

Identification of Bioactive Compounds and Molecular Targets of Compound Herbs Against Stomach Adenocarcinoma: A Network Pharmacology Approach

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Background: The therapeutic effects of compound herbs (Radix Paeoniae Rubra, Radix Cirsii Japonici, Gentianae Radix Et Rhizoma, and Cardeniae Fructus) on stomach adenocarcinoma (STAD) remain unclear.

Methods: Active ingredients and their targets from the herbal combination were obtained using the Traditional Chinese Medicine Systems Pharmacology (TCMSP) database. STAD-related targets were collected from the GeneCards database, and the TCGA-STAD dataset was downloaded from The Cancer Genome Atlas (TCGA) database. Differentially expressed genes (DEGs) between STAD and normal tissues were screened. The intersection of DEGs, drug targets, and STAD-related targets was taken to determine key targets. A protein-protein interaction (PPI) network was built and hub genes were identified. Functional enrichment analysis and molecular docking of the hub genes were performed. The Cell Counting Kit-8 (CCK8) assay was used to evaluate the effects of the active ingredients on the proliferation of Stomach Gastric Carcinoma cell line 7901 (SGC-7901) and MaKuNo cell line 45 (MKN-45) cells. The Transwell assay was used to evaluate the effect of quercetin on the migration ability of SGC-7901 and MKN-45 cells.

Results: A total of 67 key targets were obtained, among which five hub genes—ESR1 (Estrogen receptor 1), FOS (FBJ murine osteosarcoma viral oncogene homolog), HSP90AA199 (Heat shock protein 90 alpha family class A member 1), JUN (Avian sarcoma virus 17 oncogene homolog), and MMP9 (Matrix Metalloproteinase 9)—were identified. Kyoto Encyclopedia of Genes and Genomes (KEGG) enrichment analysis indicated that these hub genes were significantly associated with the T Helper 17 (Th17) Cell differentiation pathway. Molecular docking predictions suggested that active ingredients such as quercetin could bind effectively to the hub genes, with quercetin showing the strongest binding affinity to FOS. Cell experiments further confirmed that quercetin exhibited the most potent inhibitory effect on the proliferation of STAD cells, with a half-maximal inhibitory concentration (IC₅₀) value of 4 μM. Furthermore, quercetin can significantly inhibit the migration of SGC-7901 and MKN-45 cells.

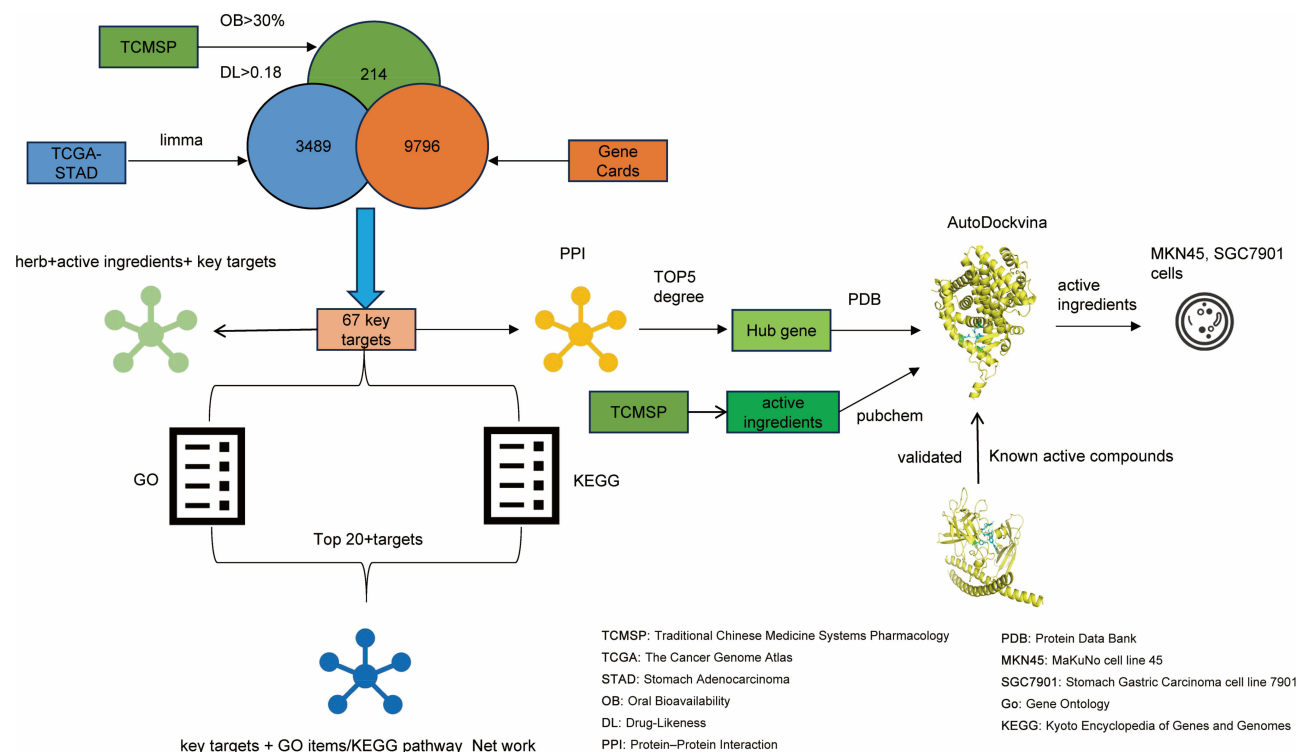
Conclusion: This study identified five key targets and active compounds in herbal compounds for STAD treatment. These results suggest that quercetin may inhibit STAD progression by targeting FOS, and may have therapeutic potential.

Keywords: stomach adenocarcinoma, compound herbs, molecular docking, bioinformatics, quercetin

Introduction

Gastric adenocarcinoma (STAD) presents a significant global public health challenge, ranking as the fourth most common malignancy in terms of incidence and the third leading cause of cancer-related mortality worldwide.^{1–3} Notably, the disease burden is particularly heavy in Asia, especially among East Asian countries.⁴ In recent years, a notable trend has been the rising incidence of gastric cancer among younger populations under the age of 50, posing new challenges to public health prevention and control systems.¹ Current clinical management of gastric cancer primarily

Graphical Abstract



relies on comprehensive approaches such as surgical resection, systemic chemotherapy, targeted therapy, and immunotherapy. However, due to the atypical early symptoms and limited screening methods, most patients are diagnosed at an advanced stage, missing the optimal opportunity for curative surgery.^{3,5} In addition, the emergence of drug resistance has also restricted the long-term efficacy of chemotherapy and targeted therapy.^{6–8} Immunotherapy has provided new hope for patients with advanced gastric cancer, but its response rate is limited and it may induce immune-related adverse events. These issues are closely associated with immune tolerance induced by the tumor microenvironment.^{9,10}

Natural products offer new solutions for overcoming the therapeutic dilemmas associated with STAD. Chinese herbal medicines and their active ingredients have attracted increasing attention because of their low toxicity, high efficiency, multi-target action and multi-pathway regulation,^{11–13} and can serve as an adjunct approach to cancer therapy by targeting key regulatory nodes of immune tolerance in the tumor microenvironment.¹⁴ Wang et al verified through network pharmacology and in vitro experiments that erianin, the main effective ingredient in *Dendrobium drumstick*, causes precancerous lesions in gastric cancer (PLGC) by inhibiting the HRAS-PI3K-AKT signaling pathway.¹⁵ Qian et al demonstrated that Tanshinone IIA (TanIIA) functions as an antitumor agent through regulating the expression of multiple targets (eg, ALB, SRC, and ESR1) and inhibiting the SRC/MAPK/ERK pathway.¹⁶ Zhou et al found that Yiqi Huayu Jiedu Decoction (YHJD) may suppress hepatic metastasis of colorectal cancer by modulating neutrophil chemotaxis and influencing the tumor microenvironment through mechanisms in regulating cell adhesion molecule binding, adhesion protein binding, and metabolic pathways.¹⁴ However, the mechanism of action of the active ingredients of traditional medicines in STAD remains unclear. Therefore, exploration of potential therapeutic targets and molecular mechanisms of STAD is of great significance for the prevention and treatment of STAD.

In Traditional Chinese Medicine (TCM) theory, the core pathogenesis of gastric adenocarcinoma is characterized by “stasis-toxin obstruction internally and damp-heat accumulation in the stomach”,¹⁷ the treatment strategy follows three fundamental principles: tonifying vitality, resolving phlegm and knots, and clearing heat and detoxifying.⁷ Building on

this foundation and incorporating the theoretical concept of “clearing the liver and harmonizing the stomach”,¹⁸ this study evolved from the classic formula “Longdan Xiegan Decoction” to develop an optimized compound herbs targeting gastric adenocarcinoma. This optimized prescription retains the core herbs from the original formula that clear fire, cool the blood, and activate blood circulation—Radix Paeoniae Rubra (Chi-shao), Gentianae Radix Et Rhizoma (Long-dan), and Cardeniae Fructus (Zhi-zi).^{19,20} In response to the key pathological feature of “blood stasis” in gastric cancer,²¹ Radix Cirsii Japonici (Da-ji),²² which is particularly effective in cooling the blood, stopping bleeding, dispersing stasis, and reducing swelling, was innovatively added to enhance synergistic effects. The resulting evolved formula not only inherits the primary aim of Longdan Xiegan Decoction in clearing liver fire but also further strengthens its ability to cool the blood, disperse stasis, remove toxins, and resolve masses. This forms a pathogenesis-driven innovative compatibility that better aligns with the TCM therapeutic requirements for gastric cancer.

Modern pharmacological research provides substantial evidence supporting the rationality of this formula composition. Specifically, paeoniflorin from Chi-shao can induce tumor cell apoptosis and inhibit proliferation and metastasis;^{23–25} flavonoids in Da-ji induce tumor cell apoptosis in a dose-dependent manner;²⁶ gentiopicroside from Long-dan suppresses gastric adenocarcinoma cell growth and induces cell cycle arrest;^{27,28} and geniposide from Zhi-zi promotes apoptosis by increasing intracellular reactive oxygen species (ROS) levels in tumor cells.²⁹ The synergistic actions of these components across multiple targets and pathways collectively constitute the pharmacological basis of this compound herbs against gastric adenocarcinoma. Therefore, the combination of these herbs may constitute a TCM compound herbs with anti-gastric adenocarcinoma effects supported by both theoretical and modern pharmacological perspectives.

Although network pharmacology has been widely applied to analyze the mechanisms of TCM compound herbs, systematic research on the evolved formula of Longdan Xiegan Decoction for the treatment of STAD remains scarce. Therefore, we propose a hypothesis: the active components in this compound herbs can exert anti-STAD effects by regulating key molecular pathways. Based on this hypothesis, this study adopts an integrated research strategy combining network pharmacology prediction, molecular docking-based virtual screening, and in vitro experimental validation, aiming to systematically reveal the multi-component, multi-target, and multi-pathway mechanisms of action of this compound herbs. This study is dedicated to elucidating the modern scientific mechanisms of action of this evolved formula, with the expectation of providing new theoretical clues and experimental evidence for the application of TCM compound herbs in STAD treatment.

Materials and Methods

Data Sources

The active ingredients and drug targets corresponding to the active ingredients of Radix Paeoniae Rubra (Chi-shao in Chinese, RPR), Radix Cirsii Japonici (Da-ji in Chinese), Gentianae Radix Et Rhizoma (Long-dan in Chinese, GRR), and Cardeniae Fructus (Zhi-zi in Chinese) were obtained from the TCMSD database (<http://tcmspw.com/tcmsp.php>) (Visit time: November 4, 2022). When the keyword was entered as “Radix Paeoniae Rubra”, 119 active ingredients were identified. 63 active ingredients were gained when keyworded was “Gentianae Radix Et Rhizoma.” When the keyword “Radix Cirsii Japonici” was used, 42 active ingredients were identified. When the keyword was “Cardeniae Fructus”, 98 active ingredients were identified. Finally, 34 active ingredients with oral bioavailability (OB) >30% and drug-likeness (DL) > 0.18^{30,31} (Table 1). There were 214 drug targets corresponding to 34 active ingredients. In total, 9796 STAD targets were acquired through the GeneCards database (Visit time: November 4, 2022) with catalog = protein coding and a relevance score ≥ 1 . The TCGA-STAD cohort was obtained from TCGA database (Visit time: November 4, 2022), which contained 415 STAD samples and 10 normal samples.

Cells

MKN-45 (human gastric cancer cell line) and SGC-7901 (Human Gastric Adenocarcinoma Cell line) cells were obtained from the Shaanxi Provincial Key Laboratory of Infection and Immune Diseases, MKN-45 Cells between passage 5 and 15 (derived from the master cell bank, passage 3), SGC-7901 Cells between passage 8 and 10 (derived from the master cell bank,

Table 1 TCMSP Active Pharmaceutical Ingredients

MOL_ID	Molecule_Name	OB	MW	DL
MOL000098	Quercetin	46.43334812	302.25	0.27525
MOL000358	Beta-sitosterol	36.91390583	414.79	0.75123
MOL000359	Sitosterol	36.91390583	414.79	0.7512
MOL000422	Kaempferol	41.88224954	286.25	0.24066
MOL000449	Stigmasterol	43.82985158	412.77	0.75665
MOL000492	(+)-catechin	54.82643405	290.29	0.24164
MOL001002	Ellagic acid	43.06455858	302.2	0.43417
MOL001406	Crocetin	35.29636648	328.44	0.25639
MOL001494	Mandenol	41.99620045	308.56	0.19321
MOL001558	Sesamin	56.5470561	354.38	0.82722
MOL001735	Dinatin	30.97205344	300.28	0.27025
MOL001749	ZINC03860434	43.59332547	390.62	0.34527
MOL001918	Paeoniflorgenone	87.59312084	318.35	0.36678
MOL001924	Paeoniflorin	53.87037516	480.51	0.78709
MOL001941	Ammidin	34.54856394	270.3	0.22355
MOL001942	Isoimperatorin	45.46424674	270.3	0.22524
MOL002032	DNOP	40.58541583	390.62	0.39974
MOL002322	Isovitexin	31.29464288	432.41	0.71838
MOL002714	Baicalein	33.51891869	270.25	0.20888
MOL002776	Baicalin	40.12360996	446.39	0.75264
MOL002879	Diop	43.59332547	390.62	0.39247
MOL002883	Ethyl oleate (NF)	32.39738821	310.58	0.19061
MOL003095	5-hydroxy-7-methoxy-2-(3,4,5-trimethoxyphenyl)chromone	51.95651345	358.37	0.40656
MOL003137	Leucanthoside	32.11589283	462.44	0.78146
MOL003152	Gentisin	64.06192726	258.24	0.21335
MOL003155	Pranferin	52.14347854	318.4	0.28408
MOL003170	Gentisein	67.57250203	244.21	0.18962
MOL004355	Spinasterol	42.97936552	412.77	0.75534
MOL004561	Sudan III	84.06592577	352.42	0.59097
MOL005043	Campest-5-en-3beta-ol	37.57681789	400.76	0.71481
MOL005842	Pectolarigenin	41.1661261	314.31	0.30368
MOL006992	(2R,3R)-4-methoxyl-distylin	59.98325098	318.3	0.29949
MOL006999	Stigmast-7-en-3-ol	37.42312067	414.79	0.75088
MOL007245	3-Methylkempferol	60.16307148	300.28	0.26454

Notes: Bold: the table header was used to clearly define the meaning of each column of data.

Abbreviations: OB: oral bioavailability, MW: molecular weight, DL: drug-likeness.

passage 3). MKN-45 and SGC-7901 cells were cultured in Roswell Park Memorial Institute 1640 medium (RPMI 1640; Procell, Wuhan, China) containing 10% fetal bovine serum (FBS; ExCell Bio, Suzhou, China). The MKN-45 and SGC-7901 cell lines used in this study were authenticated by STR profiling. Their STR profiles demonstrated $\geq 85\%$ match rate at core STR loci compared to the reference lineages of MKN-45 and SGC-7901 documented in the ATCC Standard Database (ANSI/ATCC ASN-0002-2021), thereby complying with the requirements of the ANSI/ATCC ASN-0002-2021 standard.

Identification and Enrichment Analysis of Key Targets for STAD

Firstly, to obtain the differentially expressed genes between the STAD and normal groups, the mRNA expression levels were compared between STAD and normal groups via “limma” R package (version 3.46.0)³² with $P < 0.05$ and $|\log_2FC| > 1$.³² The ggplot2 package (version 3.3.4)³³ was used to draw a volcano plot to display the differential expression of genes, and the expression trends of the top 50 genes were visualized using the pheatmap package (version 1.0.12).³⁴ Key targets were obtained by taking the intersection of drug targets, STAD targets, and differentially expressed genes (DEGs) between the STAD and normal groups using the Venn tool (version 1.11). Furthermore, we performed the enrichment analysis of key targets through “clusterProfiler” R package (version 4.4.4) (adj $P < 0.05$ and counts ≥ 1).³⁵ In addition, the bar plots and bubble plots were drawn using the “enrichplot” package (version 1.10.2)³⁶ in R language to display the enrichment results of the top 10 major categories of GO functions and the results of the top 20 pathways of KEGG. The targeted compounds in the Gene Ontology (GO) items and Kyoto Encyclopedia of Genes and Genomes (KEGG) pathways of key targets were extracted (Visit time: November 10, 2022), and cytoscape (version 3.8.2)³⁷ was used to construct the key target - function regulatory network. Finally, based on the key targets obtained above, Cytoscape (version 3.8.2) was used to construct a traditional Chinese medicine - active ingredient - drug therapeutic target network.

Screening and Enrichment Analysis of Hub Genes

In order to explore whether there were interaction relationships among the key target points. STRING was used to explore the protein-protein interactions (PPI) network of key targets (confidence score = 0.40) (Visit time: November 10, 2022). The Cytoscape software (version 3.8.2) was used to visualize the PPI network.³⁸ The topological properties of the PPI network were analyzed using the CytoHubba tool in Cytoscape to determine the degree of node genes and sort the degree. The top5 genes were identified as hub genes. Subsequently, we performed enrichment analysis for hub genes to explore potential biological functions using the “clusterProfiler” R package (version 4.4.4) and org.Hs.eg.db (version 3.12.0) (adj $P < 0.05$, counts ≥ 1).³⁵

CCK8 Assay

Cell proliferation was measured using the CCK-8 assay kit (APExBio, Houston, United States). MKN-45 and SGC-7901 cells were inoculated into 96-well cell culture plates at a density of 3×10^3 /well and cultured overnight at 37°C in a 5% CO₂ incubator. The cells were then treated with quercetin (MCE, New Jersey, United States, Catalog Number HY-18085, Purity: 99.80%) at 0, 1, 2, 4, 8, 16, 32 μ M, ellagic acid (MCE, New Jersey, United States, Catalog Number HY-B0183, Purity: 99.75%) at 0, 2, 4, 8, 10, 20, 40 μ M, beta-sitosterol (MCE, New Jersey, United States, Catalog Number HY-N0171A, purity > 98%) at 0, 0, 5000, 10,000, 40,000, 80,000, 160,000, 320,000 μ M, 3-Methylkempferol (Macklin, Shanghai, China, Catalog Number I881892, Purity: 98%) at 0, 10, 20, 40, 80, 160, 320 μ M for 48 hours (n=3, three independent technical replicates). This study selected a 48-hour drug exposure time, primarily based on the conventional practice of cell proliferation assays.^{39,40} 10 μ l of CCK8 was added to each well and cultured at 37°C for 2h, the enzyme marker (BioTek, Shanghai, China) was used to determine the absorbance (A450nm) values. Cell viability (%) was calculated using the formula: $100 \times (\text{experimental absorbance}) / (\text{control absorbance})$. The IC₅₀ value was subsequently determined with GraphPad Prism 8.0 software. Statistical analysis was performed using GraphPad Prism 25.0, with intergroup differences evaluated by Student's *t*-test and one-way ANOVA. All data were expressed as mean $\pm$ SD, where $*P < 0.05$, $**P < 0.01$, $***P < 0.001$, and $****P < 0.0001$ were considered statistically significant.

Transwell Assay

Cell migration was measured using the Transwell assay kit (FALCON, New Jersey, United States, Catalog Number 353097). MKN-45 and SGC-7901 cells were inoculated into 96-well cell culture plates at a density of 5×10^5 /well and

cultured overnight at 37°C in a 5% CO₂ incubator. The cells were then treated with quercetin at 4 µM for 48 hours (n=3, three independent technical replicates). After trypsin digestion, cells were adjusted to a concentration of 3×10⁵ cells/mL. Subsequently, the cell suspension was added to Transwell inserts and cultured in a 37°C, 5% CO₂ incubator for 24 h. Following incubation, cells were fixed with 70% ice-cold ethanol for 1 h, then stained with 0.5% crystal violet staining solution at room temperature. Finally, cells were observed and photographed under a microscope, and the number of migrated cells was counted.

Molecular Docking Analysis

This study searched for the targeted active ingredients of hub genes in the pharmacological network of Chinese medicine, and preferentially selected drugs with active ingredients in the TCMSP database for molecular docking. The active molecules of the drugs in the database contained multiple key targets, and the molecules for docking were comprehensively screened based on OB and DL. The main protein structures of the hub genes were downloaded from The Protein Data Bank (PDB, <http://www.rcsb.org>) database (Visit time: November 11, 2022), and water molecules and small-molecule ligands were removed. The structures of the active ingredients were downloaded from PubChem (<https://pubchem.ncbi.nlm.nih.gov/>) (Visit time: November 11, 2022), and the charge balance and rotatable bonds of the small molecules were checked using AutoDock Tools. The AutoDock Vina (version 1.1.2)⁴¹ software molecularly docks key targets with active ingredients. Specifically, the docking of the receptor and the ligand was calculated, and the structure with the lowest binding free energy was selected from the output results. The PyMol software (version 2.5)⁴² was used to visualize the docking results. In addition, we conducted molecular docking between the highly active compounds reported in the literature^{43–46} and hub genes to validate the docking results. The CB-Dock2 website (<https://cadd.labshare.cn/cb-dock2/php/index.php>) was used to perform docking between key drugs and key genes. First, the drugs were imported into the PubChem database (<https://pubchem.ncbi.nlm.nih.gov/>) to obtain their three-dimensional structures. Second, the key genes were imported into the Universal Protein Resource (UniProt) (<https://www.uniprot.org/>) and the Protein Data Bank (PDB) (<https://www.rcsb.org/>) to obtain the receptor structure with the highest resolution. Then the CB-Dock2 website was used for molecular docking. A docking score of ≤ −5 kcal/mol was considered to indicate good binding affinity.

Results

Acquisition and Enrichment Analysis of Key Targets

The results of the differential analysis showed that, there were 3489 DEGs between the STAD and control groups, and the expression of 1,587 genes was upregulated, and the expression of 1,902 genes was downregulated (Figure 1A and B). In total, 67 key targets were identified by considering the intersection of DEGs, drug targets, and STAD targets (Figure 1C). A functional enrichment analysis was performed on the key target genes, and the results showed that, the key targets were enriched in 737 GO BP (biological process), 77 GO MF (molecular functions), and 24 GO CC (cellular components), and the top 10 items were shown Figure 1D, including reactive oxygen species metabolic process, steroid binding, and cyclin-dependent protein kinase holoenzyme complex. The key targets were enriched in 89 KEGG related pathways. And top20 pathways were, including chemical carcinogenesis-receptor activation, hepatitis B, fluid shear stress, and atherosclerosis (Figure 1E). These results indicated that the key target genes were significantly associated with the disease-related pathways.

The regulated networks of key targets-top20 GO items/KEGG pathways (Supplementary Tables 1 and 2) are shown in Figure 2A–D. The key targets-GO BP-regulated network contained 20 items, 45 key targets, and 211 key targets-GO BP pairs, such as ESR1-GO:0048545 (response to steroid hormones) (Figure 2A). There were 35 key targets, 20 items, and 96 key targets-GO MF pairs, for instance, JUN-GO:0044389 (ubiquitin-like protein ligase binding) (Figure 2B). In total, 74 key target-GO CC pairs were obtained, including JUN-GO:0090575 (RNA polymerase II transcription regulator complex) and COL3A1-GO:0098643 (banded collagen fibril) (Figure 2C). In the key targets-KEGG pathway regulated network, 50 key targets and 185 key targets-KEGG pathway pairs were obtained, such as Plasminogen Activator (PLAU)-has05215 (prostate cancer), MMP9 (matrix metalloproteinase-9, MMP9)- has05418 (fluid shear stress and atherosclerosis) (Figure 2D). Finally, the herbs-active ingredients-key targets networks were created, containing 4 herbs, 29 active ingredients, 67 key targets, and 206 herbs-active ingredients-key targets pairs, such as Zhizi-

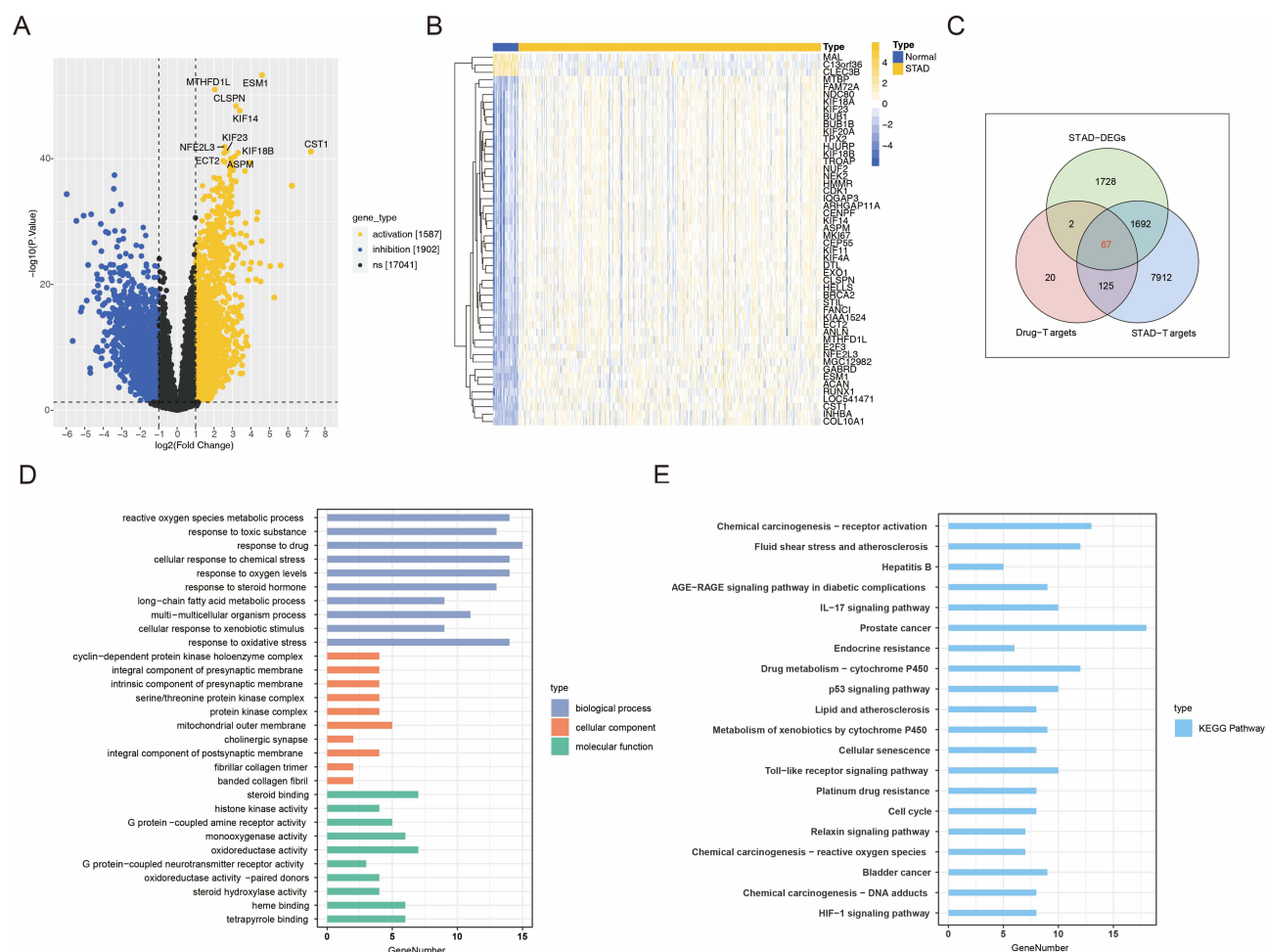


Figure 1 Acquisition and Enrichment Analysis of Key Targets. **(A)** Volcanic map of gene differential expression between stomach adenocarcinoma and normal samples. Yellow indicates genes that are up-regulated in stomach adenocarcinoma samples, and blue indicates genes that are down-regulated in stomach adenocarcinoma samples. **(B)** Heat map of expression trends of the TOP50 genes that differ between the stomach adenocarcinoma/normal samples. Yellow indicates high expression, and blue indicates low expression. The abbreviation “STAD” in the figure is for Stomach Adenocarcinoma. **(C)** Venn diagram of intersection of differential genes, drug targets, and disease targets. Pink represents the drug target of the compound, green represents the differential gene, and blue represents the disease target. **(D)** GO functional enrichment of key target genes. The length of the bars indicates the number of the GO Term enriched to key targets. **(E)** KEGG pathway enrichment of key target genes. The length of the bars indicates the number of pathway genes.

quercetin (MOL000098)-CYP1B1 (Cytochrome P450 family 1 subfamily B member 1), Chishao-beta-sitosterol (MOL000358)-CHRM1 (Cholinergic Receptor Muscarinic 1), Longdan-sitosterol (MOL000359)-PGR (Progesterone Receptor), and so on (Figure 2E). The above results revealed that these herbs might have affected STAD by acting on the key target genes through their active ingredients.

Acquisition and Enrichment Analysis of Hub Genes

The PPI network for key targets contained 65 nodes and 343 edges, we could see that ABCG2 protein interacted with multiple proteins, such as AR (Androgen Receptor), PGR, CYP1B1, etc. (Figure 3A). Sorted according to the Degree and selected the top 5 genes as hub genes. The five hub genes were ESR1, JUN, HSP90AA1 (Heat Shock Protein 90 alpha family class A member 1), MMP9, and FOS (Figure 3B). The hub genes were involved in 282 GO items, including 227 GO BP, 16 GO CC, and 39 GO MF, such as cellular responses to Cd ions, euchromatin, and R-SMAD binding (Figure 3C). Additionally, the hub genes were enriched in 43 KEGG pathways, including the estrogen signaling pathway, endocrine resistance, IL-17 signaling pathway, and Th17 cell differentiation (Figure 3D). The PPI network for hub genes showed that the FOS protein interacted with multiple proteins, such as ESR1, JUN, HSP90AA1, and MMP9 (Figure 3E).

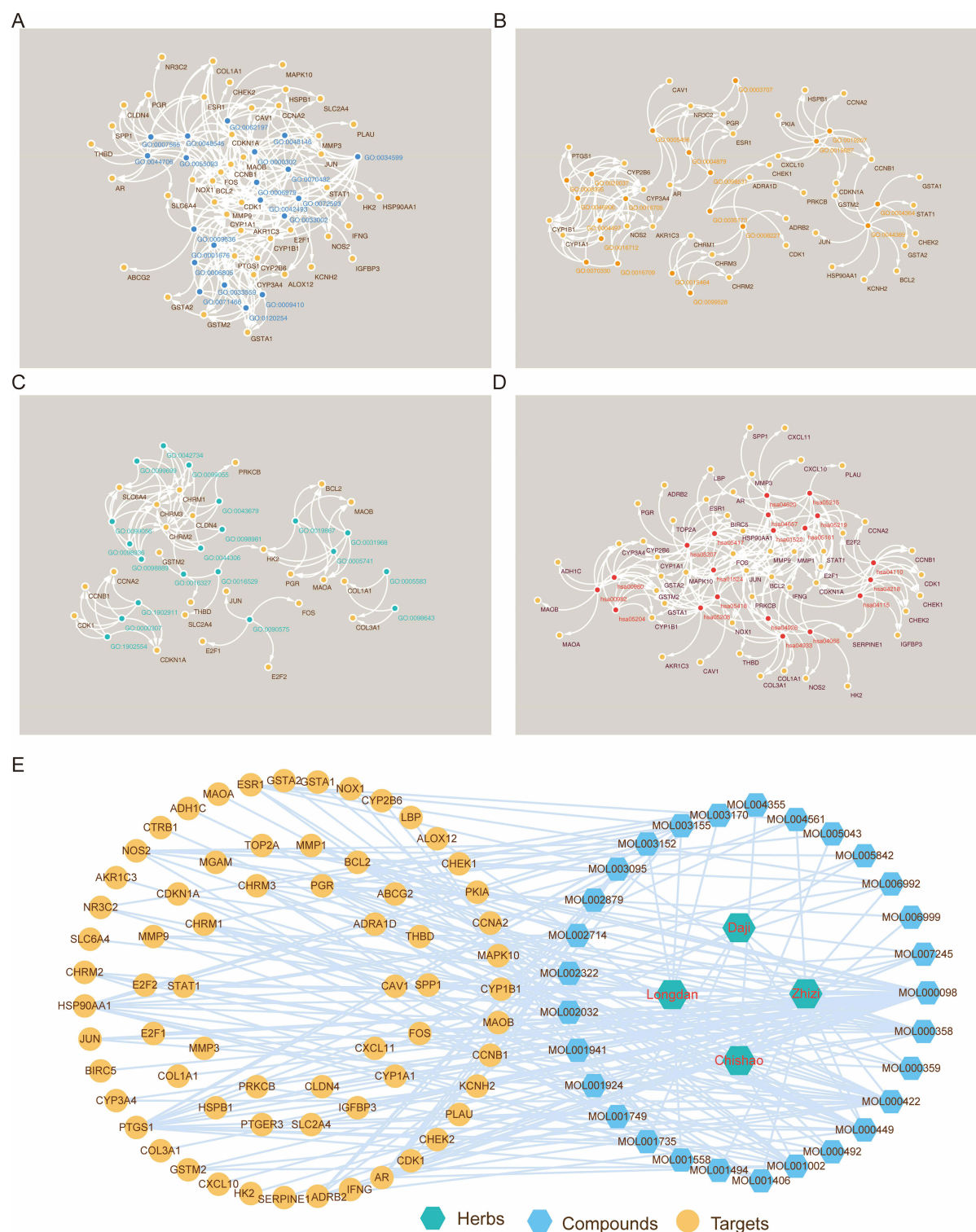


Figure 2 The regulated networks of key targets-top20 GO items/KEGG pathways. **(A)** The top 20 items of key targets-GO BP regulated network. Small blue circles represent GO_BP Terms, and small yellow circles represent key target sites. The abbreviation “GO” in the figure is for Gene Ontology, the abbreviation “BP” in the figure is for Biological Process. **(B)** The top 20 items of key targets-GO MF regulated network. The small Orange circle represents the GO MF term and small yellow circles represent key target sites. The abbreviation “MF” in the figure is for Molecular Functions. **(C)** The top 20 items of key targets-GO CC regulated network. The small green circle represents the GO CC term and small yellow circles represent key target sites. The abbreviation “CC” in the figure is for Cellular Components. **(D)** The top 20 items of key targets-KEGG pathways regulated network. The small red circle represents the KEGG term and small yellow circles represent key target sites. The abbreviation “KEGG” in the figure is for Kyoto Encyclopedia of Genes and Genomes. **(E)** Herbs-active ingredients-key targets networks. Green represents herbs, blue represents ingredients, and yellow represents targets.

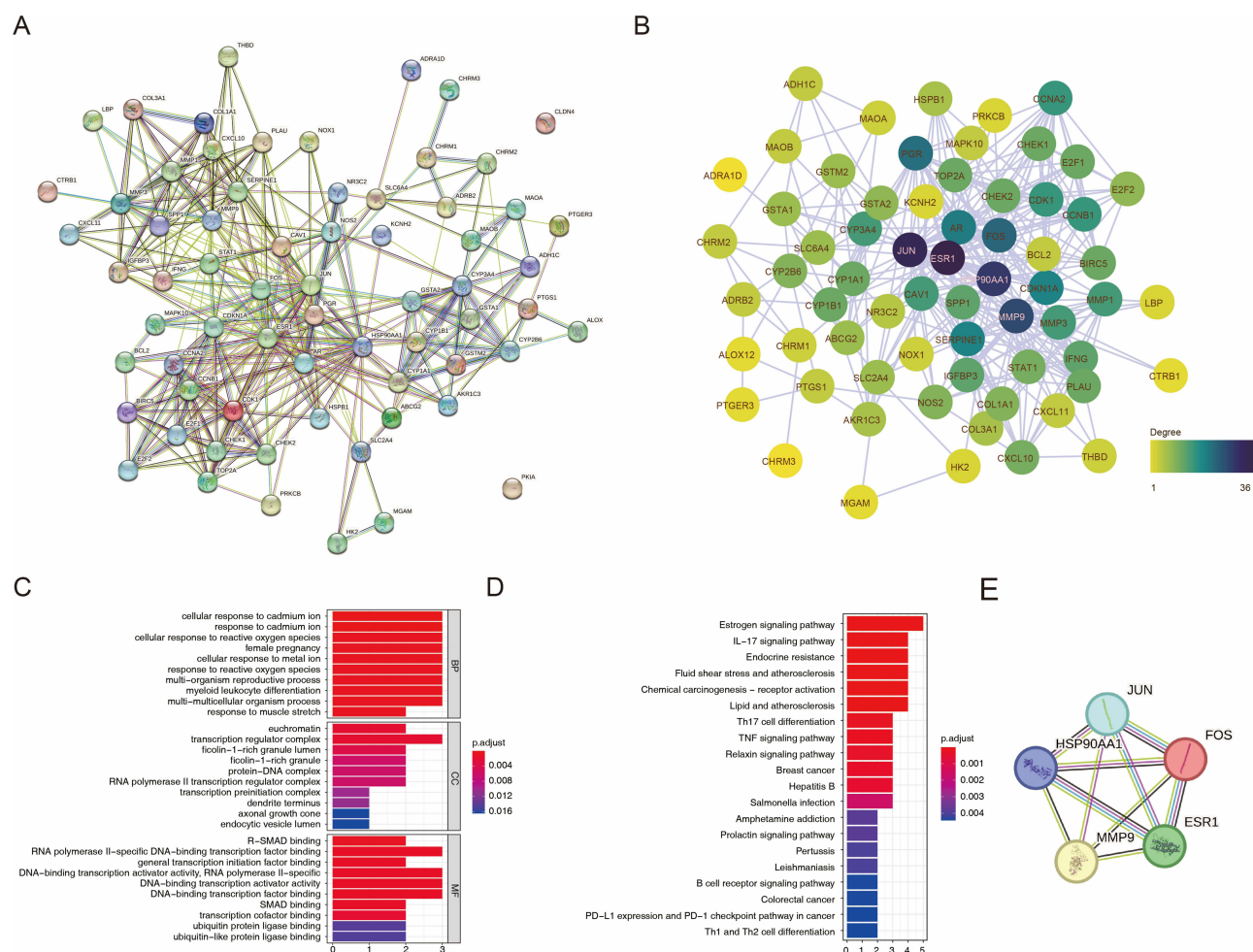


Figure 3 Acquisition and Enrichment Analysis of Hub Genes. (A) The PPI network of key targets. Lines represent their interactions, colors represent their degree value, and the darker the color, the higher the degree value, the higher the core position. (B) Obtainment of the 5 hub genes. The darker the color, the more important it is. (C) GO functional enrichment of hub genes. (D) KEGG pathway enrichment of hub genes. (E) The PPI network of hub genes.

Molecular docking Analysis

Molecular docking was conducted to explore the binding modes and affinities between the proteins encoded by the hub genes and the relevant small molecules. The compounds docked to the hub genes are listed in Table 2. ESR1, FOS, HSP90AA1, JUN, and MMP9 were docked with Sudan III, quercetin, 3-Methylkempferol, beta-sitosterol, and ellagic acid, respectively (Figure 4A–E). And the docking affinity score was -8.6 kcal/mol, -8.8 kcal/mol, -6.9 kcal/mol, -5.9

Table 2 The Docking Affinity of Hub Genes with Active Ingredients

Hub	Active Ingredients	PDB ID	Total score(Kcal/mol)
ESR1	Sudan III	1A52	-8.6
FOS	Quercetin	1FOS	-8.8
HSP90AA1	3-Methylkempferol	1BYQ	-6.9
JUN	Beta-sitosterol	1JUN	-5.9
MMP9	Ellagic acid	1GKC	-7.4

Abbreviations2: ESR1, FOS, HSP90AA1, JUN, MMP9 were gene names, PDB ID: protein data bank identifier.

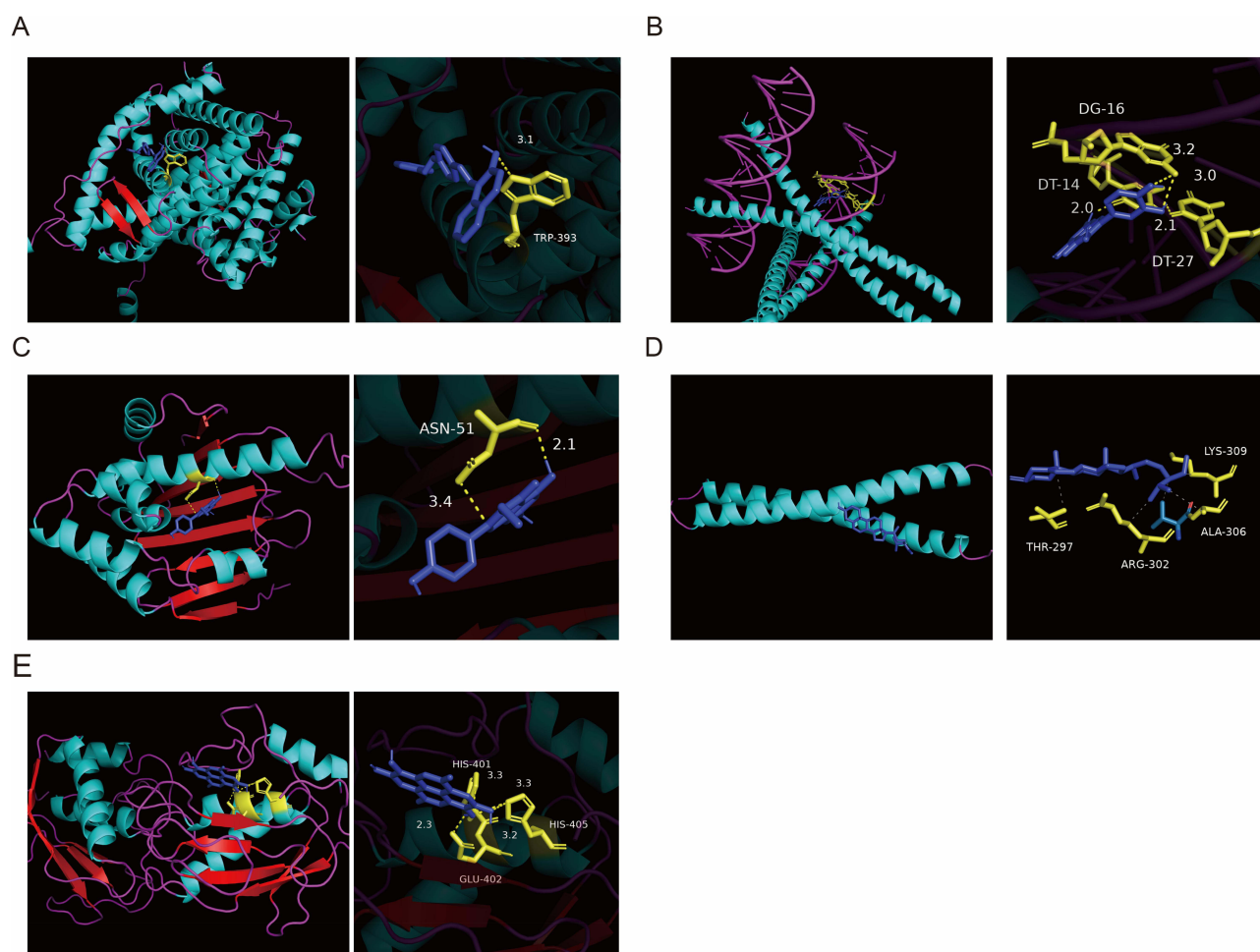


Figure 4 Docking diagram of hub genes and active ingredients of formula. **(A)** Docking diagram of ESR1 and Sudan III. **(B)** Docking diagram of FOS and quercetin. **(C)** Docking diagram of HSP90AA1 and 3-Methylkempferol. **(D)** Docking diagram of JUN and beta-sitosterol. **(E)** Docking diagram of MMP9 and ellagic acid.

kcal/mol, -7.4 kcal/mol, separately, suggesting that the compounds had good binding effect with the target proteins (Table 2). In addition, the molecular docking validation experiments of the reported highly active compounds with genes had shown that, the hub genes exhibited comparable binding stability with these high-activity compounds, which aligned with our experimental observations (Supplementary Figure 1 and Supplementary Table 3). These results might have provided some theoretical basis for understanding the potential molecular mechanisms of disease occurrence and development.

Effects of different concentrations of active ingredients on the proliferation rate of SGC-7901 and MKN-45 cells

We used four selected active ingredients and set different concentration gradients to detect the proliferation of MKN-45 and SGC-7901 cells (Figure 5A–H). The concentration gradient of each cell was set, and the cell proliferation rate decreased as the concentration increased and the IC₅₀ (half maximal inhibitory concentration) of quercetin for stomach adenocarcinoma was $4 \mu\text{M}$ (Figure 5A and B), which was lower than that of other active ingredients. Hsi-Lung Hsieh et al demonstrated that treating non-cancerous gastric epithelial cells (GES-1 cells) with quercetin at concentrations of 0, 0.01, 0.1, 1, or 10 mM for 24 to 48 hours had little effect on cell viability,⁴⁷ indicating that the inhibitory effect of quercetin on gastric cancer cells is not general cytotoxicity but exhibits certain tumor specificity. Meanwhile, after treating gastric cancer cells with $4 \mu\text{M}$ quercetin for 48 hours, the migration ability of gastric cancer cells was significantly reduced (Supplementary Figure 2A and B). Additionally, we performed transcriptome sequencing on quercetin-treated cells, and the results showed that the expression of FOSL1 (a member of the FOS/AP-1 family, also known as Fra-1) was significantly downregulated (Supplementary Figure 3). These results indicated that quercetin could

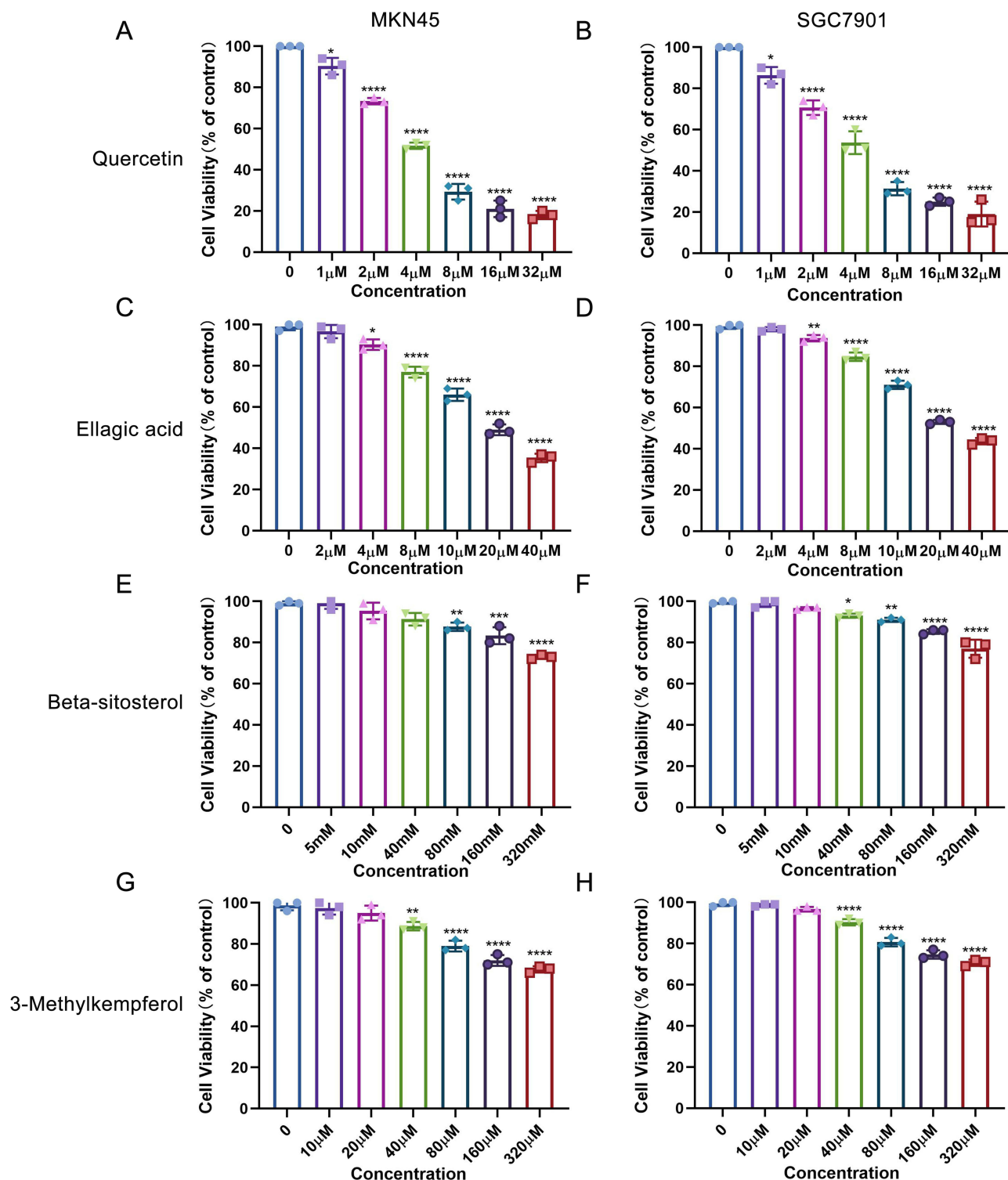


Figure 5 Proliferation efficiency of active ingredients at different concentration in SGC-7901 and MKN-45. (A and B) are CCK8 experimental results for quercetin; (C and D) are CCK8 experimental results for ellagic acid; (E and F) are CCK8 experimental results for beta-sitosterol; (G and H) are CCK8 experimental results for 3-Methylkempferol (* $P < 0.05$, ** $p < 0.01$, *** $p < 0.001$, and **** $p < 0.0001$ vs control group). The colored symbols represent the cell viability values from each of the three technical replicates.

effectively inhibit the development of gastric adenocarcinoma at relatively low concentrations, and provided some clues for further research on its anti-cancer mechanism and potential pharmaceutical development.

Discussion

STAD is one of the most common malignancies and is a significant cause of mortality worldwide.⁴⁸ However, the treatment of stomach adenocarcinomas is limited. In addition to traditional surgical resection and chemoradiotherapy for patients with early stomach adenocarcinoma, targeted therapy and immunotherapy have greatly improved the survival rate of patients with stomach adenocarcinoma; however, the overall survival rate of stomach adenocarcinoma is still around 25%, and the survival rate of patients with advanced stomach adenocarcinoma is less than 5%.⁴⁸ The chemotherapy regimen combining cisplatin and fluorouracil achieves an overall response rate of approximately 50%, yet the 5-year survival rate remains below 20%. Long-term use of this regimen readily induces drug resistance and neurotoxicity, resulting in a significant decline in patients' quality of life.⁴⁹

In recent years, targeted therapy and immunotherapy have brought new breakthroughs in gastric cancer (GC) treatment, including human epidermal growth factor receptor 2 (HER-2) monoclonal antibodies, programmed death-1 (PD-1) inhibitors, and programmed death-ligand 1 (PD-L1) inhibitors. However, HER-2-positive patients account for only 15–30%, and their clinical benefits remain relatively limited. Although PD-1/PD-L1 inhibitors have shown superior efficacy to chemotherapy alone in first-line treatment, they can only extend the median overall survival of patients by approximately two months, with their effectiveness severely constrained by tumor immune tolerance mechanisms.¹⁰ Recent studies have further revealed the mechanisms of immune resistance. For instance, FAP+ cancer-associated fibroblasts (CAFs) promote the polarization of Th2 cells through the IL-31/STAT6 signaling pathway, thereby driving acquired resistance to PD-1 immunotherapy in gastric cancer.⁵⁰ This mechanism deepens our understanding of the dilemmas in PD-1/PD-L1 treatment and highlights the clinical urgency of overcoming challenges in cancer therapy. Therefore, exploring new strategies that can prolong the survival of patients with advanced gastric adenocarcinoma while improving their quality of life is crucial.

In this context, natural products, characterized by their multi-component and multi-targeted properties, have emerged as an important source for screening novel therapeutic agents due to their extensive therapeutic potential in gastric adenocarcinoma.^{51,52} The Shen Qing Wei Chang Formula (SQWCF) demonstrates significant tumor suppression in vivo with no apparent toxicity. It induces apoptosis in GC cells by inhibiting the activation of PI3K-AKT and MAPK signaling pathways, and exhibits synergistic effects with paclitaxel (PTX).⁵³ Network pharmacology, integrating systems biology and bioinformatics, serves as a novel approach to elucidate complex drug mechanisms. Both network pharmacology and in vitro studies indicate that aloin suppresses cell proliferation and promotes GC cell apoptosis via inhibition of the PI3K-AKT pathway.⁵⁴

Against this backdrop, based on the TCM (Traditional Chinese Medicine) theory of “clearing the liver and resolving stomach stagnation”, this study optimized the classic TCM formula “Longdan Xiegan Decoction” and constructed a therapeutic compound herbs composed of *Radix Paeoniae Rubra* (Chi-shao), *Gentianae Radix Et Rhizoma* (Longdan), *Cardeniae Fructus* (Zhi-zi) and *Radix Cirsii Japonici* (Da-ji).^{19,20} Methodologically, this study adopted a target screening strategy with higher disease relevance: different from the conventional approach that only relies on literature-mining databases such as CTD (Comparative Toxicogenomics Database) and GeneCards,^{55,56} we further integrated transcriptomic data from the TCGA-STAD cohort. By analyzing differentially expressed genes between gastric cancer tissues and normal tissues, we screened a set of targets that are more consistent with the real pathological state of human diseases. This strategy, based on high-throughput real-world omics data, improved the reliability of subsequent network pharmacology analysis results to a certain extent. Ultimately, through an integrated systematic research strategy combining network pharmacology, molecular docking, and cell experiments, we screened 67 anti-stomach adenocarcinoma (STAD) targets from the TCMS (Traditional Chinese Medicine Systems Pharmacology Database and Analysis Platform), TCGA-STAD, and GeneCards databases, and further identified five core genes: *ESR1*, *JUN*, *FOS*, *HSP90AA1*, and *MMP9*. This study not only constructed a multi-level research framework for analyzing the complex mechanisms of TCM compound herbs but also systematically revealed the action network of this optimized compound herbs for the first time, providing a significant methodological advancement for the modernization research of TCM.

ESR1 (Estrogen receptor 1) gene encodes estrogen receptor α ,⁵⁷ which regulates the transcription of many estrogen-inducing genes and plays a role in growth, metabolism, sexual development, pregnancy, and other reproductive functions. JUN (Avian sarcoma virus 17 (ASV17) oncogene homolog) and FOS (FBJ murine osteosarcoma viral oncogene homolog) protein both belong to the AP-1 (Activator Protein 1) family of transcriptionally active factors.⁵⁸ The function of the proto-oncogene JUN is mainly involved in the composition of AP-1 with the FOS protein and activates AP-1 under the stimulation of stress factors such as hypoxia and inflammatory factors. In addition, activated AP-1 can regulate IL-1 β (Interleukin 1 beta), IL-6 (Interleukin 6) and Tumor Necrosis Factor alpha (TNF- α) genes, participating in various pathological processes, such as stress, inflammatory tumor or cancer, and all aspects of life by intervening in cell proliferation, transformation, differentiation or apoptosis.⁵⁹ MMP9 (Matrix Metalloproteinase 9), a member of the most complex MMP belonging to the gelatinase B family.⁶⁰ It mainly consists of the hippocampus, cerebellum, and cerebral cortex.⁶¹ MMP9 plays a key role in tumorigenesis by regulating cancer cell survival, migration, stimulation of immune response, and production of the cancer microenvironment. Studies have shown that invasion and migration of stomach adenocarcinoma cells are promoted through the ERK pathway after MMP9 is activated by neurotensin.⁶² HSP90AA1 (heat shock protein 90 alpha family class A member 1) is an isomer of chaperone HSP90 (Heat shock protein 90) and a member of the heat shock gene family.⁶³ HSP90 is an important, evolutionarily conserved chaperone⁶⁴ that encodes proteins that aid in the correct folding of specific target proteins using ATPase regulated by co-molecular chaperons.⁶⁵ Previous studies have shown that ESR1, JUN, and FOS are transcription factors or regulators that regulate cell behavior by influencing the expression of other genes. HSP90AA1 acts as a molecular chaperone, stabilizing the structure and function of JUN, FOS, and other transcription factors and influencing their activity and role in cells.⁶⁶ ESR1 regulates MMP9 expression by activating JUN and FOS, a mechanism important for tumorigenesis and development.⁶⁷ This suggests that these transcription factors may be involved in cell migration and tissue remodeling by regulating MMP9 expression. These hub genes are interconnected in a variety of cell signaling pathways and biological processes, which is consistent with the PPI results of the five hub genes. On the other hand, the HER2-MAPK-mediated phosphorylation of ER α and activation of AP-1 lead to dual resistance to endocrine therapies (eg, aromatase inhibitors) and HER2-targeted therapies.^{68–70} This suggests that the Chinese herbal formula may reduce tumor cell resistance to HER2-targeted drugs (such as trastuzumab) and significantly enhance treatment sensitivity by regulating five key hub genes to influence the MAPK signaling pathway. These findings provide new avenues for future combined therapy using this herbal formula alongside targeted anticancer agents.

KEGG results showed that the five hub genes were significantly associated with the Th17 cell differentiation pathway. STAD progression is associated with various signaling pathways. Th17 cell differentiation is an important subpopulation of immune cells involved in inflammatory responses and immunomodulation, mainly through the secretion of cytokines, such as IL-17.⁷¹ Gan⁷² et al found that the interleukin (IL)-17 signaling pathway and Th17 cell differentiation were significantly upregulated in immune cell subsets during STAD progression. Biphasic ER- α 36-mediated estrogen signaling has been shown to regulate the growth of gastric cancer cells. ER- α 36 plays an important role in regulating Th17 cell differentiation in the tumor microenvironment.⁷³ The above study reported that Th17 cell differentiation and STAD development of STAD were significantly correlated. This further suggests that the five hub genes identified in this study play important roles in STAD and may be potential drug targets for STAD.

Of particular note, this study found via molecular docking that the binding affinity between quercetin (an active component of the compound herbs) and the FOS protein was as high as -8.8 kcal/mol. Cell experiments further confirmed that quercetin exhibited the strongest proliferation-inhibitory activity against STAD cells ($IC_{50} = 4$ μ M). Additionally, after treating gastric cancer cells with 4 μ M quercetin for 48 hours, the migration of gastric cancer cells was significantly inhibited; moreover, sequencing results showed that the expression of FOSL1 (a member of the FOS/AP-1 family, also known as Fra-1) was significantly downregulated. These results suggest that the interaction between quercetin and FOS may be one of the central links through which the compound herbs exerts its effects.

This finding holds potential clinical value. Combined with the latest research results: Fra-1 can induce chemoresistance in gastric cancer by activating the pentose phosphate pathway,⁷⁴ and AP-1 activation mediated by the HER2-MAPK signaling pathway is also a key mechanism underlying targeted therapy resistance.^{68–70} From this, we hypothesize that this compound herbs or its active component quercetin may, in the future, intervene in the aforementioned

signaling axes by targeting FOS, thereby providing a new adjuvant therapeutic strategy for reversing targeted therapy resistance in STAD. Thus, we propose a new clinical translation strategy: using quercetin or its optimized compound herbs as a FOS/AP-1 signaling inhibitor in combination with conventional chemotherapy (eg cisplatin/fluorouracil) or targeted drugs (eg trastuzumab). This approach aims to intervene in drug-resistant signaling pathways at the source and reverse treatment resistance.

However, as a common dietary flavonoid, quercetin is known to have low oral bioavailability,⁵⁹ which may reduce its achievable plasma concentration and limit its efficacy when used directly as a single agent. Nevertheless, this is not an insurmountable barrier. Future translational research could explore advanced drug delivery systems (eg, nanoformulations) or consider using the compound herbs as a whole as an adjuvant therapy in combination with conventional chemotherapy, targeted drugs, or immunosuppressants. This combination strategy may, through multi-target synergy, reduce the dose of conventional drugs (thereby minimizing toxic side effects) while reversing metastatic drug resistance and immune tolerance, ultimately improving overall efficacy. This may be more feasible and clinically valuable than the development of a single component. Similarly, studies on corosolic acid (a natural product) enhancing chemotherapy sensitivity by regulating ferroptosis⁷⁵ also provide evidence for the application of natural medicines in combination therapy. Future research can focus on verifying this strategy in a broader range of gastric cancer subtypes and drug-resistant models, and systematically evaluating differences in its efficacy across different patient populations to promote its translation into personalized adjuvant therapy.

However, this study had certain limitations. First, this study primarily relies on bioinformatics analysis and short-term (48-hour) *in vitro* proliferation and invasion assays, which makes it difficult to comprehensively evaluate key phenotypes during long-term tumor progression and fails to truly reflect *in vivo* pharmacokinetic processes and the complexity of the tumor microenvironment. In particular, the lack of assessment of quercetin's plasma concentration and pharmacokinetic characteristics affects the judgment of its translational potential. Second, although molecular docking shows that quercetin binds well to FOS, and sequencing results reveal downregulated FOSL1 gene expression in gastric cancer cells after quercetin treatment, its multi-target property means we cannot yet confirm whether its anti-tumor effect is specifically mediated by FOS. Furthermore, the study only used cell proliferation assays, invasion assays, and a limited number of cell lines, so the strength of evidence needs to be further enhanced. Based on the above considerations, we plan to conduct more in-depth work in subsequent studies: setting non-cancerous gastric epithelial cells as controls, using Annexin V-FITC/PI double staining to analyze quercetin's regulatory effect on cell apoptosis, and increasing replicate samples to improve statistical power; meanwhile, adopting gene manipulation techniques to directly verify the function of FOS in the action of quercetin, advancing *in vivo* animal experiments to systematically evaluate the overall efficacy and safety, and further exploring whether quercetin can reverse HER2-targeted therapy resistance and its underlying mechanism. These systematic follow-up studies will provide more solid experimental evidence for the clinical application of this active component and its compound herbs.

Conclusion

In this study, 67 anti-STAD targets in a Chinese herbal formula (composed of Chi-shao, Da-ji, Long-dan, and Zhi-zi) were screened using TCMSP, TCGA-STAD, and GeneCards databases. In the protein interaction network analyzed and plotted using the STRING database, we identified ESR1, JUN, FOS, HSP90AA1, and MMP9 as five core genes, indicating that these genes are key genes in the treatment of stomach adenocarcinoma. KEGG results showed that the five hub genes were significantly associated with the Th17 cell differentiation pathway. Molecular docking showed that quercetin was the main active ingredient and FOS was the key drug target. These results were further verified using cell proliferation and Transwell experiments. This provides an important reference for improving STAD treatment and patient prognosis. However, translating these findings into clinical practice still faces challenges. Subsequently, more in-depth animal experiments and human clinical trials need to be conducted to comprehensively evaluate quercetin's potential in terms of efficacy, safety, and long-term application, so as to clarify its mechanism of action against gastric adenocarcinoma. Ultimately, this will enable the translation from basic research to clinical treatment, thereby bringing tangible clinical benefits to patients.

Data Sharing Statement

The original contributions presented in the study are included in the [Supplementary Materials](#). Further inquiries can be directed to the corresponding author.

Ethics Approval and Informed Consent

This study utilized only publicly available data from [TCGA-STAD], which were de-identified and complied with all relevant data use policies. Ethical approval was waived as no new human or animal experiments were conducted by Shaanxi Provincial People's Hospital, according to item 1 and 2 of Article 32 of the Measures for Ethical Review of Life Science and Medical Research Involving Human Subjects dated February 18, 2023.

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Author Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

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Disclosure

The authors declare that this research was conducted in the absence of any commercial or financial relationships that could be construed as potential conflicts of interest.

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