

ABO Blood Group and the Risk and Prognosis of Diffuse Large B-Cell Lymphoma

Dongli Gao¹, Mingzhi Zhang², Shuxin Lv¹, Qinan Yin³, Zhenchang Sun², Ling Qin¹

¹Department of Hematology, The First Affiliated Hospital, and College of Clinical Medicine of Henan University of Science and Technology, Luoyang, People's Republic of China; ²Department of Oncology, The First Affiliated Hospital of Zhengzhou University, Zhengzhou, People's Republic of China; ³Laboratory for Precision Medicine, School of Medical Technology and Engineering, Henan University of Science and Technology, Luoyang, People's Republic of China

Correspondence: Ling Qin, Department of Hematology, The First Affiliated Hospital, and College of Clinical Medicine of Henan University of Science and Technology, Luoyang, 471003, People's Republic of China, Tel +86-13838837729, Email zzq777@126.com

Background: Our previous research had demonstrated that there might exist a certain correlation between ABO blood group and lymphoma. This study aimed to investigate the influence of ABO blood group in diffuse large B-cell lymphoma (DLBCL).

Methods: We retrospectively analyzed clinical data of 220 patients with newly diagnosed DLBCL. Chi-square test and Cox proportional hazard models were used to examine the association between ABO blood type and both the risk and prognosis of DLBCL.

Results: In females, individuals who had blood type AB exhibited a higher propensity for developing DLBCL in comparison to those with blood type B ($P=0.005$). Notably, among DLBCL patients who were over the age of 60 years, those who had blood type B had significantly shorter 3-year overall survival (OS) compared to patients with non-B blood types ($P=0.030$). Conversely, among DLBCL patients aged 60 years or younger, no significant disparity in OS was observed between those with blood type B and non-B blood types ($P=0.196$). Both univariate and multivariate Cox regression analyses were conducted on DLBCL patients who were over 60 years old. These analyses revealed that having blood type B served as a negative prognostic factor for this subset of patients.

Conclusion: Females with blood type B may have a lower risk of developing DLBCL compared to females with blood type AB. For DLBCL patients older than 60 years, blood type B may be considered a poor prognostic factor.

Keywords: ABO blood group, diffuse large B-cell lymphoma, risk, prognosis, survival

Introduction

Diffuse large B-cell lymphoma (DLBCL) is an aggressive B-cell lymphoma, the most common pathological type of NHL, accounting for approximately 30% to 40% of all NHL cases across different geographical regions.^{1,2} The median age at initial diagnosis of DLBCL is over 60 years, and 30% of patients are over 75 years old. The incidence of DLBCL increases with age.^{3,4} Epidemiological studies indicate that DLBCL has a complex and multifactorial etiology, including genetic characteristics, clinical features, and immune disorders, in addition to risk factors related to viruses, environment, high weight in youth, and occupational exposure.^{5,6} Although the prognostic significance of the International Prognostic Index (IPI) has been validated in many subtypes of NHL since 1993, its prognostic value in DLBCL remains controversial.

ABO blood group antigens, which play an important role in the physiology and pathology of cells, are defined by carbohydrate moieties on the extracellular surface of red blood cell membrane.^{7,8} Our previous research has elaborated on the relationship between ABO blood group and lymphoma, and summarized the current knowledge of the underlying pathogenic mechanisms of the association.⁹ It has been observed that ABO blood group is not only associated with the risk and prognosis of lymphoma, but may also be associated with the pathological classification of lymphoma patients.⁹ However, we did not specifically compare DLBCL with other lymphoma subtypes in our previous research. Given this background, we conducted a retrospective study specifically focusing on a representative pathological type, namely DLBCL, with the aim of investigating whether ABO blood group correlates with the risk of onset and prognosis of this disease. This study provides preliminary and exploratory evidence supporting ABO blood group as a potential biomarker

for DLBCL. Its cost-effective and readily accessible nature warrants further validation in larger-scale studies, which may offer novel perspectives for future understanding of DLBCL-specific disease risk stratification and prognostic assessment.

Materials and Methods

We retrospectively analyzed 220 patients with newly diagnosed DLBCL at two medical institutions between January 2012 and December 2022. The research was conducted in full compliance with the guidelines set forth in the Declaration of Helsinki and obtained official authorization from the Institutional Review Board of the First Affiliated Hospital of Henan University of Science (No. 2024–1592 Fast). All patients with DLBCL participating in this study met the following inclusion criteria: (1) A diagnosis of DLBCL was confirmed by specialized pathologists according to the World Health Organization (WHO) classification. (2) No prior anti-cancer treatment had been administered. (3) Data on ABO blood group was accessible. (4) Sufficient clinical, laboratory, and follow-up records were available. Exclusion criteria include: (1) Transformed from other types of lymphoma to DLBCL. (2) Suffering from other tumors or having a history of tumor. (3) Suffering from other severe systemic diseases.

The baseline clinical data of patients were collected, including gender, age, Eastern Cooperative Oncology Group performance status (ECOG PS), primary tumor location, extranodal invasion details (sites and count), B symptoms, treatment modalities and response, ABO blood group, Ann Arbor stage, serum lactate dehydrogenase (LDH) levels, baseline serum CRP levels, serum β_2 -Microglobulin (β_2 -MG) levels, cellular origin, and IPI score. Overall survival (OS) is defined as the duration extending from the date of first diagnosis until either the occurrence of death from any cause or the last recorded date, when patient data is censored.

Additionally, we randomly selected age- and sex-matched hospitalized patients as controls (case-control ratio = 1) from the same institutions. Controls were diagnosed with non-malignant, non-hematological, and non-immunological disorders based on surgery or other routine clinical management (eg, hernia, cholelithiasis, osteoarthritis, cataract). Computerized randomization ensured equal numbers of controls per institution relative to DLBCL cases. ABO blood group data for controls were retrieved from hospital information systems (HIS) or laboratory databases using identical procedures as cases.

Within the DLBCL patient cohort, associations between ABO blood types and baseline clinical/laboratory variables were evaluated using Chi-square test or Fisher's exact test for categorical data. When performing multiple pairwise comparisons among different blood groups for a specific variable, the Bonferroni correction was applied, adjusting the significance level to $\alpha' = \alpha / [k(k-1)/2]$, where k represented the number of blood groups, to account for all possible pairwise comparisons. The Log rank test and Kaplan-Meier method was applied for a univariate survival analysis. Variables demonstrating a univariate association with OS at $P < 0.2$ were included in multivariate Cox proportional hazards regression models. Hazard ratios (HRs) with 95% CIs were reported for significant predictors. A two-tailed $P < 0.05$ was deemed indicative of statistical significance. The statistical software package SPSS 26.0 (SPSS Inc., Chicago, IL, USA) was used for statistical calculations.

Result

Patient Characteristics

A total of 220 patients diagnosed with DLBCL, including 101 males and 119 females, with a median age of 60 years, were enrolled in the study. The clinical characteristics of the patients are listed in [Table 1](#). Of the enrolled patients, 166 (75.5%) exhibited an optimal performance status (ECOG PS 0–1). B symptoms were present in 76 patients (34.5%). Involvement of at least two extranodal sites was displayed by 81 patients (36.8%). Elevated LDH levels were observed in 111 (50.5%) patients. The serum CRP levels were available for 108 patients, and the serum β_2 -MG data were available for 158 patients. Localized disease (stage I/II) was observed in 73 patients (33.2%). High-risk disease (IPI ≥ 3) was present in 79 patients (35.9%). Ki-67 antigen levels were available for 195 patients. Among the 220 patients with DLBCL, 115 (73.2%) originated from the non-germinal center B cell-like (GCB) subtype. The ABO blood group exhibited no significant association with patient age, gender, ECOG PS, B symptoms, the number of extranodal sites,

**Table 1** Basic Characteristics of DLBCL Patients in Distinct ABO Blood Type Groups

Characteristic	Total (Cases)	Blood Four-Type Group [cases (%)]				P value
		A	B	AB	O	
Total	220	66	56	24	74	
Age (years)						0.624
≤60	114	31 (47.0)	30 (53.6)	11 (45.8)	42 (56.8)	
>60	106	35 (53.0)	26 (46.4)	13 (54.2)	32 (43.2)	
Gender						0.093
Male	101	24 (36.4)	33 (58.9)	10 (41.7)	34 (45.9)	
Female	119	42 (63.6)	23 (41.1)	14 (58.3)	40 (54.1)	
ECOG PS						0.438
0-1	166	47 (71.2)	45 (80.4)	16 (66.7)	58 (78.4)	
≥2	54	19 (28.8)	11 (19.6)	8 (33.3)	16 (21.6)	
B symptoms						0.500
Yes	76	25 (37.9)	20 (35.7)	5 (20.8)	26 (35.1)	
No	144	41 (62.1)	36 (64.3)	19 (79.2)	48 64.9	
Extranodal sites						0.889
0-1	139	44 (66.7)	35 (62.5)	14 (58.3)	46 (62.2)	
≥2	81	22 (33.3)	21 (37.5)	10 (41.7)	28 (37.8)	
LDH (U/L)						0.526
≤245	109	35 (53.0)	23 (41.1)	13 (54.2)	38 (51.4)	
>245	111	31 (47.0)	33 (58.9)	11 (45.8)	36 (48.6)	
CRP (mg/L) ^a						0.088
≤10	35	12 (42.9)	5 (18.5)	2 (15.4)	16 (40.0)	
>10	73	16 (57.1)	22 (81.5)	11 (84.6)	24 (60.0)	
β ₂ -MG (mg/L) ^b						0.746
≤2.8	96	31 (59.6)	21 (56.8)	10 (55.6)	34 (66.7)	
>2.8	62	21 (40.4)	16 (43.2)	8 (44.4)	17 (33.3)	
Ann Arbor stage						0.099
I/II	73	21 (31.8)	12 (21.4)	9 (37.5)	31 (41.9)	
III/IV	147	45 (68.2)	44 (78.6)	15 (62.5)	43 (58.1)	
IPI score						0.695
0-2	141	40 (60.6)	36 (64.3)	14 (58.3)	51 (68.9)	
≥3	79	26 (39.4)	20 (35.7)	10 (41.7)	23 (31.1)	
Ki67						0.378
≤70%	72	22 (36.1)	15 (28.3)	9 (42.9)	26 (43.3)	
>70%	123	39 (63.9)	38 (71.7)	12 (57.1)	34 (56.7)	
Cellular origin						0.906
GCB	42	13 (25.5)	10 (27.8)	4 (21.1)	15 (29.4)	
Non-GCB	115	38 (74.5)	26 (72.2)	15 (78.9)	36 (70.6)	

Notes: ^aData of serum CRP levels were available for 108 patients, and the CRP level > 10 mg/L was used as the cutoff value. ^bData of serum β₂-MG levels were available for 158 patients, and the β₂-MG level > 2.8 mg/L was used as the cutoff value. Continuous variables with missing information: CRP (112 patients), β₂-MG (62 patients), Ki67 (25 patients), Cellular origin (63 patients).

Abbreviations: DLBCL, diffuse large B cell lymphoma; ECOG PS, Eastern Cooperative Oncology Group performance status; LDH, lactate dehydrogenase; CRP, C-reactive protein; β₂-MG, β₂ macroglobulin; IPI, international Prognostic Index; GCB, germinal center B cell-like.

LDH levels, CRP levels, serum β₂-MG levels, Ann Arbor stage, IPI score, Ki-67 levels, or cellular origin (all *P* > 0.05, Table 1).

The Effect of ABO Blood Group on Risk of DLBCL

In the DLBCL cohort, the distribution of ABO blood types was as follows: blood type A in 66 patients (30.0%), blood type B in 56 patients (25.5%), blood type AB in 24 patients (10.9%), and blood type O in 74 patients (33.6%). A control

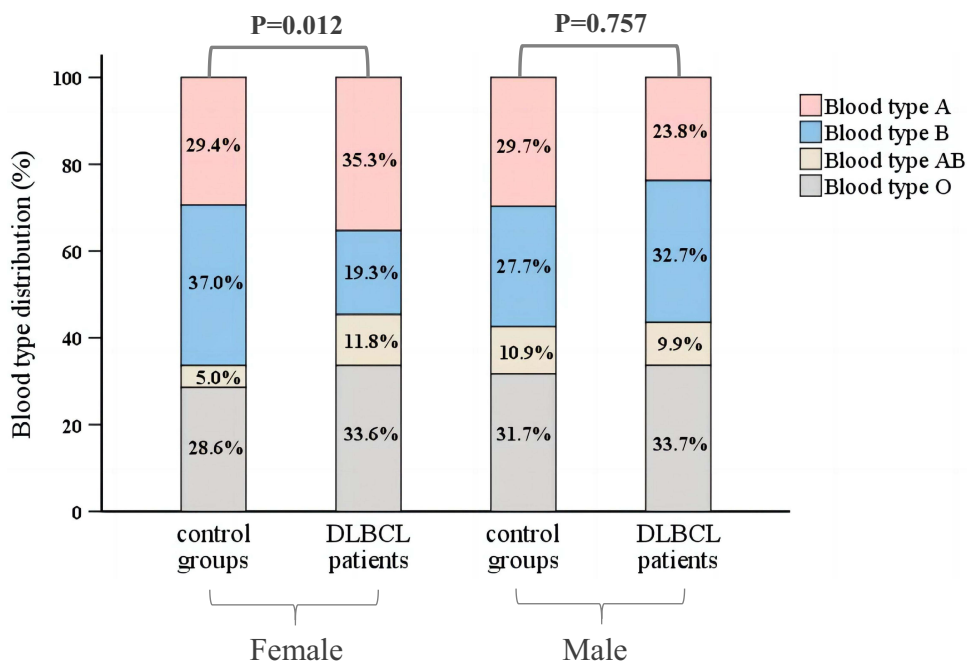


Figure 1 Distribution of ABO blood types among DLBCL patients and controls by gender. Significant difference observed in females ($P = 0.012$, chi-square test); no significant difference observed in males ($P = 0.757$, chi-square test).

Abbreviation: DLBCL, diffuse large B cell lymphoma.

group comprising 220 individuals with nonmalignant conditions was randomly selected for comparison. The distribution of ABO blood types within the control group was as follows: blood group A accounted for 65 patients (29.5%), blood group B accounted for 72 patients (32.8%), blood group AB accounted for 17 patients (7.7%), and blood group O accounted for 66 patients (30.0%). No statistically significant disparity was observed in the distribution of ABO blood groups between DLBCL patients and the control cohort ($P = 0.301$, [Supplementary Table 1](#)).

Upon conducting a gender-stratified comparative analysis, we identified a statistically significant disparity among female patients with DLBCL compared to the control group ($P = 0.012$, [Figure 1](#)). Conversely, an analysis of the ABO blood group distribution among male DLBCL patients relative to the control group revealed no statistically significant differences ($P = 0.757$, [Figure 1](#)).

In the study comparing female patients with DLBCL to a female control group without the disease, the prevalence rate of DLBCL were observed to be 54.5%, 34.3%, 70.0%, and 54.1% respectively in individuals with blood type A, B, AB, and O. To account for multiple pairwise comparisons across blood groups, Bonferroni correction was applied, yielding an adjusted significance threshold of $\alpha = 0.05/[4(4-1)/2] = 0.0083$. Subsequent pairwise analysis demonstrated a significantly lower DLBCL risk in individuals with blood type B compared to blood type AB ($P = 0.005$, [Table 2](#)). No statistically significant differences in DLBCL risk were observed between other blood group pairs ($P > 0.0083$, [Table 2](#)).

Table 2 DLBCL and the Distribution of ABO Blood Groups in Females

Blood Group	Number of Patients	Number of Control Groups	Proportion of Patients (%)	P value (Bonferroni Correction)
A	42	35	54.5	0.015
B	23	44	34.3	
Total	65	79		

(Continued)

Table 2 (Continued).

Blood Group	Number of Patients	Number of Control Groups	Proportion of Patients (%)	P value (Bonferroni Correction)
A	42	35	54.5	0.213
AB	14	6	70.0	
Total	56	41		
A	42	35	54.5	0.952
O	40	34	54.1	
Total	82	69		
B	23	44	34.3	0.005
AB	14	6	70.0	
Total	37	50		

Abbreviation: DLBCL, diffuse large B cell lymphoma.

The Effect of ABO Blood Group on Survival of Patients with DLBCL

By the conclusion of the final follow-up period, a cumulative total of 77 (35.0%) patients had unfortunately passed away. The deaths were due to tumor progression ($n = 69$), severe pulmonary infections ($n = 5$), cardiovascular disease ($n = 1$), and other causes ($n = 2$). The 3-year OS rates for blood type A, B, AB, and O groups were 51.0%, 58.8%, 74.9%, and 74.0%, respectively ($P = 0.458$, Figure 2). Upon stratifying by age groups, we observed that among patients with DLBCL aged over 60 years, the 3-year OS rates for blood type A, B, AB, and O groups were 32.0%, 23.7%, 87.5%, and 69.0%, respectively, yielding a statistically significant difference ($P = 0.043$, Figure 3a). Considering that DLBCL patients with blood type B had the shortest 3-year OS rate, we categorized those aged over 60 into two distinct groups: blood type B and non-B (A, AB, and O). Patients with blood type B demonstrated a significantly reduced 3-year OS rate compared to those with non-B blood types (23.7% vs 53.6%, $P = 0.030$, Figure 3b). In contrast, among DLBCL patients aged 60 years or younger, no significant difference in survival rates was observed between individuals with blood type B and those with non-B blood types, with 3-year OS rates of 83.3% and 73.7%, respectively ($P = 0.196$, Figure 3c). Given that the 3-year OS rates of patients aged over 60 years with A and B blood types were shorter than those with AB and O blood types, we conducted a further comparison between blood type AB/O and blood type A/B to investigate the

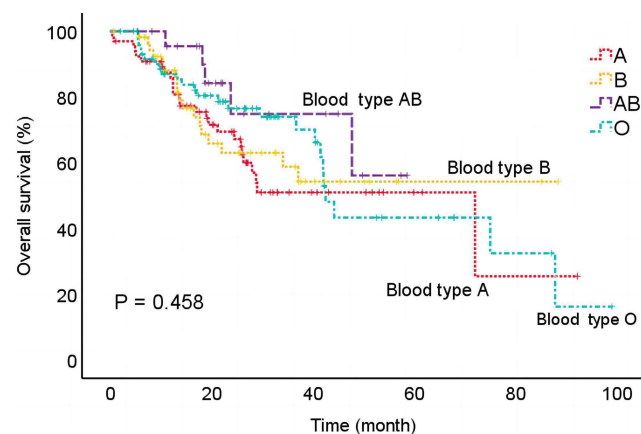


Figure 2 The Kaplan-Meier curves for OS in patients with DLBCL according to ABO blood type ($P = 0.458$ by Log rank test).

Abbreviation: OS, overall survival; DLBCL, diffuse large B-cell lymphoma; A, blood type A; B, blood type B; AB, blood type AB; O, blood type O.

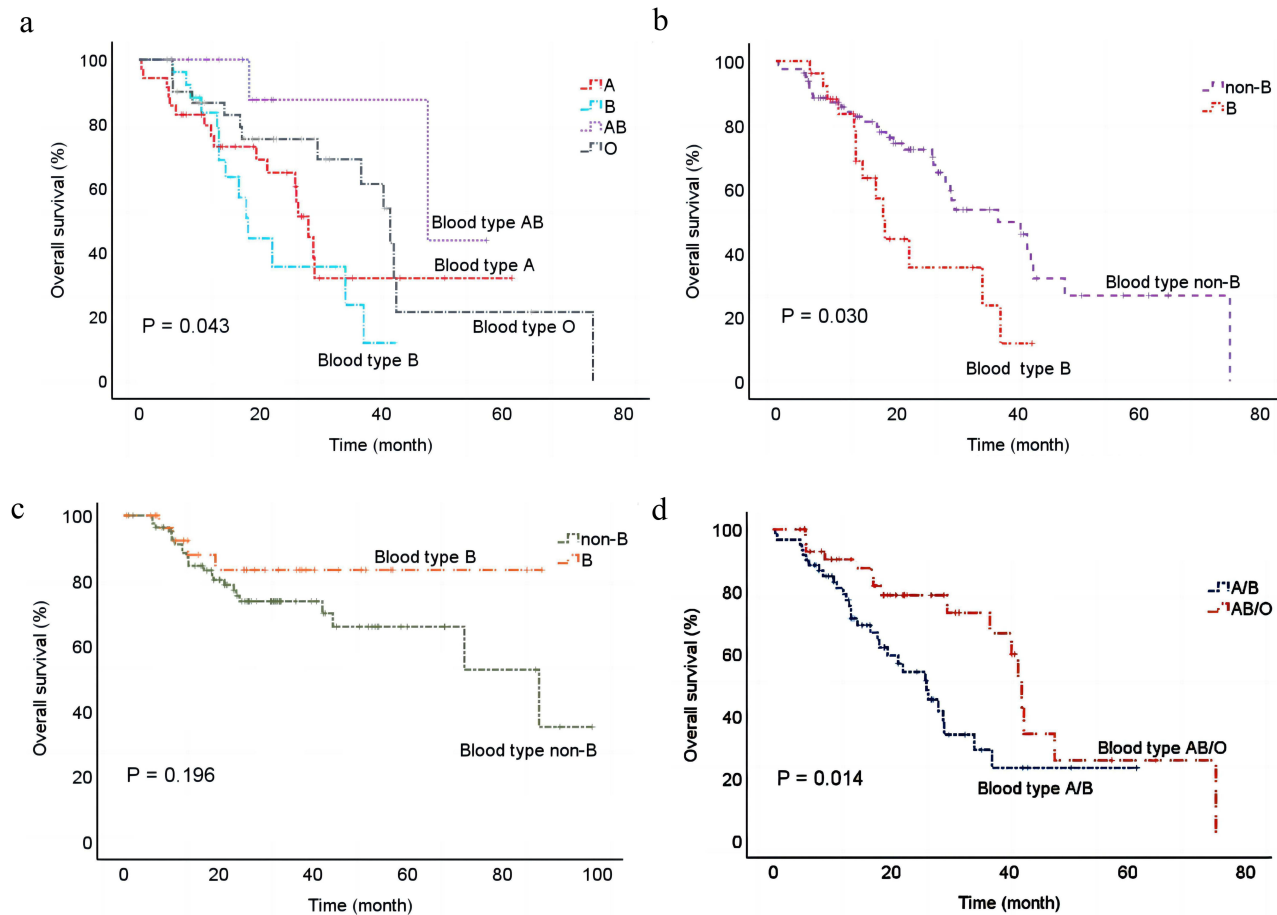


Figure 3 The Kaplan-Meier curves for OS in patients with DLBCL according to ABO blood type. (a): OS in patients aged >60 years stratified by blood types A, B, AB, and O c. (b): OS in patients aged >60 years comparing blood type B vs non-B (A, O, and AB) ($P = 0.030$ by Log rank test). (c): OS in patients aged ≤60 years comparing blood type B vs non-B (A, O, and AB) ($P = 0.196$ by Log rank test). (d): OS in patients aged >60 years comparing blood types A/B vs AB/O ($P = 0.014$ by Log rank test).

Abbreviation: OS, overall survival; DLBCL, diffuse large B-cell lymphoma; A, blood type A; B, blood type B; AB, blood type AB; O, blood type O; A/B, blood type A and blood type B; AB/O, blood type AB and blood type O.

impact of ABO blood type on survival outcomes. The analysis revealed that the OS for patients with A/B blood types was significantly shorter compared to those with AB/O blood types ($P = 0.014$, Figure 3d). Notably, the 106 DLBCL patients aged over 60 years shared a similar clinical background (all $P > 0.05$, Supplementary Table 2).

Univariate and Multivariate Cox Regression Analysis

Table 3 presented the findings from both univariate and multivariate regression analyses regarding potential predictors of OS in patients with DLBCL aged over 60 years. The univariate analysis indicated that Ann Arbor stage, LDH levels, IPI score, and ABO blood type were significant prognostic factors influencing OS in patients with DLBCL ($P < 0.05$). Blood type B was linked to a significantly shorter OS when compared to non-B blood types (HR 2.013, 95% CI 1.056–3.839, $P = 0.034$). In the multivariate analysis, IPI score ≥ 3 (HR 2.247, 95% CI 1.226–4.120, $P = 0.009$), elevated LDH levels (HR 1.890, 95% CI 1.015–3.520, $P = 0.045$), and blood type B (HR 2.050, 95% CI 1.069–3.933, $P = 0.031$) emerged as adverse factors for OS.

Table 3 Univariate and Multivariate Analysis of Prognostic Factors for OS in DLBCL Patients Aged Over 60 years

Variable	Univariate Analysis	P value	Multivariate Analysis	P value
	HR (95% CI)		HR (95% CI)	
Gender (males vs females)	0.814 (0.455–1.454)	0.486		
Extranodal sites ≥ 2 (yes vs no)	1.039 (0.546–1.977)	0.908		
Stage III/IV (yes vs no)	2.168 (1.067–4.404)	0.032	2.034 (1.011–4.093)	0.634
ECOG PS ≥ 2 (yes vs no)	1.557 (0.846–2.867)	0.155		
LDH >245 U/L (yes vs no)	2.285 (1.248–4.181)	0.007	1.890 (1.015–3.520)	0.045
IPI score ≥ 3 (yes vs no)	2.222 (1.215–4.064)	0.01	2.247 (1.226–4.120)	0.009
CRP >10 mg/L (yes vs no)	1.954 (0.423–9.020)	0.391		
Ki67 $>70\%$ (yes vs no)	1.444 (0.732–2.850)	0.289		
GCB (yes vs no)	1.604 (0.688–3.742)	0.274		
Blood group B (yes vs no)	2.013 (1.056–3.839)	0.034	2.050 (1.069–3.933)	0.031

Abbreviations: OS, overall survival; DLBCL, diffuse large B-cell lymphoma; LDH, lactate dehydrogenase; ECOG PS, Eastern Cooperative Oncology Group performance status; LDH, lactate dehydrogenase; CRP, C-reactive protein; β_2 -MG, β_2 macroglobulin; IPI, international Prognostic Index; GCB, germinal center B cell-like; HR, hazard ratio; CI, confidence interval.

Discussion

In the present study, we found that females with blood type B might exhibit a reduced risk of DLBCL compared to those with blood type AB. The prognostic implications of ABO blood group distinctions were not apparent across the entire cohort of DLBCL patients. However, our analysis found notable prognostic significance associated with ABO blood group specifically among DLBCL patients aged over 60 years. Among these patients, those with blood type B experienced a significantly shorter OS compared to patients with non-B blood groups.

The ABO gene is located on chromosome 9q34 and encodes two alleles (ie, A and B) for specific glycosyltransferases that catalyze the covalent linkage of N-acetyl-D-galactosamine or D-galactose to a common precursor side chain (ie, the H antigen), eventually forming A and B antigens respectively.^{10,11} Unlike the A and B alleles, the O variant encodes a non-functional glycosyltransferase, so the H antigen remains unmodified.¹² In recent years, researchers have found a possible association between ABO blood group and the development of cancers. Studies have indicated that individuals with blood type A may be at an increased risk of tumorigenesis, whereas those with blood type B appear to have a reduced risk.^{13–17} Previous investigations did not observe statistically significant results regarding the correlation between ABO blood group and the risk of DLBCL.^{18,19} This study provided evidence that among female patients, individuals with blood type B may have exhibited a decreased risk of developing DLBCL in comparison to those with AB blood types.

Epidemiological studies have shown that the incidence of DLBCL is significantly higher among males compared to females.²⁰ This disparity may be linked to the presence of estrogen in the female population. Studies propose that estrogen potentially exhibits antitumor properties, capable of inhibiting the proliferation and dissemination of tumor cells through a variety of mechanisms.²¹ It has been reported that the use of high-dose oral contraceptives for pregnancy prevention or exposure to estrogen via postmenopausal hormone replacement therapy may reduce the risk of aggressive lymphoma.²² Furthermore, B-cell lymphomas treated with estrogen receptor β were shown to have effectively inhibit tumor growth in vivo.²³ These findings provided additional evidence that estrogen played a significant role in the development and progression of lymphoma. The study suggested that, compared to females with blood type AB, those with blood type B might exhibit a reduced risk of developing DLBCL. The study suggested that, compared to females with blood type AB, those with blood type B might exhibit a reduced risk of developing DLBCL. We hypothesize that this may be partially mediated by the higher estrogen levels typically found in individuals with blood type B, though this remains speculative in the absence of direct hormonal measurements. Further research is warranted to substantiate this hypothesis.

There were few studies exploring the prognostic relationship between ABO blood groups and DLBCL, and the results were inconsistent. A study in Turkey revealed that there was no significant correlation between ABO blood groups and the prognosis of patients with DLBCL.¹⁹ This finding was consistent with the result of this study conducted among the entire cohort of DLBCL patients. Nevertheless, what distinguished it was that our subgroup analysis identified blood type B as a negative prognostic factor specifically for patients older than 60 years. Osada et al reported that DLBCL patients with blood type B had a shorter OS than those with non-B blood types, and this trend was more significant among male DLBCL patients.¹⁸ A large-scale, population-based study on DLBCL series showed that male patients had worse prognosis outcomes than female patients.²⁴ Although our study observed similar results in DLBCL patients aged over 60 years, we did not find any relationship between gender and the survival of DLBCL patients.

The underlying mechanisms of how the ABO blood group may interact with the development and progression of cancers, including lymphoma, are still poorly understood. Several plausible hypotheses have been formulated to elucidate the link between ABO blood group and cancer risk. It is hypothesized that the absence of blood group antigen expression - particularly A and B antigens - may enhance tumor malignancy by increasing cellular motility and migration, thereby correlating with adverse clinical outcomes and poorer overall prognosis.²⁵⁻²⁷ Studies have indicated that the reduction or absence of ABO blood group antigen expression might be related to the deletion of ABO allele or relative down-regulation of the glycosyltransferase necessary for blood group antigen synthesis caused by hypermethylation of the ABO promoter region.²⁸⁻³² The absence of ABO blood group antigens has been observed in hematological malignancies, including Hodgkin's lymphoma (HL).^{33,34} We hypothesize that analogous mechanisms may be present in patients aged over 60 years with DLBCL, which could lead to the reduction or absence of B-type antigens, ultimately resulting in unfavorable prognostic outcomes. The glycosylation of ABO blood group antigens can lead to conformational changes in proteins that not only affect intercellular signaling, cell adhesion, and immune surveillance, but also stimulate tumor growth and metastasis.³⁵⁻⁴⁰ Some studies have reported that the ABO gene locus is associated with circulating levels of tumor necrosis factor- α , soluble intercellular adhesion molecule (ICAM)-1, E-selectin, and P-selectin.⁴¹⁻⁴³ These adhesion molecules play a crucial role in the recruitment processes associated with chronic inflammation. Chronic inflammation is linked to tumor growth, invasion, and migration.⁴⁴⁻⁴⁶ Chronic inflammation is also associated with lymphatic malignancies.⁴⁷ For example, the lymphomas that appear in mice deficient in GM-CSF and IFN γ are caused by infections and subside after antibiotic treatment.⁴⁸ Although this study did not find a significant association between ABO blood group antigens and CRP, there may be other inflammatory cytokines that serve as intermediaries linking ABO blood group antigens to DLBCL. It is possible that ABO blood group antigens influence tumor progression and metastasis by altering the inflammatory state of the host. ABO glycosyltransferase can regulate plasma von Willebrand factor (vWF) levels, affecting the risk of venous thromboembolism.^{49,50} vWF plays an important role in inhibiting angiogenesis, promoting wound healing, and inducing tumor cell apoptosis; particularly, angiogenesis and apoptosis are also involved in tumorigenesis.⁵¹⁻⁵⁴ Therefore, ABO blood group may contribute to the development of tumors by regulating plasma vWF levels.⁹ In this study, we observed a case of patients with DLBCL and blood type B who died from a pulmonary embolism. We observed one blood type B patient dying from pulmonary embolism, suggesting thromboembolic events as another potential mechanism.

This study has several limitations. First, Retrospective design inherently restricts causal inference and may introduce unmeasured confounders. Second, Absence of data on estrogen levels precludes validation of the proposed biological hypotheses. Third, the relatively small sample size with regionally constrained recruitment limits population-level generalizability and increases susceptibility to selection bias. Last, reduced statistical power after Bonferroni correction for multiple comparisons may have obscured subtle associations between other blood group.

Conclusion

In summary, our research found that females with blood type B may have a lower risk of developing DLBCL compared to females with blood type AB. Furthermore, blood type B may serve as a poor prognostic factor for patients over the age of 60 who have DLBCL. To better understand the role of ABO blood groups in DLBCL, future studies are recommended in a large number of different populations (Asian, Caucasian, African) as well as in various regions.

Data Sharing Statement

The original contributions presented in the study are included in the article/[supplementary material](#). Further inquiries can be directed to the corresponding authors.

Ethics Approval and Consent to Participate

The studies involving humans were approved by the ethics committee of The First Affiliated Hospital of Henan University of Science and Technology. The studies were conducted in accordance with the local legislation and institutional requirements. All participants confirmed their informed consent by responding to yes/no inquiries. All information collected from this study was treated with utmost confidentiality.

Author Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

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Disclosure

The authors report no conflicts of interest in this work.

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