

Renal Function and Hemoglobin Independently Predict Levetiracetam Exposure in Epilepsy Patients: A Multifactorial Regression Study

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Purpose: To investigate the key factors influencing the plasma concentration of levetiracetam (LEV) in patients with epilepsy and to establish a predictive model for LEV steady-state trough concentration.

Patients and Methods: Clinical data from 130 epilepsy patients (175 steady-state trough concentration blood samples) were retrospectively collected at a single center. Univariate analysis and multiple linear regression modeling were employed to systematically quantify the independent effects of demographic characteristics, biochemical indicators, and concomitant medications on the LEV C/D. The robustness of the model was validated using the Bootstrap method (1000 resamples).

Results: Creatinine clearance rate (Ccr) emerged as the strongest independent predictor (unstandardized $\beta = -0.168$, $p < 0.001$), with every 1 mL/min increase in Ccr resulting in a 0.168 ng·mL⁻¹/(g·d⁻¹) decrease in C/D. Hemoglobin (HGB) exhibited a secondary negative association (unstandardized $\beta = -0.070$, $p < 0.05$), where every 1 g/L decrease led to a 0.070 ng·mL⁻¹/(g·d⁻¹) increase in C/D. Bootstrap validation confirmed the stability of these coefficients (95% CI: Ccr [-0.221, -0.123], HGB [-0.140, -0.008]). The final predictive equation was: $C/D_{\text{pred}} [\text{ng}\cdot\text{mL}^{-1}/(\text{g}\cdot\text{d}^{-1})] = 37.759 - 0.168 \times \text{Ccr} (\text{mL}/\text{min}) - 0.070 \times \text{HGB} (\text{g}/\text{L})$ (adjusted $R^2 = 0.440$, $p < 0.001$).

Conclusion: Routine clinical indicators Ccr and HGB are core influencing factors of LEV exposure. This model quantifies their independent effects on LEV steady-state trough concentration, providing novel insights into the interindividual variability of LEV pharmacokinetics and offering a potential tool for aiding individualized dosing strategies, especially in resource-limited settings where therapeutic drug monitoring is not readily available. However, its generalizability still needs to be demonstrated through subsequent external validation and prospective multicenter studies.

Keywords: levetiracetam, creatinine clearance, hemoglobin, multifactorial regression, epilepsy

Introduction

Epilepsy, a chronic brain disorder caused by a variety of factors, is characterized by recurrent, unprovoked seizures. It is associated with significant disability and an increased risk of premature mortality, severely impairing the life quality of patients of all ages and shortening their life expectancy.¹ Epidemiological data show that there are more than 50 million people with epilepsy worldwide, accounting for more than 0.5% of the global disease burden. Over 80% of the disease burden is concentrated in low- and middle-income countries,² imposing a significant economic and psychological burden on individuals with epilepsy and their families.³ Fortunately, more than 70% of patients achieve effective seizure control through the rational use of antiepileptic drugs (AEDs), highlighting the importance of drug therapy.⁴

Levetiracetam (LEV) exhibits a unique mechanism of action distinct from conventional AEDs. Its primary mechanism involves high-affinity binding to the synaptic vesicle protein 2A (SV2A). This binding is thought to modulate synaptic vesicle exocytosis, thereby dampening the hypersynchronous neuronal activity that underlies

seizures by reducing excessive neurotransmitter release. Its broad-spectrum efficacy is attributed to this presynaptic action, which differs from the ion channel-focused mechanisms of older drugs.⁵ It features excellent safety and efficacy, with high oral bioavailability (>95%),⁶ and is currently recommended as a first-line treatment for partial seizures, making it widely used in the initial and adjunctive treatment of seizures in both adults and children.^{7,8} The plasma concentration of LEV is closely related to its efficacy,⁹ and the International League Against Epilepsy (ILAE) recommends a concentration range of 12–46 µg/mL.¹⁰ However, due to various factors, there is considerable inter- and intra-individual variability in LEV plasma concentrations.¹¹ Given that LEV displays linear (dose-proportional) pharmacokinetics across its clinical dose range,¹² the concentration-to-dose (C/D) ratio is a useful parameter to normalize for the administered dose and identify sources of pharmacokinetic variability beyond dose itself. Identifying these factors that may influence LEV pharmacokinetic parameters is an important step in the treatment of epilepsy.

Renal function is the dominant covariate significantly influencing LEV clearance and exposure.¹³ This is mechanistically supported by the pharmacokinetic profile of LEV: low protein binding (<10%) and predominant renal elimination (approximately 66% excreted unchanged in urine).⁶ Consequently, therapeutic drug monitoring (TDM) guidelines highlight the importance of dose adjustment in patients with renal impairment.¹⁰ While the relationship between renal function and LEV disposition is well-established, there is limited exploration into the predictive role of other readily available clinical biomarkers, and a scarcity of practical models that integrate these factors for clinical use. This gap is particularly relevant in settings where TDM is not readily available.

Therefore, building upon the established role of renal function and seeking to identify additional modifiable factors, this study collected steady-state trough concentration data and clinical information from epilepsy patients receiving LEV therapy. The aim was to explore key demographic, biochemical, and comedication factors that may influence LEV plasma concentrations (as expressed by the C/D ratio) and to develop a practical predictive model.

Materials and Methods

Patients

A total of 175 eligible blood samples were retrospectively collected from 130 epilepsy patients receiving LEV treatment at Quanzhou First Hospital Affiliated to Fujian Medical University (from 1 June 2024 to 31 May 2025). Inclusion criteria included: (1) meeting the ILAE epilepsy diagnostic criteria;¹⁴ (2) hospitalized patients; (3) patients who had received oral LEV treatment for at least 3 days with stable dosing. Exclusion criteria were: (1) poor medication adherence; (2) pregnancy; (3) patients with acute kidney injury or significant renal function fluctuations [more than a 20% variation in two consecutive serum creatinine (Scr) measurements during hospital stay]; (4) patients with any missing required information.

This study was approved by the Ethics Committee of Quanzhou First Hospital Affiliated to Fujian Medical University [(2024) K113], and all enrolled patients or their legal guardians have provided informed consent.

Data Collection

Patient medical records (demographic characteristics, medication data, and laboratory indicators) were extracted from hospital electronic information systems. The specific information collected includes: (1) Basic information: gender, age, and weight; (2) Medication information: LEV dosage regimen, plasma concentration sampling time and test values, and concomitant medications mainly include valproic acid (VPA), oxcarbazepine (OXC), phenobarbital (PB), and proton pump inhibitors (PPI); (3) Laboratory indicators: 1) Complete blood count: red blood cell count (RBC), hemoglobin (HGB), white blood cell count (WBC); 2) Liver function: total protein (TP), albumin (ALB), total bilirubin (TBIL), alanine aminotransferase (ALT), aspartate aminotransferase (AST); 3) Kidney function: Scr, and creatinine clearance (Ccr) was calculated using the Cockcroft-Gault formula [Ccr (mL/min) = [(140 – Age) × Weight (kg) × 1.23] / Scr (µmol/L) × (0.85 if female)].¹⁵

Biochemical Measurements

Fasting venous blood (2 mL) was collected 30–60 minutes before the next dose of medication and injected into an EDTA anticoagulant tube. After centrifuging the samples at 3000 r/min for 10 min, the plasma supernatant was separated and stored at -20°C until analysis. LEV concentrations in plasma were quantified using an enzyme-enhanced immunoassay technique on a Siemens Viva-E automated biochemical analyzer (reagents, calibrators, and controls from Zhuhai Livzon Reagents Inc.). The method is based on a competitive immunoassay principle. The plasma samples were analyzed under the following conditions: 3 μL of sample, 70 μL of R1 (containing antibody and substrate), and 85 μL of R2 (enzyme conjugate), with a reaction incubation of 2–5 minutes at 37°C ; absorbance readings were taken kinetically at 340 nm starting 50 seconds after the addition of R2. Calibration was performed using six-point calibrators (each measured in duplicate), and the assay demonstrated a linear range of 2–100 $\mu\text{g}/\text{mL}$ ($R \geq 0.99$). The inter- and intra-assay precision (CV) were $\leq 10\%$, recovery rates ranged from 96.3% to 109.9%. Quality control samples (low, medium, high) were run in each batch to ensure accuracy and reliability.

Scr and other biochemical indicators were measured using fresh serum samples collected after an overnight fast. Blood sampling for all biochemical tests was performed on the same morning as the LEV trough concentration measurement. All blood samples were drawn via venipuncture into vacuum serum separator tubes, followed by centrifugation and analysis on automated clinical chemistry analyzers (Siemens Healthineers, Germany).

Statistical Analysis

The C/D ratio was chosen as the primary outcome measure to normalize the trough concentration (C_{trough}) for the daily dose (D), thereby eliminating dose as a confounding variable and allowing for the comparison of drug exposure across individuals receiving different regimens, and it is a well-established approach in pharmacokinetic studies.¹⁶

Normality of continuous variables was assessed using the Shapiro–Wilk test. If the data were normally distributed ($p > 0.05$), they were described using the mean \pm standard deviation (Mean \pm SD) to indicate central tendency and dispersion. Further analysis involved using an independent samples *t*-test to compare between-group differences in binary variables. For two continuous variables that were both normally distributed, the Pearson correlation coefficient was used to assess linear correlation. If the data are not normally distributed, the median (interquartile range, IQR) is used instead. The Mann–Whitney *U*-test is used to compare between-group differences in binary variables, and the Spearman rank correlation coefficient is used to analyze correlations. Predictor variables were selected for inclusion in the multivariate model based on clinical relevance and significance in univariate analysis ($p < 0.05$). If the vast majority of patients (above 80%) contributed only a single data point, the within-patient correlation was ignored. All hypothesis tests were two-tailed tests, with a significance threshold set at $p < 0.05$. Statistical analysis was performed using SPSS 26.0 (IBM Corp.).

To internally validate the stability of the final regression model and the precision of its coefficients, the bootstrap resampling method was employed with 1000 iterations.¹⁷ This approach provides confidence intervals for the coefficients and assesses the robustness of the model as well as shows the statistical power of available samples.

Results

Patient Characteristics

This study included 130 epilepsy patients who received LEV treatment (86 males, accounting for 66.2%; 44 females, accounting for 33.8%), and 175 blood samples were collected. Median age was 55.0 years (IQR: 38.0–69.0), and median weight was 60.5 kg (IQR: 52.6–70.0). The Median C/D was 9.8 $\text{ng}\cdot\text{mL}^{-1}/(\text{g}\cdot\text{d}^{-1})$ (IQR: 5.9–15.7). In terms of combination therapy, there were 71 patients (54.6%) concurrently using VPA, 68 patients (52.3%) using PPI, 31 patients (23.8%) using OXC, and 21 patients (16.2%) using PB. Detailed information is shown in Table 1.

Univariate Factor Analysis

As a preliminary screening of potential factors affecting LEV C/D values, this study conducted a univariate analysis of each collected covariate, which provided a key prerequisite for subsequent multi-factor model construction. As indicated in Table 1, among physiological and biochemical indicators, age ($p < 0.001$), RBC ($p < 0.01$), HGB ($p < 0.01$), ALB ($p < 0.05$), and renal function ($p < 0.001$) were significantly correlated with the C/D ratio. Regarding combination therapy, it was found

Table 1 Patient Characteristics and Univariate Analysis of Factors Associated with Levetiracetam Concentration-to-Dose Ratio (C/D)

Characteristics	Number	C/D
		p-value
Patient	130	/
C/D [ng mL ⁻¹ /(g d ⁻¹)]	9.8 (5.9–15.7)	/
Gender		
Male	86 (66.2%)	0.36
Female	44 (33.8%)	
Age (year)	55.0 (38.0–69.0)	< 0.001
Weight (kg)	60.5 (52.6–70.0)	0.76
RBC (10 ¹² /L)	3.9 (3.1–4.5)	< 0.01
HGB (g/L)	116.0 (93.0–134.0)	< 0.01
WBC (10 ⁹ /L)	7.9 (6.5–10.4)	0.07
TP (g/L)	63.4 ± 8.4	0.31
ALB (g/L)	34.8 ± 5.8	< 0.05
TBIL (μmol/L)	9.0 (6.3–11.8)	0.17
ALT (U/L)	24.0 (15.0–37.0)	0.21
AST (U/L)	28.0 (19.0–45.0)	0.52
Scr (μmol/L)	60.2 (43.9–84.9)	< 0.001
Ccr (mL/min)	104.5 (77.7–128.2)	< 0.001
Concomitant medication		
VPA	71 (54.6%)	0.40
OXC	31 (23.8%)	0.14
PB	21 (16.2%)	< 0.05
PPI	68 (52.3%)	0.80

Notes: Normally distributed data are expressed as mean ± standard deviation; Non-normally distributed data are expressed as median (interquartile range).

Abbreviations: C/D, concentration-to-dose ratio; RBC, red blood cell count; HGB, hemoglobin; WBC, White blood cell count; TP, total protein; ALB, albumin; TBIL, total bilirubin; ALT, alanine aminotransferase; AST, aspartate aminotransferase; Scr, Serum Creatinine; Ccr, creatinine clearance rate; VPA, valproic acid; OXC, oxcarbazepine; PB, phenobarbital; PPI, proton pump inhibitor.

that the addition of PB therapy ($p < 0.05$) significantly affected the C/D ratio. However, no significant effects were observed for other combination therapies (VPA, OXC, and PPI).

Multivariate Linear Regression

To identify independent factors and correct for confounding effects, a multiple linear regression model was further established. In the model, the C/D value was used as the dependent variable, and variables that showed significant results in the univariate analysis (age, RBC, HGB, ALB, Scr, Ccr, and PB) were included to quantify the independent effects. Additionally, to eliminate multicollinearity, RBC and Scr were further excluded because, as shown in [Figure 1](#), RBC was significantly correlated with HGB ($r_s = 0.91$, $p < 0.001$), while Ccr itself was derived from Scr. The final model results ([Table 2](#)) showed that Ccr was the strongest predictor ($p < 0.001$), with a standardized coefficient as high as -0.674 , while HGB was a secondary independent factor ($p < 0.05$). Notably, age, ALB, and PB lost significance after adjusting for confounding factors ($p > 0.05$). The variance inflation factor values of the predictive variables included in the model are all less than 2 (Ccr: 1.316; HGB: 1.378), indicating that there is no significant multicollinearity problem in the model.

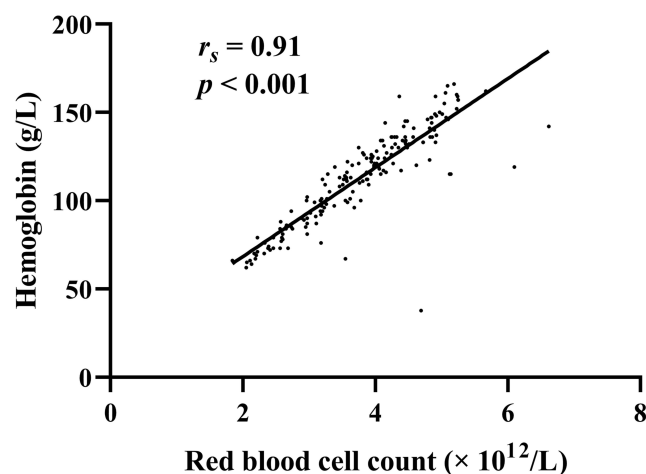


Figure 1 Scatter Plot Demonstrating the Strong Linear Correlation Between Red Blood Cell Count (RBC) and Hemoglobin (HGB) Concentration ($r_s = 0.91$, $p < 0.001$).

The final prediction equation established for the predicted C/D value (C/D_{pred}) (adjusted $R^2 = 0.440$; $p < 0.001$) is as follows:

$$C/D_{\text{pred}} [\text{ng}\cdot\text{mL}^{-1}/(\text{g}\cdot\text{d}^{-1})] = 37.759 - 0.168 \times \text{Ccr} (\text{mL}/\text{min}) - 0.070 \times \text{HGB} (\text{g}/\text{L})$$

Model Evaluation

To assess the robustness of the predictive model, the bootstrap method was used to perform validation of the model. The 95% confidence intervals (CI) for the coefficients of each predictor variable were calculated by repeating the sampling 1000 times (Table 2). The results showed that the coefficients of the significant predictors (Ccr and HGB) were all within the 95% CI of 1000 bootstrap datasets, and the direction was consistent with the original model, confirming that the model structure had good stability. It reinforces the reliability of Ccr and HGB as core factors influencing LEV C/D values.

Discussion

This study analyzed 175 steady-state trough concentration blood samples from 130 epilepsy patients and identified Ccr and HGB levels as significant influencing factors for the LEV C/D. The findings provide evidence-based insights into the concentration variability of LEV in the epileptic population. Furthermore, the independent effects of Ccr and HGB on LEV steady-state trough concentrations were quantitatively assessed. The derived predictive equation serves as an auxiliary tool to assist clinicians in estimating drug concentrations before TDM results are available or in identifying potential causes of abnormal results (eg, renal function changes or anemia). This approach simplifies traditional pharmacokinetic models, which are often complex in calculation, making it more suitable for application in primary

Table 2 Multiple Linear Regression Analysis of Predictors for Levetiracetam Concentration-to-Dose Ratio (C/D)

Variable	Unstandardized Coefficient	Std. Error	Standardized Coefficient	t-value	p-value	Bootstrap [95% CI]
Constant	37.759	5.958	–	6.338	<0.001	[25.085, 51.183]
AGE (year)	–0.068	0.040	–0.114	–1.719	0.088	[–0.144, –0.002]
HGB (g/L)	–0.070	0.030	–0.154	–2.313	0.022	[–0.140, –0.008]
ALB (g/L)	0.110	0.152	0.052	0.720	0.473	[–0.166, 0.406]
Ccr (mL/min)	–0.168	0.016	–0.674	–10.357	<0.001	[–0.221, –0.123]
PB	–1.073	2.161	–0.029	–0.496	0.620	[–4.007, 2.049]

Notes: Model Summary: Dependent variable: C/D [$\text{ng}\cdot\text{mL}^{-1}/(\text{g}\cdot\text{d}^{-1})$]; Adjusted $R^2 = 0.440$; $F(5, 169) = 28.322$, $p < 0.001$. Bold values indicate that the covariates have a significant effect.

healthcare settings. This facilitates a more informed and personalized dosing strategy, especially in low-income countries where routine monitoring of LEV blood concentrations is often limited due to resource constraints.

The standardized coefficients revealed that the factor weight of Ccr ($|\beta| = 0.674$) was 4.4 times greater than that of HGB ($|\beta| = 0.154$), indicating that renal function was the strongest and most independent predictor of LEV C/D values. This finding aligns with the pharmacokinetic property of LEV, which is primarily cleared renally (approximately 66% excreted unchanged in urine).⁶ The predictive equation established in this study quantitatively demonstrated a significant negative correlation between Ccr and LEV C/D ($p < 0.001$): a 10 mL/min change in Ccr, corresponds to $1.68 \text{ ng}\cdot\text{mL}^{-1}/(\text{g}\cdot\text{d}^{-1})$ change in predicted C/D. These results suggest that enhanced drug clearance occurs in states of hyperfiltration, whereas impaired renal function leads to reduced LEV elimination. This finding strongly supports the importance of routine renal function monitoring during LEV therapy, providing clinicians with a practical tool to anticipate the impact of renal function changes on LEV exposure. These observations are also corroborated by Karatza et al,¹⁸ who reported a higher seizure recurrence rate in patients with augmented renal clearance, hypothesizing that increased drug elimination resulted in subtherapeutic concentrations and diminished efficacy. Additionally, Rhee et al confirmed the unique predictive value of renal function parameters in estimating LEV plasma concentrations.¹⁹

A negative correlation was observed between HGB ($p < 0.05$) and the C/D ratio. For every 1 g/L change in HGB, the C/D value of LEV changes $0.070 \text{ ng}\cdot\text{mL}^{-1}/(\text{g}\cdot\text{d}^{-1})$, indicating that lower HGB levels were associated with higher LEV C/D values. HGB was identified as the second independent negative predictor following Ccr. This association has been infrequently reported in previous LEV studies.²⁰ Two pathophysiological mechanisms may underlie this association: First, anemia may alter systemic blood flow distribution, affecting tissue perfusion and oxygenation, thereby impairing metabolic clearance capacity;²¹ second, HGB levels may serve as a surrogate marker for nutritional status, chronic disorder burden, or comorbidities.²² Furthermore, the deepening understanding of the role of oxidative stress in epilepsy provides a potential pathophysiological framework to explain this phenomenon. Although LEV has low protein binding (<10%) and is primarily excreted renally, HGB may act as a surrogate marker for systemic oxidative stress. Recent studies have shown that beyond its oxygen-carrying function, HGB acts as a pseudoperoxidase in astrocytes and neurons, capable of decomposing hydrogen peroxide (H_2O_2) and mitigating oxidative stress.²³ Therefore, low HGB levels may be indicative of elevated oxidative stress, potentially accompanied by impaired tissue oxygenation. These factors may collectively alter drug clearance pathways in the kidneys or liver. Oxidative stress has been clearly implicated in both the pathogenesis of epilepsy and the regulation of drug metabolism.²⁴ Therefore, low HGB levels may reflect a state of increased oxidative burden and compromised intrinsic antioxidant capacity. Theoretically, this state could indirectly affect the drug metabolic environment, potentially leading to decreased LEV clearance and elevated blood concentrations. However, further research is still needed to explore the underlying mechanisms. Monitoring HGB status may help identify patients at potential risk of drug overexposure. For patients with moderate-to-severe anemia, intensified therapeutic monitoring is recommended.

Preliminary analysis revealed that age, ALB, and concomitant use of PB were all statistically correlated with the LEV C/D ratio in univariate analysis. However, none of these factors retained their independent predictive value when incorporated into a more rigorous multivariate regression model. This suggests that their effects were ultimately superseded by Ccr or HGB, which were included in the final multivariate equation. Advanced age is one of the most profound non-pathological contributors to reduced Ccr, as elderly patients commonly exhibit varying degrees of renal function decline.²⁵ Thus, age may appear as a surrogate marker associated with the target outcome in univariate analysis, while its independent predictive significance diminishes when Ccr, a more precise and direct measure of renal function, is incorporated into the model, which captures the primary effects of aging. Similarly, ALB reduction is often indicative of disease states associated with low HGB.²⁶ Additionally, the low protein-binding rate of LEV (<10%) may further influence this relationship.⁶ Univariate analysis suggested that PB coadministration might affect the C/D ratio; however, this association lost significance after adjustment. A plausible explanation is that although PB is a potent cytochrome P450 enzyme inducer,²⁷ only a minor fraction of LEV metabolism depends on this system.^{5,6} And the initial significance may be attributed to the relatively small sample size in the PB group, which led to statistical results that were not robust. Furthermore, PB is typically used for refractory epilepsy or specific types of epilepsy, and such patient populations are generally more complex and may be influenced by certain confounding factors. When Ccr and HGB were included in the

multivariate model, they emerged as stronger and more direct predictors, effectively “absorbing” the part initially attributed to age, ALB, and PB coadministration. This not only underscores the central and robust predictive roles of Ccr and HGB as independent factors but also highlights the necessity of multivariate analysis, which more effectively untangles genuine independent predictors and potential causal relationships compared to univariate assessment.

It is crucial to define the applicable population for the correct interpretation and translation of our findings. Our study cohort consisted exclusively of hospitalized patients with normal body mass index (median weight: 60.5 kg, IQR: 52.6–70.0), aged 6 to 88 years (with the majority being adults), and all were non-pregnant. Therefore, our predictive model is primarily applicable to non-pregnant inpatients with normal body mass index and stable renal function. Given that our study population comprised hospitalized patients with good medication adherence, the findings may also be extrapolated to outpatients with similar adherence. However, caution should be exercised when applying these results to special populations not represented in our cohort, such as pregnant women. Pregnancy induces profound physiological changes that significantly alter LEV pharmacokinetics, rendering our model inapplicable to this subpopulation. For instance, relevant studies have demonstrated that LEV apparent clearance increases by 42–55% in the second trimester and 15–55% in the third trimester compared to non-pregnant states.^{28,29} These studies identified total body weight and trimester of pregnancy as key covariates affecting LEV clearance in pregnant women.^{28,29} Thus, the pharmacokinetic profile of LEV in pregnant women differs from that of our study population.

This study has several limitations. First, due to its retrospective nature, although the inclusion criteria were restricted to hospitalized patients, potential selection bias and information bias may still exist. Second, the regression equation yielded an R^2 of 0.440 ($p < 0.001$), indicating the presence of other undetected potential influencing factors. Although this study incorporated common clinical covariates, due to the complexity of patient conditions, factors such as comorbidities (eg, heart failure, inflammatory states), patient lifestyle habits (eg, smoking, diet), and genetic factors were not included and could act as potential confounders. Third, the limited sample size may have resulted in insufficient statistical power for analyzing certain subgroups. Finally, since the vast majority of patients contributed only a single data point, our statistical model did not explicitly account for within-patient correlation in the subset of individuals who provided multiple samples. Although bootstrap validation of the coefficients supports the stability of our findings, linear mixed-effects models seem to be a more appropriate choice for this type of data. Therefore, further validation through prospective multicenter studies was needed.

Conclusion

This study elucidates the key factors (Ccr and HGB) influencing LEV plasma concentrations and quantifies their effect magnitudes. The derived model, based on two routine clinical indicators, offers a potential practical tool for optimizing LEV therapy. It can aid clinicians in initial dose selection and provide a rationale for interpreting monitoring results. By leveraging this model, clinicians can better anticipate individual pharmacokinetic variability, thereby proactively mitigating the risks of supratherapeutic concentrations (which increase adverse drug reactions) or subtherapeutic levels (which lead to treatment failure). Meanwhile, it is important to acknowledge the limitations of this study, including its retrospective design and the fact that the model explains a portion of the variability (adjusted $R^2 = 0.440$), indicating that other unmeasured factors also contribute to LEV exposure. The current model can identify and quantify key predictors and lays the groundwork for the development of future clinical application tools. However, its generalizability still needs to be demonstrated through subsequent external validation and prospective multicenter studies.

Data Sharing Statement

All datasets or codes generated can be obtained by contacting Mr. Xiaowei Huang.

Ethical Approval

All participants gave their written informed consent, and the study was performed following the Declaration of Helsinki and granted by the medical ethics review board of Quanzhou First Hospital Affiliated to Fujian Medical University [Medical Ethics (2024) K113].

Consent for Publication

All named authors agreed to submit the manuscript for publication.

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Disclosure

There is no conflict of interest in this work to declare.

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