

A Case of Microwave Ablation Activating Immune Response in Pulmonary Metastases from Hepatocellular Carcinoma

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Abstract: Immune checkpoint inhibitors have significantly transformed the treatment of advanced solid tumors, revolutionizing the therapeutic landscape. However, drug resistance is a key clinical obstacle to the application of immune checkpoint inhibitors in patients. We describe a patient who developed pulmonary metastases from hepatocellular carcinoma 5 years after hepatectomy. After continuous targeted therapy and immunotherapy, the lesion still progressed slowly, but after ablation of one lesion, the other lesions were significantly reduced when immunotherapy was used again. This case might provide insight into the current low response rate to immunotherapy, providing a new direction for further exploration.

Keywords: case report, immunotherapy, ablation, pulmonary metastases, hepatocellular carcinoma

Introduction

Hepatocellular carcinoma (HCC) is the third leading cause of cancer-related death worldwide, with a relative 5-year survival rate of approximately 18%.¹ Immune checkpoint inhibitors (ICIs) have recently shown significant efficacy in the treatment of HCC, greatly improving patient survival rates and becoming a standard therapeutic approach.^{2,3} Additionally, immunotherapy has become a critical treatment method for many other types of tumors. However, for patients with advanced tumors, particularly after first- and second-line treatments have failed, many drugs used subsequently often prove to be less effective. This limited efficacy leaves doctors and patients with few options, and they often resort to palliative care. Therefore, it is crucial to find new treatment options. This article reports a case in which a metastatic tumor's response to immunotherapy was suddenly enhanced following microwave ablation. This observation suggests that, in addition to developing new drugs, finding suitable synergistic treatment methods to enhance the efficacy of existing drugs is also of paramount importance.

Case

An adult patient who presented with symptoms of abdominal pain, abdominal distension, and elevated alpha-fetoprotein levels was diagnosed with massive hepatocarcinoma, with a tumor measuring 14×12 cm, which was confirmed by enhanced magnetic resonance imaging (MRI) on March 28, 2018. Four rounds of transcatheter arterial chemoembolization (TACE) were performed between April 2018 and July 2018 because the tumor was too large. Hepatectomy was subsequently performed in August 2018 (Figure 1), and postoperative pathologic examination revealed Grade III hepatocellular carcinoma. Three rounds of prophylactic TACE were performed after hepatectomy between October 2018 and July 2019. No recurrence has been reported in the liver thus far.

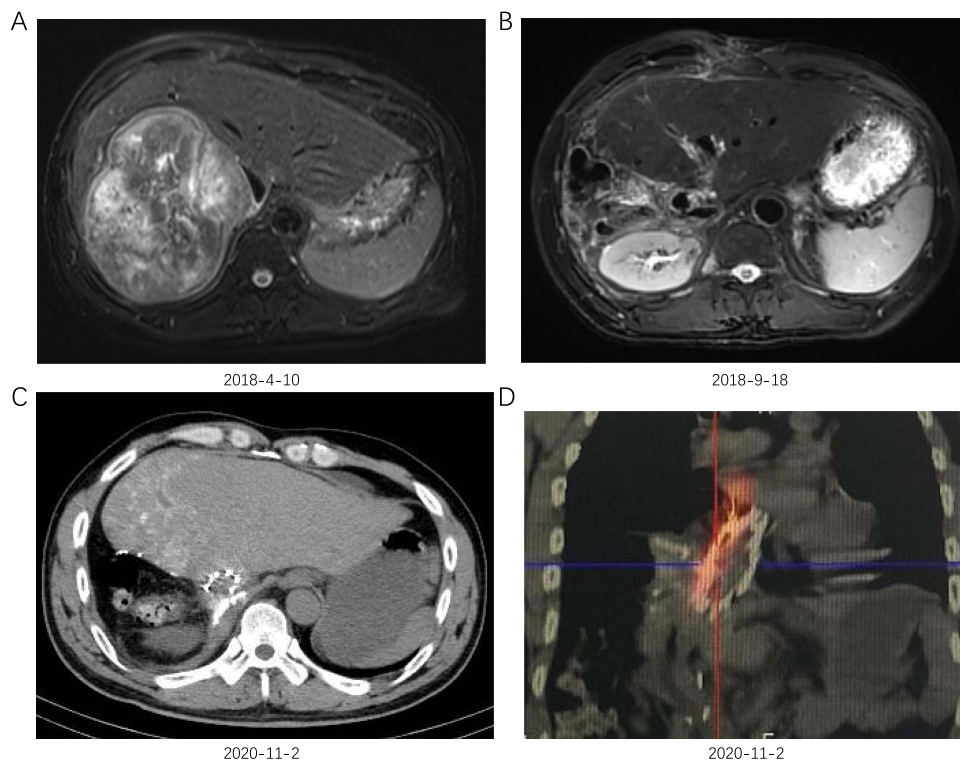


Figure 1 Changes in abdominal lesions. **(A)** Intrahepatic lesion after TACE. **(B)** Post-hepatectomy liver status. **(C)** Peritoneal metastasis after stent and iodine-125 particle implantation. **(D)** Radiation after iodine-125 particle implantation. Red and blue crosshairs indicate reference lines in the multiplanar reconstruction images; they mark the intersection of different planes to localize the iodine-125 particles. Different colors are used to distinguish the respective planes and improve visual clarity.

However, 2 years later, peritoneal metastasis was found in October 2020. The inferior vena cava was affected. Therefore, a stent and iodine-125 particles were implanted adjacent to the inferior vena cava (Figure 1), and three rounds of TACE were performed. Since then, the patient started targeted therapy (lenvatinib 8 mg orally every day). During the follow-up period, PET-CT revealed that the activity of the metastasis was reduced.

Regrettably, multiple pulmonary metastases have been identified in the patient since August 2022. Despite various treatments, including chemotherapy with oxaliplatin combined with 5-fluorouracil, a change in medication from lenvatinib (8 mg daily) to regorafenib (80 mg daily), and immunotherapy (tislelizumab 200 mg every three weeks), the pulmonary metastases continued to grow slowly. Owing to the lack of significant improvement, chemotherapy was discontinued, but the patient continued to use regorafenib and tislelizumab.

Under the guidance of cone beam computed tomography, the doctors performed a puncture and conducted microwave ablation on the largest lesion in the left lung (30 W for 2 minutes, 40 W for 2 minutes, and 60 W for 2 minutes) (Figure 2). During follow-up, the metastases were significantly reduced in size. Systemic therapy was not changed before or after ablation, and when immunotherapy was used again, the nonablated metastases in the lung shrank significantly. In the subsequent follow-up, regorafenib 80 mg every day and tislelizumab 200 mg every three weeks were maintained. There was no significant change in pulmonary metastases during the 1-year follow-up (Figures 3 and 4).

Given the dispersed nature of the patient's metastases, it is not sufficient to evaluate the changes only via images. Hence, we employed volume measurement software (uAI-ChestCare R001) to assess the ten largest lesions in both lungs, offering a more nuanced view of the volumetric changes before and after ablation (Figure 5).

Unfortunately, owing to the rarity of this phenomenon and the patient's financial considerations, tumor immunity-related blood markers were not part of our routine follow-up. As a result, we were unable to test these markers in a timely manner when the phenomenon occurred, preventing us from exploring the relationship between this rare event and the patient's tumor immunity-related markers.

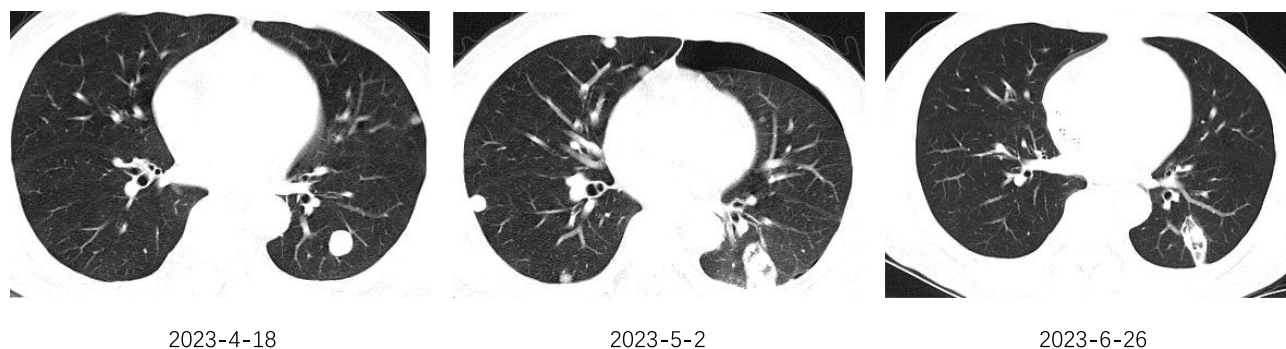


Figure 2 Lesions before and after ablation.



Figure 3 Changes in nonablated lesions.

While previous studies have documented the abscopal effect, our observations suggest a complex interplay beyond conventional understanding. Our main consideration is that the metastases still showed progression at 2 weeks after ablation, at which time the patient had not begun to receive immunotherapy after ablation. After the application of immunotherapy, the metastases began to shrink. This is a rarely reported phenomenon: when targeted therapy and immunotherapy remain unchanged, the response of other metastases to immunotherapy is suddenly activated after topical therapy.

Discussion

Mole⁴ proposed the concept of the abscopal effect over 70 years ago. The abscopal effect resulting from ablation⁵ was introduced in 1970 for the treatment of prostate tumors. This effect is rare because established immune tolerance mechanisms during treatment may hinder the development of a sufficiently strong abscopal response. In recent years, many studies have reported the occurrence of the abscopal effect in radiotherapy,^{6,7} cryoablation,^{5,8} radiofrequency ablation,^{9,10} and microwave ablation.¹¹ Several researchers have also experimentally demonstrated the mechanisms underlying the abscopal effect, suggesting that it is related to the immune system.^{12,13} With the rise of immunotherapy,^{14–18} numerous studies have shown that the abscopal effect seems to have a synergistic relationship with immunotherapy.^{19–21} Our observations and proposed mechanisms align with the abscopal effect. However, in our case the nonablated tumors did not spontaneously shrink shortly after ablation. Shrinkage occurred only when ICIs were administered; therefore it could not be attributed to the abscopal effect. Thus, we classified it as “the response to immunotherapy activated by microwave ablation.”

Many previous articles^{22–25} have explained the principles of ablation-activated immunotherapy from different perspectives, providing a theoretical foundation for the synergistic effects of ablation and immunotherapy. Many animal experiments have also demonstrated ablation-activated immunotherapy.^{26,27} Concurrently, numerous clinical studies are underway.²³ However, upon reviewing the literature, we found that most reports show therapeutic effects of combined ablation and immunotherapy on the basis of hematological changes,²⁸ animal experiments, or patient survival.^{29–31} There has never been a case report as clear as ours that directly and distinctly demonstrates this phenomenon. Our case provides a more intuitive and clearer clinical basis for this viewpoint than previous studies do. For patients who do not respond or respond poorly to ICIs, this case clearly demonstrates an approach to enhancing treatment efficacy. Additionally, because immunotherapy was administered at least 13 days after ablation in this patient, we observed that the stimulatory components produced by the tumor after ablation seemed to persist for a long period of time. This challenges our previous understanding, as few studies have investigated the appropriate timing for immunotherapy following ablation. However, Den³² demonstrated an increase in tumor-specific T cells 10 days after both cryotherapy and radiofrequency/ablation combination treatment by identifying OVA kb tetramer-positive CD8b + T cells. Therefore, we are considering whether the optimal timing for immunotherapy after ablation might be a factor influencing the efficacy of immunotherapy. Additionally, some articles³³ suggest that a high tumor burden has a negative effect on anticancer immunity. Therefore, we believe that the relatively low overall tumor burden in this patient might also be a contributing factor to this phenomenon.

Owing to the effective control of the patient's primary lesion, the impact of this immunotherapy after ablation on other lesions was not observed. Many studies^{34–40} have demonstrated the heterogeneity of metastatic tumors compared with that of primary tumors. Research³⁴ suggests that metastatic tumors can acquire new (epi)genetic mutations, preventing T-cell recognition and potentially altering the immune response to metastatic lesions. Additionally, some studies^{38,39} have shown that radiotherapy of metastatic organs can enhance their antitumor effects. Although we initially considered whether this phenomenon might be related to ablation altering the acquired resistance of metastatic tumors, previous clinical studies have shown that the response rate of lung metastases of patients with primary liver cancer to ICIs is greater than that of intrahepatic lesions.^{41–43} Therefore, we have temporarily abandoned this hypothesis.

In recent years, the emergence of immunotherapy has greatly prolonged the survival of many patients, but the response to immunotherapy often varies greatly from individual to individual. For some patients with distant organ metastases, systemic therapies are not effective enough to inhibit tumor progression, as topical therapy cannot be performed. Our findings suggest that microwave ablation may serve as a potent catalyst for immunotherapy. Although numerous studies have suggested the synergistic potential of ablation with immunotherapy, direct clinical evidence remains scarce. This case not only sheds light on this synergy but also underscores the need for comprehensive studies to explore the underlying mechanisms and broader applicability of this approach. We hope that our findings will inspire further research, potentially leading to more effective treatment strategies for patients with cancer. We will also conduct further review and research on past cases of lung metastases treated with ablation to identify additional cases of this rare phenomenon in our existing database.

Conclusion

This case highlights a rare phenomenon in which microwave ablation appeared to enhance the efficacy of immunotherapy, despite no changes in systemic treatment. Unlike the classical abscopal effect, the response was only observed after immunotherapy resumed, suggesting a distinct mechanism of ablation-activated immune re-sensitization. These findings underscore the potential of combining local and systemic therapies to overcome resistance and warrant further investigation into optimal treatment strategies.

Ethics Statement

Details of the case reported in the article were approved by the Ethics Committee of Zhongshan Hospital, Fudan University, Shanghai, China (Approval No. B2025-018).

Consent for Publication

Written informed consent was obtained from the patient for the publication of all the data and images.

Author Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

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Disclosure

The authors report no conflicts of interest in this work.

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