

Induction of oxidative stress, DNA damage, and apoptosis in a malignant human skin melanoma cell line after exposure to zinc oxide nanoparticles

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Abstract: The widespread use of zinc oxide (ZnO) nanoparticles worldwide exposes humans to their adverse effects, so it is important to understand their biological effects and any associated risks. This study was designed to investigate the cytotoxicity, oxidative stress, and apoptosis caused by ZnO nanoparticles in human skin melanoma (A375) cells. MTT [3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazoliumbromide] and lactate dehydrogenase-based cell viability assays showed a significant decrease in cell viability after exposure to ZnO nanoparticles, and phase contrast images revealed that cells treated with these nanoparticles had a lower density and a rounded morphology. ZnO nanoparticles were also found to induce oxidative stress, evidenced by generation of reactive oxygen species and depletion of the antioxidant, glutathione. Induction of apoptosis was confirmed by chromosomal condensation assay and caspase-3 activation. Further, more DNA damage was observed in cells exposed to the highest concentration of ZnO nanoparticles. These results demonstrate that ZnO nanoparticles have genotoxic potential in A375 cells, which may be mediated via oxidative stress. Our short-term exposure study showing induction of a genotoxic and apoptotic response to ZnO nanoparticles needs further investigation to determine whether there may be consequences of long-term exposure to ZnO nanoparticles.

Keywords: zinc oxide nanoparticles, oxidative stress, apoptosis, DNA damage

Introduction

Production of engineered nanoparticles is increasing rapidly as the field of nanotechnology continues to expand. There has been exponential growth in the use of nanotechnology in many areas, eg, medicine, consumer products, clothes, electronics, and sporting goods.¹ Despite the widespread applications of zinc oxide (ZnO) nanoparticles, there is still a lack of information concerning their toxicity at the cellular and molecular levels. Brunner et al² reported that ZnO nanoparticles (19 nm) induced near complete cell death in human mesothelioma and rodent fibroblasts. Human neural cells showed an approximately 50% decrease in survival after 48 hours of exposure to ZnO nanoparticles (11 µg/mL) and human alveolar epithelial cell viability was reduced by 50% after 24 hours by exposure to ZnO nanoparticles at a concentration of 4 µg/mL.³ Reduction in neural stem cell survivorship was also observed after 24 hours of incubation with ZnO nanoparticles at a concentration of 12 µg/mL.⁴ In addition, cancerous human T cells were demonstrated to have around 30 times more sensitivity to ZnO nanoparticle toxicity than normal T cells.⁵

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We chose human skin melanoma cells as a model to assess the toxicity potential of ZnO nanoparticles because skin tissue in humans is often the first level of exposure to many toxicants.⁶ Reactive oxygen species are important factors not only in the apoptosis process,⁷ but also in DNA damage⁸ and many other cellular processes. We subsequently measured reactive oxygen species levels to determine whether generation of reactive oxygen species could be a possible mechanism for the cytotoxicity observed for ZnO nanoparticles. Apoptosis-mediated changes on exposure to ZnO and other nanoparticles have also been reported for a number of cell types, including human lymphocytes,⁹ liver cells from the adult zebrafish,¹⁰ and human epidermal keratinocytes.¹¹ Further, recent research has demonstrated the genotoxicity of ZnO nanoparticles in human cells.¹² However, the mechanism involved in the toxicity of commercially available ZnO nanoparticles is not well understood. Premanathan et al¹³ have reported that ZnO nanoparticles release zinc ions (Zn^{2+}) in the aqueous state. Therefore, we also investigated whether ZnO nanoparticles can have a toxic effect on A375 cells, and, if so, whether the toxicity results from release of soluble Zn^{2+} or from the ZnO nanoparticles per se. Thus, the present investigations were carried out to study the mechanisms underlying the apoptotic and genotoxic potential of ZnO nanoparticles in human skin melanoma cells through generation of reactive oxygen species and oxidative stress.

Materials and methods

Chemicals and reagents

Fetal bovine serum, penicillin-streptomycin, and Dulbecco's Modified Eagle Medium/F-12 medium were purchased from Invitrogen (Carlsbad, CA, USA). ZnO nanoparticles, glutathione, 5, 5-dithio-bis-(2-nitrobenzoic acid), MTT, 2,7-dichlorofluorescein diacetate, and propidium iodide were obtained from Sigma-Aldrich (St Louis, MO, USA). Zinc chloride and all other chemicals used were of high purity and available from commercial sources.

Preparation and characterization of ZnO nanoparticles

ZnO nanoparticles were suspended in medium at a concentration of 1 mg/mL. Stock suspension was probe-sonicated at 40 W for 15 minutes. The optical absorption of the ZnO nanoparticle suspension was measured using a double-beam ultraviolet-visible spectrum (Varian-Cary-300 ultraviolet-visible spectrophotometer, Varian Inc, Columbia, MD, USA) in the wavelength range of 200–800 nm at room temperature. The average hydrodynamic size of the ZnO nanoparticles was

measured by dynamic light scattering (Nano-Zeta Sizer-HT, Malvern Instruments, Worcestershire, UK) following the procedure reported by Murdock et al.¹⁴ Samples for transmission electron microscopy (TEM) analysis were prepared by dropcoating ZnO nanoparticle solution onto carbon-coated copper TEM grids. The films on the TEM grids were allowed to dry prior to measurement. TEM measurements were performed on a JEOL model 2100F (Tokyo, Japan) operated at an accelerating voltage of 200 kV.

Cell culture and exposure to ZnO nanoparticles

A human malignant melanoma skin (A375) cell line (passage 22) was sourced from the American Type Culture Collection (Rockville, MD, USA. Accession number HB-8065), preserved and subcultured up to passage 48 in the laboratory, and then used to determine cell viability on exposure to ZnO nanoparticles and Zn^{2+} . The cells were cultured in Dulbecco's Modified Eagle Medium/F-12 medium supplemented with 10% fetal bovine serum and 100 U/mL penicillin-streptomycin at 5% CO_2 and 37°C. At 85% confluence, the cells were harvested using 0.25% trypsin and subcultured in 75 cm² flasks, six-well plates, and 96-well plates according to the experiment being performed. The cells were allowed to attach to the surface for 24 hours prior to treatment. The ZnO nanoparticles were suspended in cell culture medium and diluted to appropriate concentrations (0, 5, 10, and 20 µg/mL). The appropriate dilutions of ZnO nanoparticles were then sonicated using a sonicator bath at room temperature for 10 minutes at 40 W to avoid agglomeration of particles before exposure to the cells. Cells not exposed to ZnO nanoparticles served as a control in each experiment.

Dissolution of ZnO nanoparticles

Dissolution of ZnO nanoparticles and exposure of cells to the same was analyzed to determine whether Zn^{2+} released from the ZnO nanoparticle suspension may play a role in cellular toxicity. Concentrations of the Zn^{2+} released were measured in all the types of culture medium which were collected immediately from the ZnO nanoparticle-treated cells at the end of exposure and centrifuged at 30,000 g for 30 minutes. After centrifugation, the Zn^{2+} concentrations released in the supernatants were detected by flame atomic absorption spectroscopy (GBC Avanta version 2.01, GBC Scientific, Hampshire, IL, USA). Further, to compare the toxic effects of the Zn^{2+} released with that of ZnO nanoparticles, another exposure regimen using soluble Zn^{2+} was performed. In that experiment, the ZnO nanoparticle suspension was

replaced by Zn^{2+} solution (10 and 20 $\mu\text{g/mL}$), by adding the required mass of zinc chloride (97.0%–100%, BDH Chemicals, Radnor, PA, USA) to the culture medium.

Cell morphology

The morphology of the A375 cells was observed using a DMIL phase-contrast microscope (Leica, Wetzlar, Germany) after exposure to different concentrations of ZnO nanoparticles for 24 and 48 hours.

Mitochondrial function

The MTT assay was used to investigate mitochondrial function as described by Mossman.¹⁵ Briefly, 1×10^4 cells/well were seeded in 96-well plates and exposed to different concentrations of ZnO nanoparticles and Zn^{2+} for 24 and 48 hours. At the end of exposure, the culture medium was replaced with new medium containing MTT solution (0.5 mg/mL) and incubated for 4 hours at 37°C. The formazan crystals formed were dissolved in dimethylsulfoxide. The plates were put on a shaker for 10 minutes at room temperature and then analyzed at 530 nm using a multiwell microplate reader (Omega Fluostar, BMG Labtech, Ortenberg, Germany). Untreated sets were also run under identical conditions and served as controls.

Lactate dehydrogenase leakage

Release of the cytoplasmic enzyme, lactate dehydrogenase, into culture medium has been reported by Wroblewski and LaDue.¹⁶ A375 cells were treated with different concentrations of ZnO nanoparticles and Zn^{2+} for 24 and 48 hours. After exposure, 100 μL samples were collected from the centrifuged culture medium. Lactate dehydrogenase activity was assayed in 3.0 mL of reaction mixture containing 100 μL of pyruvic acid (2.5 mg/mL of phosphate buffer) and 100 μL of nicotinamide adenine dinucleotide (2.5 mg/mL of phosphate buffer), and the rest of the volume was adjusted with phosphate-buffered solution (0.1 M, pH 7.4). The rate of oxidation of nicotinamide adenine dinucleotide was determined by following the decrease in absorbance at 340 nm for 3 minutes at one-minute intervals and 25°C using a spectrophotometer (Varian-Cary 300 Bio). The amount of lactate dehydrogenase released is expressed as lactate dehydrogenase activity (IU/L) in culture medium.

Generation of intracellular reactive oxygen species

Generation of reactive oxygen species was assessed using 2,7-dichlorofluorescein diacetate dye as a fluorescence agent¹⁷ in A375 cells after exposure to different concentrations of ZnO

nanoparticles and Zn^{2+} . Generation of reactive oxygen species was studied by two methods, ie, fluorometric analysis and microscopic fluorescence imaging. For fluorometric analysis, cells (1×10^4 per well) were seeded in 96-well black-bottomed culture plates and allowed to adhere for 24 hours in a CO_2 incubator at 37°C. Next, the A375 cells were exposed to the above concentrations of ZnO nanoparticles and Zn^{2+} for 24 and 48 hours. On completion of their respective exposure periods, the cells were incubated with 2,7-dichlorofluorescein diacetate 10 mM for 30 minutes at 37°C. The reaction mixture was aspirated and replaced in each well by 200 μL of phosphate-buffered solution. The plates were put on a shaker for 10 minutes at room temperature in the dark. Fluorescence intensity was measured using a Multiwell microplate reader (Omega Fluostar) at an excitation wavelength of 485 nm and an emission wavelength of 528 nm, and values were expressed as percent of fluorescence intensity relative to the control wells. A parallel set of cells (5×10^4 per well) were analyzed for intracellular fluorescence using an upright fluorescence microscope equipped with a cooled charged couple device camera (Nikon Eclipse 80i equipped with a Nikon DS-Ri1 12.7 mega pixel camera, Nikon, Tokyo, Japan).

Biomarkers of oxidative stress

Cells at a final density of approximately 6×10^6 in a 75 cm^2 culture flask were exposed to different concentrations of ZnO nanoparticles and Zn^{2+} for 24 and 48 hours. After exposure, the cells were scraped off and washed twice with chilled $1 \times$ phosphate-buffered solution. The harvested cell pellets were lysed in cell lysis buffer (20 mM Tris-HCl [pH 7.5], 150 mM NaCl, 1 mM Na_2EDTA , 1% Triton, 2.5 mM sodium pyrophosphate). The cells were centrifuged at 15,000 g for 10 minutes at 4°C. The supernatant (cell extract) was maintained on ice until assayed for biomarkers of oxidative stress. Protein content was measured using the method described by Bradford,¹⁸ with bovine serum albumin as the standard.

Lipid peroxidation assay

The extent of membrane lipid peroxidation was estimated by measuring the formation of malondialdehyde using the method reported by Ohkawa et al.¹⁹ Malondialdehyde is one of the products of membrane lipid peroxidation. A mixture of 0.1 mL of cell extract and 1.9 mL of 0.1 M sodium phosphate buffer (pH 7.4) was incubated at 37°C for one hour. The incubation mixture, after precipitation with 5% trichloroacetic acid, was centrifuged at 2300 g for 15 minutes at room temperature, after which the supernatant was collected. Next, 1.0 mL of 1% tert-butyl alcohol was added to the

supernatant and placed in boiling water for 15 minutes. After cooling to room temperature, absorbance of the mixture was taken at 532 nm and expressed in nmol of malondialdehyde/hour/mg protein using a molar extinction coefficient of 1.56×10^5 M/cm.

Glutathione levels

The glutathione level was quantified using Ellman's reagent.²⁰ The assay mixture contained phosphate buffer, 5, 5-dithio-bis-(2-nitrobenzoic acid), and cell extract. The reaction was monitored at 412 nm and the amount of glutathione was expressed in terms of nmol glutathione per mg protein.

Superoxide dismutase activity

Superoxide dismutase activity was estimated using a method described by Kakkar et al.²¹ The assay mixture contained sodium pyrophosphate buffer, nitroblue tetrazolium, phenazine methosulfate, reduced nicotinamide adenine dinucleotide, and the required volume of cell extract. One unit of superoxide dismutase enzyme activity is defined as the amount of enzyme required for inhibiting chromogen production (optical density 560 nm) by 50% in one minute under assay conditions and is expressed as specific activity in units per minute per mg protein.

Catalase activity

Catalase activity was measured by following its ability to split hydrogen peroxide (H_2O_2) within one minute of incubation time. The reaction was then stopped by adding dichromate/acetic acid reagent, and the remaining H_2O_2 was determined by measuring chromic acetate at 570 nm. Chromic acetate is formed by reduction of dichromate/acetic acid in the presence of H_2O_2 , as described elsewhere.²² Catalase activity was expressed as μ mol H_2O_2 decomposed per minute per mg protein.

Caspase-3 assay

The activity of caspase-3 was determined from cleavage of the caspase-3 substrate (N-acetyl-DEVD-p-nitroaniline), with p-nitroaniline used as the standard. Cleavage of the substrate was monitored at 405 nm and its specific activity was expressed in picomoles of product (nitroaniline) per minute per mg of protein.

DAPI staining for chromosome condensation

Chromosome condensation in A375 cells due to ZnO nanoparticles and Zn^{2+} was observed by 4', 6-diamidino-2-phenylindole

(DAPI) staining according to the method described by Dhar-Mascareno et al.²³ DAPI solution was used to stain the exposed cells in eight chamber slides and the slides were incubated for 10 minutes in the dark at 37°C. Images of the nucleus were captured using a fluorescence microscope (Nikon) at an excitation wavelength of 330 nm and at emission wavelength of 420 nm.

Determination of DNA strand breakage

Alkaline single cell gel electrophoresis was performed as a three-layer procedure²⁴ with slight modification.²⁵ In brief, 70,000 cells/well were seeded in a six-well plate. After 24 hours of seeding, the cells were treated with different concentrations of ZnO nanoparticles and Zn^{2+} for 24 and 48 hours. After treatment, the A375 cells were trypsinized and resuspended in Dulbecco's Modified Eagle Medium, and the cell suspension was centrifuged at 1200 rpm and 4°C for 5 minutes. The cell pellet was finally suspended in chilled phosphate-buffered solution for comet assay. Cell viability was evaluated using the trypan blue exclusion method.²⁶ Samples showing cell viability higher than 84% were further processed for comet assay. In brief, about 15 μ L of cell suspension (approximately 20,000 cells) were mixed with 85 μ L of 0.5% low melting point agarose and layered on one end of a frosted plain glass slide precoated with a layer of 200 μ L normal agarose (1%). Thereafter, the sample was covered with a third layer of 100 μ L low melting point agarose. After solidification of the gel, the slides were immersed in lysing solution (2.5 M NaCl, 100 mM Na_2EDTA , 10 mM Tris, pH 10, with 10% dimethylsulfoxide and 1% Triton X-100 added fresh) overnight at 4°C. The slides were then placed in a horizontal gel electrophoresis unit. Fresh cold alkaline electrophoresis buffer (300 mM NaOH, 1 mM Na_2EDTA and 0.2% dimethylsulfoxide, pH 13.5) was poured into the chamber and left for 20 minutes at 4°C for unwinding of DNA and conversion of alkali-labile sites to single strand breaks. Electrophoresis was carried out using the same solution at 4°C for 20 minutes at 15 V (0.8 V/cm) and 300 mA. The slides were neutralized gently with 0.4 M Tris buffer at pH 7.5 and stained with 75 μ L of ethidium bromide (20 μ g/mL). For the positive control, A375 cells were treated with 100 μ M H_2O_2 for 10 minutes at 4°C. Two slides were prepared from each well (per concentration) and 50 cells per slide (100 cells per concentration) were scored randomly and analyzed using an image analysis system (Komet 5.0, Kinetic Imaging, Liverpool, UK)

attached to a fluorescence microscope (DMLB, Leica) equipped with appropriate filters. The parameters, ie, percent tail DNA (% tail DNA = 100% head DNA) and olive tail moment were selected for quantification of DNA damage in A375 cells as determined by the software.

Statistical analysis

At least three independent experiments were carried out in duplicate for each experiment. The data were expressed as the mean (\pm standard error of the mean) and analyzed by one-way analysis of variance. A *P* value less than 0.01 was considered to be statistically significant.

Results

Physicochemical characterization of ZnO nanoparticles

Ultraviolet-visible spectrophotometry showed an absorption band (Figure 1A). Figure 1B shows a typical TEM image of the ZnO nanoparticles, and indicates that the majority of the nanoparticles were in a polygonal sheet shape with smooth surfaces. The average diameter of the ZnO nanoparticles was calculated from measuring over 100 particles in random fields of TEM view and found to be around 17 nm. Figure 1C shows the size (nm) distribution of the nanoparticles. The average hydrodynamic size and zeta potential of the nanoparticles in medium determined

by dynamic light scattering were 263.0 nm and -14.0 mV, respectively (Figure 1D).

Morphological changes and cytotoxicity

Figure 2 shows the comparative morphology of untreated and ZnO nanoparticle-treated A375 cells. Morphological changes in cells started to become visible after exposure to $5 \mu\text{g/mL}$ ZnO nanoparticles for 24 hours. Cells treated with $10 \mu\text{g/mL}$ ZnO nanoparticles after 48 hours changed into a spherical shape and detached from the surface (Figure 2B). The morphology of the A375 cells exposed to ZnO nanoparticles is consistent with membrane damage and our cytotoxicity results.

We examined mitochondrial function by MTT reduction and membrane damage by lactate dehydrogenase leakage as cytotoxicity end points. The MTT results demonstrated concentration-dependent and time-dependent cytotoxicity in A375 cells after exposure to ZnO nanoparticles (Figure 3A). The MTT reduction observed after 24 hours of exposure to nanoparticle concentrations of 5, 10, and $20 \mu\text{g/mL}$ was 2.4%, 16%, and 58.6%, respectively, with a further reduction to 3.2%, 38%, and 76.6% after 48 hours of exposure. The ZnO nanoparticles were also found to induce lactate dehydrogenase leakage in a concentration-dependent and time-dependent manner (Figure 3B).

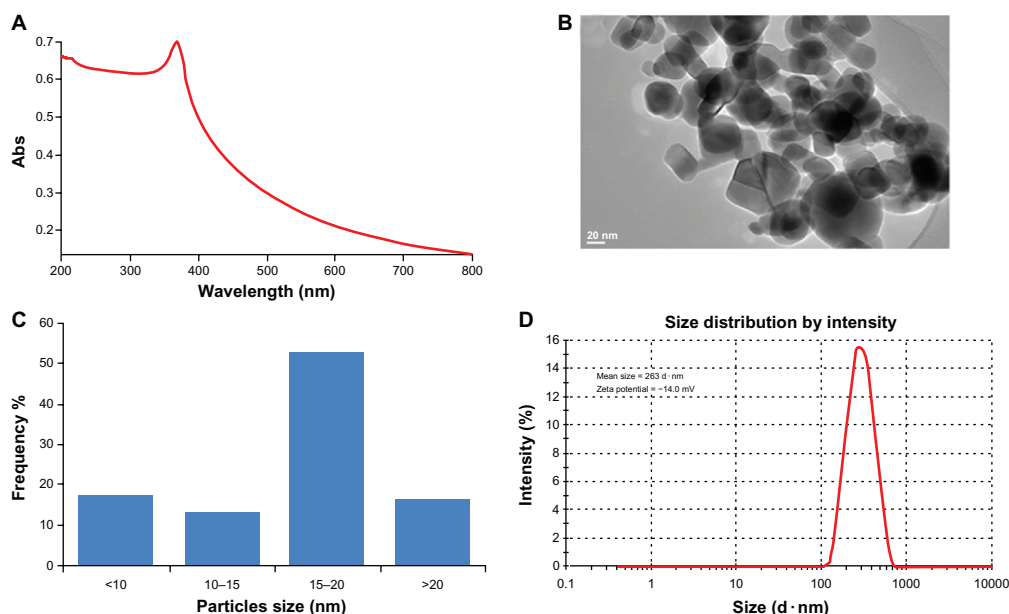


Figure 1 Characterization of ZnONPs. (A) UV-visible spectrum of ZnONPs. (B) TEM image. (C) The size distribution histogram generated by using TEM image. (D) Size distribution and zeta potential of ZnONPs were determined using dynamic light scattering (DLS).

Abbreviations: Abs, absorbance; ZnONPs, zinc oxide nanoparticles; UV, ultra violet; TEM, transmission electron microscope.

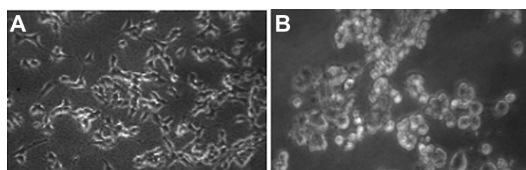


Figure 2 Morphology of human skin malignant melanoma cells A375. (A) Control, (B) 10 µg/mL of ZnONPs treated for 48 hours.

Note: Magnification 200×.

Abbreviation: ZnONPs, zinc oxide nanoparticles.

Generation of reactive oxygen species and oxidative stress

The ability of ZnO nanoparticles to induce oxidative stress was evaluated by measuring reactive oxygen species, lipid peroxidation, glutathione, superoxide dismutase, and catalase levels in A375 cells. The results show that ZnO nanoparticles induced generation of intracellular reactive oxygen species in a dose-dependent and time-dependent manner (Figure 4).

Oxidative stress caused by ZnO nanoparticles was further evidenced by induction of lipid peroxidation and depletion of glutathione superoxide dismutase and catalase according to concentration and duration of exposure to the nanoparticles (Figure 5A–D).

Caspase-3 activity and chromosome condensation

Caspase-3, which plays a key role in the apoptotic pathway, was induced following treatment with ZnO nanoparticles (Figure 6A). When cells were treated with 5, 10, and 20 µg/mL concentrations of ZnO nanoparticles for 24 and 48 hours, the activity of caspase-3 increased in a concentration-dependent and time-dependent manner. In addition to measuring caspase-3 activity, chromatin condensation was also evaluated by DAPI staining. When cells were treated with the above concentrations of ZnO

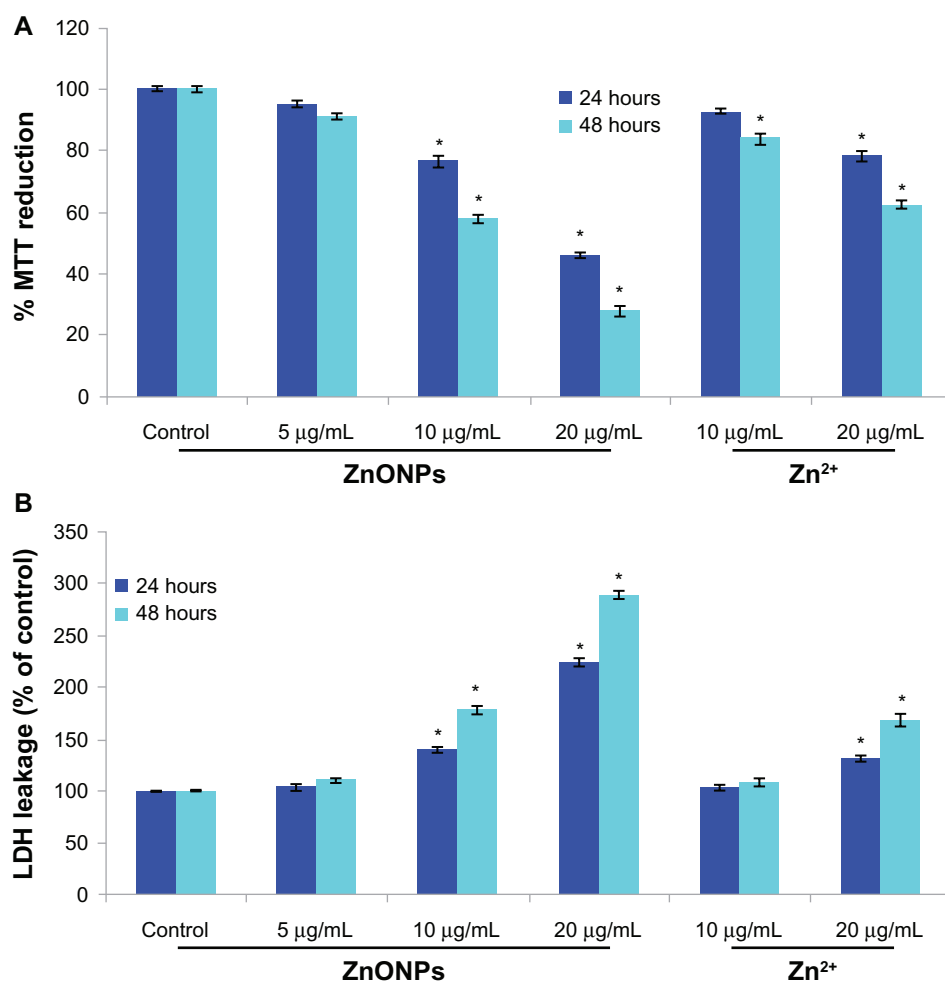


Figure 3 Cytotoxicity of ZnONPs and Zn²⁺ in A375 cells for 24 hours and 48 hours. (A) MTT reduction. (B) LDH leakage.

Notes: Each value represents the mean ± SE of three experiments, performed in duplicate. **P* < 0.01 vs control.

Abbreviations: ZnONPs, zinc oxide nanoparticles; MTT, [3-(4, 5 dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide]; LDH, lactate dehydrogenase.

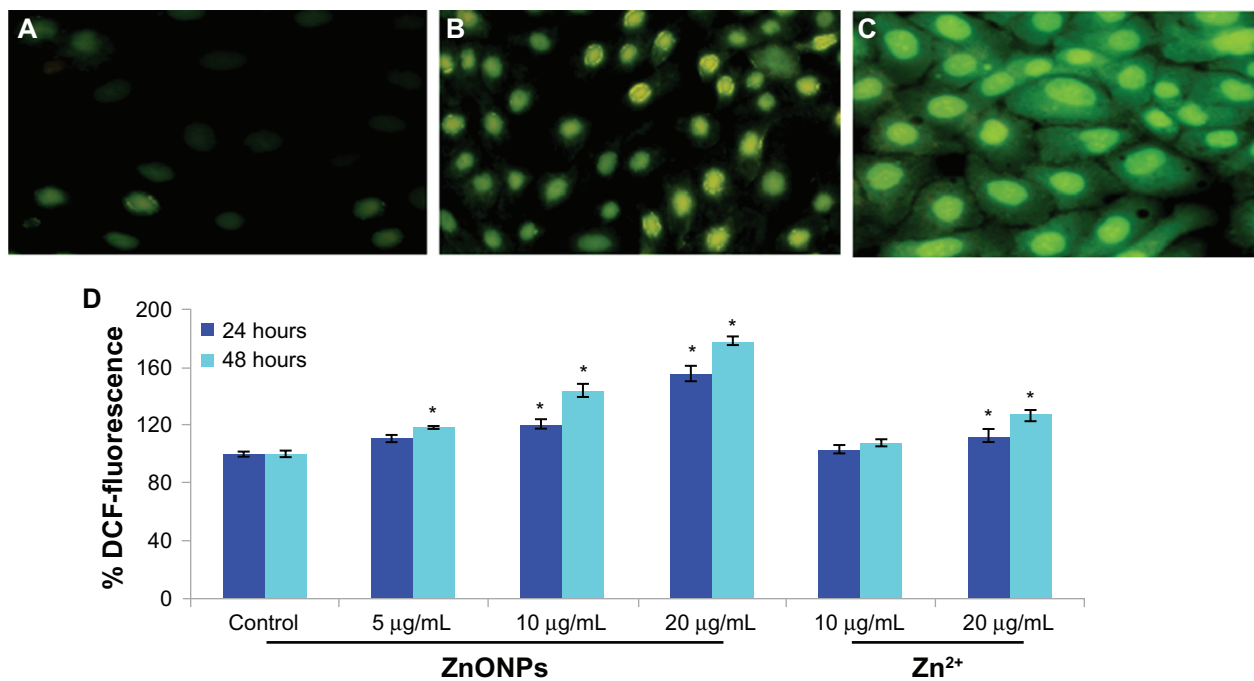


Figure 4 Representative microphotographs showing ZnONPs and Zn²⁺ induced ROS generation in A375 cells. Images were captured on fluorescence microscope Nikon Eclipse 80i equipped with a Nikon DS-Ri1 12.7 mega pixel camera. (A) Control, (B) at 10 µg/mL of Zn²⁺, (C) at 10 µg/mL of ZnONPs. (D) Percentage change in ROS generation for 24 and 48 hours exposure to various concentrations of ZnONPs and Zn²⁺ in A375 cells.

Notes: Each value represents the mean ± SE of three experiments, performed in duplicate. *P < 0.01 vs control.

Abbreviation: ZnONPs, zinc oxide nanoparticles.

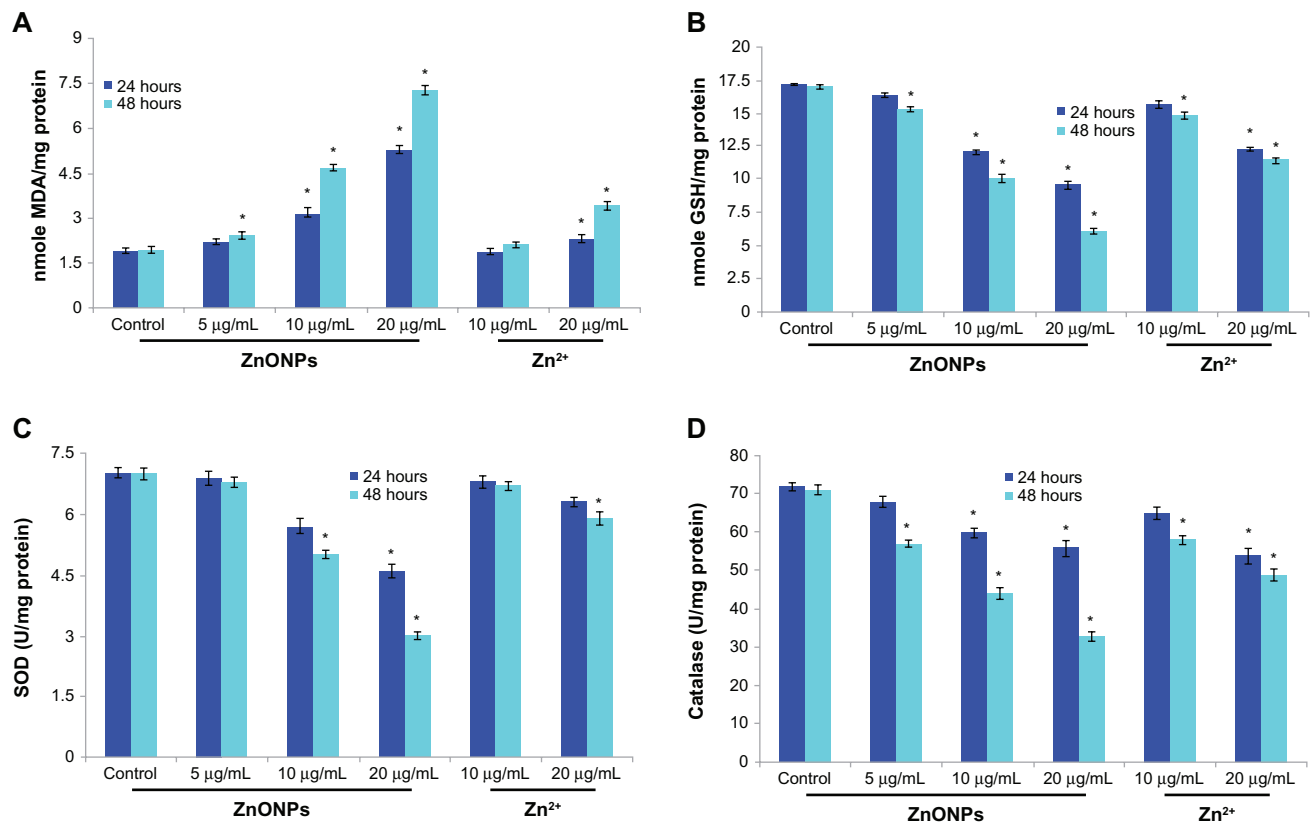


Figure 5 (A) Levels of lipid peroxides (LPO), (B) GSH, (C) SOD, (D) Catalase in A375 cells after exposure of ZnONPs and Zn²⁺ for 24 hours and 48 hours.

Notes: Each value represents the mean ± SE of three experiments, performed in duplicate. *P < 0.01 vs control.

Abbreviations: GSH, glutathione; MDA, malondialdehyde; SOD, superoxide dismutase; ZnONPs, zinc oxide nanoparticles; SE, standard error.

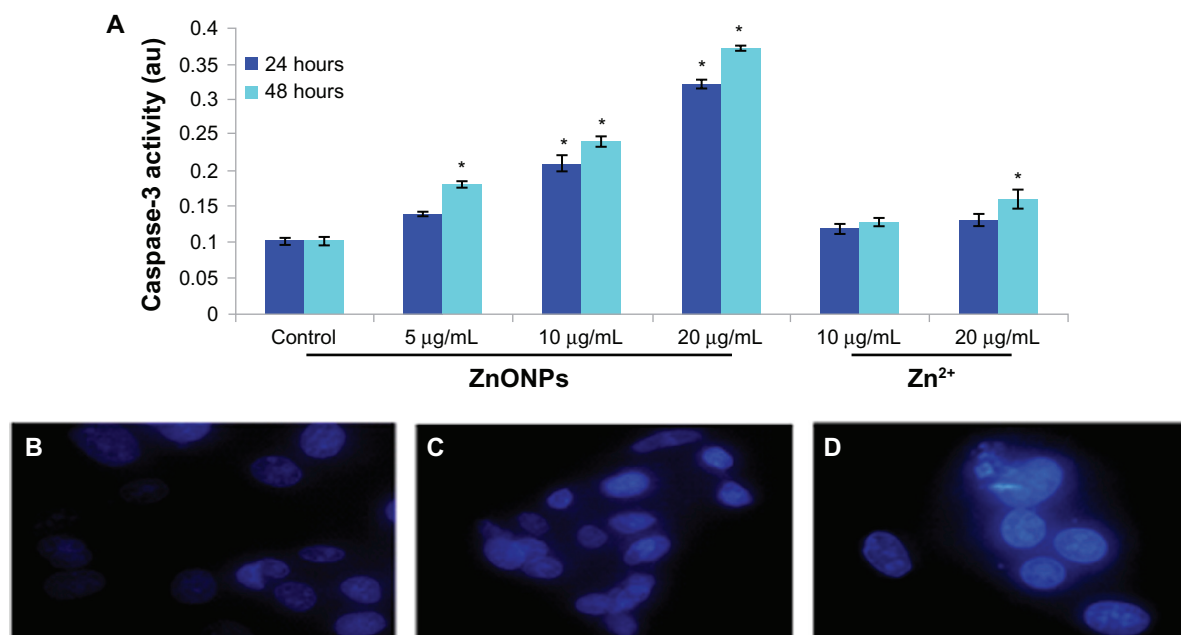


Figure 6 Increase of Caspase-3 activity and chromosome condensation in A375 cells after exposure to ZnONPs and Zn²⁺ for 24 and 48 hours. (A) Caspase-3 activity. (B) Control. (C) Exposed at 20 µg/mL Zn²⁺. (D) Exposed at 20 µg/mL ZnONPs.

Notes: Each value represents the mean \pm SE of three experiments. * $P < 0.01$ vs control.

Abbreviations: ZnONPs, zinc oxide nanoparticles; SE, standard error.

nanoparticles for 24 hours, chromatin condensation was observed in the treated group (Figure 6B–D). The caspase-3 activation and chromatin condensation in A375 cells suggest that the ZnO nanoparticles caused cell death via an apoptotic process.

DNA damage

DNA damage was measured as % tail DNA and olive tail moment in the control cells and in the cells exposed to ZnO nanoparticles. During electrophoresis, the cell DNA was observed to migrate more rapidly towards the anode

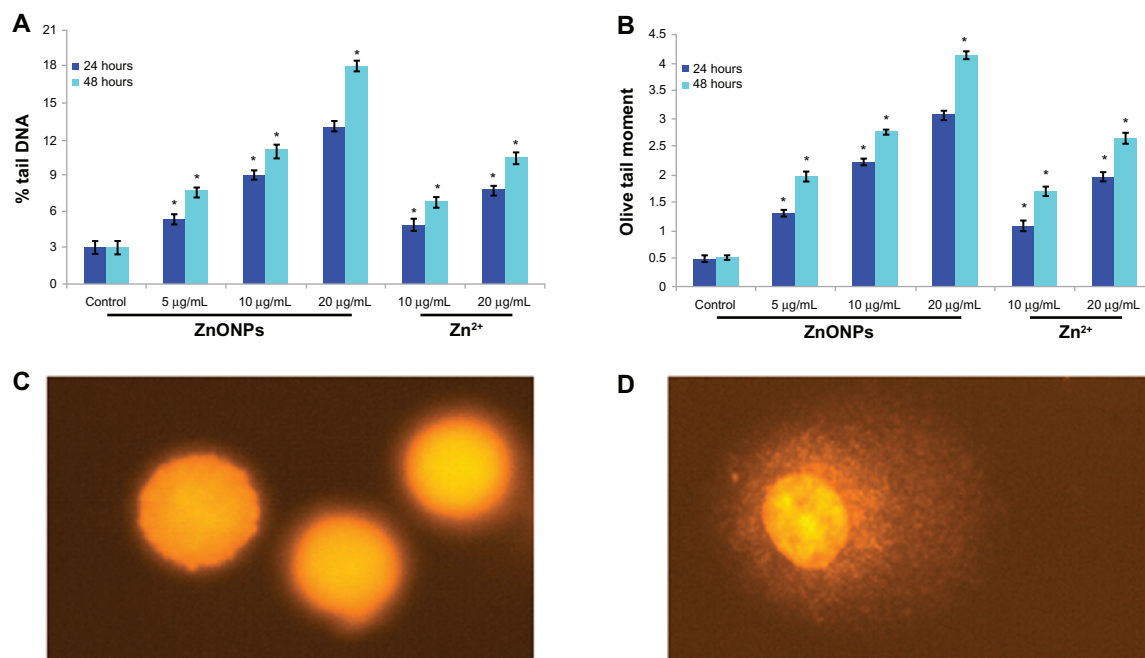


Figure 7 DNA damage in A375 cells after 24 hours and 48 hours of exposure to different concentrations of ZnONPs and Zn²⁺. (A) % tail DNA. (B) Olive tail moment (arbitrary unit). (C) Control cell. (D) Exposed cell.

Notes: Each value represents the mean \pm SE of three experiments, performed in duplicate. * $P < 0.01$ vs control.

Abbreviations: ZnONPs, zinc oxide nanoparticles; SE, standard error.

at the highest nanoparticle concentration than at the lowest concentration. Cells exposed to different concentrations of ZnO nanoparticles showed significantly ($P > 0.01$) more DNA damage than did the control cells. A gradual nonlinear increase in cell DNA damage was observed as concentration and duration of ZnO nanoparticle exposure increased. The most DNA damage in the A375 cells was recorded at a ZnO nanoparticle concentration of 20 $\mu\text{g/mL}$ (Figure 7).

Effects of soluble Zn^{2+} on cytotoxicity, oxidative stress, apoptosis markers, and DNA damage

To determine whether the cytotoxicity, oxidative stress, apoptosis, and DNA damage that we observed could be attributable to the Zn^{2+} released, we analyzed the amount of Zn^{2+} released from ZnO nanoparticles and tested the effect of Zn^{2+} concentration on A375 cells. The Zn^{2+} concentrations released from the ZnO nanoparticle suspension were measured, and the highest Zn^{2+} concentration released was $1.02 \pm 0.17 \mu\text{g/mL}$ from the 20 $\mu\text{g/mL}$ ZnO nanoparticle suspension. Our data on the dissolution of ZnO nanoparticles in the aqueous state are in agreement with other recent studies.²⁷ We further examined the toxicity of 5, 10, and 20 $\mu\text{g/mL}$ soluble Zn^{2+} in A375 cells and found that Zn^{2+} exerted cytotoxicity (MTT reduction and lactate dehydrogenase leakage), oxidative stress (reactive oxygen species, lipid peroxidation, glutathione, catalase, and superoxide dismutase), apoptosis (caspase-3 and chromatin condensation), and DNA damage, but its effects were less significant in comparison with similar concentrations of ZnO nanoparticles, as shown in Figures 2–7.

Discussion

In spite of the many advantages of nanotechnology, studies indicate that nanoparticles may have hazardous effects because of their unique physicochemical properties. However, the beneficial effects of ZnO nanoparticles have attracted considerable attention in terms of their potential role as nanocarriers for therapeutic drugs.¹³ Before studying the toxic potential of ZnO nanoparticles, we characterized their zeta potential and size by dynamic light scattering as well as TEM. However, the size obtained by dynamic light scattering was more than the size measured by TEM. This difference is due to the fact that different size determination methods give different results depending on the principles used. First, dynamic light scattering measures Brownian motion and subsequent size distribution of a collection of particles in solution, and gives a mean hydrodynamic diameter

which is usually larger than the TEM diameter because it includes several solvent layers. Second, during dynamic light scattering measurement, there is a tendency of particles to agglomerate in the aqueous state, thereby measuring the size of clustered particles rather than individual particles. Third, dynamic light scattering reports an intensity-weighted average hydrodynamic diameter for a collection of particles, so any polydispersity of the sample will skew the average diameter towards larger particle sizes.²⁸

Morphological observations using electron microscopy confirmed that the ZnO nanoparticles are uniform in electron density, and have a regular morphology and homogenous particle size. We found that reduction of A375 cell viability started at a ZnO nanoparticle exposure of 5 $\mu\text{g/mL}$. The cell viability data were supported further by the morphological studies, in which cells detached from the surface and took on a spherical shape. Nair et al²⁹ reported that the cytotoxicity of ZnO nanoparticles in cancerous cells is related to size, with smaller nanoparticles having greater toxicity. The induction of cytotoxicity observed in the present study for ZnO nanoparticles is in accordance with the findings of Hanley et al⁵ and Ostrovsky et al³⁰ in cancer cells.

Given the obvious cytotoxicity of ZnO nanoparticles, we need to consider the stability of the particles in cell culture suspension as well as address potential concerns about the toxicity of dissolved Zn^{2+} . Recent studies have shown that Zn^{2+} is released from the surface of ZnO nanoparticles when they are suspended in an aqueous state.³¹ Moos et al³² reported that although ZnO nanoparticles liberate Zn^{2+} in an aqueous state, the levels of Zn^{2+} released are insufficient to be toxic to cells. Moreover, in a recent study, Kilari et al³³ showed the protective effect of Zn^{2+} in Caco-2 cells. Sherr³⁴ has reported that extensive DNA damage triggers apoptosis. However, some researchers have reported that strand breaks may be introduced directly by genotoxic compounds by induction of apoptosis or necrosis, indirectly through interaction with oxygen radicals or other reactive intermediates, or as a consequence of excision repair enzymes.^{35,36} We examined the apoptosis induced in A375 cells by ZnO nanoparticles using DAPI staining. The results indicate that ZnO nanoparticles induced significant chromosomal condensation in A375 cells. At the highest ZnO nanoparticle concentration, highly fragmented nuclei showing damage to the head region and images with nearly all DNA in the tail or with a very wide tail were observed more frequently. However, to ensure accuracy and to meet the criteria for comet scoring, such images were excluded from our evaluation. Data from the MTT assay, which indirectly measures cell viability by assessing

mitochondrial function,²⁵ corroborated the caspase-3 results by showing a reduction in cell survivorship after exposure to ZnO nanoparticles. Nel et al³⁷ reported reactive oxygen species generation and oxidative stress indicated by mitochondrial perturbation, resulting in cell death as a result of apoptosis or necrosis.

In the present study, ZnO nanoparticles significantly altered the oxidant/antioxidant status of A375 cells. Generation of reactive oxygen species may trigger redox cycling cascades in the cell or at adjacent cell membranes, leading to depletion of cellular antioxidants and, as a consequence, irreparable oxidative damage to cells. Generation of reactive oxygen species and membrane lipid peroxidation was significantly higher, while levels of the antioxidant molecule, glutathione, and the activity of the antioxidant enzymes, superoxide dismutase and catalase, were lower in cells after exposure to ZnO nanoparticles. Xia et al³⁸ reported that ZnO nanoparticles induce generation of reactive oxygen species which can lead to cell death when the antioxidative capacity of the cell is exceeded. Glutathione, a ubiquitous and abundant antioxidant cellular tripeptide, was found to be strongly depleted after exposure to ZnO nanoparticles. Superoxide dismutase is specialized to convert the highly toxic superoxide radical to less toxic H₂O₂. The catalase enzyme reduces H₂O₂ to H₂O. More production of intracellular reactive oxygen species and more membrane lipid peroxidation in cells exposed to ZnO nanoparticles along with depletion of their antioxidant components suggest that oxidative stress might be a primary mechanism for the toxicity of ZnO nanoparticles in A375 cells. Activated caspase-3 is capable of autocatalysis as well as cleaving and activating other members of the caspase family, leading to rapid and irreversible apoptosis.³⁹ In the presence of DNA damage or cellular stress, cell cycle checkpoint protein p53 triggers cell cycle arrest to provide time for the damage to be repaired or for self-mediated apoptosis. Reactive oxygen species typically include the superoxide radical (O²⁻), H₂O₂, and the hydroxyl radical (OH^{*}), which cause damage to cellular components, including DNA, and ultimately lead to apoptotic cell death.⁴⁰ Some researchers have also reported that ZnO nanoparticles induce oxidative stress in rat lung cells due to release of Zn²⁺.⁴¹ ZnO nanoparticles are generally classified as poorly water-soluble. These nanoparticles can lead to spontaneous generation of reactive oxygen species at their surface because of their chemical and surface characteristics. They can also lead to generation of free radicals after their interaction with cellular

components, eg, mitochondrial damage. Another way by which reactive oxygen species are generated is through activation of nicotinamide adenine dinucleotide phosphate oxidase, which is the enzyme responsible for O²⁻ production in the membrane of phagocytic cells. In the case of ZnO nanoparticles, generation of reactive oxygen species has been attributed to their semiconductor and nanolevel characteristics, which lead to generation of reactive oxygen species even in the absence of light. Moreover, the phenomenon of dissolution is expected to become more prominent in the case of nanoparticles because of its dependence on surface area.

In summary, our data demonstrate that ZnO nanoparticles have the potential to induce apoptosis in A375 cells and that this process is mediated through the caspase-3 pathway. The DNA damage, apoptosis, and increase in markers of oxidative stress observed raise concerns about safety when using ZnO nanoparticles in consumer products.

Acknowledgment

The authors extend their appreciation to the Deanship of Scientific Research at King Saud University for funding this work through research group project RGP-VPP-180.

Disclosure

The authors report no conflicts of interest in this work.

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