A Candidemia Case Caused by a Novel Drug-Resistant *Candida auris* with the Y132F Mutation in Erg11 in Mainland China

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Background: Candida auris is a pathogen first found in external ear canal, becoming a major threat to global health. Here, we describe a candidemia case caused by a novel drug-resistant Candida auris strain.

Case Presentation: An 80-year-old patient, with multiple serious medical conditions, was suffered from candidemia caused by *Candida auris*, died 9 days after admission in our hospital. Phylogenetic analysis indicates that this *C. auris* isolate (designated BJCA003) belongs to the South Asian clade, carries the Y132F mutation in the protein Erg11. And antibiotic susceptibility test indicated that BJCA003 is resistant to fluconazole and amphotericin B, not susceptible to caspofungin. In addition, this strain has multiple colony and cellular morphologies under different culture conditions.

Conclusion: Strain BJCA003 is a novel drug resistant *C. auris* strain in mainland China, the Y132F mutation in Erg11 may attribute to fluconazole-resistance, alarming that we still face more challenges about *C. auris*.

Keywords: Candida auris, candidemia, drug-resistant, mutation, morphologies

Introduction

Candida auris is a human fungal pathogen, first isolated in Japan in 2009.¹ Since then, many *C. auris* isolates have been reported worldwide.^{2–4} This pathogen can contaminate the environment around the patients who were colonized by the fungus, and can survive for long periods in major outbreaks.⁵

Recent studies of *C. auris* highlight its threatening properties of multidrug resistance and high mortality.^{6–8} It is more likely to infect critically ill and long-term hospitalized patients with severe comorbidities, such as pneumonia, chronic kidney disease, and cardiovascular diseases. *C. auris* has now become a major cause of candidemia,⁹ an ongoing challenge for accurate identification of this organism, often misidentified as other *Candida* species, has complicated clinical management.¹⁰ Five distinct clades of *C. auris* have been identified to date,¹¹ and many isolates are resistant to fluconazole, often caused by hotspot gene mutations in *ERG11*.⁵

Since the first case in China was identified in 2018, ¹² more than 60 *C. auris* clinical cases have been reported. The first reported isolate was susceptible to all tested antifungal drugs, but several since then have displayed a high minimum inhibitory concentration (MIC) for amphotericin B and echinocandins, many isolates were resistant to fluconazole. ¹³ We report here a new strain of *C. auris* isolated from patient's blood in Beijing, which belongs to the South Asian clade, carries the Y132F mutation in the protein Erg11 and is co-resistant to fluconazole and amphotericin B, differ from all the

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strains identified in past in mainland China. We designated it as BJCA003 and further explore its phylogeny, antifungal susceptibility, and morphological characteristics.

Materials and Methods

General Indicators Detection

The level of hemoglobin (HGB), platelet (PLT) and white cell count was tested by XT- 4000i (Sysmex Inc, Kobe, Japan), C-reactive protein (CRP) was tested by BC-5310 (Mindray Medical International Limited, Shenzhen, China). Procalcitonin (PCT) was tested by Cobas e801 (Roche Diagnostics, Mannheim, Germany). Plasma (1-3)-beta -D-glucan (BDG) and serum galactomannan antigen levels were quantified with a commercial test kit (Dynamiker Biotechnology Co., Ltd. (Tianjin, China)).

Microbiological Identification, Morphological and MIC Analyses

Blood samples were collected directly into both aerobic and anaerobic bottles (Bio Mérieux, Lyon, France) and transferred to our microbiology laboratory for analysis. Microbe detection and identification were performed with a Vitek-2 MS (database VITEK MS IVD KB V3.2) and a Vitek-2 Compact, version 8.01 (Bio Mérieux, Lyon, France). Sequencing of the internal transcribed spacer (ITS) was accomplished by RuiBio Bio Tech (Beijing, China), the sequence data were determined by Basic Local Alignment Search Tool (BLAST) analysis.

To observe morphological characteristics, approximately 2×10³CFU/mL of the strain was plated onto different media of blood agar, China blue agar, Sabouraud dextrose agar (Thermo Fisher, MA, USA), and CHROMagar Candida medium (Autobio, Zhengzhou, China). After culturing for 36h at 35°C, a single colony was picked to smear for Gram staining (Baso Diagnostics, Inc., Zhuhai, China).

Antifungal susceptibility testing was accomplished by using the YeastOne Plate (Thermo Fisher Scientific, MA, USA), colorimetric microdilution method was used based on the CLSI to determine the MIC value of eight antifungal drugs (fluconazole, itraconazole, voriconazole, caspofungin, anidulafungin, micafungin, amphotericin B, and 5-flucytosine).

Genetic and Phylogenetic Analysis of the Isolate BICA003 of C. auris

C. auris genomic DNA was extracted using an enzymatic lysis method as previously described. 14 Whole-genome sequencing was conducted using both the Illumina and Nanopore platforms as described in the Supplementary Methods. The ITS and D1/D2 (region of the large subunit (28S) of the ribosomal DNA) sequences of C. auris and previous reported isolates were aligned using ClustalW2 and a maximum likelihood phylogenetic tree was generated using IQ-TREE with 1000 bootstrap repeats. Schizosaccharomyces pombe strain ATCC 38366 was used for outgroup, ITS and D1/D2 sequences of the reported strains were acquired from the GenBank (https://www.ncbi.nlm.nih.gov/) database directly or extracted from the genome sequences. The hotspot gene mutations of ERG11 in the isolate BJCA003 were compared to the reference ERG11 sequence of C. auris (GenBank accession MK059959) using blastn (version 2.10.1).

Results

Case Presentation

An 80-year-old male patient was admitted to our hospital on Jan.5, 2022 with multiple medical conditions for several years. He has been diagnosed with chronic renal insufficiency (elevated serum creatinine) ten years ago and renal anemia seven years ago. He was intermittently treated with human erythropoietin. Two weeks before transferring to our hospital, the patient was administered continuous renal replacement therapy because serum creatinine rising to a level of 400 µmol/L and oliguria. His past medical history included hypertension, coronary heart disease, plasmacytoma, fungal pneumonia, bacterial pneumonia, hepatic insufficiency, and hyperhomocysteinemia. The patient presented asthenia, anuria, without fever and had no cough or sputum. He also had petechiae on the forearm and a 5×5 cm ecchymosis on the chest. Auscultation detected bilateral coarse breathing. He had a CRP plasma level of 59.7mg/L, a procalcitonin level of 0.931ng/mL, and a serum creatinine level of 467µmol/L. His erythrocyte and platelet counts were 1.87×10¹²/L Dovepress Xu et al

and 42×10^9 /L, respectively. His hemoglobin level was 68g/L, and his white blood cell count was normal. A chest CT scan revealed a dense opacity in the middle of the right lung, lung nodules, mild interstitial changes, and pleural effusion.

Before transferring to our hospital, the patient's blood culture was negative for *Aspergillus spp.* or *Mucorales* and positive for *Candida*, while the exact type of *Candida* had not been identified at that time, an intravenous infusion of 800mg fluconazole on the first day, followed by 400mg per day for several days, as an treatment strategy for this condition in another hospital. Because this was ineffective, he was treated empirically with piperacillin sodium tazobactam sodium at 2.25g three times a day in our hospital. His treatment history for plasmacytoma was unknown because of hospitalization in another hospital before. Leucogen was used to treat for his hypocytosis, Other treatment strategies included platelet transfusion, hemodialysis, antihypertensive therapy, acid inhibitory, liver protection therapy and treatment of anemia.

The patient's condition did not improve during the treatment course. His inflammatory blood markers of CRP and procalcitonin remained high (Table 1), indicating a persistent infection. Although the patient had a normal body temperature when he was admitted to our hospital, it increased to 38.2°C on the fourth day, and fluctuated somewhat up and down, reaching 39°C only once briefly. Unfortunately, the patient died nine days after admission to our hospital (Figure 1).

Identification and Phylogenetic Analysis

First, we performed both 1, 3-β-D glucan detection and Galactomannan antigen test on January 7, which were surprisingly both negative. Later on Jan.10, a blood sample was sent to our clinic laboratory for blood culture analysis. After approximately 35 hours, an aerobic blood culture tested positive. A Gram stain revealed that it appeared to be an unevenly colored, elongated fungal spore. It was subsequently identified as *C. auris* by Vitek-2 MS (99%) and Vitek-2 Compact (98%), and was confirmed by ITS sequencing. A blast comparison indicated a 98.3% identity to *C. auris* (NR 154998.1) and 96.7% identity to *Candida suratensis* (NR 155008.1).

Phylogenetic analysis based on ITS and the D1/D2 regions sequences showed that the isolate of *C. auris* BJCA003 belongs to the South Asian clade. Additionally, Y132F mutation in Erg11 and a-type mating type locus (*MTLa*) were observed by WGS analysis (Figure 2).

Antifungal Susceptibility

MICs of eight antifungal drugs were determined by susceptibility testing. The result indicates this strain was susceptible to itraconazole, voriconazole, anidulafungin, micafungin and 5-flucytosine. The MICs of these drugs are $0.12\mu g/mL$, $0.5\mu g/mL$, $0.5\mu g/mL$, $0.5\mu g/mL$, $0.25\mu g/mL$ and $0.12\mu g/mL$ respectively. However, fluconazole MICs was $\geq 128\mu g/mL$ and amphotericin B MICs was $2\mu g/mL$, which means this pathogen was resistant to fluconazole and amphotericin B. Additionally,

Indicators	First Test	Second Test	Third Test	Reference Interval	
PCT	0.931	0.711	0.767	< 0.05ng/mL	
CRP	59.7	65.6	164.7	<10mg/L	
WBC	4.41	3.65	4.64	3.5-9.5×10 ⁹ /L	
Neutrocyte	2.92	2.39	2.87	1.8-6.3×10 ⁹ /L	
Lymphocyte	1.08	0.87	1.40	1.1-3.2×10 ⁹ /L	
Eosinophil	0.16	0.10	0.02	0.02-0.52×10 ⁹ /L	
Neutrocyte (%)	66.4	65.3	61.7	40–75%	
Lymphocyte (%)	24.4	23.8	30. I	20–50%	
Eosinophil (%)	3.60	2.80	0.50	0.4-8.0%	
HGB	68	72	65	130–175 g/L	
PLT	42	4	5	125-350×10 ⁹ /L	
CREA	467	367	242	59–104μmol/L	

Table I General Indicators of the Examination

Abbreviations: PCT, procalcitonin; CRP, C-reactive protein; WBC, white blood cell count; HGB, hemoglobin; PLT, platelet; CREA, creatinine.

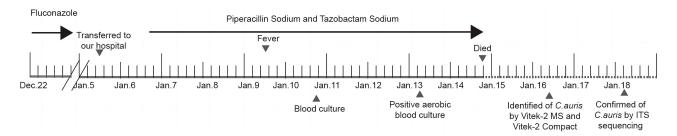


Figure I The course of disease progression and C. auris identification. Gray solid line shows the period of the patient's hospital stay; gray-dashed line represents the period between the death of the patient and the confirmation of the strain; periods of fluconazole or piperacillin sodium tazobactam sodium treatments are marked by black

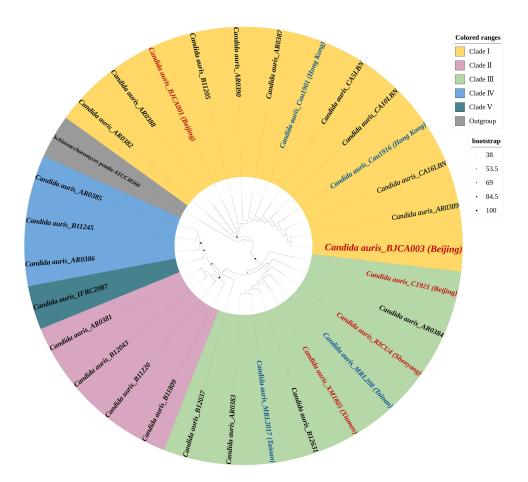


Figure 2 Phylogenetic analysis of C. auris (BJCA003) compared with reference strains. The isolates from mainland China are highlighted in red and the isolate of BJCA003 is highlighted in red color and bold font, the strains isolated from Hong Kong and Taiwan are highlighted in blue. The percentages of replicate trees in which the associated taxa clustered together in the bootstrap test (1000 replicates) are indicated in black dots at the branches.

the MIC value of caspofungin was 8µg/mL, meaning the strain was not susceptible to caspofungin, according to the explanation of the instructions of YeastOne Plate (Table 2).

Morphological Analysis

C. auris exhibits different morphologies on different media. 12,15 To investigate morphological characteristics of this strain, we spotted it onto plates of blood, China blue, Sabouraud and CHROM agars, and cultured for 36 hours at 35°C. The strain appeared as creamy smooth colonies on blood, China blue, and Sabouraud agar plates, while it appeared as pink colored colonies on the CHROMagar Candida medium. After Gram staining, we observed morphological

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Table 2 MICs of Antifungal Drugs

	FLC	CAS	AMB	ITC	VRC	AFG	MFG	5-FC
MIC (μg/mL)	128	8	2	0.12	0.5	0.5	0.25	0.12

Abbreviations: FLC, fluconazole; CAS, caspofungin; AMB, amphotericin; ITC, itraconazole; VRC, voriconazole; AFG, anidulafungin; MFG, micafungin; 5-FC, 5-flucytosine.

characteristics under a 100× microscopy. On Sabouraud and blood agar, oval-shaped, yeast morphology, as well as budding cells was observed. Cells on Sabouraud agar were more oval and bigger than cells on blood agar. On China blue and CHROMagar Candida, cells were relatively round, additionally, cells grown on China blue agar were rounder and smaller than cells from other three media. We did not see any hyphal or pseudohyphal cells on these media (Figure 3).

Discussion

Since *C. auris* came to light in 2009, this organism has often exhibited multidrug-resistance and a high mortality rate, presenting a serious global health threat.^{6,16,17} Until our case, all infections reported in mainland China have been cured. Unfortunately, the patient in our study with the pathogen in his blood, died from fungemia combined with other medical complications nine days after admission to our hospital. *C. auris* primarily infects individuals with compromising immune defenses conditions, ¹⁸ and our patient suffered from multiple serious conditions for years.

Detection of 1, 3-β-D glucan most often indicates fungal infections,¹⁹ but this patient, unexpectedly, tested negative. However, matrix-assisted laser desorption ionization-time of flight mass spectrometry and a rapid microbial identification system revealed *C. auris* in his blood.

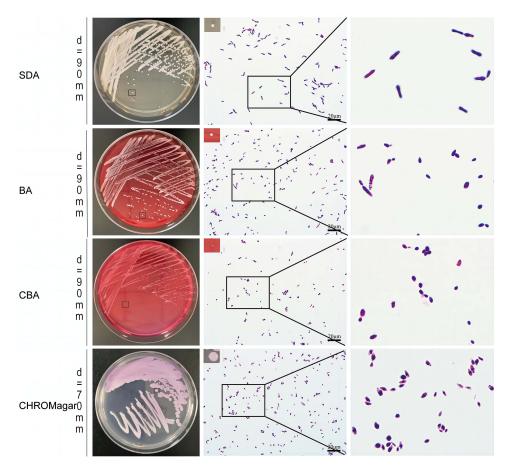


Figure 3 Morphologies of C. auris grown on Sabouraud (SDA), blood (BA), China blue (CBA) and CHROMagar Candida plates. The image on the right side shows a magnification of the image marked by a black rectangle.

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To date, at least 60 known clinical *C. auris* strains have been isolated in China, with 39 from Shenyang, 15 from Hong Kong, three from Beijing, two from Xiamen and one from Tainan. ^{13,20} In mainland China, greater than 90% of these *C. auris* strains had a single-resistance to fluconazole, minority of them exhibited high MICs for echinocandins and amphotericin B. Except for BJCA001 belonging to South Asian clade, all the other *C. auris* strains belong to South African clade. Like BJCA001, the isolate BJCA003 also belongs to South Asian clade, however, it exhibited drug resistance to fluconazole and amphotericin B. In addition, we can see a high MIC value for caspofungin in *C. auris* BJCA003, which is very different from BJCA001. Strain BJCA001 was susceptible to all tested antifungals, while *C. auris* BJCA003 was resistant to at least two kinds of antifungals. Nearly all fluconazole-resistant isolates of *C. auris* have one of three specific mutations (VF125AL, Y132F, or K143R) in *ERG11*, ²¹ the gene encoding the target enzyme of the triazoles. The Y132F mutation was observed in strain of BJCA0003, unlike strains found in Beijing previously: strains BJCA002 and C1921 carried the VF125AL mutation, and strain BJCA001 had no mutations in Erg11, indicating the import of strain BJCA003 from out of Beijing. Importantly, these differences of mutation in Erg11 potentially provide an explanation for the notable variations in drug-resistance of *C. auris*.

The patient was initially treated with fluconazole because of *Candida* infection. This medication was given up as soon as the patient was admitted to our hospital due to a lack of response. *C. auris* BJCA003 was shown to be resistant to fluconazole after patient's death. Therefore, an early identification of the specific *C. auris* variant, and administration of an affective antifungal agent(s) is essential. Unfortunately, accurate identification of *C. auris* infection in the clinical laboratory is still difficult due to misidentification as other fungal species.²² Thus, there is a pressing need for rapid and accurate identification devices and methods for *C. auris*.

Candida species have multiple cellular morphologies.^{23,24} Reversible morphological changes of Candida albicans are associated with virulence.^{25,26} Similarly, C. auris also have multiple colony and cellular morphologies including the yeast, filamentous, aggregated, and elongated forms.²⁷ In our case, the strain exhibits different cellular morphologies when grown on different media. It was oval on Sabouraud and blood agar, while it was round on China blue agar and CHROMagar Candida. This strain may also undergo reversible transitions when culture conditions changed. Taken together, more attention should be paid on C. auris in Chinese hospitals.

Conclusion

The novel *C. auris* (strain BJCA003) is very different from other strains reported in mainland China. First, it belongs to the South Asian clade and carries the Y132F mutation in Erg11; moreover, it is resistant to antifungal drugs of fluconazole and amphotericin B, making it more difficult for accurate identification and effective treatment. Therefore, Chinese hospitals have encountered more challenges in the prevention and treatment of *C. auris* infection.

Abbreviations

C. auris, Candida auris; HGB, hemoglobin; PLT, platelet; CRP, C-reactive protein; PCT, procalcitonin; BDG, (1–3)-beta-D-glucan.

Data Sharing Statement

The raw sequencing data and the assembled genome can be accessed in the NCBI Sequence Read Archives (SRA) and GenBank under BioProject accession number PRJNA867138.

Ethics Approval and Consent to Participate

This study has been approved by IRB of Dongfang Hospital Beijing University of Chinese Medicine with the reference number of JDF-IRB-2022000101.

Consent for Publication

Written informed consent to the patient to this study was provided by the patient next of kin.

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Author Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

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Disclosure

The authors declare that they have no competing interests in this work.

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