


Phenotype–Genotype Correlations and Distribution of Key Virulence Factors in *Enterococcus faecalis* Isolated from Patients with Urinary Tract Infections

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Background and Objective: *Enterococcus faecalis* can cause different nosocomial infections, especially urinary tract infection (UTI). Pathogenicity of *E. faecalis* is driven by various virulence factors; however, no specific genetic pattern is restricted to a particular type of infection. The current study aimed to investigate the correlation between different virulence factors in *E. faecalis* clinical isolates causing UTIs.

Methods: We phenotypically analyzed 60 urinary isolates, identified as *E. faecalis*, for biofilm formation, gelatinase, protease and hemolytic activities by Crystal Violet assay, gelatin hydrolysis, casein hydrolysis and blood agar hemolysis assays, respectively. Additionally, we detected different genes associated with species identification, virulence phenotypes, adherence and quorum sensing by the polymerase chain reaction (PCR). The detected genes included D-alanine-D-alanine ligase (*ddl*), cytolysin (*cyl*), gelatinase (*gelE*), serine protease (*sprE*), faecal streptococci regulator locus genes (*fsrA*, *fsrB*, *fsrC*), pili (*pil*), adhesin to collagen of *E. faecalis* (*ace*) and aggregation substance (*agg*).

Results: All isolates formed biofilms, mostly with strong to moderate ability. Although *gelE* was detected in 87% of the isolates, only 22% of the isolates had gelatinase activity. Similar phenotype–genotype incongruities were observed with hemolysis and casein hydrolysis activities, as the isolates that expressed these two phenotypes were fewer than those carrying the genes encoding them.

Conclusion: A clear variability in virulence gene distribution among the isolates was observed, and no particular pattern was associated with UTI. Whereas all isolates carried at least *ace* and *pil*, whose products are involved in adherence, which is a virulence phenotype that is required for urinary colonization, six isolates carried the entire set of investigated genes. Statistical analysis of the results suggests *cyl* as a biomarker for hemolytic activity, *fsrB* as a diagnostic biomarker for the gelatinase activity, and *gelE-sprE* as predictors for biofilm formation strength in *E. faecalis*.

Keywords: enterococci, urinary tract infections, biofilm formation, gelatinase, quorum sensing, statistical association

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Introduction

Enterococci are Gram-positive, facultative anaerobic organisms that can be seen under the microscope as single, pairs or short chains of cocci.¹ Although they are members of the gastrointestinal microbiota,² enterococci are opportunistic

pathogens, with several strains capable of causing community- and hospital-acquired infections, notably in immunocompromised hosts. Infections caused by enterococci include endocarditis, bacteremia and urinary tract infections (UTIs).³ Among many species identified, *E. faecalis* and *E. faecium* are the most common species capable of causing infection and posing a threat of antimicrobial resistance, with *E. faecalis* accounting for the majority of infections.^{4,5}

The first crucial step in *E. faecalis* pathogenesis is the adherence to host tissues, especially UTIs.⁴ Virulence factors associated with adherence include an aggregation substance (Agg), a surface protein expressed in response to pheromone induction that mediates the adherence of *E. faecalis* to renal epithelial cells.⁶ Another surface protein that facilitates the bacterial adherence to collagen is the adhesin to collagen of *E. faecalis* (Ace).⁷ Both Agg and Ace play a critical role in adherence to and colonization of host tissues.⁸

E. faecalis is also capable of attaching irreversibly to biotic and abiotic surfaces, forming biofilms.⁹ These biofilms were shown to confer additional antibiotic resistance to the bacteria, as opposed to planktonic cells, which are more exposed and vulnerable to antibiotic therapy.¹⁰

In addition to adherence, *E. faecalis* secrete virulence factors that contribute to the severity of their infection. Cytolysin, a secreted toxin expressed in response to pheromones, contributes to the pathogenicity of *E. faecalis* by causing blood hemolysis.¹¹

A gelatinase enzyme (GelE), as well as a serine protease (SprE), hydrolyze gelatin and casein, respectively.¹² The ability of gelatinase to damage host tissues plays an important role in spreading of enterococci in their host.¹³ Gelatinase is also important for biofilm formation. Hancock and Perego demonstrated that gelatinase promotes the aggregation of the cells in microcolonies, which constitutes the initial step of biofilm formation.¹⁴

A major quorum sensing system in *E. faecalis*, the Fsr regulator locus, is encoded by *fsrA*, *fsrB* and *fsrC* genes, which regulate the expression of both gelatinase and serine protease.¹⁵ The Fsr quorum-sensing system controls biofilm development through regulating the production of gelatinase.¹⁴

E. faecalis is now emerging as a serious cause of both hospital- and community-acquired UTIs,^{16,17} which can lead to serious, fatal complications like bacteremia.¹⁶ While no particular set of genes has been proposed to be associated with UTIs, no systematic investigation of phenotype-genotype concordance has been established for

this clinically important type of infection. Guided by a prior study¹⁸ on enterococci isolated from various tissues, we launched the current study to phenotypically and genotypically investigate and correlate virulence factors, such as biofilm formation, gelatin and casein hydrolysis, as well as blood hemolysis, in *E. faecalis* clinical isolates from patients with community-acquired UTIs in Egypt.

Materials and Methods

Bacterial Isolates and Culture Media

Sixty *Enterococcus faecalis* isolates were obtained from Egyptian clinical laboratories in the period from 2018 to 2019, and they had been pre-collected from non-hospitalized patients with community-acquired UTIs and biobanked afterwards.

The bacteria were isolated by the streak-plate method on Enterococcosel agar (BD, USA). Identification to genus level was performed by Gram stain, and biochemical tests, eg, catalase and 6.5% NaCl tolerance tests. Surface streaking of the isolates on Chromogenic UTI agar (Oxoid, UK) was also confirmatory of enterococcal identity. Identification to species level was done by PCR with specific primers amplifying the *ddl* gene of *E. faecalis* ATCC29212 was used as reference strain (positive control).

Phenotypic Detection of Virulence Factors

Biofilm Assay

Biofilm formation was assessed by the Crystal Violet assay according to well-established methods,¹⁹ with some modifications. Trypticase Soy Broth (TSB from Oxoid, UK), containing 0.5% glucose, was inoculated with the overnight cultures, and the culture density was adjusted to be equivalent to 0.5 McFarland by spectrophotometry (Unicam, UK). Cultures with the adjusted concentrations were diluted again with TSB containing 0.5% glucose.²⁰ Sterile flat-bottom 96 well microtiter plates (Greiner CELLSTAR) were inoculated with 200 μ L of the diluted cultures aseptically, and each isolate was added in triplicate wells. Negative controls of TSB containing 0.5% glucose alone were also included. The contents of the plates were discarded after overnight incubation, and the wells were washed with saline three times and left to dry. Methanol was used to fix the adherent cells. Fixed adherent cells were stained with 1% (W/V) Crystal Violet for 15 minutes; excess stain was removed by washing; and plates

were left to dry. Crystal Violet bound with the adherent cells was re-dissolved in glacial acetic acid. The optical density (OD) was measured at 545 nm in a plate reader (Biotek, USA), and the median of three readings was taken. The strength of biofilm was classified according to the OD readings (Table 1).²¹

Gelatinase Activity

The gelatinase activity of each isolate was determined by the method of Su and colleagues,²² with the following modification: Gelatin media was prepared by the addition of 3% gelatin powder (HiMedia, India) to Brain Heart Infusion (BHI) agar (Oxoid, UK). Isolates were streaked on gelatin plates, incubated at 37° C, and, after incubation, Frazier solution was added to the plates. The formation of transparent halo zone around the colonies upon addition of Frazier solution indicated the presence of gelatinase activity.^{18,22,23}

Protease Activity

The protease activity of the isolates was assessed by the casein hydrolysis assay. Casein hydrolysis was evaluated by cultivation of the isolates on BHI agar containing 1.5% (w/v) skimmed milk. The formation of a transparent zone around the colonies after incubation indicated protease activity.^{24,25}

Hemolytic Activity

The hemolytic activity was assessed by cultivation of the isolates on blood agar base (Oxoid, UK) supplemented with 5% defibrinated blood. A clear zone around the colonies, observed after 24-hour incubation at 37 °C, indicated hemolytic activity.^{26,27}

Genotypic Detection of Virulence Factors

Screening for *ddl* gene for species identification²⁸ and virulence genes, including *gelE*, *sprE*, *fsrA*, *fsrB*, *fsrC*, *pil*, *ace*, *agg*, and *cyl*, was carried out by PCR, as previously detailed.¹⁸ Bacterial DNA was extracted

from each isolate by boiling a few colonies in TRIS-EDTA buffer. Reaction mixtures consisted of 0.25 µg extracted DNA, 1.5 mM MgCl₂, 10 pM of each primer (Table 2), 200 µM of each deoxyribonucleotide and 0.5 U Taq polymerase (Qiagen, Germany).²⁹ PCR amplification was performed in a SensoQuest (Germany) thermocycler. The amplification conditions were: an initial denaturation step at 95 °C for 2 minutes, followed by 30 cycles of denaturation at 95°C for 30 seconds, annealing for 30 seconds at different temperatures according to the primers used, extension at 72°C for 30 seconds. The reaction was concluded by a final extension step at 72 °C for 5 minutes. PCR products were analyzed by gel electrophoresis and visualized under UV light.¹⁸

Statistical Analysis

Parametric data were analyzed for significance by Student's *t*-test, and *p* values ≤0.05 were considered statistically significant. Non-parametric data were analyzed by Kruskal–Wallis test or Wilcoxon test, depending on the number of variables. Correlations, Chi-square, and Fisher's Exact tests were performed in R (URL: <https://www.r-project.org/>). In most instances, presence and absence values were converted into pseudonumeric variables (with 1 and 0) to compute Pearson correlation coefficients and create a correlation matrix. Specific R packages that were used in statistical analysis or data visualization are *corrplot* and *beanplot*.

Results

Bacterial Isolates

The 60 isolates identified as *E. faecalis* showed characteristic brownish-black colonies, when streaked on Enterococcosel agar, and blue colonies upon cultivation on Chromogenic UTI agar.

Table 1 Classification of Biofilm Strength According to O.D. Measurements

Cut-off Value Calculation	Median ^b of O.D. Values	Biofilm Strength
O.D. ≤ O.D.c ^a	O.D. ≤ 0.065	None
O.D.c < O.D. ≤ 2x O.D.c	0.065 < O.D. ≤ 0.13	Weak
2x O.D.c < O.D. ≤ 4x O.D.c	0.13 < O.D. ≤ 0.26	Moderate
O.D. > 4x O.D.c	OD > 0.26	Strong

Notes: ^aO.D.c is the O.D. of the negative control; ^bBecause the assay was performed in triplicates, and because some cases had outliers, the median—rather than the mean—was used; however, the biofilm strength classification was not affected by whether the mean or median was used, except in one sample, EU42, whose assay triplicates were on both side of the moderate-strong threshold (Figure 1A), and had the highest coefficient of variation (69%).

Table 2 List of Primers Pairs Used in the Current Study

Gene	Forward Primer	Reverse Primer	Product Size (bp)	Reference
<i>ddl</i>	ATCAAGTACAGTTAGTCTTTA	AACGATTCAAAGCTAACT	942	[28]
<i>agg</i>	TCTTGGACACGACCCATGAT	AGAAAGAACATCACCACGAGC	413	[18]
<i>fsrA</i>	CGTTCCGTCTCTCATAGTTA	GCAGGATTTGAGGTTGCTAA	474	[18]
<i>fsrB</i>	TAATCTAGGCTTAGTTCCAC	CTAAATGGCTCTGTCGTCTAG	428	[18]
<i>fsrC</i>	GTGTTTTTGATTCGCCAGAGA	TATAACAATCCCCAACCGTG	716	[18]
<i>gelE</i>	GGTGAAGAAGTTACTCTGAC	GGTATTGAGTTATGAGGGGC	704	[18]
<i>sprE</i>	CTGAGGACAGAAGACAAGAAG	GGTTTTTCTCACCTGGATAG	432	[18]
<i>ace</i>	GAATGACCGAGAACGATGGC	CTTGATGTTGGCCTGCTTCC	615	[18]
<i>pil</i>	GAAGAAACCAAGCACCTAC	CTACCTAAGAAAAGAAACGCG	620	[18]
<i>cyl</i>	TGGCGGTATTTTACTGGAG	TGAATCGCTCCATTTCTTC	186	This study

Diversity of Virulence Phenotypes Among Enterococcal Isolates

The Crystal Violet assay showed that all the isolates formed biofilm, but with different strengths. Out of the 60 isolates evaluated for biofilm formation capacity (Figure 1A), 37 isolates (62%) could form strong biofilm; 15 isolates (25%) formed moderate biofilm and eight isolates (13%) formed weak biofilm (Figure 1B and C). One isolate (designated as Eu42) was excluded from downstream analysis because its biofilm assay readings had a larger spread, spanning the moderate/strong threshold (Figure 1A).

Phenotypic detection of gelatinase activity indicated that 13 isolates were gelatinase positive (22%). Protease activity, evaluated by casein hydrolysis, revealed that 34 of the isolates were protease positive (57%). Hemolytic activity, detected by complete hemolysis of blood agar (Beta hemolysis), showed that 20 isolates (33%) were hemolytic (Table S1, Figure 2A and B).

Distribution of Virulence Genes Among Isolates

Molecular screening for a set of nine virulence genes, encoding different virulence phenotypes, revealed that *ace* and *pil* were present in all the isolates, *gelE* and *sprE* in 87%, *agg* in 67%, *cyl* in 45%, *fsrA* in 42%, *fsrB* in 28% and *fsrC* in 48% of the isolates (Table S1 and Figure 2). In other words, isolates harbored at least two of the screened genes, with the majority harboring between five and seven genes, while six isolates harbored all nine screened genes (Table S1 and Figure 2A).

Combining the detected phenotypes and the selected set of corresponding genotypes allowed dividing the isolates into different patterns or clusters (Figure 2A), highlighting their diversity and demonstrating the well-

established notion in molecular pathogenesis that genotypically diverse isolates may cause similar phenotypes and lead to similar diseases.

Phenotype–Genotype Correlations

To investigate phenotype–genotype correlations among the isolates, at different levels, we statistically analyzed all screened phenotypes and genotypes against one another, with different tests for associations [Chi-square (Table S2) and Fisher's Exact test (Table S3) for dependence among count data, as well as Pearson's correlation analysis of the presence/absence data of all assays (Figure 3)].

Among the interesting investigated associations were those between virulence phenotypes and the genes known to encode them. The strongest phenotype–genotype congruence was found between hemolytic activity and the cytolytic-encoding *cyl* gene. Even though only 20 out of 27 *cyl*-positive isolates were hemolytic (Table 3), a strong statistically significant dependence was found between hemolysis and *cyl* (Chi-square p -value = 7×10^{-9} and Fisher's Test p -value = 2×10^{-10}). The correlation coefficient between hemolysis and *cyl* was 0.78 (Figure 3).

Biofilm strength was slightly correlated with the *sprE* and *gelE* genes (Pearson's coefficient = 0.34, Figure 3), and their association was statistically significant (Chi-square $p=0.0053$; Fisher's exact test $p=0.011$). Association between gelatinase activity and *fsrA*, *fsrB* and *fsrC* was statistically significant (Chi-square $p=0.00001$, $p=5 \times 10^{-8}$ and $p=0.0011$, respectively, Table 4), but the strongest predictor of this activity was the detection of both *fsrA* and *fsrB* in a given isolate (Chi-square $p=2 \times 10^{-8}$ and a correlation coefficient of 0.73, Figure 3). Association between protease activity (caseinase assay) and *sprE* and *gelE* was significant (Chi-square $p=0.0201$), and the association between blood hemolysis and

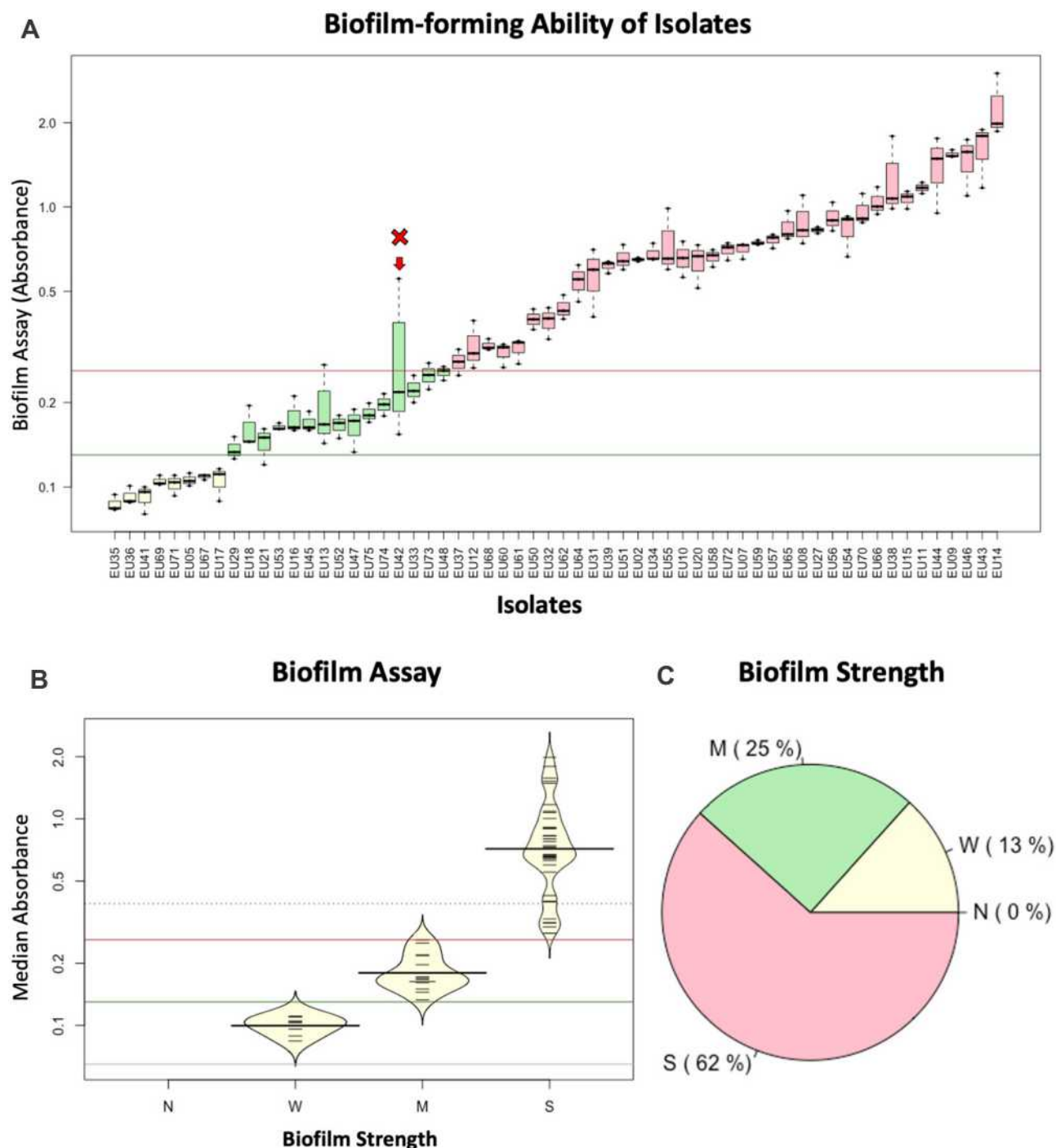


Figure 1 Biofilm-forming activity of all enterococcal isolates. **(A)** Boxplots showing the results of the Crystal Violet assay, measured as OD in triplicates. The Y axis represents the actual optical density of each reading, on a log scale. Isolate “EU42” is indicated by an arrow because its interquartile range spans the moderate-strong biofilm-formation threshold, which led to its exclusion from further analysis. **(B)** Beanplots indicating the distinction of the isolates according to their biofilm assay into weak, moderate, and strong-biofilm formers. Horizontal lines in **(A)** and **(B)** represent the thresholds for biofilm strength classification (Table 1): brick red (threshold for “strong” designation; dark green: threshold for “moderate” designation; gray: threshold for “weak” designation). **(C)** Pie chart for the proportion of isolates with different strengths of biofilm formation.

agg was marginally significant (Fisher’s Exact test $p = 0.0436$, while Chi-square $p = 0.0658$).

Overall, the correlation between all possible pairs of biologically significant phenotypes and biomarker

genes (detected by PCR) was represented as a correlation plot, highlighting the above significant associations, as well as others that are more subtle (Figure 3).

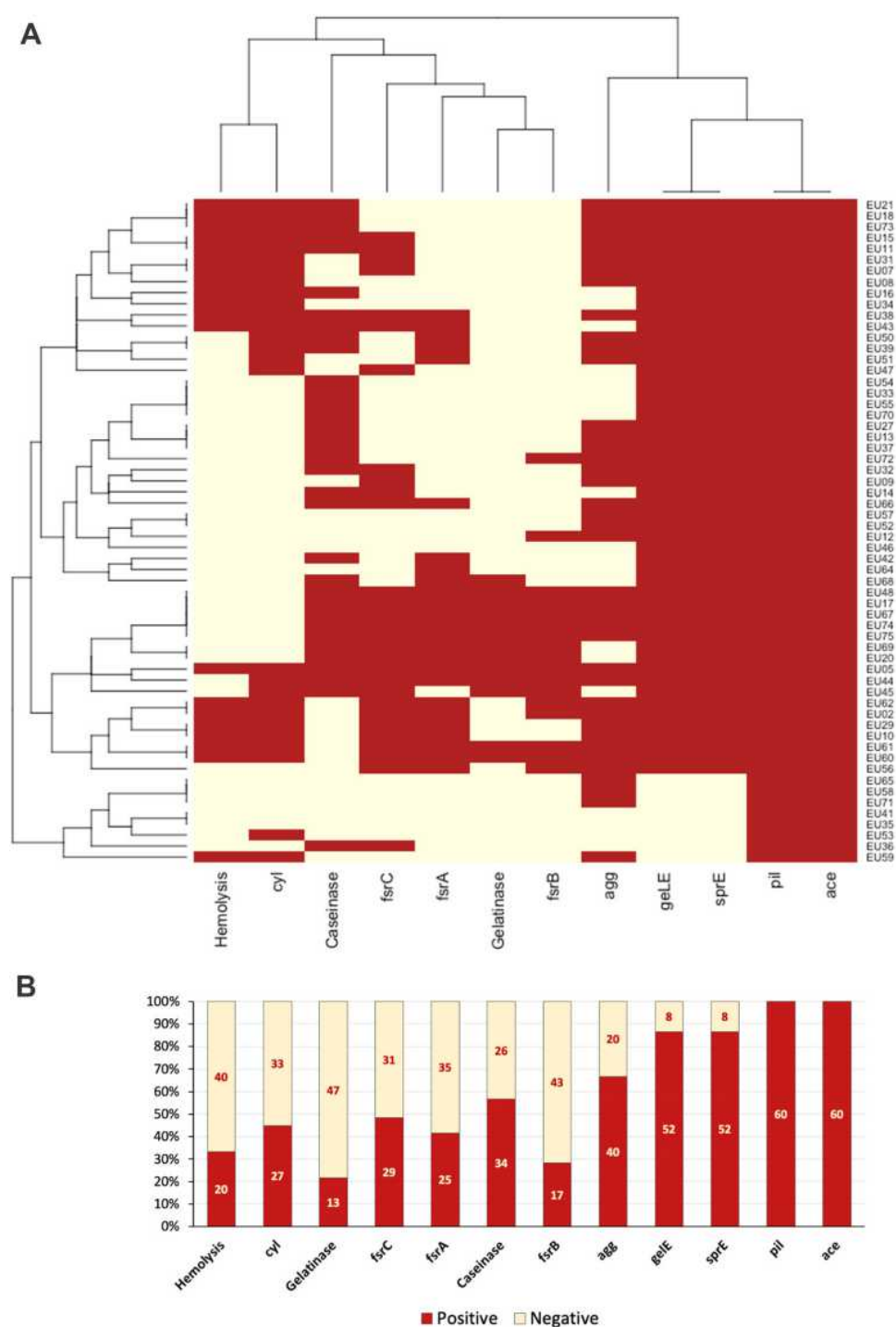


Figure 2 Distribution of screened virulence phenotypes and genotypes among the isolates. **(A)** Clustering of the isolate and different phenotypic and genotypic markers. Brick red: present (positive assay or PCR-detected gene); light yellow: negative assay or (PCR-negative gene). **(B)** A stacked bar plot indicating the numbers and proportion of positive and negative virulence phenotypes and genotypes. The measured virulence factors are in the order of clustering in 1A.

Discussion

Enterococci, especially *E. faecalis*, are important nosocomial pathogens and are among the leading causes of antimicrobial-resistant UTI.^{1,30} The pathogenicity of

E. faecalis is associated with different virulence factors that facilitate adherence and invasiveness.² The aim of the current study was to evaluate the presence of different virulence factor genes, as well as their encoded

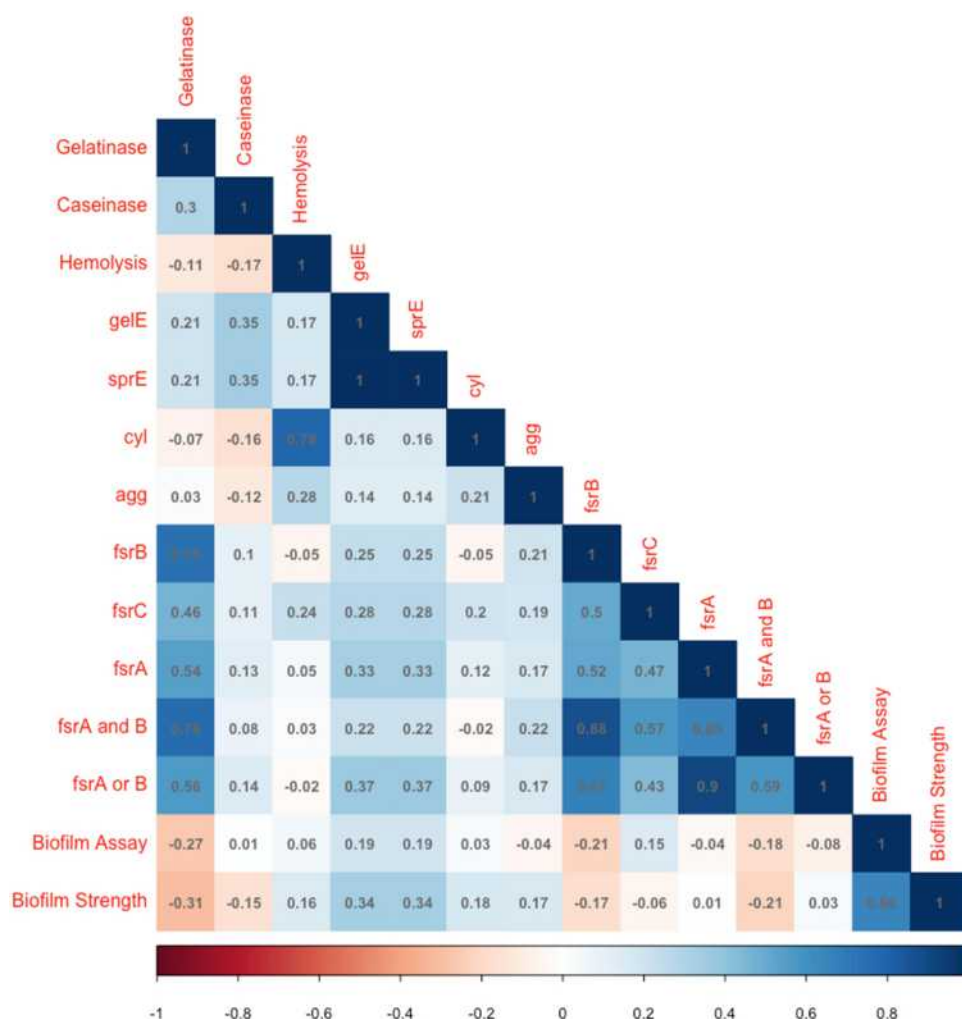


Figure 3 A correlation matrix of major phenotypes and selected set of genotypes measured in this study. The color represents Pearson's correlation coefficient, and its intensity represents the coefficient's value (Shades of blue are positive correlations and shades of orange-brown are negative correlations).

phenotypes, among community-acquired enterococcal clinical isolates causing UTI and to predict the possible correlations between them.

The Identification of enterococci to the species level is important for establishing such correlation, for determining their antimicrobial susceptibility, and consequently for providing the proper treatment.¹ To confirm the identity of *E. faecalis*, we resorted to a PCR assay detecting internal fragments of the gene encoding D-alanine-D-alanine ligase, *ddl*, as this gene was described to be diagnostic and to differentiate the two major clinically important species *E. faecalis* and *E. faecium*.²⁸

Biofilms are key factors for the pathogenicity of UTIs, since they enhance the crucial step of adherence, which protects the bacteria from being flushed by urine.³¹ In the present study, all the isolates were capable of forming a biofilm, and most of them had the ability to form strong

to moderate biofilms. This result is in agreement with the work of Seno et al who found that all the enterococcal isolates collected from patients with UTI in Okayama University Hospital could form biofilm.³² The high frequency of biofilm formation is also consistent with other studies.^{33–36}

In the current study, biofilm formation strength was significantly associated with the presence of *gelE* and *sprE* genes. Hancock and Perego,¹⁴ as well as others,^{33,37} reported earlier the importance of *gelE* for biofilm formation. On the other hand, Kafil and Mobarez³⁰ and Kart and Kuştimur³⁸ concluded that *gelE* gene presence had no effect on biofilm formation.

In the current study, the *gelE* gene was present in 87% of the isolates. High frequency of *gelE* gene in enterococcal isolates from UTI was also reported in the other studies.^{30,39,40} Despite this high frequency of detection of *gelE*, only 22% of the isolates expressed a phenotypic

Table 3 Genotype–Phenotype Correlations

Genes Significantly Associated with Hemolytic Activity						
Genotype Phenotype	<i>cyl</i> +	<i>cyl</i> –	Total	<i>agg</i> +	<i>agg</i> –	Total
Hemolytic activity +	20	0	20	17	3	20
Hemolytic activity –	7	33	40	23	17	40
Total	27	33	60	40	20	60
	Chi-square $p = 7 \times 10^{-9}$			Chi-square $p = 0.0658$		
	Fisher's Exact test $p = 2 \times 10^{-10}$			Fisher's Exact test $p = 0.0436$		
Phenotypes Associated with <i>gelE/sprE</i>						
Genotype Phenotype	<i>gelE</i> +	<i>gelE</i> –	Total	<i>sprE</i> +	<i>sprE</i> –	Total
Biofilm strength						
Strong	35	3	37	34	3	37
Moderate	12	1	14	12	1	14
Weak	5	4	9	4	4	9
Total	52	8	60	52	8	60
	Chi-square $p=0.005$			Chi-square $p=0.005$		
	Fisher's Exact test $p = 0.13$			Fisher's Exact test $p= 0.011$		
Caseinase +	33	1	34	33	1	34
Caseinase –	19	7	26	19	7	26
Total	52	8	60	52	8	60
	Chi-square $P = 0.0201$			Chi-square $P = 0.0201$		
	Fisher's Exact test $p= 0.0164$			Fisher's Exact test $p= 0.0164$		

Table 4 Variable Effects of *fsr* Genes on Gelatinase Activity

	<i>fsrA</i> + ^a	<i>fsrA</i> – ^a	Total	<i>fsrB</i> + ^a	<i>fsrB</i> – ^a	Total	<i>fsrC</i> + ^a	<i>fsrC</i> – ^a	Total
Gelatinase +ve	12	1	13	12	1	13	12	1	13
Gelatinase -ve	13	34	47	5	42	47	17	30	47
Total	25	35	60	17	43	60	29	31	60
Chi-square $p = 0.00011$ Fisher's Exact test $p = 4 \times 10^{-5}$			Chi-square $p = 5.453 \times 10^{-8}$ Fisher's Exact test $p = 5 \times 10^{-8}$			Chi-square $p = 0.00107$ Fisher's Exact test $p = 0.0004$			

Note: ^aThese positive and negative signs reflect gene presence and absence (respectively), as determined by PCR.

gelatinase activity, consistent with prior findings.^{18,41} Other studies stated that expression of *gelE* is regulated by the *fsr* locus and does not merely depend on *gelE*,^{15,42} which is congruent with our findings here, as a significant and strong correlation between the presence of *fsrA*, *fsrB*,

fsrC and the gelatinase activity was found. As in prior work from our laboratory,¹⁸ *fsrA* or *fsrB* can be a sufficient biomarker for gelatinase activity; however, *fsrB* remains the single strongest predictor (Figure 3 and Table 4) of that activity.

The ability of *E. faecalis* to adhere to extracellular matrix proteins plays an important role in its pathogenesis.² The cell surface protein, Ace, is one of the microbial surface components recognizing adhesive matrix molecules (MSCRAMM) family that mediates the binding of *E. faecalis* to a certain type I collagen.⁴³ All the isolates in the current study harbored the *ace* gene, and such high frequency in isolates from UTI was reported in other studies.^{30,33} Another factor associated with adherence is pili. Nallapareddy and colleagues reported that enterococci produce pili on their surface that help in bacterial adherence to host tissues and formation of biofilm.⁴⁴ Here, the *pil* gene was present in all the isolates.

Aggregation substance on the bacterial surface helps bacteria to form large aggregates, a process believed to play a role in *E. faecalis* pathogenesis by facilitating the transfer of genetic material.^{2,45} High frequency of *agg* (67%) was observed in the current study, agreeing with Seno et al's work (82.7% frequency in UTI samples).³² Of note, Kafil and Mobarez reported low frequency of *agg* gene in their enterococcal isolates from UTI.³⁰ Here we showed that *agg* was only significantly associated with the hemolysis phenotype, albeit this association was marginally significant (Fisher Exact test's $p = 0.043$, but Chi-squared p value was 0.065)—a result consistent with Chow et al's work on an enterococcal endocarditis model.⁴⁶ The *agg* gene was neither associated with biofilm formation nor protease activities (Tables 3, S2 and S3). This finding may clarify the discrepant frequencies of this gene among UTI-isolated *E. faecalis*, as the gene does not seem to be associated with adhesion or biofilm formation, which are among the crucial virulence phenotypes for bacterial survival in the urinary tract. Moreover, Shankar and colleagues showed that the *agg* gene and cytolysin operon were clustered together on one pathogenicity island;⁴⁷ yet, in our work, their presence was not strongly correlated (Figure 3) nor statistically significantly associated (Tables S2 and S3).

Cytolysin is the toxin to which hemolysis has been primarily attributed. Although the *cyl* gene was present in 54% of the isolates, only 33% of them showed blood hemolysis. However, this phenotype–genotype association was strongly statistically significant, as *cyl* is a strong predictor of the activity; yet the gene obviously has to be expressed. Absence of blood hemolysis despite the presence of *cyl* was reported in other studies.^{48,49} Cytolysin expression was also found to be associated with increasing severity of infection.⁵⁰

Of note, previous studies^{18,33,51} have analyzed virulence factor correlations in enterococci, in particular *E. faecalis*, isolated from Egyptian patients; however, the specificity of this work is that it solely focuses on *E. faecalis* samples from UTIs and that it calculates statistical associations between virulence genotypes and phenotypes, with particular emphasis on biofilm formation and adherence, in this type of clinically important infections.

Nonetheless, the study has a few limitations: The relatively small number of isolates allowed the identification of some statistical correlations, while other correlations could have been resolved with a higher number of isolates. Key virulence phenotypes were only tested in vitro, and the analysis was limited to UTIs to avoid redundancy with similar studies from the same geographical area.^{18,33,51}

Future studies will address the current limitations and expand the study scope: As more specimens become available, the statistical will be revisited and extended to re-examine findings with marginal or low significance. Additionally, an in vivo model, eg, the wax moth *Galleria mellonella*, represents an attractive, affordable model for enterococcal virulence that can be used to bolster in vitro findings. Finally, whole-genome sequencing will allow more comprehensive, systems-level analysis of the virulence potential of the isolates (virulome analysis) as well as a comprehensive analysis of their resistance potential (resistome analysis).

Conclusion

The present study confirms the importance of adherence as an essential phenotype that characterizes enterococcal clinical isolates causing UTI, since all the isolates could form a biofilm. Although the strength of formed biofilms varied among the isolates, the majority formed moderate to strong biofilms in vitro. Besides biofilm formation, the isolates were also equipped with secreted toxins like proteases and cytolysin. Genotypic detection of virulence genes revealed a variable distribution of virulence genes among isolates, except for *ace* and *pil* genes, which are believed to contribute to the adherence of *E. faecalis*. Molecular detection of virulence genes also showed significant correlations between the presence of *gelE* and *sprE* genes and the strength of biofilm formed, and between *fsrB* and gelatinase activity, but confirmed prior findings that the presence of *gelE* is not sufficient to predict gelatinase activity, whereas the quorum sensing *Fsr* locus was an important predictor. Taken together,

these results suggest *cyl* as a biomarker for hemolytic activity, *fsrB* as a diagnostic biomarker for the gelatinase activity, and *gelE-sprE* as predictors for biofilm formation strength in *E. faecalis*.

Ethics Approval

The study has been approved by the ethical committees of both Faculty of Pharmacy, BUE and Cairo University. Samples were obtained from clinical laboratories, with no attached patient-identifying information.

Disclosure

The authors declare no financial or personal conflicts of interest related to this work.

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