

Altered Functional Connectivity of Large-Scale Brain Networks in Psychogenic Erectile Dysfunction Associated with Cognitive Impairments

Sitong Feng^{1,2}, Linrui Dong^{1,2}, Bin Yan³, Sisi Zheng^{1,2}, Zhengtian Feng^{1,2}, Xue Li^{1,2}, Jiajia Li^{1,2}, Ning Sun³, Yanzhe Ning^{1,2}, Hongxiao Jia^{1,2}

¹Beijing Key Laboratory of Mental Disorders, National Clinical Research Center for Mental Disorders & National Center for Mental Disorders, Beijing Anding Hospital, Capital Medical University, Beijing, People's Republic of China; ²Advanced Innovation Center for Human Brain Protection, Capital Medical University, Beijing, People's Republic of China; ³Department of Andrology, Xiyuan Hospital, China Academy of Chinese Medical Sciences, Beijing, People's Republic of China

Correspondence: Hongxiao Jia; Yanzhe Ning, Beijing Anding Hospital, Capital Medical University, No. 5 Ankang Hutong, Xicheng District, Beijing, 100088, People's Republic of China, Tel +86 010-58303065, Email jhxjlj@ccmu.edu.cn; ningzy0923@mail.ccmu.edu.cn

Purpose: Several studies have demonstrated that psychogenic erectile dysfunction (pED) patients potentially suffer from cognitive dysfunction. Despite that previous neuroimaging studies have reported abnormal functional connections of brain areas associated with cognitive function in pED, the underlying mechanisms of cognitive dysfunction in pED remain elusive. This study aims to investigate the underlying mechanisms of cognitive dysfunction by analyzing large-scale brain networks.

Patients and Methods: A total of 30 patients with pED and 30 matched healthy controls (HCs) were recruited in this study and scanned by resting-state functional magnetic resonance imaging. The Dosenbach Atlas was used to define large-scale networks across the brain. The resting-state functional connectivity (FC) within and between large-scale brain networks was calculated to compare pED patients with HCs. The relationship among cognitive performances and altered FC of large-scale brain networks was further explored in pED patients.

Results: Our results showed that the decreased FC within visual network, and between visual network and default mode network, visual network and frontoparietal network, and ventral attention and default mode network were found in pED patients. Furthermore, there was a positive correlation between immediate memory score and FC within visual network. The visuospatial score was negatively correlated with decreased FC between ventral attention network and default mode network.

Conclusion: Taken together, our findings revealed the relationship between cognitive impairments and altered FC between large-scale brain networks in pED patients, providing the new evidence about the neural mechanisms of cognitive dysfunction in pED patients.

Keywords: large-scale brain network, functional connectivity, cognitive impairment, psychogenic erectile dysfunction

Introduction

Psychogenic erectile dysfunction (pED), which is an erectile disorder related to mental health, seriously impacts on those who suffer from it and their partners in life.^{1,2} Patients with pED suffer from several psychogenic or interpersonal variables, such as anxiety, depression, and socioeconomic factors.³ When pED is not well treated, fear of failing sexual activity may prevent subsequent efforts, leading to the discontinuation of sexuality and greater distance between patients' partners.⁴

It has been known that the brain is crucial to controlling male sexual behavior. The complex psychological and physiological responses are involved in sexual arousal.⁵ The brain responses of male sexual arousal are conceived into five-component model, which consists of cognitive, emotional, motivational, autonomic/neuroendocrine, and inhibitory processes.⁶ Functional magnetic resonance imaging (fMRI) has endeavored to map inter-regional interactions in pED patients to explore the neural mechanisms in sexual behavior.⁷ The aberrant FC of brain areas in pED has been reported in several neuroimaging studies.⁸⁻¹⁰ A fronto-insular network may play a pivotal role in pED, suggesting a potential function in inhibition and in hypervigilance.¹¹ Other studies highlight the role of the insula in male sexual arousal processing, potentially involving salience network (SN).¹² Furthermore,

patients with pED display the decreased functional connectivity (FC) within default-mode network (DMN) and disrupted FC within SN compared to healthy controls (HCs).¹³ Notably, the connectivity of DMN and anti-correlated networks is considered to intervene the exchange of externally and internally oriented cognition.¹⁴ The FC between DMN and frontoparietal network (FPN) mediates trait mind wandering.^{15,16} Furthermore, functional activity patterns of spread brain regions which control relative functions in cognition are significantly changed in pED patients.¹⁷ A previous fMRI study has demonstrated that patients with pED show the activation in the bilateral temporoparietal junctions associated with cognitive empathy.¹⁸ Besides, the loss of cortical thickness in the left ventral premotor area and the bilateral inferior temporal cortex are associated with erectile function of pED patients, contributing to cognitive processes.^{19,20} Recently, researchers have found that the left precuneus is the important brain area for regulating attentional component in pED.⁸

Despite that several studies have shown pED patients potentially undergoing cognitive dysfunction, few studies report whether pED patients have cognitive impairment in neuropsychological state. The Repeatable Battery for the Assessment of Neuropsychological Status (RBANS) is a psychometrically sound cognitive scanning tool in neuropsychological testing.²¹ Nevertheless, little is known about cognitive functions of pED patients in neuropsychological status. Moreover, large-scale brain networks consist of widely distributed brain regions that may provide a better understanding on the alterations of cognitive functions in pED patients.²² However, it still remains unclear in large-scale brain networks of pED patients in association with cognition. Here, we speculated that pED patients undergo cognitive dysfunction in association with altered FC between extensive brain networks. In this study, we aimed to explore whether pED patients have cognitive dysfunction and to explore the underlying mechanism by analyzing large-scale brain networks.

Patients and Methods

Participants

Thirty pED patients were enrolled at the male outpatient department in the Xiyuan Hospital of China Academy of Chinese Medical Science from March 2021 to August 2022. All patients firstly underwent thorough physical evaluation and sexual function examination (containing duplex Doppler ultrasonography, the International Index of Erectile Function-5 (IIEF-5), and RigiScan test) to disclose no differences between pED patients and HCs. And the recruited pED patients must meet the following criteria:³ (i) right-handed, aged from 18 to 45; (ii) no vasculogenic, organic, neurogenic, hormonal, or drug-induced erectile dysfunction; (iii) RigiScan was used to evaluate three consecutive nights of normal morning erection; (iv) evaluation of ED: IIEF5 <21; (v) detailed psychophysical status evaluation: Brief Psychiatric Rating Scale (BPRS) <35, Self-Rating Anxiety Scale (SAS) <50, Self-Rating Depression Scale (SDS) <50, the 17-item Hamilton Rating Scale for Depression (HAMD-17) <17, the 14-item Hamilton Rating Scale for Anxiety (HAMA-14) <14; (vi) no therapeutic medication in the last 2 weeks; (vii) no history of drug and alcohol addictions. Excluded criteria were as following: (i) evaluation of ED: IIEF5 >21; (ii) severe mental, neurological or other physical disorders; (iii) urological surgery; (iv) use of any psychotropic medicine and other drugs within the last 30 days that could impact on sexual function; (v) any MRI contraindications. Another 30 right-handed healthy males matching age and education without erectile dysfunction, absence of sexual experience, and history of sexual crimes were recruited as the control group.

Each participant had signed the informed consent. Furthermore, the present study was approved by the ethics committee of Beijing Anding Hospital, Capital Medical University. The clinical characteristics of pED patients and HCs in this research are illustrated in [Table 1](#).

Cognitive Assessments

The Chinese version of RBANS was utilized to assess the global cognitive function, with a good reliability and validity.^{23,24} There were 12 subtests of RBANS to evaluate five cognitive areas, including visuospatial capability (figure copy, line orientation), immediate memory (list learning, story memory), delayed memory (list recall, list recognition, story recall, figure recall), language (picture naming, semantic fluency), and attention (digital span, coding). Each domain has a raw score that is adjusted for sex and age using the RBANS table and turned to five cognitive domain scaled scores. The higher RBANS score meant the better cognitive function of subject. All participants were tested according to standardized procedures by a neuropsychologist. And the whole test was performed about 30 minutes.

Table 1 Demographic Characteristics of pED Patients and HCs

Variables	pED Patients	HCs	DF	t/Z value	p value
Sample size	30	30	–	–	–
Age (years)	31.97 ± 5.93	28.00 (25.00–33.25)	58	–1.586	0.113
Education (years)	15.50 ± 2.96	15.97 ± 1.48	58	–0.778	0.440
Duration of illness (months)	18.00 (8.25–36.00)	–	–	–	–
BMI	24.36 ± 3.09	25.23 ± 3.29	58	–1.060	0.293
SAS	41.33 ± 10.37	31.00 (29.00–39.50)	58	–2.948	0.003
SDS	44.97 ± 10.62	33.50 (30.00–45.00)	58	–2.805	0.005
HAMA	4.50 (3.00–7.25)	0.50 (0.00–2.00)	58	–4.986	< 0.001
HAMD	3.00 (1.00–5.00)	1.00 (0.00–2.00)	58	–3.953	< 0.001
IIEF-5					
Total scores	13.83 ± 4.07	24.00 (24.00–25.00)	58	–6.712	< 0.001
Item 1	2.50 (1.00–3.00)	–	–	–	–
Item 2	3.00 (2.00–4.00)	–	–	–	–
Item 3	3.00 (2.00–4.25)	–	–	–	–
Item 4	3.00 (1.75–4.00)	–	–	–	–
Item 5	3.00 (1.00–3.00)	–	–	–	–

Notes: Data were presented as the range of mean ± standard deviation (SD) and median (interquartile range) depending on the normal distribution. And the *p* values were measured by two-sample *t* test if the data are normally distributed (two-tailed, *p* < 0.05 indicated statistically significant difference between pED and HCs). Mann–Whitney *U*-test was performed if the data were not normally distributed.

Abbreviations: BMI, body mass index; DF, degree of freedom; HAMA, Hamilton Rating Scale for Anxiety; HAMD, Hamilton Rating Scale for Depression; HC, healthy control; IIEF5, the International Index of Erectile Function-5; pED, psychogenic erectile dysfunction; SAS, Self-Rating Anxiety Scale; SDS, Self-Rating Depression Scale.

Image Acquisition

The fMRI dataset was obtained by using the Prisma MRI scanner (3.0 T, Siemens AG, Erlangen, Germany) at Beijing Anding Hospital, Capital Medical University. Foam padding was utilized to reduce the head motion of participants in birdcage head coils. As previously described,²⁵ a gradient-echo echo-planar imaging (EPI) sequence was used to acquire resting-state functional images. The imaging sequence of resting-state fMRI has the following parameters: repetition time = 2000 ms, echo time = 30 ms, flip angle = 90°, matrix = 64 × 64, field of view = 200 mm × 200 mm, slice thickness = 3.5 mm, gap = 1 mm, 33 axial sections, and 240 volumes. The magnetization-prepared rapid-acquisition gradient-echo (MPRAGE) images with T1 weighting were gained as well. The sequence of MPRAGE images with T1 weighting has the following parameters: repetition time = 2530 ms, echo time = 3.39 ms, slice thickness = 1.3 mm, voxel size = 1 × 1 × 1 mm³, field of view = 256 × 256 mm², and 128 volumes. Before MRI scanning, all recruited subjects were instructed to rest for 30 minutes. All subjects were reminded to keep their eyes closed and stay awake during MRI scanning.

fMRI Data Preprocessing

All data preprocessing was performed using DPABISurf toolbox, which is a component of DPABI (<http://rfmri.org/dpabi>).²⁶ The preprocessing pipeline of DPABISurf is based on SPM12 to acquire the data in surface and volume space. Specifically, DPABISurf's default preprocessing pipeline was used to convert the user-specified data into brain imaging data structure, skull-stripping, spatial normalization, brain tissue segmentation, surface re-construction for T1-weighted images and slice-timing correction, realignment, head-motion estimation, spatial registration, and smooth for functional images. These details were illustrated in the previous literature.²⁷ The quality control of brain images was screened via using all subjects' head motion (mean FD_Jenkinson <2 mm).

Edge-Based FC and Large-Scale Network Analysis

The Dosenbach Atlas defines 160 brain region of interests (ROIs) throughout the brain.²⁸ Among these ROIs, we excluded the cerebellum, which contained 18 ROIs from the analysis since it was not covered in all scans. BOLD signals were extracted from the remained 142 ROIs, which were matched with Yeo seven-network parcellation.²⁹ There are

seven networks including the visual network (VN, 22 ROIs), somatosensory-motor network (SMN, 29 ROIs), dorsal attention network (DAN, 14 ROIs), ventral attention network (VAN, 14 ROIs), subcortical network (SCN, 7 ROIs), FPN (21 ROIs), and DMN (33 ROIs).²⁹ After extracting the BOLD signals of each ROI, Pearson correlation coefficients were measured between the BOLD signals of any two ROIs, thereby generating a 142×142 FC matrix for each subjects. Then, the FC matrix was transformed to Fisher's z-scores using the Fisher r-to-z transformation for the following analysis. Combined with the 142×142 FC matrix and the network parcellation, seven within-network connectivity and 21 between-network connectivity were calculated for each subject. Specially, the within- or between-network FC values were estimated by calculating the mean strength of the connection throughout all links within a network or between any two networks. The large-scale network FC between pED and HCs was analyzed by using independent two-sample *t*-test with false discovery rate (FDR) for correcting multiple comparisons ($p < 0.05$).

Correlation Analysis

We then explored the associations between cognitive function (RBANS scores) and large-scale network FC in pED patients via Spearman correlation analyses in pED group. The *p* value lower than 0.05 was considered as statistically significant.

Results

Reduced Cognitive Functions in pED Patients

Compared to HCs, pED patients had decreased cognitive functions evaluated by RBANS scale ($p < 0.001$), involving immediate memory ($p = 0.003$), visuospatial ($p = 0.001$), attention ($p = 0.001$), and delayed memory ($p = 0.035$). Nonetheless, we found that there was no statistically significant difference in language function between pED patients and HCs (shown in Table 2).

Changed Large-Scale Network FC in pED Patients

Reduced FC between four pairs of brain networks was found in pED patients, containing VN-DAN, VN-FPN, SMN-FPN, and VAN-DMN (Figures 1 and 2, FDR correction). Moreover, decreased FC within VN was observed in pED patients in contrast to HCs (Figures 1 and 2, FDR correction). In addition, there were 114 edges with decreased FC in pED patients compared to HCs (shown in Figure 2).

Correlation of Decreased Large-Scale Network FC and Reduced Cognitive Functions

Based on Spearman correlation analyses, we found that immediate memory score was positively related to FC within VN ($p = 0.003$, Figure 3A) and visuospatial score was negatively correlated with decreased FC of VAN-DMN ($p = 0.033$, Figure 3B).

Table 2 Reduced Cognitive Functions in pED Patients Compared to HCs

Variables	pED Patients	HCs	DF	t/Z value	p value
Sample size	30	30	–	–	–
RBANS					
Total scores	88.30 ± 9.96	103.37 ± 14.51	58	–13.073	< 0.001
Immediate memory	80.10 ± 10.17	94.00 (81.00–112.50)	58	–4.705	< 0.001
Visuospatial	85.20 ± 12.05	97.27 ± 13.58	58	–3.640	0.001
Language	96.90 ± 16.86	104.00 (96.00–109.00)	58	–1.294	0.236
Attention	106.23 ± 12.99	118.27 ± 13.53	58	–3.514	0.001
Delayed memory	89.50 (83.00–97.00)	97.00 (90.25–98.25)	58	–2.640	0.035

Notes: Data were presented as the range of mean ± standard deviation (SD) and median (interquartile range) depending on the normal distribution. And the *p* values were measured by two-sample *t* test if the data are normally distributed (two-tailed, $p < 0.05$ indicated statistically significant difference between pED and HCs). Mann–Whitney *U*-test was performed if the data were not normally distributed.

Abbreviations: DF, degree of freedom; HC, healthy control; pED, psychogenic erectile dysfunction; RBANS, the Repeatable Battery for the Assessment of Neuropsychological Status.

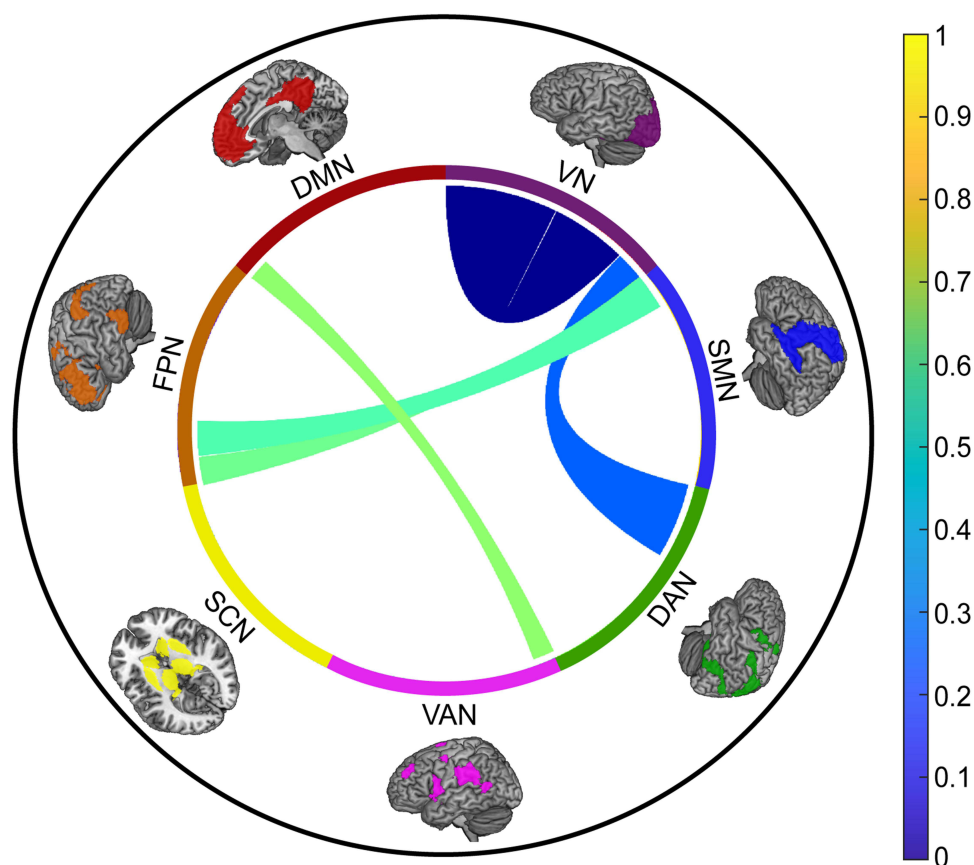


Figure 1 The schematic diagram shows the network connections with significantly decreased FC for large-scale brain networks in pED patients. And the colors of connections between networks represent the mean strength of FC referred to the color bar.

Abbreviations: DAN, dorsal attention network; DMN, default mode network; FC, functional connectivity; FPN, frontoparietal network; SCN, subcortical network; SMN, somatosensory network; VAN, ventral attention network; VN, visual network.

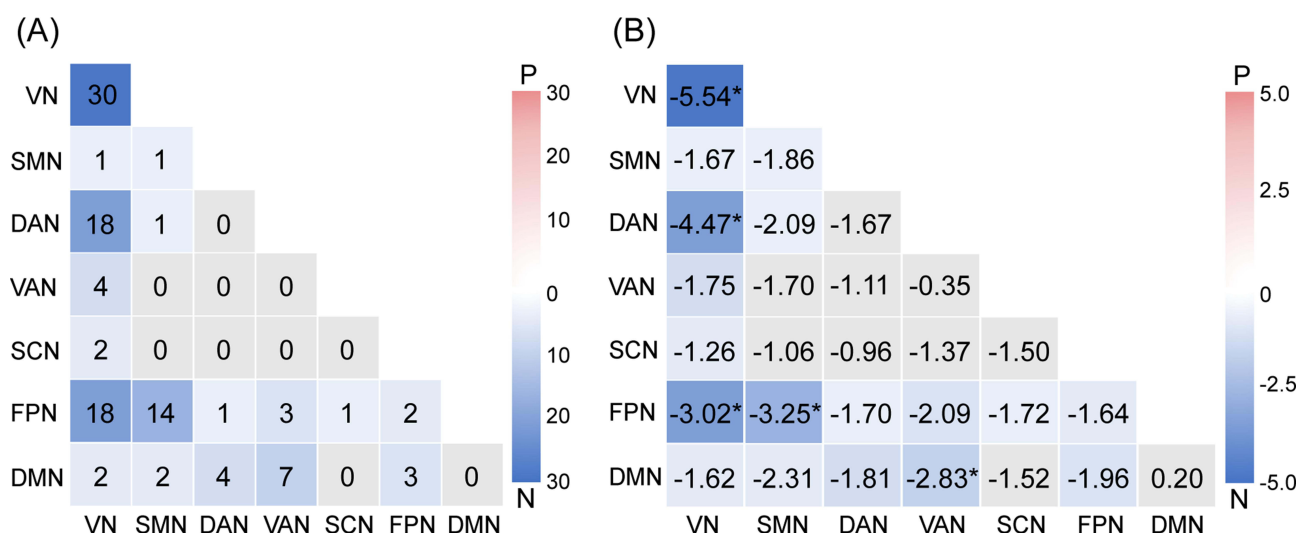


Figure 2 The group difference in edge-based FC and decreased large-scale network FC in pED patients. **(A)** The heatmap displays the number of significant edges for each pair of networks for comparison between pED patients and HCs. **(B)** T values of decreased large-scale network FC in pED patients compared to HCs.

Notes: The asterisk (*) indicates p value smaller than 0.05 ($p < 0.05$). The warm colors indicate increased FC within or between brain networks, and cool colors indicate decreased FC within or between brain networks.

Abbreviations: DAN, dorsal attention network; DMN, default mode network; FC, functional connectivity; FPN, frontoparietal network; N, negative; P, positive; SCN, subcortical network; SMN, somatosensory network; VAN, ventral attention network; VN, visual network.

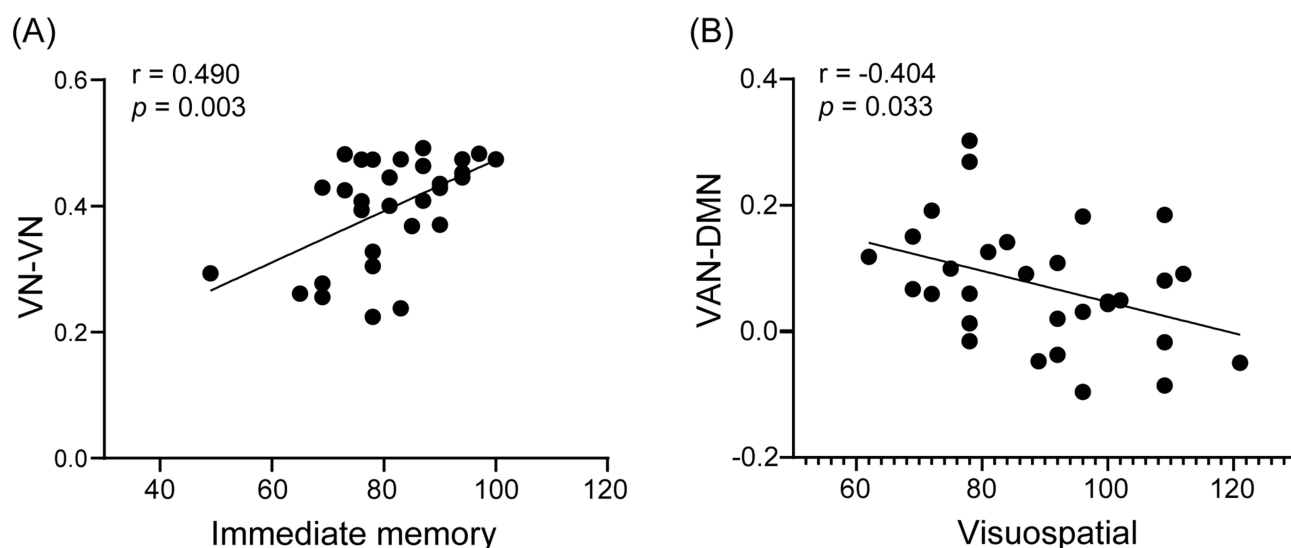


Figure 3 The correlation between RBANS and decreased large-scale network FC in pED patients. **(A)** The correlation between immediate memory score and the FC within network of VN. **(B)** The correlation between visuospatial score and the FC between VAN-DMN.

Abbreviations: DMN, default mode network; FC, functional connectivity; VAN, ventral attention network; VN, visual network.

Discussion

We discovered the decreased cognitive functions and changed extensive brain networks' FC in pED patients. Specifically, our results demonstrated the decreased FC within VN, and between VN-DMN, VN-FPN, SMN-FPN, and VAN-DMN. The FC within VN was positively correlated with the score of immediate memory, and the between-network FC in VAN-DMN was negatively correlated with visuospatial score in pED patients. These findings might shed light on the neural mechanisms of pED associated with cognitive dysfunction.

An erection that cannot be maintained or achieved due to psychological or interpersonal factors is considered as pED.³⁰ The presence of pED is frequently associated with other sexual dysfunctions, particularly hypoactive sexual desire.³¹ In this study, we also found that pED patients accompanied by depression and anxiety compared to HCs. Previous literature has suggested that autonomic arousal and physiological anxiety are not fully correlated with erectile function.³² Cognitive responses may be of functional significance in sexual dysfunction if the correlation between autonomic arousal and other response systems is not complete.³³ Generally, there is agreement on several cognitive activities affecting sexual arousal and impacting on the development of sexual dysfunction.³⁴ In the five-component model of sexual arousal, the cognitive component works by assessing sexual stimuli, directing attention enhancement, and eliciting motor imagery.²⁰ Our findings revealed the decreased cognitive function of pED patients involving in immediate memory, delayed memory, visuospatial, and attention in neuropsychological status. It is essential to explore the underlying mechanisms of relationships between cognitive dysfunction and decreased erectile function of pED in the future.

Notably, neuroscientists have focused on the nature of brain networks to understand the neural mechanisms of cognitive functions of human.³⁵ Large-scale brain organization is essential to understanding how the human brain produces cognition. We observed decreased FC within VN and decreased FC between networks of VN-DAN, VN-FPN, SMN-FPN, and VAN-DMN in pED patients. Our findings revealed the decreased FC between relatively stationary networks (ie, VN and DMN) and "control systems"-related networks (ie, FPN, DAN, VAN, and SMN) in pED patients that might be useful to understand the neural mechanism underlying cognitive dysfunction in pED. Specifically, VN and DMN, which are relatively stationary, have the high similarity of node connections within somatosensory-motor cortex.³⁶ Our findings further indicated that the FC within VN network was positively correlated with the function of immediate memory, suggesting that the decreased FC across the visual regions might reflect pED in relation to lower ability of immediate memory. Since DMN is firstly identified with resting states, it is thought that DMN functionality is associated with mind wandering and stimulus-independent responses.³⁷ Importantly, previous studies have indicated that DMN plays an increased role during enhanced attentional demands.³⁸ The balance between DMN and other networks which control attentional and executive functions is crucial in determining the

subject's level of impulsive behaviors.³⁹ From the cognitive control perspective, DMN serves more as a 'processing system' in contrast with FPN.⁴⁰ Neuroimaging studies have indicated that trait mind wandering is mediated by connectivity between the DMN and FPN.^{15,16} By evaluating the sensory representation in visual cortex, FPN, DAN, and VAN may have dynamic connections to promote visual attention.^{41,42} In the present study, we found that the FC between VAN and DMN networks was negatively correlated with the visuospatial ability, indicating that the unbalance between VAN and DMN might disturb the visuospatial ability in pED.

However, there still remained some limitations in interpreting the results of the present study. Firstly, recruited pED patients and HCs were not examined for hormonal levels in this study, which might contribute to mediation effects. The lower cognitive performance of pED patients was affected by several variables, which should be considered in future researches to investigate the median effect on functional brain networks. Secondly, this study was to evaluate the data at a single time point. Future researches are needed to explore whether the intervention on cognitive function can improve the erectile function. Thirdly, the relationship between cognitive functions and large-scale brain networks' FC was needed to be verified. Hence, future researches with larger samples are required in exploring pED.

Conclusion

Conclusively, our findings suggested that aberrant FC in large-scale brain networks might underlie cognitive dysfunction in pED, which provided the new evidence concerning cognitive dysfunction accompanied by aberrant FC of large-scale brain networks in pED. Further understanding of pED associated with cognitive dysfunction might be obtained by studying the changed FC between large-scale brain networks.

Ethical Conduct of Research

This study complies with the Declaration of Helsinki and was conducted on the base of guidelines by the ethics committee of Beijing Anding Hospital, Capital Medical University.

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Disclosure

The authors have no conflicts of interest to declare in this work.

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