






# Cancer-Associated Fibroblasts in the Treatment of Intrahepatic Cholangiocarcinoma: Present and Prospects

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**Abstract:** Intrahepatic cholangiocarcinoma (ICC) is a rare, highly malignant, and heterogeneous group of primary hepatic adenocarcinomas that differs distinctly from conventional hepatocellular carcinoma. A specific cell population plays a crucial role in ICC named cancer-associated fibroblasts (CAFs). CAFs are involved in the connective tissue proliferative response in ICC, and this response manifests as a dense, fibrocollagen-rich tumor stroma. Thus, although chemotherapy and radiotherapy are the primary approaches to improve survival rates in patients with ICC, the presence of CAFs still render many patients refractory to these therapies. In this article, we explored the complex disease process of ICC in depth, reviewed the origin, heterogeneity, and function of CAFs, and focused on how CAFs subpopulations could be used as biomarkers and contribute to ICC treatment resistance. We also described current breakthroughs in targeting CAFs to overcome cancer treatment resistance and discussed emerging targeted therapies for CAFs. This article aims to provide a comprehensive overview of the latest advances and breakthrough directions in ICC treatment, hoping to offer new insights for future research and clinical practice.

**Keywords:** cancer-associated fibroblasts, cancer therapy, drug resistance, intrahepatic cholangiocarcinoma, resistance mechanisms, tumor microenvironment

## Introduction

Intrahepatic cholangiocarcinoma (ICC) is a rare but highly invasive tumor, accounting for approximately 10~20% of all liver malignancies and 1%~3% of all gastrointestinal malignancies.<sup>1,2</sup> It originates from the epithelium of the secondary bile ducts and their branches and is an adenocarcinoma rich in fibrotic stroma. A key constituent of this stroma is cancer-associated fibroblasts (CAFs). They are the most representative stromal cell type that modulates the formation and functional properties of the fibrotic microenvironment in ICC.<sup>3</sup> ICC's etiology is complex and is generally believed to result from the combined effects of multiple factors especially chronic inflammation. These include chronic hepatitis and cirrhosis, chronic inflammatory diseases of the biliary tract, parasitic infections, exposure to chemicals and toxins, congenital biliary tract diseases (particularly Caroli's disease), diabetes, and certain genetic disorders.<sup>2</sup> Early symptoms of ICC are not obvious, but as the disease progresses, patients may experience abdominal discomfort, jaundice, hepatomegaly, or abdominal masses. Due to its high invasiveness and metastatic potential, most patients are diagnosed at a locally advanced or metastatic stage, which undoubtedly poses a significant challenge to the treatment of ICC.<sup>4</sup> Traditional surgical procedures, chemotherapy, and immune checkpoint inhibitors have demonstrated relatively

promising efficacy in the treatment of many solid tumors, offering hope for survival to ICC patients. However, even for patients with resectable ICC, the 5-year overall survival rate after liver resection is still less than 40%.<sup>5,6</sup> For patients who are not eligible for surgery, especially those with locally advanced or metastatic cholangiocarcinoma, gemcitabine combined with cisplatin is the standard first-line chemotherapy regimen. However, the median overall survival in ICC patients remains less than 1 year.<sup>7,8</sup> In the era of immunochemotherapy and precision targeted therapy, the immunochemotherapy regimen from the TOPAZ-1 study improves survival but offers limited benefit.<sup>9</sup> This suboptimal treatment outcome is largely related to the issue of drug resistance in ICC. The current situation of drug resistance in ICC is extremely severe, with multiple mechanisms of resistance coexisting, making treatment even more difficult. CAFs have been proven to play a role in mediating treatment resistance across other cancer types.<sup>10</sup> Therefore, we hypothesize that the presence of CAFs is associated with treatment resistance in ICC.

Unlike traditional hepatocellular carcinoma (HCC), one of the main characteristics of ICC is a complex, dynamic, and evolving connective tissue proliferative response.<sup>11</sup> CAFs are the most representative type of stromal cells that support the above reactions.<sup>12</sup> Among these cells, the enrichment of  $\alpha$ -smooth muscle actin-positive ( $\alpha$ -SMA<sup>+</sup>) CAFs serves as a hallmark histological feature of ICC,<sup>13</sup> and is accompanied by the deposition of dense extracellular matrix (ECM) proteins, including collagen, hyaluronic acid (HA), and other proteoglycans.<sup>14</sup> This reaction forms a tough but avascular scaffold composed of a dense fibrous collagen matrix, which occupies most of the tumor tissue.<sup>15</sup> The dense desmoplastic stroma within ICC is the fundamental cause of its targetoid or delayed enhancement pattern on CT/MRI imaging, a feature distinct from the rapid washout pattern of HCC. And also constitutes one of the core challenges in the current radiological differential diagnosis of ICC.<sup>16</sup> Meanwhile, this connective tissue proliferative reaction is associated with poor clinical outcomes in ICC patients. However, due to the heterogeneous phenotypic and functional properties of CAFs, their role in tumor biology especially ICC fields is complex and not yet fully understood. Although abundant infiltration of CAFs is a characteristic feature of ICC at the mechanistic level, highly specific and well-established diagnostic markers for CAFs are still lacking in clinical practice, with no ideal indicator comparable to alpha-fetoprotein for HCC.<sup>17</sup>

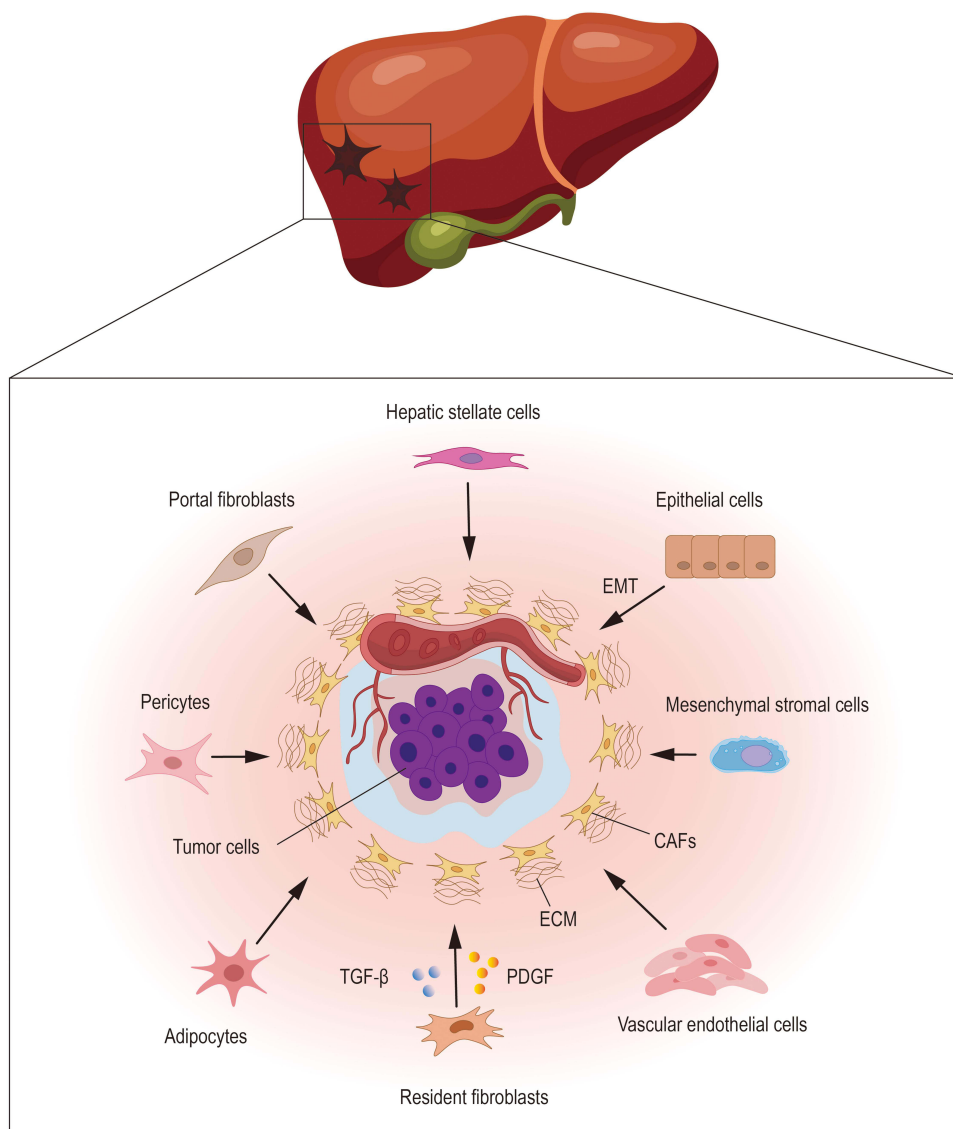
Therefore, this article provides a detailed review of the diverse drug resistance mechanisms mediated by CAFs in ICC. We also aim to explore promising CAF-related therapeutic targets, with the expectation that these insights will offer scientific guidance for ICC treatment and ultimately improve patient outcomes and quality of life.

## Origin and Heterogeneity of CAFs in ICC

CAFs are a distinct cell population in the tumor microenvironment (TME) of ICC patients, with  $\alpha$ -SMA<sup>+</sup> myfibroblast-like cells being particularly prominent in the unique fibrotic stroma of ICC patients.<sup>18</sup> Unlike quiescent fibroblasts in normal tissues, CAFs are spindle-shaped fibroblasts with abnormally activated functions in solid tumors, and exhibiting significantly increased expression of  $\alpha$ -SMA and type I collagen (Col I).<sup>8,17</sup> So CAFs are a major source of collagen production. In tumor tissues, CAFs account for nearly 70% of the cellular population and can promote tumor progression in multiple ways, including inducing tumor cell resistance.<sup>19</sup>

## Origin of CAFs

CAFs may originate from various cell types as shown in [Figure 1](#): (1) Activated hepatic stellate cells (HSCs) are the primary source of myfibroblasts in ICC.<sup>17</sup> Under the induction of this microRNA-21 by HCC tumor cells, HSCs can differentiate into  $\alpha$ -SMA<sup>+</sup> CAFs and fibroblast activation protein -positive (FAP<sup>+</sup>) CAFs. These activated CAFs express high levels of vascular endothelial growth factor (VEGF), which further promotes the progression of tumor cells.<sup>20</sup> (2) Resident fibroblasts in the tumor stroma; Tumor cells secrete various cytokines, such as transforming growth factor- $\beta$  (TGF- $\beta$ ) and platelet-derived growth factor (PDGF). These cytokines can induce resident fibroblasts in the tumor stroma to differentiate into CAFs.<sup>21</sup> (3) The transformation of epithelial cells into mesenchymal cells, occurring under specific physiological and pathological conditions, is defined as epithelial-to-mesenchymal transition (EMT).<sup>22</sup> During this EMT process, epithelial cells lose their epithelial ECM characteristics, such as polarity, intercellular tight junctions, and adherens junctions. In addition, epithelial cells acquire mesenchymal cell characteristics, such as enhanced migration and invasion abilities, anti-apoptotic ability, and the ability to produce ECM components.<sup>23</sup> Some CAFs have been shown to potentially differentiate from epithelial cells through EMT in various cancers such as breast cancer, kidney cancer, lung



**Figure 1** The origins of CAFs. CAFs originate from multiple cell types: Hepatic stellate cells, portal fibroblasts, pericytes, adipocytes can directly differentiate into CAFs. Resident fibroblasts transform into CAFs under cytokines (TGF- $\beta$ , PDGF) stimulation. Epithelial cells undergo EMT to become CAFs, and mesenchymal stromal cells, vascular endothelial cells also contribute to CAF formation, with ECM involved in the microenvironment.

**Abbreviations:** CAFs, Cancer-Associated Fibroblasts; ECM, Extracellular Matrix; EMT, Epithelial to Mesenchymal Transition; HSCs, Hepatic Stellate Cells; PDGF, Platelet-Derived Growth Factor; PFs, Portal Fibroblasts; TGF- $\beta$ , Transforming Growth Factor- $\beta$ .

cancer, and liver cancer.<sup>24,25</sup> (4) Portal fibroblasts (PFs); Located in the periportal area, PFs play a role in maintaining the integrity of both bile duct branches and portal vein ducts.<sup>26</sup> Itou et al characterized CAFs in metastatic lymph nodes and confirmed that PFs are the source of CAFs in the primary site of ICC and this source is associated with the positive expression of PDGF Receptor- $\beta$  (PDGFR- $\beta$ ), fibronectin 2, and thymocyte antigen-1.<sup>27</sup> (5) Pericytes, which surround endothelial cells in capillaries and veins throughout the body, can be reprogrammed into CAFs in a PDGF-dependent manner.<sup>28</sup> (6) CAFs can also be derived from bone marrow-derived mesenchymal stem cells (BM-MSCs); BM-MSCs are a population of adult stem cells present in the bone marrow stroma. BM-MSCs can be recruited to tumor sites via their “homing ability”.<sup>29</sup> This recruitment is mediated by factors like VEGF, epidermal growth factor (EGF), hepatocyte growth factor (HGF) and chemokine C-C motif chemokine ligand 2 (CCL2), which are secreted by tumor cells or activated stromal cells. Then these BM-MSCs gradually acquire the typical phenotype of CAFs and finally differentiate into CAFs.<sup>29,30</sup> (7) CAFs can also originate from adipocytes, vascular endothelial cells. Regulated by specific signals in

the tumor microenvironment, these two types of cells can gradually change their own phenotypic and functional characteristics, and finally transform into cells with the core properties of CAFs.<sup>3,31</sup>

## Heterogeneity of CAFs

CAFs play a pivotal role in the TME. However, they are not a homogeneous group with uniform properties and functions. As mentioned above, CAFs have diverse origins, and CAFs of different origins carry their unique markers, exhibiting significant heterogeneity. This heterogeneity means that CAFs of different origins and subtypes show significant differences in molecular expression and function.<sup>32</sup>

At the molecular level, researchers analyzed a variety of selectively expressed biomarkers on the surface of CAFs in specific TME. They defined multiple CAFs phenotypes in different types of cancer, revealing the high complexity and diversity of CAFs at the phenotypic level.<sup>33,34</sup> CAFs in the ICC primarily express  $\alpha$ -SMA, Actin 2, Col-1 $\alpha$ , PDGFR- $\beta$ , Desmin, and FAP as identification markers.<sup>24</sup> Among these,  $\alpha$ -SMA and FAP are the two most important CAFs markers, which can suppress antitumor immunity through multiple pathways.<sup>34</sup> In addition, other typical fibroblast markers, such as CD10 and Podoplanin, are also detected in ICC's CAFs, and their expression is associated with poor patient prognosis.<sup>35</sup> Furthermore, depending on tumor type and stage, some CAFs express unique combinations of markers, which makes their precise identification more complex.<sup>36</sup>

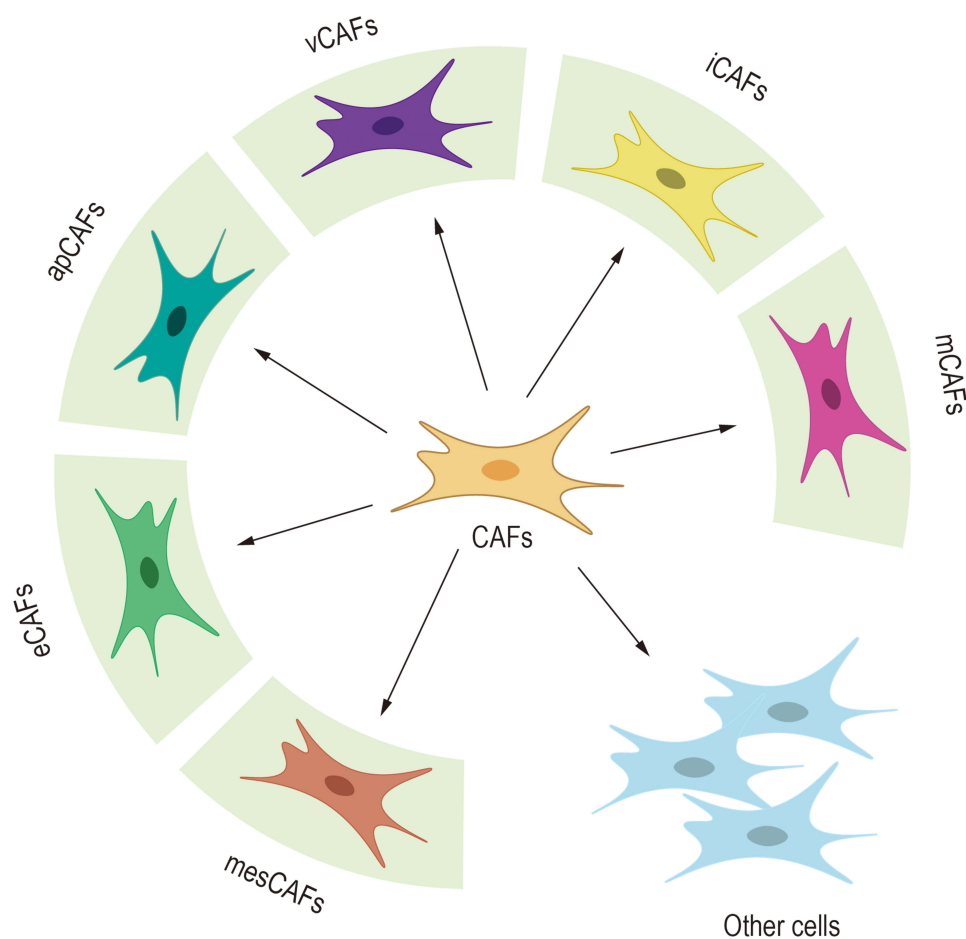
Functional heterogeneity is also a key factor in how CAFs influence tumor progression. A study using single-cell RNA sequencing technology comprehensively analyzed the human ICC transcriptome and identified six distinct fibroblast subtypes in ICC and adjacent non-tumor tissues.<sup>37</sup> Among these (Figure 2), myofibroblastic CAFs (mCAFs), inflammatory CAFs (iCAFs), vascular CAFs (vCAFs), antigen-presenting CAFs (apCAFs), and endothelial-like CAFs (eCAFs) are present in ICC tissue, while adipose fibroblasts are primarily distributed in adjacent precancerous lesions.  $\alpha$ -SMA<sup>+</sup> mCAFs participate in the remodeling of the ECM, synthesizing and secreting components such as collagen and fibronectin to construct a dense matrix network.<sup>38</sup> On the one hand, they provide a protective barrier for tumor cells, hindering the arrival of immune cells and chemotherapy drugs to the core region of the tumor, leading to treatment resistance. On the other hand, they guide tumor cells to migrate along matrix fibers, promoting tumor metastasis. iCAFs are characterized by the secretion of cytokines such as interleukin-6 (IL-6) and tumor necrosis factor- $\alpha$ , which promote tumor cell proliferation; they also secrete certain growth factors, such as EGF and fibroblast growth factor, providing growth signals for tumor cells.<sup>39</sup> apCAFs primarily express major histocompatibility complex class II molecules. These major histocompatibility complex class II molecules activate CD4<sup>+</sup> T cells, interact with them, and play a crucial role in regulating tumor immunity.<sup>40</sup> vCAFs participate in regulating tumor angiogenesis by releasing factors such as VEGF, promoting tumor vascularization, and ensuring nutrient supply to tumors.<sup>41</sup> Additionally, a rare subpopulation of mesCAFs has been identified in ICC, originating from PFs and expressing mesothelial markers (Mesothelin, Uroplakin 1B, and Uroplakin 3B).<sup>40</sup> In summary, the heterogeneity of CAFs determines their role in tumor drug resistance. Different types of CAFs promote the development and progression of tumor drug resistance through multiple mechanisms. These include, but are not limited to, regulating the ECM to interfere with drug delivery, influencing metabolic reprogramming, modulating tumor immunity, and activating drug resistance signaling pathways in tumor cells.

## Drug Resistance Mechanisms of CAFs

Whether it is adjuvant chemotherapy after traditional surgical resection, high-energy radiation therapy, targeted therapy, or immunotherapy targeting the TME, the presence of CAFs is like setting up a complex “obstacle network” for tumor cells. This brings great difficulties to treatment. Therefore, we will elaborate on the following four types (Figure 3) of drug resistance mechanisms.

## ECM Remodeling and Physical Barrier Function

The ECM refers to the non-cellular components of tissues, composed of various macromolecules, including collagen, fibrin, glycoproteins, and proteoglycans.<sup>42</sup> The complex macromolecular network structure of the ECM has unique physical, biochemical, and biomechanical characteristics.<sup>43</sup> It undergoes extensive remodeling during tumor progression, thereby enabling communication between tumor cells and neighboring cells in the TME.<sup>44</sup> In general, the remodeling of the ECM manifests in two aspects: increased stiffness and degradation.<sup>42</sup> The increased cross-linking between ECM

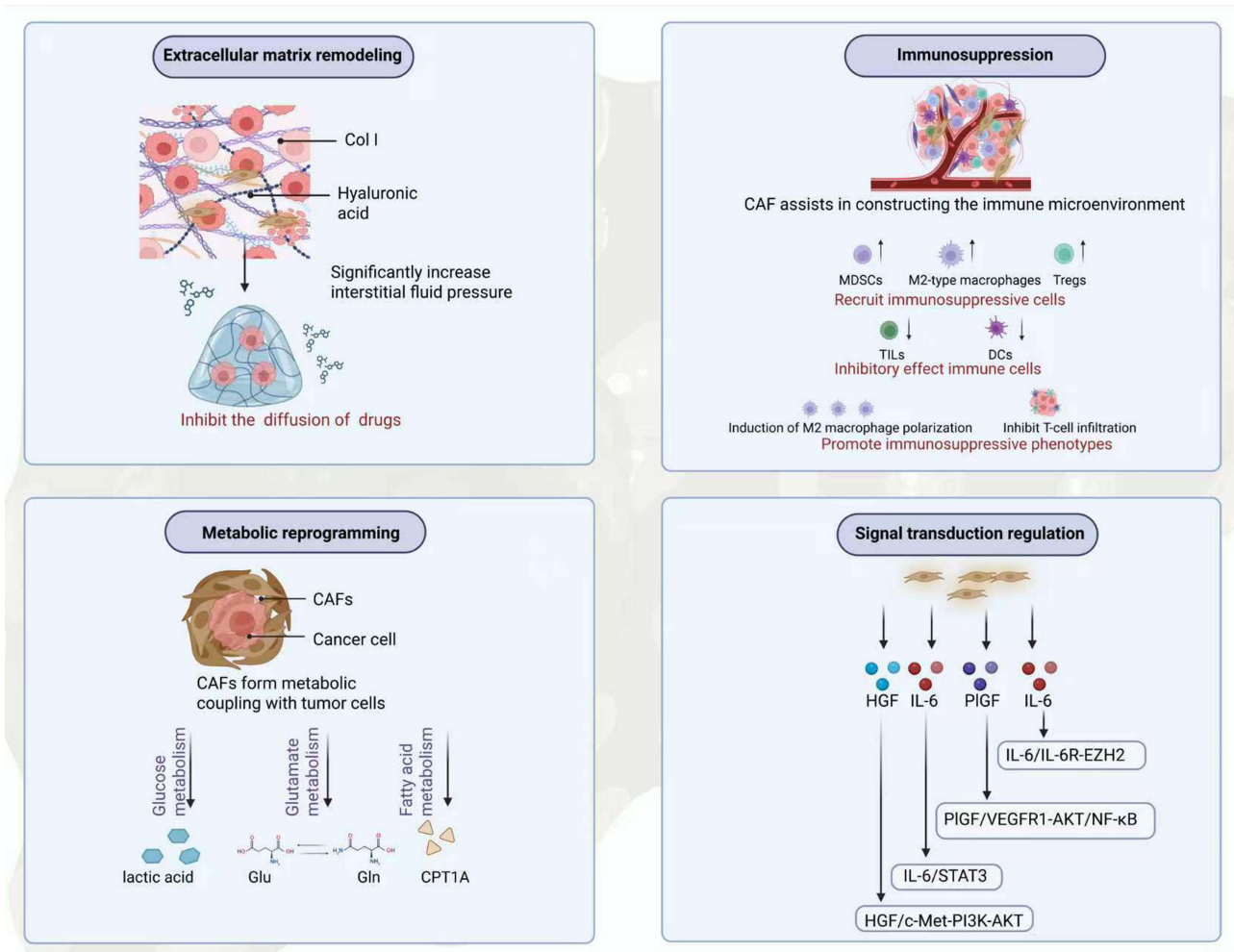


**Figure 2** The functional heterogeneity and diverse types of CAFs. The central cell can differentiate into various CAF subtypes, including vCAFs, iCAFs, mCAFs, apCAFs, eCAFs, and mesCAFs. These subtypes, such as mCAFs involved in ECM remodeling, iCAFs secreting cytokines for tumor cell proliferation, apCAFs regulating tumor immunity via MHCII molecules, and vCAFs promoting tumor angiogenesis, exert distinct roles in tumor progression, including influencing drug resistance through multiple mechanisms like ECM - related drug delivery interference and activating tumor cells drug resistance signaling pathways.

**Abbreviations:** apCAFs, Antigen-presenting Cancer-Associated Fibroblasts; eCAFs, Epithelial Cancer-Associated Fibroblasts; iCAFs, Inflammatory Cancer-Associated Fibroblasts; mCAFs, Matrix Cancer-Associated Fibroblasts; mesCAFs, Mesothelial Cancer-Associated Fibroblasts; MHCII, Major Histocompatibility Complex Class II; vCAFs, Vascular Cancer-Associated Fibroblasts.

proteins may lead to the ECM becoming rigid, thereby limiting the diffusion and penetration of chemotherapy drugs within tumor tissue. This makes it difficult for the drugs to reach the surrounding tumor cells and exert their cytotoxic effects, thereby reducing the therapeutic efficacy of the drugs and leading to tumor cell resistance.<sup>45</sup> Related studies have shown that during the fibrosis process in HCC tissue, the ECM content in liver tissue increases to eight times its original level.<sup>46</sup> The study conclusions emphasize a significant association between increased ECM stiffness and enhanced resistance to doxorubicin in HCC patients. Conversely, the disruption of these cross-links leads to ECM degradation. Additionally, a stiff ECM can stimulate epithelial cells to transform from normal cells into malignant tumor cells,<sup>44,47</sup> which is associated with poor patient outcomes.

CAFs possess strong synthetic and secretory capabilities, enabling them to directly produce various ECM proteins, such as collagen, fibronectin, and laminin, among others.<sup>48</sup> Among these, excessive deposition and cross-linking of collagen lead to the ECM stiffening, significantly increasing interstitial fluid pressure. Such alterations in the micro-environment have been shown to hinder the effective delivery of chemotherapy and immunotherapy drugs, thereby reducing tumor treatment efficacy.<sup>49,50</sup> As mentioned earlier, myCAFs participate in the secretion of various ECM proteins in ICC. The key matrix proteins produced by this subtype include Col I and HA.<sup>15</sup> In ICC, increased secretion of Col I can enhance the stiffness of the ECM. It acts as a mechanical barrier to prevent the penetration of chemotherapy drugs. Meanwhile, in pancreatic cancer, it can reduce the influx of immune cells and inhibit the anti-tumor response.<sup>51</sup>



**Figure 3** Four mechanisms of drug resistance mediated by CAFs in ICC. This figure illustrates the key roles of CAFs in driving drug resistance in ICC through four major mechanisms: extracellular matrix remodeling; immunosuppression; metabolic reprogramming; and signal transduction regulation. Specifically, CAFs drive extracellular matrix remodeling by secreting Col I and hyaluronic acid, which increase interstitial fluid pressure and impede drug diffusion; they construct an immunosuppressive microenvironment by recruiting MDSCs, M2-type macrophages, and Tregs, while inhibiting the function of TILs and DCs; they establish metabolic coupling with cancer cells to reprogram glucose, glutamate, and fatty acid metabolism; and they activate downstream signaling pathways such as HGF/c-Met/PI3K-AKT, IL-6/STAT3, and PIGF/VEGFR1-AKT/NF-κB to promote tumor progression and therapeutic resistance.

**Abbreviations:** AKT, Protein Kinase B; Col I, Collagen Type I; CPT1A, Carnitine Palmitoyltransferase 1A; DCs, Dendritic Cells; EZH2, Enhancer of Zeste Homolog 2; Glu, Glutamate; Gln, Glutamine; HGF, Hepatocyte Growth Factor; IL-6, Interleukin-6; IL-6R, Interleukin-6 Receptor; MDSCs, Myeloid-Derived Suppressor Cells; NF-κB, Nuclear Factor kappa-B; PI3K, Phosphoinositide 3-Kinase; PIGF, Placental Growth Factor; STAT3, Signal Transducer and Activator of Transcription 3; TME, Tumor Microenvironment; Tregs, Regulatory T Cells; TILs, Tumor-Infiltrating Lymphocytes; VEGFR1, Vascular Endothelial Growth Factor Receptor 1.

HA is a viscoelastic molecule with strong water-binding capacity, conferring excellent water retention and expansibility to the ECM, thereby contributing to ECM volume expansion and structural stability. As HA levels rise, the interstitial fluid pressure also increases, significantly impairing the penetration of chemotherapy drugs.<sup>52</sup> Previous studies have shown that HA is highly expressed in other tumor types, such as pancreatic ductal adenocarcinoma and breast cancer. This is closely associated with tumor chemotherapy resistance and poor clinical outcomes.<sup>15</sup> PEGPH20 is a polyethylene glycol-modified human recombinant PH20 hyaluronidase. This enzyme has been shown to rapidly and sustainably degrade HA, thereby enhancing the intratumoral delivery of gemcitabine. Compared with gemcitabine monotherapy, the combination of PEGPH20 and gemcitabine significantly reduced the incidence of metastasis and improved animal survival rates.<sup>53</sup> Additionally, myCAFs can produce insulin-like growth factor-binding protein-5,<sup>54</sup> which influences fibrogenic responses, myofibroblast transdifferentiation, and the ECM production.<sup>55</sup> It has been reported that ICC exhibits a significantly higher expression of insulin-like growth factor-binding protein-5 compared to normal liver tissue,

HCC, non-tumor chronic liver diseases of various types, and extrahepatic adenocarcinomas.<sup>56</sup> This makes it one of the specific markers for ICC and may play an important role in promoting drug resistance.

## CAF-Mediated Metabolic Reprogramming

Metabolic reprogramming is one of the key characteristics of tumors. It is the process by which tumor cells remodel their metabolic networks. This helps them adapt to the altered energy demands associated with rapid proliferation, invasive metastasis and other biological behaviors.<sup>57</sup> The TME contains abnormally activated metabolic pathways, continuously supplying tumor cells with essential substances such as ATP, biosynthetic precursors, and reducing equivalents. This establishes a robust material and energy foundation for sustained tumor growth and drug resistance.<sup>58</sup>

### Glucose Metabolism

Tumor cells undergo rapid glycolysis even in the presence of oxygen, consuming large amounts of glucose and secreting lactic acid, which is known as the “Warburg effect”. CAFs are influenced by tumor cells also exhibit similar aerobic glycolysis, a phenomenon referred to as the reverse “Warburg effect”.<sup>59</sup> In other words, CAFs can provide nutrients for mitochondrial oxidative phosphorylation in neighboring tumor cells through aerobic glycolysis,<sup>60</sup> which also contributes to tumor cell resistance. In ICC, compared to normal fibroblasts, CAFs can utilize more glucose and release more lactate.<sup>61</sup> Studies have shown that tumor cells expressing EGF receptor (EGFR) or HGF receptor (HGFR) exhibit increased glycolytic activity and elevated lactate levels.<sup>62</sup> These elevated lactate levels induce CAFs to secrete more HGF through an NF- $\kappa$ B-dependent mechanism. This activates HGFR-independent signaling in tumor cells, leading to their sustained resistance to tyrosine kinase inhibitor therapy.<sup>63</sup> Additionally, lactate can stabilize hypoxia-inducible factor-1 (HIF-1).<sup>64</sup> Among these, HIF-1 $\alpha$  is a key transcription factor, it can participate in multiple biological processes when stably activated. These processes include tumor cells survival, invasion, and angiogenesis. In this way, it comprehensively promotes tumor cells survival and also enhances drug resistance.<sup>65</sup> A study demonstrated that HIF-1 $\alpha$  and the hypoxia response element jointly regulate microRNA-210 expression, leading to its overexpression, which in turn arrests ICC cell proliferation at the G2/M phase and enhances their resistance to gemcitabine.<sup>66</sup> Furthermore, the enhanced glycolytic activity leads to more lactate and H<sup>+</sup> being secreted into the extracellular space. The resulting pH gradient affects how certain weakly alkaline chemotherapy drugs (like doxorubicin) are distributed and absorbed, causing physiological drug tolerance.<sup>61</sup>

### Glutamate Metabolism

Changes in amino acid metabolism also exercise significant influence on how drug resistance develops in ICC cells.<sup>67</sup> Relevant studies have revealed that the metabolism of glutamine (Gln) and glutamate (Glu) is abnormally active in tumors, influencing tumor metabolism.<sup>68</sup> In tumors, Gln and Glu undergo dynamic bidirectional conversion via enzyme-catalyzed reactions. The core process is the conversion of Gln to Glu by glutaminases, which provides tumor cells with raw materials for glutathione synthesis and tricarboxylic acid cycle participation to support their metabolic needs.<sup>69</sup> Meanwhile, Glu can be reversely converted to Gln by Gln synthetase in CAFs, forming a cycle to maintain nutrient homeostasis in the tumor microenvironment, which collectively promotes tumor progression.<sup>70</sup> Tumor cells overexpress Gln transporters to extensively uptake Gln. Its metabolism not only provides raw materials for overactivated glycolysis and oxidative phosphorylation reactions but also regulates autophagy to induce tumor cells resistance to chemotherapy drugs.<sup>71</sup> Autophagy supports chemotherapy resistance by helping tumor cells overcome stress signals from the surrounding environment and intracellular stress (including nutrient deprivation and chemotherapy cytotoxicity).<sup>72</sup> During Gln degradation, ammonia is released as a byproduct, which can induce autophagy in surrounding CAFs. Autophagic CAFs further release Gln for tumor cells metabolism, thereby forming a positive feedback loop between tumor cells Gln dependence and CAFs conversion/autophagy.<sup>73</sup> Recent studies suggest that multidrug resistance in ICC may be caused by autophagy.<sup>74</sup> CAFs are stimulated by ammonia secreted by tumor cells. This triggers the activation of autophagy-related signals. It then leads to drug resistance in ICC patients.<sup>75</sup> Studies have demonstrated that inhibiting the combination of glucose transporter and targeting glutaminase in experiments can overcome the aforementioned chemotherapy resistance in ICC.<sup>76</sup> Therefore, inhibiting Gln/Glu metabolism may provide new intervention strategies for treating resistance in ICC.

## Fatty Acid Metabolism

Tumor cells can increase fatty acid uptake and synthesis through lipid metabolism reprogramming to provide energy for themselves and build cell membranes. Research teams noted distinctions in fatty acid metabolism between therapy-responsive and drug-resistant cells, signifying this metabolic process may exert key effects on chemoresistance development.<sup>77</sup> On one hand, CAFs secrete lipid precursors. These reduce the unsaturated fatty acid/saturated fatty acid ratio in ICC cell membranes, lessening platinum-based drug-induced insertion damage to the membranes.<sup>78</sup> On the other hand, CAFs help activate the fatty acid  $\beta$ -oxidation pathway. They upregulate the key rate-limiting enzyme carnitine palmitoyl transferase 1A, providing ICC tumor cells with plenty of ATP and nicotinamide adenine dinucleotide phosphate.<sup>79</sup> ATP drives ATP-binding cassette transporters to mediate the efflux of chemotherapy drugs, significantly reducing intracellular chemotherapy drug concentrations and leading to chemotherapy resistance in ICC.<sup>78</sup>

## CAF-Involved Regulation of Immunosuppression

The TME is a highly plastic immunosuppressive niche. Its core function is to help tumor cells evade immune surveillance, which has become a key barrier to current immunotherapy. In this process, CAFs, with their unique secretory properties, act as the core “drivers” regulating the immunosuppressive state of the tumor microenvironment. CAFs can secrete factors such as CCL2, C-X-C motif chemokine ligand 12 (CXCL12), TGF- $\beta$ , IL-10 and IL-6, which promote the recruitment and function of immunosuppressive cells, including regulatory T cells, myeloid-derived suppressor cells (MDSCs), and M2-type macrophages, thereby impairing anti-tumor immune responses.<sup>80–82</sup> These cells secrete inhibitory cytokines like IL-10 and TGF- $\beta$ , which can further suppress antitumor immune responses, disrupt immune balance in the TME, and help tumor cells evade immune system attacks.<sup>83</sup> They also modulate the tumor’s sensitivity to immunotherapeutic agents, leading to drug resistance.

As mentioned earlier, CAFs recruit immunosuppressive MDSCs to the TME of ICC by secreting CCL2 and CXCL12. Research by He Rui’s team has found that CAFs may enhance the stem cell-like properties of MDSCs, creating an optimal microenvironment for the survival and chemotherapy resistance of ICC tumor cells.<sup>13</sup> MDSCs suppress CD4<sup>+</sup> and CD8<sup>+</sup> T cell function, promoting tumor immune evasion and drug resistance.<sup>84,85</sup> Meanwhile, CAF-derived IL-6 reduces CD8<sup>+</sup> tumor-infiltrating lymphocytes and increases the number of Foxp3<sup>+</sup> tumor-infiltrating lymphocytes, further exacerbating resistance.<sup>86</sup> Studies found increased Polymorphonuclear-MDSCs infiltration in advanced ICC, associated with the tRNA m7G methyltransferase METTL1. When METTL1 was knocked out, the efficacy of anti-PD-1 therapy for ICC was significantly improved.<sup>87</sup> Moreover, CAFs recruit regulatory T cells to inhibit CD8<sup>+</sup> T cell infiltration and secrete IL-10 and TGF- $\beta$  to further suppress effector T cell function, thereby fostering an immunosuppressive milieu and promoting ICC lymph node metastasis.<sup>88</sup> Furthermore, in mouse models of ICC, IL-6 secreted by CAFs promotes the formation of M2-type macrophages, enhances immunosuppression, and facilitates the escape of tumor cells.<sup>89</sup> In addition to the above, CAF-derived IL-10, TGF- $\beta$ , and Prostaglandin E2 can also block the maturation and antigen-presenting capacity of dendritic cells, converting them into tolerogenic or regulatory dendritic cells.<sup>90</sup> Mediated by CAFs, these immune cells collectively enable tumor cells to evade immune attack, promoting ICC progression and therapeutic resistance.

Wang et al demonstrated through single-cell RNA sequencing that CAFs in ICC specifically express the bile acid receptor G protein-coupled bile acid receptor 1. Excessive bile acids can target and activate this receptor, driving CAFs to secrete high levels of CXCL10. This factor promotes ICC cell invasion and EMT via downstream pathways, while also recruiting and maintaining immature neutrophils in the tumor microenvironment through Toll-like receptor 4-mediated mechanisms. Consequently, this cascade constructs an immunosuppressive microenvironment leading to CD8<sup>+</sup> T cell exhaustion, ultimately diminishing the efficacy of anti-PD-1 immune checkpoint inhibitors.<sup>16</sup>

## Significant Signaling Pathways Participated by CAFs

CAFs can regulate multiple important molecular signaling pathways and secrete key cytokines to promote reprogramming, thereby contributing to chemotherapy resistance. First of all, HGF secreted by CAFs can bind to the cellular-mesenchymal to epithelial transition factor (c-Met) on the surface of tumor cells. This causes c-Met dimerization and autophosphorylation, which activates the downstream PI3K-AKT signaling pathway.<sup>91</sup> This process enables tumor cells

to resist chemotherapy-induced apoptosis, resulting in drug resistance. In addition, FAP<sup>+</sup>CAFs derived from ICC can secrete large amounts of IL-6 and IL-33. These cytokines activate the STAT3/5-LOX signaling pathway, inducing MDSCs to release leukotriene B4.<sup>17</sup> This process enhances the stemness of ICC tumor cells and leads to drug resistance. Additionally, CAF derived from ICC has been shown to continuously activate the IL-6/STAT3 pathway, promoting the expression of Bcl-2 and cyclin D1, significantly enhancing tumor cells viability and reducing sensitivity to gemcitabine.<sup>92,93</sup> The IL-6 receptor antagonist tocilizumab can reverse this drug resistance phenomenon.<sup>94</sup> Meanwhile, IL-6 secreted by vCAFs significantly enhances the malignancy of ICC cells through the interaction of the IL-6/IL-6R axis between CAFs and tumor cells.<sup>37,95</sup> IL-6 secreted by vCAFs can upregulate enhancer of zeste homolog 2 (a protein associated with tumor malignant progression) in ICC tumor cells, thereby enhancing the malignant potential of tumor cells and promoting the malignant progression of ICC.<sup>37</sup> On the other hand, in a hypoxic microenvironment, CAFs derived from HSCs highly express placental growth factor (PIGF). This PIGF specifically binds to VEGF receptor 1, activating the AKT/NF- $\kappa$ B signaling axis and promotes CAFs to transform into myofibroblast-like phenotypes.<sup>96</sup> This process significantly enhances the resistance of ICC to gemcitabine combined with cisplatin treatment, while PIGF inhibitors can effectively restore chemotherapy sensitivity.<sup>97</sup> Furthermore, in vitro modeling of ICC-CAF crosstalk demonstrated that CAFs express insulin-like growth factor 2, activating the insulin receptor/insulin-like growth factor 1 receptor signaling pathway in ICC tumor cells to protect them from the harmful effects of erlotinib.<sup>98</sup> Overall, these findings not only reveal the molecular basis of how CAFs promote ICC chemotherapy resistance, but also provide an important theoretical basis for developing new combination therapy strategies that target CAFs.

## Therapeutic Strategies Targeting CAFs

In the treatment of ICC, CAF-mediated drug resistance significantly impairs therapeutic efficacy. Therefore, developing targeted strategies against CAFs to break through the bottleneck of treatment resistance has become a critical unmet clinical need. Currently, two core and feasible targeted intervention approaches have been established for CAF-mediated drug resistance: first, inhibiting the activation and generation of CAFs to reduce their abnormal accumulation in the TME (Table 1); second, directly targeting the pro-tumorigenic functions of CAFs (Table 2). Based on the above insights, this review systematically elaborated on the aforementioned four strategies as follows: (1) Inhibiting the secretion of ECM-related components to disrupt the abnormal remodeling of ECM and its physical barrier function, thereby reversing the drug-resistant phenotype of ICC. (2) Targeting CAF-induced metabolic reprogramming processes (encompassing key pathways such as glycolysis, glutamine metabolism, and fatty acid metabolism) by blocking the nutrient transport and metabolic support from CAFs to tumor cells, cutting off the energy supply and biosynthetic raw material sources of tumor cells. This not only significantly inhibits the proliferative activity and drug resistance potential of tumor cells but also enhances the cytotoxic sensitivity of tumor cells to chemotherapeutic agents and targeted therapies, improving the overall therapeutic effect. (3) Targeting the immunosuppressive state in the TME to restore the tumor-killing activity of immune cells, enhance antitumor immune responses, and boost the efficacy of comprehensive treatment. (4) Interfering

**Table 1** Inhibition of CAF Activation and Generation

Drug Name	Biomarkers	Therapeutic Targets	Mechanisms of Action
Galunisertib Imatinib, Sunitinib Biejia Ruangan Pian (BJRG)	TGF- $\beta$ PDGF, PDGFR $\alpha$ -SMA, Col I	TGF- $\beta$ PDGFR $\alpha$ -SMA, Col I	Inhibit CAF activation by targeting TGF- $\beta$ Block PDGF receptor to inhibit CAF activation Downregulate $\alpha$ -SMA and Col I, thereby inhibiting CAF activation
B7-33-SNPs	$\alpha$ -SMA, CD31, VEGFA, ANG2, RXFP1	TGF- $\beta$ Pathway, VEGFR2, RXFP1 receptor	Targets CAFs and angiogenesis in ICC, inhibiting CAF activation and improving tumor permeability.
Metformin	CAV-1, HIF-1 $\alpha$ , TGF- $\beta$ , IL-6	AMPK, NF- $\kappa$ B, TGF- $\beta$ pathway, HIF-1 $\alpha$	Upregulates CAV-1, inhibits TGF- $\beta$ and NF- $\kappa$ B pathways, and downregulates HIF-1 $\alpha$ to block CAF differentiation, autocrine activation, and hypoxia-induced generation

**Table 2** Inhibition of CAF Functions

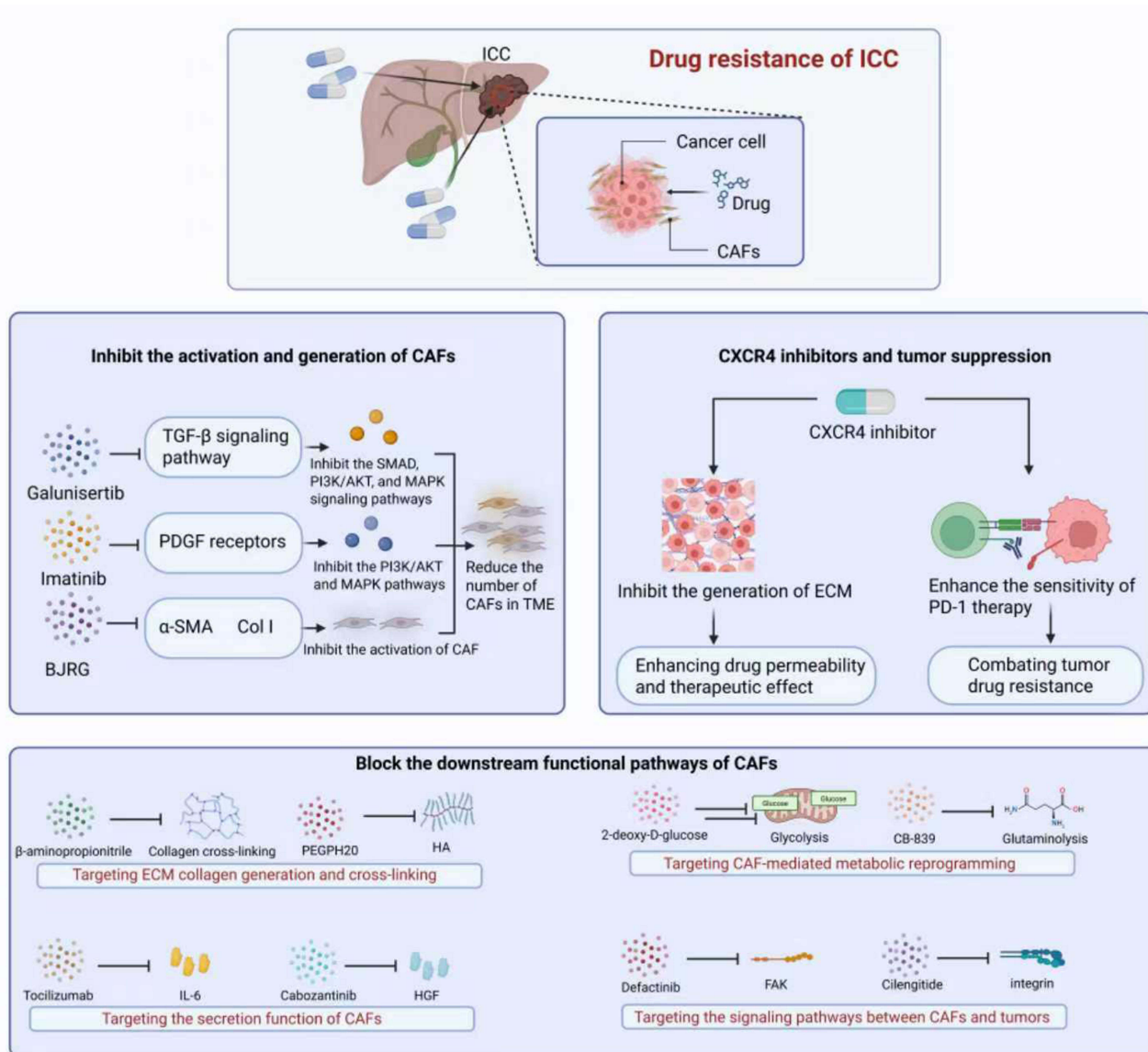
Drug Name	Biomarkers	Therapeutic Targets	Mechanisms of Action
Tocilizumab	IL-6, sIL-6R	IL-6R	Block IL-6 receptor to inhibit CAF secretion function
Cabozantinib	HGF, MET	HGF/MET signaling pathway	Block HGF/MET signaling pathway to inhibit CAF secretion function
Resveratrol	IL-6, N-cadherin/ E-cadherin	IL-6	Inhibit CAF secretion of IL-6
$\beta$ -aminopropionitrile	LOX, Collagen	LOX	Inhibit collagen cross-linking by targeting LOX
Simtuzumab (GS-6624)	LOXL2, Collagen cross-linking level	LOXL2	Inhibit collagen cross-linking by targeting LOXL2
PEGPH20	HA, Gemcitabine concentration	HA	Promote tumor vascular reperfusion by targeting HA, improve the tumor penetration and cytotoxicity of chemotherapy drugs
Venetoclax (ABT-199), Navitoclax (ABT-263)	PDGF/PDGFR	PDGF/PDGFR axis (BH3 mimics)	Enhance CAF sensitivity to apoptosis, reduce the number of myCAFs in the tumor microenvironment, and inhibit tumor growth
Cilengitide	Integrin $\alpha$ v $\beta$ 3	Integrin $\alpha$ v $\beta$ 3	Inhibit CAF-tumor cells interactions by targeting integrin $\alpha$ v $\beta$ 3, enhance tumor cells sensitivity to chemotherapy
Defactinib (VS-6063)	FAK, Survival- related proteins	FAK	Block CAF-mediated tumor cells survival signaling pathways by targeting FAK
Biejia Ruangan Pian (BJRG)	YAP/TAZ, mTOR activity marker	HIPPO/AKT/mTOR signaling pathway	Exert synergistic effects through multiple mechanisms by inhibiting the HIPPO/ AKT/mTOR signaling pathway
2-deoxy-D-glucose	GLUT1/HK2, Lactate	CAF glycolysis	Inhibit CAF metabolic reprogramming by targeting glycolysis
Telaglenastat (CB-839)	GLS, Gln consumption rate	CAF glutaminase	Inhibit CAF metabolic reprogramming by targeting glutaminase
Curcumin	LAT2, Gln level in tumor cells	LAT2/Gln pathway	Target the LAT2/Gln pathway, cut off Gln supply to tumor cells, weaken the metabolic support role of CAFs
Losmapimod (GNE-140)	LDHA, Lactate secretion rate	CAF lactate dehydrogenase A	Inhibit CAF-mediated lactate secretion by targeting lactate dehydrogenase A, hinder tumor cell survival and invasion
Bortezomib, CXCR4 inhibitor, Checkpoint inhibitor	CXCR4, PD-L1	CXCR4, Immune checkpoint	CXCR4 inhibitors suppress the ECM to enhance bortezomib's ability to kill tumor cells through immune surveillance; checkpoint inhibitors further amplify the therapeutic effect
AZD3965	Accumulated lactic acid quantity	MCT1	Block the efflux of lactic acid from CAFs to tumor cells, and reducing the dependence of tumor cells on oxidative phosphorylation
Orlistat derivatives	FASN	FASN, lipid metabolism	Reduce the lipid support of CAFs to tumor cells and their own energy reserves
Plerixafor (AMD3100)	CXCR4, N-cadherin, VEGF- C and MMP-9	The binding of CXCL12 to CXCR4	Inhibiting the anti-apoptotic signals in tumor cells reduces the recruitment of MDSCs and tumor-associated macrophages
Lirafugratinib (RLY-4008)	FGFR2 Fusion Protein, $\alpha$ -SMA, Col III	FGFR2	Inhibits abnormal FGFR2 signaling in CAFs, blocks CAF-iCCA cell crosstalk, and reverses targeted therapy resistance.
Samrotamab Vedotin (ABBV-085)	LRRC15, TGF- $\beta$	LRRC15	Targets LRRC15, a surface marker of CAFs, and delivers monomethyl auristatin E via antibody-drug conjugate technology to kill CAFs, disrupt the tumor-supportive stromal microenvironment, and enhance tumor immune infiltration.
Dichloroacetate	PDK, Lactate	PDK	Reverses the Warburg effect in CAFs and remodels CAF mitochondrial metabolism via the PDK/PDH axis.
Metformin	MCT4, 2HG, HK2, LDH, IL-6, CXCL12, IDO	AMPK, Mitochondrial Complex I, MCT4, PI3K/AKT/ mTOR, NF- $\kappa$ B	Activates AMPK, inhibits mitochondrial Complex I and key signaling pathways, blocks MCT4-mediated lactate transport, and reduces secretion of immunosuppressive factors to suppress CAF metabolic reprogramming, immune suppression, ECM remodeling, and signal crosstalk with tumor cells
Losartan	$\alpha$ -SMA, Col I, TGF- $\beta$	AT1R	Targets the TGF- $\beta$ signaling pathway in CAFs, reduces the number of $\alpha$ -SMA+CAF and type I collagen deposition, decreases tumor stromal pressure, and lowers ECM stiffness.

with the paracrine signaling crosstalk between CAFs and tumor cells by blocking the cross-activation of key signaling pathways between them, inhibiting the abnormal expression of key drug resistance-related genes in tumor cells as well as the continuous transmission of malignant proliferation and invasion signals, and disrupting the pro-tumorigenic vicious cycle formed by CAFs and tumor cells, thereby fundamentally abolishing the molecular basis of drug resistance. These intervention strategies, starting from the dual dimensions of “source control” and “functional blocking” of CAFs, can

effectively weaken the core promotional role of CAFs in tumor progression and drug resistance, providing important therapeutic directions for reversing CAF-mediated drug resistance in ICC (Figure 4).

## Inhibition of CAF Activation and Generation

The activation of CAFs is typically driven by growth factors such as TGF- $\beta$ , PDGF secreted by tumor cells. These cytokines promote the proliferation and functional activation of CAFs by activating signaling pathways such as SMAD, PI3K/AKT, and MAPK in CAFs.<sup>99</sup> Among these, TGF- $\beta$  plays a key role in CAF activation.<sup>100</sup> TGF- $\beta$  inhibitors like Galunisertib (LY2157299) have shown potential in clinical trials.<sup>101</sup> They can inhibit CAF activation and reverse tumor



**Figure 4** Targeted intervention strategies to overcome CAF-mediated drug resistance in ICC. This figure illustrates the therapeutic strategies for overcoming drug resistance in ICC by targeting CAFs, which are categorized into two main approaches: inhibiting the activation and generation of CAFs, and blocking the downstream functional pathways of CAFs. Specifically, inhibiting CAF activation and generation involves targeting the TGF- $\beta$  signaling pathway (e.g., Galunisertib), PDGF receptors (e.g., Imatinib), and CAF activation markers (e.g., BJRJ), thereby reducing CAF accumulation in the TME. Additionally, CXCR4 inhibitors suppress ECM generation, enhance drug permeability, and improve the sensitivity of anti-PD-1 therapy to combat drug resistance. Blocking downstream pathways includes strategies such as targeting ECM collagen generation and cross-linking (e.g.,  $\beta$ -aminopropionitrile, PEGPH20), CAF-mediated metabolic reprogramming (e.g., 2-deoxy-D-glucose, CB-839), CAF secretion function (e.g., Tocilizumab, Cabozantinib), and signaling pathways between CAFs and tumors (e.g., Defactinib, Cilengitide), ultimately reversing therapeutic resistance in ICC.

**Abbreviations:**  $\alpha$ -SMA, alpha-Smooth Muscle Actin; AKT, Protein Kinase B; Col I, Collagen Type I; CXCR4, C-X-C chemokine receptor 4; ECM, Extracellular Matrix; FAK, Focal Adhesion Kinase; HGF, Hepatocyte Growth Factor; IL-6, Interleukin-6; MAPK, Mitogen-Activated Protein Kinase; PDGF, Platelet-Derived Growth Factor; PI3K, Phosphoinositide 3-Kinase; SMAD, Mothers Against Decapentaplegic Homolog; TGF- $\beta$ , Transforming Growth Factor-beta; TME, Tumor Microenvironment.

resistance. Additionally, PDGFR inhibitors such as Imatinib and Sunitinib have been used to inhibit CAF activation, thereby reducing fibrosis and immune suppression in the tumor microenvironment.<sup>102</sup> Furthermore, Biejia Ruangan Pian (BJRG) (a traditional Chinese herbal medicine) is widely used for treating liver diseases. In vitro experiments have shown that this drug can significantly downregulate  $\alpha$ -SMA and Col I, thereby inhibiting CAF activation.<sup>103</sup>

## Inhibition of CAF Functions

### Targeting Collagen Production and Crosslinking

Drugs targeting collagen synthesis and cross-linking can significantly reduce the stiffness of the tumor microenvironment, thereby inhibiting tumor cells invasion and drug resistance. For example, lysyl oxidase (LOX) inhibitors such as  $\beta$ -aminopropionitrile and lysyl oxidase-like 2 (LOXL2) inhibitors such as Simtuzumab (GS-6624) have demonstrated efficacy in preclinical studies in inhibiting collagen cross-linking and reducing tumor fibrosis.<sup>104</sup> PEGPH20, a HA inhibitor, promotes tumor vascular reperfusion, improving the tumor penetration and cytotoxicity of chemotherapy drugs such as gemcitabine.<sup>53</sup>

### Targeting CAF-Mediated Metabolic Reprogramming

Metabolic reprogramming targeting CAFs has emerged as a promising therapeutic strategy in recent years. As mentioned above, CAFs undergo significant metabolic reprogramming in the tumor microenvironment. Including enhanced glycolysis, Gln metabolism and adaptive remodeling of fatty acid metabolism, which supports tumor cells and maintains the pro-cancer microenvironment. Glycolysis inhibitors such as 2-deoxy-D-glucose and glutaminase inhibitors like CB-839 have demonstrated efficacy in inhibiting CAFs metabolic reprogramming in clinical trials, thereby reversing tumor cell resistance.<sup>105,106</sup> Additionally, lactate dehydrogenase A inhibitors like GNE-140 are used to inhibit CAF-mediated lactate secretion. This suppression helps hinder tumor cell survival and invasion.<sup>107</sup> In addition, AZD3965, a selective inhibitor of monocarboxylate transporter 1, can block the lactic acid efflux from CAFs to tumor cells, disrupt metabolic coupling, and ultimately reduce the reliance of tumor cells on oxidative phosphorylation, thereby decreasing the survival rate of tumor cells.<sup>108</sup> Both of the above drugs reduce the lactic acid supplied by CAFs to tumor cells, thereby disrupting the metabolic coupling on which the reverse “Warburg effect” relies and exerting therapeutic effects. Curcumin is a natural polyphenolic compound extracted from the rhizomes of the turmeric plant, known for its antitumor, anti-inflammatory, and antioxidant properties. Existing studies have found that Curcumin synergistically enhances the efficacy of gemcitabine in ICC patients resistant to gemcitabine.<sup>109</sup> Curcumin can target the LAT2/Gln pathway and inhibit LAT2 transport activity. This cuts off Gln supply to tumor cells and weakens the metabolic support role of CAFs.<sup>110</sup> Meanwhile, lipid metabolism-targeting agents represented by fatty acid synthase inhibitors disrupt lipid metabolic pathways in cancer cells, providing a highly promising strategy for targeting the metabolic hallmarks of tumor cells and achieving tumor growth suppression.<sup>111</sup> This reduces CAFs’ lipid support for tumor cells and their own energy reserves. Together, these interventions effectively reverse the drug resistance of tumor cells caused by the metabolic support from CAFs.

### Targeting CAF Secretion

Targeting the secretory function of CAFs is another important therapeutic strategy. As mentioned earlier, CAFs promote tumor cells survival, invasion, and drug resistance by secreting IL-6, HGF, VEGF, and ECM components (such as collagen and fibronectin).<sup>112</sup> For example, the IL-6 receptor inhibitor tocilizumab<sup>93</sup> and the HGF/MET signaling pathway inhibitor cabozantinib<sup>113</sup> can inhibit CAF secretion function. They may reverse tumor cells resistance to chemotherapy and targeted therapy.<sup>114</sup> Additionally, studies have found that resveratrol can inhibit CAF secretion of IL-6.<sup>89</sup> Conditioned medium prepared from resveratrol-pretreated CAFs can completely block tumor cells motility, restore the normal conversion of N-cadherin to E-cadherin in migrating cells, and stimulate tumor cells autophagy.<sup>114</sup> Thus, this drug shows promise in enhancing ICC treatment efficacy and overcoming resistance. AMD3100, an antagonist of C-X-C chemokine receptor 4 (CXCR4), can block the binding of CXCL12 to CXCR4 on tumor cells when used in combination with gemcitabine.<sup>115</sup> This further inhibits the anti-apoptotic signaling in tumor cells and reduces the recruitment of MDSCs and tumor-associated macrophages, making it a promising optional therapeutic approach for ICC.

## Targeting Signaling Pathways Between CAFs and Tumor Cells

Targeting the interactions between CAFs and tumor cells is another key strategy for overcoming tumor resistance. The PDGF/PDGFR axis is a well-researched pathway in the ICC between tumor cells and CAFs.<sup>116</sup> Among these, BH3 mimics such as ABT-199 and navitoclax can enhance CAF sensitivity to apoptosis, reduce the number of myCAF in the tumor microenvironment, and inhibit tumor growth.<sup>35</sup> Besides, EGFR pathway-related drugs can achieve targeted therapy by focusing on the interaction between CAFs and ICC tumor cells. They block a specific process: EGFR ligands produced by CAFs activate EGFR in tumor cells, which then induces migration, invasion, and malignant cycles to inhibit tumor growth.<sup>35</sup> In addition, integrin  $\alpha\beta3$  inhibitor cilengitide has demonstrated efficacy in clinical trials in inhibiting CAF-tumor cells interactions, thereby enhancing tumor cells sensitivity to chemotherapy.<sup>117</sup> Additionally, focal adhesion kinase (FAK) inhibitors such as Defactinib (VS-6063) have been used to block CAF-mediated tumor cells survival signaling pathways.<sup>118</sup> Furthermore, BJRG can also exert effects synergistically through multiple mechanisms by inhibiting the HIPPO/AKT/mTOR signaling pathway. This allows it to effectively inhibit tumor progression.<sup>103</sup>

## Exploration of Novel Triple Therapy

Additionally, during the 2023 Digestive Disease Week in the United States, Li et al proposed a novel triple therapy<sup>119</sup> This therapy targets tumor resistance in ICC and combines bortezomib, a CXCR4 inhibitor, and a checkpoint inhibitor. Researchers performed experiments using patient-derived organoids and mouse models, and the results revealed that the resistance of patient-derived organoids to bortezomib is associated with CXCR4 overexpression. However, CXCR4 inhibitors can reverse this resistance and boost sensitivity to PD-1 therapy. Studies showed that CXCR4 inhibitors can suppress the ECM, enhancing bortezomib's ability to kill tumor cells through immune surveillance, while checkpoint inhibitors further amplify the therapeutic effect. This therapy offers a new direction for overcoming ICC resistance, but its clinical translation potential still requires further validation.<sup>119</sup>

## Conclusion

CAFs play a crucial role in the drug resistance of ICC. On one hand, CAFs remodel the ECM. They not only provide physical support for tumor cells but also block the penetration of chemotherapeutic drugs, directly resulting in drug resistance. At the metabolic level, CAFs form metabolic coupling with tumor cells. They supply energy and substances required for proliferation, maintain metabolic homeostasis under chemotherapeutic pressure, and promote the development of drug resistance. Meanwhile, CAFs secrete various cytokines and growth factors. These activate key signaling pathways within tumor cells, enhancing their chemoresistance in multiple ways. In terms of immune regulation, CAFs create an immunosuppressive microenvironment. They help tumor cells evade immune surveillance by inhibiting the activity of immune cells and promoting the accumulation of immunosuppressive cells. Notably, CAFs subtypes such as myCAFs and iCAFs exhibit highly heterogeneous functions. However, their specific mechanisms of action in ICC drug resistance remain unclear. Therefore, studying the functional differences among these subtypes is of great significance for patients with ICC drug resistance. Current drug therapies targeting CAFs bring new hope for overcoming ICC drug resistance. They block the induction of tumor drug resistance by targeting specific functions or signaling pathways of CAFs. Yet, existing drugs face challenges like insufficient specificity, limited effectiveness, and potential side effects. Future research is needed to further explore the molecular biological characteristics of CAFs, optimize treatment regimens, and identify new targets to improve the therapeutic efficacy and prognosis of ICC patients.

## Abbreviations

apCAF, Antigen-presenting CAF; BJRG, Biejia Ruangan Pian; BM-MSCs, Bone Marrow-derived Mesenchymal Stem Cells; CAFs, Cancer-Associated Fibroblasts; CCL2, C-C motif chemokine ligand 2; CCA, Cholangiocarcinoma; Col I, Type I collagen; CXCL12, C-X-C motif chemokine ligand 12; CXCR4, C-X-C chemokine receptor 4; ECM, Extracellular Matrix; EGF, Epidermal Growth Factor; EGFR, Epidermal Growth Factor Receptor; EMT, Epithelial-to-Mesenchymal Transition; eCAF, Epithelial-associated CAF; FAK, Focal Adhesion Kinase; FAP, Fibroblast Activation Protein; Gln, Glutamine; Glu, Glutamate; HA, Hyaluronic Acid; HCC, Hepatocellular carcinoma; HGFR, Hepatocyte

Growth Factor Receptor; HGF, Hepatocyte Growth Factor; HIF-1, Hypoxia-Inducible Factor-1; HSCs, Hepatic Stellate Cells; ICC, Intrahepatic Cholangiocarcinoma; iCAF, Inflammatory CAF; IL-6, Interleukin-6; LOX, Lysyl Oxidase; LOXL2, Lysyl Oxidase-Like 2; MDSCs, Myeloid-Derived Suppressor Cells; mCAF, Myofibroblastic CAF; PFs, Portal Fibroblasts; PDGF, Platelet-Derived Growth Factor; PDGFR- $\beta$ , Platelet-Derived Growth Factor Receptor- $\beta$ ; PIGF, Placental Growth Factor; TGF- $\beta$ , Transforming Growth Factor- $\beta$ ; TME, Tumor Microenvironment; VEGF, Vascular Endothelial Growth Factor; vCAF, Vascular CAF; c-MET, cellular-Mesenchymal to Epithelial Transition factor;  $\alpha$ -SMA,  $\alpha$ -Smooth Muscle Actin.

## Author Contributions

Yimeng Yuan and Ruoyu Zhang are co-first authors. All authors have contributed significantly to the work described in this paper, with involvement in the conception, study design, execution, data collection, analysis and interpretation, either in individual areas or across the full scope of the work. Each author has taken part in drafting, revising, or critically evaluating the manuscript; has given final approval of the publication-ready version; has consented to the journal selected for manuscript submission; and agrees to be accountable for all elements of the presented work.

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## Disclosure

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