

# CircRNA Networks in CAD: Multi-Cellular Mechanisms and Clinical Potential

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**Abstract:** Coronary artery disease (CAD), is a global cardiovascular disease that is characterized by myocardial ischemia and hypoxia caused by coronary artery occlusion. Circular RNAs (CircRNAs) is a particular kind of endogenous non-coding RNA, which can affect the occurrence and development of CAD. Concurrently, several circRNAs display stable persistence in CAD patients, attributable to their exceptional exonuclease resistance, thereby harboring the capacity to evolve into a biomarker for CAD diagnosis and prognosis. This article endeavors to clarify the pivotal role of circRNAs in the intricate pathophysiological processes underlying CAD patients or CAD disease models based on their unique biological characteristics and functionalities, and further discuss their prospects in clinical applications of CAD.

**Keywords:** anti-nuclease activity, endothelial cells, vascular smooth muscle cells; myocardial cells; cardiac fibroblasts, diagnostic biomarkers

## Introduction

Coronary artery disease (CAD) remains one of the leading causes of global morbidity and mortality, characterized by myocardial ischemia and hypoxia resulting from the narrowing or occlusion of coronary arteries. Based on its distinct onset characteristics and treatment principles, it is categorized into six main types: stable angina, unstable angina, ST-segment elevation myocardial infarction (STEMI), non-ST-segment elevation myocardial infarction (NSTEMI), sudden cardiac death, and ischemic cardiomyopathy.<sup>1</sup> Despite significant advances in therapeutic approaches, early diagnosis and improved prognosis remain the central challenges in CAD management. Although traditional biomarkers (eg, troponin, creatine kinase) are widely used for CAD diagnosis, they still exhibit limitations, including insufficient sensitivity and specificity, as well as the inability to dynamically assess plaque stability or disease progression.<sup>2</sup>

CircRNAs represent a class of endogenous non-coding RNAs characterized by their unique closed circular structure, capable of modulating gene expression in eukaryotic cells.<sup>3</sup> Their distinctive functional mechanisms include acting as miRNA sponges, binding to proteins, and participating in translation processes. Compared with other non-coding RNAs, circRNAs exhibit superior resistance to nuclease degradation, conferring enhanced cellular stability that renders them particularly suitable as long-acting regulatory molecules.<sup>4</sup>

In recent years, research on circRNAs in coronary artery disease (CAD) has gradually gained attention. At the mechanistic level, circRNAs have been identified as key regulators in CAD. Particularly in cardiovascular cells associated with CAD, circRNAs can precisely modulate critical pathophysiological processes—such as vascular endothelial function and phenotypic switching of smooth muscle cells—by acting as competing endogenous RNAs (ceRNAs) or directly interacting with proteins. Consequently, they influence atherosclerotic plaque stability, vascular remodeling, and inflammatory responses.<sup>5–7</sup> These findings not only deepen our understanding of CAD pathogenesis but also provide a theoretical foundation for developing circRNA-targeted therapies. Moreover, compared with healthy individuals, CAD patients exhibit significantly differential expression of circRNAs in peripheral blood. Owing to their

superior stability and cell-type-specific expression patterns, circRNAs demonstrate unique advantages over conventional biomarkers (eg, troponin, creatine kinase isoenzymes) in the early diagnosis and disease stratification of CAD, suggesting their potential as alternative diagnostic biomarkers for CAD.<sup>8</sup>

Through established literature inclusion criteria, this review screened extensive publications to elucidate the molecular mechanisms and biological functions of circRNAs in CAD pathogenesis. These rigorous screening criteria represent a key innovative feature of our review. Compared to previous studies, this paper aims to comprehensively explore the molecular mechanisms of circRNAs in CAD from the pathophysiological perspective of cardiovascular cells, with particular emphasis on the functional characteristics conferred by their circular structure (such as miRNA sponge effects and protein decoy functions, among others). Based on these unique biological characteristics—the key advantages that distinguish circRNAs from traditional biomarkers—we further evaluate their clinical translational potential as novel diagnostic markers and RNA-based therapeutic targets, thereby providing a theoretical foundation for developing breakthrough diagnostic and therapeutic strategies for CAD.

## Coronary Artery Disease

Coronary artery disease (CAD), as one of the most prevalent cardiovascular diseases worldwide, has a complex pathogenesis involving the interplay of endothelial dysfunction, lipid deposition, inflammatory responses, and the proliferation and migration of vascular smooth muscle cells (VSMCs). Atherosclerosis (AS) is the core pathological process of CAD, initiated by endothelial injury induced by various factors.<sup>9</sup> In this process, oxidative stress and inflammatory factors upregulate the expression of endothelial cell adhesion molecules (VCAM-1/ICAM-1), promoting monocyte infiltration and their differentiation into macrophages. These macrophages then engulf oxidized low-density lipoprotein (ox-LDL) to form foam cells, which constitute the early lipid core of atherosclerotic plaques.<sup>10–12</sup> As the lesion progresses, VSMCs proliferate and migrate into the intima, forming a fibrous cap to stabilize the plaque.<sup>13</sup> When the plaque ruptures, exposed prothrombotic substances can trigger thrombosis, leading to acute coronary occlusion and subsequently inducing myocardial infarction (MI).<sup>14</sup> Recent studies have revealed that ferroptosis plays a critical role in ischemic myocardial injury, and targeted regulation of glutathione peroxidase 4 (GPX4) may represent a potential therapeutic strategy.<sup>15</sup> Furthermore, although reperfusion therapy can restore blood flow, it may exacerbate oxidative stress and inflammatory responses, further contributing to myocardial ischemia-reperfusion injury (MI/RI). The underlying mechanisms include ROS burst-induced oxidative stress and NLRP3 inflammasome activation, which promotes IL-1 $\beta$  release and exacerbates inflammatory responses.<sup>16</sup> Current research focuses on targeting these related pathways to identify novel biomarkers and therapeutic targets for MI/RI, with certain molecules already demonstrating clinical translation potential. Current research hotspots also include the roles of non-coding RNAs (eg, lncRNA, circRNA, miRNA) and gut microbiota metabolites in CAD, offering novel avenues for disease diagnosis and therapeutic development.<sup>7,17,18</sup>

## CircRNAs

As an emerging non-coding RNA, the biogenesis of circRNAs mainly relies on the reverse splicing of mRNA precursors, a splicing process different from conventional linear mRNA precursors.<sup>19</sup> During this process, an enclosed circular structure is formed when the downstream and upstream splice sites (connecting the 3' and 5' ends) unite.<sup>20</sup> This process is influenced by multiple factors, including RNA binding proteins (RBPs), cis-acting elements, and other non-coding RNAs.<sup>21,22</sup>

The essential role of circRNAs is becoming more and more clear with the continuous advancement of circRNA-related research. It mainly includes the following aspects: First of all, by influencing processes like DNA methylation or histone modification, circRNAs may control the expression of genes.<sup>23–25</sup> Secondly, circRNAs can bind to specific proteins, affecting their function and localization, thereby regulating intracellular signaling pathways.<sup>26</sup> Meanwhile, certain circRNAs have also been identified as functioning as protein scaffolds to participate in cellular biological processes. For example, Ding F et al demonstrated that circHIPK3 functions as a protein scaffold, facilitating the interaction between the E3 ubiquitin ligase  $\beta$ -TrCP and HuR within the cytoplasm. This interaction promotes the ubiquitination and subsequent degradation of HuR, which plays a role in mitigating heart aging.<sup>27</sup> Thirdly, some circRNAs (eg, circFGFR1, circSfl, and circZNF609, etc). m6A modification sites or internal ribosomal entry sites (IRES) can directly initiate translation processes and produce proteins or peptides, and this process is particularly

prominent during cellular stress,<sup>28–31</sup> they may directly affect the protein composition of cells in diseases. However, it is worth noting that compared to traditional mRNA translation efficiency, the translation of circRNAs is relatively inefficient.<sup>32</sup> Although previous studies have demonstrated the presence of circRNA-translated proteins in tissues or cells of human hearts and mice, these results still need further verification with stricter quality control and false discovery rate indicators,<sup>33</sup> the idea of circRNAs acting as an effective protein template remains controversial. Ultimately, by sponging miRNAs, circRNAs may prevent the expression of miRNAs, impacting critical processes like autophagy, apoptosis, and inflammation.<sup>34</sup> This functional mechanism, which is one of the crucial links in the onset and progression of CAD disease, will be emphasized and thoroughly explored in this work.

The degradation mechanism of circRNAs is relatively complex and needs more study to reveal its internal laws. The unique closed-loop structure of circRNAs gives them the ability to resist exonucleases (such as RNase R). However, through some specific pathways, we can still effectively regulate the circRNA degradation processes. Studies have shown that some endonucleases (such as RNase L and RNase H1) are essential for the degradation of circRNAs. RNase H1 has been reported to act on the R loop formed by circRNA *ciankrd52* and DNA to trigger the degradation of *ciankrd52*.<sup>35</sup> Partial circRNAs can be extensively degraded by RNase L under the conditions of inflammation or infection.<sup>36</sup> In addition, certain specific binding proteins may also guide circRNA degradation, for example, Ago 2 promotes the degradation of specific circRNA by interacting with miR-671 and miR-1224.<sup>37,38</sup> At the same time, the m6A modification uncovers the degradation process of circRNA by engaging with YTHDF2 and HRSP12, as well as through the RNase P/MRP pathway.<sup>39,40</sup>

## CircRNAs Regulate the Pathophysiological Processes of Cardiovascular Cells

We conducted a systematic literature search in PubMed using the following search strategy: (“Coronary Artery Disease” OR “CAD” OR “coronary atherosclerosis” OR “Myocardial Infarction” OR “Myocardial Ischemia reperfusion injury”) AND (“RNA, Circular” OR “circRNA” OR “circular RNA”) to identify relevant literature. The inclusion criteria for literature were: 1) publications between 2019–2024; 2) clinical studies or basic research (cellular or animal experiments) with definitive functional evidence; 3) cell lines including cardiomyocytes, vascular endothelial cells, vascular smooth muscle cells, and cardiac fibroblasts. After screening, a total of 107 CAD-related circRNAs were ultimately identified from 134 articles. The included literature provides reliable evidence for elucidating the molecular mechanisms of circRNAs in CAD. We conducted a systematic analysis of these research findings, with a focus on exploring the regulatory networks of circRNAs in different cardiovascular cell types and evaluating their potential for clinical translation.

### Vascular Endothelial Cells

Endothelial dysfunction is a key initiating factor in CAD, and endothelial cells (ECs) play a crucial role in maintaining vascular health. They not only regulate vascular tension but also release contractile and thrombotic factors during injury.<sup>41</sup> Specific circRNAs, as sponges of miRNAs, can cause endothelial dysfunction and early atherosclerosis by reversing the inhibition of miRNAs on the expression of vasodilation-related mRNA. *circROBO2* was demonstrated by Qinghu Ye et al to be greatly upregulated in cardiac microvascular endothelial cells (CMECs) induced by ox-LDL, and it could positively regulate *TRIM14* through sponge miR-186-5p, thereby restraining angiogenesis and cell proliferation, promoting CMEC apoptosis, and contributing to the occurrence of coronary atherosclerosis.<sup>42</sup> In contrast, NGS and functional assays have demonstrated that *circMBOAT2* promotes angiogenesis via the miR-495/NOTCH1 axis, exerting protective effects on vascular repair following MI/RI.<sup>43</sup> It can be seen that by modulating the pathophysiological processes of ECs, circRNAs have a significant impact on the progression and prognosis of CAD. Of course, in addition to the aforementioned circRNAs, more circRNAs have been revealed to play vital functions in the pathophysiological mechanisms of ECs through *in vivo* or *in vitro* experiments in recent years. The mechanistic studies of circRNAs summarized in [Table 1](#) have all been validated through functional assays.

**Table 1** Summary of circRNAs Related to the Pathophysiological Processes of Endothelial Cells in CAD

| CircRNAs     | Expression     | Species        | Cell lines      | Mechanism                  | Pathophysiological Processes                                      | Effect         | Validation method                 | Ref  |
|--------------|----------------|----------------|-----------------|----------------------------|---|----------------|-----------------------------------|------|
| CircZBTB46   | Up-regulated   | Mice           | HCAEC           | hnRNPA2B1 /PTEN / AKT/mTOR | Apoptosis ↓<br>Proliferation ↑<br>Migration ↑                     | Promotes AS    | Functional (in vitro/vivo)        | [6]  |
| Circ_100338  | Down-regulated | -              | HUVEC           | miR-200a-3p /FUS           | Proliferation ↑<br>Migration↑<br>Tube formation ↑                 | Inhibits MI/RI | Functional (in vitro)             | [44] |
| CircROBO2    | Up-regulated   | Human          | CMEC            | miR-186-5p /TRIM14         | Apoptosis ↑<br>Tube formation ↓<br>Proliferation ↓                | Promotes AS    | Functional (in vitro)             | [42] |
| Circ_0049979 | Down-regulated | Mice           | HUVEC           | miR-653 /Cx43              | Proliferation ↑<br>Migration↑<br>Tube formation ↑                 | Inhibits AS    | Functional (in vitro/vivo)        | [45] |
| Circ_0004104 | Up-regulated   | Human          | VEC             | miR-100 /TNFAIP8           | Proliferation ↓<br>Apoptosis ↑<br>Inflammation ↑                  | Promotes AS    | Functional (in vitro)             | [46] |
| Circ_0001445 | Down-regulated | Human          | HAEC            | miR-208b-5p /ABCG1         | Proliferation ↑<br>Migration↑<br>Inflammation ↓                   | Inhibits AS    | Functional (in vitro)             | [47] |
| CircFASTKD1  | Up-regulated   | Mice           | HUVEC/<br>HCMEC | miR-106a /LATS1/2          | Tube formation ↓<br>Migration↓                                    | Promotes MI    | Functional (in vitro/vivo)        | [48] |
| CircHECW2    | Up-regulated   | Human          | HCMEC           | miR-942-5p/TLR4            | Proliferation ↓<br>Tube formation ↓<br>Apoptosis ↑                | Promotes AS    | Functional (in vitro)             | [49] |
| Circ_0030042 | Down-regulated | Mice           | HUVEC           | Sponges eIF4A3             | Autophagy ↓   | Promotes AS    | Functional (in vitro/vivo)        | [50] |
| CircANRIL    | Up-regulated   | Rats           | EC              | -                          | Oxidative stress ↑<br>Inflammation ↑                              | Promotes AS    | Functional (in vitro/vivo)        | [51] |
| CircFndc3b   | Down-regulated | Mice           | HUVEC/<br>MCEC  | FUS/VEGFA                  | Tube formation ↑<br>Migration ↑<br>Proliferation ↑                | Inhibits MI    | Microarray + Functional (in vivo) | [52] |
| CircMBOAT2   | Up-regulated   | Human          | HUVEC           | miR-495 /NOTCH1            | Tube formation ↑<br>Migration ↑                                   | Promotes ANG   | NGS+ Functional (in vitro/vivo)   | [43] |
| CircDLGAP4   | Down-regulated | Mice           | HUVEC           | miR-143 /HECTD1            | Apoptosis ↓<br>Migration ↓.                                       | Inhibits MI/RI | Functional (in vitro/vivo)        | [53] |
| CircHIPK3    | Down-regulated | Mice           | HCAEC           | miR-133a /CTGF             | Tube formation ↑<br>Migration ↑<br>Proliferation ↑                | Inhibits MI    | Functional (in vitro)             | [54] |
| CircWhsc1    | Up-regulated   | Mice/<br>Rats  | NCEC            | TRIM59 /STAT3 /cyclin B2   | Proliferation ↑   | Inhibits MI    | Functional (in vitro/vivo)        | [55] |
| CircERBB2IP  | Up-regulated   | Mice           | CMEC            | miR-145a-5p /Smad5         | Tube formation ↑<br>Migration ↑<br>Proliferation ↑                | Inhibits MI    | Functional (in vitro/vivo)        | [56] |
| Circ_0001785 | Down-regulated | Human/<br>Mice | HUVEC           | miR-513a-5p /TGFB3         | Proliferation ↑<br>Apoptosis ↓<br>Migration ↓                     | Inhibits AS    | Functional (in vitro/vivo)        | [57] |
| Circ_0001445 | Down-regulated | -              | HUVEC           | SRSF1/β-cate               | Tube formation ↑<br>Proliferation ↑<br>Apoptosis ↓<br>Migration ↓ | Inhibits AS    | Functional (in vitro)             | [58] |

(Continued)

**Table 1** (Continued).

| CircRNAs     | Expression   | Species | Cell lines | Mechanism      | Pathophysiological Processes                                      | Effection   | Validation method          | Ref  |
|--------------|--------------|---------|------------|----------------|---|-------------|----------------------------|------|
| Circ_0007623 | Up-regulated | Mice    | HUVEC      | miR-297 /VEGFA | Tube formation ↑<br>Migration ↑<br>Proliferation ↑<br>Apoptosis ↓ | Inhibits MI | Functional (in vitro/vivo) | [59] |

**Abbreviations:** HCAEC, Human coronary artery endothelial cell; EC, Endothelial cell; CMEC, Cardiac microvascular endothelial cell; HUVEC, Human umbilical vein endothelial cell; VEC, Vascular endothelial cell; HAEC, Human aortic endothelial cell; HCMEC, Human cardiac microvascular endothelial cell; MCEC, Mouse cardiac endothelial cell; NCEC, Neonatal cardiac endothelial cell; AS, Atherosclerosis; MI/RI, Myocardial ischemia reperfusion injury; MI, myocardial infarction; ANG, Angiogenesis; CAD, Coronary artery disease; ↑, Promotes; ↓, Inhibits.

## Vascular Smooth Muscle Cells

The changes that occur in vascular smooth muscle cells (VSMCs) structure and function are the cytopathological basis for the formation and progression of atherosclerotic plaque in CAD. Regulating the biological functions of VSMCs can effectively intervene in the evolution of CAD.<sup>60</sup> Based on the functionally validated circRNAs summarized in Table 2

**Table 2** Summary of circRNAs Related to the Pathophysiological Processes of Vascular Smooth Muscle Cells in CAD

| CircRNAs     | Expression     | Species    | Cell lines      | Mechanism               | Pathophysiological processes                          | Effection    | Validation method                  | Ref  |
|--------------|----------------|------------|-----------------|-------------------------|---|--------------|------------------------------------|------|
| CircZBTB46   | Up-regulated   | Mice       | HCASMC          | hnRNPA2B1/PTEN/AKT/mTOR | Apoptosis ↓<br>Proliferation ↑<br>Migration ↑         | Promotes AS  | Functional (in vitro/vivo)         | [6]  |
| Circ_0031891 | Up-regulated   | Human      | HA-VSMC         | miR-579-3p /HMGBl       | Dedifferentiation ↑<br>Proliferation ↑<br>Migration ↑ | Promotes AS  | Functional (in vivo)               | [61] |
| CircRUSC2    | Up-regulated   | -          | HCASMC          | miR-661 /SYK            | Proliferation ↑<br>Migration ↑<br>Apoptosis ↓         | Promotes AS  | Functional (in vitro)              | [62] |
| CircDHCR24   | Up-regulated   | -          | HA-VSMC         | miR-149-5p /MMP9        | Proliferation ↑<br>Migration ↑                        | Promotes RS  | Microarray + Functional (in vitro) | [63] |
| CircROBO2    | Up-regulated   | Human      | HASMC           | miR-149 /TRAF6 /NF-κB   | Proliferation ↑<br>Migration ↑<br>Apoptosis ↓         | Promotes AS  | Microarray + Functional (in vitro) | [64] |
| Circ_0006251 | Up-regulated   | -          | VSMC            | miR-361-3p /TET3 /PPM1B | Proliferation ↑<br>Migration ↑<br>Apoptosis ↓         | Promotes AS  | Functional (in vitro)              | [65] |
| CircMAP3K5   | Down-regulated | Human/Mice | HCASMC / MASM C | miR-22-3p /TET2         | Dedifferentiation ↓<br>Proliferation ↓                | Inhibits AS  | NGS + Functional (in vivo)         | [66] |
| CircLDLR     | Down-regulated | Human      | HA-VSMC         | miR-26-5p /KDM6A        | Apoptosis ↑<br>Proliferation ↓                        | Inhibits AS  | Functional (in vitro)              | [67] |
| CircZCEBPZOS | Down-regulated | Human/Mice | VSMC            | miR-1178-3p /PDPK1      | Proliferation ↑<br>Migration ↑<br>Tube formation ↑    | Inhibits MI  | Functional (in vitro/vivo)         | [68] |
| CircTEX14    | Down-regulated | Human      | HA-VSMC         | miR-6509-3p /THAP1      | Migration ↓<br>Proliferation ↓                        | Inhibits AS  | Functional (in vitro)              | [69] |
| Circ_0000280 | Down-regulated | Human      | HASMC           | ELAVL1                  | Proliferation ↓                                       | Inhibits AS  | NGS + Functional (in vitro)        | [70] |
| CircTOPI     | Up-regulated   | Mice       | VSMC            | PTBP1                   | Transdifferentiation ↑                                | Promotes CAC | NGS + Functional (in vitro/vivo)   | [71] |

**Abbreviations:** HCASMC, Human coronary artery smooth muscle cell; HA-VSMC, Human aortic vascular smooth muscle cell; HASMC, Human aortic smooth muscle cell; VSMC, Vascular smooth muscle cell; MASM C, Mouse aortic smooth muscle cell; AS, Atherosclerosis; RS, Restenosis; MI, Myocardial infarction; CAC, Coronary artery calcification; CAD, Coronary artery disease; ↑, Promotes; ↓, Inhibits.

that have been assessed in VSMCs, current research has primarily identified two functionally opposing categories of circRNAs at the VSMC level. Hsa\_circ\_0031891, circRUSC2, circDHCR24, circROBO2, and circ\_0006251 have been confirmed to be significantly upregulated in VSMCs, These circRNAs serve as sponges for miRNA, modulating the expression of downstream genes and promoting the proliferation and migration of VSMCs, thereby accelerating the progression of AS.<sup>61–65</sup> On the other hand, the expression of circMAP3K5, circLDLR, circZCEBPZOS and circTEX14 in VSMCs showed a downregulation trend. The overexpression of these circRNAs could significantly inhibit the proliferation, migration and dedifferentiation process of VSMCs, thus slowing down the progression of AS.<sup>66–69</sup> It is worth noting that the currently revealed regulation mechanism of CircZBTB46 in the proliferation, migration and apoptosis of VSMCs is achieved through AK/mTOR signaling pathway mediating hnRNPA2B1 ubiquitination and degradation, while the impact of hsa\_circ\_0000280 on VSMC proliferation in CAD is reliant on the regulation of ELAVL1 expression, none of these processes are dependent on circRNA-miRNA-mRNA network.<sup>6,70</sup>

## Cardiomyocytes

Myocardial infarction (MI) is a typical manifestation of CAD, and its resulting MI/RI is important for the progression and prognosis of CAD. Under CAD-related pathological conditions (such as I/R injury), circRNAs can regulate the proliferation, differentiation, apoptosis, and inflammation of cardiomyocytes (CMs), and playing a role in myocardial protection, remodeling, and angiogenesis in the progression of CAD. Current studies have identified numerous circRNAs that play pivotal roles in MI and MI/RI within CMs. As summarized in Table 3, a total of 95 relevant circRNAs have

**Table 3** Summary of circRNAs Associated with the Pathophysiological Processes of Cardiomyocytes in CAD

| CircRNAs             | Expression     | Species        | Cell Lines    | Mechanism                     | Pathophysiological Processes                 | Effection      | Validation Method                    | Ref  |
|----------------------|----------------|----------------|---------------|-------------------------------|--|----------------|--------------------------------------|------|
| CircHIPK3            | Up-regulated   | -              | HCM           | miR-124-3p                    | Proliferation ↓<br>Apoptosis ↑               | Promotes MI/RI | Functional (in vitro)                | [72] |
| CircHIPK3            | Up-regulated   | Mice           | CM            | miR-20b-5p /ATG7              | Apoptosis ↑<br>Autophagy ↑                   | Promotes MI/RI | Functional (in vitro)                | [73] |
| CircPAN3             | Down-regulated | Mice           | HCM           | miR-421 /Pink1                | Apoptosis ↓<br>Autophagy ↓                   | Inhibits MI/RI | Functional (in vitro/vivo)           | [74] |
| CircPAN3             | Down-regulated | Rats           | HCM           | miR-421 /Pink1                | Pyroptosis ↓<br>Apoptosis ↓                  | Inhibits MI/RI | Functional (in vitro/vivo)           | [75] |
| CircMAT2B            | Up-regulated   | -              | H9C2          | miR-133                       | Apoptosis ↑<br>Inflammation ↑                | Promotes MI    | Functional (in vitro)                | [76] |
| Circ_0010729         | Up-regulated   | -              | HCM           | miR-370-3p /RUNX1             | Apoptosis<br>Proliferation ↓                 | Promotes MI/RI | Functional (in vitro)                | [77] |
| CircFndc3b           | Down-regulated | Human/<br>Mice | H9C2/<br>NRVM | FUS<br>/VEGF-A                | Apoptosis ↓                                  | Inhibits MI    | Microarray + Functional<br>(in vivo) | [52] |
| CircHIPK3            | Up-regulated   | Mice           | CM            | Notch1                        | Proliferation ↑<br>Apoptosis ↓               | Inhibits MI    | Functional (in vitro)                | [54] |
| CircSamd4            | Up-regulated   | Mice           | CM            | -                             | Proliferation ↑<br>Apoptosis ↓               | Inhibits MI    | Functional (in vivo)                 | [78] |
| CircRNA<br>Pum1_0014 | Up-regulated   | -              | H9C2          | miR-146a-5p<br>/NF2/VEGF/PAK1 | Apoptosis ↓                                  | Inhibits MI    | Functional (in vitro)                | [79] |
| CircIGF1R            | Up-regulated   | Mice           | hiPSC-CM      | DDX5                          | Proliferation ↑<br>Apoptosis ↓<br>Fibrosis ↓ | Inhibits MI    | NGS + Functional (in vivo)           | [80] |
| Circ_0073932         | Up-regulated   | Rat            | H9C2          | miR-493-3p /FAF1 /<br>JNK     | Apoptosis ↑<br>Inflammation ↑                | Promotes MI/RI | Functional (in vitro/vivo)           | [81] |

(Continued)

Table 3 (Continued).

| CircRNAs     | Expression     | Species        | Cell Lines           | Mechanism                 | Pathophysiological Processes   | Effection      | Validation Method                          | Ref   |
|--------------|----------------|----------------|----------------------|---------------------------|--|----------------|--|-------|
| Circ_0020887 | Up-regulated   | Human          | AC16                 | miR-370-3p /CYP1B1        | Apoptosis ↑<br>Oxidative stress ↑<br>Inflammation ↑                            | Promotes MI    | Functional (in vitro)                      | [82]  |
| CircStt3b    | Down-regulated | Mice           | HL-1                 | miR-15a-5p /GPX4          | Apoptosis ↓<br>Inflammation ↓<br>Ferroptosis ↓                                 | Inhibits MI    | NGS + Functional (in vitro/<br>vivo)       | [83]  |
| CircHMGA2    | Up-regulated   | Mice           | HCM                  | NLRP3                     | Ferroptosis ↑<br>Apoptosis ↑<br>Pyroptosis ↑<br>Apoptosis ↑<br>Proliferation ↓ | Promotes MI/RI | Functional (in vitro/vivo)                 | [84]  |
| CircUSP39    | Up-regulated   | -              | AC16                 | miR-362-3p /TRAF3         | Apoptosis ↑<br>Oxidative stress ↑<br>Inflammation ↑                            | Promotes MI/RI | Functional (in vitro)                      | [85]  |
| circHDAC9    | Up-regulated   | Mice           | HCM                  | miR-671-5p /SOX4          | Apoptosis ↑<br>Oxidative stress ↑<br>Inflammation ↑                            | Promotes MI/RI | Functional (in vitro/vivo)                 | [86]  |
| CircCHSY1    | Up-regulated   | Mice           | NRCM<br>/hESC-<br>CM | miR-24-3p /HO1            | Mitochondrial homeostasis ↑  | Inhibits MI/RI | Functional (in vitro/vivo)                 | [87]  |
| Circ_010567  | Up-regulated   | -              | H9C2                 | miR-141 /DAPK1            | Apoptosis ↑  | Promotes MI    | Functional (in vitro)                      | [88]  |
| CircTtc3     | Up-regulated   | Rats           | CM                   | miR-15b-5p<br>/Arl2       | Apoptosis ↓  | Inhibits MI    | Functional (in vitro/vivo)                 | [89]  |
| CircNFIx     | Up-regulated   | Mice           | CM                   | miR-214 /Gsk3β            | Tube formation ↓<br>Apoptosis ↑<br>Proliferation ↓                             | Promotes MI    | Functional (in vivo)                       | [90]  |
| CircACAP2    | Up-regulated   | Human          | AC16                 | miR-532                   | Apoptosis ↑  | Promotes MI    | Functional (in vitro)                      | [91]  |
| CircNFIx     | Up-regulated   | Rats           | H9C2                 | miR-125b-5p /TLR4         | Apoptosis ↑<br>Proliferation ↓   | Promotes MI    | Functional (in vitro/vivo)                 | [92]  |
| CircROBO2    | Up-regulated   | Mice           | CM                   | miR-1184 /TRADD           | Apoptosis ↓  | Promotes MI    | Functional (in vitro/vivo)                 | [93]  |
| CircMFAcR    | Up-regulated   | Human/<br>Mice | AC16                 | miR-125b                  | Apoptosis ↑  | Promotes MI    | Functional (in vitro/vivo)                 | [94]  |
| CircCNEACR   | Down-regulated | Mice           | CM                   | HDAC7<br>/Foxa2<br>/RIPK3 | Necrosis ↓   | Inhibits MI/RI | Microarray + Functional<br>(in vitro/vivo) | [95]  |
| CircCDYL     | Down-regulated | Mice           | CM                   | miR-4793-5p /APP          | Proliferation ↑  | Inhibits MI    | Functional (in vivo)                       | [96]  |
| Circ_0000064 | Down-regulated | Rats           | CM                   | -                         | Autophagy ↓<br>Apoptosis ↓   | Inhibits MI/RI | Functional (in vivo)                       | [97]  |
| Circ_0060745 | Up-regulated   | Mice           | CM                   | -                         | Apoptosis ↑  | Promotes MI    | Functional (in vivo)                       | [98]  |
| CircSAMD4A   | Up-regulated   | Mice           | H9C2                 | miR-138-5p                | Apoptosis ↑<br>Inflammation ↑  | Promotes MI/RI | Functional (in vitro/vivo)                 | [99]  |
| CircHelz     | Up-regulated   | Mice           | NMVC                 | miR-133a-3p /NLRP3        | Inflammation ↑<br>Pyroptosis ↑   | Promotes MI    | Functional (in vitro/vivo)                 | [100] |
| CircJARID2   | Up-regulated   | -              | H9C2                 | miR-9-5p /BNIP3           | Apoptosis ↑<br>Inflammation ↑<br>Proliferation ↓                               | Promotes MI    | Functional (in vitro)                      | [101] |
| CircTLK1     | Up-regulated   | Mice           | HCM                  | miR-214 /RIPK1            | Apoptosis ↑  | Promotes MI/RI | Functional (in vivo)                       | [102] |

(Continued)

**Table 3** (Continued).

| CircRNAs                | Expression     | Species | Cell Lines | Mechanism                     | Pathophysiological Processes  | Effection      | Validation Method                          | Ref   |
|-------------------------|----------------|---------|------------|-------------------------------|---|----------------|--|-------|
| CircMARC2               | Up-regulated   | -       | AC16       | miR-335-5p /TRPM7             | Apoptosis ↑<br>Inflammation ↑   | Promotes MI/RI | Functional (in vitro)                      | [103] |
| CircHECTD1              | Up-regulated   | Rats    | H9C2       | miR-138-5p /ROCK2             | Apoptosis ↑<br>Inflammation ↑   | Promotes MI/RI | Functional (in vitro/vivo)                 | [104] |
| Circ_003593             | Up-regulated   | Rats    | H9C2       | NLRP3                         | Apoptosis ↑<br>Proliferation ↓  | Promotes MI/RI | Functional (in vitro/vivo)                 | [105] |
| Circ_0010729            | Up-regulated   | -       | AC16       | miR-27a-3p /TRAF5             | Apoptosis ↑   | Promotes ICM   | Functional (in vitro)                      | [106] |
| Circ_0010729            | Up-regulated   | -       | HCM        | miR-1184 /RIPK1               | Apoptosis ↑<br>Oxidative stress ↑<br>Inflammation ↑                                   | Promotes MI/RI | Functional (in vitro/vivo)                 | [107] |
| CircSNRK                | Down-regulated | Rats    | CM         | miR-33 /SNRK                  | Apoptosis ↓   | Inhibits MI    | NGS + Functional (in vivo)                 | [108] |
| Circ_0023461            | Up-regulated   | Human   | AC16       | miR-370-3p /PDE4D             | Apoptosis ↑<br>Oxidative stress ↑<br>Inflammation ↑<br>Migration ↓<br>Proliferation ↓ | Promotes MI    | Functional (in vitro)                      | [109] |
| CircRNA1615             | Down-regulated | Mice    | HL-1       | miR-152-3p /LRP6              | Ferroptosis ↓   | Inhibits MI    | Functional (in vitro/vivo)                 | [110] |
| Circ_0091761            | Up-regulated   | -       | H9C2       | miR-335-3p /ACSL4             | Proliferation ↓<br>Ferroptosis ↑  | Promotes MI    | Functional (in vitro)                      | [111] |
| Circ_0007059            | Up-regulated   | Mice    | CM         | miR-378 miR-383               | Apoptosis ↑<br>Inflammation ↑   | Promotes MI    | Microarray +<br>Functional (in vitro/vivo) | [112] |
| Circ_0002612            | Down-regulated | Mice    | CM         | miR-30a-5p /Pparg1a/<br>NLRP3 | Apoptosis ↓<br>Proliferation ↑  | Inhibits MI/RI | Functional (in vitro/vivo)                 | [113] |
| CircACAP2               | Up-regulated   | Mice    | H9C2       | miR-29                        | Apoptosis ↑   | Promotes MI    | Functional (in vitro/vivo)                 | [114] |
| CircDENND4C             | Up-regulated   | -       | H9C2       | miR-320                       | Apoptosis ↑   | Promotes IHD   | Functional (in vitro)                      | [115] |
| CircFoxo3               | Down-regulated | Rats    | H9C2       | KAT7<br>/HMGB1                | Autophagy ↓   | Inhibits MI/RI | Functional (in vitro/vivo)                 | [116] |
| CircHIPK3               | Up-regulated   | Mice    | CM         | miR-29a /VEGFA                | Tube formation ↑<br>Proliferation ↑<br>Migration ↑                                    | Inhibits MI    | Functional (in vitro/vivo)                 | [117] |
| Circ_0001206            | Down-regulated | Mice    | H9C2       | miR-665                       | Apoptosis ↓   | Inhibits MI    | Functional (in vitro)                      | [118] |
| CircLRP6 <sup>2-2</sup> | Down-regulated | -       | H9C2       | HnRNPM<br>/FGF9               | Apoptosis ↓   | Inhibits MI    | Functional (in vitro/vivo)                 | [119] |
| CircZNF512              | Up-regulated   | Mice    | CM         | miR-181d-5p /EGR1             | Autophagy ↓<br>Apoptosis ↑  | Promotes MI/RI | Functional (in vitro/vivo)                 | [120] |
| CircFbx15               | Up-regulated   | Mice    | NMVM       | miR-146a /MED1                | Apoptosis ↑   | Promotes MI/RI | Functional (in vitro/vivo)                 | [121] |
| CircZNF609              | Up-regulated   | Mice    | NRCM       | -                             | Apoptosis ↑   | Promotes MI/RI | Functional (in vitro/vivo)                 | [122] |
| CircARAP1               | Up-regulated   | Mice    | CM         | miR-379-5p /KLF9              | Apoptosis ↑   | Promotes MI/RI | Functional (in vitro/vivo)                 | [123] |
| CircSNRK                | Down-regulated | Rats    | CM         | miR-103-3p /SNRK              | Apoptosis ↓<br>Tube formation ↑<br>Proliferation ↑                                    | Inhibits MI    | Functional (in vitro/vivo)                 | [124] |
| CircFEACR               | Down-regulated | Mice    | CM         | NAMPT                         | Ferroptosis ↓   | Inhibits MI/RI | NGS + Functional (in vitro/<br>vivo)       | [125] |
| Circ_010567             | Up-regulated   | Rats    | CM         | -                             | Apoptosis ↑   | Promotes MF    | Functional (in vivo)                       | [126] |
| CircMACF1               | Down-regulated | Mice    | CM         | miR-500b-5p /EMP1             | Apoptosis ↓   | Inhibits MI    | Functional (in vitro/vivo)                 | [127] |

(Continued)

Table 3 (Continued).

| CircRNAs     | Expression     | Species        | Cell Lines | Mechanism                      | Pathophysiological Processes   | Effect         | Validation Method                          | Ref   |
|--------------|----------------|----------------|------------|--------------------------------|--|----------------|--|-------|
| CircPostn    | Up-regulated   | Human/<br>Mice | AC16       | miR-96-5p /BNIP3               | Apoptosis ↑  | Promotes MI    | Functional (in vitro/vivo)                 | [128] |
| Circ_0002113 | Up-regulated   | Rats           | H9C2       | miR-188-3p /RUNX1              | Apoptosis ↑  | Promotes MI    | Functional (in vitro/vivo)                 | [129] |
| CircHSPG2    | Up-regulated   | -              | AC16       | miR-25-3p /PAWR                | Proliferation ↓<br>Apoptosis ↓   | Promotes MI    | Functional (in vitro)                      | [130] |
| Circ_0068655 | Up-regulated   | -              | HCM        | miR-498 /PAWR                  | Apoptosis ↑<br>Migration ↓   | Promotes MI    | Functional (in vitro)                      | [131] |
| CircNNT      | Up-regulated   | Human/<br>Mice | CM         | miR-33a-5p /USP46              | Pyroptosis ↑   | Promotes MI/RI | Functional (in vitro/vivo)                 | [132] |
| CircSLC8A1   | Up-regulated   | -              | HL-1       | miR-214-5p /TEAD1              | Apoptosis ↑<br>Oxidative stress ↑<br>Inflammation ↑                    | Promotes MI    | Functional (in vitro)                      | [133] |
| CircNFIX     | Down-regulated | Mice           | H9C2       | -                              | Apoptosis ↑<br>Oxidative stress ↑                                      | Promotes MI    | Functional (in vitro/vivo)                 | [134] |
| CircTRRAP    | Up-regulated   | -              | AC16       | miR-214-3p /SOX6               | Apoptosis ↑<br>Oxidative stress ↑<br>Proliferation ↓                   | Promotes MI/RI | Functional (in vitro)                      | [135] |
| CircDGKZ     | Up-regulated   | Rats           | AC16       | miR-345-5p /TLR4/NF-κB         | Pyroptosis ↑<br>Autophagy ↓  | Promotes MI/RI | Functional (in vitro/vivo)                 | [136] |
| CircPVT1     | Up-regulated   | Mice           | CM         | miR-125b<br>miR-200a           | Apoptosis ↑  | Promotes MI    | Microarray +<br>Functional (in vitro/vivo) | [137] |
| CircRbms1    | Up-regulated   | Mice           | H9C2       | miR-742-3p /FOXO1              | Invasion ↓<br>Migration ↓<br>Apoptosis ↑                               | Promotes MI    | Functional (in vitro/vivo)                 | [138] |
| Circ_0124644 | Up-regulated   | Human          | AC16       | miR-590-3p /SOX4               | Apoptosis ↑<br>Oxidative stress ↑                                      | Promotes MI    | Functional (in vitro)                      | [139] |
| Circ_0030235 | Up-regulated   | -              | H9C2       | miR-526b                       | Apoptosis ↑  | Promotes MI    | Functional (in vitro)                      | [140] |
| CircJA760602 | Up-regulated   | -              | AC16       | EGR1<br>E2F1                   | Apoptosis ↑  | Promotes MI    | Functional (in vitro)                      | [141] |
| CircSMG6     | Up-regulated   | Mice           | HL-1       | miR-138-5p /EGR1/<br>TLR4/TRIF | Apoptosis ↑<br>Neutrophil recruitment ↑                                | Promotes MI/RI | Functional (in vitro/vivo)                 | [142] |
| CircUBXN7    | Down-regulated | Mice           | H9C2       | miR-622 /MCL1                  | Inflammation ↓<br>Apoptosis ↓  | Inhibits MI    | Functional (in vitro/vivo)                 | [143] |
| Circ_0049271 | Up-regulated   | Human          | H9C2       | miR-17-3p /FZD4                | Apoptosis ↑<br>Oxidative stress ↑<br>Inflammation ↑<br>Proliferation ↓ | Promotes MI    | Functional (in vitro)                      | [144] |
| CircACR      | Down-regulated | Mice           | CM         | Pink1<br>/FAM65B               | Autophagy ↓  | Inhibits MI/RI | Microarray +<br>Functional (in vitro/vivo) | [145] |
| CircHSPG2    | Up-regulated   | Human          | AC16       | miR-1184 /MAP3K2               | Apoptosis ↑<br>Oxidative stress ↑<br>Inflammation ↑                    | Promotes MI    | Functional (in vitro)                      | [146] |
| CircUSP39    | Up-regulated   | -              | AC16       | miR-499b-5p /ACSL1             | Apoptosis ↑  | Promotes MI    | Functional (in vitro)                      | [147] |
| Circ_0000848 | Down-regulated | -              | H9C2       | ELAVL1<br>/SMAD7               | Apoptosis ↓<br>Proliferation ↑   | Inhibits MI    | Functional (in vitro)                      | [148] |
| CircRbms1    | Up-regulated   | Mice           | H9C2       | miR-92a /BCL2L1                | Apoptosis ↑<br>Oxidative stress ↑                                      | Promotes MI/RI | Functional (in vitro/vivo)                 | [149] |

(Continued)

**Table 3** (Continued).

| CircRNAs     | Expression     | Species | Cell Lines | Mechanism          | Pathophysiological Processes                         | Effectation    | Validation Method                          | Ref   |
|--------------|----------------|---------|------------|--------------------|--|----------------|--|-------|
| Circ_0001747 | Down-regulated | -       | HL-1       | miR-199b-3p /MCL1  | Inflammation ↓<br>Apoptosis ↓<br>Proliferation ↑     | Inhibits MI    | Functional (in vitro)                      | [150] |
| CircTRRAP    | Up-regulated   | Human   | AC16       | miR-761 /MAP3K2    | Apoptosis ↑<br>Oxidative stress ↑<br>Inflammation ↑  | Promotes MI    | Functional (in vitro)                      | [151] |
| Circ_0031672 | Up-regulated   | Rats    | H9C2       | miR-21-5p /PDCD4   | Apoptosis ↑  | Promotes MI/RI | Functional (in vitro/vivo)                 | [152] |
| CircRbms1    | Up-regulated   | Mice    | HCM        | miR-2355-3p /MST1  | Apoptosis ↑<br>Oxidative stress ↑<br>Inflammation ↑  | Promotes MI/RI | Functional (in vitro/vivo)                 | [153] |
| Circ-RHOJ.1  | Down-regulated | Rats    | CM         | miR-124-3p /NRG1   | Inflammation ↓<br>Apoptosis ↓<br>Proliferation ↑     | Inhibits MI/RI | Functional (in vitro/vivo)                 | [154] |
| CircMIRIAF   | Up-regulated   | Mice    | AC16       | miR-544 /WDR12     | Oxidative stress ↑<br>Inflammation ↑                 | Promotes MI/RI | Microarray +<br>Functional (in vitro/vivo) | [155] |
| Circ_0068566 | Down-regulated | Mice    | H9C2       | miR-6322 /PARP2    | Proliferation ↑<br>Apoptosis ↓<br>Oxidative stress ↓ | Inhibits MI/RI | Functional (in vitro/vivo)                 | [156] |
| CircTRRAP    | Up-regulated   | -       | AC16       | miR-370-3p /PAWR   | Apoptosis ↑<br>Oxidative stress ↑<br>Inflammation ↑  | Promotes MI    | Functional (in vitro)                      | [157] |
| CircDiaph3   | Up-regulated   | Mice    | H9C2       | miR-338-3p /SRSF1  | Apoptosis ↑<br>Inflammation ↑                        | Promotes MI    | Functional (in vitro/vivo)                 | [158] |
| Circ_0050908 | Up-regulated   | -       | HCM        | miR-324-5p /TRAF3  | Apoptosis ↑<br>Oxidative stress ↑<br>Inflammation ↑  | Promotes MI/RI | Functional (in vitro)                      | [159] |
| CircBCL2L13  | Up-regulated   | Mice    | CM         | miR-1246 /PEG3     | Apoptosis ↓<br>Oxidative stress ↓                    | Inhibits MI/RI | Functional (in vitro/vivo)                 | [160] |
| CircANKIB1   | Down-regulated | -       | H9C2       | miR452-5p /SLC7A11 | Apoptosis ↓<br>Ferroptosis ↓                         | Inhibits MI    | Functional (in vitro)                      | [161] |
| Circ_0001379 | Up-regulated   | Mice    | HL-1       | miR-98-5p /SOX6    | Apoptosis ↑<br>Inflammation ↑                        | Promotes MI    | Functional (in vitro/vivo)                 | [162] |
| CircSWT1     | Down-regulated | -       | AC16       | miR-192-5p /SOD2   | Oxidative stress ↓<br>Apoptosis ↓                    | Inhibits MI    | Functional (in vitro)                      | [163] |
| CircCBFB     | Up-regulated   | -       | H9C2       | miR-495-3p /VDAC1  | Oxidative stress ↑<br>Apoptosis ↑                    | Promotes MI/RI | Functional (in vitro)                      | [164] |

**Abbreviations:** HCM, Human cardiomyocyte; CM, Cardiomyocyte; NRVM, Neonatal rat ventricular myocyte; hiPSC-CM, Human induced pluripotent stem cell-derived cardiomyocyte; NRCM, Neonatal rat cardiomyocyte; hESC-CM, Human embryonic stem cell-derived cardiomyocyte; NMVC, Neonatal mouse ventricular cardiomyocyte; NMVM, Neonatal mice ventricular myocyte; NRCM, Neonatal rat cardiomyocyte; MI/RI, Myocardial ischemia/reperfusion injury; MI, Myocardial infarction; ICM, Ischemic cardiomyopathy; IHD, Ischemic heart disease; MF: Myocardial fibrosis; ROS, Reaction oxygen; CAD, Coronary artery disease; ↑, Promotes; ↓, Inhibits.

been characterized, with 70 showing upregulation and 60 demonstrating downregulation. These circRNAs can be functionally categorized into two major classes: cardioprotective and injury-promoting circRNAs. It is worth noting that some circRNAs regulate the expression of downstream genes by simultaneously targeting multiple miRNAs in CMs, which influences the extent of CM damage. For instance, researchers have validated the mechanism of circPAN3 through both in vivo and in vitro experiments using dual-luciferase reporter assays and reverse transcription-polymerase chain reaction (RT-PCR). The cardioprotective circPAN3 exerts synergistic protective effects through a dual-target regulatory mechanism: it mitigates mitochondrial damage via the miR-421/Pink1 axis while simultaneously suppressing endoplasmic reticulum stress through the miR-29b-3p/SDF4 axis.<sup>72,73</sup> Conversely, the injury-accelerating circHIPK3 functions as

a classical multitarget regulator that aggravates MI/RI damage by concurrently sponging miR-124-3 and miR-20b-5p, among other miRNAs.<sup>74,75</sup> These findings not only elucidate the complex regulatory networks of circRNAs in myocardial injury but also provide potential therapeutic targets for developing novel diagnostic and treatment strategies.

## Cardiac Fibroblasts

Preventing and improving myocardial fibrosis after MI has always been a major challenge in the diagnosis and treatment of CAD. The occurrence of this process is not only related to changes in the biological function of CMs but also depends on the regulation of the pathological and physiological mechanisms of cardiac fibroblasts (CFs). Table 4 summarizes the currently identified 8 functionally characterized circRNAs in CFs, including 5 fibrosis-promoting circRNAs and 3 anti-fibrotic circRNAs. For instance, Ji et al found that circNSD1 was associated with the proliferation and collagen deposition of CFs, and its downregulation could ameliorate myocardial fibrosis by regulating the miR-429-3p/SULF1/Wnt/ $\beta$ -catenin signaling pathway.<sup>165</sup> Furthermore, Y. Wang et al also revealed that circMACF1 may suppress TGF- $\beta$ 1-induced fibroblast activation, migration and proliferation by controlling the miR-16-5p/SMAD7 pathway.<sup>166</sup> However, research on the role of circRNAs in CFs remains limited to date. As summarized in Table 4, only a small number of circRNAs have been functionally characterized in CFs, among which three circRNAs (CircPAN3, CircMACF1, and CircLAS1L) have only been studied at the cellular level through in vitro experiments, lacking further validation in vivo. These findings nevertheless establish a molecular foundation for developing anti-fibrotic therapies targeting CFs-specific circRNAs.

## Potential Clinical Applications of circRNAs in CAD

### Diagnostic Biomarkers

The natural resistance of circRNAs to exonuclease is a significant feature that distinguishes it from linear RNA.<sup>172</sup> This resistance can bring stability to circRNAs, enabling their long-term regulation of gene expression in CAD and contributing to their specific expression in specific tissues. Certain circRNAs express differently in CAD patients than in healthy controls, and this expression difference may have already appeared in the early stages of CAD. The exonuclease resistance of circRNAs makes it relatively stable in the blood of CAD patients, providing an opportunity for circRNAs as a biomarker for early diagnosis of CAD. Non-invasive or minimally invasive detection of CAD can be

**Table 4** Summary of circRNAs Related to the Pathophysiological Processes of Cardiac Fibroblasts in CAD

| CircRNAs     | Expression     | Species | Cell lines | Mechanism                                | Pathophysiological processes   | Effection   | Validation method          | Ref   |
|--------------|----------------|---------|------------|--|--|-------------|----------------------------|-------|
| Circ_0060745 | Up-regulated   | Mice    | CF         | -  | Inflammation $\uparrow$  | Promotes MI | Functional (in vitro/vivo) | [98]  |
| CircPAN3     | Up-regulated   | Rats    | CF         | miR-221 /FoxO3 /ATG7                     | Migration $\uparrow$<br>Autophagy $\uparrow$<br>Proliferation $\uparrow$     | Promotes MF | Functional (in vivo)       | [167] |
| CircUbe3a    | Up-regulated   | Mice    | CF         | miR-138-5p /RhoC                         | Migration $\uparrow$<br>Proliferation $\uparrow$                             | Promotes MF | Functional (in vitro/vivo) | [168] |
| CircHelz     | Up-regulated   | Mice    | CF         | -  | Proliferation $\uparrow$<br>Differentiation $\uparrow$                       | Promotes MF | Functional (in vitro/vivo) | [169] |
| CircMACF1    | Down-regulated | Human   | CF         | miR-16-5p /SMAD7                         | Migration $\downarrow$<br>Proliferation $\downarrow$                         | Inhibits MF | Functional (in vitro)      | [166] |
| CircCELF1    | Down-regulated | Mice    | CF         | miR-636<br>FTO/DKK2                      | Migration $\uparrow$<br>Apoptosis $\downarrow$                               | Inhibits MF | Functional (in vitro/vivo) | [170] |
| CircLAS1L    | Down-regulated | Human   | CF         | miR-125b /SFRP5                          | Apoptosis $\uparrow$<br>Migration $\downarrow$<br>Proliferation $\downarrow$ | Inhibits MF | Functional (in vitro)      | [171] |
| CircNSD1     | Up-regulated   | Mice    | CF         | miR-429-3p /SULF1/ Wnt/ $\beta$ -catenin | Proliferation $\uparrow$<br>Collagen deposition $\uparrow$                   | Promotes MF | Functional (in vitro/vivo) | [165] |

**Abbreviations:** CF, Cardiac fibroblast; MI, Myocardial infarction; MF, Myocardial fibrosis; CAD, Coronary artery disease;  $\uparrow$ , Promotes;  $\downarrow$ , Inhibits.

achieved by analyzing the expression levels of circRNAs in the blood, serum, plasma or other body fluids of CAD patients.<sup>173,174</sup> Compared to traditional biomarkers, this detection method may be able to reflect the presence of CAD earlier. The association between these circRNAs' sensitivity and specificity is shown by the receiver operating characteristic (ROC) curve, with values of the area under the curve (AUC) between 0.1 and 1, which can be used directly to assess the diagnostic value of circRNAs. The greater the value, the higher the possibility for diagnosis.<sup>175</sup>

We established the following inclusion criteria for the circRNAs analyzed: 1) Publications between 2019–2024; 2) Significant differential expression between CAD patients and healthy controls; 3) AUC greater than 0.70. [Table 5](#)

**Table 5** Diagnostic Significance of circRNAs in CAD

| CircRNAs         | Expression     | Samples  | Function                | ROC Curve Analysis |             |       | Ref   |
|------------------|----------------|--|-------------------------|--------------------|-------------|-------|-------|
|                  |                |  |                         | Specificity        | Sensitivity | AUC   |       |
| CircZNF609       | Down-regulated | Samples of peripheral blood derived from 330 CAD patients and 209 healthy individuals.   | Biomarker for diagnosis | 0.804              | 0.615       | 0.761 | [182] |
| Hsa_circ_0001879 | Up-regulated   | Samples of blood derived from 297 healthy individuals and 436 patients with CAD.   | Biomarker for diagnosis | 0.543              | 0.831       | 0.703 | [176] |
| Hsa_circ_0004104 | Up-regulated   | Samples of blood derived from 297 people healthy individuals and 436 patients with CAD.  | Biomarker for diagnosis | 0.614              | 0.707       | 0.700 | [176] |
| CircYOD1         | Up-regulated   | Samples of blood were derived from 316 healthy individuals and 1842 patients with CAD  | Biomarker for diagnosis | 0.824              | -           | 0.824 | [183] |
| Hsa_circ_0001445 | Down-regulated | Samples of peripheral blood derived from 96 CHD patients and 126 healthy controls.   | Biomarker for diagnosis | 0.766              | 0.675       | 0.816 | [184] |
| Hsa_circ_0005540 | Up-regulated   | Samples of plasma derived from 105 CAD patients and 86 healthy individuals.  | Biomarker for diagnosis | 0.765              | 0.810       | 0.853 | [185] |
| CircLDB1         | Up-regulated   | Samples of peripheral blood were derived from 50 controls (included 24 females and 26 males) and 50 individuals with CAD (included 22 females and 28 males). | Biomarker for diagnosis | 0.767              | 0.835       | 0.900 | [177] |
| CircPPARA        | Up-regulated   | Samples of peripheral blood were derived from 50 patients with AMI and 50 controls.  | Biomarker for diagnosis | -                  | -           | 0.876 | [179] |
| CircPRDM5        | Down-regulated | Samples of serum were derived from 118 AMI patients, 63 AP patients and 60 healthy controls.   | Biomarker for diagnosis | 0.878              | 0.763       | 0.862 | [186] |
| Circ-0020887     | Up-regulated   | Samples of plasma were derived from 64 patients with STEMI and 64 controls.  | Biomarker for diagnosis | -                  | -           | 0.85  | [187] |
| Circ_cSMARCA5    | Down-regulated | Samples of peripheral blood derived from 100 patients without CAD and 100 AMI patients.  | Biomarker for diagnosis | 0.890              | 0.677       | 0.83  | [188] |
| Circ_cZNF292     | Up-regulated   | Samples of blood were derived from 42 patients with AMI and 33 non-AMI patients.   | Biomarker for diagnosis | -                  | -           | 0.747 | [189] |
| Circ_0051386     | Up-regulated   | Samples of blood were derived from 254 patients with STEMI and 151 controls.   | Biomarker for diagnosis | -                  | -           | 0.766 | [190] |
| Circ_0013958     | Up-regulated   | Samples of blood were derived from 120 patients with AMI and 102 controls.   | Biomarker for diagnosis | 0.842              | 0.862       | 0.908 | [178] |
| Circ-0009590     | Up-regulated   | Samples of plasma were derived from 64 patients with STEMI and 64 controls.  | Biomarker for diagnosis | -                  | -           | 0.80  | [187] |
| Hsa_circ_0001360 | Up-regulated   | Samples of blood were derived from 10 patients with CHD and 10 healthy controls.   | Biomarker for diagnosis | -                  | -           | 0.860 | [180] |
| Hsa_circ_0000038 | Down-regulated | Samples of blood were derived from 10 patients with CHD and 10 healthy controls.   | Biomarker for diagnosis | -                  | -           | 0.870 | [180] |
| Hsa_circ_0001946 | Up-regulated   | Samples of peripheral blood were derived from 120 patients with CHD and 120 healthy controls.  | Biomarker for diagnosis | 0.867              | 0.833       | 0.897 | [181] |

**Abbreviations:** CAD, coronary artery disease; AMI, acute myocardial infarction; STEMI, ST-segment elevation myocardial infarction; AP, angina pectoris; ROC, receiver operating characteristic; AUC, area under the curve.

includes a total of 18 circRNAs that demonstrate potential as diagnostic biomarkers for CAD. However, through analysis of existing studies, we identified significant heterogeneity in the diagnostic performance of these circRNAs. For instance, while hsa\_circ\_0001879 (AUC=0.703) and hsa\_circ\_0004104 (AUC=0.700) from the same study demonstrated moderate diagnostic accuracy,<sup>176</sup> circLDB1 (AUC=0.900) and circ\_0013958 (AUC=0.908) exhibited superior diagnostic value,<sup>177,178</sup> these discrepancies may originate from variations in study population characteristics (eg, disease severity, comorbidities) or methodological differences in detection approaches. Moreover, certain circRNAs (eg, circPPARA, hsa\_circ\_0000038, and hsa\_circ\_0001946) demonstrated considerable diagnostic potential (AUC > 0.800), yet their clinical applicability may be constrained by the current lack of reported sensitivity and specificity data,<sup>179–181</sup> this limitation underscores the necessity for standardized reporting of ROC curve parameters in future investigations.

## Assessment of the Severity and Prognosis of CAD

The expression levels of specific circRNAs in the blood of patients with CAD may be correlated with the severity and prognosis of CAD. Analyzing circRNA expression profiles at different stages of progression can provide a potential basis for the clinical evaluation of CAD severity in patients.<sup>191</sup> In a CAD study related to the Chinese population, circNIPSNAP3A was found to have higher expression levels in the serum of the atherosclerosis group and CAD group with higher disease severity than the general CAD group, suggesting that circNIPSNAP3A is related to the severity of CAD.<sup>192</sup> Besides, another study found that the expression of circRNAs in the peripheral blood of CAD patients was approximately three times higher than in healthy individuals, having an AUC value of 0.931, diagnostic sensitivity of 75.71%, specificity of 100%, ROC curve results exhibited that circRNAs in peripheral blood can function as a biomarker for predicting major adverse cardiovascular events (MACE) in patients with acute coronary syndrome.<sup>193</sup>

## Therapeutic Targets and Drug Development

A study has shown that targeted regulation of circMAT2B in the MI model can improve myocardial function by upregulating miR-133 to inhibit inflammatory responses harmful to CMs,<sup>76</sup> targeted inhibition of circ\_0004104 expression in ECs can promote cell proliferation and inhibit apoptosis, so as to slow down the progression of coronary atherosclerosis.<sup>46</sup> This prompts us that circRNA or the miRNAs and mRNAs regulated by it may become new targets for the treatment of CAD,<sup>194</sup> new drugs can be developed targeting these targets to regulate circRNA synthesis and degradation, achieving the goal of treating CAD. However, although sevoflurane and Gypenoside A have been verified in vitro and in vivo experiments to effectively protect CMs from ischemia-reperfusion injury by regulating the specific circRNA-miRNA-mRNA axis, these preliminary results still require in-depth clinical studies to verify its effectiveness.<sup>75,77</sup> In the future, there is still great potential for the research and development of drugs targeting circRNA in the field of CAD therapy.

## Conclusions and Perspectives

CAD is widespread in the world, and its high incidence rate and mortality have been widely concerned by the world. The role of circRNAs in CAD is a rapidly developing research field, which has shown great potential in disease mechanisms, diagnosis, prognosis assessment, and treatment interventions. Although many studies have demonstrated the diversity of biological functions of circRNAs, in recent years, researchers more focused on how circRNAs through miRNA sponge effect, protein interaction or directly regulate downstream gene expression to affect the pathophysiology of cardiovascular cells, thus potentially impacting on the initiation, progression and prognosis of CAD.

As shown in Table 6, compared with existing published studies, this paper employed specific screening criteria to analyze 148 studies published between 2019 and 2024, thereby covering a broader time span. We comprehensively summarized 107 CAD-associated circRNAs whose functional mechanisms have been experimentally validated through in vivo or in vitro studies, along with 18 circRNAs exhibiting diagnostic biomarker potential. The quantity of circRNAs identified in our review significantly surpasses that reported in previous similar reviews. More importantly, based on the biological characteristics and functions of circRNAs, we innovatively conducted a multi-cellular dimensional integrated analysis and established a comprehensive regulatory network encompassing endothelial cells (ECs), vascular smooth muscle cells (VSMCs), cardiomyocytes (CMs), and cardiac fibroblasts (CFs). Our findings reveal that several circRNAs -

**Table 6** Some Novelities of This Study Compared to Previously Published Studies

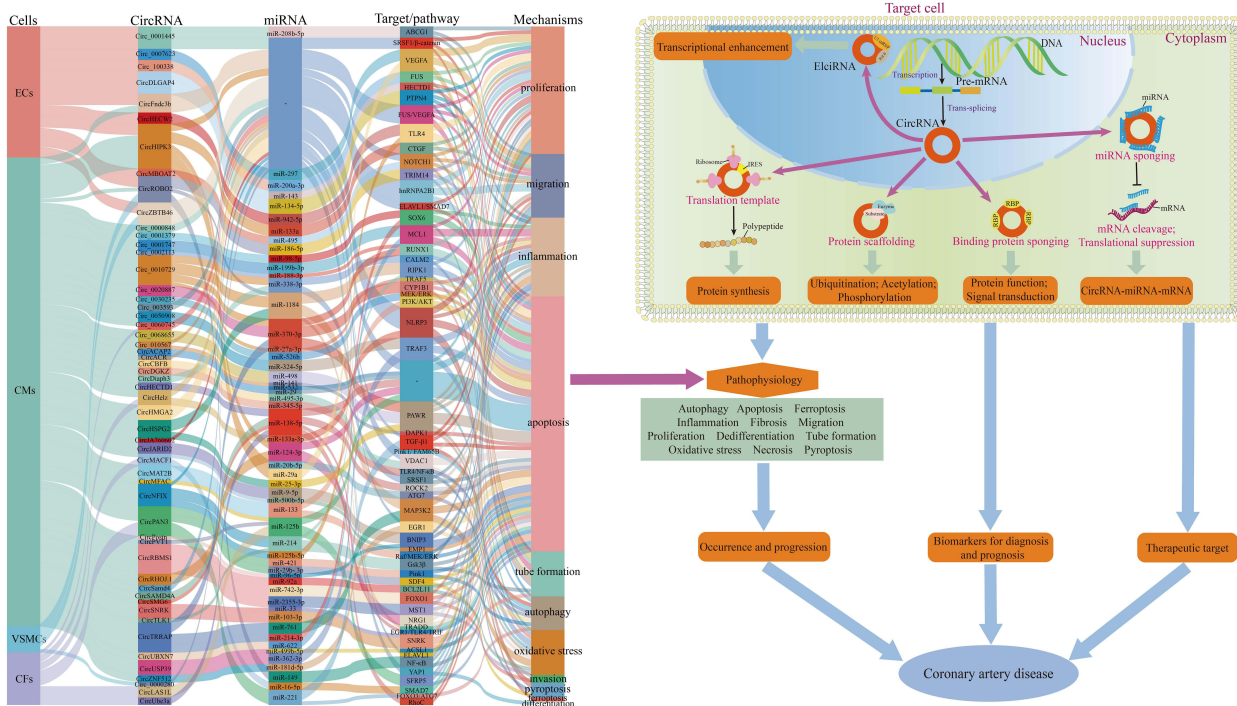
| Ref       | Years | Included literature (Year Range) | Number of circRNAs               | Cell Lines                       | Mechanism Depth   | Diseases                 | Clinical Application Potential             |
|-----------|-------|----------------------------------|----------------------------------|----------------------------------|---|--------------------------|--|
| Our study | 2025  | 2019–2024                        | 107 (Mechanism) 18 (Diagnosis)   | EC<br>VSMC<br>CM<br>CF           | ceRNA<br>multi-cellular<br>/multi-mechanism synergistic<br>effect | AS<br>MI<br>MI/RI<br>IHD | Diagnostic biomarkers; Therapeutic targets |
| [60]      | 2020  | 2016–2019                        | 15 (Mechanism) 4 (Diagnosis)     | -                                | ceRNA   | AS<br>MI<br>MI/RI<br>IHF | Diagnostic biomarkers                      |
| [195]     | 2021  | 2017–2020                        | 14 (Mechanism) 7 (Diagnosis)     | THP-1 VSMC<br>RAW264.7           | ceRNA   | -                        | Diagnostic biomarkers                      |
| [196]     | 2023  | 2019–2023                        | 31 (Mechanism)                   | EC<br>VSMC<br>THP-1              | ceRNA   | AS                       | Diagnostic biomarkers; Therapeutic targets |
| [197]     | 2022  | 2015–2021                        | 17 (Mechanism)<br>12 (Diagnosis) | EC<br>pericyte cells<br>exosomes | ceRNA   | -                        | Diagnostic biomarkers                      |

**Abbreviations:** EC, Endothelial cell; VSMC, Vascular smooth muscle cell; CM, Cardiomyocyte; CF, Cardiac fibroblast; AS, Atherosclerosis; MI, Myocardial infarction; MI/RI, Myocardial ischemia/reperfusion injury; IHD, Ischemic heart disease; IHF, Ischemic heart failure; ceRNA, Competing endogenous RNA.

including CircHIPK3, CircPAN3, and CircROBO2 - can coordinately regulate the pathological progression of CAD across different cell types. For instance, circROBO2 was found to be highly expressed in CAD-associated ECs, VSMCs, and CMs simultaneously, where it regulates apoptosis and proliferation in these cell types through specific ceRNA networks.<sup>42,64,93</sup> Such coordinated multi-cellular regulation substantially advances beyond conventional research paradigms that were confined to single-cell-type investigations. Furthermore, the same target gene can also be influenced by different circRNAs to mediate the progression of CAD. For instance, circ\_0068655, circHSPG2, and circTRRAP can jointly modulate the expression of PAWR in CMs through sponge miR-498, miR-25-3p, and miR-370-3p, respectively, thereby affecting apoptosis, proliferation, migration, inflammation, and oxidative stress in CMs. Therefore, certain circRNAs may play more pivotal roles in CAD progression, as they not only regulate multiple pathological processes across different cell types but also participate in intricate regulatory networks within individual cell types. These circRNAs exemplify a distinctive “multi-mechanism and multi-cellular” synergistic mode of action in CAD, warranting prioritized investigation to fully explore their clinical translation potential. Figure 1 summarizes the regulatory network of these circRNA in CAD-associated cardiovascular cells. Notably, beyond the classical ceRNA mechanism, circRNAs may also participate in CAD pathophysiology through non-coding-dependent pathways such as direct regulation of downstream target genes, translation into functional peptides, and protein-protein interactions - all of which merit in-depth exploration in future research.

With the continuous development of the molecular mechanism research of circRNAs, its potential clinical application value in CAD has gradually emerged. Capitalizing on the superior stability of circRNAs compared to conventional CAD diagnostic biomarkers, our review identified 18 circRNAs with significant diagnostic value, all rigorously validated in independent clinical cohorts (AUC > 0.70). Notably, CircLDB1 and Circ\_0013958 demonstrated exceptional diagnostic performance (AUC > 0.900), further highlighting the potential of circRNAs as clinical surrogate biomarkers for CAD. However, it should be emphasized that current findings primarily rely on expression profiling and diagnostic efficacy analyses in clinical samples, while their functional mechanisms require further experimental validation through functional studies. These results nevertheless provide crucial clinical evidence supporting the continued exploration of circRNA biomarkers for CAD.

Certainly, the unique exonuclease resistance of circRNAs and their complex and variable regulatory mechanism in CAD not only endow it with the potential as a biomarker for early diagnosis and disease progression prediction of CAD



**Figure 1** Functional networks of circRNAs in coronary artery disease from a multi-cellular and multi-mechanism perspective. CircRNAs regulate gene expression by enhancing the transcription of parental genes. CircRNAs serve as translation templates to promote protein synthesis. CircRNAs act as protein scaffolds to promote the interaction of enzymes with substrates, thereby regulating protein modifications. CircRNAs interact with RNA-binding proteins to regulate protein function and signal transduction. CircRNAs act as sponges for miRNAs, competitively binding to miRNAs and affecting their regulation of target mRNAs.

but also provide new targets and drug development directions for the treatment strategies of CAD. Unfortunately, most of the current studies still have some limitations, for example, the specific biological functions and mechanisms of action of circRNAs need to be further elucidated, and the exact details of its multiple regulatory mechanisms in the pathophysiology of CAD are still not clear enough. The detection method and standardized process of circRNAs have not been fully established.

Based on the above, circRNAs possess the ability to regulate the pathophysiological processes of CAD, which involves a “multi-cellular/multi-mechanism” synergistic mechanism. Although current studies have identified a large number of functionally well-defined circRNAs, clinical translation still requires overcoming numerous challenges. Future research should focus more on the following directions: Firstly, at the mechanistic level, it is essential to move beyond the singular perspective of the existing ceRNA mechanism and systematically explore how circRNAs participate in the pathological progression of CAD through non-coding-dependent pathways such as direct translation, protein interactions, or epigenetic regulation. Particular attention should be paid to key circRNAs like circHIPK3 and circROBO2, which exhibit “multi-cellular/multi-mechanism” synergistic effects, to uncover their central role in cross-cell-type regulatory networks. Secondly, in terms of clinical translation, efforts should be made to promote multicenter clinical validation of circRNAs with high diagnostic value, establish standardized detection protocols, and develop targeted intervention strategies for circRNAs that regulate critical genes. Finally, dynamic monitoring of circRNA changes throughout the entire course of CAD should be implemented to determine their potential as staging biomarkers and therapeutic nodes, ultimately achieving the comprehensive application of circRNAs in the precision diagnosis and treatment of CAD.

All in all, circRNAs are expected to become an important component of CAD precision medicine in the future and bringing new directions for the diagnosis and treatment of CAD, despite some remaining scientific and technological obstacles.

## AI Declaration

This review was conducted without the use of any artificial intelligence-assisted tools for data extraction or literature processing throughout its preparation.

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## Author Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

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## Disclosure

The authors report no conflicts of interest in this work.

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