

Nitric Oxide Therapeutics: New Hopes for More Effective Tuberculosis Treatment Combine with Targeted and Controlled Nanotechnology

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Abstract: Tuberculosis (TB) caused by *Mycobacterium tuberculosis* (Mtb) is one of the most prevalent infectious diseases worldwide. Nitric oxide (NO) is produced by the reaction of arginine and oxygen catalyzed by nitric oxide synthase (NOS) in mammals. Several studies have highlighted the potential therapeutic use of NO for the treatment of various diseases, including infectious diseases. NO plays a direct bactericidal role by damaging the bacterial DNA, proteins, and enzymes. Additionally, it plays a role in modulating immune cell function, contributing to their anti-tuberculosis (anti-TB) effects by regulating macrophage activity. NO has also been shown to eliminate bacterial biofilms, thereby increasing drug sensitivity of drug-resistant bacteria. Therefore, combining NO with antibiotics may be a strategy for treating drug-resistant tuberculosis (DR-TB). However, owing to the limitations of NO, including their short half-life, instability, and cytotoxicity, exogenous supplementation with NO donors has emerged as a promising alternative therapy. Rapid advancements in nanotechnology have led to the development of nanoparticles (NPs) as drug delivery platforms, at the same time, using strategies such as introducing selective organ targeting (SORT) molecules into nanocarrier systems or preparing nanodrugs in inhalable or dry powder inhalation forms can increase the accumulation of nanodrugs in the lungs. Combined with host-directed therapy strategies, this can improve the therapeutic effect on tuberculosis and shorten the treatment time. This review summarizes the biological activities of NO and introduces their applications in the treatment of several major infectious diseases, followed by a systemic analysis of the role and mechanism of action of NO in TB treatment. Moreover, nanotechnology-assisted NO therapeutics are also summarized to explore the potential for more effective Mtb killing based on the advantages of targeted NO release at the infected site and host cells, thus benefiting the development of more effective therapeutics against TB and drug-resistant TB.

Keywords: nitric oxide, nitric oxide donors, nanotechnology, tuberculosis

Introduction

Since the outbreak of the coronavirus disease (COVID-19) pandemic in 2019, increasing attention has been paid to infectious diseases. Tuberculosis (TB) is a deadly disease caused by *Mycobacterium tuberculosis* (Mtb), and is one of the most threatening infectious diseases. According to the “Global Tuberculosis Report 2024” released by the World Health Organization, the total number of TB patients worldwide in 2023 will reach 10.8 million, making TB the world's top infectious disease. Traditional treatment methods primarily rely on the use of antibiotics to achieve bactericidal effects. Although antibiotics are effective at killing bacteria, their efficacy against intracellular Mtb is limited when we used them alone, which leads to prolonged treatment durations, severe side effects in clinical settings and the emergence of drug-resistant mutant strains, which poses a significant

challenge. While nanotechnology-based nanodrugs demonstrate enhanced therapeutic effects, improved targeting capabilities, and good biosafety and stability. However, the therapeutic effect of standalone drug nano-delivery systems remains insufficient to meet the demand for “eliminating” tuberculosis. Therefore, the search for new anti-TB (anti-tuberculosis) drugs is urgently required.

Nitric oxide (NO) demonstrates clear clinical therapeutic value in cardiovascular diseases (CVDs), tumors, and cancers as a popular gas molecule in current research. Furthermore, studies have indicated that NO can exert direct bactericidal effects or enhance bacterial sensitivity to antibiotics by dispersing or eliminating biofilms, depending on their concentration. The physiological effects of NO are concentration dependent and have a short half-life and instability. Moreover, their production is associated with the concentration and location of the nitric oxide synthase (NOS). Macrophages are the target cells of Mtb, and they can produce inducible nitric oxide synthase (iNOS), which catalyzes the decomposition of L-Arginine (L-Arg) to generate NO. This is particularly true in infectious and inflammatory diseases. In addition, as early as 1997, it was demonstrated that the uninterrupted generation of NO endows macrophages with cytostatic or cytotoxic capabilities against viruses, bacteria, fungi, and tumor cells. These effects can be augmented by other macrophage-derived substances such as acids, hydrogen peroxide, or superoxide.¹ Considering that the concentration of endogenous NO is relatively low, and their concentration will be further reduced in many disease states, exogenous supplementation of NO has become a new disease treatment strategy. However, direct NO delivery has many drawbacks including systemic cytotoxicity and low target concentrations. This prompted the search for a suitable NO donor and a class of compounds capable of releasing NO *in vivo*. NO donors are capable of not only storing and releasing NO, but also improving the pharmacokinetics of NO.² However, research on the application of NO donor materials is still immature and presents many drawbacks, such as premature leakage of NO and toxic side effects from NO donor metabolites. With the development and maturity of nanotechnology, nano-drug delivery systems have been used for the treatment of diseases. They can encapsulate drugs in nanocarriers (such as liposomes and polymer nanoparticles) to achieve the targeted delivery of drugs, ensure the stability and controlled release of drugs, reduce side effects, and ultimately improve the treatment effect of diseases. This dual-function approach is highly advantageous in the process of resolving the defects of NO donors and achieving a therapeutic effect in diseases.

TB treatment can be performed in two aspects. On the one hand, it plays a role by regulating the function of macrophages. It has been shown that supplementation of the NO donor SNAP could eliminate Mtb through NO-dependent apoptosis under the regulation of the nicotinamide adenine dinucleotide (NAD⁺)-dependent deacetylase, sirtuin 7 (SIRT7), in macrophages.³ In addition, NO can also play a role in host targeted treatment of TB by inhibiting ferroptosis of macrophages.⁴ On the other hand, it directly kills Mtb. This is because NO can disrupt Mtb nucleic acids, lipids and proteins, as well as displace metal cofactors from essential metabolic enzymes.⁵ From a mechanistic point of view, it has been shown that NO can inhibit the respiration of Mtb and prevent their growth. This is because Mtb SufR contains NO-sensitive 4Fe-4S, and NO treatment leads to active degradation of several iron-sulfur (Fe-S) cluster proteins, thus regulating Mtb metabolism, respiration, and redox balance.⁶ NO has these two functions at the same time, which undoubtedly show their important potential in anti-TB treatment.

This review provides a comprehensive overview of the biological and regulatory effects of NO in diseases as well as the potential applications of nanotechnology-based NO therapy infectious diseases intervention and treatment. By integrating the primary mechanisms of NO therapy into macrophages, we propose the NO-controlled release of nanomaterials and discuss their applications in the treatment of TB. Finally, we extrapolate that NO therapy holds promise for TB treatment. Additionally, by exploring the design of NO-controlled release nanomaterials, discussing their advantages and disadvantages, and assessing their innovativeness and feasibility, we aim to provide a theoretical foundation for future research.

The Physiological Roles of NO and Their Regulatory Function in Diseases

The Physiological Roles of NO

In the past decade, researchers have developed great interest in antibacterial gas therapy. NO, carbon monoxide (CO), sulfur dioxide (SO₂), and hydrogen (H₂) are not only known as endogenous signaling molecules, but also play key roles in many pathological processes.⁷ Among these gases, NO is a hot topic of research at present. Back in the 1980s, Robert Furchgott found that certain substances released by endothelial cells of blood vessels can stimulate endothelial cells and

cause smooth muscle relaxation.⁸ In 1992, NO was called “Molecule of the Year”. Since then, NO has become a universal signal that regulates physiological functions within organisms.⁹ NO has a short half-life (3–4 s or <5s) and is volatile, and exhibits diverse physiological effects, but these effects are concentration-dependent.¹⁰ Furthermore, their diffusion range is 40–200 μm , typically confining their actions to target sites.¹¹ The production, half-life, diffusion distance, and concentration dependence of NO have different physiological roles in the cardiovascular, nervous, and immune systems of the body.

Endogenous NO serves as an important effector and signaling molecule that participates in a variety of physiological processes, including vasodilation, immune response, neurotransmission, apoptosis, and reproduction of bacteria.¹² In the cardiovascular system, NO induces vasodilation by activating guanylate cyclase and generating cyclic guanosine monophosphate. In addition, iNOS-mediated massive production of NO is considered to have a protective effect against atherosclerosis by inhibiting platelet aggregation, vascular smooth muscle cell (VSMC) proliferation, VSMC migration, and promotion of endothelial cell survival.^{13,14} In the nervous system, NO is released as a neurotransmitter by both presynaptic and postsynaptic nerve terminals. It can enhance the signal transmission between neurons, thereby contributing to memory consolidation.¹⁵ However, there is evidence indicating that a higher concentration of NO act as a toxic agent can affect neuronal death through multiple mechanisms.¹⁶ In the immune system, it has been shown that NO can regulate the function of many immune cells, including T lymphocytes and antigen-presenting cells, rendering them more vigorous in combating infection.^{17,18} In the reproductive system, NO can affect multiple functions of the reproductive system, such as affecting follicle development and sperm motility.^{19,20} In terms of their antibacterial properties, NO can enhance the phagocytic function of immune cells to clear bacteria, and it can also regulate the production of cytokines and affect the intensity and type of immune response. In addition, NO acts synergistically with the antimicrobial peptides to enhance the antimicrobial activity of the peptides.²¹ Finally, NO can kill bacterial cells by directly damaging bacterial DNA and inhibiting its repair, while not affecting normal tissues.²² Moreover, NO can react with reactive oxygen species (ROS), such as O_2 and H_2O_2 , to form reactive nitrogen species (RNS), which exhibit stronger bactericidal ability than ROS and can exacerbate lipid peroxidation and damaging bacterial membranes.^{22,23} In terms of anti-tumor cells, NO can kill tumor cells by inducing the down-regulation of reductase activity, thereby reducing glutathione (GSH) level, inducing mitochondrial dysfunction and activating caspase-3.²⁴ All these reflect the complexity of the physiological function of NO and their great potential as a small molecule for disease treatment (Figure 1).

NO Plays an Important Role in Several Major Infectious Diseases

Three types of NOS exist in mammals, which play crucial roles in the synthesis of NO from arginine and oxygen, together with several cofactors, including nicotinamide adenine dinucleotide phosphate (NADPH) and tetrahydrobiopterin (BH4).^{25,26} NO can play various roles in many systems, which are related to the type and location of NOS. Three types of NOS are NOS1 which also known as neuronal NOS (nNOS); NOS2, also called inducible NOS (iNOS); and NOS3, referred to as endothelial NOS (eNOS). NOS1 and NOS3 are classified as constitutive enzymes that are present on the cell membrane, whereas NOS2 is an inducible enzyme that exists in the cytoplasm.²⁷ The specific characteristics of the three enzymes are shown in Table 1.^{28,29} NO plays various roles in many disease states, and is closely related to the role and distribution of these three NOSs.³⁰ In inflammatory diseases, the expression of iNOS in activated M1 macrophages increases, thereby catalyzing the reaction between L-Arg and oxygen to produce NO and citrulline.^{31,32} For example, in M1 macrophages infected with Mtb, increased iNOS expression leads to increased NO production, which can exert anti-TB therapeutic effects by directly killing Mtb and regulating macrophage immunity. Furthermore, NO is also widely used in infectious diseases and NO can react with oxygen or superoxide, yielding RNS, which are instrumental in combating infections, including COVID-19 coronavirus and malaria parasites.³³

However, the concentration of endogenous NO is relatively low and direct delivery of NO has many drawbacks, including systemic cytotoxicity and low target concentration, so NO donor can be chosen as an alternative, which is capable of storing and releasing NO, and encapsulating NO donor in nanocarriers enables targeted delivery of drugs, ensures the stability and controlled release of the drugs, reduces side effects, and ultimately improves the therapeutic efficacy of the diseases. Here, we begin by describing the role of NO in several major infectious diseases to set the stage for the later introduction of nanotechnology-assisted NO gas therapy.

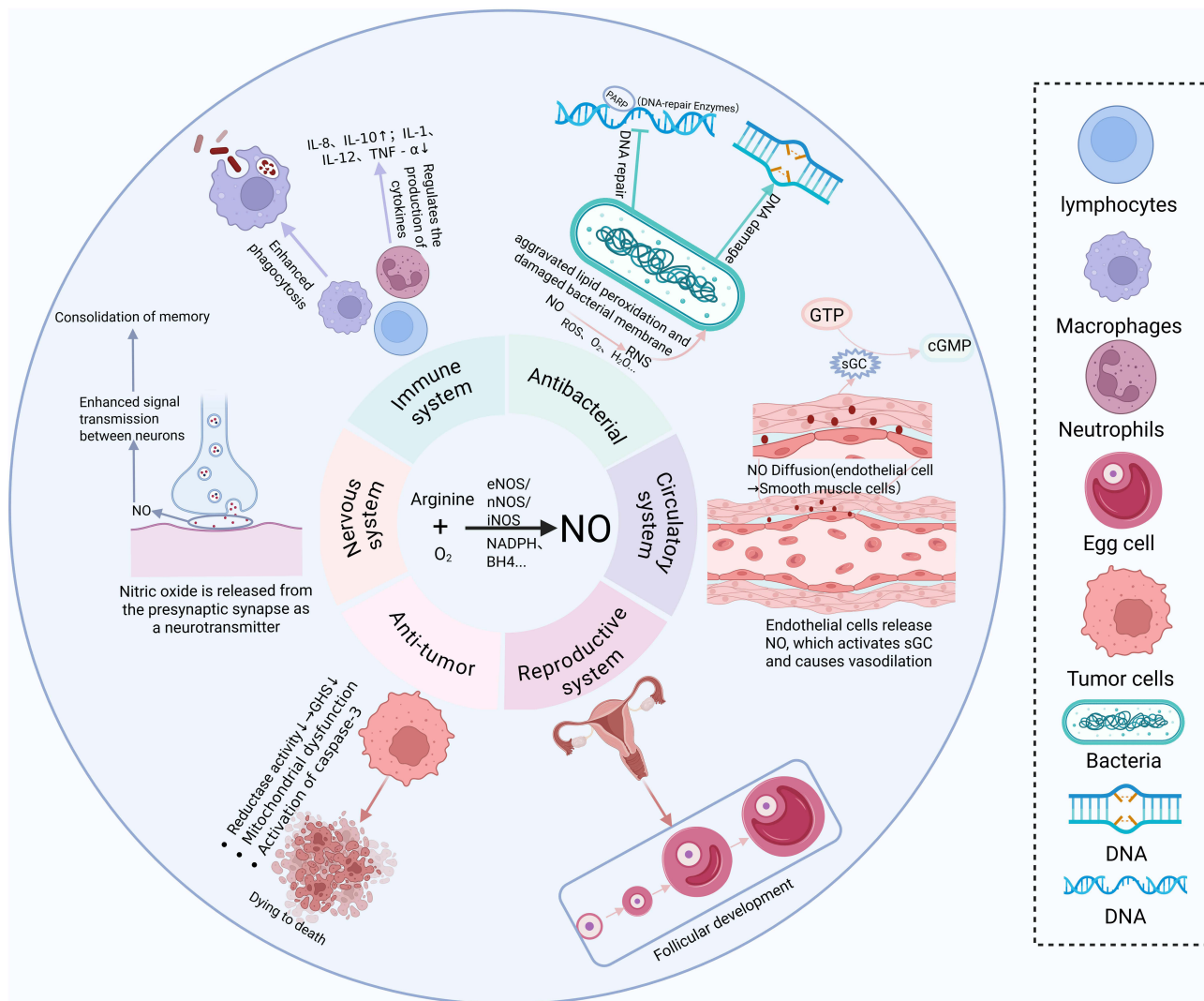


Figure 1 Diversity of NO biological activities. Created in BioRender. Liu, J. (2025) <https://BioRender.com/rmzey7k>.
Abbreviations: GTP, Guanosine Triphosphate; cGMP, Cyclic Guanosine Monophosphate; sGC, Soluble Guanylate Cyclase.S.

Viral Infectious Diseases

Several studies have reported that abnormal NO levels are significant in COVID-19 patients. It has been suggested that low NO levels are closely linked to the ability of SARS-CoV-2 to directly infect endothelial cells, triggering a cytokine storm

Table 1 Classification and Characteristics of NO Synthase

Classification	Constitutive NO Synthase		Inducible NO Synthase	References
Name	nNOS (Neuronal type, NOS1)	eNOS (Endothelial type, NOS2)	iNOS (Induced type, NOS3)	[27]
Localization of cells	Neuronal cells, skeletal muscle cells, etc	Platelets and vascular endothelial cells, etc	Alveolar macrophages, neutrophils, vascular smooth muscle cells, etc	[27,30]
The effect of Ca²⁺	Ca ²⁺ /calmodulin dependent, activity is affected by Ca ²⁺ concentration		Ca ²⁺ /calmodulin not dependent, Enzymes are induced by a number of endotoxins and cytokines	[27,28]
Release of NO	Producing NO in a pulsative manner/Short release		Continuously produces NO/Prolonged release	[28,29]

associated with lung injury. In vitro supplementation with NO or inhaled NO long history as a therapy for hypoxemia.³⁴ Inhaled NO holds promise for COVID-19 prophylaxis and treatment across various stages of the disease. This includes its potential for preventing viral entry, intervening in mild cases, serving as an alternative rescue treatment for moderate to severe cases, and acting as an adjuvant therapy for mechanically ventilated patients.^{35,36} In a clinical trial, high-dose inhaled NO was proved to be effective in alleviating acute hypoxic respiratory failure caused by COVID-19 by improving arterial oxygenation (PaO₂/FiO₂).³⁷ All in all, NO plays an important role in improving hypoxia caused in COVID-19. On the other hand, NO has been shown to inhibit SARS-CoV-2 replication by two different mechanisms. First, NO or its derivatives lead to reduced palmitoylation of the de novo expressed spiny (S) protein, which affects the fusion of the S protein with its cognate receptor angiotensin-converting enzyme 2. Second, NO and its derivatives cause a reduction in viral RNA production at early steps of viral replication and Reduction of SARS-CoV-2 protease activity by nitrosating its active site cysteine, which may be attributed to effects on one or both of the cysteine proteases encoded by SARS-CoV-2 Orf1a.³³ For this view, in a Phase III clinical trial, exogenous NO supplementation via intranasal administration reduced SARS-CoV-2 RNA load by 93.7 and 99.0% within 24 and 48 hours, respectively.³⁸ Based on the current research progress, it can be seen that NO gas therapy is promising for the treatment of COVID-19.

In addition to this, NO can play an important role in human immunodeficiency virus (HIV) infection. In one study, the authors collected lymph node and blood specimens from 52 HIV-infected patients and measured the expression levels of Arg I and iNOS by immunohistochemistry and fluorescence-based flow cytometry. The results showed that, compared with HIV-uninfected controls, HIV patients had significantly higher levels of Arg I expression in lymph nodes, which correlated positively with viral load, and significantly lower levels of iNOS in the corresponding compartments. This suggests a potential therapeutic strategy to slow the progression of AIDS by modulating the expression of Arg I and iNOS in HIV-infected patients.³⁹ In another clinical trial it was also shown that both HIV infection and a history of TB were associated with lower eNO levels, and that low eNO levels may be a marker of abnormal lung physiology due to perinatally acquired HIV infection and post-tuberculosis lung changes.⁴⁰ Low levels of eNOS result in insufficient levels of NO produced by endothelial cells to perform their normal immunomodulatory role. Although these results all suggest that HIV infection is associated with reduced levels of NO, the role of NO in the pathogenesis of HIV infection needs to be further investigated.

Parasitic Infectious Diseases

As one of the most successfully adaptive pathogens, parasites infect approximately one - fourth of the global population, posing a severe threat to human health. In mouse models, parasitic infection causes macrophage polarization to the classically activated M1 state, leading to the secretion of inflammatory mediators (such as IL-12 and TNF- α) and the expression of high levels of iNOS and NADPH oxidase (NOX2), which respectively produce NO and ROS, while suppressing or eliminating the parasite.⁴¹ At the same time, L-Arg is an important source of NO in macrophages, and parasites, especially *Leishmania* and *Trypanosoma*, are highly sensitive to the L-Arg -NO pathway. One reason for this is that NO produced from L-Arg and ROS in M1 macrophages can react to produce various RNS, leading to S-nitrosylation of various proteins, which can lead to death of extracellular parasites.⁴² To this end, a study in a hamster model of *Leishmania* protozoa infection significantly reduced parasite load in the spleen by loading exogenous NO donors (DETA/NO precursors) in combination with amphotericin B (AMB) in PLGA nanoparticles for targeted delivery to infected macrophages, and NO nanoparticles alone also exerted antiparasitic effects well. Meanwhile, both AMB and DETA/NO have been reported to trigger iNOS expression in macrophages, which may lead to enhanced intracellular NO.⁴³ Therefore, the present study suggests that NO supplementation through exogenous sources might also play an effective therapeutic role in the fight against parasitic infections.

Bacterial Infectious Diseases

High concentrations of NO can disrupt bacterial proteins and DNA molecules, thus exerting effective antimicrobial activity against bacterial invasion in mammals without causing resistance.^{44,45} TB is a classic example of bacterial infectious diseases caused by *Mtb*, and the human body generally mounts a defense mechanism that enables some individuals to remain asymptomatic despite being infected. Approximately 90% of individuals infected with *Mtb* have no symptoms of TB. In these populations, host immune cells effectively suppressed bacterial replication, but did not

completely eliminate Mtb.^{6,46,47} This safeguard is predicted to play a pivotal role in T cell-derived interferon- γ (IFN- γ), which stimulates the expression of NOS2. Consequently, this leads to the synthesis of NO, a molecule widely acknowledged for its ability to directly suppress Mtb growth, thereby averting subsequent pathological inflammation and playing a crucial role in the prevention.⁴⁸

The specific mechanisms of NO and other RNS combat Mtb might include damaging bacterial DNA, proteins, and signaling pathways.^{47,49} For example, in macrophages infected with Mtb, NO treatment leads to differential expression of genes encoding hypothetical proteins (HPs), which likely to contain DNA-binding domains and may play a role in DNA repair.⁵⁰ In addition to this, there are many studies showing that NO exerts a direct killing effect on Mtb by affecting signaling pathways. Weikert et al demonstrated that in macrophages infected with *Bacillus Calmette-Guérin* (BCG), surfactant protein A (SP-A) can enhance the signaling function that initiates NO production, thereby augmenting the bactericidal activity of rat macrophages against mycobacteria. The attenuation of this effect following the application of iNOS inhibitors further supports this result.⁵¹ The effects of NO on signaling pathways also include irreversible inactivation of cytochrome c oxidase and other respiratory proteins, as well as induction of DosR regulators, through which NO may exert a bacteriostatic effect on Mtb by affecting the bacterial respiratory chain and energy metabolism.⁵² In the study by Hu Qian et al, it was mentioned that NO is a broad-spectrum antibacterial agent, and its mechanism of action is not affected by bacterial resistance. They summarized the progress in the use of S-nitroso glutathione (GSNO) as a NO donor in antimicrobial therapy, showing that the antibacterial mechanism of NO is different from common antibacterial agents, and demonstrating a promising therapeutic agent for a variety of infectious diseases.⁵³ In addition to the above findings, an observational study based on sputum samples from TB patients showed that Mtb has a biphasic response to NO; that is, at low concentrations of NO (50–100 μ M), the proportion of liposome-positive cells (%LB+) in sputum increased significantly, which was associated with treatment failure or relapse after anti-TB chemotherapy. However, at high concentrations (250–500 μ M), NO showed a toxic effect on Mtb, leading to cell membrane damage and bacterial death.⁵⁴ Moreover, a clinical trial of exhaled NO levels in children with a history of TB and HIV infection also showed that NO levels were lower in such patients.⁵⁵ It can be seen that the determination of the concentration of NO gas therapy is the key when it is applied to anti-TB treatment. Although many studies at this stage have shown that NO exerts its anti-TB effect mainly through direct bactericidal action, there is also study showing that NO protects mice by inhibiting Mtb replication primarily by inhibiting the neutrophil recruitment cascades, which depends on the interleukin-1 and 12/15 lipoxygenase.⁴⁸ We still know very little about the applications of NO in TB, including the research on its specific killing mechanism against Mtb. Therefore, to effectively apply NO in the biomedical field, it is necessary to overcome these problems. Many studies have shown that NO can effectively kill Mtb, but it has been ignored that Mtb may evolve potential adaptive defenses in response to the killing effect of NO. PPE2, a distinct member of the PPE protein family in Mtb, has the ability to restrict the generation of NO by suppressing the transcription of the iNOS gene.⁵⁶ When Mtb expresses this protein, it can resist the killing effect of NO. This reminds us that when studying the anti-TB therapeutic effect of NO, we should not only pay attention to its bactericidal effect but also to its induced defense effect against Mtb.

There has great potential for the comprehensive treatment of TB. The development of nanomedicines that combine photothermal therapy (PTT) with photodynamic therapy (PDT) is considered a therapeutic strategy for cancer treatment. NO is also known to enhance the PTT and PDT. Based on the above theory, a mitochondria-targeted NO nanogenerator, EArgFe@Ce6, was created, which has superior photothermal ability and can reduce hypoxia by targeting the mitochondria, thereby enhancing PDT. Enhanced PDT can produce large amounts of ROS and further promote NO production from L-Arg. Finally, synergistic photodynamic/gas/photothermal therapy is realized under light irradiation.⁵⁷ Moreover, the local high temperature of PTT can damage the surrounding healthy tissues, and synergistic NO therapy can enhance the photothermal effect; thus, it can play a role at low temperatures.⁵⁸ Such a superior synergistic treatment strategy may have great application value in the field of TB treatment in the future.

We can think of NO as a broad-spectrum antimicrobial agent that can also play a role in a variety of other bacterial infectious diseases. NO, as an endogenous inflammation modulator and antimicrobial agent with no apparent resistance, has emerged as an attractive candidate for wound healing therapy.⁵⁹ In a study on the treatment of infected burn wounds, it was reported that nanomotors loaded with a sulfuric nitric oxide (SNO) donor can self-propel and penetrate deep into the biofilm by generating NO. The locally released NO destroys bacteria within the biofilm, providing a non-antibiotic approach to fighting biofilms without developing resistance.⁶⁰ Similarly, in diabetic wounds, inflamed wounds provide

a suitable environment for bacterial colonization, and infection leads to tissue damage and triggers further inflammation. In a study by Chenxi Tu et al a multifunctional hydrogel with exogenous supplementation of NO was proposed, which down-regulates virulence genes and interferes with bacterial metabolism. This multifunctional hydrogel was able to kill methicillin-resistant *Staphylococcus aureus* (MRSA), *Escherichia coli* (*E. coli*), and *Pseudomonas aeruginosa* by 94.1%-99.5%, which was effective in treating *in vivo* infections such as those caused by MRSA and thus significantly facilitated the healing of wounds in the inflammatory phase.⁶¹ In addition to its widespread use against wound infections, NO has been extensively studied in other diseases caused by bacterial infections *in vivo*. For example, recent *in vitro* data and case reports suggest that inhaled NO (gNO) in gaseous form has antimicrobial activity against non-tuberculous mycobacterial lung disease (NTM). And results from an open-label proof-of-concept trial suggest that gNO does reduce bacterial load in sputum cultures to some extent.⁶² The downside is that the relatively small number of subjects in this study is not enough to fully confirm the validity of this approach, but it is at least supportive of subsequent research.

In conclusion, We think that NO has great application prospects in the treatment of bacterial infectious diseases, which can be achieved by delivering NO donors via nanocarriers or inhaling NO gas directly, thus exerting direct bactericidal effects or modulating host immunity.

Other Infectious Diseases

NO synthesized by iNOS has also been implicated in the control of virulent rickettsiae in several cell types in other infectious diseases. Specifically, NO significantly reduces rickettsial adhesion by destroying bacterial energy. In addition, NO-treated rickettsiae are unable to synthesize proteins or replicate in infected cells. These data suggest that NO is a potent innate immune anti-Rickettsia effector.⁶³ In terms of antifungal infection, a study was conducted by loading NO and the antifungal drug clotrimazole (Clo) onto nanoparticles, where NO can effectively inhibit the formation of fungal hyphae, have a dissipative effect on mature biofilm, and can further bind with Clo to completely eradicate the fungus within the biofilm. Of course, this synergistic effect can also effectively eliminate *Candida albicans* in the planktonic state, and ultimately effectively cure *Candida albicans*-induced vaginal infection in mice.⁶⁴

NO is an important endogenous small-molecule mediator that plays an important role in regulating the occurrence and development of many infectious diseases. Moreover, there are clinical trials related to the therapeutic application of NO inhalation therapy in a variety of infectious diseases, such as severe malaria and COVID-19.^{37,65,66} These clinical trials further illustrate the potential of NO gas therapy for the treatment of TB. Controlling the concentration of NO is the key to the treatment of many diseases. It can be reduced using NOS inhibitors or increased by the exogenous delivery of NO donors to regulate the treatment process of many diseases. Controlling the concentration and location of NO under pathological conditions will be an important strategy for disease treatment.

Potential Application of Nanotechnology-Based NO Therapy in the Treatment of TB

Types of NO Donors, and Their Advantages and Disadvantages in Disease Intervention and Treatment

NO has strong therapeutic potential, but it has high reactivity and high concentration-dependent physiological effects in air; therefore, it is not convenient to use NO gas directly in clinical trials. Therefore, many NO donors have been developed that can reversibly store and release NO under specific circumstances, including diazeniumdiolates (NONOates), S-nitrosothiols, organic nitrates, nitrates/nitrites, and metal-nitroso complexes.^{67,68} (Figure 2) This article describes the characteristics of several common NO donors, each of which has advantages and disadvantages in the therapeutic application of diseases (Table 2).

NONOates

NONOates are a series of compounds possessing an X-[N(O)NO] – functional parent nuclear structural unit. NONOate is an effective substance that imitates the transient biosynthesis of NO. Because NONOates produce NO at different rates, NONOates are valuable in mimicking the low, transient synthesis of NO by eNOS and nNOS.⁶⁹ Moreover, NONOates do not produce by-products other than the original amine after NO release.⁷⁰ However, in the process of NO release, if the quantity and rate of NO release cannot be accurately regulated, such spontaneous

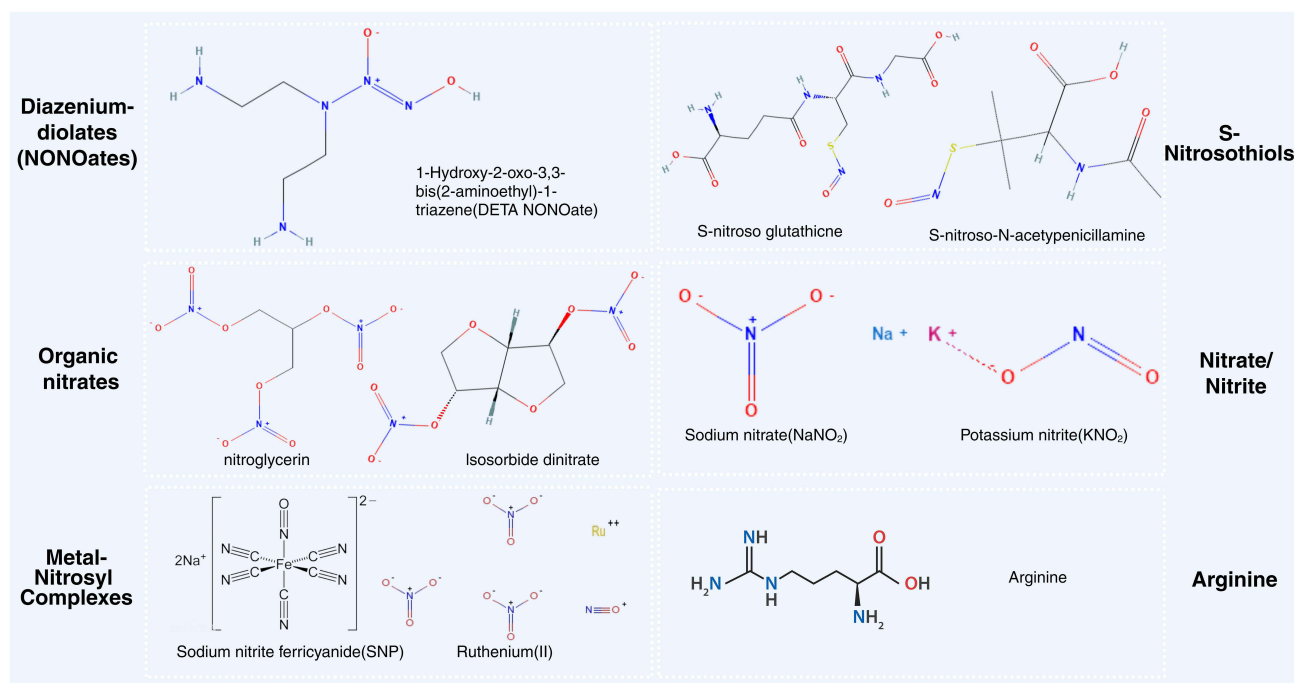


Figure 2 Diagrams of the chemical structures of six common NO donors. Created in BioRender. Liu, J. (2025) <https://BioRender.com/g8a1ra8>.

systemic release may give rise to significant off-target effects. In particular, at high concentrations, this can result in adverse effects in diverse cell types.⁶⁹ Despite the promising application of NONOates, their clinical use has been limited.

Table 2 Advantages and Disadvantages of NO Donors and Their Potential Delivery Systems

Types of NO Donors	Advantages	Disadvantages	Potential Delivery Systems
NONOates	Low transient production of NO; ⁶⁹ Only the primary amine is produced as a by-product. ⁷⁰	Spontaneous systemic release may cause significant off-target effects. ⁶⁹	Development of a controlled release system with good stability and targeting to regulate the location and rate of NO release.
S-Nitrosothiols	Produces NO in response to stimuli such as UV light, heat, and metal ions with relatively little cytotoxicity. ^{71–73}	The structure is unstable and does not facilitate loading into drug delivery systems. ⁶⁷	The decomposition rate of RSNO was effectively reduced by optimizing its chemical structure.
Organic nitrates	The most common NO-releasing drugs; They are widely used in the treatment of cardiovascular diseases. ^{74,75}	Long-term use can produce serious adverse reactions, such as oxidative stress and endothelial dysfunction. ⁷⁶	Reduce the use of such drugs and mitigate side effects by synergizing drug delivery systems with other treatment options, such as those containing gold nanoparticles. ⁷⁷
Nitrate/nitrite	A specific NO donor under hypoxic/acidic conditions. ⁷⁸	Nitrosamine production; Occurrence of methemoglobinemia. ^{79,80}	pH-sensitive vectors can be used to target the hypoxic/acidic microenvironment.
Metal–Nitrosyl Complexes	NO release in response to light irradiation or single-electron reducing irradiation. ⁸¹	Cyanide is released, resulting in cytotoxicity. ⁸²	Development of controlled release systems to reduce cyanide release.
Arginine	As an important precursor of NO production, it has no toxic by-products and high safety. ⁸³	Production of NO requires the involvement of iNOS and other cofactors; can provide nutritional support for bacteria. ⁸⁴	The targeted delivery system is designed to be delivered into an environment that favors NO catabolism, away from the site of bacterial colonization.

S-Nitrosothiols

S-Nitrosothiols are derivatives of NO, formed by the S-nitrosation of thiols or cysteine residues of proteins, and have the general formula RSNO.^{85,86} The S-NO bond of RSNO is destroyed under the stimulation of ultraviolet light, heat, metal ions, etc, resulting in the production of NO.^{71–73} In preclinical investigations, no adverse effects associated with RSNO have been recorded. Both in vitro and in vivo experiments demonstrated that certain RSNOs displayed relatively minor cytotoxicity when administered at concentrations relevant to pharmaceutical applications. The presence of flexible metabolic pathways reduces the likelihood of tolerance induction after long-term use. Consequently, RSNO has emerged as an especially auspicious category of NO donors for in vivo use.^{67,87} However, the stability of RSNO is insufficient to meet clinical requirements. Additionally, the hydrophilic nature of RSNO and the lability of the S-NO bond during the formulation process augment the complexity of incorporating RSNO, thereby constraining their concomitant use with delivery systems.⁶⁷ Therefore, in order to use RSNO as one widely used NO donors, it is essential to solve their instability.

Organic Nitrates

Organic nitrates, which assume the nitrite ester form and possess the nitroxide functional group (-ONO₂), represent the most prevalent NO-releasing pharmaceuticals.⁷⁴ Among these, glyceryl nitrate (GTN) is the most extensively investigated NO donor and has been used to alleviate acute angina pectoris episodes for over 150 years.^{71,75} Nevertheless, prolonged administration of nitroglycerin might result in nitrate tolerance or attenuation of the natriuretic property of such organic nitrates. It can also augment oxidative stress, give rise to vascular and intravascular adverse effects, and precipitate endothelial dysfunction.⁷⁶ Therefore, nitrate tolerance, oxidative stress, and endothelial dysfunction are major limiting factors for the use of these organic nitrates as NO donors. But by loading them into drug delivery systems and using them synergistically with other therapeutic options, such as drugs containing gold nanoparticles, it may be possible to reduce the use of such drugs and mitigate side effects.⁷⁷

Nitrate/Nitrite

Oral microbiota can reduce nitrate to nitrite, resulting in the production of NO.⁸⁸ The NO metabolite nitrite is acknowledged as a particular NO donor within hypoxic/acidic circumstances.⁷⁸ However, a significant disadvantage of inorganic nitrite treatment might be the generation of nitrosamines or the consequent occurrence of methemoglobinemia.^{79,80} Furthermore, nitrite serves as a physiologically significant NO donor when present at low concentrations; however, it exhibits toxicity at elevated levels. The build-up of nitrite gives rise to the overproduction of NO and the induction of nitrosative stress.⁸⁹ Inorganic nitrate and nitrite treatment seemingly constitutes an economical and efficacious cardiovascular therapeutic approach, with relatively fewer adverse effects in comparison to organic nitrate treatment. Nevertheless, additional research is essential to establish the effectiveness of this treatment modality in diverse cardiovascular ailments, including regulation of dosage and treatment duration.

Metal–Nitrosyl Complexes

The metal nitroso complex encompasses at least one NO functional group that is directly affixed to the metal center, which is designated as the metal nitroso group.^{71,72} Sodium nitroprusside (SNP) represents the first metal nitroso complex to be identified and has been the subject of extensive research.^{90,91} Although the precise mechanism by which NO is released from SNP remains incompletely elucidated, it has been unequivocally demonstrated that the release of NO necessitates either light irradiation or single-electron reduction irradiation.⁸¹ However, the dissociation of SNP, which leads to the release of cyanide, gives rise to cytotoxicity.⁷³ There is toxicity resulting from the dissociation of cyanide during sodium nitroprusside administration, which leads to the recommended level.⁸² Consequently, SNP ought to be administered in a minimal dose, the dissociation of cyanide must be monitored and regulated continuously to the release of cyanide, gives rise to cytotoxicity.

Arginine

Arginine is an important precursor for NO production in mammals.⁹² Systemic administration of arginine has been reported for many years to release NO in humans.⁹³ In mammals, arginine can be decomposed by three variants of NOS

to generate NO and citrulline. Subsequently, citrulline can synthesize arginine via the citrulline-NO cycle, thereby facilitating efficient NO synthesis.^{84,94,95} Since arginine can produce abundant NO without toxic byproducts and arginine supplementation has been shown to be a safe therapeutic option.⁸³ There is clinical study have shown that supplementation with L-Arg and vitamin C(VC) plays a synergistic role in improving the bioavailability of NO to improve the sequelae of acute COVID-19.⁹⁶ M1 macrophages are known to be rich in iNOS, which can efficiently utilize L-Arg to produce NO.⁹⁷ Therefore, arginine supplementation is likely to be an effective strategy for the treatment of macrophage-related diseases such as TB. However, arginine, as a “new NO donor”, requires the participation of NOS, oxygen, and other cofactors to decompose NO, limiting its clinical application. Arginine is a basic raw material used for protein synthesis. It can be taken up by bacteria, that is, it has a nutritional effect on bacteria.⁸⁴ In the future, if arginine is to be widely used as a NO donor in clinical practice, it must be delivered to the environment that is conducive to its decomposition to produce NO through targeted delivery systems, and its nutritional support role should be considered during antibacterial or antiviral therapy.

Despite the significant application prospects of NO donors, several shortcomings remain to be overcome. These include toxicity, storage issues arising from photochemical and temperature instability, challenges in modulating long-term release, and resistance to certain compounds. By comparing the advantages and disadvantages of several commonly used NO donors in the treatment of diseases, we can better choose NO donors for the treatment of target diseases and improve their therapeutic effects.

Nanotechnology-Assisted NO Therapeutics

To augment the stability and adjust the NO release patterns, small-molecule NO donors were conjugated with the polymeric scaffolds through covalent bonds. This endows them with multifunctional integration, protracted release periods, and enhanced therapeutic efficacies.⁶⁸ The NO donor and polymeric scaffolds constitute a NO delivery system, which can release NO in a microenvironmental or exogenous stimulus-controlled release mode, such as pH response, light response and temperature response. This helps to improve the storage stability of NO donors and reduce the systemic toxicity caused by accidental NO exposure.^{98–102} In addition, this controlled drug delivery system (DDS) requires relatively low drug doses.¹⁰³ This review briefly introduces several commonly loaded biomaterials and their common preparation methods and expounds the principles of drugs released by delivery systems and their application in the treatment of diseases (Figure 3).

Nanoparticles

In terms of biomedical applications, nanomaterials can be used for the delivery of drugs, bioimaging, and biosensors.¹⁰⁴ Nanoparticles are the preferred drug carriers for biomedical applications owing to their small size (less than 100 nm in one dimension) and display distinctive physicochemical and biological characteristics (for example, augmented reaction zones and the capacity to traverse cell and tissue barriers).¹⁰³ Numerous approaches to nanoparticle synthesis, such as emulsification, solvent diffusion, and emulsification–reverse salting-out methods.¹⁰⁵ Among the preparation methods of nanoparticle drug delivery systems, microfluidics have emerged as an advanced method, which will facilitate the large-scale production and translation of nanoparticles for clinical applications.¹⁰⁶ To load a drug in a nanoparticle, the drug can either be adsorbed or predominantly attached to the nanocarrier surface, or they may be encapsulated within.¹⁰³ In the treatment of diseases, several investigations have covalently conjugated the NO donor GSNO with polydopamine nanoparticles (PDA-GSNO NPs). Such nanoparticles enable near-infrared (NIR)-regulated NO release and PTT, thereby augmenting in vivo wound healing efficacy.¹⁰⁷ Another type of nanomaterial, based on scintillation nanoparticles (SCNP) and the UV-responsive NO donor Rusin black salt (RBS), can generate both NO and $O_2^{\cdot-}$ upon X-ray irradiation, leading to the formation of ONOO $^-$. This strategy can effectively enhance the efficiency of radiotherapy and, consequently, elevate the level of cancer treatment.¹⁰⁸ These findings indicate that the combination of phototherapy and nanoparticles can effectively control the production and release of NO, thereby improving the therapeutic effect of the disease. And on the other hand, many metallic nanoparticles have therapeutic effects of their own. For example, a silver nanoparticle based on green chemistry has recently been reported to be very effective against *Mycobacterium* spp. and multi-drug resistant (MDR) strains, including a wide range of strains such as *Acinetobacter baumannii* isolated from patient

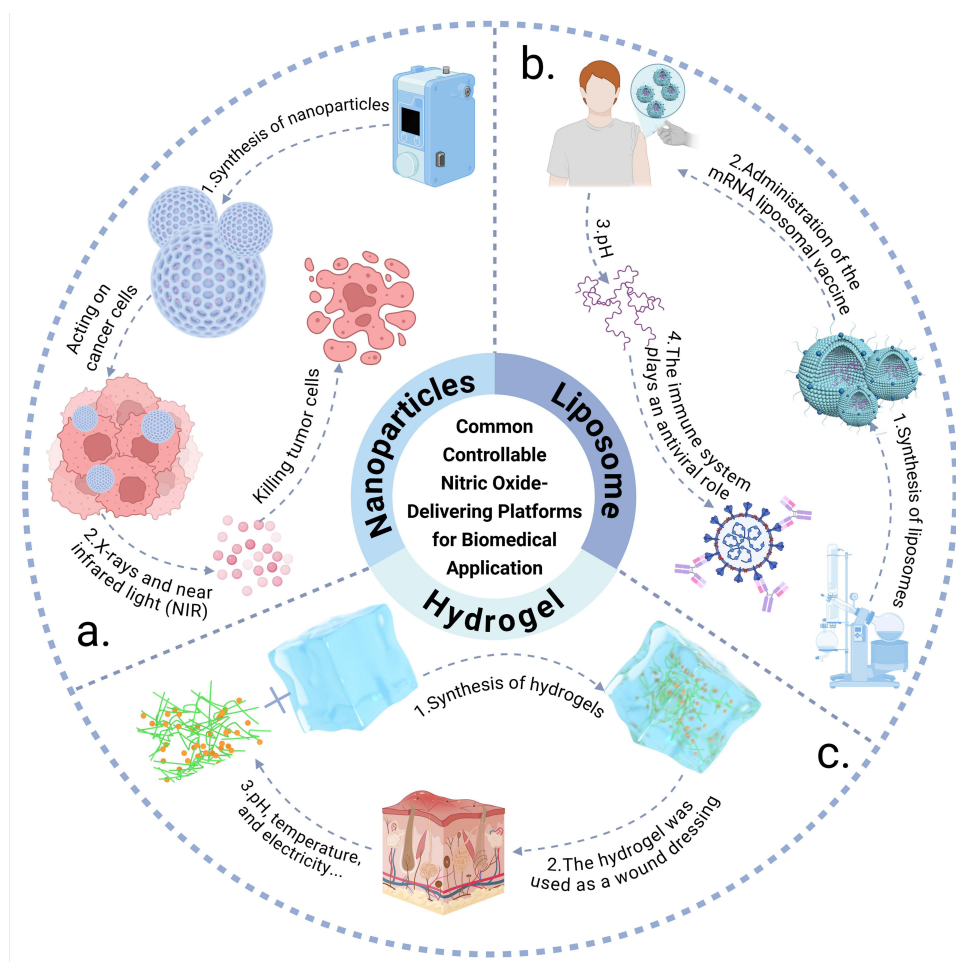


Figure 3 Common controllable nitric oxide-delivering platforms for biomedical application. (a) 1. Nanoparticles were synthesized using microfluidic technology. 2. The drug is released in response to X-rays and near infrared light (NIR). (b) 1. Liposomes were synthesized using membrane hydration method. 2. The vaccine was prepared by adding adjuvant to the liposome loaded with mRNA and inoculated. 3. In the acidic environment of viral infection, liposomes release mRNA in response to pH. 4. Viral mRNA is expressed into viral proteins, which are recognized by the immune system and produce specific antibodies to play an antiviral role. (c) 1. The functional groups interact with each other to synthesize hydrogels. 2. As wound dressings, drug-loaded hydrogels can exert anti-infective and pro-angiogenic effects. 3. Hydrogels can release drugs in response to pH, temperature, electricity, and so on, depending on the composition of the synthesis. Created in BioRender. Liu, J. (2025) <https://BioRender.com/p3uitxd>.

samples.¹⁰⁹ What's more, our group has designed a kind of zinc oxide-selenium nanoparticles (ZnO-Se NPs), and it was found that this kind of metal nanoparticles had a strong killing effect on extracellular Mtb, including BCG and virulent H37Rv. Moreover, ZnO-Se NPs could inhibit intracellular Mtb growth and exert host cell immunosuppressive effects by promoting M1 polarization to increase the production of the fungicide NO.¹¹⁰ These findings further demonstrate the promising application of nanoparticles in the treatment of diseases.

Liposomes

Liposomes represent a closed phospholipid bilayer spherical vesicle system, which is composed of amphiphilic molecules, including phospholipids and steroids (eg, cholesterol) or other surfactants, and they have the capacity to carry hydrophobic/hydrophilic molecules.¹¹¹ Liposomes usually have a size range of 80–300 nm, which form spontaneously when certain lipids are dispersed in aqueous media where liposomes can be prepared.^{112,113} Specifically, liposomes can be generally classified into solvent-free methods and solvent replacement methods. Ultimately, by repeatedly passing the crude heterogeneous lipid mixture through a polycarbonate membrane with minute pores, uniformly distributed small-molecule liposomes with diameters corresponding to the pore size can be acquired. Liposomes possess the capacity to enclose hydrophilic substances within their lumen and hydrophobic substances within their membrane.¹¹⁴ The liberation of a drug from liposomes is contingent upon the liposome composition, osmotic

gradient, and ambient environment. For example, due to the oxidation of unsaturated fatty acid chains by ROS or an acidic infection environment, lead to the disintegration of liposomes and the release of liposome-loaded drugs.¹¹⁵ In the domain of disease treatment, liposomes, by virtue of their favorable biocompatibility, versatile structural modification, and adjustable properties, are extensively employed as carriers to enhance the efficacy of drug therapy. Notably, in recent years, against the backdrop of COVID-19, liposomes have been developed as a multifunctional vaccine adjuvant delivery system (VADS), which has substantially augmented the effectiveness of vaccination.¹¹⁶ This reflects the flexible loading capacity of liposomes as a drug delivery system, which has great application prospects in disease treatment.

Hydrogel

Hydrogels are a class of substances that possess 3D polymer networks that can swell in water or biological fluids and remain undissolved owing to chemical or physical crosslinks.^{117–119} In the preparation of hydrogels, one of the simplest and most prevalent methods involves mixing all precursors in an aqueous solution. When these mixtures are injected, a hydrogel can be conveniently formed in situ because of the reaction between the functional groups of the precursors.¹²⁰ The hydrogel can release drugs in response to pH, temperature, and electricity by changing their composition and synthesis method. For example, a conductive polymer hydrogel (CPH) can be synthesized by adding a conducting polymer, poly(3,4-ethylenedioxythiophene), to a hydrogel to release proteins in response to electrical stimulation.^{121–123} Hydrogels possess favorable adhesion, biocompatibility, and flow characteristics, making them excellent materials for wound dressings. Zheng et al designed a hydrogel loaded with dual NO donors, namely GSNO and binary L-Arginine (bArg) (referred to as CAT/bArg/GSNO). This hydrogel has the potential to promote angiogenesis and exhibits antibacterial properties in chronic wounds, thus serving as a promising dressing for wound repair.¹²⁴ The favorable biocompatibility, predictable degradation rate, adaptable mechanical properties, and excellent elasticity of hydrogels render them outstanding materials for biomedical applications.

For the selection of an NO donor delivery system, the first consideration is the cytotoxicity caused by NO leakage. Therefore, the stability of the delivery system must be good. Compared to the above three delivery systems, hydrogels are not an appropriate choice because of their low mechanical strength and ease of rupture, leading to leakage of internal NO donors and further release of NO. Secondly, under physiological conditions, arginine in macrophages slowly releases NO through the iNOS pathway; therefore, it is better to deliver materials that meet this property for better antibacterial effects. Compared to nanoparticles and liposomes, liposomes can release NO more slowly and prolong the action time. Although nanoparticles can be loaded with more drugs, liposomes can be loaded with both hydrophobic and hydrophilic drugs, which is the best choice for simultaneous loading of a hydrophilic NO donor and hydrophobic RIF (rifampicin) at the same time. In addition, liposomes have good biocompatibility and can enter macrophages to exploit the advantages of host immunotherapy for TB. The rapid clearance of liposomes in vivo has hindered their clinical application. Drug delivery materials do not have only one characteristic. For example, some current drug delivery systems synthesize lipid nanoparticles(LNPs) by combining the advantages of liposomes and inorganic/organic nanoparticles into one system, in which the diverse nanoparticles compensate for the poor stability and rapid elimination of liposomes from the blood circulation.¹²⁵ With the increasing diversification of medical material delivery systems, the strategy of loading NO donors into the delivery system for targeted therapy effectively avoids some of the defects of the NO donor itself, but there is still much room for further development. Future research is mainly focused on continuously improving the stability of the drug delivery system to ensure the storage stability of the loaded drug and to reduce the chance of underdosing at the target site and toxic side effects caused by accidental drug leakage. This is also the direction of our efforts to find more targeted molecules and to modify them into delivery systems.

Potential Applications in TB Treatment

Based on the above studies on NO donors and nanodrug delivery systems, it can be seen that nanotechnology-assisted NO gas-based therapies have great promise in the treatment of TB. Specifically, it can be analyzed in terms of the mechanism of NO against Mtb and the advantages of the new nanomedicine are expected to solve the problem of insufficient treatment for TB at this stage.

Anti-TB Mechanisms Associated with NO

Macrophages are the principal target cells of Mtb infection and have developed a variety of defence strategies to counteract the infection caused by Mtb. Specifically, upon Mtb infection, macrophages perceive diverse Mtb pathogen-related molecular patterns and respond by initiating antimicrobial pathways, among which are the induction of toxic antimicrobial effectors, such as NO and ROS.¹²⁶ The function of NO *in vivo* is highly contingent upon the concentration generated within a specific context, as well as the location and timing of its synthesis (Figure 4). Consequently, a thorough understanding of NO metabolism within the macrophages of TB patients is necessary to clarify how NO gas therapy can be utilized in the treatment of TB.

Anti-TB Mechanism of iNOS

Interferon- γ (IFN- γ), with microorganisms or their products, such as lipopolysaccharides (LPS), can contact with macrophages to trigger the classical activation of macrophages into M1, which directly inhibits Mtb replication.^{127–132} Activated M1 macrophages possess a wide range of antimicrobial capabilities, characterized by the catalytic reaction of arginine and oxygen to citrulline and NO via iNOS located in the cytoplasm.^{31,133,134} *In vitro* experiments have demonstrated that M1 macrophages rely more on CAT-1 for the uptake of L-Arg.¹³⁵ Although human macrophages express iNOS at much lower levels than rodent macrophages, patients with inflammation or infection have elevated levels and produce NO.³² And it has been shown that the rate of intracellular bacterial growth in

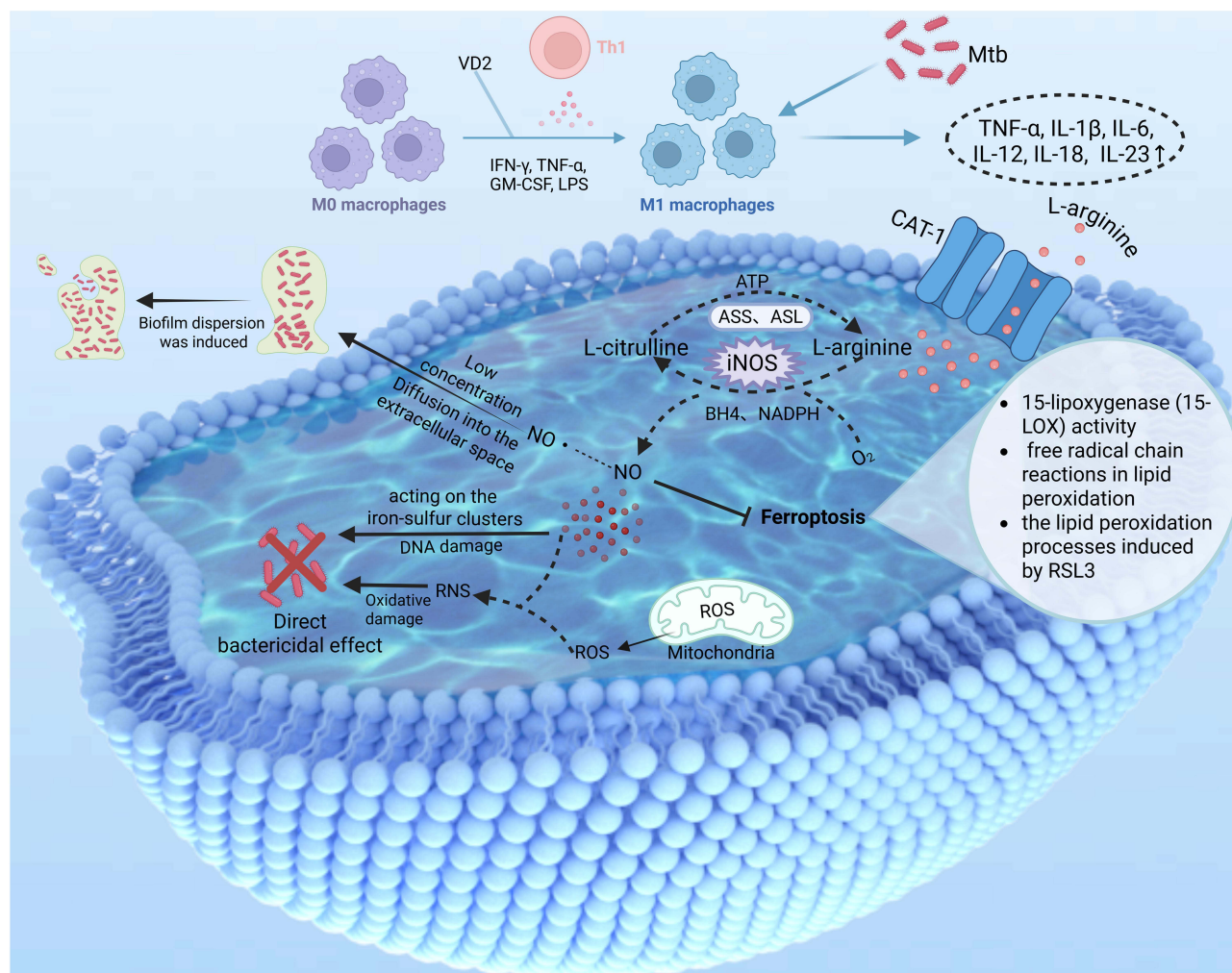


Figure 4 Major anti-Mtb mechanisms of NO in M1 macrophages. Created in BioRender. Liu, J. (2025) <https://BioRender.com/gcfqdzr>.
Abbreviations: VD2, Vitamin D2; GM-CSF, Granulocyte-Macrophage Colony-Stimulating Factor.

macrophages varies markedly from macrophage to macrophage, and that this heterogeneity is driven by changes in the activity of intercellular iNOS, which is why some macrophages are able to kill Mtb intracellularly, whereas others are unable to control bacterial replication.¹³⁶ It is evident that the expression of iNOS within macrophages is important for the fight against TB. On what factors iNOS expression is affected in macrophages, it has been reported in the literature that the transcription factor YY1 binds to the iNOS promoter region, and YY1 overexpression significantly enhances the iNOS promoter activity, thus promoting the transcription and expression of the iNOS gene, and ultimately the highly expressed iNOS promotes the production of NO, which exerts a direct bactericidal effect to clear intracellular Mtb.¹³⁷ Mtb has also adopted defense mechanisms against iNOS-mediated host resistance to Mtb, such as a significant reduction in the level of amyloid β (A4)-precursor-like protein 2 (Aplp2) in TB patients, Mtb-infected macrophages, and mice, accompanied by a decrease in the expression of iNOS. In response to this defense mechanism, it has been shown that the induction of Aplp2 expression, which increases the expression level of iNOS and promotes Mtb clearance through NO-mediated bactericidal action, could ultimately play a key role in protection against Mycobacterium infection.¹³⁸ It can be seen that iNOS still has great application prospects in anti-TB treatment, and future research can induce its expression in macrophages infected with Mtb at elevated levels through various pathways, so as to kill Mtb more effectively.

Direct Anti-TB Mechanisms of NO

Activated macrophages generate ROS in the mitochondria.¹³⁹ Once NO permeates the phagosome membrane, it spontaneously reacts with ROS within the phagocytic cavity, giving rise to RNS. These highly reactive intermediates carry out their microbicidal function through oxidative damage to membrane lipids, DNA, thiols, and tyrosine residues. NO can display its toxicity by directly acting on the iron-sulfur clusters of central metabolic enzymes and affecting bacterial signaling pathways, such as the bacterial respiratory chain.¹²⁶ Addressing DR-TB is critical for achieving the overarching goal of eliminating TB. DR-TB can be caused by Mtb resistance driven by infection with drug-resistant bacteria in the environment and the misuse of antibiotics.¹⁴⁰ Therefore, prevention of DR-TB prevents the generation of drug-resistant Mtb. When Mtb forms a biofilm, it can lead to an increase in the dose of antibiotic chemotherapy, resulting in drug resistance. Interestingly, at lower concentrations, reports indicated that NO can inhibit the formation and dispersion of biofilms by activating the functions of effector proteins and inducing the breakdown of biofilms through the cyclic di-GMP pathway. Thereby diminishing bacterial tolerance to antibiotic interventions¹⁴¹ and increasing bacterial sensitivity to antibiotics,¹⁴² which can significantly reduce the amount of antibiotics used. Therefore, NO gas therapy in combination with antibiotics may solve the difficult problem of DR-TB treatment. Nevertheless, to manifest antimicrobial activity via these pathways, NO must be continuously synthesized. Therefore, a restricted supply of L-Arg impedes NO formation. Fortunately, citrulline, the end product of the NO pathway, can be used to synthesize arginine through the citrulline-NO cycle, which is regulated by arginine-succinate synthase (ASS) and arginine-succinate esterase (ASL).⁹⁴ Given that arginine can produce NO in macrophages to play an anti-Mtb role, and this bactericidal effect is limited by the availability of arginine, exogenous supplementation of arginine will help M1 macrophages to exert an immune response, which may be an effective anti-TB strategy (Figure 4).

Mechanisms of NO-Related Host-Targeted Therapy in Anti-TB

The host immune system plays a key role in Mtb infection, and host-directed therapy (HDT) has emerged as an effective strategy for the treatment of TB, including drug-resistant TB (DR-TB).¹⁴³ Ferroptosis is the consequence of an uncontrolled state of three processes, iron metabolism, lipid peroxidation, and thiol regulation, which are frequently observed in a pro-inflammatory context.¹⁴⁴ Ferroptosis serves as a principal means of necrosis during Mtb infection and represents a target for host-directed TB treatment.¹⁴⁵ Activated M1 macrophages generate nitric oxide radical (NO•) via the iNOS pathway. NO• can inhibit ferroptosis as it suppresses 15-lipoxygenase (15-LOX) activity, free radical chain reactions in lipid peroxidation, the lipid peroxidation processes induced by RSL3 and so on (Figure 4).^{4,127} Furthermore, over two decades ago, it was demonstrated that NO• functions as an inhibitor of 15-LOX-catalyzed oxidation. This implies that iNOS/NO• might substitute GPX4 to safeguard against ferroptosis.¹⁴⁶ So as for how NO regulates host

macrophages to exert anti-TB effect, we hypothesized that ferroptosis may be an effective way. Further studies are needed to determine whether NO inhibits ferroptosis in Mtb-infected macrophages.

In the complex treatment of TB, NO exhibits complexity, including the expression of iNOS, which is influenced by multiple factors. On the one hand, NO and ROS cooperate to produce RNS, which play a direct killing effect on Mtb. Low NO concentrations can induce the spread of bacterial biofilms, thereby improving the sensitivity of drug-resistant bacteria. On the other hand, NO can indirectly kill Mtb by regulating macrophage activity, including inhibiting ferroptosis. In addition, we cannot ignore the duality of NO, that is, to ensure their killing activity, but also to avoid their cytotoxicity. We have not yet seen any reports of dose thresholds or therapeutic windows for NO in TB treatment, but it is known that the antimicrobial effect can be exerted only when the NO concentration reaches the 250–500 μM level.^{54,147} So determination of the therapeutic concentration and duration of NO will be the first step in conducting our research efforts. It's really not that difficult to design materials containing different concentrations of NO to perform cytotoxicity experiments at different time points, such as 12 hours, 24 hours, 48 hours or even longer time points. Under the condition of high cell survival rate (eg, more than 80%), we can initially determine the corresponding NO concentration and time of action, which can be used as a dosage threshold and a therapeutic window, and then carry out the later experiments to evaluate the therapeutic effect. If a good therapeutic effect can be achieved, then it indicates that the NO concentration and treatment time we choose are appropriate. Of course, a combination of experiments with different concentrations and time points would have to be performed, with the aim of screening out the best NO treatment concentration and time. We think that this may solve the difficulty of concentration dependence of NO gas treatment and achieve the effect of anti-Mtb without toxicity to cells.

Potential Applications

In the treatment of TB with traditional antibiotics, including RIF and isoniazid (INH), Mtb can develop drug resistance, which is an inescapable result of drug use.¹⁴⁸ In addition, long administration times, serious side effects, and poor patient compliance lead to further drug resistance and treatment failure, eventually leading to multidrug-resistant tuberculosis (MDR-TB) and extensively drug-resistant tuberculosis (XDR-TB).¹⁴⁹ For this reason, the WHO has underlined the need to invest in the research and development of novel TB medicines.¹⁵⁰

Considering that NO can exert anti-Mtb effects, it may be the main component of new anti-TB drugs. With the excavation of exogenous NO or NO donors and the design of drug delivery materials such as nanomaterials, the combination of an NO donor and drug delivery platform, and their delivery to the target site through targeted action, can not only ensure the sterilization effect, but also have good biological safety, which will be the design strategy for new anti-TB drugs. Compared with traditional NO donors, arginine may be a better choice because it is the main source of NO in mammals and can be produced by the iNOS pathway in Mtb-infected macrophages, making it a potential source of NO for anti-TB treatment.¹²⁶ In addition, LNPs have been widely studied as drug carriers, are regarded as the most advanced nucleic acid delivery technology, and have been proven to be very successful as a delivery platform for COVID-19 mRNA vaccines.^{151,152} The structure of LNPs, which have an aqueous core and a lipid bilayer structure, can encapsulate drugs with different properties, such as arginine and RIF, for delivery. In addition, LNPs have the advantages of high encapsulation efficiency, low toxicity, enhanced cellular uptake, high stability, and long circulation time.^{153–155} Moreover, their stability and tissue uptake can be improved by changing the lipid composition and ratio.^{153,156} This suggests that arginine can be effectively loaded into LNPs by changing the lipid composition.

Considering the concentration dependence of the physiological functions of NO, the targeting and controllable release of drugs is essential. The targeting of the drug, because Mtb mainly infects and settles macrophages, refers to targeting macrophages. Strategies for targeting macrophages infected with Mtb can be divided into two types: passive and active. The former is mainly because PEGylated liposomes and other types of nanoparticles can cross the endothelial barrier near the site of infection within minutes after injection by enhancing the permeation and retention (EPR) effect and accumulating at the site of inflammation.¹⁵⁷ However, such targeting is still not as good as the latter. Currently, active targeting of macrophages can specifically recognize macrophage surface receptors (eg, mannose and scavenger receptors) through surface modifications (eg, antibodies and ligands). For example, mannose-modified nanomaterials can target macrophages by binding to the mannose receptor on their surface, thus entering macrophages to exert intracellular killing

effects of Mtb.^{158–161} In addition, modification with the demonstration of tuftsin peptide on the nanocarrier can achieve enhanced localization and active targeting of macrophages.¹⁶² Moreover, hyaluronic acid-modified materials that can bind to the highly expressed CD44 receptor on the surface of macrophages are also a good strategy.¹⁶³ Therefore, whether in the TB model or the osteoarthritis model, it is speculated that after ligand modification on the surface of nanoparticles, nanoparticles can actively target Mtb infected macrophages with high expression of corresponding receptors. Through various pathways mediated by ligand-receptor binding, they enter macrophages to exert intracellular killing effects on Mtb. However, when selecting a surface-modified ligand, it is necessary to consider whether their connection with the drug delivery system is stable and whether its specificity for targeting macrophages is high. The three ligand modified nanomaterials mentioned above were compared because there is a highly expressed mannose receptor (CD206) on the surface of macrophages with high affinity,¹⁶¹ while tuftsin peptide can interact with Fc and neuropilin-1 (Nrp1) receptors on macrophages with good specificity.^{164,165} However, in contrast to mannose modification targeting a single well-defined receptor, the receptors on which tuftsin peptides act are less prevalent and well-defined. The CD44 receptor targeted by hyaluronic acid is expressed on a variety of tumor cells,¹⁶⁶ which results in less specific targeting to macrophages than mannose modification and tuftsin peptide modification. In addition, mannose can be modified by covalent conjugation to lipid components such as PEGylated lipids,¹⁶¹ which greatly improves the stability of the modification. Tuftsin is a tetrapeptide composed of threonine (Thr), lysine (Lys), proline (Pro) and arginine (Arg), its structure lacks certain stability. Therefore, based on the comparison of targeting specificity and modification stability, mannose-modified LNPs may play a better role in the treatment of TB. Controlled release of NO can also be achieved directly by altering the lipid components. Based on the development of various stimulus-responsive delivery platforms, stimulus-responsive liposomes can release the embedded drug in response to the presence of exogenous or endogenous stimulants when exposed to the target site.¹⁶⁷ Traditional thermosensitive liposomes (TTSL) contain phospholipid components that can change the physical state of lipids from a solid gel ordered phase to a highly permeable liquid crystal phase at the phase transition temperature (T_m), leading to the osmotic release of drugs through the membrane.¹⁶⁸ In addition, when liposomes contain DOPE, a pH-sensitive lipid component that can become unstable in response to an acidic environment in infected cells and release the drug through enhanced fusion of liposomes with endosomal membranes.¹⁶⁹ In the study of Zimei Wu et al, a liposome containing PEG-benzaldehyde hydrazone lipid (PEGB-Hz-CHEMS) was reported to release drugs in pancreatic cancer cell model and animal model in response to pH.¹⁷⁰ The hydrazone bond and ester bond are sensitive to pH, which are easy to hydrolyze and break under acidic conditions, further promoting the structural disruption of the LNPs and the release of the drug, but relatively stable under neutral or basic conditions. Therefore, it can be hypothesized that LNPs containing hydrazone or ester bond lipid components can release the loaded drug in Mtb infected macrophages through pH response. In addition, one study has reported that AuNP can rapidly convert light energy into heat energy under NIR laser irradiation by combining heat sensitive-based liposome (HSL) and gold nanoparticles in breast tumor models, so that the local temperature is increased above the phase transition temperature of HSL, and the lipid membrane of HSL changes from a gel state to a liquid crystal state, and the membrane permeability is significantly increased. Rapid release of the encapsulated drug.¹⁷¹ Therefore, such treatment strategy may be very suitable for the treatment of cutaneous TB. Another recent study showed that when liposomes loaded with L-Arg reach inflammatory sites (such as atherosclerotic plaques) or acidic environments within macrophages (pH 6.5 to 5.0), the charge and conformation of the liposome membrane change, which promotes the release of L-Arg. At the same time, NOS in macrophages catalyzes the production of NO from L-Arg, which consumes L-Arg and creates a concentration gradient that promotes the sustained release of L-Arg in liposomes to replenish the substrate.¹⁷² This pH-sensitive and enzyme-catalyzed liposome may also be a good choice for targeting macrophages infected with Mtb for the treatment of TB. At present, there are few reports on the application of LNPs with controlled drug release in the treatment of TB, but based on their application in the treatment of tumors and other inflammatory diseases, it can be concluded that LNPs may be a feasible strategy for the treatment of TB. In conclusion, LNPs, which combine the advantages of nanoparticles and liposomes, may be an excellent choice for arginine delivery platforms through surface modification and modification of liposome composition. By targeting macrophages and releasing arginine in response, it produces NO and exerts an anti-MTB effect, which may represent an innovative strategy for the development of anti-TB drugs.

Outlook

Although TB is curable, approximately 25000 people die every week.¹⁷³ DR-TB emerges when Mtb acquires resistance to any anti-TB drug. Although bedaquiline (Bdq) and delamanid (Dlm) are used to treat DR-TB, DR-TB remains a global crisis because of the increasing incidence of drug-resistant strains.¹⁷⁴ NO exerts antibacterial effects at high concentrations through destructive effects on proteins and DNA molecules.¹⁷⁵ Moreover, it can reduce the tolerance of bacteria to antibiotic intervention by eliminating biofilms. It possesses strong antimicrobial efficacy against bacterial intrusions in mammals without inducing drug resistance. There is currently extensive research on the use of NO gas therapy in infectious diseases, including a number of clinical trials, suggesting that it is a therapeutic approach with high potential for clinical translation. As more NO donors are identified and drug delivery systems continue to improve, NO gas therapy will become more widely used in the treatment of diseases including DR-TB.

With the introduction of novel antimicrobial agents and the extensive utilization of repurposed drugs to boost new treatment regimens, remarkable advancements have been made in reducing the toxicity related to DR-TB treatment, shortening the treatment duration, and enhancing DR-TB treatment results.¹⁷⁴ In view of the great anti-infective potential of NO, we chose NO gas therapy for anti-TB treatment. As a potential NO donor, biocompatible L-Arg can spontaneously produce NO, which is catalyzed by NOS. This compensates for some of the defects of traditional NO donors, and the presence of iNOS in macrophages, which plays a major role in anti-TB treatment, makes us more firmly choose arginine as the NO donor for anti-TB treatment. Of course, we cannot ignore that arginine, as a nutrient, will be taken up by Mtb to support their growth. Therefore, we need to design a targeted delivery system to deliver arginine to the cytoplasm of macrophages rather than to the phagolysosomes, so as to ensure that arginine is catalyzed by iNOS to produce NO as much as possible. It is possible that DOPE, a lipid component, can be added to the LNPs, which can promote the endosomal escape of the LNPs from co-localization with lysosomes^{176,177} and thus away from most of the intracellular Mtb. The controlled release of drugs and stability of circulation still need to be ensured using drug delivery systems. With the development of nanotechnology, nanomaterial-based drug delivery has become a popular approach to maximize the therapeutic potential of drugs. Among them, LNPs can improve the biocompatibility of materials compared to nanoparticles alone, have the ability to slow drug release, and can be loaded with both hydrophilic and hydrophobic drugs, which are important for the delivery of NO donors in anti-TB treatment. Therefore, we believe that LNPs are expected to be introduced into NO gas treatment of anti-TB through the simultaneous delivery of drugs, such as arginine and RIF, which may provide a novel strategy for the treatment of TB and even solve the problem of DR-TB. In addition, after determining that NO gas therapy has great potential for anti-TB treatment, we can not only increase the concentration of NO in macrophages by exogenous supplementation of NO donors but also stimulate macrophages or genetically modify macrophages to improve their ability to produce NO. In a study by Sheng et al, it was reported that in macrophages overexpressing zinc-finger DHHC domain palmitoyl-transferase 2 (ZDHHC2), the expression of iNOS and the concentration of NO were increased.¹⁷⁸ In addition, it has been reported that the loss of the IL-4R α signaling pathway in B cells increases the production of NO in macrophages by regulating the inflammatory response of macrophages.¹⁷⁹ In summary, it is not difficult to understand that NO, an inflammatory molecule in macrophages, may increase the concentration of NO when the expression of inflammatory cytokines in treated macrophages increases. Therefore, when the expression of inflammatory cytokines in macrophages increases, it is necessary to examine changes in the expression of iNOS and NO, which may provide a new strategy for NO anti-TB treatment. NO gas therapy is a promising anti-TB strategy; however, it is a complex process. This is not only due to the concentration dependence and cytotoxicity of the physiological action of NO but also involves the complex regulatory mechanisms of the immune system, including the regulation of macrophages. Moreover, Mtb is a bacterium that is susceptible to immune evasion. Therefore, in this multidisciplinary research context, the combination of nanotechnology, immunology, and microbiology will facilitate the application of NO gas therapy in the treatment of TB. The exploration of these future research directions is expected to provide a more solid theoretical basis and practical guidance for NO gas therapy in the treatment of TB, including DR-TB, and consequently, may have a positive impact on improving the treatment effect of TB.

Summary

The broad biological role of NO makes NO-based therapies attractive for treating various diseases, especially for infectious diseases. In the context of TB, in infected Mtb macrophages, NO produced via the iNOS pathway enhances the bactericidal activity of macrophages and directly kills Mtb through various signaling pathways. Additionally, the ability of NO to enhance the efficacy of antibiotics against resistant strains by eliminating bacterial biofilms further emphasizes its therapeutic potential. However, the short half-life, instability, and toxicity of NO present significant challenges for their clinical application, thereby limiting their direct use. This has driven research on NO donors, which despite their promise, suffer from instability and harmful by-products. Arginine, a precursor for endogenous NO production, offers a promising alternative as a stable, non-toxic NO donor. To enhance their therapeutic potential, drug delivery systems, especially those using nanotechnology, can improve their stability and controlled release. In conclusion, NO-based therapies, particularly those that leverage nanotechnology, hold significant promise in improving TB treatment outcomes, warranting further research and experimentation.

Consent for Publication

All authors in the paper agree to be published.

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Author Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work. Xiaoying Jin, Jiajun Wang, and Yongdui Ruan share the first authorship.

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