

# Association between interleukin-6/6R gene polymorphisms and coronary artery disease in Russian population: influence of interleukin-6/6R gene polymorphisms on inflammatory markers

Vadim Mitrokhin<sup>1</sup>  
Alexey Nikitin<sup>2</sup>  
Olga Brovkina<sup>2</sup>  
Dmitry Khodyrev<sup>2</sup>  
Alexander Zotov<sup>2</sup>  
Nikita Vachrushev<sup>1</sup>  
Dmitry Dragunov<sup>3</sup>  
Andrey Shim<sup>1</sup>  
Mitko Mladenov<sup>1,4</sup>  
Andre Kamkin<sup>1</sup>

<sup>1</sup>Department of Fundamental and Applied Physiology, Russian National Research Medical University,

<sup>2</sup>Federal Scientific Clinical Center for Specialized Types of Medical Assistance and Medical Technologies for the Federal Medical and Biological Agency, <sup>3</sup>Scientific Research Institute of Healthcare Organization and Medical Management, Moscow, Russia;

<sup>4</sup>Faculty of Natural Sciences and Mathematics, Institute of Biology, Ss. Cyril and Methodius University, Skopje, Macedonia

**Abstract:** This study determined the genotype effects of interleukin (IL)-6/IL-6R single nucleotide polymorphisms (SNPs) on circulating levels of different cytokines in healthy and coronary artery disease (CAD) patients with different allele frequencies. In the control patients, rs1800795 showed significant differences in IL-18 concentrations between CC and CG and CC and GG genotypes ( $P=0.003$  and  $0.004$ , respectively). Furthermore, circulatory IL-1 $\beta$  was significantly different between GC and GG genotypes from the same SNP ( $P=0.038$ ). In the diseased patients, significance was determined only for IL-2 ( $P=0.021$ ) between the C and G homozygote allele carriers of rs1800795. The diseased GC and GG genotype carriers were statistically different for IL-2 ( $P=0.049$ ) from the rs1800796 and for IL-4 ( $P=0.049$ ) from the rs2228044. IL-4 was also statistically significant between the GC and CC genotypes from the rs2228043 of the IL-6R gene ( $P=0.025$ ). The last combination of genotypes in the same gene for the same SNP was statistically significant for IL-10 ( $P=0.036$ ). According to the logistic regression, only gender (odds ratio [OR] =2.43) and triglycerides (OR =1.98) could be taken as determinants of CAD, while examined SNPs genotypes were not identified as risk factors for CAD. In general, the IL-6 polymorphism genotypes were mainly associated with inflammatory cytokines, while the IL-6R polymorphism genotypes were associated with anti-inflammatory cytokines.

**Keywords:** IL-6/IL-6R gene polymorphisms, coronary artery disease, cytokines, inflammation

## Introduction

One of the major health problems severely threatening public health is coronary artery disease (CAD). The pathogenesis of CAD is associated with different factors, including hypertension, family history of atherosclerosis, obesity, diabetes mellitus, hyperlipemia, and smoking habits.<sup>1,2</sup> Recently published studies have revealed that many inflammatory molecules play a very important role in the development of CAD.<sup>3-5</sup> Among them, inflammatory-associated cytokines are deeply involved in the development of CAD.

Interleukin (IL)-6, as a proinflammatory cytokine, plays an important role in the pathogenesis of cardiovascular disease.<sup>6</sup> Current data have revealed that genetic variations in the IL-6 gene and its receptor gene (IL-6R) induced different immune responses and susceptibility to CAD. In this direction, numerous studies have examined different single nucleotide polymorphisms (SNPs) in the IL-6/IL-6R genes in relation to the susceptibility to different cardiovascular pathologies. Recent study has shown that people with developed CAD expressed different profiles of cytokines, indicating that genetic factors are important determinants of the susceptibility to CAD.<sup>4</sup> An in vitro study has

Correspondence: Mitko Mladenov  
Department of Fundamental and Applied Physiology, Russian National Research Medical University, Ostrovitjanova 1, Moscow 117997, Russia  
Tel/fax +7 095 131 4863  
Email m.mitko@gmail.com

shown that SNPs (rs1800795 and rs1800796) in the promoter region of the IL-6 gene are functionally very important in the susceptibility to CAD.<sup>7-9</sup> However, recent genetic population studies are inconclusive regarding associations between the SNPs and circulating IL-6 levels.<sup>5,8-10</sup> The reason for the discrepancies among different studies is unclear.

Based on the data mentioned earlier, we focused on the association between IL-6/IL-6R gene SNPs and their interaction with some cytokines and other CAD-associated clinical markers in a study of 198 CAD cases and 116 matched controls, within the Federal Scientific Clinical Center for Specialized Types of Medical Assistance and Medical Technologies, Moscow Cohort. Six SNPs in the IL-6 gene and five SNPs in the IL-6R gene were selected. The genotype effects of IL-6/IL-6R SNPs on circulating levels of different cytokines in control and diseased Russian patients with different allele frequencies were determined. It was further examined as to whether CAD could interact with IL-6/IL-6R SNPs in the determination of circulating levels of other CAD-associated clinical markers.

## Methods

### Ethical considerations

This study was approved by the ethics committee from the Federal Scientific Clinical Center for Specialized Types of Medical Assistance and Medical Technologies (protocol no 003/2016) and conducted in accordance with the Declaration of Helsinki.

### Sample size

Sample size calculation was based on district demographic data from the 2012 Census, with a population of 507,000 inhabitants. Assuming a 10% margin of error and maximum prevalence of 50%, with 95% confidence interval, a minimum sample of 126 participants (cases) was required. Considering a possible loss of 10%, the final sample size was estimated at 198 participants (cases). Controls were defined according to the approximate number of cases, including 116 participants. Sample size was calculated using Statdisk Version 8.4.<sup>11</sup>

### Study subjects

This study included 198 CAD and 116 control Angio-graphically characterized patients. The basic criteria for inclusion in the group with CAD was  $\geq 50\%$  stenosis in at least one coronary artery (left main coronary stenosis, right coronary artery, anterior descending branch, and circumflex coronary artery) and exhibiting stable or unstable angina pectoris. All

analyses were conducted on patients admitted to the Federal Scientific Clinical Center for Specialized Types of Medical Assistance and Medical Technologies, Moscow. All participants in the study were from the Russian population. According to the guidelines of the Ethics Committee of the Federal Scientific Clinical Center for Specialized Types of Medical Assistance and Medical Technologies, all participants gave written informed consent containing references concerning age, gender, diabetes mellitus, hypertension, hypercholesterolemia, and smoking habits. Hypertension pertained to blood pressure  $>140/90$  mmHg or to antihypertensive medication treatment. Diabetes mellitus was accredited to fasting glucose levels  $\geq 126$  mg/dL, history of antidiabetic drug treatment, and/or an official diagnosis of diabetes. When the low-density lipoprotein was  $\geq 3.40$  mmol/L, the patients were classified as hypercholesterolemic. The patients with a coronary artery bypass graft intervention, congenital heart disease, history of percutaneous coronary intervention, rheumatic valvular heart disease, severe heart failure, cardiomyopathy, end-stage renal and liver diseases, thyroid disease, malignant tumor, connective tissue disease, immune system diseases, and serious infections were excluded. The control subjects were confirmed to be free of CAD and other cardiovascular diseases, end-stage renal and liver diseases, thyroid disease, malignant tumor, immune system diseases, and serious infections. The difference between the studied groups of patients was in the presence of CAD. In actuality, both groups were composed of patients suspected of CAD, but those without determined CAD were taken as controls. In general, all patients included in the study did not take statins.

The clinical data of the control and CAD subjects, including glucose, hypertension, total cholesterol (TC), triglyceride (TG), low-density lipoprotein cholesterol (LDL-c), high-density lipoprotein cholesterol, N-terminal pro B-type natriuretic peptide (Nt-proBNP), interferon gamma (IFN-gamma), bilirubin, and fibrinogen and fatty acid-binding protein (FABP), were compiled from the medical records.

### Blood collection

Venous blood samples were drawn via Vacutainer plain EDTA-treated tubes from the antecubital vein after a 12 hour fast. Plasma was prepared within 1 hour at room temperature by centrifugation at  $2000 \times g$  for 15 minutes. The plasma was stored at  $-80^{\circ}\text{C}$  until analyses were performed. For the Nt-proBNP determination, an electrochemical-luminescence immunoassay (pro-BNP Elec-sys; Hoffman-La Roche Ltd., Basel, Switzerland) was used.

## Genotyping of IL-6 and IL-6R

The genotype of rs1800795 was determined using a polymerase chain reaction followed by a melting analysis of dual-labeled probe.<sup>12,13</sup> Genotyping of the remaining SNPs was carried out in real-time PCR allelic discrimination with TaqMan probes using an StepOnePlus thermal cycler (Applied Biosystems, Foster City, CA, USA). The genotype analysis of polymorphic markers of several genes was performed through endpoint fluorescence detection using the built-in tools of the SDS 2.3 software, with a sample considered positive if its quality value was 95%. Samples that failed to meet this quality value were re-analyzed (100% of samples were subjected to genotype analysis). UGENE software (Version 1.14; <http://ugene.unipro.ru/>) and Oligo Analyzer software (Version 1.0.3) were used for the probes and primer designs. Gene sequences were obtained from the National Center for Biotechnology (<http://www.ncbi.nlm.nih.gov/>). Genotype and allele frequencies were calculated via direct counting. The De-Finetti program (<https://ihg.gsf.de/cgi-bin/hw/hwa1.pl>) exact test was used for the estimation of the adherence of genotype distribution to the Hardy–Weinberg equilibrium. Case–control status was provided by blinded laboratory personnel, genotyping procedure validation was assured by the insertion of 26 blinded quality control samples, and blinded samples' concordance was >99%. Probes, primers, and genotyping assays are available upon request.

## SNP selection

The basic criteria for SNPs inclusion in this study were their association with vascular diseases (myocardial infarction, atherosclerosis, or other peripheral vascular diseases). In cases when relationships between tagged SNPs and above noted diseases were already established in the literature, these SNPs received high priority for inclusion in the study.

The primary genes of interest were IL-6 and IL-6R. Two promoter region polymorphisms, rs1800795 and rs1800796 in the IL-6 gene, were primarily targeted because of their known association with the CAD, across different population studies. The investigation was expanded by searching for additional SNPs identified in the IL-6 and IL-6R genes in the database of dbSNP (<http://www.ncbi.nlm.nih.gov/SNP>). Nine additional SNPs were selected, including four tagging SNPs (rs2069830, rs2069842, rs2069860, and rs13306435) for IL-6 and additional five tagging SNPs (rs786205523, rs119466000, rs2228046, rs2228044, and rs2228043) for IL-6R from the same SNPs' database.

## Circulating concentrations of IL-1 $\beta$ , IL-2, IL-4, IL-6, IL-8, IL-18, and IL-10

IL-1 $\beta$ , IL-2, IL-4, IL-6, IL-8, IL-18, and IL-10 in plasma were analyzed by the newly developed enzyme-linked immunosorbent assay for quantitative analysis of IL-1 $\beta$ , IL-2, IL-4, IL-6, IL-8, IL-18, and IL-10 levels from Bender Med-Systems. The limits of detection of the essays were ~1.2 pg/mL for IL-1 $\beta$ , 1.9 pg/mL for IL-2, 0.5 pg/mL for IL-4, 0.94 pg/mL for IL-6, 2.2 pg/mL for IL-8, 2.2 pg/mL for IL-18, and 1.1 pg/mL for IL-10. Inter- and intraassay CVs were 6.8 and 4.7% for IL-1 $\beta$ , 7.4 and 6.3% for IL-2, 9.2 and 8.6% for IL-4, 6.4 and 4.6% for IL-6, 7.8 and 6.9% for IL-8, 6.6 and 7.6% for IL-18, and 8.3 and 7.5% for IL-10, respectively.

## Statistical methods

Continuous variables were expressed as mean  $\pm$  standard deviation, and categorical variables were expressed as frequencies and percentage. Normality distribution was checked for each variable. Significantly skewed variables were log transformed. Continuous variables were compared among CAD cases and controls using independent *t*-tests. The significance of differences in allele and genotype frequencies was evaluated using two-tailed Fisher's exact test with Yates's correction, followed by Bonferroni correction. Comparison of the differences between studied biomarkers among different genotypes within a particular SNP was conducted by the Mann–Whitney *U*-test. A two-tailed value of  $P \leq 0.05$  was considered statistically significant. The multivariate logistic model was employed to analyze association between the studied SNPs and risk of CAD. The risk of developing CAD was calculated by determining odds ratio (OR).<sup>14</sup> Homozygotes of the most frequent genotypes were used as a reference groups of both genes. All statistical analyses were performed using the SPSS 17.0 software (SPSS Inc., Chicago, IL, USA).

## Results

### Main characteristics of the study subjects

The baseline characteristics of the control and the group with CAD are listed in Table 1. In comparison to control, the group with CAD had a statistically appreciable variation in the gender and circulatory level of TGs. From Table 1, it is more than obvious that the baseline characteristics of the control group overlap the characteristics of the group with CAD in terms of hypertension and diabetes mellitus type II, which is plausibly the reason for such low statistical differences in all studied parameters between the two examined groups.

**Table 1** Baseline characteristics of the study population

Variables	Controls (n=116)	Patients (n=198)	P
Age (years)	74.94±7.43	70.37±13.45	0.648
Gender (M/F)	33/83	109/89	<b>0.000</b>
BMI (kg/m <sup>2</sup> )	30.33±6.09	30.71±2.75	0.543
Smoking (yes/no)	7/109	11/187	0.860
Hypertension (yes/no)	63/53	92/107	0.144
Type 2 diabetes mellitus (yes/no)	40/76	70/128	0.809
TC (mmol/L)	5.379±1.46	5.22±1.27	0.564
TG (mmol/L)	1.705±1.91	1.43±0.78	<b>0.028</b>
LDL-c (mmol/L)	3.294±1.24	2.94±0.93	0.250
HDL-c (mmol/L)	1.64±0.73	1.56±0.47	0.134
CA	2.28±0.41	2.34±0.35	0.331

**Note:** P-values <0.05 are shown in bold.

**Abbreviations:** CA, coefficient of atherogenicity; BMI, body mass index; F, female; HDL-c, high-density lipoprotein cholesterol; LDL-c, low-density lipoprotein cholesterol; M, male; TC, total cholesterol; TG, triglyceride.

## Genotypes and allele frequencies of the IL-6 and IL-6R gene polymorphisms

The genotype distributions for all SNPs were in the Hardy–Weinberg equilibrium in the control population. In the rs2069860, 109 (97.97%) were A/A homozygotes and four (3.54%) were T/T homozygotes (only from the control group), while only one (0.52%), from the group with CAD, was AT heterozygote and 10 subjects remained undetermined. The allele frequency of the A allele in the rs2069860 was 0.985 in the whole study population. In contrast, in the rs13306435, 106 (92.98%) were T/T homozygotes and eight (7.02%) were A/T heterozygotes, while four subjects remained undetermined in the control group. The same SNP in the CAD group had similar genotype distribution with 192 (96.97%) T/T homozygotes and six (3.03%) T/A heterozygotes. The allele frequency of the T allele in rs13306435 was 0.978 in the whole study population. In the healthy rs1800795, 32 (27.6%) were G/G homozygotes, 58 (50%) were G/C heterozygotes, and 26 (22.4%) were C/C homozygotes, with a G allele frequency of 0.526. The genotype distribution in the same SNP from CAD patients was 62 (31.3%) G/G homozygotes, 100 (50.5%) G/C heterozygotes, and 36 (18.2%) C/C homozygotes, with a G allele frequency of 0.569. The genotype distribution in rs1800796 from the control patients was 104 (89.7%) G/G homozygotes, 10 (8.6%) G/C heterozygotes, and two (1.7%) C/C homozygotes, with a G allele frequency of 0.939. In the group with CAD, there was a similar distribution with 182 (91.9%) G/G homozygotes and 16 (8.1%) G/C heterozygotes, with a G allele frequency of 0.959.

The following are the genotypes and allele frequency distribution of the IL-6R polymorphisms: in the CAD

patients, rs2228044 had 156 (79.6%) G/G homozygotes and 40 (20.4%) G/C heterozygotes, while in the control subjects, rs2228044 had 90 (77.6%) G/G homozygotes and 26 (22.4%) G/C heterozygotes. The allele frequency of the G allele in rs2228044 was 0.887 in the control and 0.888 in the CAD subjects. In the CAD rs2228043, 154 (78.6%) were C/C homozygotes and 42 (21.4%) were G/C heterozygotes, while in the healthy subjects, 88 (75.9%) were C/C homozygotes and 28 (24.1%) were G/C heterozygotes. The allele frequencies of the C allele in rs2228043 were 0.879 in CAD and 0.883 in the control group (Table 2).

In general, the control and CAD patients had a similar genotype distribution for different polymorphisms. In the control group, the genotype distribution was 35.75% for C/C, 10.1% for C/G, 26.66% for G/G, 8.48% for A/A, 0.6% for T/A, and 17.77% for T/T. In the CAD group, the genotype distribution was 36.01% for C/C, 8.97% for C/G, 27.27% for G/G, 8.86% for A/A, 0.35% for T/A, and 17.83% for T/T. Conversely, rs2069830, rs2069842 for the IL-6 gene, and rs786205523, rs119466000, and rs2228046 for the IL-6R gene were monomorphic in the entire study population. As a result, obtained variables for these SNPs were excluded from the study.

It is worthy to notice that significant differences were observed between allele frequency and genotypes only for rs2069860 (Table 2). After the Bonferroni correction, no differences were observed at this position, probably due to the low risk obtained for these alleles.

## Differences between the control and patients with CAD, irrespective from their genotypes

The IL-1 $\beta$ , IL-8, and FABP in the group with CAD were significantly higher as compared to the control group ( $P=0.009$ , 0.000, and 0.0004, respectively) (Table 3).

## Interaction between different genotypes within IL-6/IL-6R gene polymorphisms in relation to some inflammatory and clinical parameters associated with CAD

The Mann–Whitney  $U$ -test was used in order to conduct a study for interaction between obtained genotypes for each SNPs from both different groups of patients. In the control patients, rs1800795 showed significant differences in the IL-18 concentrations between C/C and C/G and C/C and G/G genotypes ( $P=0.003$  and 0.004, respectively, Table 4). Furthermore, circulatory IL-1 $\beta$  was significantly different

**Table 2** Genotype and allele frequencies of different cytokine SNPs in control and CAD patients and their association with CAD risk

Variables	Controls		Patients		OR (95% CI)	P	pc
	n=116	%	n=198	%			
IL-6							
rs2069860							
AA	109	96.46	190	99.48	1.0		
AT	0	0	1	0.52	1.72 (0.069–42.73)	ns	ns
TT	4	3.54	0	0	0.064 (0.0034–1.198)	<b>0.037</b>	ns
Allele							
A	218	96.46	381	99.74	1.0		
T	8	3.54	1	0.26	0.072 (0.0089–0.576)	<b>0.004</b>	ns
rs13306435							
AA	0	0	0	0	–		
AT	8	7.02	6	3.03	2.42 (0.82–7.15)	0.18	ns
TT	106	92.98	192	96.97	1.0		
Allele							
A	8	3.5	6	1.5	2.36 (0.81–6.9)	0.18	ns
T	220	96.5	390	98.5	1.0		
rs1800795							
GG	32	27.6	62	31.3	1.0		
GC	58	50	100	50.5	0.89 (0.52–1.52)	0.77	ns
CC	26	22.4	36	18.2	0.80 (0.44–1.46)	0.57	ns
Allele							
G	122	52.6	224	56.6	1.0		
C	110	47.4	172	43.4	0.85 (0.62–1.18)	0.38	ns
rs1800796							
GG	104	89.7	182	91.9	1.0		
GC	10	8.6	16	8.1	0.91 (0.40–2.09)	0.83	ns
CC	2	1.7	0	0	0.12 (0.0055–2.92)	0.34	ns
Allele							
G	228	93.9	380	95.9	1.0		
C	14	6.1	16	4.1	0.69 (0.329–1.43)	0.41	ns
IL-6R							
rs2228044							
GG	90	77.6	156	79.6	1.0		
GC	26	22.4	40	20.4	0.95 (0.543–1.65)	0.96	ns
CC	0	0	0	0	–		
Allele							
G	206	88.8	352	89.8	1.0		
C	26	11.2	40	10.2	0.90 (0.53–1.52)	0.79	ns
rs2228043							
GG	0	0	0	0	–		
GC	28	24.1	42	21.4	1.17 (0.67–2.013)	0.68	ns
CC	88	75.9	154	78.6	1.0		
Allele							
G	28	12.1	42	10.7	1.0		
C	204	87.9	350	89.3	1.14 (0.69–1.90)	0.70	ns

**Notes:** P-values, Fisher's exact test with Yates's correction; pc-value, after Bonferroni correction. Bold values denote  $P < 0.05$ .

**Abbreviations:** CAD, coronary artery disease; CI, confidence level; IL, interleukin; ns, nonsignificant; OR, odds ratio; SNPs, single nucleotide polymorphisms.

between G/C and G/G genotypes from the same SNP ( $P=0.039$ ). Also, IFN- $\gamma$  and Nt-proBNP showed statistically significant differences between the same genotype carriers from rs1800796 ( $P=0.013$  and  $0.012$ , respectively). Nt-proBNP was significantly different between G/C and G/G genotypes of the rs2228044 ( $P=0.008$ ). The same biomarker showed significant differences between G/C and

C/C genotype carriers from the control rs2228043 IL-6R gene (Table 4). In the patients with CAD, significance was determined between C and G homozygote allele carriers of rs1800795, only for IL-2 ( $P=0.021$ , Table 4). Diseased G/C and G/G genotype carriers were statistically different for IL-2 from rs1800796 and IL-4 from rs2228044 ( $P=0.049$  and  $0.030$ , respectively, Table 4). IL-4 was also statistically



**Table 3** Differences between the control and patients with CAD, irrespective of their genotypes

Control vs CAD	P
IL-2	0.926
IL-4	0.170
IL-6	0.414
IL-8	<b>0.000</b>
IL-18	0.371
IL-1 $\beta$	<b>0.009</b>
IL-10	0.135
Bilirubin	0.052
IFN-gamma	0.064
Nt-proBNP	0.050
Myoglobin	0.681
FABP	<b>0.000</b>
Troponin	0.279

**Note:** P-values <0.05 are shown in bold.

**Abbreviations:** CAD, coronary artery disease; FABP, fibrinogen and fatty acid-binding protein; IFN-gamma, interferon gamma; IL, interleukin; Nt-proBNP, N-terminal pro B-type natriuretic peptide.

significant between G/C and C/C genotypes from rs2228043 of the IL-6R gene ( $P=0.025$ , Table 4). The last combination of genotypes in the same gene for the same SNP was statistically significant for IL-10 ( $P=0.036$ , Table 4).

In general, the IL-6/IL-6R genotype/biomarker interactions within the control are completely different in comparison to interactions within the group with CAD. Basically, despite the established IL-6 interaction with other inflammatory mediators in patients with CAD,<sup>15–18</sup> evidence of any association between all studied IL-6/IL-6R genotypes and circulatory IL-6 concentration remains unconfirmed in this study.

## Logistic regression model for CAD

When the baseline characteristics of the patients and the SNPs genotypes were added as covariates, logistic regression

**Table 4** Interaction between different genotypes within IL-6/IL-6R gene SNPs in relation to cytokine and other CAD-associated clinical parameter concentrations in control and patients with diagnosed CAD

Examined parameters	rs1800795			rs1800796	rs2228044	rs2228043
	C/C ~ G/C	C/C ~ G/G	G/C ~ G/G	G/C ~ G/G	C/G ~ G/G	C/C ~ G/C
	P	P	P	P	P	P
Control subjects						
IL-2	0.261	0.549	0.278	0.670	0.324	0.324
IL-4	0.087	0.239	0.469	0.337	0.076	0.076
IL-6	0.272	0.083	0.248	0.456	0.213	0.213
IL-8	0.719	0.282	0.256	0.278	0.262	0.262
IL-18	<b>0.003</b>	<b>0.004</b>	0.500	0.951	0.390	0.390
IL-1β	0.443	0.303	<b>0.039</b>	0.813	0.339	0.339
IL-10	0.969	0.300	0.099	0.387	0.822	0.822
Bilirubin	0.355	0.773	0.243	0.475	0.743	0.743
IFN-gamma	0.489	0.110	0.054	<b>0.013</b>	0.083	0.083
Nt-proBNP	0.835	0.754	0.987	<b>0.012</b>	<b>0.008</b>	<b>0.008</b>
Myoglobin	0.660	0.384	0.672	0.582	0.594	0.594
FABP	0.489	0.513	0.920	0.055	0.614	0.614
Troponin	0.479	0.303	0.393	0.287	0.281	0.281
	rs1800795	rs1800796	rs2228044	rs2228043		
	C/C ~ G/G	G/C ~ G/G	C/G ~ G/G	C/C ~ G/C		
	P	P	P	P		
Patients with diagnosed CAD						
IL-2	<b>0.021</b>	<b>0.049</b>	0.516	0.696		
IL-4	0.251	0.706	<b>0.030</b>	<b>0.025</b>		
IL-6	0.067	0.949	0.250	0.182		
IL-8	0.624	0.114	0.850	0.558		
IL-18	0.804	0.888	0.440	0.519		
IL-1β	0.717	0.508	0.736	0.636		
IL-10	0.398	0.760	0.051	<b>0.036</b>		
Bilirubin	0.126	0.679	0.131	0.105		
IFN-gamma	0.514	0.734	0.432	0.577		
Nt-proBNP	0.739	0.647	0.281	0.243		
Myoglobin	0.286	0.532	0.282	0.808		
FABP	0.343	0.641	0.921	0.525		
Troponin	0.152	0.432	0.264	0.475		

**Note:** P-values <0.05 are shown in bold.

**Abbreviations:** CAD, coronary artery disease; FABP, fibrinogen and fatty acid-binding protein; IFN gamma, interferon gamma; IL, interleukin; Nt-proBNP, N-terminal pro B-type natriuretic peptide; SNPs, single nucleotide polymorphisms.

**Table 5** Logistic regression analysis for patients with CAD

Variables	P	OR (% 95 CI)
Gender	<b>0.018</b>	1.91 (1.16–2.98)
TG	<b>0.026</b>	2.57 (1.11–3.52)

**Note:** P-values <0.05 are shown in bold.

**Abbreviations:** CAD, coronary artery disease; CI, confidence interval; OR, odds ratio; TG, triglyceride.

revealed only gender (OR =1.91) and high TGs (OR =2.57) to be the strongest determinants of CAD (Table 5).

## Discussion

The development of molecular biology techniques has allowed identification of the genetic polymorphisms within regulatory regions of cytokine genes and confirmed the finding that the level of cytokine production differs among individuals. These considerations have prompted many authors to investigate the regulation of genes expressing these cytokines in relation to susceptibility to CAD. There is an increasing number of studies devoted to this topic in the recent literature. However, to date, there are no studies conducted in Russian Federation that address this issue.

The present discussion has been based on the data considered significant as compared with those obtained from similar studies. These findings may suggest that different settings may be regulated by different cytokine production pathways and that IL-6 together with IL-6R has a biological role in susceptibility to CAD. It is also known that the balance between pro-inflammatory and anti-inflammatory markers has a critical role in the development of CAD.<sup>19–21</sup> In this direction, different sets of epidemiological studies have revealed that specific SNPs in different genes, such as IL-6, IL-16, IL-17, IL-18, and IL-23, are associated with the development of CAD.<sup>22–28</sup> The results from this research, regarding T allele from rs2069860, associated with the patients without CAD, suggest that rs2069860 is typical for the development of hypertension or diabetes mellitus type II but not for CAD. Other studies have reported association between rs1800795 and rs1800796 and the risk of CAD.<sup>29–31</sup> In the Korean population, an association between the rs1800795 genotype and CAD was also confirmed.<sup>29</sup> Phulukdaree et al<sup>30</sup> reported the rs1800795 G allele association with the increased risk of CAD development in South African Indians. In a meta-analysis study conducted by Yang et al<sup>32</sup> including an additional 19 studies, rs1800795 and rs1800796 were associated with the increased risk of CAD. Conversely, some other studies found inconsistent results. In a case–control study of the Chinese population, no association was found between rs1800795 and rs1800796 SNPs regarding the risk of CAD,<sup>31</sup>

which is in agreement with the results from this study. Actually, no association was found between CAD and all tagged SNPs. We are of an opinion that such an inconsistency is probably a result of the group selection. It seems that there is an overlap between baseline characteristics of the patients without and with CAD. In fact, the percentage of distribution of diabetes mellitus type II and hypertension is similar in both studied groups. In addition, one population study<sup>33</sup> has found relationships between hypertension, diabetes mellitus type II, specific SNPs, and susceptibility to CAD. In addition, the advanced age of the subjects from both groups in this study can be taken as another reason for an unexpected distribution of the studied SNPs. The association between IL-6/IL-6R SNPs and different circulating cytokines was another aim of this study. The absolute differences in the IL-1 $\beta$ , IL-8, and FABP means in the group with CAD were significantly higher as compared to the control group. Therefore, the higher concentrations of the IL-1 $\beta$ , IL-8, and FABP in the patients with CAD could be taken as a common inflammatory initiator in the process of the development of CAD. Certainly, partial roles of particular genotypes from all tagged SNPs in such a complex mechanism could be determined, but because of the huge discrepancies in the distribution of the studied genotypes, this analysis was eliminated from the investigation. These discrepancies could be the result of environmental and other differences associated with the clinical sample, gender, disease status, aging, and so on. For instance, in the Caucasian or Western population, rs1800796 C allele was associated with increased IL-6 level.<sup>33</sup> Correspondingly, such an association was not the case between rs1800796 GC genotype and circulating IL-6 level in hypercholesterolemic and patients with myocardial infarction.<sup>34,35</sup> IL-6 rs1800795 SNP significantly affected the plasma IL-18 levels as they were higher in the risk allele C carriers of this SNP. Since this is a promoter region polymorphism, certain researchers suggest that it might directly affect the transcription regulation factors (activators) leading to altered production of IL-6,<sup>36</sup> or that it might be tagging a gene variant affecting the transcriptional regulation of IL-18 production.<sup>37</sup> In the control subjects from this study, rs1800795 C/C genotypes were associated with significantly higher circulating levels of IL-18 than the G/C or G/G genotypes. This is in support of the exaggerated C/C raising effect during inflammation. Correspondingly, similar exaggeration was determined for the G/G genotype in the same SNP, expressed through IL-1 $\beta$  ( $P=0.039$ , Table 4). These associations between some pro-inflammatory cytokines with some genotypes in the control subjects from this study are probably based on the widespread

hypertension and diabetic disease in the group without CAD. In point of fact, in patients with CAD, such differences were not seen, possibly because of the worsened inflammatory situation in genotypes from all the studied SNPs. Theoretically, it seems that in the case with proinflammatory cytokines, similar disease–genotype interactions lie in the basis of the different clinical settings, specific for hypertension, diabetes mellitus, and CAD.

Also, rs1800795 G allele exerted an influence on the IFN- $\gamma$  and Nt-proBNP in the subjects without CAD. Similar influences on Nt-proBNP had G/G genotype from rs2228044 carriers. Conversely, increased Nt-proBNP in the control rs2228043 was specific for the C/C genotype. As described previously, detected association between circulatory Nt-proBNP, IFN- $\gamma$ , and some specific genotypes could be prescribed of the specificity of the clinical sample.

Furthermore, CAD individuals that were homozygous for G allele produced significantly higher amount of IL-2 than C/C and G/C genotypes. In the present study, we observed significant differences in the frequency of the C/C and G/C genotypes, which are associated with low IL-2 production. The mechanism by which this is accomplished is currently under study. It is possible that the GG genotype from both polymorphisms rs1800795 and rs1800796 (Table 4), interferes with the binding of a key silencer element, thereby resulting in enhanced (or not) IL-2 production in patients with CAD. In addition, increased IL-4 was associated with GG and CC genotypes in rs2228043 and rs2228044, respectively. This study also shows that IL-10 levels in subjects without CAD are influenced by IL-6R gene variants including rs2228043, as they were higher in the risk allele C carriers of this SNP. This is probably a result of the suppression of IL-10 production via activation of the STAT group of transcription regulation factors (repressors) by the IL-10 gene variant.<sup>38</sup> It is interesting to note that, in the patients with CAD, anti-inflammatory response was more pronounced in comparison to the controls. Taking into account the study of Scheller et al,<sup>39</sup> it seems that IL-6R association with increased IL-4 and IL-10 in patients with CAD lies in the basis of the anti-inflammatory or even regenerative activities of IL-6R, mediated by its classic signaling (stimulation via a membrane bound IL-6R).<sup>39</sup>

Beside the abovementioned association between SNPs and different cytokines in patients with CAD, Holvoet et al<sup>40</sup> reported that oxi-LDL is associated with sub-clinical and clinical CAD onset in different ethnic groups. In this theory, a positive association was found between increased TG and

CAD (confirmed by the logistic regression model). The pivotal role of TG in lipid metabolism is not directly atherogenic but TG is taken as an important marker of CAD risk because of its association with atherogenic remnant particles.<sup>41,42</sup>

In conclusion, by examining the inflammatory and anti-inflammatory cytokines, this study revealed that IL-1 $\beta$ , IL-18, IL-4, and IL-10 as significantly changed cytokines are associated with different SNPs in patients with CAD. However, different gene variants may be tagging the functional SNPs in the transcriptional regulatory regions or gene promoter region of inflammatory or immune biomarkers involved in the pathogenesis of CAD.<sup>43</sup> The carriage of the particular risk alleles might further increase transcriptional activity enhancing the proinflammatory status. In future studies, nearest gene annotation can be useful to differentiate between the actual causal variant and the tagging SNP.

## Limitations

One of the major limitation of this study pertains to the fact that only a total of 11 genetic variants were reported. This study was performed in order to evaluate the interaction of different SNP genotypes with CAD in association with pro and anti-inflammatory cytokines. The cross-sectional nature of the study was one of its basic limitations. The prospective prediction of the IL-6/IL6R genotypes effects upon the development of CAD is impossible at this stage. Another limitation was the sample size, owing to the exclusion of patients with mild CAD (<50% stenosis in one or more epicardial vessels).

In addition, the participants with suspicious clinical characteristics were excluded from the study.

The strength of this study is in its homogeneous population, consisting of patients at the same age from the same race and nationality.

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## Author contributions

All authors contributed to data analysis, drafting and critically revising the paper and agree to be accountable for all aspects of the work.



## Disclosure

The authors report no conflicts of interest in this work.

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