

# Hypertension and transcatheter aortic valve replacement: parallel or series?

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**Abstract:** Aortic stenosis (AS) is the most common valvular heart disease in the elderly and it causes significant morbidity and mortality. Hypertension is also highly prevalent in elderly patients with AS, and AS patients with hypertension have worse outcomes. Accurate assessment of AS severity and understanding its relationship with arterial compliance has become increasingly important as the options for valve management, particularly transcatheter interventions, have grown. The parameters used for quantifying stenosis severity have traditionally mainly focused on the valve itself. However, AS is now recognized as a systemic disease involving aging ventricles and stiff arteries rather than one limited solely to the valve. Over the last decade, valvuloarterial impedance, a measure of global ventricular load, has contributed to our understanding of the pathophysiology and course of AS in heterogeneous patients, even when segregated by symptoms and severity. This review summarizes our growing understanding of the interplay between ventricle, valve, and vessel, with a particular emphasis on downstream vascular changes after transcatheter aortic valve replacement and the role of valvuloarterial impedance in predicting left ventricular changes and prognosis in patients with various transvalvular flow patterns.

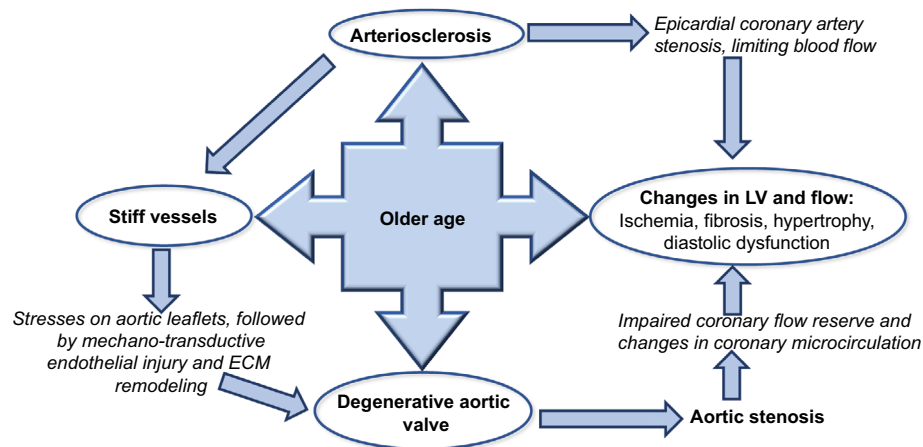
**Keywords:** aortic stenosis, transcatheter aortic valve replacement, global ventricular load, ventriculoarterial coupling, arterial compliance, valvuloarterial impedance

## Introduction

The clinical picture of aortic stenosis (AS) is now markedly different to that elegantly described by Braunwald 50 years ago, where male patients with AS had an average life expectancy of only 63 years.<sup>1</sup> AS is no longer regarded as a disease of young patients with an isolated rheumatic deformity and perfect vessel compliance, where the only life-prolonging treatment was open valve surgery with bypass support. Now, patients are often elderly with atherosclerosis, calcific degenerative aortic valve disease, hypertension, stiff vessels, and a non-compliant ventricle (Figure 1). There are also several management options, with a variety of valves and routes via the transcatheter approach (transcatheter aortic valve replacement; TAVR).

AS is common, affecting over 12% of patients over 75 years in North America and Europe.<sup>2</sup> Approximately one-third of patients with symptomatic AS<sup>3</sup> and two-thirds of asymptomatic AS patients have co-existing hypertension<sup>4</sup> and, conversely, hypertension contributes a 20% increase in risk of developing AS.<sup>5</sup> In the simvastatin and ezetimibe in AS (SEAS) trial examining patients with asymptomatic mild-to-moderate AS, hypertension was associated with a 56% higher rate of ischemic cardiovascular events and a two-fold increase in mortality, independent of AS severity or valve replacement.<sup>6</sup> It

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**Figure 1** Direct and indirect effects of age on ventricular, valvular, vessel interactions.  
**Abbreviations:** ECM, extracellular matrix; LV, left ventricle.

is now clear that the aortic valve gradient alone does not represent the disease in totality in elderly patients with multiple comorbidities. Traditional methods of quantifying valvular stenosis that focus only on the valve do not fully quantify or capture disease severity, correlate with symptoms, or fully prognosticate. Over the last decade, new perspectives on the AS pathophysiology have resulted in a new, four flow gradient pattern classification system (Table 1) that dismisses the previous misconception that patients with AS and normal left ventricular ejection fraction (LVEF) have normal flow.

### Pathophysiological mechanism

AS results in blood flow through a narrow valve, which subsequently leads to compensatory morphological changes in the left ventricle (LV), such as hypertrophy and fibrosis. There occurs concentric hypertrophy of the LV in response to the pressure overload caused by AS. This concentric hypertrophy is both adaptive and maladaptive. The hypertrophied myocardium helps the ventricle to propel blood against the stenotic aortic valve, however, it has poor coronary flow reserve, even in presence of normal epicardial arteries. This can lead to both systolic and diastolic dysfunction of the LV. Additionally, the increase in the myocardial mass results in increased myocardial demand and can manifest as myocardial ischemia, angina, and dyspnea in these patients.

### Hypertension: introducing valvuloarterial impedance (ZVa), systemic arterial compliance (SAC), and resistance in series

Vascular stiffness is a well-known consequence of aging. However, it also occurs with atherosclerosis, hypertension, dyslipidemia, and diabetes.<sup>7,8</sup> Increase in arterial stiffness results in higher LV afterload and myocardial oxygen demand,<sup>4</sup>

and is related to increased risk of cardiovascular events.<sup>9,10</sup> Studies also suggest that inflammation plays a role in arterial stiffness and may have a role in targeting therapies.<sup>11</sup>

In an abstracted model, assuming non-pulsatile flow, ventricular and arterial loads can be modeled as resistance-in-series to calculate the total afterload that the aging ventricle must overcome to propel blood through the macro and micro vasculature. In AS patients, this resistance-in-series model has been explored and represented in clinically measurable values like SAC and ZVa.<sup>12</sup>

Ventricular load is often represented as the mean gradient generated across the stenosed AV ignoring the intraventricular pressure gradient. In contrast, arterial load has two major components: steady load (resistance), generated largely by the microcirculation, and pulsatile load, which is dependent on conduit vessels. The resistive component of arterial load, or systemic vascular resistance (SVR), can be calculated as the ratio of mean arterial pressure/cardiac output (CO) and remains constant. SAC is a surrogate of pulsatile load, that is the ability of the arterial wall to accommodate an increased volume with increasing transmural pressure. SAC is a complex variable that is dependent on time (vessel) and frequency (ventricle), and it can accurately be assessed with detailed modeling of aortic pressure-flow relationships. Clinically, SAC is calculated as the LV stroke volume indexed for body surface area (SVi) divided by the aortic pulse pressure (PP)<sup>12</sup>:

$$SAC = \frac{SVi}{PP}$$

Increased aortic wall stiffness or decreased total arterial compliance augments the velocity of the pressure wave and, as a consequence, the reflected wave arrives at the aortic root earlier than intended when the ventricle is still in late systole. This increases the systolic arterial pressure (SAP) and LV afterload while simultaneously removing the augmentation

**Table 1** Prevalence and prognosis and percentage of patients with severe AS

	High gradient (mean >40 mmHg)	Low gradient (mean <40 mmHg)
<b>Normal flow (SV &gt;35 mL/m<sup>2</sup>)</b>		
A) Prevalence	30%–62.7%	15.3%–38%
B) Prognosis (2-year survival rates)	44% ± 6% (highest rates of surgery)	83% ± 6% (best prognosis)
<b>Low flow (SV &lt;35 mL/m<sup>2</sup>)</b>		
A) Prevalence	8%–13.2%	8.8%–24%
B) Prognosis (2-year survival rates)	30% ± 12%	27% ± 13% (worst prognosis) (lowest rates of surgery)

**Abbreviations:** AS, aortic stenosis; SV, stroke volume.

meant for the diastolic pressure. As a result, a decrease in SAC causes isolated systolic hypertension and widening of the PP. In severe AS patients, the hallmark feature of a prolonged LV ejection time provides even greater opportunity for the reflected pressure wave to meet the LV in late systole. The result is worsening ventriculoarterial coupling, reduced global cardiovascular efficiency, and increased myocardial oxygen demand. Coronary perfusion may also be affected due to the decreased diastolic pressure. Congestive heart failure, ventricular hypertrophy, and vascular remodeling are all associated with increased pulsatile ventricular workload. As we already know from Starling's seminal studies, at a given contractility, simply increasing afterload will decrease stroke volume. In the long run, this inefficient mechanics leads to heart failure.

In elderly patients with degenerative AS, which is frequently accompanied by increased arterial stiffness or decreased compliance, there is additional load on the LV that cannot be fully explained by the mean pressure gradient across the AV (MPG). ZVa represents the sum of valvular and arterial factors that oppose ventricular ejection by absorbing the mechanical energy developed by the LV.<sup>12</sup> ZVa is the ratio of the sum of SAP (either brachial or central aortic)<sup>13</sup> and mean pressure gradient (MPG) across the AV,<sup>12</sup> to the stroke volume index (SVi), and it is a surrogate for global left ventricular load:

$$ZVa = \frac{SAP + MPG}{SVi}$$

ZVa has been studied as a prognostic factor in both asymptomatic AS patients and those undergoing TAVR, reviewed below.

### Changes in blood pressure (BP) and arterial compliance post TAVR: immediate, mid, and long term

The hemodynamic changes in patients' post TAVR are summarized in Table 2. Hypertension develops in 50% of patients after TAVR. Interestingly, patients with increased

BP after TAVR have a better prognosis and outcomes.<sup>14–16</sup> The nature of the complex vascular–valvular interaction has been revealed by changes in compliance properties post AS intervention. To add more complexity, complementarity (both compartments contribute additively to afterload) and competitiveness (one compartment cannot be lowered without raising the other one) under constant contractility and preload exist, meaning that the vascular–valvular interaction is more pronounced in severe AS.<sup>17</sup> In the most precise study using high-fidelity sensors, including frequency domain and wave intensity analyses, as soon as the ventricular obstruction is removed, that is, immediately after TAVR (30 minutes), the LV generated stronger forward compression waves that were reflected as stronger backward compression waves to the LV. Both effects caused increase in systolic and mean arterial pressure and widening of the PP. Post TAVR, the SVR increased, the SAC decreased (inducing stiffer vascular behavior), and the SVi and CO also decreased.<sup>15</sup> There was no acute improvement in ZVa.<sup>15</sup> This paradoxical effect of increase in continuous and pulsatile vascular load after TAVR suggests a stiffer response of the vascular tree and has previously been described.<sup>14</sup> The authors of this study postulate that this finding could be due to the viscoelastic properties of the large conductance arteries and the changes in the tone of these large arteries and arterioles.<sup>15</sup>

However, these results were not reproducible in other studies in which these variables were measured immediately after TAVR based on transthoracic echocardiography (TTE); only ZVa decreased and there were improvements in SAC, SVi, SVR, and CO<sup>18</sup> and even normalization of arterioventricular coupling.<sup>19</sup> In another study using right heart catheterization, systolic blood pressure (SBP) and PP increased with a reduction in SVR 24 hours after TAVR.<sup>20</sup> The elastic properties of the ascending aorta, namely aortic distensibility and the aortic stiffness index, did not change significantly in the early post-procedural period, that is, seven days after TAVR<sup>21</sup> Also, a retrospective non-invasive TTE

**Table 2** Hemodynamic changes post TAVR

First author, year	Time post TAVR	Techniques used for measuring hemodynamic parameters	SBP	MAP	Pulse pressure	Cardiac output/ cardiac index	LVEF	Stroke volume/ SVi (indexed)	ZVa
Giannini, <sup>18</sup> 2012	Within 10–15 minutes	Invasive (cardiac catheterization) and Echocardiography	↑	↓	↑	↑ (Mild)	↑	↑ (Mild)	↓
Di Bello, <sup>19</sup> 2012	Within 10–15 minutes	Invasive hemodynamics and Echocardiography	↑	↓	↑	↑	↑	↑	
Yotti, <sup>15</sup> 2015	30 minutes	Invasive (high fidelity sensors and wave intensity analyses)	↑	↑	↑	↓		↓	No acute change
Perlman, <sup>16</sup> 2013	5 days	TTE	↑		↑	↑		↑	
Vavuranakis, <sup>21</sup> 2012	7 days	TTE	↓	↓	↑				
Lindman, <sup>43</sup> 2017	30 days and 6 months	TTE	↑		↑			↑	↓
Katsanos, <sup>22</sup> 2013	30 days and 1 year	TTE						No significant change	↓

**Abbreviations:** LVEF, left ventricular ejection fraction; MAP, mean arterial pressure; SBP, systolic blood pressure; SVi, stroke volume indexed to body surface area; TAVR, transcatheter aortic valve replacement; TTE, transthoracic echocardiography; ZVa, valvuloarterial impedance.

study showed that only ZVa was decreased but not SAC or SVR at 30 days and 1 year after TAVR.<sup>22</sup> This was also shown in prospective study, where ZVa decreased at 1 month and 1 year after TAVR.<sup>23</sup>

Although echo-Doppler-based non-invasive and catheter-based invasive measurements of pulse wave velocity (PWV) showed a good correlation as a measure of aortic stiffness,<sup>24</sup> some aspects of the protocol and the small sample size of typical TAVR patients made generalization difficult.

### Changes in BP and arterial compliance post surgical aortic valve replacement (SAVR)

The aforementioned results contrast with those from patients undergoing SAVR with cardiopulmonary bypass (Table 3), in which SAC, PP, and SV remain unchanged but ZVa decreased 15 minutes<sup>25</sup> after and even at 12 months<sup>26</sup> after cardiopulmonary bypass. Interestingly, TAVR patients exhibited a greater percent reduction in ZVa than SAVR patients as measured by TTE at 2 months.<sup>27</sup> Similarly, using cardiovascular magnetic resonance measurements of aortic distensibility and PWV, treatment of symptomatic severe AS by SAVR but not TAVR was associated with an increase in aortic stiffness at 6 months.<sup>28</sup> In another study, SAC measured by TTE did not decrease 12 months after SAVR, but there was a significant decrease in ZVa.<sup>26</sup>

### ZVa and prognosis: a review of the data

Pioneering work by Briand et al<sup>12</sup> showed that high ZVa was an independent predictor of both systolic and diastolic LV dysfunction. Since then, the impact of ZVa and SAC on LV remodeling, prognosis in asymptomatic AS patients, relationship between ZVa and AS symptoms, and mortality outcomes have been investigated. These are detailed below and summarized in Table 4 highlighting time of observation, method of observation, and patient population.

### Remodeling

The correlation between pre-AVR ZVa and decrease in LV mass index (LVMI) was shown in a retrospective study with a median follow-up of almost 3.5 years after SAVR, and ZVa performed better than classic indices of AS severity, such as aortic valve area (AVA) and MPG.<sup>29</sup> This also held true for post-TAVR cohort, where ZVa measured 12 months after TAVR (but not SBP, MPG, or SAC) was a significant predictor of LVMI regression as measured by M-mode echocardiography.<sup>26</sup> Higher ZVa but not PWV or other indices of AS severity were associated with lower global longitudinal strain (GLS) in severe AS patients with preserved LVEF,<sup>13</sup> and a reduction in ZVa 1 month after TAVR correlated significantly with improvement in GLS at 1 month and 1 year.<sup>23</sup> In patients with asymptomatic severe AS and preserved LVEF, a high ZVa was also associated with worse circumferential strain<sup>30</sup> and decreased stress-corrected

**Table 3** Hemodynamic changes post SAVR

First author, year	Time post SAVR	Technique used for measuring hemodynamic parameters	SBP	MAP	Pulse pressure	Cardiac output/ cardiac index	LVEF	Stroke volume/SVi (indexed)	ZVa
Pagel, <sup>25</sup> 2014	15 minutes after cardiopulmonary bypass	TEE	No change	No change	No change	No change	No change	No change	↓
Ito, <sup>26</sup> 2017	Before discharge and 6 months post procedure	TTE		No change					↓

**Abbreviations:** LVEF, left ventricular ejection fraction; MAP, mean arterial pressure; SAVR, surgical aortic valve replacement; SBP, systolic blood pressure; SVi, stroke volume indexed to body surface area; TEE, trans-esophageal echocardiography; TTE, transthoracic echocardiography; ZVa, valvuloarterial impedance.

midwall shortening.<sup>31</sup> In a smaller cohort of 82 patients with newly diagnosed severe AS and preserved LVEF, high LV apical rotation (torsion) was associated with high ZVa.<sup>32</sup>

### Prognosis in asymptomatic patients

In a retrospective sub-study of mild-to-moderate asymptomatic AS patients in the SEAS trial with a mean follow-up of 43 months, high ZVa was associated with a 49% increased rate of major cardiovascular events and a 55% increased rate of aortic valve events, but it had no effect on all-cause mortality.<sup>33</sup> In an observational study of severe and moderate AS patients, a higher number of symptomatic patients had high vascular loads compared with asymptomatic patients in each severity group.<sup>34</sup> In a small prospective study of asymptomatic severe AS patients with preserved LVEF, high ZVa at baseline was associated with symptom onset, AVR, or death at almost 1 year of follow-up.<sup>35</sup> This was reproduced in a larger prospective study of 163 patients with asymptomatic moderate-to-severe AS and preserved LVEF, with higher ZVa predicting an increased risk of developing symptoms, cardiac death, and need for AVR at 20 months.<sup>36</sup> High ZVa was associated with increased all-cause mortality in a retrospective study of patients with asymptomatic, moderate-to-severe AS with preserved LVEF even after correcting for AVR with a median follow-up of 2 years.<sup>37</sup> In a large retrospective study of severe AS patients, high ZVa measured invasively by cardiac catheterization was an independent predictor of mortality at 4.5 years, even in asymptomatic patients.<sup>38</sup> In the longest follow-up study of 8.9 years of asymptomatic patients with severe AS but preserved LVEF, higher baseline ZVa was independently associated with a continuously increasing risk of death (for every 0.1 absolute value impairment), even in the patients who had AVR.<sup>39</sup>

### Symptoms

A retrospective study by Kruszelnicka et al showed that lower SAC was associated with more advanced New York Heart

Association class in AS patients, irrespective of LVEF or AS severity in moderate-to-severe AS patients.<sup>40</sup> This finding corroborates with prior evidence relating arterial stiffness to LV dysfunction<sup>41</sup> and suggests that interventions targeting elastic properties of the larger arteries may delay symptom onset in AS patients. On the other hand, another retrospective study by Harada et al showed that higher ZVa was associated with syncope in moderate and severe AS patients with LVEF >40%, irrespective of AVA and MPG.<sup>42</sup> Syncope in AS patients portends a grave prognosis. The study by Harada et al<sup>42</sup> evaluated ZVa, which is a marker of the global LV afterload, and is not one of the conventional factors in AS is associated with increased risk of syncope.

### Mortality

Data from the PARTNER-I cohort showed that increased total and pulsatile arterial load indices (SAC and PP) but not resistive load (SVR) were associated with increased all-cause mortality. A lower 30-day SBP (<129 mmHg) was associated with a higher rate of myocardial infarction, repeat hospitalizations, more severe angina, lower LVEF, inability to complete a six-minute walk test, worse quality of life, and higher all-cause mortality between 30 days and 1 year. Patients with low 30-day SBP and high pulsatile load had a three-fold higher mortality than those with high 30-day SBP and low pulsatile load.<sup>43</sup>

In a prospective study of 128 patients undergoing TAVR, ZVa at baseline was a better predictor of mortality at 1 year, while SVi and GLS did not differentiate outcomes.<sup>23</sup> This finding was consistent with other studies showing that higher baseline ZVa was associated with higher mortality at both 6 months and 2 years after TAVR.<sup>18,22</sup> However, this result was again different in SAVR patients; a retrospective analysis of 170 elderly patients with AS and preserved ejection fraction followed for 5 years revealed that ZVa was not associated with all-cause mortality. However, this study had several

**Table 4** Studies of valvuloarterial impedance ( $Z_{va}$ ) in aortic stenosis patients

First author, year	Total number of patients studied, N	Severity of AS in study population at baseline	Baseline LVEF, % (mean $\pm$ SD)	Mean follow-up	Technique	Main findings (ZVa values are described in mmHg/ml/m <sup>2</sup> )
<b>ZVa and cardiac remodeling in AS</b>						
Jang, <sup>29</sup> 2016	453	Severe	58.7 $\pm$ 12.1	3.5 years	TTE	Pre-SAVR ZVa (mean of 5.9) correlated with decrease in LV mass index
Ito, <sup>26</sup> 2017	23	Severe	61.5 $\pm$ 11.5	26.5 $\pm$ 10.7 months	TTE	Post TAVR ZVa (from 5.05 pre-procedure to 3.12 post-procedure) predicted LV mass index regression
Maréchaux, <sup>13</sup> 2010	82	AV stenosis, defined by peak aortic velocity >2.5 m/s	64 $\pm$ 7	–	TTE with 2-D speckle tracking	Higher ZVa associated with impairment in global longitudinal strain
Lancellotti, <sup>30</sup> 2010	173	Severe	66.5 $\pm$ 7.3	–	TTE with 2-D speckle tracking	High ZVa ( $\geq$ 5) associated with worse circumferential strain
Holmes, <sup>32</sup> 2015	82	Severe	66 $\pm$ 9	33 $\pm$ 17 months	TTE with 2-D speckle tracking	High LV apical rotation (torsion) associated with high ZVa (5.03) and poor survival.
Cramariuc, <sup>31</sup> 2009	1,591	AS defined as AV thickening accompanied by a peak transaortic velocity $\geq$ 2.5 and $\leq$ 4.0 m/s	66 $\pm$ 7	–	TTE	High ZVa ( $\geq$ 4.48) was associated with decreased stress-corrected midwall shortening
<b>ZVa in Asymptomatic AS patients</b>						
Ramamurthi, <sup>34</sup> 2013	215	Moderate and severe		–	TTE	Higher number of symptomatic patients had increased ZVa ( $>$ 5) compared with asymptomatic patients
Zito, <sup>35</sup> 2011	52	Severe	61 $\pm$ 5	11 $\pm$ 7.5 months	TTE	ZVa ( $>$ 4.7) predicted onset of symptoms (dyspnea, angina, syncope), AVR, death
Lancellotti, <sup>36</sup> 2010	163	Moderate to severe	66 $\pm$ 9	20 $\pm$ 19 months	TTE	ZVa ( $\geq$ 4.9) predicted onset of symptoms, AVR, death
Hachicha, <sup>37</sup> 2009	544	At least moderate, defined as peak velocity $>$ 2.5 m/s	66 $\pm$ 7	2.5 $\pm$ 1.8 years	TTE	Higher ZVa ( $\geq$ 3.5) was associated with increased mortality when compared with ZVa $<$ 3.5
Rieck, <sup>33</sup> 2012	1,418	Mild to moderate	66 $\pm$ 7	43 $\pm$ 14 months	TTE	High ZVa ( $>$ 5) predicted increased major cardiovascular events and aortic valve events, but did not predict survival

(Continued)

**Table 4** (Continued)

First author, year	Total number of patients studied, N	Severity of AS in study population at baseline	Baseline LVEF, % (mean $\pm$ SD)	Mean follow-up	Technique	Main findings (ZVa values are described in mmHg/ml/m <sup>2</sup> )
Magne, <sup>38</sup> 2015	676	Severe, defined as AV area $\leq$ 1 cm <sup>2</sup> , derived from cardiac catheterization using Gorlin equation	72 $\pm$ 10	4.5 $\pm$ 2.9 years	Cardiac catheterization	High ZVa (>5) was significantly associated with increased mortality
<b>ZVa and Symptoms</b>						
Harada, <sup>42</sup> 2013	451	Moderate to severe	62.6 $\pm$ 10.3	–	TTE	Higher ZVa ( $\geq$ 4.7) was associated with increased risk of syncope
Kruszelnicka et al, 2015 <sup>40</sup>	157	Moderate to severe	52.3 $\pm$ 12	–	TTE	Mean ZVa by HF class: No symptoms: 5.1 NYHA II: 5.2 NYHA III-IV: 5.7 Each decrease in SAC by 0.1 mL/m <sup>2</sup> per mmHg was associated with an increased adjusted odds ratio of a patient being in one higher category of NYHA class
<b>ZVa and mortality</b>						
Lindman, <sup>43</sup> 2017	2,141	Severe	54 $\pm$ 11	30 days to 1 year	TTE	Increased risk of mortality with every 1 unit increase in ZVa (baseline mean ZVa 3.99)
Giannini, <sup>18</sup> 2012	102	Severe	48.9 $\pm$ 10.3	6 months post TAVR	TTE	Increased mortality with higher baseline ZVa (8.13 vs 6.41)
Kobayashi, <sup>23</sup> 2017	128	Severe	54 $\pm$ 13	376 days	TTE	High baseline ZVa (>5) was associated with higher mortality
Katsanos, <sup>22</sup> 2013	116	Severe	54 $\pm$ 14	25 months	TTE	Baseline ZVa ( $\geq$ 5) associated with increased all-cause mortality
Katayama, <sup>44</sup> 2015	177	Severe	65 $\pm$ 6.5	5 years post SAVR	TTE	Baseline high ZVa ( $\geq$ 4.3) was not associated with overall mortality.
<b>ZVa in low flow, low gradient AS</b>						
Ngiam, <sup>47</sup> 2017	203	Severe	64 $\pm$ 12.5	3 $\pm$ 2 years	TTE	High initial ZVa (>4.7) was associated with switch from normal flow to low flow category

(Continued)

**Table 4** (Continued)

First author, year	Total number of patients studied, N	Severity of AS in study population at baseline	Baseline LVEF, % (mean $\pm$ SD)	Mean follow-up	Technique	Main findings (ZVa values are described in mmHg/ml/m <sup>2</sup> )
Herrmann, <sup>48</sup> 2015	77	Any AS (non-severe and severe)	Any LVEF	3.3 $\pm$ 1.7 years	TTE with 2D speckle tracking	ZVa was elevated at baseline in the LF–LG group compared with NF/LG and HG/AS groups (LF/LG, 3.2 $\pm$ 0.8; NF/LG, 2.2 $\pm$ 0.5; HG/AS, 2.2 $\pm$ 0.9)
Mizia-Stec, <sup>49</sup> 2011	44	Severe AS	>50	–	TTE	ZVa was higher in patients with SVI <35 mL/m <sup>2</sup> (7.60) compared with those with SVI $\geq$ 35 mL/m <sup>2</sup> (4.06)
Levy, <sup>51</sup> 2011	184	Severe low flow low gradient	29 $\pm$ 7	5 years	TTE, DSE	ZVa was higher in patients with contractile reserve vs without on DSE (5.8 vs 5.3), however, failed to distinguish pseudo vs true severe AS nor predict mortality after AVR
Lancellotti, <sup>30</sup> 2010	173	Severe AS	66.5 $\pm$ 7.3	–	TTE with 2D speckle tracking	Higher prevalence of elevated ZVa ( $\geq$ 5) in low flow group compared with normal flow
Hachicha, <sup>50</sup> 2007	512	Severe	65 $\pm$ 7.5	25 $\pm$ 19 months	TTE	Higher ZVa (>5.5) was associated with increased mortality

**Abbreviations:** AS, aortic stenosis; AV, aortic valve; DSE, dobutamine stress echocardiography; HG/AS, high gradient, aortic stenosis; LF–LG, low flow, low gradient; LV, left ventricle; LVEF, left ventricular ejection fraction; NF/LG, normal flow, low gradient; SAVR, surgical aortic valve replacement; TAVR, transcatheter aortic valve replacement; TTE, transthoracic echocardiography; ZVa, valvuloarterial impedance.

limitations and was of a very restricted cohort with limited generalizability.<sup>44</sup>

### Low flow–low gradient AS (LF–LG AS)

A higher proportion of patients with LF–LG AS have hypertension and are at advanced age compared with those with other types of AS. For energetically efficient systolic ejection, ventricular elastance should be matched to aortic elastance.<sup>45</sup> In the context of paradoxical AS, that is, LF–LG AS with preserved LVEF, LV compliance is low and arterial stiffness is high, resulting in a high grade ventriculoarterial coupling mismatch. This means that a greater proportion of the ventricular work is wasted rather than being used to generate the high gradient that it otherwise would have in regular AS as described by Braunwald. This represents the

main pathology in paradoxical AS, in contrast to LF–LG AS with reduced LVEF, where impaired myocardial contractility cannot generate adequate flow. For the same reason, dobutamine stress echocardiogram is much less helpful in LF–LG AS with preserved LVEF.

In animal models and further validated in humans, low SAC reduced MPG for any degree of AS severity, even with stable transvalvular flow and in the absence of hypertension.<sup>46</sup> In an interesting retrospective analysis, severe AS patients with higher baseline ZVa and initially normal flow ended up in the low flow category at 3 years, despite no change in MPG. In the same study, low flow AS patients with a follow-up decrease in ZVa were more likely to end up in the normal flow category. A similar association was observed with SAC.<sup>47</sup> In another study with 3 years of follow-up over disease progression

from non-severe to severe AS, SVR and ZVa were elevated not only at baseline, but they also identified a significantly higher absolute increase in low flow AS patients irrespective of LVEF compared with high gradient AS patients. Similarly, SAC was low at baseline and decreased most in the low flow AS group.<sup>48</sup> High ZVa and low SAC were more prevalent in asymptomatic low flow patients with preserved LVEF (n=173)<sup>30</sup> and again in a large SEAS sub-study.<sup>31</sup> Consistent with these results, in a small cross-sectional study of patients with low flow severe AS with preserved LVEF, SAC was lower and SVR and ZVa were higher in patients with SVIs <35 mL/m<sup>2</sup>.<sup>49</sup> Finally, 3-year survival was worse in the high ZVa group in patients with paradoxical AS.<sup>50</sup>

In the only study involving exclusively low LVEF (mean LVEF 29%) patients with LF–LG AS analyzed retrospectively from a multicenter registry,<sup>51</sup> ZVa was not predictive of either overall or perioperative mortality at 5 years. ZVa was higher in patients with contractile reserve compared with patients without contractile reserve, but it could not differentiate true vs pseudo-severe AS on dobutamine stress echocardiogram, perhaps because the SBP had decreased more in patients with higher ZVa. This also reminds us that, like other parameters for AS, ZVa is also flow dependent and is even more susceptible to variability in the low flow state. Interestingly, patients with very low LVEF (≤20%) had particularly high global afterload as measured by ZVa. Whether high combined valvular and vascular load is the cause of myocardial dysfunction and low LVEF or the ventriculoarterial uncoupling is in fact the consequence of low LVEF from myocardial dysfunction remains to be ascertained and needs further sophisticated studies.

## Conclusion

Degenerative AS should be considered a systemic disease involving the ventricle, the valve, and the vessel, and each needs to be addressed individually to manage the disease in totality. The importance of non-valvular parameters has been proven, as low SAC and high ZVa predict dyspnea and syncope, respectively, irrespective of AS severity and predict LV remodeling and deformation in all planes.

Hypertension and TAVR are closely related, and TAVR has a palpable effect on downstream vascular properties, both immediate and in the long term. Pre-TAVR, low SAC reduces the calculated severity (gradient) of AS. Post TAVR, hypertension develops in almost half of patients, and post-TAVR patients without a rise in BP and low SAC have poor outcomes. Additionally, TAVR changes the left ventricular outflow tract geometry, flow pattern, and resistive properties; therefore, gradient alone is not a reliable marker of success.

ZVa has shown to be predictive of adverse outcomes in a wide spectrum of patients with degenerative AS from moderate-to-severe asymptomatic stage C, classical high gradient with preserved LVEF, stage D1, paradoxical stage D3, and even after TAVR; the only exception is in low flow, low gradient with reduced LVEF patients. The LF–LG with reduced LVEF state may represent a late stage of disease where the deleterious effects of other factors, such as coronary artery disease or advanced myocardial dysfunction overshadow the deleterious consequences of ZVa.

As the cohort of patients undergoing SAVR is different from TAVR (inoperable to high-risk surgical candidates due to multiple comorbidities), the current literature for post-intervention changes in ZVa and SAC cannot be compared. Aortic stunning, the level of anesthesia, bypass circuits, and cardioplegia are other procedural differences between TAVR and SAVR that may account for differences in ZVa.

## Perspective: hypertension goes parallel when it comes to prognosis

High ZVa and low SAC predict and/or confer an adverse risk (LV remodeling, worse strain pattern, clinical symptoms, and all-cause mortality) independent of AS severity. This suggests that ZVa and SAC and not just MPG should be used as markers of therapeutic success after TAVR. Interestingly, in most studies, patients with high ZVa were more frequently female. This could be due to the known fact that post-menopausal females have intrinsically stiffer large vessels than age-matched males.<sup>52</sup>

The management of asymptomatic patients with severe AS is controversial. As opposed to the conventional view of severe AS being of fixed resistance, it is rather a dynamic process with a poor correlation between area, gradient, and flow, especially during stress; that is, exertional symptoms.<sup>53–55</sup> We suggest including ZVa in addition to conventional parameters in these patients to decide on AV replacement even in the absence of symptoms, especially since the risk of and complications from TAVR are always reducing. It is time to move on from flow-dependent stenosis geometry (AVA) and incorporate global load to predict the need for AV replacement.

Isolated systolic hypertension and increased PP are derivatives of reduced SAC, and the presence of these findings signifies that both vessel and valve are compromised. Moreover, in the late stages or perhaps in different phenotypes altogether, once SVi is reduced, it may falsely cure the hypertension as measured by SBP and PP alone in LF–LG AS patients. In these cases, the importance of SAC and ZVa is

even greater, as measuring them will unmask high global LV load beneath seemingly normal hemodynamics. An absence of a high ZVa in LF–LG patients may also suggest that the low gradient is due to intrinsic ventricular dysfunction rather than ventriculoarterial uncoupling.

Though the SPRINT trial led to guideline changes of a target SBP of <130 mmHg, studies involving typical TAVR patients showed greater mortality with SBPs <129 mmHg. Old age, high prevalence of diabetes (which also worsens arterial stiffness), and ventriculoarterial uncoupling are some obvious differences why the new BP guidelines are not applicable to current-era post-TAVR patients.

## Author contributions

Both authors contributed to data analysis, drafting and revising the article, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

## Disclosure

The authors report no conflicts of interest in this work.

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