

# Gestational Intranasal Exposure to Silicon Dioxide Nanoparticles in Rats

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**Background:** Silicon dioxide nanoparticles (SiO<sub>2</sub>NPs) are among the most widely manufactured nanomaterials, used in diverse industrial, pharmaceutical, and consumer products. Although the respiratory tract represents one of the major routes of human exposure, the potential reproductive and developmental toxicity of SiO<sub>2</sub>NPs via respiratory exposure remains poorly characterized.

**Methods:** This study investigated the maternal and developmental toxicity of SiO<sub>2</sub>NPs in pregnant Sprague-Dawley rats. Pregnant animals were intranasally administered SiO<sub>2</sub>NPs once daily during gestation day (GD) 6 to 20 at doses of 0, 2, 6, and 20 mg/animal, followed by caesarean section on GD 21.

**Results:** Treatment-related changes were observed in the respiratory tract, appearing as mild inflammatory and regenerative alterations. No mortality or systemic maternal toxicity was observed, and evaluation of caesarean section parameters and fetal morphology demonstrated no evidence of adverse developmental effects.

**Conclusion:** Repeated intranasal exposure to SiO<sub>2</sub>NPs during pregnancy induced localized histopathological changes in the respiratory tract, with no evidence of systemic maternal or embryo-fetal toxicity at the assessed endpoints under the present experimental conditions. These findings provide experimental data relevant to the assessment of respiratory exposure to SiO<sub>2</sub>NPs during pregnancy; however, further studies are warranted considering the diverse properties of nanoparticles and the potential for varied exposure scenarios.

**Keywords:** silicon dioxide nanoparticles, developmental toxicity, maternal toxicity, nanotoxicology

## Introduction

Silicon dioxide nanoparticles (SiO<sub>2</sub>NPs) are among the most widely manufactured nanomaterials, with uses extending across industrial and biomedical fields. The chemical stability, biocompatibility, and intrinsic surface chemistry of SiO<sub>2</sub>NPs have enabled incorporation as functional additives in food and pharmaceutical formulations, as well as in catalytic and environmental systems.<sup>1-3</sup> In parallel with these expanding applications, global production and commercial use of SiO<sub>2</sub>NPs have increased substantially, with recent market analyses estimating a global value of approximately USD 1.01 billion in 2024 and projecting growth to USD 3.65 billion by 2033.<sup>4</sup> The rapid growth in production and utilization highlights the growing need to assess potential impacts on human health.

Toxicological concerns have emerged, leading to extensive research investigating the biological hazards of SiO<sub>2</sub>NPs. Numerous in vitro studies have demonstrated that SiO<sub>2</sub>NPs induce cytotoxicity through the excessive generation of reactive oxygen species (ROS), resulting in oxidative stress, mitochondrial dysfunction, inflammation, and apoptotic cell

death.<sup>5,6</sup> These toxic responses have been consistently observed across multiple cell types, including lung epithelial cells, macrophages, and other mammalian cell lines. Additionally, *in vivo* investigations have confirmed that SiO<sub>2</sub>NPs exposure elicits oxidative injury, inflammatory cell infiltration, and tissue abnormalities in multiple organs such as the brain,<sup>7</sup> cardiovascular system,<sup>8</sup> lung,<sup>9</sup> liver,<sup>10</sup> and kidney.<sup>11</sup> Hong et al<sup>12</sup> reported that single intratracheal exposure to SiO<sub>2</sub>NPs (surface area 640 m<sup>2</sup>/g, 6.25, 12.5, and 25 mg/animal) or microscale SiO<sub>2</sub> particles (1–5 μm, 25 mg/animal) induced lung inflammation and fibrosis in rats. Boudard et al<sup>13</sup> reported that long-term oral exposure to SiO<sub>2</sub>NPs (20 nm, 30 mg/L in drinking water for 18 months) led to silica accumulation and histopathological lesions in the kidneys and liver of mice. It is worth noting, however, that not all studies report toxicity. Some investigations have found mild to no adverse effects under certain exposure conditions. Ninety-day dermal exposure to 20 nm SiO<sub>2</sub>NPs (500, 1000, and 2000 mg/kg) demonstrated no systemic toxicity in rats.<sup>14</sup> Single intravenous administration of 150 nm SiO<sub>2</sub>NPs (1, 2.5, 5, 10, 100, 200, and 300 mg/kg) caused no mortality, clinical abnormalities, or histopathological changes in mice.<sup>15</sup> These divergent findings emphasize the importance of conducting *in vivo* studies under controlled and well-characterized experimental conditions.

Variability in reported toxic effects of SiO<sub>2</sub>NPs is often attributable to differences in particle properties and exposure scenarios. Factors such as particle size, agglomeration state, surface chemistry, dose, and route of exposure can critically influence the biological response.<sup>16–18</sup> These factors likely contribute to the inconsistent toxicity findings reported across previous studies. Among these, the route of exposure deserves particular attention, as human contact with nanoparticles can occur through multiple pathways, including inhalation, ingestion, dermal contact, or injection.<sup>19,20</sup> Notably, respiratory exposure is considered a major route of concern, especially under environmental and workplace settings.<sup>21</sup> Song et al<sup>22</sup> reported the presence of 20 nm SiO<sub>2</sub>NPs in the lungs of printing factory workers, detected in macrophages and within the pulmonary vascular system. SiO<sub>2</sub>NPs primarily accumulate in the respiratory tract, and smaller particles may translocate across the alveolar–capillary barrier, leading to systemic distribution.<sup>5,23</sup> In this context, intranasal administration is considered a relevant experimental approach to mimic respiratory exposure and to evaluate both local and systemic effects of SiO<sub>2</sub>NPs under controlled conditions.

Previous studies have primarily focused on systemic effects of SiO<sub>2</sub>NPs, leaving reproductive and developmental aspects underexplored. This gap is particularly important because pregnancy is a unique physiological state that can alter susceptibility to nanoparticle exposure. The ability of nanoparticles to cross the placental barrier and reach the fetus raises the possibility of direct or indirect effects on fetal development.<sup>24–26</sup> Supporting this concern, experimental studies have reported developmental abnormalities following SiO<sub>2</sub>NPs exposure. For example, in the frog embryo developmental toxicity assay, SiO<sub>2</sub>NPs exhibited teratogenic effects, inducing malformations and elevated ROS production.<sup>27</sup> In mice, prenatal dietary exposure to food-grade SiO<sub>2</sub>NPs (S200, approximately 10–30 nm, 225 and 5000 mg/kg) resulted in fetal loss and inflammation in both maternal and fetal livers, accompanied by broad DNA methylation changes.<sup>28</sup> In addition, prenatal intravenous exposure to SiO<sub>2</sub>NPs caused female offspring-specific subfertility through disrupted meiotic recombination and oocyte apoptosis in mice.<sup>29</sup> Conversely, several studies consistently reported an absence of reproductive or developmental toxicity after SiO<sub>2</sub>NPs exposure.<sup>30,31</sup> Together, these conflicting results underscore the need for further investigations to clarify the reproductive and developmental risks of SiO<sub>2</sub>NPs under realistic exposure conditions.

Therefore, this study was designed to comprehensively evaluate the maternal and developmental toxicity of SiO<sub>2</sub>NPs following repeated intranasal exposure during pregnancy in rats. Pregnant Sprague-Dawley rats were administered SiO<sub>2</sub>NPs intranasally once daily from gestation day (GD) 6 to 20 at doses of 0, 2, 6, and 20 mg/animal. Detailed assessments of maternal clinical observations, histopathological examinations including the respiratory system, and embryo-fetal developmental endpoints were conducted. To ensure relevance for human health risk assessment, the study design was informed by the international regulatory authorities test guidelines on the toxicity<sup>32</sup> from a regulatory toxicology standpoint. The results of this study deepen the current understanding of SiO<sub>2</sub>NP-induced reproductive vulnerability, providing evidence to support route-aware safety evaluations.

## Materials and Methods

### SiO<sub>2</sub>NPs and Physicochemical Characterization

SiO<sub>2</sub>NPs (nanopowder, 99.5% purity) were sourced from Sigma-Aldrich (USA). According to the supplier's specifications, their nominal primary particle size was 15 nm. Additional physicochemical characterization of the SiO<sub>2</sub>NPs was conducted in our previous study, and the same batch was used in the present work to ensure consistency of the results.<sup>33</sup> Briefly, the primary particle size and morphology were confirmed by transmission electron microscopy (TEM, JEM-2100F, JEOL, Japan), and elemental composition and purity were verified by energy-dispersive X-ray spectroscopy (EDS; Oxford Instruments, UK). The hydrodynamic diameter in the vehicle was measured using dynamic light scattering (DLS; ELS-8000, Otsuka Electronics, Japan), confirming that the particles were present as a suspension in saline.

In our previous study, the SiO<sub>2</sub>NPs exhibited an amorphous morphology with a mean primary size of  $13.6 \pm 5.6$  nm and a hydrodynamic diameter of approximately 421.3 nm when suspended in saline (6 mg/mL), indicating the formation of agglomerates in the vehicle.

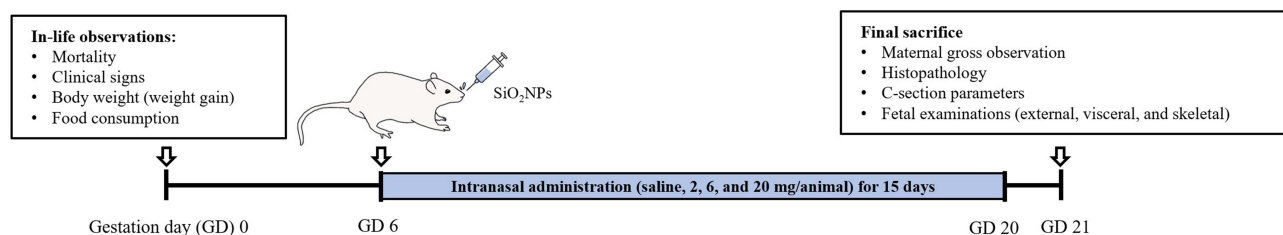
### Animals and Housing

Sprague-Dawley rats (CrI:CD(SD), specific-pathogen-free; Orient Bio, Republic of Korea) were obtained at approximately 9 weeks of age. Animals were acclimated for 5 days, and animals without clinical abnormalities were subsequently used for mating. Females were mated 1:1 with males overnight. Sperm positive vaginal smears marked gestation day (GD) 0. Each confirmed pregnant female was housed individually in a polysulfone cage (W×L×H; 260×420×180 mm<sup>3</sup>) containing sterilized aspen bedding and enrichment items. Environmental parameters were controlled at approximately 20–26°C, with 30–70% humidity, 150–300 Lux, 10–20 times/h ventilation, and a 12-h light/dark cycle. Irradiated standard rodent diet (PMI Nutrition International, USA) and UV-sterilized tap water were available *ad libitum*. Group allocation occurred on GD 0 using body-weight-based randomization to balance means across groups.

All experimental procedures were conducted at the Korea Institute of Toxicology (KIT), an AAALAC International-accredited facility operating under Good Laboratory Practice (GLP) standards. The study received prior approval from the Institutional Animal Care and Use Committees (IACUC) of KIT (Approval No. 2112–0060) based on the Animal Protection Act of Korea and the Guide for the Care and Use of Laboratory Animals.<sup>34</sup> This study was performed in a GLP-compliant facility and under standard operating procedures, although this investigation was designated as non-GLP for exploratory research.

### Experimental Design and Dose Preparation

Forty-eight female SD rats were assigned to four groups, consisting of a vehicle control and three SiO<sub>2</sub>NPs exposure groups (12 mating-proven females per group). A brief overview of the experimental design and dosing schedule is illustrated in Figure 1. Doses of 2, 6, and 20 mg/animal were administered using formulations prepared at concentrations of 20, 60, and 200 mg/mL, respectively. The dose levels were selected based on the maximum feasible dose for intranasal administration in rats. This was determined considering both the maximum administrable volume (approximately 100 µL per animal), which is commonly used in rodent intranasal studies, and the highest concentration at which SiO<sub>2</sub>NPs could be stably dispersed in the vehicle. In a preliminary dose range-finding study, no treatment-related effects on clinical signs, body



**Figure 1** Schematic representation of the study design.

weight, food consumption, or organ weights were observed up to 20 mg/animal. The lower dose levels were set using an approximately three-fold geometric spacing. Animals in the vehicle control group received sterile saline alone using the same intranasal dosing procedure and volume. From GD 6 to 20, each female received once-daily intranasal administration under light isoflurane anesthesia. A total volume of 100  $\mu$ L was given per animal, equally divided into 50  $\mu$ L per nostril. Test formulations were freshly prepared each day by dispersing SiO<sub>2</sub>NPs in sterile saline. The high dose concentration (200 mg/mL) was prepared first and sonicated for 8 minutes at 25% amplitude using an ultrasonic processor (VC 505, Sonics & Materials Inc., USA) and subsequently diluted with saline to obtain the middle- and low-dose formulations. All suspensions were maintained under gentle magnetic stirring until administration to ensure homogeneity.

## Maternal Clinical Observations and Measurements

Mortality and morbidity were monitored twice daily, at the beginning and end of routine animal room procedures. Clinical observation, including changes in appearance and behavior, was conducted once daily during the pre-dosing period and twice daily (before and after dosing) during the dosing period. Particular attention was paid to detecting signs of premature parturition or abortion throughout gestation. Maternal body weight and food consumption were recorded on GD 0, 6, 9, 12, 15, 18, and 21.

At termination on GD 21, all surviving females were euthanized by CO<sub>2</sub> inhalation and subjected to a complete gross necropsy. Careful examination was directed toward the thoracic and abdominal cavities, with special inspection of reproductive organs and any macroscopic abnormalities. Gravid uterine weight was recorded to calculate the corrected terminal weight (body weight on GD 21 – gravid uterine weight) and the net body weight change (corrected terminal body weight – body weight on GD 6). Absolute and relative organ weights were determined for adrenal glands, brain, heart, kidneys, liver, lungs, spleen, and thymus.

## Histopathological Assessment

Maternal tissues, including the brain, liver, kidneys, adrenal glands, heart, lungs, nasal cavity, trachea, larynx, spleen, thymus, lymph node (the hilar region of the lung) and placenta, were preserved in 10% neutral buffered formalin for histopathological evaluation. To ensure a detailed assessment of respiratory toxicity, airway tissues were trimmed according to multilevel criteria: the larynx at three levels including the base of the epiglottis; the lungs at a single plane encompassing all lobes and the main bronchi; the nasal cavity at a minimum of four levels, one of which included the nasopharyngeal duct, teeth, and nasal associated lymphoid tissue; and the trachea at two levels comprising one longitudinal and one transverse section. The fixed tissues were processed routinely, embedded in paraffin, sectioned, and stained with hematoxylin and eosin (H&E), and examined under a light microscope. Histopathological assessment was conducted by an experienced toxicologic pathologist. Although blinding was not implemented, the assessments were performed in an objective and consistent manner. Histopathological evaluations were initially performed in vehicle control and high-dose groups. When treatment-related lesions were observed in the high-dose group, the same organs from the low- and mid-dose groups were subsequently examined to determine whether a dose–response relationship was present.

## Caesarean Section and Developmental Parameters

On GD 21, all females underwent caesarean section for developmental parameters assessment. The ovaries and uterine horns were examined to determine the number of corpora lutea, implantation sites, and the status of each implantation (live fetus, dead fetus, and early or late resorption). Pre-implantation loss, post-implantation loss, and fetal death rates were calculated. Each live fetus was weighed and sexed, and each placenta was weighed and examined macroscopically.

## Fetal Birth Defect Examinations

All live fetuses obtained at caesarean section were subjected to a comprehensive morphological evaluation for birth defect detection. Immediately after removal from the uterus, each fetus was inspected externally for abnormalities. Within each litter, fetuses were sequentially numbered along the uterine horns, with odd-numbered fetuses proceeding for skeletal evaluation and even-numbered fetuses for visceral assessment. For visceral examination, fetuses were fixed in Bouin's solution and sectioned using established methods: the head was examined using the modified Wilson's method,

thoracic organs by Nishimura's method, and abdominal viscera by Staples's method.<sup>35–37</sup> For skeletal examination, the remaining fetuses were fixed with 70% ethanol, cleared with potassium hydroxide, and stained with alizarin red using modified Dawson's method.<sup>38</sup> Fetal morphological findings were categorized by severity as either variations or malformations and reported using the descriptive terminology for abnormalities in common laboratory animal models.<sup>39</sup>

## Statistical Analysis

Statistical analyses were performed using Statistical Analysis software (SAS Institute Inc., Cary, NC, USA) and the Prisma System (Xybio Medical System, USA), as described in our previous studies.<sup>40,41</sup> All data are presented as mean  $\pm$  standard deviation (SD). The litter was used as the experimental unit for all statistical analyses. Homogeneity of variance was assessed using Bartlett's test. For data with homogeneous variances, one-way analysis of variance (ANOVA) was performed, followed by Dunnett's test for comparisons between the control and treated groups. For data with heterogeneous variances, the Kruskal–Wallis test was used, followed by Dunn's rank sum test for pairwise comparisons. One-way analysis of covariance (ANCOVA) was applied to fetal and placental weight data, with litter size included as a covariate. A p-value  $< 0.05$  was considered statistically significant.

## Results

### Maternal Health Examinations

#### General Clinical Sign Observations

All female rats survived throughout the study without any unscheduled deaths or moribund conditions. During clinical monitoring conducted throughout the dosing and observation periods, no treatment-related abnormalities were observed in any group. Although sporadic minor fur loss on the forelimbs occurred in a few females from the control and low-dose groups, these changes lacked dose dependency and were regarded as spontaneous findings.

#### Body Weight and Food Consumption

Maternal body weight and body weight gain were unaffected by treatment, with no significant differences across groups throughout gestation (Figure 2). Food consumption was comparable between the treated and control group animals (Table 1). Although minor intergroup fluctuations were occasionally observed, they showed no dose-related trends and were considered incidental and within the range of normal biological variation.

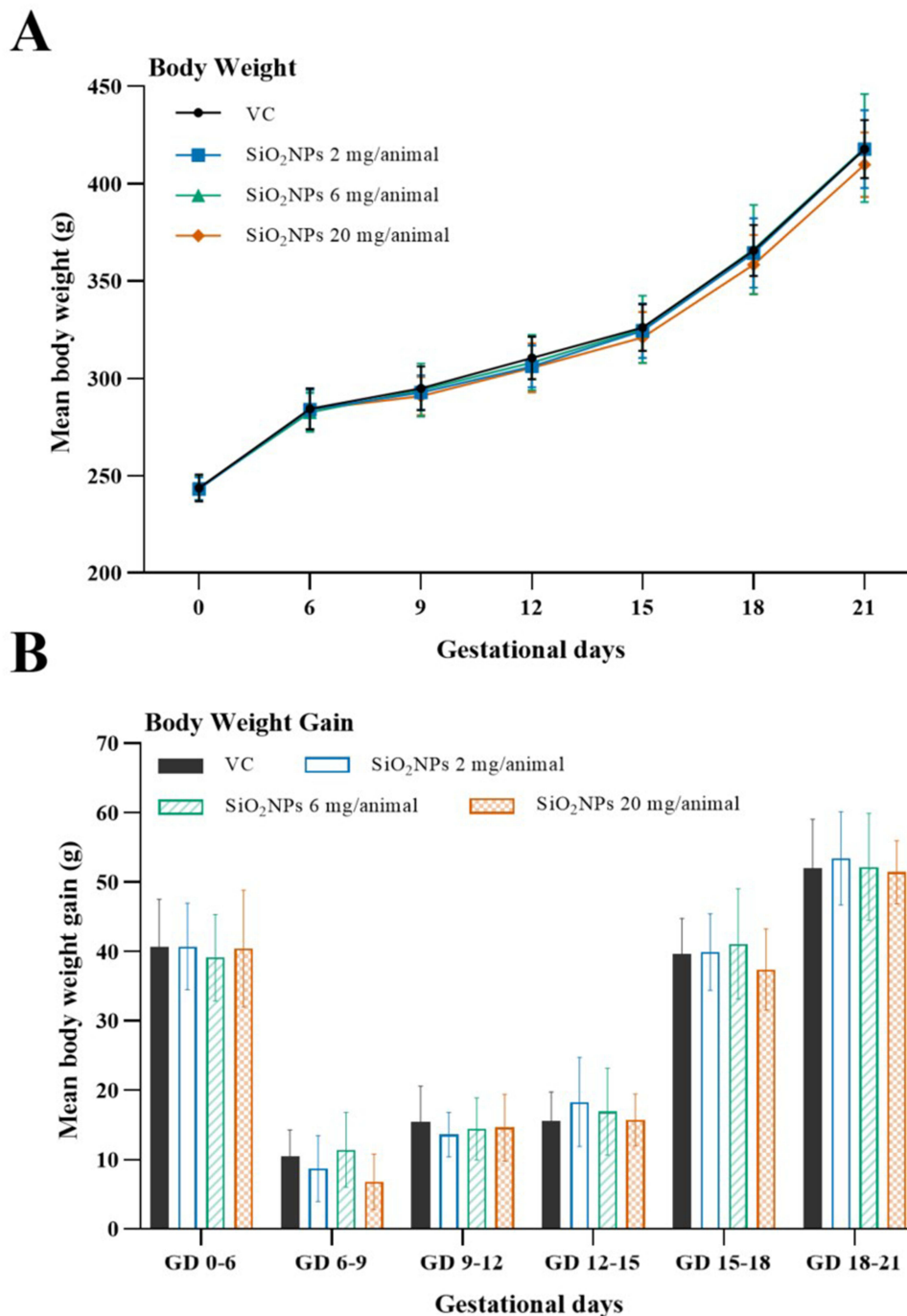
#### Organ Weight and Macroscopic Findings

No treatment-related macroscopic abnormalities were observed at scheduled necropsy. A single minimal focal liver scar was noted in one control female and considered incidental, consistent with spontaneous background lesions. Absolute organ weights for all major organs did not differ among groups, with sporadic variations without dose dependency (Table 2). Relative organ weights, expressed as a percentage of terminal body weight, were likewise unaffected.

#### Maternal Histopathology

Microscopic examination revealed that the primary SiO<sub>2</sub>NPs-related effects were localized to the respiratory tract. Histopathological abnormalities in the nasal cavity, lungs, and trachea are presented in Table 3. In the nasal cavity, erosion, transitional epithelium hyperplasia, mucous cell hyperplasia/metaplasia, neutrophilic infiltration, and regeneration were observed. Erosion was observed in all treated groups. Transitional epithelium hyperplasia was confined to level 1 (the posterior part of the incisors) and was observed only in the mid- and high-dose groups, with mucosal thickening at the lateral meatus. Mucous cell hyperplasia/metaplasia was evident in all treated groups, predominantly at level 1 in the low- and mid-dose groups. In contrast, in the high-dose group, it was mainly observed at levels 3 (second palatine crest) and 4 (first molar teeth), accompanied by an increased number of mucous cells compared with controls. Neutrophilic infiltration was noted in all treated groups, with the highest incidence in the high-dose group. Regeneration was primarily observed at level 2 (incisive papilla) across all dose groups and was characterized by basophilic cytoplasm, epithelial thickening, and an irregular luminal contour.

In the lungs, SiO<sub>2</sub>NPs-related lesions consisted mainly of granulomatous inflammation and necrosis/infiltrate of macrophages. Granulomatous inflammation occurred predominantly in the mid- and high-dose groups, with macrophages



**Figure 2** Maternal body weight (A) and body weight gain (B) during gestation in rats intranasally exposed to SiO<sub>2</sub>NPs. Pregnant rats were administered 0, 2, 6, and 20 mg/animal/day via intranasal administration from gestation day (GD) 6 to 20. Maternal body weight was measured on GD 0, 6, 9, 12, 15, 18, and 21, and body weight gain (mean  $\pm$  SD, n = 12 per group) was calculated for each interval. VC, vehicle control.

and mononuclear cells distributed in periductal and perivascular patterns. Necrosis with macrophage infiltration was observed across treated groups in a dose-dependent manner, involving focal to multifocal alveolar lesions with eosinophilic pneumocyte cytoplasm and loss of cellular detail. Epithelial regeneration in the terminal bronchioles was occasionally observed; however, the change showed no apparent relationship to SiO<sub>2</sub>NPs exposure. In the trachea, slight mucosal regeneration was observed only in a single high-dose animal, characterized by increased mucosal thickness with basophilic cytoplasm and infiltration of neutrophils. Representative histopathological abnormalities are shown in Figure 3.

**Table 1** Food Consumption of Intranasally SiO<sub>2</sub>NPs-Exposed Pregnant Females During Pregnancy

	Silicon Dioxide Nanoparticles (mg/animal)			
	Vehicle Control	2	6	20
<b>Number of pregnant females</b>	12	12	12	12
<b>Food consumption (g/animal/day)</b>				
Gestation day 0–6	24.4 ± 2.34	23.5 ± 1.29	23.8 ± 2.00	24.6 ± 3.89
Gestation day 6–9	26.3 ± 2.26	25.2 ± 1.93	24.8 ± 2.07	24.8 ± 2.53
Gestation day 9–12	25.4 ± 2.31	24.4 ± 2.25	24.4 ± 2.21	24.5 ± 2.98
Gestation day 12–15	26.7 ± 2.79	26.6 ± 1.80	25.9 ± 2.20	26.4 ± 2.40
Gestation day 15–18	27.8 ± 3.27	27.6 ± 1.84	27.5 ± 2.33	27.3 ± 2.58
Gestation day 18–21	29.0 ± 4.45	27.8 ± 1.68	27.6 ± 2.76	27.3 ± 2.23
Gestation day 6–21 (treatment period)	27.0 ± 2.37	26.3 ± 1.55	26.0 ± 1.99	26.0 ± 2.32

**Note:** Values are presented as mean ± standard deviation.

**Table 2** Absolute and Relative Organ Weights of Intranasally SiO<sub>2</sub>NPs-Exposed Pregnant Females During Pregnancy

		Silicon Dioxide Nanoparticles (mg/animal)			
		Vehicle Control	2	6	20
Number of pregnant females		12	12	12	12
Terminal body weight (g)		412.7 ± 14.84	413.0 ± 19.72	414.8 ± 27.50	405.4 ± 16.82
Adrenal glands	Absolute (g)	0.085 ± 0.0130	0.081 ± 0.0070	0.077 ± 0.0093	0.084 ± 0.0134
	Relative <sup>a</sup> (%)	0.0207 ± 0.00346	0.0196 ± 0.00141	0.0185 ± 0.00175	0.0206 ± 0.00296
Brain	Absolute (g)	1.901 ± 0.1050	1.934 ± 0.0902	1.948 ± 0.0638	1.973 ± 0.0976
	Relative (%)	0.4611 ± 0.03000	0.4689 ± 0.02313	0.4714 ± 0.03259	0.4871 ± 0.02667
Heart	Absolute (g)	1.010 ± 0.1011	1.030 ± 0.0715	1.008 ± 0.1089	1.034 ± 0.1051
	Relative (%)	0.2447 ± 0.02307	0.2499 ± 0.02106	0.2438 ± 0.02898	0.2552 ± 0.02566
Kidneys	Absolute (g)	2.213 ± 0.2072	2.236 ± 0.2051	2.200 ± 0.1491	2.244 ± 0.2030
	Relative (%)	0.5362 ± 0.04617	0.5413 ± 0.04126	0.5318 ± 0.04331	0.5534 ± 0.04224
Liver	Absolute (g)	14.675 ± 1.4948	14.898 ± 1.2852	14.872 ± 1.7257	14.905 ± 1.2865
	Relative (%)	3.5507 ± 0.26725	3.6085 ± 0.26875	3.5855 ± 0.34726	3.6773 ± 0.28186
Lung	Absolute (g)	1.187 ± 0.0732	1.234 ± 0.1081	1.278 ± 0.1029	1.229 ± 0.1176
	Relative (%)	0.2877 ± 0.01678	0.2989 ± 0.02407	0.3089 ± 0.02669	0.3031 ± 0.02596
Spleen	Absolute (g)	0.590 ± 0.1019	0.606 ± 0.0929	0.641 ± 0.0898	0.610 ± 0.1067
	Relative (%)	0.1429 ± 0.02350	0.1468 ± 0.02159	0.1548 ± 0.02095	0.1503 ± 0.02478
Thymus	Absolute (g)	0.354 ± 0.0526	0.344 ± 0.0635	0.415 ± 0.0890	0.378 ± 0.0760
	Relative (%)	0.0858 ± 0.01284	0.0831 ± 0.01407	0.0999 ± 0.01946	0.0931 ± 0.01649

**Notes:** <sup>a</sup>Organ weight/terminal body weight ratio. Values are presented as mean ± standard deviation.

No treatment-related histopathological changes were identified in other organs. Minimal findings in visceral tissues were sporadic and showed no consistent dose-related patterns. In the kidney, occasional minimal tubular and interstitial changes were seen only in control and high-dose group animals and were regarded as incidental. Similarly, in the liver, minimal fibrosis and mononuclear cell infiltration were confined to the control and high-dose groups, without dose dependency, and were interpreted as background lesions. The placenta showed an isolated minimal mineralization in a single high-dose group female and was considered spontaneous.

## Caesarean Section and Fetal Birth Defect Examinations

### Caesarean Section and Gravid Uterine Weight

No treatment-related changes were observed in gravid uterine weight, corrected maternal body weight, or net body weight changes (Table 4). Caesarean section outcomes, including corpora lutea, implantation, early and late resorption,

**Table 3** Histopathological Respiratory Abnormalities of Intranasally SiO<sub>2</sub>NPs-Exposed Pregnant Females During Pregnancy

Groups		Silicon Dioxide Nanoparticles (mg/animal)			
		Vehicle Control	2	6	20
Number of pregnant females		12	12	12	12
Nasal cavity	Erosion				
	Grade 1	0	3	1	4
	Grade 2	0	0	1	0
	Erosion, Level 1 <sup>a</sup>				
	Grade 1	0	3	1	3
	Erosion, Level 2				
	Grade 1	0	0	1	1
	Erosion, Level 3				
	Grade 1	0	0	1	0
	Hyperplasia, Transitional epithelium, Level 1				
	Grade 1	0	0	4	7
	Hyperplasia/metaplasia, Mucous cell				
	Grade 1	0	5	6	4
	Grade 2	0	0	0	7
	Hyperplasia/metaplasia, Mucous cell, Level 1				
	Grade 1	1	5	6	1
	Hyperplasia/metaplasia, Mucous cell, Level 2				
	Grade 1	0	0	0	2
	Hyperplasia/metaplasia, Mucous cell, Level 3				
	Grade 1	0	1	0	6
	Hyperplasia/metaplasia, Mucous cell, Level 4				
	Grade 1	0	0	0	10
	Infiltrate, Neutrophil				
	Grade 1	0	4	6	6
	Grade 2	0	0	0	2
	Infiltrate, Neutrophil, Level 1				
	Grade 1	0	2	3	6
	Grade 2	0	0	0	1
	Infiltrate, Neutrophil, Level 2				
	Grade 1	0	1	1	2
	Grade 2	0	0	0	1
	Infiltrate, Neutrophil, Level 3				
	Grade 1	0	1	0	3
	Infiltrate, Neutrophil, Level 4				
	Grade 1	0	0	2	0
	Regeneration				
	Grade 1	0	6	9	6
	Grade 2	0	0	2	3
	Regeneration, Level 2				
	Grade 1	1	6	11	9
Regeneration, Level 3					
Grade 1	0	0	1	2	
Regeneration, Level 4					
Grade 1	0	0	1	1	
Trachea	Regeneration				
	Grade 2	0	0	0	1

(Continued)

**Table 3** (Continued).

Groups		Silicon Dioxide Nanoparticles (mg/animal)			
		Vehicle Control	2	6	20
Lung with bronchi	Infiltrate, Mixed cell				
	Grade 2	0	0	1	0
	Infiltrate, Mononuclear cell				
	Grade 1	1	1	3	0
	Inflammation, Granulomatous				
	Grade 1	0	0	2	2
	Grade 2	0	0	1	0
	Macrophage, Increased				
	Grade 1	5	4	5	5
	Grade 2	0	0	2	1
	Metaplasia, Osseous				
	Grade 1	2	1	0	2
	Necrosis/infiltrate, Macrophage				
	Grade 1	1	4	4	4
	Grade 2	0	0	1	1
	Grade 3	0	0	0	1
	Neuroepithelial bodies				
	Present	0	1	0	0
	Regeneration, Epithelium, Terminal bronchiole				
	Grade 1	0	1	2	1
Tingible body macrophage, Increased, BALT					
Grade 1	0	1	0	0	

**Notes:** Grade 1: minimal, Grade 2: slight, Grade 3: moderate, Grade 4: severe. <sup>a</sup>The nasal cavity was trimmed at four standardized levels: Level 1: posterior part of incisors, Level 2: incisive papilla, Level 3: second palatine crest, Level 4: first molar teeth.

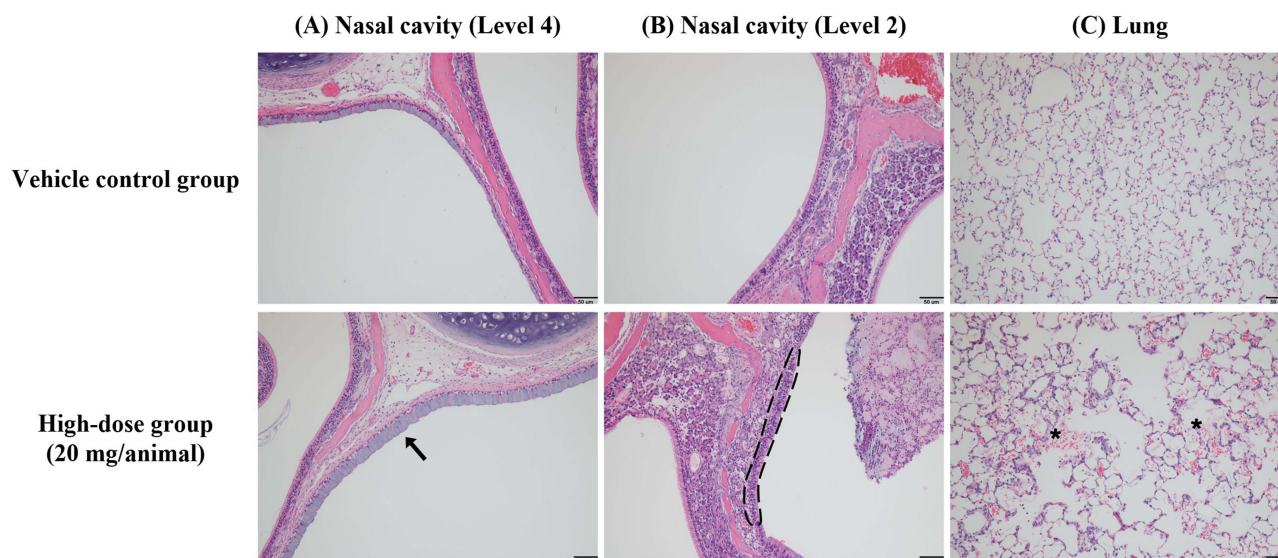
fetal deaths, and live fetuses, sex ratio, implantation loss, fetal weight, and placental weight, showed no treatment-related differences among groups (Table 5).

### Fetal Birth Defect Examinations

No treatment-related external or visceral malformations were observed (Table 6). External variations were limited to a single case of thread-like tail in one fetus from the mid-dose group, which was considered incidental. Visceral variations, such as thymic cords and convoluted or dilated ureters, occurred sporadically across all groups, including controls, without dose dependency and were within the expected background range. Skeletal variations, such as supernumerary ribs and incomplete ossification of the skull or vertebrae, were observed at similar incidences in control and treated groups, with no dose-related trends. A single case of short rib was noted in one high-dose fetus but was regarded as incidental (Table 7).

## Discussion

The expanding use of SiO<sub>2</sub>NPs in industrial, biomedical, and food applications has increased the potential for human exposure.<sup>2,5,42</sup> This concern becomes particularly relevant during pregnancy, as inhaled nanoparticles may affect maternal health and potentially reach the developing fetus. Although placental transfer of nanoparticles has been demonstrated, evidence regarding the reproductive and developmental toxicity of SiO<sub>2</sub>NPs via respiratory exposure remains limited.<sup>43,44</sup> Most previous studies have focused on oral or intravenous administration, with fewer examining inhalation-related outcomes. To fill this gap, we evaluated the effects of repeated intranasal SiO<sub>2</sub>NPs administration from GD 6 to 20 in pregnant rats, employing a regulatory perspective with comprehensive maternal and embryo-fetal endpoints. The primary finding of this study is that SiO<sub>2</sub>NPs induced localized pathological changes in the respiratory tract, with no evidence of systemic maternal or embryo-fetal toxicity at the measured endpoints under the present experimental conditions.



**Figure 3** Representative histopathological findings in the respiratory tract of pregnant rats intranasally exposed to SiO<sub>2</sub>NPs. **(A)** Nasal cavity, Level 4 (trimmed at the first molar teeth): mucous cell hyperplasia and metaplasia (arrow) at the nasopharyngeal meatus, characterized by increased mucosal thickness. **(B)** Nasal cavity, Level 2 (trimmed at the incisive papilla): epithelial regeneration (dotted line) at the dorsal nasal meatus, characterized by thickened basophilic epithelial cells and irregular mucosal surface. **(C)** Lung: focal necrosis with macrophage infiltration (asterisks) at the alveolar wall. H&E staining; scale bars = 50 μm.

Histopathological examination revealed that the most distinct changes were localized to the respiratory tract. In the nasal cavities, lesions included epithelial damage with inflammatory cell infiltration and subsequent hyperplastic and regenerative changes in a dose-dependent manner. In the lungs, macrophage infiltration, necrosis, and granulomatous inflammation were evident. The findings align with previous reports of respiratory tract alterations following intranasal or inhalation exposure to silica nanoparticles. Yoshida et al<sup>45</sup> showed that intranasally administered silica nanoparticles localized to the nasal mucosa with associated inflammatory cell aggregation, and Park et al<sup>46</sup> reported acute airway inflammation characterized by epithelial thickening and inflammatory cell infiltration after 3-day intranasal exposure. Consistently, sub-chronic inhalation studies in rats reported inflammation with granuloma formation,<sup>47</sup> whereas an intratracheal instillation model showed progression to fibrotic nodules after 56 days.<sup>48</sup> Collectively, these findings indicate that local deposition of SiO<sub>2</sub>NPs induces epithelial injury and inflammatory responses within the respiratory tract, ultimately leading to tissue remodeling processes.

The mechanisms underlying SiO<sub>2</sub>NPs-induced toxicity are thought to be closely associated with oxidative stress and inflammatory signaling. Once deposited onto airway surfaces, SiO<sub>2</sub>NPs interact with epithelial and immune cells, disturbing intracellular redox homeostasis and promoting excessive production of reactive oxygen species (ROS).<sup>49</sup> The elevated ROS promptly activate redox-sensitive pathways such as NF-κB and MAPK, inducing cytokine and chemokine release, amplifying local inflammatory responses.<sup>50,51</sup> Concurrently, the imbalance between ROS generation

**Table 4** Gravid Uterine Weight, Corrected Terminal Body Weight, and Net Body Weight Change of Intranasally SiO<sub>2</sub>NPs-Exposed Pregnant Females During Pregnancy

	Silicon Dioxide Nanoparticles (mg/animal)			
	Vehicle Control	2	6	20
Number of pregnant females	12	12	12	12
Gravid uterine weight (g)	103.4 ± 11.83	103.1 ± 11.60	106.3 ± 13.54	97.3 ± 10.29
Corrected terminal body weight <sup>a</sup> (g)	314.3 ± 17.19	314.7 ± 13.30	312.1 ± 17.48	312.5 ± 14.36
Net body weight change <sup>b</sup> (g)	29.9 ± 12.06	30.8 ± 6.74	29.6 ± 11.33	28.5 ± 8.17

**Notes:** Weight values are represented as mean ± standard deviation. <sup>a</sup>Body weight on GD 21 – gravid uterine weight. <sup>b</sup>Corrected terminal body weight – body weight on GD 6.

**Table 5** Caesarean Section Results of Intranasally SiO<sub>2</sub>NPs-Exposed Pregnant Females During Pregnancy

	Silicon Dioxide Nanoparticles (mg/animal)			
	Vehicle Control	2	6	20
Number of pregnant females	12	12	12	12
Corpora lutea (N)	15.5 ± 1.68	15.3 ± 1.72	15.8 ± 1.40	15.4 ± 1.51
Implantation (N)	15.0 ± 1.54	14.7 ± 1.67	15.2 ± 1.53	14.8 ± 1.64
Early resorption (N)	0.9 ± 1.00	0.7 ± 0.98	0.6 ± 0.67	1.3 ± 1.22
Late resorption (N)	0.1 ± 0.29	0.1 ± 0.29	0.1 ± 0.29	0.0 ± 0.00
Dead fetus (N)	0.0 ± 0.00	0.0 ± 0.00	0.0 ± 0.00	0.1 ± 0.29
Fetal death <sup>a</sup> (N)	1.0 ± 1.21	0.8 ± 1.06	0.7 ± 0.78	1.3 ± 1.30
Live fetus (N)	14.0 ± 1.91	13.9 ± 1.73	14.5 ± 1.45	13.5 ± 1.57
Sex ratio (% male)	50.9 ± 10.42	46.4 ± 15.12	47.4 ± 17.63	49.0 ± 18.27
Pre-implantation loss <sup>b</sup> (%)	3.1 ± 4.19	4.2 ± 5.00	4.1 ± 5.47	3.6 ± 6.94
Post-implantation loss <sup>c</sup> (%)	6.7 ± 8.46	5.0 ± 6.75	4.3 ± 4.98	8.7 ± 8.45
Fetal weight (g)	5.64 ± 0.27	5.69 ± 0.34	5.62 ± 0.26	5.60 ± 0.20
Covariate adjusted means	5.64	5.69	5.64	5.59
Placental weight (g)	0.51 ± 0.07	0.49 ± 0.04	0.47 ± 0.05	0.48 ± 0.04
Covariate adjusted means	0.51	0.49	0.47	0.47

**Notes:** <sup>a</sup>No. of resorptions/litter + No. of dead fetus/litter. <sup>b</sup>[(No. of corpora lutea/litter – No. of implantation/litter) / No. of corpora lutea/litter] × 100. <sup>c</sup>[(No. of implantation/litter – No. of live fetus/litter) / No. of implantation/litter] × 100. Values are presented as mean ± standard deviation.

**Table 6** Fetal External and Visceral Examinations of Intranasally SiO<sub>2</sub>NPs-Exposed Females During Pregnancy

	Silicon Dioxide Nanoparticles (mg/animal)			
	Vehicle Control	2	6	20
<b>Fetal external examination</b>				
Number of litters examined	12	12	12	12
Number of fetuses examined	168	167	174	162
Malformation				
Number of affected litters <sup>a</sup> (%)	0 (0)	0 (0)	0 (0)	0 (0)
Number of affected fetuses <sup>b</sup> (%)	0 (0)	0 (0)	0 (0)	0 (0)
Variation				
Tail, Thread-like				
Number of affected litters (%)	0 (0)	0 (0)	1 (8)	0 (0)
Number of affected fetuses (%)	0 (0)	0 (0)	1 (0.64)	0 (0)
<b>Fetal visceral examination</b>				
Number of litters examined	12	12	12	12
Number of fetuses examined	82	81	83 <sup>c</sup>	78
Malformation				
Number of affected litters (%)	0 (0)	0 (0)	0 (0)	0 (0)
Number of affected fetuses (%)	0 (0)	0 (0)	0 (0)	0 (0)
Variation				
Thymus, Thymic cord				
Number of affected litters (%)	5 (42)	3 (25)	1 (8)	3 (25)
Number of affected fetuses (%)	6 (6.75)	3 (3.36)	1 (1.39)	3 (3.77)
Ureter, Convoluted				
Number of affected litters (%)	3 (25)	7 (58)	8 (67)	3 (25)
Number of affected fetuses (%)	11 (13.10)	12 (14.34)	14 (16.72)	5 (7.15)

(Continued)

**Table 6** (Continued).

	Silicon Dioxide Nanoparticles (mg/animal)			
	Vehicle Control	2	6	20
Ureter, Dilated				
Number of affected litters (%)	4 (33)	6 (50)	4 (33)	3 (25)
Number of affected fetuses (%)	12 (14.63)	12 (14.45)	8 (9.23)	6 (8.54)

**Notes:** <sup>a</sup>Includes litters with one or more affected fetuses. <sup>b</sup>A single fetus may be presented more than once in listing individual defects. <sup>c</sup>A single fetus could not be evaluated and was treated as missing.

**Table 7** Fetal Skeletal Examination of Intranasally SiO<sub>2</sub>NPs-Exposed Females During Pregnancy

	Silicon Dioxide Nanoparticles (mg/animal)			
	Vehicle Control	2	6	20
<b>Fetal skeletal examination</b>				
Number of litters examined	12	12	12	12
Number of fetuses examined	86	86	90	84
Malformation				
Rib, Short				
Number of affected litters <sup>a</sup> (%)	0 (0)	0 (0)	0 (0)	1 (8)
Number of affected fetuses <sup>b</sup> (%)	0 (0)	0 (0)	0 (0)	1 (1.67)
Variation				
Ribs, Short thoracic supernumerary rib				
Number of affected litters (%)	6 (50)	5 (42)	5 (42)	6 (50)
Number of affected fetuses (%)	11 (12.86)	10 (11.81)	10 (11.21)	9 (9.97)
Skull, Interparietal, Incomplete ossification				
Number of affected litters (%)	1 (8)	1 (8)	0 (0)	0 (0)
Number of affected fetuses (%)	1 (1.04)	1 (1.39)	0 (0)	0 (0)
Skull, Parietal, Incomplete ossification				
Number of affected litters (%)	1 (8)	1 (8)	0 (0)	0 (0)
Number of affected fetuses (%)	1 (1.04)	1 (1.39)	0 (0)	0 (0)
Skull, Supraoccipital, Incomplete ossification				
Number of affected litters (%)	1 (8)	1 (8)	0 (0)	0 (0)
Number of affected fetuses (%)	1 (1.04)	1 (1.39)	0 (0)	0 (0)
Thoracic centrum, Bipartite ossification				
Number of affected litters (%)	1 (8)	0 (0)	1 (8)	1 (8)
Number of affected fetuses (%)	1 (1.19)	0 (0)	2 (2.08)	1 (1.19)
Thoracic centrum, Dumbbell ossification				
Number of affected litters (%)	0 (0)	1 (8)	2 (17)	2 (17)
Number of affected fetuses (%)	0 (0)	1 (1.19)	2 (2.23)	2 (2.23)
<b>Number of ossification centers</b>				
Sternebra	6.0 ± 0.00 <sup>c</sup>	6.0 ± 0.00	6.0 ± 0.00	6.0 ± 0.12
Metacarpals in both forelimbs	8.0 ± 0.00	8.0 ± 0.00	8.0 ± 0.09	8.0 ± 0.12
1st phalanges in both forelimbs	7.4 ± 0.51	7.3 ± 1.05	7.3 ± 1.00	7.5 ± 0.57
Metatarsals in both hindlimbs	9.9 ± 0.13	9.9 ± 0.24	9.7 ± 0.49	9.9 ± 0.17
1st phalanges in both hindlimbs	4.1 ± 2.77	3.9 ± 2.94	3.6 ± 2.83	4.3 ± 2.39
Cervical vertebra	4.5 ± 1.03	4.0 ± 1.38	4.7 ± 1.00	4.8 ± 1.22
Sacral and caudal vertebra	10.5 ± 0.68	10.4 ± 0.74	10.6 ± 0.66	10.4 ± 0.49

**Notes:** <sup>a</sup>Includes litters with one or more affected fetuses. <sup>b</sup>A single fetus may be presented more than once in listing individual defects. <sup>c</sup>Values are presented as mean ± standard deviation.

and antioxidant defenses compromises mitochondrial stability and structural integrity, triggering apoptotic or necrotic cell death.<sup>52,53</sup> In addition, ROS-mediated disruption of epithelial junctional complexes (such as zonula occludens and occludin) weakens barrier integrity, facilitating deeper particle-cell interactions.<sup>54</sup> Through these oxidative and inflammatory cascades, SiO<sub>2</sub>NPs induce localized epithelial injury, promote inflammatory cell recruitment, and initiate early remodeling processes in the respiratory tract.

While localized respiratory alterations were evident, no evidence of systemic maternal toxicity was observed at the assessed endpoints. Throughout gestation, SiO<sub>2</sub>NPs exposure did not affect maternal clinical status, body weight gain, or organ weights, nor were any treatment-related histopathological changes observed outside the respiratory tract. These negative findings are consistent with previous *in vivo* studies reporting minimal or no systemic toxicity of SiO<sub>2</sub>NPs following various exposure routes. Single intratracheal instillation of SiO<sub>2</sub>NPs (20 and 50 nm, 200 and 400 µg/mL) produced no treatment-related toxicity in male rats.<sup>17</sup> Shin et al<sup>55</sup> reported only minimal changes, such as temporary body weight decrease and modest RBC increases, without toxicologically relevant pulmonary or systemic effects after a subacute 4-week inhalation (60–70 nm, 0.407, 1.439, and 5.386 mg/m<sup>3</sup>, 6 h/day, 5 days/week). In addition, by oral gavage in rats, Kim et al<sup>56</sup> reported no systemic toxicity following 90-day administration (20 and 100 nm, 500, 1000, and 2000 mg/kg/day), and Liang et al<sup>57</sup> similarly observed no adverse effects after 90-day exposure to 25.9 nm SiO<sub>2</sub>NPs (166.7, 500, and 1500 mg/kg/day). In contrast, several studies have reported systemic adverse effects of SiO<sub>2</sub>NPs across different particle sizes and exposure routes. Eight weekly intratracheal instillation of SiO<sub>2</sub>NPs (1.5, 3, and 6 mg/kg, once a week) in male rats elicited systemic particle distribution with dose-dependent lesions in the lung, heart, spleen, and kidney.<sup>58</sup> Similarly, twelve weekly intratracheal instillation of SiO<sub>2</sub>NPs (1.5, 3, 6 mg/kg, once per week) in male ApoE<sup>-/-</sup> mice triggered multi-organ lesions (lung, liver, heart, and kidney).<sup>59</sup> Additionally, repeated daily intraperitoneal injections of 10 nm SiO<sub>2</sub>NPs (2 mg/kg, 5 days per week) in rats decreased weight gain, altered serum chemistry, induced hepatic histopathology, and markedly downregulated hepatic drug-metabolizing enzyme genes.<sup>60</sup>

Although the respiratory tract is a major portal of nanoparticle exposure, reproductive and developmental toxicity studies involving respiratory administration of SiO<sub>2</sub>NPs remain scarce. Several studies have reported toxicity in reproductive organs following respiratory exposure. Tian et al<sup>61</sup> showed that single intratracheal instillation of SiO<sub>2</sub>NPs (250 mg per mouse; 50 µL at 5 g/mL) in mice induced trophoblast apoptosis and uterine inflammation, indicating acute female reproductive toxicity. In pregnant mice, intratracheal instillation (43 nm, 7, 21, and 35 mg/kg, 5 times in 15 days) caused ovarian pathology with endocrine imbalance and elevated follicular atresia.<sup>62</sup> Similarly, Zhang et al<sup>63</sup> reported that repeated intratracheal instillation of 58 nm SiO<sub>2</sub>NPs (2 mg/kg, 15 times in 45 days) in male mice damaged the seminiferous epithelium and reduced sperm quality with increased abnormalities. However, in our present study, exposure to SiO<sub>2</sub>NPs did not induce any detectable reproductive or developmental toxicity. Indicators related to maternal condition, cesarean section findings, and embryo-fetal development showed no treatment-related changes. This observation is consistent with previous studies based on oral exposure routes. For example, oral gavage administration of SiO<sub>2</sub>NPs in rats, whether from GD 6 to 19 at doses of (10–25 nm, 100, 300, and 1000 mg/kg)<sup>31</sup> or across two generations at similar dose levels (409–1664 nm, 100, 300, and 1000 mg/kg), did not produce toxicological effects on maternal health, reproductive performance, or offspring development.<sup>30</sup> In line with this, our previous oral study in mice using the same SiO<sub>2</sub>NPs demonstrated that daily administration of males for approximately 6 weeks (starting 2 weeks before mating) and to females began 2 weeks before mating and continued until implantation (GD 6) (15 nm, 60, 250, and 1000 mg/kg) did not compromise fertility and early embryonic development.<sup>33</sup> These contrasting findings suggest that the SiO<sub>2</sub>NP toxicity cannot be confined to a single factor.

Building upon these observations, the variability in reported outcomes for SiO<sub>2</sub>NP likely arises from the combined influence of multiple interacting factors. Particle-related properties, particularly size, surface charge, and pore architecture, are well recognized as critical determinants of cellular uptake and biodistribution *in vivo*.<sup>64,65</sup> Relevantly, a systematic review of 76 *in vitro* studies concluded that smaller particles exhibited more cytotoxicity.<sup>66</sup> Exposure-related aspects, such as administration route, applied dose, host species, and developmental stage at exposure, also play critical roles. For instance, developmental effects have been documented more frequently after intravenous administration. Intravenous 70 nm SiO<sub>2</sub>NPs (70, 300, and 1000 nm, 0.8 mg/mouse, for two days on GD 16 to 17) crossed the placenta causing embryo resorption and fetal body weight decrease,<sup>26</sup> and early gestation intravenous exposure

(approximately 22 nm, 5, 7.5, and 10 mg/kg/day for 7 days) impaired decidualization leading to resorption.<sup>67</sup> Also, host susceptibility, shaped by interspecies differences and maternal physiological status, further contributes to the divergent outcomes with nanoparticle exposure.<sup>68</sup> Pregnancy itself introduces unique physiological states that modulate nanoparticle interactions.<sup>69,70</sup> Moreover, not only direct particle transfer, but also maternal-placental dysfunction itself, such as trophoblast apoptosis or impaired signaling, has been implicated as a potential mediator of nanoparticle-induced toxicity.<sup>71</sup> In this context, although our intranasal exposure model did not show systemic or placental alterations, further investigation is warranted to determine whether SiO<sub>2</sub>NPs-induced developmental effects are mediated through placental dysfunction or placental signaling pathways.

In this study, we evaluated the reproductive and developmental toxicity of SiO<sub>2</sub>NPs in rats following intranasal exposure. As the toxicological effects of SiO<sub>2</sub>NPs depend on particle size, host species, and exposure conditions, the present findings should be interpreted within the context of these study-specific conditions. The evaluation was confined to the organogenesis period and did not include postnatal examinations. Given that critical developmental processes, including postnatal organ maturation and functional differentiation, continue after birth, additional studies are warranted to evaluate potential delayed or subtle effects that may not be captured by the endpoints assessed in the present study. Furthermore, the current study did not include mechanistic biomarkers or biodistribution analyses, and therefore does not address whether the observed respiratory lesions were associated with inflammatory responses, functional impairment, or particle deposition in target tissues. In addition, the study design does not allow determination of whether the observed lesions are cumulative, reversible, or progressive over time. Future studies incorporating postnatal assessments, as well as mechanistic and functional evaluations, would provide a more comprehensive understanding of the toxicological potential of SiO<sub>2</sub>NPs exposure.

## Conclusion

Repeated intranasal exposure to SiO<sub>2</sub>NPs during pregnancy induced localized histopathological alterations in the maternal respiratory tract. No evidence of systemic maternal or embryo-fetal toxicity was observed at the measured endpoints under the present experimental conditions. These findings provide experimental data relevant to the evaluation of respiratory exposure to SiO<sub>2</sub>NPs during pregnancy. Further studies evaluating postnatal endpoints, particle deposition analysis, and mechanistic outcomes would contribute to a more comprehensive understanding of the toxicological effects of SiO<sub>2</sub>NPs during pregnancy.

## Ethics Approval

The study received prior approval from the Institutional Animal Care and Use Committees (IACUC) of KIT (Approval No. 2112-0060) based on the Animal Protection Act of Korea and the Guide for the Care and Use of Laboratory Animals.

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## Author Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

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## Disclosure

The authors report no potential conflicts of interest in this article.

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