

# Challenges in the development of future treatments for breast cancer stem cells

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**Abstract:** The recurrence of tumors after years of disease-free survival has spurred interest in the concept that cancers may have a stem cell basis. Current speculation holds that as few as 0.1% of the tumor mass may be chemoresistant and radioresistant, harboring stem-like properties that drive tumor survival, development, and metastasis. There are intense investigations to characterize cancer stem cells on the basis of self-renewal and multi-lineage differentiation. Thus far, no successful targeted therapies have been developed and reached the clinic, but as these cells are isolated and characterized, insights may be unraveled. In this review, we discuss the controversy over the origins of the cancer stem cell hypothesis and the unforeseen factors that may facilitate breast cancer stem cell survival and metastasis. We discuss the role of tumor microenvironment, including carcinoma-associated fibroblasts, epigenetic factors, and the Th1/Th2 balance, in supporting breast cancer stem cells. In addition, we have incorporated ideas on the epithelial-to-mesenchymal transition in metastatic dissemination of epithelial malignancies. This area is relevant since breast cancer stem cells have been suggested to revert to a mesenchymal phenotype during the progression of cancer. Finally we discuss prospects of developing targeted therapy including novel treatment modalities such as oncolytic viral therapy, differentiation therapy, and nanotechnology.

**Keywords:** cancer stem cells, EMT, oncolytic viral therapy, microenvironment, side population, crosstalk

## Genesis of breast cancer stem cells (CSCs): Ambiguity in interpretations

An increase in the interest in the origin of cancer stem cells (CSCs) occurred in 1997 when malignant stem cells were identified in acute myelogenous leukemia.<sup>1</sup> These seminal experiments paved the way for more in-depth studies on stem cells in leukemia as well as other malignancies, such as breast, lung, brain, prostate, colon.<sup>2</sup> The CSC hypothesis holds that a subset of malignant cells can give rise to the majority of other cells of a tumor and permit cancer maintenance and progression.<sup>2</sup> Recent attention in the arena of breast cancer therapy has focused on targeting this subpopulation of cells with the hope of eliminating unnecessary cycles of relapse and remission. The resilience of these cells to cytotoxic therapy is presumably due to their low mitotic rates, compared to mitotic rates of more differentiated progenitors.<sup>3</sup>

Traditional theories about the origins of breast cancer held that each cancer cell has equal tumorigenic potential. This stochastic model was based on cancer initiation via accumulation of genetic insults.<sup>4</sup> However, in light of new evidence on the heterogeneity of tumors and the emergence of therapeutic resistance, a new model termed

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the hierarchical model has taken the foreground.<sup>4,5</sup> This model holds that any given tumor may contain genetically and morphologically diverse populations of cells, including primitive stem cells, transient amplifying cells, and terminally differentiated cells.<sup>5</sup> Each cell type within the tumor is characterized by its own unique rate of division and ability to generate independent tumors *in vivo*.<sup>5</sup> The hierarchical model holds that only a small proportion of cells can sustain cancers, and the heterogeneity of breast cancer may be attributable to clonal evolution.<sup>6,7</sup> Moreover, the inefficiency of cancer metastasis at the cellular level lends credit to the idea that only a subset of cells within heterogeneous populations can traverse basement membranes and invade blood vessels.<sup>8</sup>

A unified definition of a CSC is not conserved among scientists, but generally includes at least two characteristics: 1) self-renewal to generate another malignant stem cell and, 2) ability to show lineage-specific differentiation. These properties of CSCs are supported by recent reports showing evidence for the presence of both primitive and differentiated cells in tumors.<sup>5</sup> Breast CSCs comprise a phenotypically distinct subset of cells with clonogenic potential *in vivo* (Figure 1).<sup>7,9,10</sup>

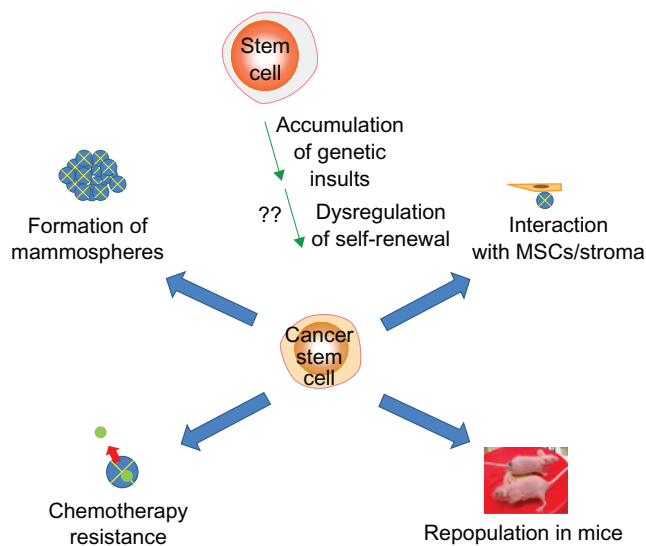
One of the most important questions in the field of breast CSC biology involves the origin of these resilient cells. The clonal origins of breast CSCs have been investigated, but generalizations cannot be made due to the heterogeneity of breast tumors, including luminal A, luminal B, basal-like, and claudin<sup>low</sup>, and other phenotypes.<sup>11</sup> Gene profiling using microarray technology has revealed that at least four different subtypes of breast cancer exist, and each confers different prognoses.<sup>12</sup> Another recent study described three subsets of mammary cells – basal stem/progenitor cells, luminal progenitors, and nonstem luminal cells.<sup>13</sup> Regardless of the classification, the most prevalent breast cancer type appears to be basal-like, triple-negative cancers, which is characterized by lack of hormone and EGF receptors.<sup>14,15</sup> Basal-like breast cancers are less differentiated and confer worse prognosis than luminal subtypes. They are thought to arise from mammary stem cells, and thus, some scientists believe that breast CSCs may be more likely to arise from basal-like cancers versus luminal cancers. Basal-like cancers express basal cytokeratin-5, -6, -14, and -17 and demonstrate gene expression patterns similar to myoepithelial elements of the breast.<sup>16,17</sup> In contrast, luminal cancers express cytokeratin-7, -8, and -19 and originate from milk-producing ductal epithelium of the breast lumen.<sup>16,18</sup> The majority of ductal carcinoma *in situ* (DCIS) cases are luminal, but high-grade DCIS can take on basal-like characteristics.<sup>19</sup>

In a recent finding, luminal progenitors of the breast, rather than basal stem/progenitors, have been shown to most closely resemble basal breast tumors.<sup>13</sup> Based on these studies, basal-like breast cancers may arise from a luminal progenitor population.<sup>13</sup> In summary, the heterogeneity of breast cancers is evident from the idea that different classes of breast tumors may arise from different subtypes of epithelia in the normal breast. Although no clear conclusions can be made about the origins of luminal versus basal-like cancers, knowledge of the normal breast tissues that correspond most closely with each breast cancer subtype can be important for targeted therapy for different subsets of cancers. Another subtype, known as claudin<sup>low</sup> breast cancer, has not been traditionally grouped into the basal/luminal scheme but may be characterized by expression of EMT markers.<sup>20,21</sup> Whether different subtypes of breast cancer harbor different types of CSCs remains to be determined.

Numerous groups currently believe that breast CSCs are CD44<sup>+</sup>/CD24<sup>-/low</sup>, although the dynamic nature of CD marker expression has brought into question the reliability of these markers as definitive for breast CSCs. For example, the expression of the CD44<sup>+</sup>/CD24<sup>-/low</sup> phenotype throughout breast cancer progression may be influenced by epigenetic factors, genomic integrity, and factors involved in the epithelial-to-mesenchymal transition (see EMT section below).<sup>22,23</sup> Furthermore, the characterization of breast CSCs may not be complete because new phenotypes such as ALDH1 positivity have been linked to self-renewability in breast cancer.<sup>24</sup> ALDH1 positivity is becoming an increasingly important means of isolation of breast CSCs, along with identification of side populations expressing multi-drug resistance proteins (see Side populations section).<sup>24–26</sup>

The origins of the breast CSC remain somewhat elusive, as scientists disagree as the evidence accrues. It is unclear if CSCs arise from de-differentiation of transient amplifying cells or progenitors vs. acquisition of oncogenic mutations by normal resident stem cells.<sup>5,27,28</sup> In the former case, transient amplifying cells in local niches can undergo programs that allow them to gain self-renewal ability and limitless division capacity, like the stem cells from which they originally arose.<sup>27</sup> In the latter case, spontaneous genetic damage or environmental insults can lead to transformation of stem cells, which continue to self-renew and give rise to new transformed cells.<sup>6,7,27</sup>

One of the most challenging aspects of the breast cancer biology involves the molecular mechanisms underlying genesis of breast CSCs, which point to a variety of signaling pathways common to both stem cells and cancer biology. Activation of



**Figure 1** Origins and properties of breast cancer stem cells (CSCs). Origins of CSCs are unclear but may involve accumulation of genetic damage and dysregulation of normal self-renewal. Defining properties include resistance to chemotherapy, mammosphere formation, and *in vivo* tumor generation in immunodeficient mice.<sup>9</sup>

the PI3K/Akt pathway through PTEN knockdown can lead to enrichment of mammary stem cells and progenitors.<sup>29</sup> Crosstalk with the canonical Wnt/ $\beta$ -catenin pathway is partly responsible for these effects.<sup>29</sup> Both pathways have been implicated in breast cancer progression and poor prognosis.<sup>29</sup> Notch signaling is known to regulate cell survival, division, and fate determination, and it can lead to alterations in mammary stem cell self-renewal and increased proliferation.<sup>30</sup> It has been shown to regulate cell fate in hematopoietic, neural, and other stem cells.<sup>10</sup> Dysregulation of self-renewal ability may account for genesis of mammospheres harboring breast CSCs.<sup>30</sup> Finally, the Hedgehog signaling pathway and the polycomb gene Bmi-1 are critical players in mammosphere formation and growth.<sup>15</sup> This pathway is important because the CD44<sup>+</sup>/CD24<sup>-low</sup> subset has been shown to employ aberrant Hedgehog signaling.<sup>15</sup> Pharmacological manipulation of this pathway through agonists and antagonists disrupts the balance between self-renewal and differentiation. These diverse molecular pathways are likely necessary for survival and can be interconnected. Given that they have all been implicated to some degree in breast CSC generation, targeted therapy may pose formidable challenges.<sup>15,24,29</sup>

## Crosstalk between breast cancer stem cells (CSCs) and their microenvironment

Normal physiological processes and environmental conditions dictate the behavior of cells, tissues, and organ

systems.<sup>31</sup> Carcinomas, for instance, are generally comprised of a mixture of various cellular elements, including transformed cells within a milieu of stromal cells, fibroblasts, and immune cells.<sup>32</sup> Therefore, the *in vitro* study of breast CSCs in isolated systems, such as cell and tissue culture, has its limitations. It has been suggested that breast CSCs require a particular niche in which to grow for maintenance.<sup>8</sup> Specific details of factors that may influence this niche will be discussed here.

An important determinant of CSC behavior in the microenvironment of breast cancer may be TGF- $\beta$ , an immunosuppressive cytokine with diverse functions including wound healing, fibrosis, and cell cycle regulation.<sup>33</sup> Local TGF- $\beta$  in the microenvironment can enhance motility of breast cancer cell through epithelial-to-mesenchymal transition (see EMT section).<sup>33</sup> The role of TGF- $\beta$  could be difficult to understand due to its dual role in cancer progression. TGF- $\beta$  is a known cell cycle inhibitor and has been shown to prevent *de novo* cancer formation in mice.<sup>33,34</sup> However, TGF- $\beta$  is a major player in promotion of cell motility and invasiveness.<sup>34</sup> Furthermore, the estrogen receptor status of the patient can determine the role of TGF- $\beta$  in cancer progression, as TGF- $\beta$  appears to enhance growth of hormone-independent tumors, while hindering growth of hormone-positive cancers.<sup>34</sup>

Aside from the critical role of TGF- $\beta$ , emerging evidence indicates that microenvironmental factors involved in breast CSC survival may include protective effects of mesenchymal stem cells (MSCs).<sup>35</sup> Although data on immune protection of breast CSCs have not been thoroughly investigated thus far, ongoing studies in our laboratory suggest that MSCs play an important role in helping breast cancer cells evade the immune system (unpublished). MSCs can migrate to site of tumor and cause tumors to become unresponsive to hormonal treatment.<sup>35</sup> Specifically, the chemokine receptor 4 (CXCR4)/stromal cell-derived factor-1 (SDF-1) axis may govern cancer cell homing to sites of distant metastasis.<sup>8</sup> This chemokine-receptor pair may also regulate adhesion to resident cells in distant sites.<sup>8,36</sup> Therapy directed at microenvironmental factors have been proposed but have limited utility thus far. Details are discussed in the *Targeted therapy* section.

Once MSCs migrate to sites of tumor, they can integrate themselves in the stroma and facilitate breast cancer progression.<sup>36–38</sup> MSCs have been shown to give rise to carcinoma-associated fibroblasts (CAFs), which comprise the tumor stroma and facilitate metastasis, angiogenesis, and other processes necessary for cancer progression.<sup>38</sup> CAFs

are characterized in part by the expression of SDF-1.<sup>38</sup> A reciprocal interaction can exist between cancer cells and their surrounding stromal elements.<sup>32</sup> For example, a plethora of cytokines and growth factors secreted by cancer cells can affect local fibroblasts, which themselves act on cancer cells to regulate proliferation and breast cancer progression.<sup>32</sup> Furthermore, the response of breast cancer cells to chemotherapy treatment is regulated by CAFs and likely involves cellular adhesions to the underlying basement membrane.<sup>32</sup>

Other evidence implicating microenvironmental influences on breast cancer include epigenetic changes brought about by co-culture with CAFs.<sup>39</sup> Downregulation of the tumor suppressor cystatin M via promoter hypermethylation has been reported to occur in normal breast epithelia in contact with CAFs.<sup>39</sup> In summary, these events are concurrent with activation of the PI3K/Akt1 pathway and emphasize the importance of not only intercellular communications via soluble factors but also communications via physical contact between cells.<sup>39</sup>

The interaction of the immune system with breast cancer cells is complex but must be considered before targeted therapy for CSCs can be implemented. There is a dynamic interplay between breast tumor stroma and immunological factors to facilitate or hinder cancer growth. A T helper 1 (Th1) phenotype, for example, appears to exert more anti-cancer effects than a T helper 2 (Th2) phenotype, and Th1 and Th2 responses are counterbalanced by each other.<sup>40</sup> Breast cancer micrometastasis to seminal lymph nodes can result in polarization towards a Th1 phenotype, perhaps in an effort to eradicate metastatic cells.<sup>41</sup> However, the challenging aspect of this arena is that the Th1 cytokine effects may be bimodal, as some scientists believe that the inflammatory nature of the Th1 response may allow for development of DNA damage that facilitates transformation.<sup>42</sup> The effects of the Th2 response in cancer are slightly clearer, as most reports demonstrate a facilitative effect of Th2 processes in cancer. Release of IL-4 by a Th2 response, for example, may prevent chemosensitivity and allow for escape from immune detection.<sup>42,43</sup> Members of the IL-10 family, which are secreted in the Th2 response, have been shown to inhibit cell proliferation in cancers.<sup>44</sup> In addition to the Th1/Th2 balance, IL-24, a component of the IL-20 cytokine family, has recently gained attention based on its activity against tumors via induction of apoptosis.<sup>44,45</sup>

Microenvironmental effects can influence the induction of the epithelial-to-mesenchymal transition (EMT) in breast cancer cells. EMT is a phenomenon that shares similarities with the process of wound formation and healing, which are also influenced by local inflammation and microenvironmental

factors (see EMT section).<sup>46</sup> In basal-like breast cancers, epigenetic remodeling has shown to occur by loss of the cell cycle inhibitor p16/INK4A, and this process is susceptible to microenvironmental influences from EMT factors. In synergy with the oncogene *ras*, factors found in serum, such as TGF- $\beta$ , favor EMT.<sup>46</sup> High serum conditions have been associated with transition towards a mesenchymal-like phenotype with gene methylation and repression of E-cadherin.<sup>46</sup> The process by which EMT induces *de novo* methylation may give insight into the origin of cancers.<sup>46</sup>

Along with these immunological and epigenetic influences from the microenvironment, crosstalk between differentiation programs and stem cell niches likely governs the aggressive behavior of breast cancer. The interaction between stem cells and their microenvironment applies to breast CSCs and may allow for further insights into the behavior of these cells in a physiological or pathological context.<sup>47</sup>

## Epithelial-to-mesenchymal transition (EMT) and breast CSCs

The process of cancer metastasis is complex and appears to involve a variety of changes sometimes referred to as the invasion-metastasis cascade.<sup>48,49</sup> It includes alterations in gene expression signatures and cellular morphology.<sup>48</sup> It is well accepted that certain populations of cancer cells harbor primitive phenotypes, which confer worse prognosis. In addition to these primitive phenotypes, entire biological processes that occur in embryonic development may also govern metastasis and invasiveness in breast cancer. This phenomenon, termed EMT, occurs in morphogenesis, wound healing, tissue repair, and tissue remodeling.<sup>50</sup> Specifically, EMT follows the loss of epithelial cell polarity and development of a fibroblast-like morphology.<sup>51,52</sup> As with the breast CSC hypothesis, correlations have been established between drug resistance and EMT, a finding which is consistent with the idea that primitive cells are less susceptible to chemotherapy and radiotherapy.<sup>52</sup> EMT may mediate both cancer initiation and cancer progression, and EMT markers have been associated with poor prognosis.<sup>53,54</sup>

The details of EMT in breast malignancies are unclear to date, but are presumed to involve a variety of changes at the genetic, molecular, and cellular levels. Paradoxically, EMT cannot be described as a simple transition from epithelial cells to mesenchymal cells.<sup>55</sup> It is more accurately described as a switch from differentiated luminal epithelium to undifferentiated basal-like epithelium.<sup>55</sup> Phenotypically, EMT is characterized by loss of epithelial markers like E-cadherin,

which functions in calcium-dependent adhesions, and other proteins like  $\gamma$ -catenin, zonula occludens-1 (ZO-1), and a gain of vimentin, fibronectin, and other mesenchymal markers.<sup>52,53</sup> N-cadherin, which is upregulated during EMT, facilitates motility and migration of cancer cells.<sup>53</sup> The significance of mesenchymal and epithelial phenotypes is evident in that these two tissue types have different architectures and therefore distinct functions in cancer progression.<sup>54</sup> For example, epithelial cells are organized in a tight manner with strong attachments to each other and to basement membranes, while mesenchymal cells are not as well anchored and harbor greater tendencies for motility.<sup>54</sup> They are more likely to form mammospheres, consistent with the basal-like epithelial phenotype.<sup>55</sup> Furthermore, the secretion of enzymes in mesenchymal tissues facilitates the migration of cancer cells.<sup>54</sup> Therefore, the differences in the properties of epithelial and mesenchymal elements at the cellular and tissue levels explain why the EMT process in cancers poses significant challenges to breast cancer therapy. It is important to understand that cells undergoing EMT are still mammary epithelia, and the mesenchymal designation refers to various states of stemness versus differentiation of epithelial cells.<sup>55</sup> Phenotypic changes involved in EMT are summarized in Table 1.

The triggers of EMT are diverse and have been suggested to demonstrate some overlap with factors involved in CSC generation. TGF- $\beta$  is one of the most widely recognized inducers of EMT.<sup>50</sup> It has been suggested that, during this process, epithelial de-differentiation occurs, rather than simple phenotypical alterations.<sup>52,56</sup> The gene signature of EMT has recently been explored and involves a variety of transcription factors. *Snail* and *TWIST* family members are found at high levels in certain epithelial cancers and negatively regulate E-cadherin expression, preventing intercellular adhesion while promoting cellular motility and dissemination.<sup>51,53</sup>

Associations between the breast CSC hypothesis and EMT hypothesis of cancer were established only recently as similarities in these two ideas were noted. Breast cancer

cells undergoing EMT demonstrated a CD44<sup>+</sup>/CD24<sup>-low</sup> phenotype typical of breast CSCs.<sup>56</sup> The process of EMT has been linked to characteristics of stemness in normal and transformed epithelia.<sup>54</sup> A more obvious link between breast CSCs and EMT is demonstrated in studies where overexpression of *Snail* or *TWIST* resulted in the development of CD44<sup>+</sup>/CD24<sup>-low</sup> breast CSCs. Treatment with TGF- $\beta$  can also lead to the breast CSC phenotype and enhanced ability for mammosphere formation.<sup>55</sup>

Like other biological processes, EMT in breast cancer is affected by immunological mediators.<sup>56</sup> For breast CSCs, CD8<sup>+</sup> T lymphocytes can induce EMT.<sup>56</sup> Thus, the process of EMT in breast cancer should not be considered in isolation because cancer progression occurs within a physiological context that necessarily involves normal tumor responses by the host.<sup>56</sup> Since immunological factors are involved in these processes, one can surmise that MSCs in the bone marrow likely play a crucial role via their immunomodulatory properties.

## Identification of side populations in breast cancer

Advances in the identification and isolation of breast CSCs was accelerated by the identification of side population (SP) cells, due to lack of dye retention and chemotherapy efflux.<sup>57</sup> The method is based on cells incubated with Hoechst dye 33342 or rhodamine, after which the cells are analyzed by flow cytometry for dye exclusion and size. Small SP cells would not retain dye and are considered to be primitive cells. Samples of different tissue types revealed that SP cells only represent a very small percentage of the cells (0.05%–5%).<sup>58–60</sup> Analyses based on efflux of Hoechst dye have identified putative SPs in various tissues such as skeletal muscle, lung, liver and mammary glands.<sup>60–65</sup> Rare SP cells have also been seen in both the estrogen receptor (ER)-positive cell line MCF-7 and the ER-negative cell line Cal-51.<sup>58,66,67</sup>

The transporters responsible for dye efflux are diverse but appear to involve adenosine triphosphate (ATP)-dependent processes. When SPs are treated with the calcium-channel blocker verapamil, the low-staining SPs are lost, thus leading to the assumption that an ATP-binding cassette (ABC) transporter is responsible for the efflux of the dye.<sup>57</sup> More specifically, studies indicate that ABCG2 (also known as breast cancer resistance protein-1) is a major mediator of dye efflux in various stem cells and can be used as a molecular marker for the SP phenotype.<sup>68,69</sup> Furthermore, the degree of efflux activity seems to correlate with the maturation state, such that cells exhibiting the highest efflux activity are the most primitive.<sup>57</sup>

**Table 1** Postulated phenotypic changes undergone by breast cancer cells during EMT<sup>52,53</sup>

Loss of epithelial markers	Gain of mesenchymal markers
E-cadherin ( <i>CDH1</i> )	Vimentin
$\gamma$ -cadherin	Fibronectin
Zonula occludens-1 (ZO1)	N-cadherin ( <i>CDH2</i> )
Occludin	$\alpha$ -smooth muscle actin ( $\alpha$ -SMA)
Cytokeratin 8, cytokeratin 18	

The use of SP in the identification of breast CSCs is supported in studies showing dye efflux in highly chemo-resistant breast cancer cells.<sup>70</sup> The ability to efflux substrates is particularly important for the protection of CSCs. ABCG2 seems to protect stem cells from toxins. This is evident in *ABCG2* knockout mice that are more sensitive to compounds such as vinblastine, ivermectin, topotecan, and mitoxantrone.<sup>71–73</sup> Additionally, ABCG2 was identified in drug-selected MCF-7 breast cancer cells and found to efflux multiple chemotherapeutic drugs and xenobiotics.<sup>67,74</sup> The expression of the full-length ABCG2 cDNA in MCF-7 breast cancer cells provided resistance to mitoxantrone, doxorubicin, and daunorubicin, and reduced daunorubicin accumulation and retention.<sup>74</sup> These findings imply that SP cells have the ability to efflux toxicologically harmful substances out of breast cancer cells through an ABCG2-mediated cytoprotective mechanism and seem to confer chemo-resistance. The use of ABCG2 as a breast CSC marker seems theoretically plausible but is currently in question as evident on this idea is not well supported. A study demonstrated that highly purified ABCG2<sup>+</sup> cells were not any more tumorigenic than ABCG2<sup>-</sup> cells.<sup>75</sup> This suggests that even an ABCG2<sup>-</sup> population contains primitive stem-like cancer cells and correlates with the earlier fact that ABCG2 is not critical for normal stem cell growth and maintenance.

SP cancer cells exhibit stem cell-like properties by self-renewal and higher tumorigenicity as compared to non-SP (NSP) cells. The ability of self-renewal was seen when single purified SP cells from the ER-negative cell line Cal-51 produced a heterogenous mixture of SP and NSP cells.<sup>58</sup> Cal-51 NSP cells failed to sustain proliferation beyond one week of culture.<sup>58</sup> Similar to Cal-51, purified SP cells taken from U373 glioma and MCF-7 breast cancer generated NSP cells *in vivo* and preferentially expressed “stemness” genes, including *Notch-1* and *β-catenin*.<sup>75</sup> More importantly, SP cells purified from U373 and MCF-7 were found to be more tumorigenic than NSP cells.<sup>75</sup>

SP cells could be heterogenous, and include a subset that expresses ABCG2.<sup>25,26</sup> In addition, it has been shown that both SPs and known stem cells also express other ABC transporters such as ABCB1 (also known as P-glycoprotein or MDR-1), ABCC1 (also known as MRP-1), and ABCA3.<sup>76,77</sup> Although ABCG2 expression alone may not serve as a stem cell marker, there is evidence that SP cells isolated from various tissues are enriched in adult tissue stem cells.<sup>60,69,70,78,79</sup> In the future, a better understanding of the subsets within the SP population and their surface markers would be critical to the identification of putative CSCs, with implications for

cancer treatment. Furthermore, it is important to consider that identification of SP cells is not limited to malignancies of the breast, as other solid organ cancers have been shown to harbor these populations.<sup>80</sup> These include the ovary, bladder, pancreas, and stomach.<sup>80,81</sup>

## Prospects for developing targeted therapy

The effectiveness of current chemotherapeutic agents is posed with challenges. These problems could be partly explained by the resistance of a small subset of chemo-resistant CSCs despite the clearance of the major bulk of cancer cells. As would be expected of stem cells, CSCs would be able to resurge by developing into new tumors. Thus, chemotherapy has limited effectiveness over the long-term. Thus far, there is no defined drug that specifically targets CSCs in the clinic. However, as the scientific evidence unravels, this would open avenues for new drugs. The particular targets that may allow for selective elimination of CSCs are unclear but have been speculated to include angiogenesis, ATP-binding cassette transporters, and the Patch pathway.<sup>82</sup> Since decreased activity of Numb, a Notch inhibitor, has been found in nearly 50% of breast cancers, Notch and  $\gamma$ -secretase inhibitors have been proposed for breast CSC targeting and are currently in clinical trials.<sup>83</sup> In any case, they have experienced little clinical success.<sup>84</sup> The reasons for this may include unforeseen crosstalk with other molecular pathways and different levels of pathway activity among different tumors.<sup>84</sup> The challenges inherent to targeting pathways such as Hedgehog, Wnt, and Notch, is that, although they may inhibit breast CSC propagation, they may also have adverse effects on normal adult stem cells as these pathways are vital in tissue repair and regeneration.<sup>85</sup>

Technologies employing automated screening of compounds have been used, and reports have shown *in vivo* efficacy of an agent, salinomycin, that targets CSCs of epithelial origin.<sup>86</sup> This compound has been shown to decrease breast CSC fraction, identified as CD44<sup>+</sup>/CD24<sup>-low</sup>, by two orders of magnitude. These findings are based on reduced expression of CSC-specific genes.<sup>86</sup> Paclitaxel has been shown to increase the proportion of the CD44<sup>+</sup>/CD24<sup>-low</sup> population, a finding that demonstrates possible untoward effects of conventional chemotherapy for epithelial malignancies.<sup>86</sup> Another agent, cyclopamine, inhibits the SMO protein and prostate and gastric cancer progression by acting through the Hedgehog signaling pathway, which facilitates maintenance of CD44<sup>+</sup>/CD24<sup>-low</sup> breast cancer cells.<sup>82,87</sup> In addition to these pharmacological agents, a recent finding on the

involvement of PI3K/Akt signaling in breast cancer had led to the identification of perifosine as putative therapy for breast CSCs *in vivo*.<sup>29</sup> Perifosine, an Akt inhibitor, reduces serial mammosphere formation.<sup>29</sup> The challenges that face these types of agents revolve around the idea that their selective toxicities towards breast CSC, in comparison with normal stem cells and cancer cells, may be limited.

In addition to these outlooks on targeted therapy, the use of oncolytic viruses has been investigated based on the ideas that (1) many viruses replicate more efficiently in tumors than in normal tissue, and (2) viruses can be loaded with transgenes that ultimately lead to toxicity against tumors.<sup>88</sup> Oncolytic viral therapy has reached clinical trials.<sup>88–90</sup> Among the administration methods employed are intra-arterial, intravenous, intraperitoneal, and/or intratumoral delivery.<sup>88–90</sup> The advantage to employing viruses that specifically targets cancer is that they evade host resistance mechanisms. This is significant because, with chemotherapy and radiation treatment, cellular resistance frequently develops and these treatment modalities become ineffective.<sup>91</sup> Oncolytic viruses appear to exert their effects on both the CSC and the non-CSC population.<sup>90</sup> Two general classes of oncolytic viruses include wild-type viruses and attenuated viruses, both of which demonstrate toxicity towards human cells.<sup>91</sup> DNA and RNA viruses have been explored and have been shown to alter various oncogenic signaling pathways and cell cycle checkpoints.<sup>92</sup>

Oncolytic viral therapy has demonstrated favorable results for breast malignancies.<sup>93</sup> Reoviruses, which are in Phase II clinical trials, have been shown to alter *ras* signaling in breast cancer with reduction in the CSC population.<sup>93,94</sup> Adenoviruses, in particular, may be important for targeting breast CSCs due to preference for epithelial tissue, and conditionally replicative adenoviral vectors are in Phase I clinical trials.<sup>90</sup> In fact, studies have demonstrated a panel of oncoviruses with specificity towards the CD44<sup>+</sup>/CD24<sup>–/low</sup> population of breast cancer cells.<sup>95</sup> Also, viruses can be armed with transgenes that target CSCs. For example, infection of invasive cancer breast cells using an adenovirus loaded with the receptor for TGF- $\beta$  type II resulted in significant tumor regression in nude mice.<sup>96</sup> These findings are consistent with the pan-suppressive effects of TGF- $\beta$  on cell cycling.<sup>34</sup>

A comprehensive review of oncolytic viral therapy for breast cancer is incomplete without a discussion of the drawbacks. These include low efficacy in serum, adverse effects, potential toxicity to nontarget cells, and the need for epidemiological control. Firstly, with regards to effi-

cacy, complement-depleted plasma and IgM in serum can inactivate viruses via neutralization.<sup>89</sup> Pre-treatment with cyclophosphamide has been shown to abolish immune-mediated viral destruction and enhance efficacy of oncolytic therapy.<sup>89</sup> However, cyclophosphamide treatment can result in immune suppression, posing severe challenges to this method of cancer therapy.<sup>89</sup> Another factor limiting the efficacy is the route of administration. Intravenous delivery, for example, is challenging because viruses can be subject to hepatic sequestration.<sup>90</sup> Poor penetration of viruses into tumors presents a challenge to delivery methods.<sup>97</sup> Adverse effects of adenoviral therapy include systemic toxicity, especially hepatotoxicity based on adenoviral tropism for the liver.<sup>98</sup> Epidemiological control must be considered when employed these viruses, and attenuated viral strains are preferable. Thus, the challenges to oncolytic viral therapy are significant, and both safety and efficacy must be addressed. The ongoing clinical trials will provide answers to these pressing questions.

Targeted therapy involving the SDF-1/CXCR4 axis has been considered by many groups. This is rooted in the idea that the interaction between components of immune chemotaxis such as SDF-1 and CXCR4 may regulate breast cancer metastasis to the bone marrow.<sup>36,43</sup> The use of CXCR4 antagonists such as AMD3100 and TN14003 has been suggested as a method to hinder breast tumor growth.<sup>8,99</sup> Thus, targeting the microenvironment in the context of soluble factors surrounding tumor stroma has potential in future breast cancer therapy and may be necessary for elimination of resistant breast cancer cells in the bone marrow. Ongoing studies in our laboratory on targeting this interaction show favorable results *in vitro*.

The concept of CSC differentiation therapy has been proposed based on evidence that de-differentiation is associated with increased aggressiveness of cancers.<sup>5</sup> This concept is strongly rooted in current clinical hematology and oncology, as all-trans-retinoic acid is used as therapy for acute myelogenous leukemia M3.<sup>100</sup> Among the most well-recognized agents for differentiation therapy are the retinoids, which have been suggested for breast cancer differentiation.<sup>101,102</sup> Quinoline compounds have been shown to cause breast cancer cells to reduce G1-S phase protein expression and induce breast cancer cells to enter G<sub>0</sub> phase.<sup>103</sup> Novel findings on the role of BRCA1 in breast cancer have shown that BRCA1 is necessary for differentiation of triple-negative cancers.<sup>11</sup> BRCA1 knockdown leads to decreased luminal epithelial cells and increase the formation of secondary and tertiary mammospheres.<sup>11</sup>

BRCA1 knockdown also resulted in increased the proportion of ALDH1-positive cells and expansion of stem and progenitor cells.<sup>11</sup> Although BRCA1 differentiation therapy is not widely accepted to date, prospects may be favorable with further investigations.

Recent investigations into differences between breast CSCs have highlighted the role of microRNAs (miRNAs), which have been implicated in regulation of self-renewal and cell fate of breast cancer cells.<sup>104</sup> Although the detailed role of miRNAs in breast CSCs is out of the scope of this review, it is important to emphasize that noncoding molecules can have profound implications in cancer survival, maintenance, and progression.<sup>104</sup> *let-7* levels, for instance, are increased in differentiated cells and decreased in breast CSCs.<sup>104</sup> Ectopic delivery of *let-7* to breast CSCs can hinder proliferation and sphere formation and maintenance. As *let-7* is a key regulator of stem cell differentiation, it may hold therapeutic potential in differentiation therapy.<sup>104</sup> Other miRNAs may also be involved in breast CSC differentiation and maintenance of self-renewal. In a recent study, miRNA expression profiles of breast cancer cells and breast CSCs were determined. Both normal stem cells of the breast and breast CSCs were noted to downregulate miR-200c, which functions in suppressing tumor progression through inhibition of clonal expansion.<sup>105</sup> It has been suggested that normal stem cells and breast CSCs are subject to similar regulation by miRNAs.<sup>105</sup> Therapy that targets breast CSCs may therefore lead to normal breast stem cell toxicity. The similarities between miRNA profiles and the complexity of miRNA networks that govern both normal stem cell and breast CSCs survival may pose challenges to developing targeted therapy. These hurdles can be overcome through first understanding the basic science prior to implementation of potential therapy in the clinic.

Prospects on differentiation therapy as a treatment modality for cancer is not limited to breast cancer, as vitamin D has been used in differentiation therapy for cancers of the colon, bone, and blood.<sup>106</sup> For instance, miRNAs have been proposed as a method to induce differentiation in rhabdomyosarcoma.<sup>37</sup> In addition, cell differentiation agent 2 (Cda-2) has been shown to inhibit glioblastoma proliferation through differentiation.<sup>107</sup>

Nanotechnology is emerging as a new tool for localizing and targeting breast cancer and as an addendum to current genomics and proteomic methods.<sup>108</sup> Nanoparticles are comprised of entities such as quantum dots, which can be beneficial to cancer cell detection.<sup>109</sup> Immunoglobulin-conjugated quantum dots have been used to identify HER2<sup>+</sup> breast cancer cells.<sup>109</sup> Quantum dots have been shown to be more

stable and more fluorescent than traditional organic dyes used in cell biology.<sup>109</sup> Breast cancer biomarkers such as erbB2 and Ki-67 have been shown to be detected by nanoprobe.<sup>110</sup> Nanoparticle vectors can also effectively target breast cancer cells and aid in delivery of anticancer agents.<sup>111</sup> These findings represent only a few examples that emphasize in the increasingly important role of emerging technology in breast cancer biology. Further investigations into biotechnology are needed before nanotechnology becomes a key player in breast cancer cell tracking.

In order to achieve successful targeted therapy, a thorough investigation into the differences between breast CSC and normal mammary cells must be performed. Robust analysis of the basic science must precede clinical trials. Current treatment modalities such as chemotherapy, radiation, immunotherapy, and surgery for breast cancer are somewhat effective, but when one considers their limitations, treatments can be improved based on their current toxicity and the development of resistance.<sup>5,92</sup> The introduction of oncolytic adenoviral therapy for breast cancer represents a new modality that may hold the answer to these challenges, and current positive findings merit further investigation as this may be an effective modality. The idea of viral oncolysis is currently in its infancy but, given that this mode of therapy is now in clinical trials, it may have promising potential for treatment of malignancy.<sup>91</sup> Differentiation therapy holds promise based on its success in hematological malignancies and *in vitro* demonstrations of its effectiveness in breast cancer.<sup>103</sup> Another interesting but weakly supported treatment modality for breast cancer is the use of peptide-derived vaccines.<sup>112</sup> The basis for this treatment is that breast tumors are immunogenic and express various surface antigens.<sup>112</sup> Nonetheless, the evidence is limited in this arena of treatment.<sup>112</sup> The implementation of effective targeted therapy for breast cancer is complicated by the requirement that both the CSC and non-CSC populations must be effectively eliminated. The challenge is that signal transduction mechanisms that maintain the cellular survival could be distinct between the two subsets. Dynamics of gene networks and microenvironmental factors that regulate tumor progression in breast cancer must be considered while investigating therapeutic targets and developing new modalities of therapy.

## Summary and conclusions

The field of breast cancer biology is rapidly developing as scientists gain knowledge about the molecular underpinnings of breast CSCs. Although a consensus on the origins

of the breast CSCs remains to be achieved, it is important to entertain the possibility that different types of breast cancer may originate from different elements of the breast. Establishment of a uniform definition of the breast CSC may not be in the best interest of the field. Further complicating the picture is that the interplay among various molecular pathways, including Wnt, PI3K/Akt, Hedgehog, and Notch, may be responsible for survival and propagation of breast cancer cells. Microenvironmental factors can adversely influence breast cancer progression by facilitating escape from immune surveillance, providing support via soluble factors and physical contact, and regulating epigenetic changes that lead to enhanced growth. The link between EMT, the CSC hypothesis, and side populations becomes stronger as commonalities are discovered among these ideas. Although many new treatment modalities such as oncolytic viral therapy, differentiation therapy, and nanotechnology have been designed, they are all met with challenges that currently prevent clinical success. Given the complexity of breast cancer biology, further investigations into the basic science of these cells will be necessary prior to the development of successful therapy.

## Disclosures

The authors report no conflicts of interest in this work.

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