

Assessment of retinal sensitivity using a time-saving strategy in normal individuals

Hiroataka Suzumura¹
Keiji Yoshikawa²
Shiro Mizoue³
Ryoko Hyodo⁴
Tairo Kimura⁵

¹Eye Department, Nakano General Hospital, Tokyo, ²Yoshikawa Eye Clinic, Tokyo, ³Department of Ophthalmology, Ehime University, Ehime, ⁴Eye Department, Minami Matsuyama Hospital, Ehime, ⁵Ueno Eye Clinic, Tokyo, Japan

Background: The purpose of this study was to compare retinal sensitivities in normal individuals obtained using the Swedish Interactive Threshold Algorithm Standard (SITA-S) on the Humphrey field analyzer with those obtained using the Dynamic strategy on the Octopus.

Methods: Prior to visual field examinations, the background luminance, stimulus size, and exposure time with the Octopus 101 were conformed to the Humphrey field analyzer II settings. Volunteers over 20 years of age without apparent ophthalmic abnormalities were examined with the SITA-S central 30-2 program followed by the Dynamic 32 program. Eye with corrected visual acuity ≥ 0.8 , refraction ≥ -6.0 diopters, and fields with satisfactory levels of reliability in SITA-S and Dynamic were selected.

Results: Sixty-seven eyes from 67 normal individuals of mean age 51.3 ± 16.3 (range 22–76) years satisfied the selection criteria and were analyzed. Mean retinal sensitivity was significantly ($P < 0.0001$) higher with SITA-S (29.0 ± 2.4 dB) than with Dynamic (26.8 ± 2.1 dB). Changes in retinal sensitivity with increasing age were significantly ($P = 0.0003$) greater with Dynamic (-0.09 ± 0.04 dB/year; 95% confidence interval [CI] -0.10 to -0.08 dB/year) than with SITA-S (-0.07 ± 0.04 dB/year, 95% CI -0.08 to -0.06 dB/year). When classifying the visual field into three areas (central, mid-peripheral, and peripheral), retinal sensitivities with SITA-S were significantly higher in all areas than with Dynamic ($P < 0.0001$ for all three areas).

Conclusion: Differences in Dynamic and SITA-S strategies may contribute to the differences in retinal sensitivities observed in normal individuals.

Keywords: time-saving strategy, frequency-of-seeing curve, dynamic, Swedish Interactive Threshold Algorithm Standard, Octopus perimeter, Humphrey field analyzer

Introduction

In automated perimetry, the stimulus intensity at prescribed testing locations is changed in order to determine the perceptible limit of stimulus intensity (threshold), which is the retinal sensitivity. Subsequently, the retinal sensitivity distribution at the test locations is determined in order to complete the assessment of the visual field. Standard automated perimetry is a psychophysical test that is designed to determine the retinal sensitivity by checking the subject's responses. Because standard automated perimetry involves many stimulus presentations, much time is needed to complete the test,¹ this can be tiring for patients and can lead to a higher error rate. In order to shorten the test duration, standard automated perimetry uses a suprathreshold method that can make use of precollected data for normal retinal sensitivity in order to optimize the initially displayed thresholds at the test locations. Despite this design, standard

Correspondence: Hiroataka Suzumura
Eye Department, Nakano General Hospital, 4-59-16 Chuo, Nakano-ku, Tokyo 164-8607, Japan
Tel +813 3382 1231
Fax +813 3382 1588
Email suzumurohiro@yahoo.co.jp

automated perimetry typically requires presentation of about 600 stimuli and 15–20 minutes for evaluating the central visual field, thus often causing significant psychophysical overload on the subject.² If the frequency of the stimulus crossings of the threshold of each test location is reduced markedly, the test duration can be shortened significantly, but obvious decreases in accuracy of the visual field sensitivity have been reported.³

To ensure a shortened test duration and preserved accuracy of the test concurrently, several time-saving strategies for presenting stimuli that take into account the frequency-of-seeing curve have been developed.^{4,5} Examples of these strategies are the Dynamic strategy (Dynamic)⁶ and the Swedish Interactive Threshold Algorithm (SITA) strategy.⁷ The Dynamic resembles the conventional suprathreshold method when applied to relative normal retinal sensitivity points. However, for depressed retinal sensitivity points with a more shallow slope of frequency-of-seeing curve or retinal points that are expected to exhibit such a feature, the Dynamic enables a reduction in the number of stimulus presentations by expanding the interval between two subsequent thresholds compared with the conventional method.⁸ In SITA, the number of stimulus presentations is reduced by starting the stimulus presentation based on predictions of the sensitivity level corresponding to 50% of the frequency-of-seeing curve for each test location using normal and glaucoma-affected visual field models and statistical methods applying Bayes' theorem and the maximum likelihood method. Both strategies have been used clinically.⁹ Although possible differences between the two strategies may affect assessment of retinal sensitivity, data on the normal retinal sensitivities in subjects of different age groups have not been determined for either SITA or Dynamic. Therefore, we evaluated the retinal sensitivities of normal individuals using both strategies and analyzed the effect of the differences observed between the retinal sensitivities measured using the two strategies.

Patients and methods

Participants

The study was performed according to the Declaration of Helsinki and approved by the Nakano General Hospital institutional review board. Subjects aged 20 years or older and who gave their informed consent to participate in this study were recruited at Nakano General Hospital, Yoshikawa Eye Clinic, Minami Matsuyama Hospital, and Ueno Eye Clinic between October 2009 and March 2010.

Methods

Patients who visited the abovementioned clinics and who fully met the following requirements were asked to participate in this study: corrected visual acuity ≥ 0.8 ; spherical equivalent of ≥ -6.0 diopters; and absence of disease of the anterior segment, optic media, and fundus, other than mild cataracts, which could markedly affect visual field when assessed in ophthalmic examinations; absence of evident systemic disease, including the disease currently being treated or its history as revealed by interview; and absence of evident visual field abnormalities in preliminary testing of the visual field using a SITA Standard (SITA-S) central 30-2 (C30-2) with a Humphrey Field Analyzer II (HFA II; Carl Zeiss Meditec, Dublin, CA).

Ophthalmological evaluation

Within three days of the preliminary test, each subject received visual field tests with the following two methods on the same day: Dynamic with the Octopus 101 (Octopus, Haag-Streit AG, Koniz, Switzerland) computer-automated perimeter and SITA-S with the HFA II. The programs used for measurement were 32 with Dynamic in the Octopus and C30-2 with SITA-S in the HFA II. Visual field testing was first conducted on the right eye, with SITA-S initially and Dynamic thereafter. The test was subsequently performed on the left eye in the same way. Subjects were allowed to rest for at least 15 minutes between the two sequential visual field test sessions, and the next testing began only after subject recovery had been confirmed. After the visual field tests, intraocular pressure was measured using a Goldmann appplanation tonometer (Haag-Streit AG, Koniz, Switzerland).

Prior to the test with Dynamic, the background intensity of Octopus 101 was changed from 4 apostilbs to 31.5 apostilbs, the stimulus exposure time was changed from 0.1 sec to 0.2 sec, and the maximum stimulus intensity was

Table 1 Examination conditions

	Octopus 101	HFA II
Background luminance	4 asb → 31.5 asb	31.5 asb
Stimulus size	GP III	GP III
Stimulus exposure time	100 msec → 200 msec	200 msec
Max. stimulus luminance	1000 asb → 4000 asb	10000 asb
Examination pattern	6*6°grid (program 32)	6*6°grid (C30-2)
Strategy	Dynamic	SITA-S

Note: Arrows indicate what settings were changed to match stimulus parameters. **Abbreviations:** HFA, Humphrey field analyzer; GP, Goldmann perimeter; C30-2, Central 30-2; SITA-S, SITA-Standard.

changed from 1000 apostilbs to 4000 apostilbs. The size of the stimulus was unchanged. The Octopus Goldmann size 3 and HFA II size III have the same visual angle, so served as a standard stimulus for both Dynamic and SITA (Table 1).

Data analysis

If the visual field data from a subject showed any fixation loss or false-positive errors or false-negative errors that were more frequent than 33%, the data were excluded. The actual retinal sensitivities of the 74 points, excluding two points corresponding to the Mariotte blind spot, were examined in Dynamic and SITA-S in order to compare the results. In addition, the rates of change in retinal sensitivities by age were calculated. For all eyes of the study subjects, data from the left eye were converted to those from the right eye for analysis. All 74 test locations were divided into the following: the central region (<10 degrees, 12 locations); the mid-peripheral region (10–20 degrees, 18 locations); and the peripheral region (20–30 degrees, 44 locations) in order to compare the retinal sensitivities in Dynamic and SITA-S. We used *t*-tests and Dunn's test to compare the retinal sensitivities and to estimate the parameters for correlation (regression analysis). The JMP 9.0.0 (SAS Institute, Tokyo, Japan) computer program was used for the statistical analyses. Statistical significance was defined as *P* values < 0.05.

Results

Of the 134 eyes from the 67 subjects who gave informed consent for the study, 67 eyes of 67 subjects (32 men and 35 women) met the reliability criteria in at least one eye based on the tests (Table 2). The mean retinal sensitivities of the subjects studied ranged from 19.0 dB to 30.6 dB in Dynamic and from 22.2 dB to 32.7 dB in SITA-S. The mean retinal sensitivity for all 74 locations was significantly depressed in Dynamic com-

pared with SITA-S (Figure 1). Of the corresponding test locations between Dynamic and SITA-S, 73 locations, except for one point at the superotemporal peripheral area, showed higher retinal sensitivities in SITA-S than in Dynamic (Figure 2).

Correlations of the mean retinal sensitivities at each test location (measured with Dynamic and SITA-S) with age were analyzed, and the rate of change in mean sensitivities was calculated as a function of age. The mean change in retinal sensitivity depending on age (regression coefficient) was significantly different between the two strategies (Figure 3).

The mean retinal sensitivity in each three region (central, mid-peripheral, and peripheral) in SITA-S was significantly higher than that in Dynamic (Figure 4). However, no significant difference in retinal sensitivities was observed between the central and mid-peripheral regions, whereas retinal sensitivity in the peripheral region was significantly depressed compared with that in the central and mid-peripheral regions in Dynamic and SITA-S.

Discussion

When the retinal sensitivities of normal individuals were measured using two time-saving strategies, Dynamic and SITA-S. The sensitivity distributions differed between two strategies, reflecting the differences between them. Glaucomatous visual field disturbances was found earlier with Dynamic than with SITA-S¹⁰ when the original settings for the Octopus and the HFA were used. It is known that retinal sensitivity is affected by factors such as stimulus exposure time,¹¹ stimulus size,¹² retinal adaptation,¹³ eccentricity of the test location,¹⁴ and subject reliability.¹⁵ Therefore, we tried to compare differences in retinal sensitivities between the two strategies under an identical HFA and Octopus settings. When the standard automated perimetry settings are changed, age-specific normal values and ranges should be determined. Thus, we recruited normal individuals aged 20–80 years to investigate the effects of the differences in strategies on retinal sensitivities.

In the visual field test, the mean retinal sensitivities ranged from 19.0 dB to 30.6 dB with Dynamic and from 22.2 dB to 32.7 dB when measured with SITA-S. A comparison of the mean retinal sensitivities at the corresponding test locations between the two strategies revealed the following results: mean retinal sensitivity in SITA-S was higher by 2.2 dB than that in Dynamic; and mean retinal sensitivities for each test location were significantly higher with SITA-S than with Dynamic, except for one point in the superotemporal area. In this test, because the same maximum stimulus intensity could not be used for both the Octopus and the HFA, the dynamic ranges were different¹⁶ and the retinal sensitivity at each

Table 2 Patient demographics

Variable		
Age (years)*	51.3 ± 16.3	Range: 22 to 76
Subjects (n)	67	
Eyes	67	
	20 years	8
	30 years	12
	40 years	9
	50 years	9
	60 years	19
	70 years	10
SE (dioptries)*	-0.54 ± 1.74	Range: +2.75 to -6.00
IOP (mmHg)*	14.3 ± 2.1	Range: 9 to 18

Note: *Value is presented as the mean ± standard deviation.

Abbreviations: SE, spherical equivalent; IOP, intraocular pressure.

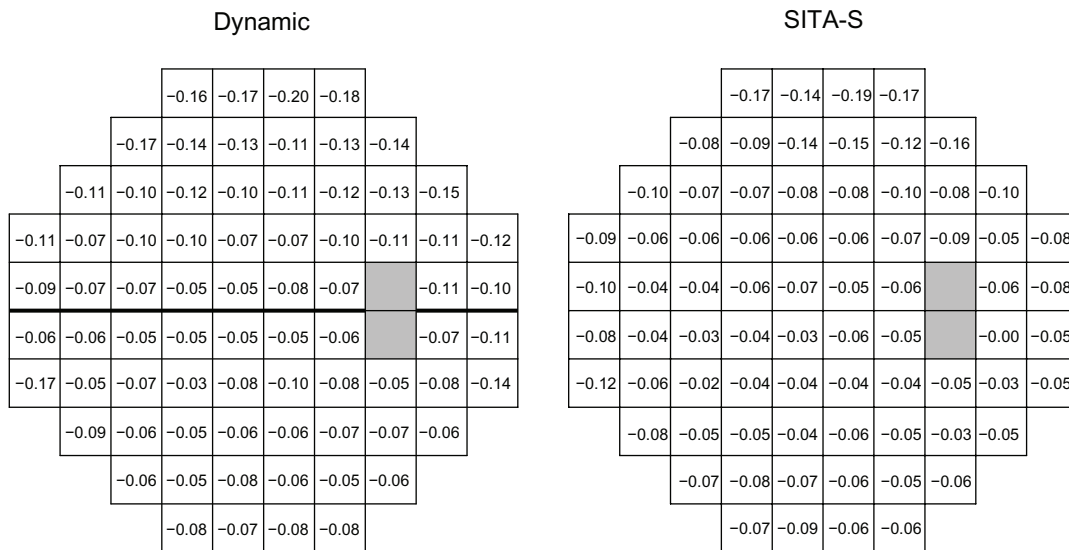


Figure 3 Effect of age on retinal sensitivity (regression coefficients in dB/year) at each test point.
Notes: The mean regression coefficient across all 74 measurement points was -0.09 ± 0.04 dB/year (95% confidence interval [CI] -0.10 to -0.08 dB/year) in Dynamic and -0.07 ± 0.04 dB/year (95% CI -0.08 to -0.06 dB/year) in SITA-S. There was a significant difference between regression coefficients in Dynamic and in SITA-S (paired t -test = 6.2042, $P < 0.0001$).
Abbreviations: SITA-S, Swedish Interactive Threshold Algorithm-Standard; CI, confidence interval.

minimized the effects of age on frequency-of-seeing curve slope settings, and this was reflected in the test results from normal individuals in the present study. The regression coefficients for retinal sensitivity by age in Dynamic (-0.09 ± 0.04 dB/year) and SITA-S (-0.07 ± 0.04 dB/year) were similar to those (about -0.1 dB/year) previously reported,^{18,20,21} and there was not overlap of 95% CIs for the regression coefficients and they

showed a significant difference. This suggests that the effects of age on the frequency-of-seeing curve lower the retinal sensitivity in Dynamics.

We classified the central 30-degree visual field into three regions in order to compare the retinal sensitivities at each location for both strategies. The retinal sensitivities with Dynamic were lower in all regions than those with SITA-S.

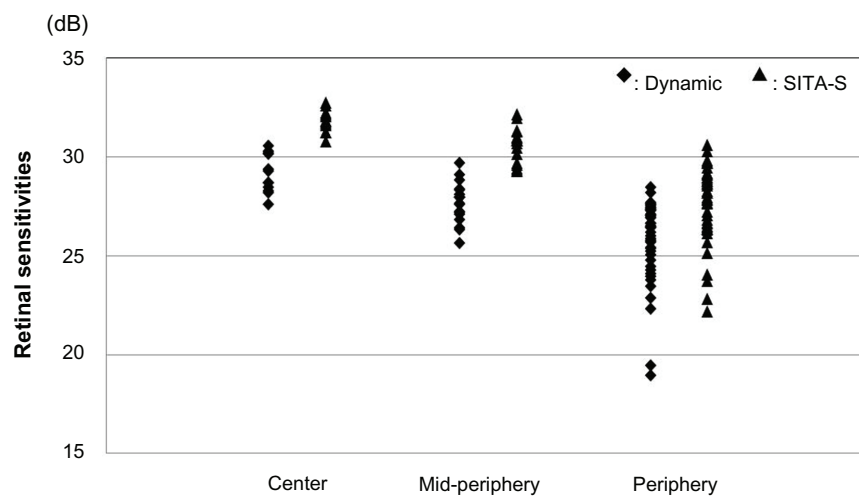


Figure 4 Regional comparison of retinal sensitivity as measured with Dynamic and SITA-S.
Notes: In the central area, the mean retinal sensitivity was 31.8 ± 0.6 dB in SITA-S and 29.2 ± 1.0 dB in Dynamic (paired t -test = 16.4476, $P < 0.0001$). In the mid-peripheral area, mean retinal sensitivity was 30.6 ± 0.9 dB in SITA-S and 27.7 ± 1.0 dB in Dynamic (paired t -test = 24.2905, $P < 0.0001$). In the peripheral area, mean retinal sensitivity was 27.6 ± 1.9 dB in SITA-S and 25.8 ± 2.1 dB in Dynamic (paired t -test = 13.8011, $P < 0.0001$). The differences in retinal sensitivities between Dynamic and SITA-S were 2.7 ± 0.6 dB in the central, 2.9 ± 0.5 dB in the mid-peripheral, and 1.9 ± 0.9 dB in the peripheral region. There was no significant difference in mean retinal sensitivities between the central and mid-peripheral regions (Dunn's test = 0.8596, $P = 1.0000$), whereas the retinal sensitivity in the peripheral region was significantly depressed compared with that in the central and mid-peripheral regions (central versus peripheral, Dunn's test = -3.1705 , $P = 0.0046$; mid-peripheral versus peripheral, Dunn's test = -4.8491 , $P < 0.0001$).
Abbreviation: SITA-S, Swedish Interactive Threshold Algorithm-Standard.

However, the difference in the peripheral region was smaller than that in the central region and in the mid-peripheral region. In the peripheral region, the discrepancy between the theoretical and actual retinal sensitivity was greater than in other regions. There was more variability in responses in the peripheral area (due to greater scattering), resulting in smaller differences between the retinal sensitivities with Dynamic, in which the slope of the frequency-of-seeing curve was more shallow, and those with SITA-S, in which the slope of the frequency-of-seeing curve was steeper. Moreover, in Dynamic, after the stimulus had crossed the threshold just once, the final retinal sensitivity was determined as the mean between the last seen and the last nonseen stimulus. In contrast, in SITA-S, after the stimulus had crossed the threshold twice, the final retinal sensitivity was determined as the last seen stimulus. The impact of these differences in determining final retinal sensitivity is, at most, approximately 1 dB.²² This is smaller than the 2.2 dB difference that we found between the two strategies. Therefore, we believe this sensitivity difference of 2.2 dB is due to the frequency-of-seeing curve settings with the two strategies.

We hypothesize that the final mean observed retinal sensitivity is likely to be higher in Dynamic and lower in SITA-S, and differences in Dynamic and SITA-S strategies may contribute to the differences in observed retinal sensitivities in normal individuals.

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Disclosure

The authors report no conflicts of interest in this work.

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