 18.5%	7% vs 9%	76% vs 51% at 2 yrs [†] , 85% vs 46% at 5 yrs [†]	94.4% vs 86.3%	RPM 37% vs 54% [†] , PED 50% vs 28% [†] , Sterile stromal necrosis 22% vs 10%, Corneal infiltrate 20% vs 9%, Endophthalmitis 0% vs 2.1%, BKPro removed 22.2% vs 20%
Goins ⁴⁰ 2016 USA	OSD (no vs mild to moderate vs severe)	75	41.4 [0.8–82.8]	20%	No OSD 49.3%, Mild to moderate OSD 20%, Severe OSD 30.6%	26.7%	N/A (probability of improve vision at 5 yrs 53%)	85.3%	RPM 29.7% vs 40% vs 34.8%, Endophthalmitis 5.4% vs 0% vs 21.7% [†] , Ulcerative keratitis 5.4% vs 6.7% vs 39.1% [†]
Sayegh ⁴¹ 2008 USA	SJS (BKPro I, II)	TBKpro 16	43.2 \pm 18 [10.2–67.2]	44%	SJS 94%, TEN 6%	0%	50% at last follow-up. (BCVA>20/40 31.25%)	N/A	RPM 56%, Tissue melt and leak 25%, New glaucoma 19%, Endophthalmitis 0%,
Palioura ⁴² 2013 USA	MMP (BKPro I, II)	TBKpro 18	38.4 \pm 25.2	50%	MMP 100%	0%	12.5% at last follow-up	37.5%	RPM 62.5%, Extrusion 62.5%, RD 37.5%, Endophthalmitis 0%
Alexander ⁴³ 2015 Multicentre	Non-SJS vs SJS	182 vs 27	29.3 vs 17.6 [†]	23.1% vs 66.7% [†]	Graft failure 56.2%, LSCD 12.4%	5% vs 0%	63% vs 96% at last follow-up [†]	84% vs 55% [†]	RPM 49% vs 37%, Corneal necrosis 8.3% vs 59.3% [†] , PED 24.3 vs 59.3% [†] , Endophthalmitis 2.2% vs 0%
Shah ⁴⁴ 2018 USA	Aniridia	46	54 \pm 19.2 [24–88.8]	26%	Aniridia 100%	7%	N/A (43.5% BCVA improve \geq 2 lines at last follow-up)	87%	RPM 61%, New onset or progression of glaucoma 26%

Salvador-Culla 45 2016 Dominican- Republic	Severe ocular burn	42	40.2±24.4 [6–98]	N/A	Severe ocular burn	0%	58% at 3yrs, 77% at 5 yrs	91.4% at 2 yrs	PCO 52.4%, Glaucoma 33.3%, RPM 11.9%, Corneal melting 31%, RD 4.8%, Vitritis 4.8%, Endophthalmitis 2.4%
Shanbhag 46 2018 USA	Chemical injury (systemic review)	106	24.99±14	N/A	Alkali and acid burn	N/A	64.15% at last follow-up	88.8% at 2 yrs	Valve implantation 10.8%, CPC 4.9%, Removal of KPro 11.76%, Glue application 4.9%, Surgeries for RD 3.9%
Brown 47 2014 USA	HSV vs HZV	5 vs 4	48.4 vs 50.5	0% vs 25%	-	20% vs 25%	100% vs 25% at last follow-up†	100% vs 25%†	Wound dehiscence 0% vs 75% [‡] , Microbial keratitis 0% vs 75% [‡] , Glaucoma escalation 40% vs 0%, Endophthalmitis 0% vs 50%, CME 0% vs 25%
Fry 48 2018 USA	HSV vs controlled	11 vs 138	43.6±24.2 vs 41.2±30.0	9% vs 32%	Control group: Graft failure 68.8%	9% vs 8%	60% vs 62% at 3 yrs	64% vs 91%†	RPM 45.5% vs 48.8%, PED 63.6% vs 34.1%, CME 45.5% vs 12.3% [‡] , Corneal infiltrate 27.3% vs 12.3%, Elevated IOP 27.3% vs 15.2%, Sterile vitritis 18.2% vs 9.4%

Notes: †Statistically significant difference. N/A: Not available-either the respective values were not reported or reported in other formats.

Abbreviations: BCVA, best-corrected distance visual acuity; BKPro, Boston keratoprosthesis; SJS, Steven's Johnson syndrome; TEN, toxic epidermal necrolysis; LSCLD, limbal stem cell deficiency; OSD, ocular surface diseases; MMP, mucous membrane pemphigoid; HSV, herpes simplex viral infection; HZV, herpes zoster viral infection; RPM, retroprosthetic membrane; PCO, posterior capsular opacification; PED, persistent epithelial defect; IOP, intraocular pressure; CME, chronic macular edema; RD, retinal detachment.

keratitis in patients with BKPro.^{41,52,56} Moreover, there is evidence that RPM is associated with an increased risk of keratolysis, possibly due to obstruction of nutritional support from the aqueous humor, and data show that the greater the thickness of the RPM the higher the risk.⁵⁵ Development of corneal melt could be minimized by optimizing the ocular surface. The use of well-fitted soft contact lenses helps improve corneal hydration reducing dellen formation, epithelial defects and keratolysis.⁵⁷ Toxicity from multiple eye drops and mechanical trauma or exposure from eyelid abnormalities should be considered and corrected. In autoimmune patients with active inflammation, systemic immunosuppressive therapy might be necessary. In early cases, the use of anticollagenase agents such as topical medroxyprogesterone or oral tetracycline might be tried.⁵⁸ If an aqueous leak is present cyanoacrylate glue can be helpful. Moreover, other treatment modalities including conjunctival flap, donor corneal lamellar graft with or without buccal mucosal graft, or crescentic amniotic membrane graft have been reported.^{59–61} Whereas in some cases, KPro replacement is needed (Figure 2).

Glaucoma-Associated Complications

Glaucoma is the leading cause of permanent visual loss in BKPro.⁵¹ Prevalence of preexisting glaucoma varied from 33.3% to 89.3%⁶² Our report found that 20.2–40% of eyes had intraocular pressure (IOP) elevation, 14–36% developed de-novo glaucoma and 13–33% had glaucoma progression (Table 1). Due to preexisting corneal pathology, it is difficult to accurately evaluate IOP, optic nerve and visual fields before BKPro surgery. Moreover, glaucoma is especially challenging to diagnose, monitor, and treat after BKPro implantation. While likely multifactorial, serial anterior segment OCT after BKPro implantation showed that progressive angle closure plays an important role in KPro associated glaucoma.^{63,64} Moreover, early and aggressive treatment should be considered because of the rapid disease progression observed in BKPro patients. Glaucoma drainage device (GDD) placement and endoscopic or transscleral diode cyclophotocoagulation are highly effective modalities used for IOP control in most publications.^{19,65–67} Most studies advocate prior GDD surgery or concurrent BKPro and GDD implantation in eyes with preexisting glaucoma.^{67,68} Lentis and colleagues demonstrated that eyes receiving BKPro plus GDD implantation had significantly lower IOP than eyes receiving BKPro alone with no significant difference in the rate of

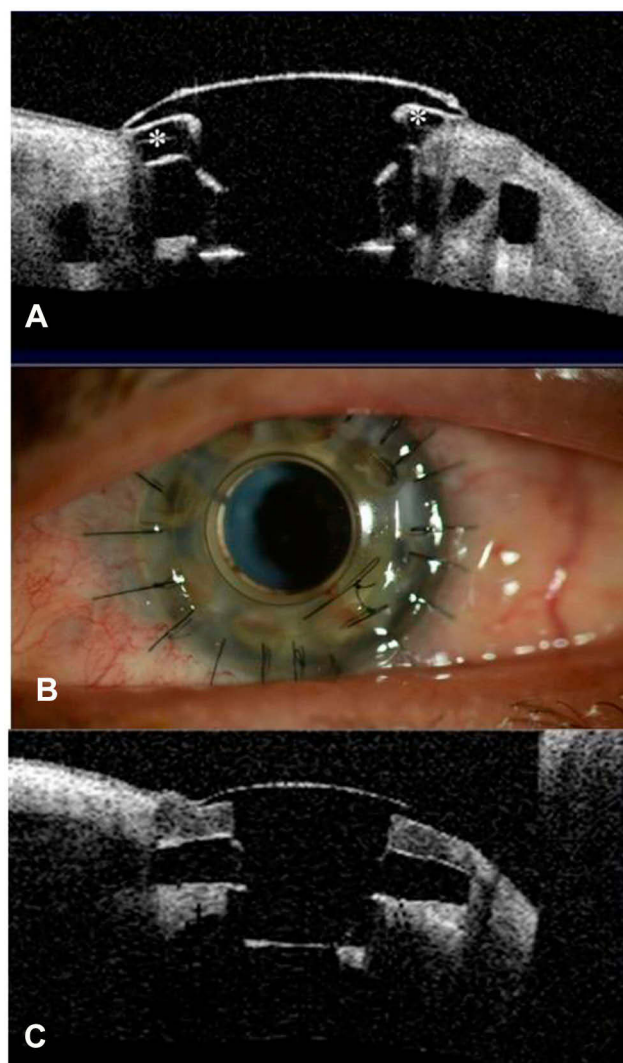


Figure 2 Patient with implanted type I Boston keratoprosthesis. **(A)** Anterior segment OCT showing sterile corneal melt. There is evidence of back plate exposure (*). **(B)** One week after graft replacement without removing the keratoprosthesis for the treatment of corneal melt. **(C)** Postoperative anterior segment OCT showing good graft apposition with the KPro optical stem in the same patient.

serious vision-threatening complications.⁶⁹ Combined pars plana vitrectomy and GDD implantation is a suitable alternative that has shown good efficacy in IOP control with a decreased risk of complications^{70,71} (Figure 3).

Infectious Keratitis and Endophthalmitis

Similar to any other human implantable prosthetic device, infection is a concern in patients with BKPro. But uniquely to keratoprosthesis is that the device is in contact with the normal microbial flora on the ocular surface and the sterile anterior chamber. This characteristic combined with its lack of biointegration makes potential intraocular infection a life-long risk. In addition, the already compromised ocular surface, chronic steroid use and continuous contact lens further

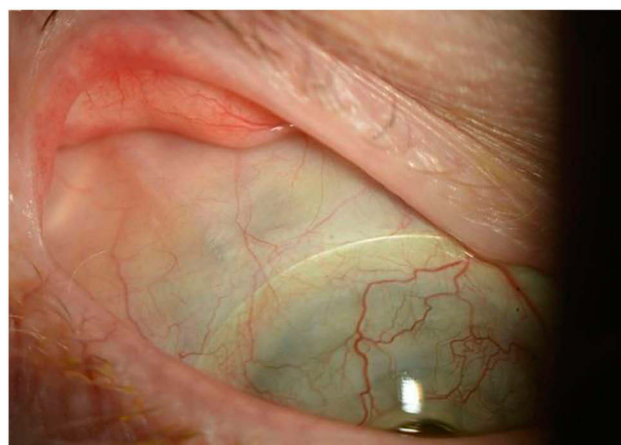


Figure 3 Slit-lamp photograph of a patient with BKPro I implant combined with pars plana glaucoma drainage device (GDD) 8 years ago. This approach allowed good contact lens fitting and eliminated friction between the contact lens and plate/tube of GDD. Kontur lens base curve 8.9 and diameter 16 mm is in place.

increase the risk of corneal infection. Rates of infectious keratitis and endophthalmitis vary among studies ranging from 3.4% to 21.4% and from 0% to 15.5%, respectively (Table 1). Patients with autoimmune disease and chemical injury have been found to have a higher risk.^{40,49,72} Other associated-risk factors for endophthalmitis were found to be postoperative infectious keratitis, glaucoma drainage device erosion and non-compliance with antibiotic prophylaxis.⁷³ Daily prophylactic antibiotics are the standard of care after BKPro implantation. However, there are no standardized regimens of prophylactic antibiotic and the drugs used vary by surgeon. The use of 1.4% vancomycin or 1% chloramphenicol with 0.1% Trimethoprim sulfate-Polymyxin B (TMP-PMB) or fluoroquinolone is recommended for high-risk patients.⁷⁴ While most common isolated microorganisms are still gram-positive bacteria, fungal and uncommon fluoroquinolone-resistant organisms have been reported.^{75,76} The use of 2.5–5% povidone-iodine at each clinic visit or antifungal prophylaxis twice daily for a week every 3 months in high-risk patients (immunocompromised, chronic steroid use, exposure to warm, humid or agricultural environment and previous fungal infection) is encouraged by some expert opinions.⁷⁴ Continuous bandage contact lens wear may protect corneal tissue from dehydration and prevent dellen formation. On the other hand, it may increase colonization of infectious organisms and biofilm formation. Therefore, regular disinfection or changing of the bandage lens is recommended.⁷⁷

Vitreoretinal Complications

A recent systematic review reported a combined incidence of vitreoretinal complications, including retinal/choroidal

detachment, choroidal/suprachoroidal/vitreous hemorrhage, cystoid macular edema, choroidal effusion, and epiretinal/preretinal membrane of 27.5%.⁵¹ Vitreoretinal complications appear to be more common within the first year after BKPro implantation. Choroidal detachments are usually associated with postoperative hypotony with an incidence of 2–16.9% and usually resolve without surgical intervention.^{78–80} Retinal detachment is one of the most common vitreoretinal complications after BKPro implantation with an incidence of 4.76–15.5% (Table 1). Most retinal detachment cases amenable to surgical repair with good anatomical outcomes.^{81,82} However, visual results are not as favorable. The frequency of macular-related complications including epiretinal membrane or cystoid macular edema is also not uncommon (11–35% and 10.8–14%, respectively) with some cases requiring surgical intervention.^{78,82} Chronic cystoid macular edema typically responds poorly to treatment.⁷⁸

Future of BKPro

There is overwhelming evidence pointing towards the prevention and treatment of glaucoma as a major priority in BKpro. There is a clear need to develop alternative methods for reliable IOP measurement.^{67,83} Promising results of telemetric IOP monitoring in 12 patients implanted with an intraocular sensor in the ciliary sulcus at the time of BKPro surgery were recently published by Ender and colleagues showing good safety and tolerability of the device as well as successful telemetric IOP assessment.⁸⁴ Similarly, plans to integrate a pressure sensor (micro-optomechanical pressure sensor) in the BKPro device are underway.⁸⁵ In addition to better IOP monitoring, several publications advocate the use of anterior segment optical coherence tomography (OCT), 3D-optic nerve OCT, optic nerve head imaging and digital planimetric analysis of Goldman visual field, to better assess structural and functional glaucomatous change after BKPro implantation.^{62,63,86}

Many modalities are also postulated to prevent other BKPro-related complications. The lack of biointegration has long been considered one of the greatest BKPro downsides leading to a continuous risk of intraocular infection. To address this issue, surface modification of the PMMA optic stem is being studied, with encouraging results showing improved biocompatibility and biointegration between the donor tissue and the device.⁹⁵ The use of antibiotic-slow releasing contact lenses has been proposed as an alternative for infection prophylaxis.^{87,88} The use of collagen-crosslinked tissue as the carrier graft has been proposed to

reduce the risk of corneal melt and a multicenter randomized clinical trial is underway to evaluate its benefits in patients considered to be high risk for this complication.⁸⁹ A minimally invasive flex-BKPro is being studied for non-penetrating implantation to reduce intraocular complications in selected patients.⁹⁰ Finally, wide-angle and ultra-widefield fundus imaging may improve visualization of the peripheral retina.⁹¹

Due to the limited availability of fresh human donor tissue worldwide, many studies have focused on an alternative substitute for fresh donor cornea that can reduce the cost associated with fresh tissue procurement, storage, and transportation. The use of frozen carrier grafts offers similar clinical outcomes with no differences in device retention, visual rehabilitation, or rates of complications when compared to fresh corneal donors.⁹² Furthermore, the sterilization technique by gamma ray radiation has been successfully used as carrier for both BKPro and fresh cornea as well, allowing long-time storage and easy transport at room temperature.⁹³ Additionally, xenograft transplantation, limited in the past due to risk of graft failure, host immune reaction and cross-species diseases has recently found a renewed interest. Mohammad and colleagues proposed a method to decellularize and sterilize porcine corneas which were then successfully transplanted into rabbit eyes.⁹⁴ However, further research is needed to determine if it would be applicable for human use.

Preliminary results of a new keratoprosthesis design, the Lux KPro have been recently reported.⁹⁶ It is used for eyes with severe cicatricial ocular surface diseases. The design is a 3-piece design with a PMMA optic, titanium back plate, and also a titanium sleeve to take advantage of titanium's superior tissue biocompatibility. The ocular surface is covered with mucus membrane. It is considered for patients that are not candidates for the type 1 BKPro and have poor eyelids and no tooth precluding implantation of a type 2 BKPro or an osteo-odonto keratoprosthesis.

Conclusion

The BKPro is the most commonly used artificial cornea. The evolution of its design during the past two decades not only improved outcomes but also resulted in expanded indications. Intermediate and long-term outcomes are good but the risk of blinding complications after implantation remains, making frequent lifetime monitoring and treatment a must. Current efforts focused on increasing accessibility of the device as well as research directed to improving biointegration and IOP monitoring among other

areas will hopefully result in better long-term outcomes and a greater impact in corneal blindness.

Disclosure

The authors report no conflicts of interest in this work.

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