

A novel role in skeletal segment regeneration of extracellular vesicles released from periodontal-ligament stem cells

Francesca Diomede¹

Marco D'Aurora²

Agnese Gugliandolo³

Ilaria Merciaro¹

Valeria Ettore⁴

Alessia Bramanti^{3,5}

Adriano Piattelli¹

Valentina Gatta²

Emanuela Mazzon³

Antonella Fontana⁴

Oriana Trubiani¹

¹Department of Medical, Oral, and Biotechnological Sciences, University "G. d'Annunzio", Chieti, Italy; ²Department of Psychological, Health, and Territorial Sciences, University "G. d'Annunzio", Chieti, Italy; ³Department of Experimental Neurology, IRCCS Centro Neurolesi "Bonino Pulejo", Messina, Italy; ⁴Department of Pharmacy, University "G. d'Annunzio", Chieti, Italy; ⁵Eduardo Caianiello Institute of Applied Science and Intelligent Systems (ISASI), National Research Council, Messina, Italy

Correspondence: Emanuela Mazzon
IRCCS Centro Neurolesi "Bonino Pulejo", Via Provinciale Palermo, Contrada Casazza, 98124 Messina ME, Italy
Tel +39 90 6012 8172
Fax +39 90 6012 8108
Email emazzon.irccs@gmail.com

Purpose: The combination of oral derived stem cells and 3-D scaffolds is considered advantageous in bone repair. In particular, collagen membranes possess ideal biological properties and can support infiltration and proliferation of osteoblasts, promoting bone regeneration. Our study aimed to develop a new biocompatible osteogenic construct composed of a commercially available collagen membrane (Evolution [Evo]), human periodontal-ligament stem cells (hPDLSCs) enriched with extracellular vesicles (EVs), or polyethylenimine (PEI)-engineered EVs (PEI-EVs).

Methods: Osteogenic ability and expression of osteogenic genes were evaluated in vitro in hPDLSCs cultured with or without Evo, with Evo and EVs, or PEI-EVs. In addition, the bone-regeneration capacity of Evo, Evo enriched with hPDLSCs, Evo enriched with hPDLSCs and EVs/PEI-EVs was investigated in rats subjected to calvarial defects.

Results: Our results showed that Evo enriched with EVs and PEI-EVs showed high biocompatibility and osteogenic properties in vitro and in vivo. In addition, quantitative reverse-transcription polymerase chain reaction demonstrated the upregulation of osteogenic genes, such as *TGFBI*, *MMP8*, *TUFT1*, *TFIP11*, *BMP2*, and *BMP4*, in the presence of PEI-EVs. Upregulation of BMP2/4 was confirmed for Evo enriched with PEI-EVs and hPDLSCs both in vitro by Western blot and in vivo by immunofluorescence.

Conclusion: Our results indicated that Evo enriched with hPDLSCs and PEI-EVs is able to promote a bone-regeneration process for the treatment of calvarium and ossification defects caused by accidental or surgery trauma. In particular, PEI-EVs had a significant role in activation of the osteogenic process.

Keywords: human periodontal-ligament stem cells, living construct, extracellular vesicles, bone regeneration, collagen membrane

Introduction

Bone is a specialized, highly dynamic connective tissue, with osteoblasts, osteoclasts, and blood vessels involved in the maintenance of its homeostasis.¹ In bone regeneration, the use of biomaterials is aimed at providing a provisional three-dimensional scaffold and mechanical support to the cells.² An ideal biomaterial should be osteogenic, ie, with the capacity to induce bone-tissue formation, osteoinductive for the possibility to recruit mesenchymal stem cells (MSCs) derived from the host, with bioactive effects on ossification, and osteoconductive, providing a three-dimensional scaffold for the ingrowth of vessels and osteoprogenitor cells. Moreover, it should be biocompatible, resorbable, affordable, and easy to use. In particular, collagen membranes show great biocompatibility and are able to support bone regeneration, and for this reason they

are widely employed for bone-tissue regeneration^{3,4} and to augment deficient alveolar-ridge volume.⁵

The combination of biomaterials and SCs represents a common strategy for bone-tissue-engineering applications. In particular, oral tissue represents an easily accessible source of SCs that can be used in regenerative medicine.⁶ In this study, we focused on human periodontal-ligament stem cells (hPDLSCs), which show (similarly to other MSCs) in vitro proliferative ability and multilineage-differentiation capacity.⁷ Indeed, hPDLSCs have been reported to differentiate into osteogenic, adipogenic, chondrogenic, and neurogenic cell lineages in vitro.^{8,9} Moreover, hPDLSCs have shown the ability to promote the bone-regenerative process in association with different scaffolds.^{10,11} In addition, hPDLSCs exert immunomodulatory¹² and therapeutic effects, which may be mediated at least in part through the release of extracellular vesicles (EVs) that act as paracrine signalers.¹³ Exosomes are small well-defined vesicles, ie, phospholipidic membrane-enclosed entities containing cytokines, proteins, lipids, and nucleic acids, such as mRNA and microRNAs. Exosomes derived from MSCs show great potential in different fields of regenerative medicine, ranging from neural to skeletal regeneration.^{14,15} A study in vitro demonstrated that EVs derived from bone-marrow MSCs (BMSCs) were able to enter the osteoblast and positively regulate osteoblastic differentiation.¹⁶ In line with this result and also in vivo studies, EVs derived from different types of MSCs, including BMSCs and embryonic MSCs, have been reported to facilitate the processes of fracture healing, osteochondral regeneration, and calvarial bone-defect repair.^{16–18}

With the aim of improving scaffold performance, we enriched it with SCs and EVs or engineered EVs to evaluate the bone-regenerative properties of these biocomplexes. For the engineering of EVs, polyethylenimine (PEI) was used. PEI is a synthetic polymer with high cationic charge density, due to the presence of protonatable amino groups.¹⁹ PEI is widely used to deliver DNA molecules²⁰ and small oligonucleotides,^{19,21–23} both in vitro and in vivo. In particular, in vitro data demonstrate low toxicity and high biological activity for PEI.²⁴ This effect is likely due to PEI capacity to form noncovalent complexes with the DNA, which can be efficiently taken up by cells through endocytosis.²⁴ Another important capability of PEI is its ability to induce the intracellular release of PEI–nucleic acid complexes from endosomes, thanks to the induction of osmotic swelling (ie, proton-sponge effect) that causes the burst of endosomes without the need for an additional endosomolytic agent.²⁵ Therefore the engineering of EVs (PEI-EVs), obtained by noncovalently coating vesicles with PEI, should promote the release of EV content into cells.

The aim of this study was to investigate the properties of collagen membrane-engineered scaffolds enriched with hPDLSCs and EVs or with hPDLSCs and PEI-EVs in bone regeneration through in vitro and in vivo evaluations. We evaluated the ability of the different scaffolds to induce osteogenic differentiation and modulate the expression of genes involved in bone processes in vitro and induce bone regeneration in vivo in rats subjected to calvarial defects. Especially, we were interested in comparing the therapeutic potential of EVs and PEI-EVs, in order to assess their contribution to bone regeneration. The final purpose of this study was the development of a new biocompatible and osteogenic construct useful for bone repair, especially of calvarial defects. To our knowledge, this is the first study to evaluate the bone-regenerative capacity of these constructs formed by collagen-membrane scaffolds enriched with hPDLSCs and EVs or PEI-EVs.

Materials and methods

Scaffold material

The Evolution (Evo; TecnoDental, Giaveno, Italy) membrane is a high-consistency dense collagen fiber derived from equine mesenchymal tissue. It shows up as a sterile dried membrane with smooth and microrough sides (Figure S1A and B). The major characteristics of this material are its maximum adaptability to hard and soft tissue, easy and secure suturability of nearby tissue, ample stability, and sufficient protection of underlying grafts. Indicated mainly for surgical procedures, Evo can also be used as a drug carrier. Sterile scissors were used to obtain the desired piece size. Evo membrane pieces were washed with sterile PBS (LiStarFish, Milan, Italy) to rehydrate the material before use.

hPDLSCs ex vivo patient ethics statement

Written approval for the hPDLSCs collection performed in this study was obtained from the medical ethics committee at the Medical School, University “G. d’Annunzio”, Chieti, Italy (266/17.04.14). Written informed consent for clinical research and for processing of personal data was obtained from all subjects before sample collection. The Department of Medical, Oral, and Biotechnological Sciences, University “G. d’Annunzio”, and the Laboratory of Stem Cells and Regenerative Medicine, University “G. d’Annunzio”, are certified according to the quality standard ISO 9001:2008 RINA (certificate 32031/15/S).

In vitro analysis

Cell culture

Five persons, either patients for orthodontic purposes or healthy volunteers, were selected for tooth removal.

Cells were collected as previously described by Diomedea et al.²⁶ Subsequently, cells were cultivated using the nonchemically defined MSCGM-CD BulletKit medium (Lonza, Basel, Switzerland), which was changed twice a week, to allow the growth of human MSCs and minimize exposure to nonhuman substances.²⁷ hPDLSC control cells are shown in Figure S1D.

hPDLSC cytofluorometric characterization

Flow-cytometry analysis was performed on hPDLSCs at second passage as previously described by Rajan et al.²⁸ Data were analyzed using FlowJo (Ashland, OR, USA) software.

Morphological analysis of hPDLSCs

To evaluate plastic adherent ability, hPDLSCs at P2 were fixed with 2.5% glutaraldehyde in 0.1 M cacodylate buffer (pH 7.4) for 2 hours, subsequently stained with toluidine blue and observed by light microscopy (DMIL; Leica Microsystems, Wetzlar, Germany).

Mesengenic differentiation ability of hPDLSCs

To assay the ability of hPDLSCs to differentiate into mesengenic lineages, cells were cultured in osteogenic and adipogenic induction/maintenance medium (Lonza). Osteogenic and adipogenic capability was assayed using Alizarin red S and oil red staining as previously described by Ballerini et al.²⁹ and observed by light microscopy.

hPDLSC extracellular vesicle isolation

After 48 hours of incubation, the conditioned medium (CM; 10 mL), was collected from hPDLSCs at second passage. The CM was centrifuged at 3,000 *g* for 15 minutes to eliminate suspension cells and debris. For EV extraction, ExoQuick TC commercial agglutinant (System Biosciences, Palo Alto, CA, USA) was used. Briefly, 2 mL ExoQuick TC was added to 10 mL CM recovered from hPDLSCs. The mix was incubated overnight at 4°C without rotation, one centrifugation step was performed at 1,500 *g* for 30 minutes to sediment the EVs, and pellets were resuspended in 200 μ L PBS. Split into two aliquots, EVs were precipitated, and quantification of whole-homogenate proteins was used as confirmation of the presence of EV release in hPDLSCs.¹³

Engineered EV preparation

EVs were engineered by noncovalently coating EVs with PEI.^{30,31} EV pellets (100 μ L) were resuspended in 2 mL PBS. Branched PEI solution (2 mL, molecular weight 25,000 Da; Sigma-Aldrich, St Louis, MO, USA) in 0.3 M NaCl was added to the EVs suspension in PBS and the

mixture incubated for 20 minutes at room temperature. We tested different concentrations of PEI (0.025, 0.5, 0.1, 0.05, and 5 mg/mL), to find the best compromise between activity and toxicity. Then, the suspension was centrifuged at 4,000 rpm for 15 minutes and the supernatant removed to get rid of the excess PEI. The precipitate was resuspended in 2 mL PBS. The PEI-EV suspension was characterized using dynamic light-scattering experiments and ζ -potential measurements.

To evaluate interaction between the PEI-EVs and hPDLSCs, wheat-germ agglutinin (WGA) Alexa Fluor 488-stained PEI-EVs were analyzed by confocal laser-scanning microscopy (CLSM) after 24 hours of incubation. To evaluate cell viability, hPDLSCs were cultured in the presence of EVs complexed with different concentrations of PEI (0.025, 0.05, 0.1, 0.5, and 5 mg/mL) for 24 hours. Cells were seeded at a density of 10^3 cells/well in triplicate using a 96-well flat-bottom plate and maintained for 24, 48, and 72 hours and 1 week. Trypan blue solution (0.1%) was added to the cell suspension for 3–5 minutes. The number of dead cells and living cells in total cells were then counted.³²

Atomic force-microscopy measurements

To evaluate EVs and PEI-EVs, atomic force-microscopy measurements were performed using a Multimode 8 microscope with NanoScope V controller (Bruker, Billerica, MA, USA). Silicon cantilever and a RTESPA-300 tip (spring constant 40 N/m and resonance frequency 300 Hz) were used in tapping mode. Specimens were prepared by dropping a solution of EVs and PEI-EVs onto an SiO₂ wafer, followed by air-drying at 37°C for 1 hour. Since it was necessary to remove the solvent to perform this analysis, the PEI-EV solution was diluted to reduce PEI-EV tendency to aggregate on the SiO₂ wafer.

Evo, EV, and hPDLSC interaction

To evaluate the capacity of EVs and PEI-EVs to adhere onto Evo membrane, EVs and PEI-EVs were stained with Alexa Fluor 488 and subsequently seeded on the membrane for 24 hours and maintained at 37°C. After 24 hours of incubation, all samples were analyzed with CLSM (LSM800; Carl Zeiss, Jena, Germany).³³

Spontaneous osteogenic differentiation

hPDLSCs at second passage were seeded at 8×10^3 cells/cm² and cultured in MSCGM-CD medium in the presence of Evo, Evo + EVs, and Evo + PEI-EVs. Briefly, sample groups were divided: hPDLSCs, Evo + hPDLSCs, Evo + EVs + hPDLSCs, and Evo + PEI-EVs + hPDLSCs. After 6 weeks,

visualization of calcium deposition and extracellular matrix mineralization was obtained by Alizarin red S staining assay, in accordance with Trubiani et al.³⁴

RNA extraction and TaqMan quantitative real-time polymerase chain reaction

Total RNA was extracted using a RNeasy minikit (Qiagen, Venlo, the Netherlands). A High-Capacity RNA-to-cDNA Kit (Thermo Fisher Scientific, Waltham, MA, USA) was used for reverse transcription of 6 µg RNA from each sample. Quantitative real-time polymerase chain reaction (PCR) was performed on a 96-well TaqMan Array human-osteogenesis kit following the manufacturer's instructions and run on an ABI 7900HT sequencing-detection system (Thermo Fisher Scientific). The array contains 92 assays related to osteogenic differentiation, including transcription and growth factors, and genes involved in the physiological processes of bone and tooth formation, mineralization, and maintenance. Amplification conditions were 10 minutes at 95°C followed by 40 cycles of 15 seconds at 95°C and 1 minute at 60°C. Three independent experiments were run for each condition, for a total of 12 plates. Real-time data were analyzed with DataAssist software (Thermo Fisher Scientific). $\Delta\Delta C_t$ relative global expression analysis was used and GAPDH, 18S, GUSB, and HPRT1 were chosen as selected endogenous controls. Only genes showing a maximum C_t value of 35 and no outliers or replicates were included in the analysis. A gene was considered differentially expressed if showing a fold change >1.2 or <0.7 and a P -value <0.05 . P -values were adjusted using Benjamini–Hochberg false-discovery rate. Ingenuity Pathway Analysis (IPA) software (Ingenuity Systems, Redwood, CA, USA) was employed to infer biological functions and networks for the resulting gene data sets. IPA predicts functional networks based on known gene-function interactions and ranks them by significance.

Western blot analysis

Protein extraction and Western blot were performed as previously reported.^{35,36} BMP2/4 (1:500; Santa Cruz Biotechnology, Dallas, TX, USA) was used as primary antibody. β -Actin (1:750; Santa Cruz Biotechnology) was used to assess uniform protein loading. Bands were analyzed by enhanced luminescence using Alliance 2.7 (Uvitec, Cambridge, UK).

In vivo analysis

Animals

Male Wistar rats, weighing 300–350 g, were used for this experiment. Animals were acquired from Harlan Laboratories

(Indianapolis, IN, USA), housed in individually ventilated cages, and maintained under 12-hour light/dark cycles at $21^\circ\text{C}\pm 1^\circ\text{C}$ and 50%–55% humidity with food and water ad libitum.

Ethics statement for animal use

All animal care, and use, complied with the European Union (EU) guidelines for animal welfare. The study was authorized by the Ministry of Health, Italy (“General direction of animal health and veterinary drugs”, authorization 768/2016-PR 28/07/2016). Experiments were planned to minimize the total number of rats needed for the study.

Scaffold implants

To implant scaffolds, rats were first anesthetized with a combination of tiletamine and xylazine (10 mL/kg intraperitoneally). Afterward, the implant site was prepared with povidone–iodine (Betadine®). After trichotomy, a median sagittal incision of about 1 cm in the frontoparietal region was performed, calvaria exposed, and a circular section of the bone-receiving site (diameter 4 mm, height 0.25 mm) was injured with a dedicated rotary instrument at a controlled speed (trephine milling machine; Alpha Bio Tec, Petach Tikva, Israel) under constant irrigation with a physiological solution. Due to their texture and flexibility, Evo, Evo + hPDLSCs, Evo + EVs, Evo + EVs + hPDLSCs, Evo + PEI-EVs, and Evo + PEI-EVs + hPDLSCs were inserted easily into contact with bone tissue to cover the damaged area. The skin flap was then sutured with small absorbable sutures of reduced diameter (Caprosyn 6-0), using interrupted points. Standard feeding and hydration were maintained constantly throughout the postoperative phase.

Experimental design

Rats were randomly distributed into the following groups (n=24 total animals):

- Evo (n=4): rats subjected to scraping of cortical calvarium bone tissue and implant of Evo.
- Evo + hPDLSCs (n=4): rats subjected to scraping of cortical calvarium bone tissue and implant of Evo enriched with hPDLSCs.
- Evo + EVs (n=4): rats subjected to scraping of cortical calvarium bone tissue and implant of Evo enriched with EVs.
- Evo + EVs + hPDLSCs (n=4): rats subjected to scraping of cortical calvarium bone tissue and implant of Evo enriched with EVs + hPDLSCs.

- Evo + PEI-EVs (n=4): rats subjected to scraping of cortical calvarium bone tissue and implant of Evo enriched with PEI-EVs.
- Evo + PEI-EVs + hPDLSCs (n=4): rats subjected to scraping of cortical calvarium bone tissue and implant of Evo enriched with PEI-EVs + hPDLSCs.

After 6 weeks, the animals were euthanized by intravenous administration of Tanax (5 mL/kg body weight) and their calvaria processed for morphological analysis.

Preparation of hPDLSCs, EVs, and PEI-EVs for in vivo experiments

For each experimental condition, 2×10^6 hPDLSCs were labeled for 30 minutes with the red fluorescent lipophilic dye PKH26 (Sigma-Aldrich) according to the manufacturer's instructions. PKH26 is stably incorporated in lipid regions of the cell membrane, allowing in vivo cell tracking and monitoring studies. PKH26-labeled hPDLSCs were seeded on Evo and then incubated for 24 hours at 37°C in 5% CO₂ and air before implantation into rat calvaria. EVs and PEI-EVs were also stained with PKH76.

Histological evaluation

The specimens were fixed for 72 hours in 10% formalin solution, dehydrated in ascending graded alcohol, and embedded in London Resin white resin (Sigma-Aldrich). After polymerization, undecalcified oriented cut sections of 100 μm were prepared and ground down to about 80 μm using the TT system (TMA 2, Grottamare, Italy). Sections were analyzed with an LSM 510 Meta (Zeiss), and after staining with a solution of acid fuchsin and methylene blue, observed with light microscopy. Investigation was carried out by means of bright-field light microscopy connected to a high-resolution digital camera (DFC425B; Leica Microsystems). Three-dimensional reconstruction was obtained by means of ZEN2 software (Zeiss). Statistical analysis was performed using SPSS version 21.0.

Immunohistochemistry and CLSM analysis

Semithin undecalcified sections embedded in London Resin white resin of all samples were processed for immunofluorescence labeling. Samples were blocked with 3% bovine serum albumin (BSA) in PBS-Tween for 1 hour. Primary monoclonal antibody antihuman BMP2/4 (1:100, mouse) was used, followed by Alexa Fluor 488 green fluorescence-conjugated goat antimouse. Sections were analyzed with CLSM (LSM800). The investigation was carried out with bright-field light microscopy connected to a high-resolution digital camera (DFC425B).

Data and statistical analysis

SPSS version 21.0 was used for data analysis. Parametrical methods were used after verifying the existence of the required assumptions. In particular, the normality of the distribution and equality of variance were assessed by the Shapiro–Wilk and Levene tests, respectively. Data are expressed as mean ± standard deviation. Differences among groups were determined using Student's *t*-test. Differences were considered significant at $P < 0.05$.

Results

hPDLSC characterization

Cytofluorometric evaluation of hPDLSCs showed high positivity for CD13, CD29, CD44, CD73, CD90, CD105, CD146, and CD166, while negative expression of CD14, CD34, CD45, CD117, CD133, CD144, and CD271 was present (Figure S1C). Plastic adherent hPDLSCs at second passage showed fibroblastic morphology with elliptical nuclei (Figure S1D). Osteogenic differentiation of hPDLSCs after 21 days under induction conditions was evidenced with Alizarin red staining (Figure S1E). Oil red O solution was used to evaluate adipogenic commitment. Lipid droplets at cytoplasmic level were stained in red (Figure S1F).

PEI-EV characterization

Dynamic light-scattering analysis evidenced the presence of two main dimensional populations of vesicles, namely population 1 and population 2, with an average diameter of 90 ± 20 nm and $1,200 \pm 400$ nm, respectively. Despite in vitro and in vivo measurements being performed using a mixture of both populations, we preferred to characterize them separately, to evaluate differences, if any, occurring during the engineering process. In agreement with the engineering, both populations increased in size after the addition of PEI. In particular, PEI-EVs obtained with higher concentrations of PEI were larger than those obtained with lower concentrations of PEI. The 0.05 mg/mL PEI sample did not follow this trend, with final sizes of 250 ± 50 nm and $3,600 \pm 500$ nm for population 1 and population 2, respectively (Figure 1A). Further confirmation of coating of EVs with PEI was provided by analysis of ζ-potential values. ζ-Potentials increased on passing from EVs to PEI-EVs, and the increase was related to the PEI concentration used in the engineering process (Figure 1B). In particular, for the 0.05 mg/mL sample used for subsequent in vivo investigations, a ζ-potential of -1.2 ± 0.9 mV was obtained. This value, relatively close to zero, could explain the exceptionally high dimensions seen for PEI-EVs obtained with 0.05 mg/mL PEI.

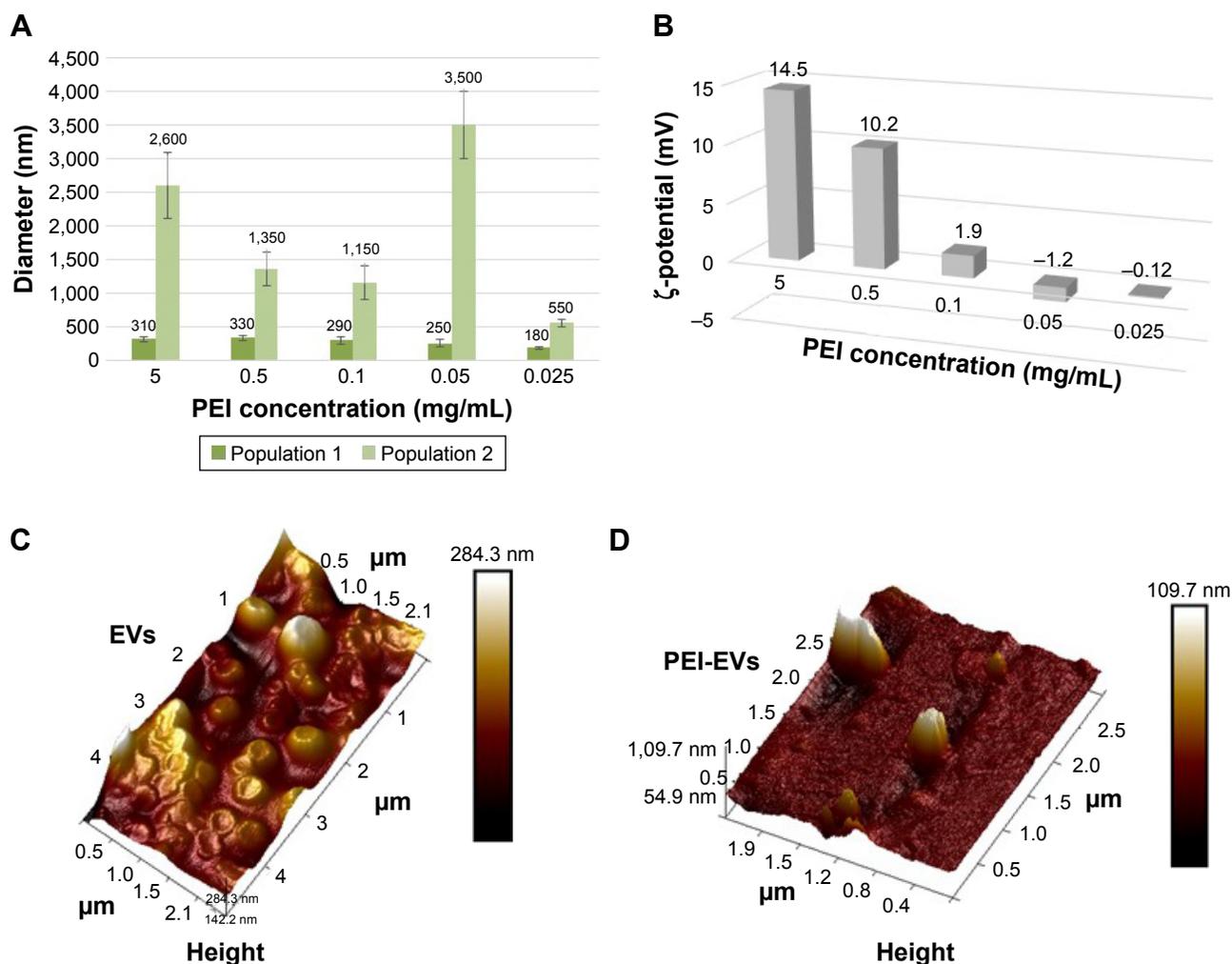


Figure 1 Topographical analysis of EVs and PEI-EV and features of PEI-EVs with varying PEI concentrations.

Notes: (A) EVs increased in dimension after the addition of PEI, and in particular PEI-EVs obtained using higher concentrations of PEI were larger than those obtained with lower PEI doses, with the exception of the 0.05 mg/mL PEI sample. (B) ζ -potential increased with higher PEI concentrations. The ζ -potential of -1.2 ± 0.9 mV may explain the higher dimensions for PEI-EVs obtained with 0.05 mg/mL PEI, because the decreased electrostatic repulsions promoted PEI-EV aggregation. (C) EVs analyzed by tapping-mode topographic 3-D AFM were globular with a central depression. (D) PEI-EVs obtained using PEI 0.05 mg/mL, analyzed by tapping-mode topographic 3-D AFM, showed globular morphology without the central depression and less smooth surfaces.

Abbreviations: EVs, extracellular vesicles; PEI, polyethylenimine; AFM, atomic force microscopy.

As a matter of fact, the decreased electrostatic repulsions, due to the decrease of ζ -potential, could favor PEI-EV aggregation.

Dynamic light scattering was used for evaluating the stability of EVs over time. After 1 day, the size of EVs in PBS did not change significantly, remaining within experimental error. PEI-EVs tended to aggregate in PBS, almost doubling in size. Nevertheless, no evidence of aggregation was seen once PEI-EVs had been deposited onto Evo membranes. EVs and PEI-EVs were analyzed using atomic force microscopy in tapping mode. A large number of globular EVs of different dimensions characterized by the presence of a central depression were monitored (Figure 1C), using methods reported previous research.³⁷ Little debris or

aggregated vesicles were also visualized. Interestingly, the surface of EVs appeared relatively smooth. On the other hand, PEI-EVs (Figure 1D) showed objects of homogeneous dimensions without the central depression and with a less smooth surface with respect to pure EVs, likely due to the adsorption of PEI. EVs and PEI-EVs had different concentrations of EVs. To avoid aggregation of PEI-EVs that were more prone to self-aggregate due to their low ζ -potential on SiO₂ wafer, we diluted the original solution with respect to the nonengineered EVs.

hPDLSC and PEI-EV interaction

PEI-EVs were stained with WGA Alexa Fluor 488 and incubated with hPDLSCs for 24 hours at different PEI

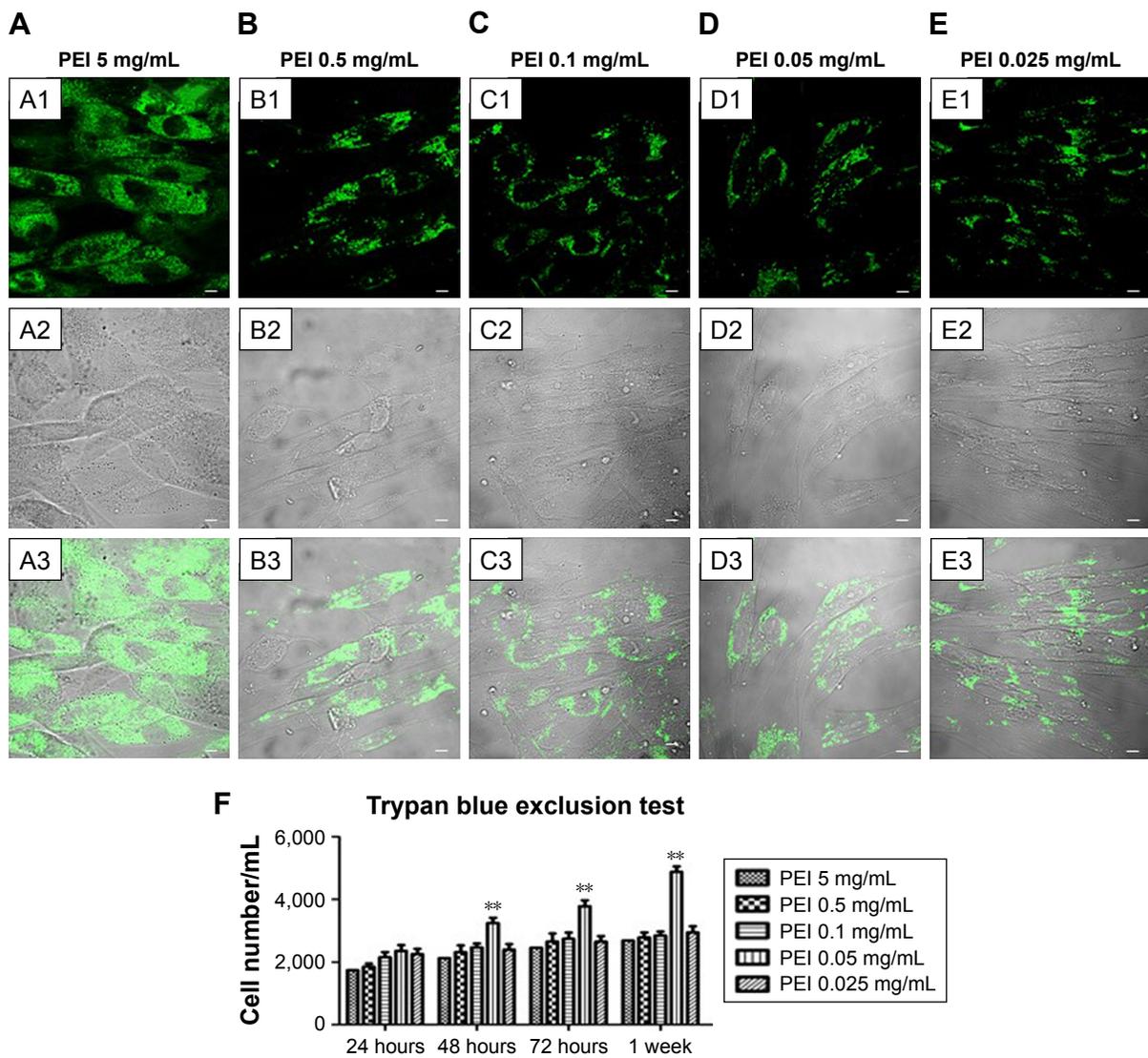


Figure 2 Confocal laser-scanning microscopy of PEI-EV (stained green with WGA Alexa Fluor 488) and hPDLSC (gray) interaction using different PEI concentrations. **Notes:** hPDLSCs incubated with EVs coated with PEI at 5 mg/mL (A1–A3); 0.5 mg/mL (B1–B3); 0.1 mg/mL (C1–C3), 0.05 mg/mL (D1–D3), and 0.025 mg/mL (E1–E3). PEI-EVs stained in green with WGA Alexa Fluor 488 (A1–E1). Light-transmission channels showed cell morphology (gray; A2–E2); merged images of the aforementioned channels (A3–E3). (F) Trypan blue exclusion test to evaluate the effects of different PEI concentrations on hPDLSC viability. 0.05 mg/mL PEI concentration was chosen for the other experiments. ** $P < 0.01$ compared to the other PEI concentrations; $n = 3$; scale bars = 10 μm .

Abbreviations: PEI, polyethylenimine; EV, extracellular vesicle; WGA, wheat-germ agglutinin; hPDLSC, human periodontal-ligament stem cell.

concentrations. CLSM images were captured and cell viability estimated by means of trypan blue exclusion test (Figure 2). CLSM images showed the presence of PEI-EVs at the cytoplasmic level. In particular, EVs complexed with 0.05 mg/mL PEI concentration showed better results in terms of cell viability compared to the other PEI concentrations ($P < 0.01$). PEI 0.05 mg/mL was chosen for subsequent experiments, as suggested by trypan blue results.

Evo, EV, and hPDLSC interaction

To evaluate the possibility of EVs and PEI-EVs of adhering to the Evo surface, CLSM images were obtained using the

Zeiss LSM800. Microphotography confirmed the presence of EVs conjugate with green fluorescence on the membrane surface before grafting on rat-calvarium implant sites. PEI-EVs and EVs showed the same capacity to cover the collagen surface (Figure 3).

Osteogenic differentiation

Macrophotographs were performed to evaluate the alizarin red S staining at low magnification (Figure 4A–D). After 6 weeks of culture, the best results in terms of production of calcium deposition were evaluated in Evo + PEI-EVs + hPDLSCs. Data were quantified using spectrometry analysis (Figure 4E).

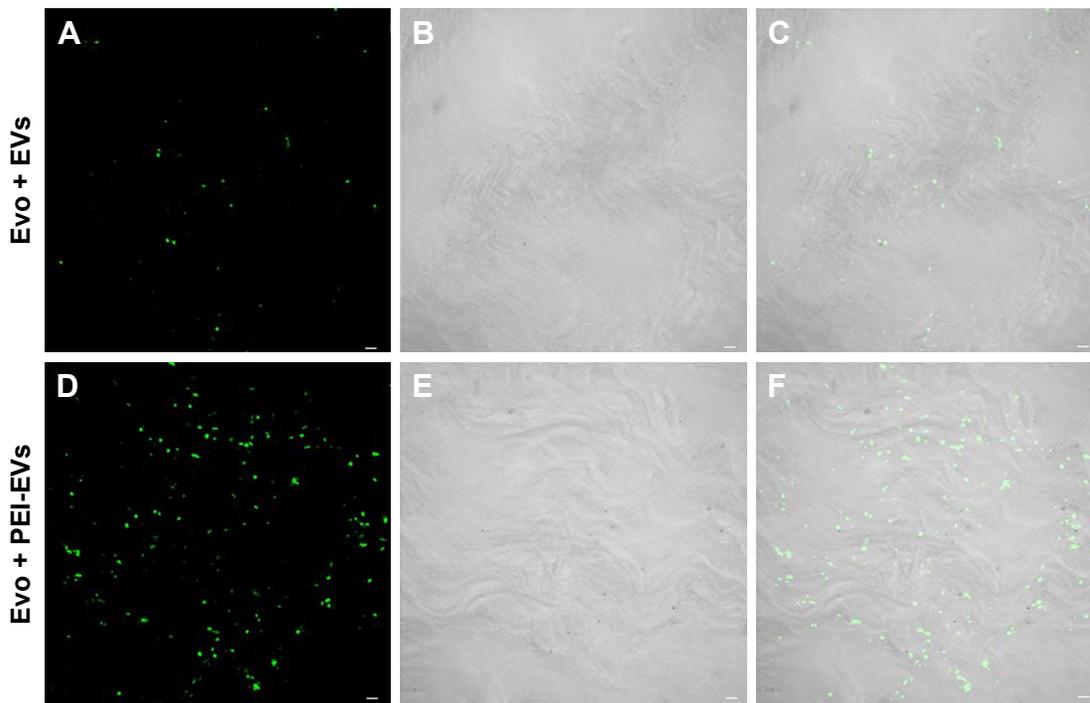


Figure 3 Confocal laser-scanning microscopy showing Evo coated with EVs and PEI-EVs.
Notes: (A) Stained EVs (green) seeded on the Evo membrane. (D) Stained-PEI-EVs (green) seeded on the Evo membrane. Microphotography confirmed the presence of EVs on the Evo surface. (B and E) The light-transmission channel shows Evo morphology (gray). (C and F) Merged images of the aforementioned channels. Microphotography confirmed the presence of PEI-EVs on the Evo surface. PEI-EVs and EVs showed the same capacity to cover the Evo surface. Scale bars =10 μ m.
Abbreviations: EVs, extracellular vesicles; PEI, polyethylenimine; Evo, Evolution.

Genes and network analysis

In order to test Evo capacity to induce the expression of human osteogenic genes in hPDLSCs, a gene-expression profile of hPDLSCs in the presence of Evo versus hPDLSCs

was analyzed (Figure 5). Quantitative reverse-transcription PCR (qRT-PCR) of 92 osteogenesis-related transcripts was performed to evidence how the gene-expression profile was modulated by Evo when compared to cells differentiated

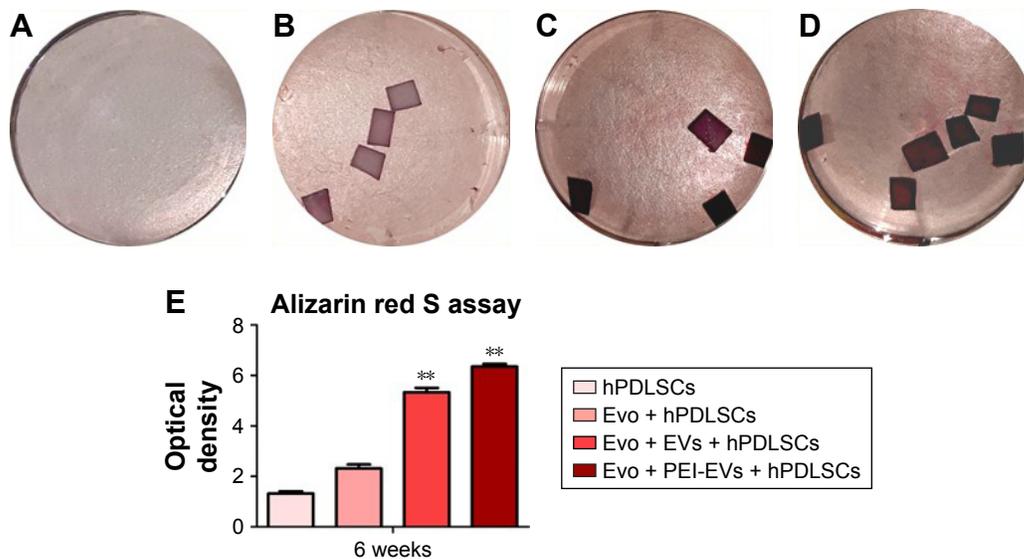


Figure 4 Evo, hPDLSCs, EVs, and PEI-EVs and osteogenic differentiation.
Notes: Photography after 6 weeks of culture and stained with Alizarin red S solution of (A) hPDLSCs, (B) Evo + hPDLSCs, (C) Evo + EVs + hPDLSCs, and (D) Evo + PEI-EVs + hPDLSCs showed that the best results in terms of production of calcium deposition were visible in Evo + PEI-EVs + hPDLSCs. (E) Colorimetric detection quantification. ** $P < 0.01$ compared to hPDLSCs.

Abbreviations: Evo, Evolution; hPDLSCs, human periodontal-ligament stem cells; EVs, extracellular vesicles; PEI, polyethylenimine.

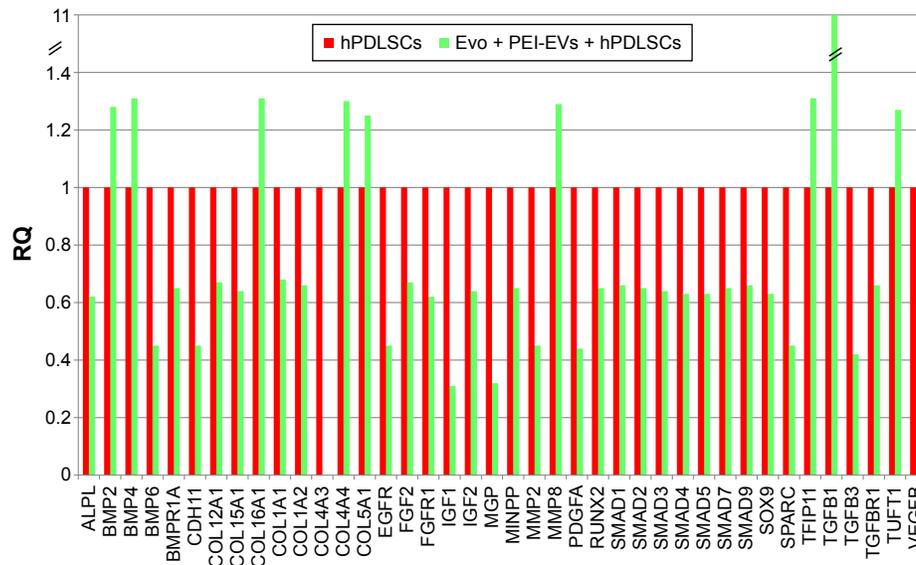


Figure 7 Relative gene-expression fold changes by qRT-PCR in Evo + PEI-EVs + hPDLSCs.

Notes: Evo + PEI-EVs + hPDLSCs compared to hPDLSCs. Cells cultured with Evo + PEI-EVs showed modulation of 40 transcripts with upregulation of nine genes, including *BMP2*, *BMP4*, *COL*, and *TGFBI*. Transcripts show a P -value <0.05 ; P -values adjusted using Benjamini–Hochberg false-discovery-rate correction.

Abbreviations: qRT-PCR, quantitative reverse-transcription polymerase chain reaction; Evo, Evolution; PEI, polyethylenimine; EVs, extracellular vesicles; hPDLSCs, human periodontal-ligament stem cells; RQ, relative quantification.

Evo enriched with hPDLSCs, the presence of Evo + EVs determined the downregulation of *SMAD* and the upregulation of *TGFBI*, which are crucial factors driving pathway modulation, collagens and *SMADs* being the two cores of the network. The presence of Evo + PEI-EVs determined the overexpression of more genes, *TGFBI*, *BMP2*, and *BMP4* the drivers of the expression modulation found. Moreover, all the conditions analyzed have *RUNX2* and *SOX9* strongly reduced compared to the control.

In vivo characterization

Macroscopic evaluation at 6 weeks postoperatively showed better regeneration capacity of Evo + PEI-EVs + hPDLSCs (Figure 8). At 6 weeks after grafting in the Evo-transplantation group, an extracellular matrix placed between native bone and membrane was found at the grafting sites (Figure 9A). In Evo + hPDLSCs, better integration was visible, especially at high magnification (40 \times). In particular, Evo + hPDLSCs showed good integration in the contact area with vascularized extracellular matrix around the native bone, with no inflammatory reaction (Figure 9B).

Harvested samples grafted with Evo + EVs + hPDLSCs were compared with samples grafted with Evo + EVs (Figure 9C). In both samples, the membrane was well integrated with host tissue, and Evo + EVs + hPDLSCs showed an osteoid formation with osteoblast-like structure on the native bone side, new bone appearing with an irregular

arrangement (Figure 9D). With Evo + PEI-EVs + hPDLSCs (Figure 9F) and Evo + PEI-EVs (Figure 9E), the implant site was covered with an organized extracellular matrix showing mineralization areas and blood-vessel formation. In particular, in harvested Evo + PEI-EVs + hPDLSC samples, valuable osteoblast-like structures were seen on the host-bone side (Figure 9F). A summary of these results is reported in Table 1.

3-D reconstruction of images acquired with CLSM showed spatial interaction of Evo with hPDLSCs, EVs, and PEI-EVs. Calvarium slices with Evo alone are visible in Figure S5A. Calvarium slices in the presence of Evo + EVs and Evo + PEI-EVs showed a link between Evo and secreted PKH76-labeled vesicles at the spatial level (Figure S5B and C, respectively). Moreover, a large number of PKH26-labeled hPDLSCs, easily recognizable by the red lipophilic dye (Figure S5D) and linked to PKH76-stained EVs or PEI-EVs (green), were localized at the cytoplasmic membrane level and on the Evo surface (Figure S5E and F, respectively). The pictures showed good integration of Evo + hPDLSCs, Evo + EVs + hPDLSCs, and Evo + PEI-EVs + hPDLSCs with host tissue.

To support the data obtained for gene expression, we focused our attention on the expression of *BMP2/4* in in vitro and in vivo conditions. qRT-PCR showed increased expression of *BMP2/4* in Evo + PEI-EVs + hPDLSCs when compared with other groups ($P < 0.01$, Figure 10A).

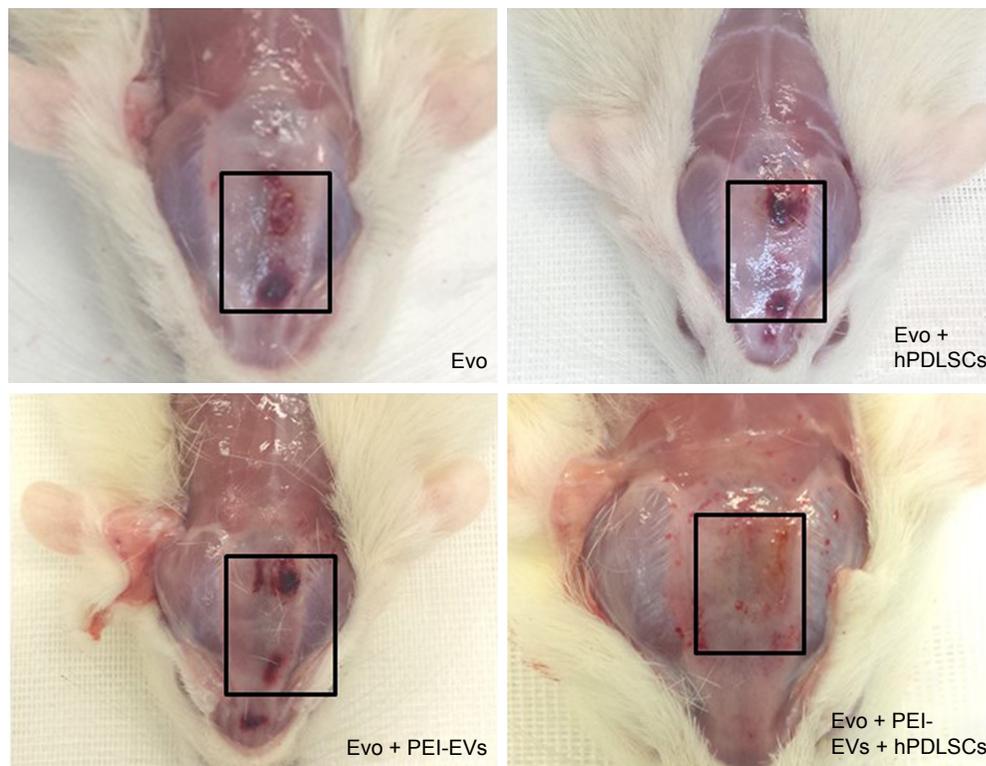


Figure 8 Macroscopic images of rat calvaria.

Notes: Six weeks after the implant of Evo, Evo + hPDLSCs, Evo + PEI-EVs, and Evo + PEI-EVs + hPDLSCs. Macroscopic evaluation showed almost complete bone repair in the Evo + PEI-EVs + hPDLSC group, while in the other groups the lesion was still present. Rectangles enclose the damaged area.

Abbreviations: Evo, Evolution; hPDLSCs, human periodontal-ligament stem cells; PEI, polyethylenimine; EVs, extracellular vesicles.

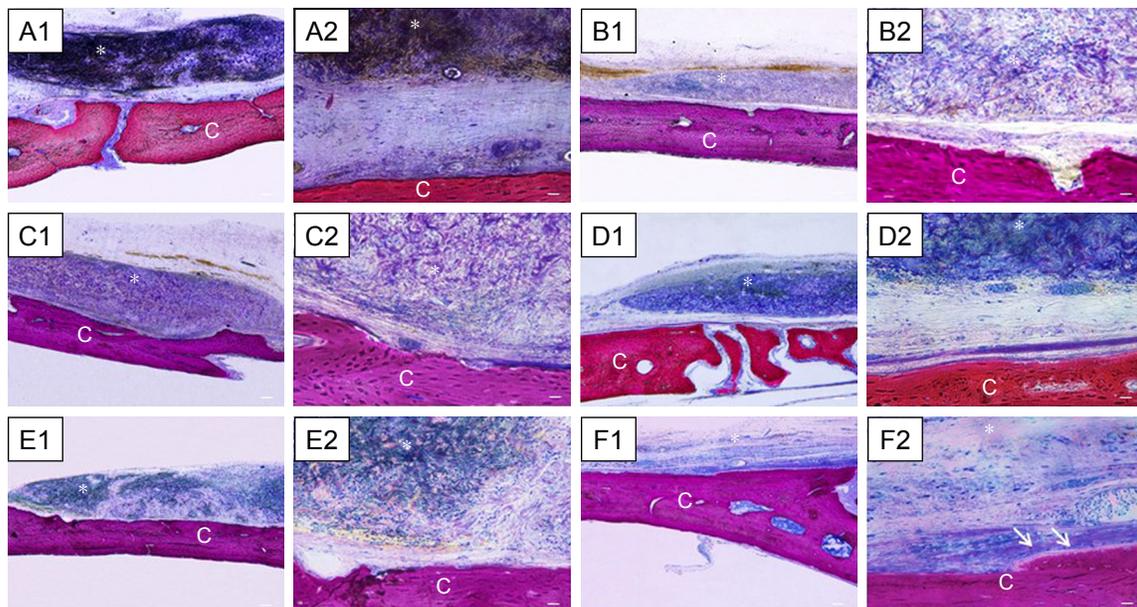


Figure 9 Histological evaluation after 6 weeks of healing.

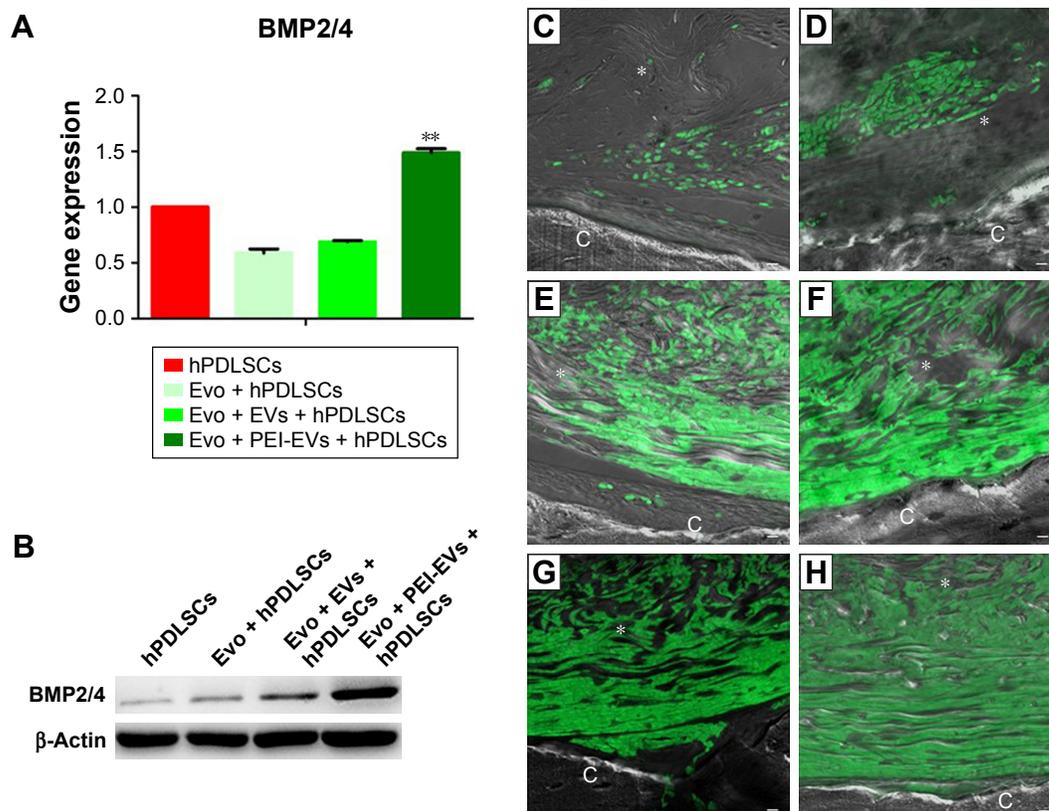
Notes: Magnification is 4 \times for **A1–F1** and 40 \times for **A2–F2**. **(A)** Evo. Membrane appeared structurally intact, able to cover all the defect area, and well integrated with the host tissue. **(B)** Evo + hPDLSCs. This group showed good integration with vascularized extracellular matrix around the native bone. **(C)** Evo + EVs. Islets of new bone were integrated with native bone. Membrane appeared closely adapted to host-bone tissue and well integrated with native bone. **(D)** Evo + EVs + hPDLSCs. **(E)** Evo + PEI-EVs. Evo was well integrated with host tissue, and extracellular matrix was present in defect area. **(F)** Evo + PEI-EVs + hPDLSCs. The implant site was covered with an organized extracellular matrix with mineralization areas, and osteoblast-like structures were visible. C, mouse calvarium; *Evo; arrows, osteoblast-like cells. Scale bars =10 μ m.

Abbreviations: Evo, Evolution; hPDLSCs, human periodontal-ligament stem cells; EVs, extracellular vesicles; PEI, polyethylenimine.

Table 1 Summary of in vivo findings of the different experimental groups

Experimental groups	Experimental procedures	Results
Evo (n=4)	Rats subjected to scraping of cortical calvarium bone tissue and implant of Evo	Evaluation at 6 weeks postoperatively showed an extracellular matrix placed between native bone and the scaffold; at macroscopic evaluation, the lesion was still present
Evo + hPDLSCs (n=4)	Rats subjected to scraping of cortical calvarium bone tissue and implant of Evo enriched with hPDLSCs	Evaluation at 6 weeks postoperatively showed better integration in contact area surrounding native bone; no fibrous tissue formation or inflammatory reaction evidenced; macroscopic evaluation showed only partial recovery
Evo + EVs (n=4)	Rats subjected to scraping of cortical calvarium bone tissue and implant of Evo enriched with EVs	Evaluation at 6 weeks postoperatively indicated membrane well integrated with host tissue
Evo + EVs + hPDLSCs (n=4)	Rats subjected to scraping of cortical calvarium bone tissue and implant of Evo enriched with EVs and hPDLSCs	Evaluation at 6 weeks postoperatively showed good integration with host tissue and osteoid formation; new bone appeared with an irregular arrangement
Evo + PEI-EVs (n=4)	Rats subjected to scraping of cortical calvarium bone tissue and implant of Evo enriched with PEI-EVs	Evaluation at 6 weeks postoperatively showed that the implant site was covered with organized extracellular matrix showing mineralization areas and blood-vessel formation; macroscopic evaluation showed improvements in damaged area
Evo + PEI-EVs + hPDLSCs (n=4)	Rats subjected to scraping of cortical calvarium bone tissue and implant of Evo enriched with PEI-EVs and hPDLSCs	Evaluation at 6 weeks postoperatively showed that the site of implantation presented organized extracellular matrix showing mineralization areas and the formation of blood vessels; osteoblast-like structure present on host-bone side; macroscopic evaluation showed almost complete regeneration

Abbreviations: Evo, Evolution; EVs, extracellular vesicles; hPDLSCs, human periodontal-ligament stem cells; PEI, polyethylenimine.

**Figure 10** In vitro and in vivo BMP2/4 expression.

Notes: (A) qRT-PCR graph showing different BMP2/4 expression in hPDLSCs, Evo + hPDLSCs, Evo + EVs + hPDLSCs, and Evo + PEI-EVs + hPDLSCs after 6 weeks of in vitro culture (n=3, ** $P < 0.01$ compared to hPDLSCs, Evo + hPDLSCs, and Evo + EVs + hPDLSCs). Evo + PEI-EVs + hPDLSCs showed the highest expression. (B) Western blot analysis of BMP2/4 confirmed the gene-expression results. Immunofluorescence staining of BMP2/4 showed the presence of the protein in semithin section samples obtained after 6 weeks of grafting in rat calvaria in (C) Evo, (D) Evo + hPDLSCs, (E) Evo + EVs, (F) Evo + EVs + hPDLSCs, (G) Evo + PEI-EVs, and (H) Evo + PEI-EVs + hPDLSCs. The results showed higher protein expression in Evo + PEI-EVs + hPDLSCs, confirming the in vitro data. Magnification 20 \times ; C, mouse calvarium; *Evo; Scale bars = 10 μ m.

Abbreviations: qRT-PCR, quantitative reverse-transcription polymerase chain reaction; hPDLSCs, human periodontal-ligament stem cells; Evo, Evolution; EVs, extracellular vesicles; PEI, polyethylenimine.

Western blotting validated this result (Figure 10B). Moreover, a possible correspondence between upregulated genes in *in vitro* and *in vivo* conditions was assayed by means of immunofluorescence analysis of BMP2/4 protein. Data obtained confirmed the *in vitro* results (Figure 10C–H). In particular, increased expression of positive cells that were round and elongated was visible in the examined samples, indicating a *de novo* ossification process.

Discussion

Nowadays, bone regeneration represents a clinical challenge. In particular, it is difficult to obtain complete regeneration of calvarium defects caused by trauma and/or other pathologies based only on the intrinsic regenerative capacity of bone. Current treatments include autografts and allografts, but they present some limitations, such as donor-site pain, morbidity, possibility of rejection, disease transmission, and inflammation. In this context, one strategy to overcome defective bone repair and improve bone-tissue regeneration, increasing the rate and quality of the new bone, could be to identify and apply a scaffold-SC construct on bone defects that can *inter alia* enhance engraftment and paracrine activity of resident SCs. In particular, this approach allows the harvesting of MSCs directly from the patient, and dental SC collection is easy, requiring only minimal invasive procedures. Autologous cell-based approaches are ideal to minimize immunorejection, and today represent a promising new strategy in tissue regeneration after the decline in cellular function associated with aging or in pathological conditions.

MSCs have been applied in autologous therapy in combination with platelet-rich plasma and/or scaffolds in distraction osteogenesis.^{38,39} Recently, our data confirmed that hPDLSCs seeded onto 3-D dual-block scaffolds promote bone regeneration.¹⁰ This effect was due to the ability of SCs to undergo osteogenic differentiation and secrete SDF1, which is able to promote cellular homing and MSC immunomodulatory properties, maximizing regenerative effects with an increase in tissue restoration.^{10,40} Moreover, the CM and EVs released from hPDLSCs reduced proinflammatory cytokines and induced anti-inflammatory IL10 molecular secretion,¹³ which are crucial components in bone regeneration. EVs released from eukaryotic cells, like exosomes, microparticles, microvesicles, and apoptotic bodies, can be retained as a dynamic extracellular vesicular compartment, strategic for their paracrine or autocrine biological effects on tissue metabolism.⁴¹ *In vitro* exosomes originating from mineralizing osteoblasts have been demonstrated capability of being able to enter BM stromal cells and inducing osteoblast commitment through the upregulation of

β -catenin, thus opening a new tactic in the use of SC-secreted products as a potential therapeutic approach.⁴²

Recently, it has been shown that a human-induced pluripotent SC–MSC–exosome-functionalized β -TCP scaffold effectively promoted bone repair and regeneration in a rat model of calvarium bone defects, thanks to exosomes released from the exosome– β -TCP complex and then internalized by BMSCs enhancing the osteoinductive activity of β -TCP and promoting bone regeneration, due to the activation of endogenous BMSCs in the bone-defect site.⁴³ EVs released from stem/progenitor cells have been shown to possess proregenerative ability in animal models using several signaling pathways involved in EV-mediated tissue regeneration.⁴⁴

The reconstruction of bone defects is still a challenging problem in orthopedic surgery. Biofunctionalized materials can offer a novel solution to autologous and allogeneic bone grafting in bone repair and regeneration.⁴⁴ The present study focused on the therapeutic potential of EVs to promote tissue repair, regeneration, and mainly bone regeneration using a commercial collagen membrane (Evo) functionalized with EVs alone or complexed with PEI to stimulate SC viability and activity. Many features of PEI have been shown to affect its efficiency when used as a transfecting agent, eg, molecular weight, degree of branching, ζ -potential, molecular structure, and particle size.⁴⁵ We found that the best compromise between effectiveness and toxicity was a concentration of 0.05 mg/mL PEI, which conferred to EVs a slight increase in ζ -potential from -10.7 ± 0.9 mV to -1.2 ± 0.9 mV with tolerable viability of recipient cells (5%–10%).

The ability of PEI-EVs to promote internalization with respect to EVs could be ascribed to the positively charged PEI that favors binding to negatively charged proteoglycans.⁴⁶ Different mechanisms have been proposed for EV internalization: fusion or attachment to the target-cell membrane and subsequent release of exosomal proteins to the recipient cell^{47,48} or endocytosis.⁴⁹ In the present study, labeled PEI-EVs were internalized prevalently by endocytosis, with endosomes highly represented after incubation in recipient cells. Another important advantage of PEI was its proton-sponge effect, which has been demonstrated to be essential for endosomal content release and could also explain the superior efficiency of PEI-EVs compared to nonengineered EVs.⁵⁰

Alizarin red staining provided evidence after 6 weeks of culture in basal conditions that calcium deposits were frequently observed in the presence of EVs, and, in particular, with PEI-EVs. According to these results, in the presence of PEI-EVs, qRT-PCR showed upregulation of key genes

involved in the bone-differentiation pathway, such as *TUFT1*, *TFIP11*, *BMP2–BMP4*, and *TGF β* . *TUFT1* expression in cartilage has demonstrated to be strongest in the deep, mineralizing zones,⁵¹ and its expression has been shown to be regulated in vitro by HIF1 α and Hedgehog pathways, both essential elements involved in cartilage and bone formation.⁵² *TFIP11* is a gene involved in pre-mRNA splicing, specifically in spliceosome disassembly during late-stage splicing events that may play a role in the differentiation of ameloblasts and odontoblasts or in the formation of the extracellular mineralized matrix.⁵³ Associated with skeletal development and extracellular matrix proteins, *TFIP11* is upregulated in mice after tetrachlorodibenzo-*p*-dioxin exposure.⁵⁴ Interestingly, *TUFT1* and *TFIP11* can affect the formation of dental enamel.⁵⁵

Originally isolated as proteins that induce bone and cartilage formation, BMPs are considered to comprise almost a third of TGF β . The BMP family is the largest within the TGF β superfamily of growth factors, which also includes TGF β , activin, inhibin, myostatin, and others.⁵⁶ BMPs are potent osteoblast differentiation factors in vitro. In particular BMP2, BMP4, and BMP7 are responsible for the osteochondrogenic differentiation of multipotential mesenchymal cells.⁵⁷ TGF β ₁ promotes matrix production and osteoblast differentiation while reducing the ability of osteoblasts to secrete the osteoclast-differentiation factor RANKL. Thereby, TGF β ₁ indirectly limits further osteoclast formation and may affect bone mass.⁵⁸ Our results highlighted the key role of the TGF β –BMP pathway in new-bone formation in EV-enriched collagen membrane, and this result was even more evident in PEI-EVs. Previously, we have demonstrated that hPDLSCs implanted in rats did not show immunogenic effects, and after 3 weeks a massive number of cells of different size and features and maturation degree were detected in rat calvaria implanted with hPDLSCs/porcine corticocancellous scaffold (OsteoBiol dual block).¹⁰

Here, we demonstrated that hPDLSCs seeded onto Evo were able to induce a bone-regeneration process, but the presence of EVs and mainly PEI-EVs activated local osteogenic induction, hardly contributing to the regeneration process. In fact, Evo scaffold implanted in rat calvaria did not show immunogenic effects, and after 6 weeks numerous cells with fibroblast-like morphology secreting extracellular matrix were observed. On the contrary, the presence of the EVs and more specifically PEI-EVs linked to the scaffold improved the mineralization process and induced an extensive vascular network, indicating an

osseointegration process. This condition suggested that the subcellular fraction of EVs directly contributed to the osteogenic regeneration, and in particular PEI-EVs were responsible for more rapid evolution and a major part of maturation of new-bone tissue. These data have been confirmed by the demonstration that PEI-decorated graphene oxide was highly potent in inducing SC osteogenesis, leading to near doubling of alkaline phosphatase expression and mineralization.⁵⁹

In our experiments, PEI-EVs had a strategic role in determining cell fate, showing that rather than being inert,⁶⁰ PEI own chemical and physical properties that in combination with EVs, synergistically exert a positive effect on cell morphology and gene transcription by increasing the ability to differentiate along the osteogenic lineage. These data support a new concept of personalized therapy in which EVs and PEI-EVs may be collected by hPDLSCs isolated directly from the patient, avoiding in this way the risk of immunorejection and infections. EVs and PEI-EVs are regarded as a potentially safer and cost-effective alternative for bone-tissue clinical purposes. Moreover, EVs could be applied to specific tissue.

Conclusion

We suggest that Evo enriched with hPDLSCs and PEI-EVs is capable of inducing bone regeneration. In particular, PEI-EVs played a key role in the activation of the osteogenic regenerative process. Indeed, the presence of PEI-EVs improved the mineralization process and induced an extensive vascular network, suggesting an osseointegration process. These data encourage a deep investigation of PEI-EVs, in order to use them in bone-tissue regeneration in combination with different types of scaffolds and SCs.

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Disclosure

The authors report no conflicts of interest in this work.

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Supplementary materials

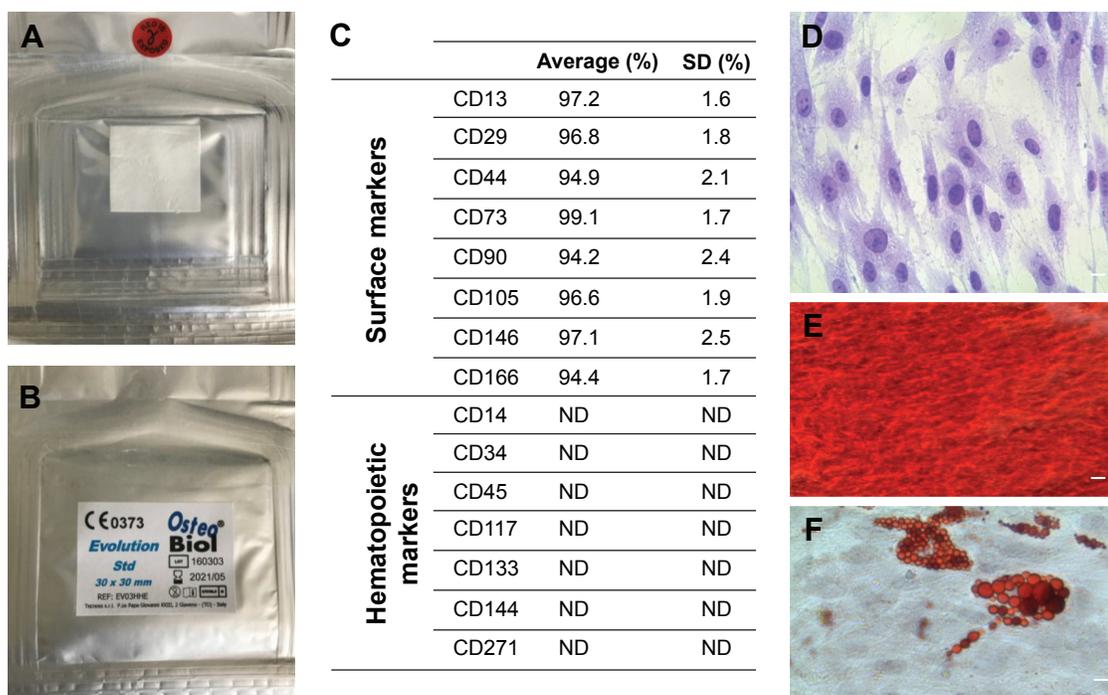


Figure S1 Evolution membrane.

Notes: Back (A) and front (B) of a commercially available collagen membrane (Evolution; TecnoDental, Giaveno, Italy). (C) Cytofluorometric evaluation. (D) hPDLSC plastic adherent cells. (E) Osteogenically differentiated hPDLSCs stained with Alizarin red. (F) Adipogenically committed hPDLSCs stained with oil red O solution. Scale bars =5 μ m.

Abbreviations: hPDLSC, human periodontal-ligament stem cell; ND, not detectable; SD, standard deviation.

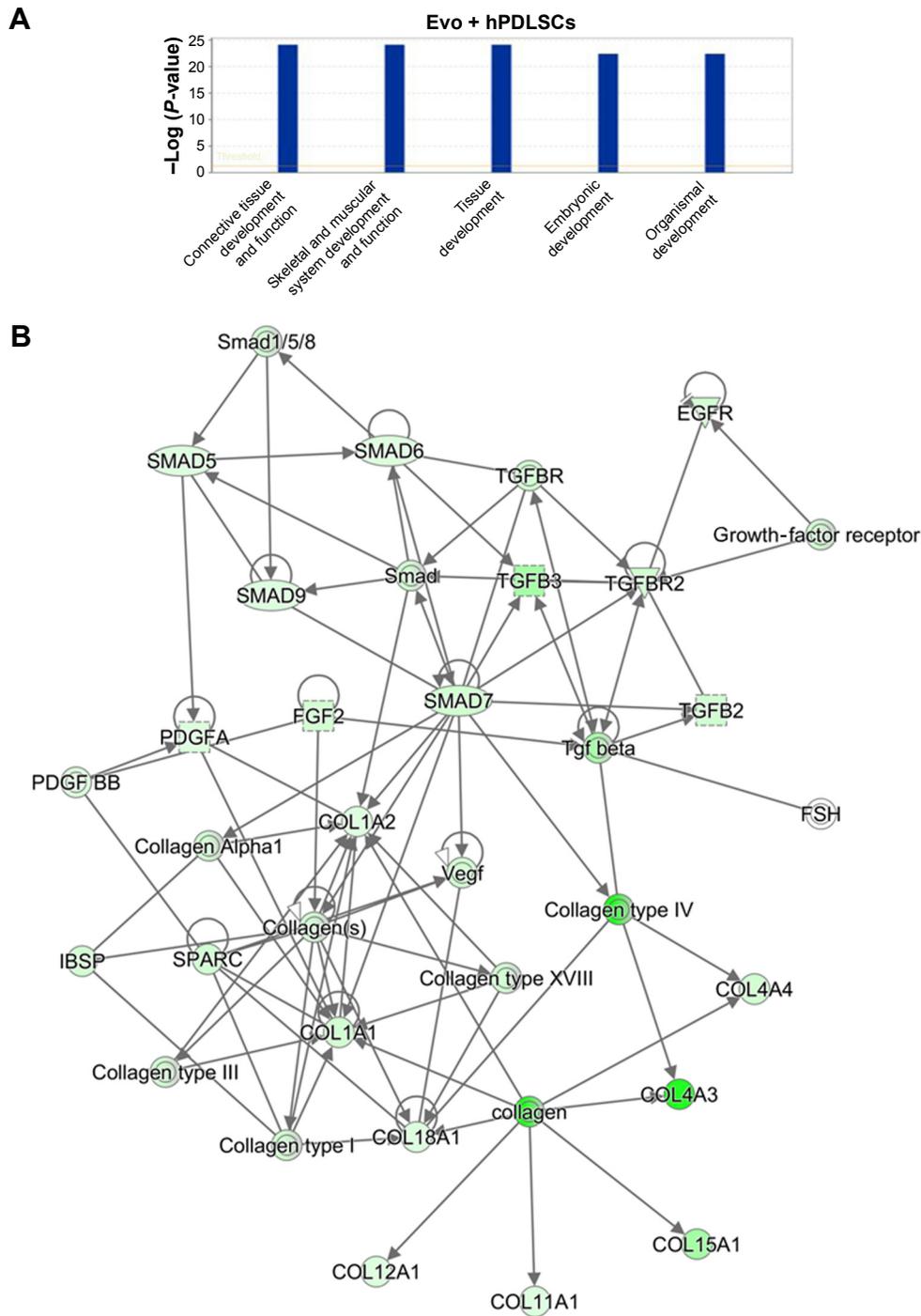


Figure S2 IPA functional analysis.

Notes: (A) IPA biological functions analysis shows that key functions related to connective and skeletal-tissue development were modulated by the selected genes for Evo + hPDLSCs compared to hPDLSCs. (B) Gene network.

Abbreviations: IPA, Ingenuity Pathway Analysis; hPDLSCs, human periodontal-ligament stem cells; Evo, Evolution.

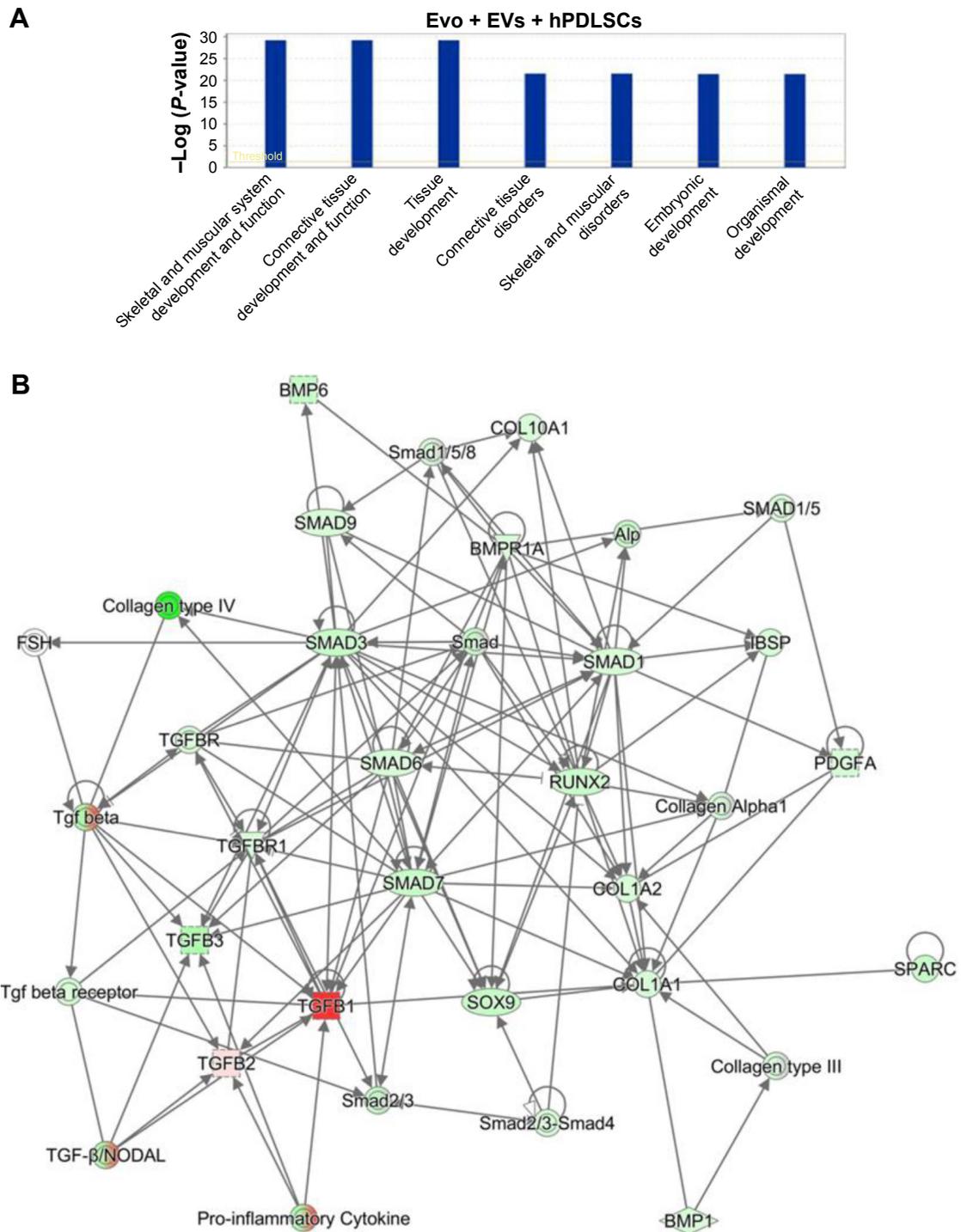


Figure S3 IPA functional analysis.

Notes: (A) IPA biological function analysis shows that key functions related to connective and skeletal-tissue development were modulated by the selected genes for Evo + EVs + hPDLSCs compared to hPDLSCs. (B) Gene network.

Abbreviations: IPA, Ingenuity Pathway Analysis; Evo, Evolution; EVs, extracellular vesicles; hPDLSCs, human periodontal-ligament stem cells.

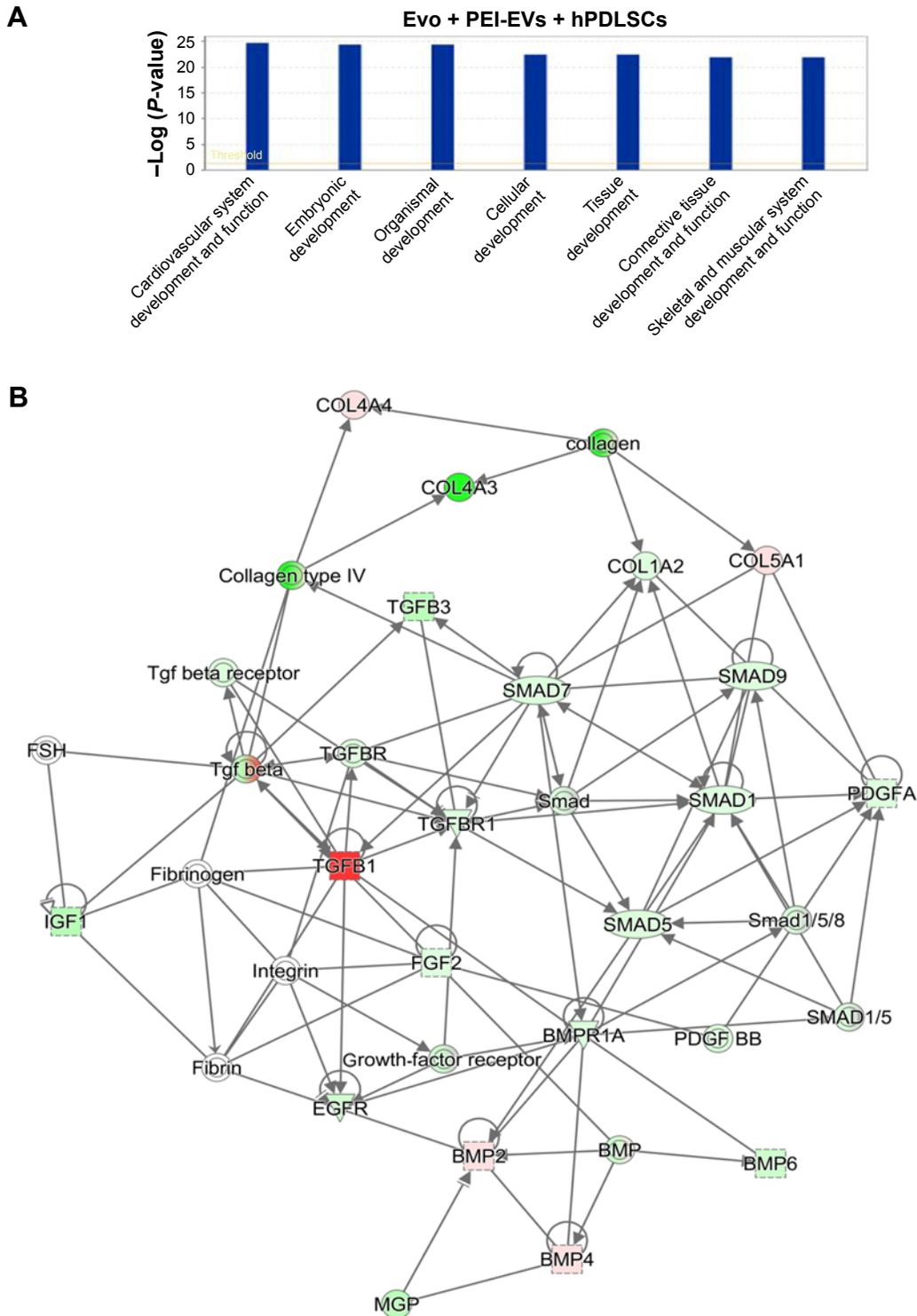


Figure S4 IPA functional analysis.

Notes: (A) IPA biological function analysis shows that key functions related to connective and skeletal-tissue development were modulated by the selected genes for Evo + PEI-EVs + hPDLSCs compared to hPDLSCs. (B) Gene network.

Abbreviations: IPA, Ingenuity Pathway Analysis; Evo, Evolution; PEI, polyethylenimine; EVs, extracellular vesicles; hPDLSCs, human periodontal-ligament stem cells.

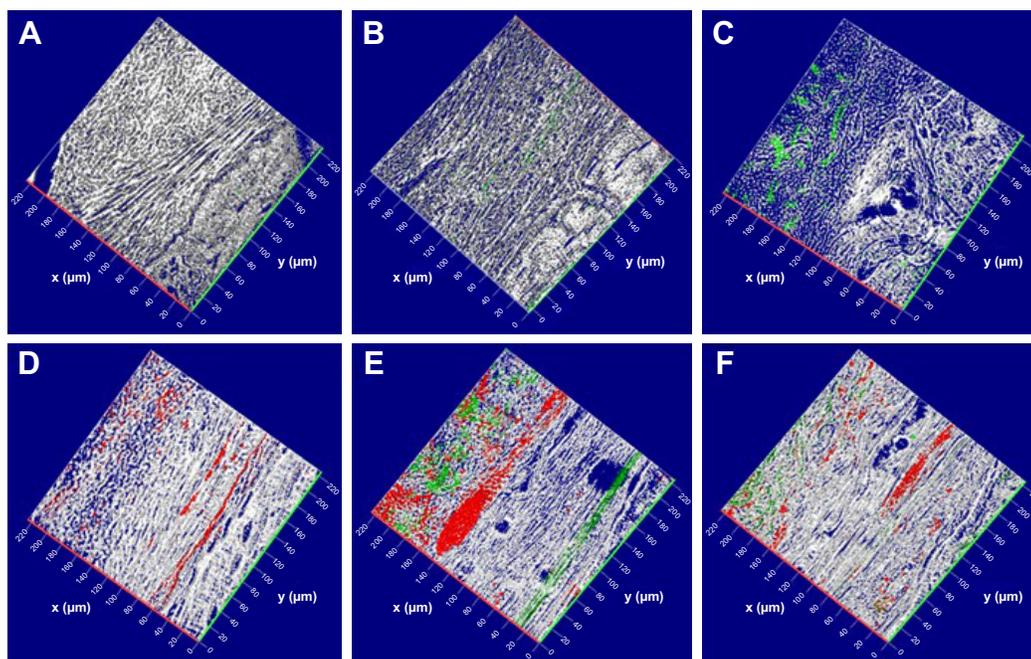


Figure S5 Confocal laser-scanning microscopy analysis.

Notes: 3-D reconstruction of (A) Evo, (B) Evo loaded with EVs, (C) Evo loaded with PEI-EVs, (D) Evo loaded with hPDLSCs, (E) Evo loaded with hPDLSCs and EVs, and (F) Evo loaded with hPDLSCs and PEI-EVs. hPDLSCs were stained with PKH26 (red), EVs and PEI-EVs stained with PKH76 (green), and Evo observed through a light-transmission channel (gray). The images show the spatial interaction of Evo with hPDLSCs, EVs and PEI-EVs. Calvarium slices in the presence of Evo, Evo + EVs, and Evo + PEI-EVs evidenced the link between Evo and labeled EVs. Moreover, many PKH26-labeled hPDLSCs linked to PKH76-stained EVs were localized at the cytoplasmic membrane and on the Evo surface. x- and y-axes indicate length and width, respectively.

Abbreviations: Evo, Evolution; EVs, extracellular vesicles; PEI, polyethylenimine; hPDLSCs, human periodontal-ligament stem cells.

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