

Clinical Profile of Patients with Urticarial Vasculitis in China: A Retrospective of 142 Cases

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Background: Normocomplementemic urticarial vasculitis (NUV) and hypocomplementemic urticarial vasculitis (HUV) share clinical features, notably wheals, yet clear differential diagnostic criteria are lacking.

Objective: To describe HUV and NUV features in Chinese inpatients for diagnosis.

Methods: Retrospective study (March 2017–June 2024, China) of NUV/HUV patients. We analyzed clinical characteristics, laboratory results, and histological features, and compared drug efficacy.

Results: Females constituted the majority of patients with urticarial vasculitis (UV). All patients present with wheals persisting for more than 24 hours, and 76.1% of the wheals exhibited partial or complete non-blanching. Angioedema was more common in patients with HUV than in NUV (44.4% vs 25.0%, $p < 0.05$). Systemic involvement was observed in 61.1% of HUV and 41.2% of NUV. HUV was significantly associated with autoimmune diseases ($p < 0.05$), decreased complement levels (C3, C4, C1q, and C1 inhibitor) ($p < 0.001$), and elevated erythrocyte sedimentation rate (ESR) ($p < 0.01$). A negative correlation between ESR and C3 levels was found in HUV, in contrast to a positive correlation in NUV. Direct immunofluorescence (DIF) test showing immunoreactants at the blood vessel were present in 50% of patients with HUV and 18.2% patients with NUV. Regarding treatment, 91.9% of NUV responded effectively to oral corticosteroids, whereas only 66.7% of HUV did; the remaining 33.3% of HUV required combination therapy with biologics.

Conclusion: Our study identified key factors associated with the occurrence of UV subtypes. For patients with recurrent wheals, complement levels, ESR, and the distribution pattern of immunofluorescence deposits can serve as basis for classifying UV subtypes and prompt earlier treatment.

Keywords: urticarial vasculitis, hypocomplementemic, epidemiology, clinical profile

Introduction

Urticarial vasculitis (UV) is an immune mediated disease with a complex etiology and pathogenesis.¹ It typically presents as a persistent urticaria-like rash, which may be accompanied by systemic manifestations such as arthritis and arthralgia, and multi-organ involvement. Although the exact etiology of UV remains unclear, it is thought to involve immune complex deposition within vascular walls, complement activation, and the generation of antibodies against C1q.^{2,3} These processes trigger the complement cascade, resulting in the production of C3a and C5a, which promote mast cell degranulation, histamine release, vasodilation, increased vascular permeability, and ultimately urticarial lesions.⁴

Based on serum complement levels, UV can be subdivided into 2 main entities: normocomplementemic urticarial vasculitis (NUV) and hypocomplementemic urticarial vasculitis (HUV).¹ Although the reported prevalence of HUV among UV patients ranges between 9% and 21%,^{5,6} HUV is associated with abnormal complement activation and a potentially more severe disease course. Pulmonary, gastrointestinal, and renal involvement are more commonly observed in HUV.⁷

Differentiating HUV from NUV represents a significant diagnostic challenge in clinical practice.⁸ This difficulty stems largely from the substantial overlap in their core clinical presentations, primarily characterized by urticarial lesions

persisting for more than 24 hours, which may resolve with post-inflammatory hyperpigmentation. Consequently, HUV is frequently subject to delayed diagnosis.^{9–11} Such misclassification carries important therapeutic implications. Patients with HUV are often initially managed according to treatment algorithms established for NUV, which typically involve non-steroidal anti-inflammatory drugs or short courses of corticosteroids. However, HUV often necessitates earlier and more aggressive intervention with immunosuppressants or biologic agents to control systemic inflammation and prevent involvement of critical organs.¹² Therefore, diagnostic inaccuracy may result in suboptimal treatment and adversely affect patient prognosis.

Globally, the current understanding of the epidemiology, distinct clinical spectra, and long-term outcomes of different UV subtypes remains limited. This knowledge gap is particularly evident for Chinese populations, for whom comprehensive data are scarce.

To improve the differentiation between NUV and HUV and to reduce diagnostic delay in HUV, this research comprehensively describes the epidemiological and clinical profiles of UV and explores potential discriminators between HUV and NUV applicable to clinical practice in China.

Materials and Methods

Study Design and Patients

This retrospective study was conducted at the Second Affiliated Hospital of Xi'an Jiaotong University. Patients diagnosed with urticarial vasculitis (UV) between March 2017 and June 2024 were included, with data collection and analysis performed from July to September 2025. The study followed the STROBE guidelines for reporting observational research. The Institute Research Committee approved the study. Patient consent was not required by the ethical board.

A total of 371 patients were initially diagnosed with UV. 145 patients met the inclusion criteria of UV; however, three were excluded, as their serum complements were not available. The remaining 142 patients were further categorized to NUV and HUV based on complement levels (Figure 1). HUV was defined as complement C3 < 70 mg/dL (normal range: 70–140mg/dL) or C4 < 10mg/dL (normal range: 10–40mg/dL).^{1,13} The demographic data, clinical features, histopathological findings and medication treatment of the patients were reviewed.

Inclusion Criteria: recurrent urticarial lesions lasting more than 24 hours, accompanied by symptoms such as pruritus or burning sensation; histopathological findings showing vasculitis changes (Figure 2A). Exclusion Criteria: a history of

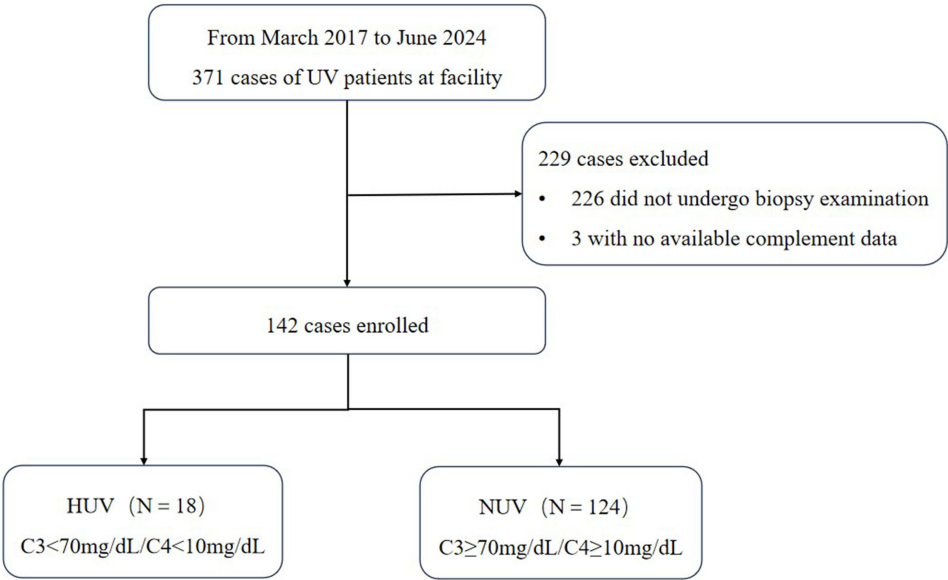


Figure 1 Flowchart showing the selection of cases.

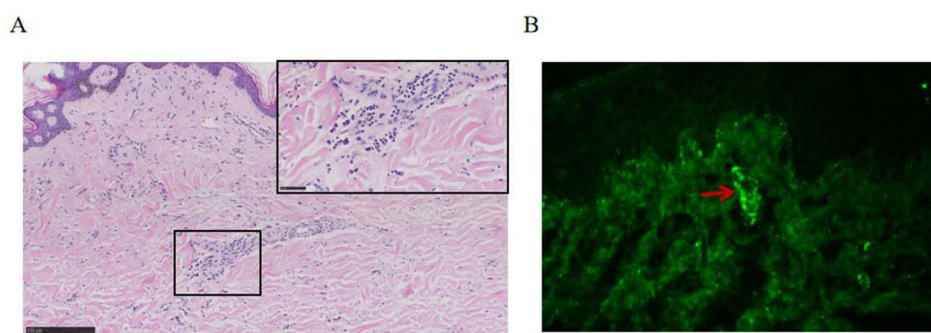


Figure 2 Histopathological findings of UV. **(A)** Mild dermal edema with perivascular inflammatory infiltrates in the superficial and mid dermis (hematoxylin and eosin stain, $\times 100$). The region magnified $\times 400$, showing infiltrates dominated by eosinophils, neutrophils, and lymphocytes with erythrocyte extravasation. **(B)** DIF showing granular deposition of C3 within capillary walls and basement membrane zone (red arrow).

receiving medications such as glucocorticoids within the 4 weeks prior to study enrollment; concurrent hepatic or renal dysfunction; pregnancy or lactation; diagnosis of rheumatoid arthritis or other forms of vasculitis; concomitant malignancy.

Clinical and Laboratory Assessment

The collected data included gender, age, disease duration, manifestations of skin lesions, systemic symptoms, as well as involvement of the rheumatologic, pulmonary, renal, gastrointestinal, ophthalmic, cardiac, and nervous systems.

Involvement of specific organ systems was defined as follows: renal involvement was defined by the presence of persistent proteinuria (qualitative urine protein $\geq ++$ or 24-hour urine protein > 0.5 g) and/or hematuria (urine sediment red blood cells > 5 per high-power field); joint involvement was defined by documented arthritis or arthralgia; gastrointestinal involvement was defined as unexplained abdominal pain, nausea, or vomiting, confirmed by imaging studies or gastroenterology consultation; pulmonary involvement was determined based on chest imaging (X-ray or CT) reports and pulmonology consultation findings.

Laboratory evaluations encompassed the determination of serum complement components (C3, C4, C1q, C1 inhibitor), antinuclear antibody (ANA), anti-double-stranded DNA antibody, anti-extractable nuclear antigen antibody, antineutrophil cytoplasmic antibody (ANCA), inflammatory markers (ESR) and inflammatory cytokines (IL-1, IL-6).^{14–16} Therapeutic regimens were also documented. All enrolled patients underwent histopathological review of skin biopsy specimens by a dermatopathologist to confirm the diagnosis. Skin lesions with a disease duration of less than 48 hours were preferentially selected as samples. Among the 142 cases, 39 additionally underwent direct immunofluorescence (DIF) testing for human IgG, IgM, IgA, and C3, which aided in differentiating UV from other vasculitic or autoimmune disorders.

Statistical Analysis

Statistical analysis was performed with GraphPad Prism version 8.3.0. In the descriptive analysis, frequencies and percent ages for categorical variables and mean and standard deviation were used for quantitative variables. Differences between groups were analysed by Student's *t* test, Mann Whitney *U*-test and χ^2 test, and data were presented as the mean and S.D or the median when appropriate. For variables with missing data (accounting for $<5\%$ of the total dataset), we adopted a complete case analysis approach. Prior to conducting independent-samples/paired-samples *t*-tests, we assessed the normality of all continuous variables. Among these analytical variables, some satisfied the normality assumption ($p > 0.05$), while others failed to meet this assumption. For variables that did not conform to the normality assumption, we employed a nonparametric test (Mann–Whitney *U*-test) for analysis. A value of $p < 0.05$ was considered significant.

Results

Patients and Disease Characteristics

This study ultimately included 142 patients with urticarial vasculitis (UV) for analysis. The cohort was predominantly female (61.3%), with a median age at diagnosis of 46.5 years. All patients presented with skin lesions persisting for more than 24 hours, accompanied by pruritus, and 15.5% reported a burning sensation (Table 1). Regarding systemic

Table 1 Patient and Disease Characteristics

	Total n=142 (%)	HUV n=18 (%)	NUV n=124 (%)	P value
Demography				
Age at diagnosis (year, mean $\pm$ SD)	45.0 $\pm$ 15.0	45.4 $\pm$ 14.8	45.0 $\pm$ 15.0	0.785
Male	55 (38.7)	7 (38.9)	48 (38.7)	0.988
Female	87 (61.3)	11 (61.1)	76 (61.3)	
Disease duration(days)	262.8 $\pm$ 806.7	337.6 $\pm$ 1113.2	183.0 $\pm$ 575.0	0.484
Skin symptoms				
Angioedema	39 (27.5)	8 (44.4)	31 (25.0)	0.013*
Burning pain/tenderness	22 (15.5)	3 (16.7)	19 (15.3)	>0.999
Wheals>24h	133 (93.7)	17 (94.4)	116 (93.5)	>0.999
Hyperpigmentation	108 (76.1)	14 (77.8)	94 (75.8)	>0.999
Systemic involvement				
Arthritis	12 (8.5)	1 (5.6)	11 (8.9)	>0.999
Fever	31 (21.8)	2 (11.1)	29 (23.4)	0.362
Abdominal pain	21 (14.8)	2 (11.1)	19 (15.3)	>0.999
Lung involvement	24 (16.9)	4 (22.2)	20 (16.1)	0.508
Autoimmune disease	2 (1.4)	2 (11.1)	0 (0)	0.015*
Thyroid involvement	7 (4.9)	1 (5.6)	6 (4.8)	>0.999

Notes: *Significant p -value < 0.05, HUV group vs NUV group.

Abbreviations: SD, standard deviation; HUV, hypocomplementemic urticarial vasculitis; NUV, normocomplementemic urticarial vasculitis.

involvement, 24 patients (16.9%) had pulmonary involvement, 2 patients (1.4%) had autoimmune disease and 7 patients (4.9%) had thyroid dysfunction.

Among the 142 patients, 124 were classified as NUV and 18 as HUV. Statistically significant differences were observed in certain clinical features between the two groups. Angioedema was more common in HUV patients than in NUV patients (44.4% vs 25.0%, $p=0.013$; Table 1), and autoimmune diseases were exclusively observed in HUV patients (1 case of lupus nephritis(LN) and 1 case of Sjögren's syndrome(SS)), with this difference also reaching statistical significance ($p=0.015$; Table 1).

Despite a numerically longer disease duration in HUV (337.6 $\pm$ 1113.2days) compared to NUV (183.0 $\pm$ 575.0days), the difference was not statistically significant ($p=0.484$; Table 1). Additionally, the prevalence of arthralgia, arthritis, fever, and abdominal pain did not differ significantly between the two groups.

Laboratory Examination

This study analyzed routine laboratory findings and key immunological parameters in 142 patients with UV. Several laboratory parameters differed significantly between the HUV and NUV groups (Table 2 and Figure 3). As expected, complement levels (C3, C4, C1q, and C1 inhibitor) were significantly lower in HUV patients compared to NUV patients ($p < 0.001$; Table 2). And the ESR was significantly higher in the HUV group ($p < 0.01$; Figure 3A). Notably, the correlation between C3 levels and ESR varied distinctly by group: In HUV patients, C3 levels were negatively correlated with ESR ($r = 0.694$; Figure 3D), whereas a positive correlation was observed in NUV patients ($r = 0.600$; Figure 3E).

Regarding cytokine levels, no statistically significant differences were observed between the two groups in the serum levels of the cytokines IL-6 and IL-1 (Figure 3B and C). DIF was performed on specimens from 39 patients (HUV, $n=6$; NUV, $n=33$), immunoglobulins or C3 was commonly observed in both groups (Table 2 and Figure 2B).

Therapeutic Regimens

Table 3 summarizes the treatment for UV. The results showed that corticosteroid treatment was effective (defined as complete resolution of wheals, alleviation of associated symptoms such as arthralgia and fever, and no recurrence within 4 weeks of follow-up) in 91.9% of NUV patients compared to 66.7% of HUV patients, a difference that was statistically

Table 2 Laboratory Investigations

	Total n=142 (%)	HUV n=18 (%)	NUV n=124 (%)	P value
C3<70mg/dL	6/125 (4.8)	6/16 (33.3)	0/109(0)	<0.001*
C4<10mg/dL	2/125 (1.6)	2/16 (11.1)	0/109(0)	<0.001*
CIq<15.7mmol/L	10/110 (9.1)	10/13 (55.6)	0/97(0)	<0.001*
CI inhibitor<0.21g/L	6/126 (4.8)	6/16 (37.5)	0/110(0)	<0.001*
Neutrophil	79/131 (60.3)	9/15 (60.0)	70/116 (60.3)	0.979
Lymphocyte	75/131 (57.3)	8/15 (53.3)	67/116 (57.8)	0.505
IgE	53/132 (40.2)	5/16 (31.3)	48/116 (41.4)	0.589
Anti-dsDNA	28/113 (24.8)	2/13 (15.4)	26/100 (26.0)	0.513
ESR>20mm/h	19/61 (31.1)	14/16 (87.5)	19/45 (42.2)	0.006*
IL1>5.0pg/mL	10/42 (23.8)	1/4 (25.0)	9/38 (23.7)	>0.999
IL6>5.4pg/mL	21/55 (38.2)	3/10 (30.0)	18/45 (40.0)	0.725
DIF				
BV	9/39 (23.1)	3/6 (50.0)	6/33 (18.2)	0.122
BMZ	10/39 (25.6)	0/6 (0)	10/33 (30.3)	0.308
BV+BMZ	1/39 (2.6)	0/6 (0)	1/33 (3.0)	>0.999

Notes: *Significant p -value < 0.05, HUV group vs NUV group.

Abbreviations: ESR, erythrocyte sedimentation rate; HUV, hypocomplementemic urticarial vasculitis; NUV, normocomplementemic urticarial vasculitis; DIF, direct immunofluorescence; BV, blood vessel; BMZ, basement membrane zone.

significant ($p=0.007$; Table 3). Furthermore, 33.3% of HUV patients required combination therapy with biologics to achieve symptom relief, a significantly higher proportion than the 3.2% observed in NUV patients ($p<0.001$; Table 3). Of note, antihistamines were effective in only 4.8% of NUV patients and were ineffective in HUV patients.

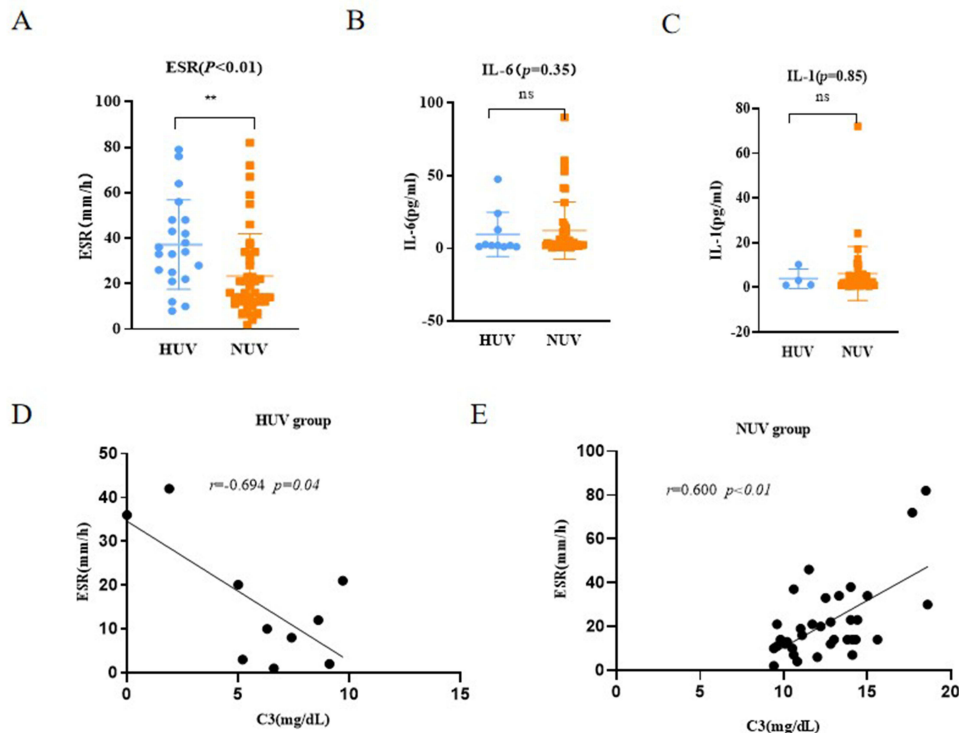


Figure 3 Correlation of complement and ESR, and inflammatory/cytokine in HUV and NUV. (A) C3 was negatively correlated with ESR in HUV ($r=-0.694$, $p=0.04$); (B) C3 was positively correlated in NUV ($r=0.600$, $p<0.01$). (C) ESR was elevated in the HUV ($p<0.01$); (D) IL-6 did not statistically significant in both groups ($p=0.35$); (E) IL-1 did not statistically significant in both groups ($p=0.85$). ** $p < 0.01$, ns indicates no significant difference.

Abbreviations: ESR, erythrocyte sedimentation rate; HUV, hypocomplementemic urticarial vasculitis; NUV, normocomplementemic urticarial vasculitis.

Table 3 Drug Treatment of UV

	Total n=142 (%)	HUV n=18 (%)	NUV n=124 (%)	P value
Antihistamine	6(4.8)	0(0)	6(4.8)	>0.999
Oral corticosteroids	126 (88.7)	12 (66.7)	114 (91.9)	0.007*
Combination biologics	10 (7.0)	6(33.3)	4(3.2)	<0.001*

Notes: *Significant *p*-value < 0.05, HUV group vs NUV group.
Abbreviations: HUV, hypocomplementemic urticarial vasculitis; NUV, normocomplementemic urticarial vasculitis.

Discussion

Urticarial vasculitis (UV) is a distinct clinicopathological syndrome. Its cutaneous lesions exhibit urticarial features, with wheals persisting for more than 24 hours, and in some cases even 3 to 5 days without resolution. After regression, these lesions often leave pigmented macules or ecchymoses, and are frequently accompanied by pain.¹⁷ Consistent with prior reports, UV condition more commonly affects women and peaks in frequency during the fourth and sixth decades of life.^{12,18} While our results align with the demographic pattern described in the literature, the underlying reasons for the female predominance warrant further investigation in larger cohorts.

The prevalence of HUV in UV has been reported variably in the literature. In our cohort, 18 out of 142 patients were HUV, which is a higher proportion than that reported by Kulthanan (9.7%) and Loricera J (9.5%).^{19,20} This discrepancy could be attributed to differences in patient referral patterns (eg, tertiary center bias), regional genetic or environmental factors.

Typically, HUV is associated with more frequent systemic symptoms (eg, fever, arthralgia, glomerulonephritis, chronic obstructive pulmonary disease(COPD)) and occurs predominantly in females.^{21,22} In our study, there were two patients with HUV with lupus nephritis (LN) and Sjögren’s syndrome(SS), while 4 had pulmonary diseases, which were consistent with the literature reports. Notably, while smoking may contribute to pulmonary disease, previous reports have documented COPD in immune complex-mediated disorders, which could provide context for the pulmonary findings in our HUV cases.²³ Some studies note that HUV is often linked to connective tissue diseases (particularly systemic lupus erythematosus(SLE)), with approximately 50% of HUV patients potentially progressing to SLE.^{24,25} Within our small subgroup of patients with HUV, the identification of concurrent autoimmune conditions (LN, SS) points to a potential clinical overlap between HUV and systemic immune dysregulation. However, given the limited sample size (n=2), this observed association between HUV and autoimmune disorders merits cautious interpretation. Accordingly, these preliminary observations call for validation in larger-scale, multi-center prospective studies. Collectively, these data imply that HUV may constitute a vasculitic manifestation secondary to underlying systemic immune dysfunction, rather than an exclusively cutaneous disorder.

HUV patients in our study exhibited a significantly elevated erythrocyte sedimentation rate(ESR) and a demonstrable negative correlation between C3 levels and ESR. This inverse relationship suggests the coexistence of a heightened systemic inflammatory state and complement consumption in HUV.^{26,27} Mechanistically, these observations are consistent with the hypothesis that complement depletion in HUV may be driven by activation of the classical pathway, likely secondary to immune complex deposition and subsequent inflammation. However, as an observational study, our data cannot confirm this pathogenetic mechanism. C1q was reduced in the majority of HUV patients, consistent with previous studies.^{28,29} The lack of correlation between C1 and C1q suggests that complement depletion is unlikely due to C1 esterase deficiency but is more compatible with classical pathway activation via immune complex deposition.^{30,31}

This immune complex-mediated hypothesis finds some support in our direct immunofluorescence(DIF) results, the rate of perivascular C3 appeared higher in HUV than in NUV, whereas NUV showed a trend towards more frequent basement membrane zone (BMZ) deposition. Although not all differences were statistically significant, this pattern may reflect divergent pathogenic mechanisms—HUV being predominantly mediated by circulating immune complexes,³² and NUV potentially involving local complement activation or other non-immune complex pathways.³³

Despite the overall favorable response to glucocorticoids in both groups, HUV patients showed no meaningful clinical improvement (in terms of no complete wheal resolution, symptom alleviation, or 4-week recurrence-free status) with antihistamine monotherapy, suggesting a pathologic mechanism that extends beyond mast cell degranulation.^{34,35}

The present study has several limitations. First, the small sample size of the HUV may affect the statistical validity of the subgroup analyses. Second, the time point of complement detection was not standardized (acute phase vs remission), which could obscure the dynamic nature of complement consumption and potentially lead to an underestimation of its fluctuation. Finally, the lack of long-term follow-up data prevented us from assessing the prognostic value of complement levels or tracking the potential evolution of HUV into well-defined autoimmune diseases over time. Future multicenter prospective studies are needed to validate the clinical significance of complement-based classification and to explore the utility of complement activation-specific biomarkers in disease surveillance.

Conclusion

Our analysis further delineates several specific parameters associated with UV subtype distinction: complement levels provide the quantitative basis for classifying HUV versus NUV; ESR is markedly elevated in HUV and demonstrates a negative correlation with C3, suggesting a greater systemic inflammatory burden in this subtype; and DIF reveals distinct immunofluorescence profile—implying potential divergence in underlying immunopathogenesis. Owing to the retrospective design and the limited sample size of the HUV subgroup, our findings indicate that serum complement, and ESR, may serve as adjunctive tools for subtyping and initial therapeutic stratification. Nevertheless, their definitive clinical utility and prognostic relevance warrant confirmation through large-scale prospective studies.

Data Sharing Statement

The data for this retrospective cohort study at the Second Affiliated Hospital of Xi'an Jiaotong University cannot be publicly shared due to ethical, privacy, and institutional data policy. Sufficient details on data collection methods, including patient selection criteria and variables, are provided.

Ethics Committee Approval

This retrospective study was conducted in accordance with the ethical principles of the Declaration of Helsinki. This study was reviewed and approved by the Ethics Committee of the Second Affiliated Hospital of Xi'an Jiaotong University (2025-096). Due to the anonymity of patient data, the requirement for informed consent was waived in this study.

Author Contributions

Weihong Hu: Writing - original draft, Writing - review & editing, Methodology

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Zhiqiang Cao: Methodology, Supervision

Bin Peng: Writing - review & editing, Project administration, Funding acquisition.

All authors took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

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Disclosure

The authors report no conflicts of interest in this work.

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